

User Manual

WL-LS1002



Preface

To our valued users,

Thank you for choosing our laser lipo machine (model no.: WL-LS1002), which vigorously dissolves fat and slims body. It has an evident effect on body shaping and weight loss with fat-dissolving, applies high-tech, and achieves sculpting safely and effectively. It's professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly before operation and strictly follow the instructions specified when in use.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

At present, the laser lipo machine is the most popular equipment to reduce weight and slim body. It can effectively replace various weight-loss programs in a beauty salon and be operated easily, conveniently, and swiftly. The instrument solves skin and body problems for people pursuing beauty. Moreover, it works safely and effectively and requires no injection, medication, or surgery. It's operated externally throughout, and it has an instant result and no side effects. The laser has mighty penetrating power, which can activate or repair fat cells more effectively, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

2. Advantages

- (1) The laser powerfully dissolves fat, presenting an evident effect.
- (2) It requires no surgery and anesthetic to carry out the procedure.
- (3) It's comfortable and painless during treatment, and it has no downtime and will not affect work afterward.
- (4) It has zero consumption and is low-cost, but it gives a quick return.
- (5) Unevenness, bleeding, and swelling will not occur.
- (6) Laser lipolysis: evenly dissolve fat; make skin smooth and flat, and leave no scars; safe and painless.
- (7) The laser's wavelength can penetrate the fat layer and dissolve subcutaneous fat by heating, and the dissolved fat will be absorbed and discharged through our body's natural metabolism.

3. Working Principle

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The laser has mighty penetrating power, which can effectively activate or repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

It sends laser energy's low-level chemical signal to fat cells, decomposing triglycerides deposited in the fat layer into free fatty acids and glycerol, which are released through the cell membrane's passage. Fatty acids and glycerol are transported to tissue in the body that produces metabolic energy. When the body needs to use the stored energy reserves, fatty acids release is a natural response. Therefore, it will not cause the body to produce an unnatural reaction and affect or damage the surrounding structures, such as the skin, blood vessels, and peripheral nerves. After a period of exercise therapy, the free fatty acids inside the body will be removed through intact

metabolism.

Biological Effect: The laser with a wavelength of 635 to 650nm heats fat cells in the targeted zone to decompose them. Fat deposition is only absorbed and discharged via our body's natural metabolism within a short time. During the process, the laser seals tiny blood vessels, reduces bruises, channels heat into the treated area, and stimulates collagen production to make it smooth and firm and shape the body.

The low-energy laser (biostimulation) goes directly to the deep layer of the fat. It utilizes the energy of proper level to stimulate biological cells and induce or strengthen a series of physiological reactions, such as promoting local blood circulation, regulating cell function, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. The laser has mighty penetrating power, which can activate or repair fat cells more effectively, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

4. Efficacy

- (1) Dissolve fat cells and speed up metabolism.
- (2) Reduce and rid fat and eliminate obesity.
- (3) Relieve slack and aging skin, contract skin, and shape the body.
- (4) Firm skin and make it elastic.
- (5) Dissolve fat and sculpt a perfect body curve.
- (6) Sculpt a V-shaped face, nice back, A4 waist, and slender legs and hands.

5. Indications

- (1) People with a pear-shaped and obese figure due to long-time sitting.
- (2) People with bat wings, flab on waist and abdomen, swim-ring-like belly, or thick legs.
- (3) People whose skin starts to become slack or saggy or with an unclear jawline.
- (4) People who are obese because of eating and drinking too much.
- (5) People with a slack abdomen, potbelly, obese waist, or striae atrophicae after child delivery.
- (6) People whose buttocks show an outward expansion or with redundant fat or flab.

6. Contraindications

- (1) Women in pregnancy or breastfeeding.
- (2) People with heart disease or heart pacemakers.
- (3) People with unhealed surgical wounds or in surgical recovery.
- (4) People with epilepsy, severe diabetes, or hyperthyroidism.
- (5) People with malignant tumors, hemophilia, or severe bleeding.

- (6) People with skin disease or infectious disease should use it with caution.
- (7) It's prohibited to use the equipment around body parts that implant metal, plastic, silicone, etc.
- (8) People who have taken anticoagulants, vascular dilations, or corticosteroids for a long time or are taking them now.
- (9) People who have an unrealistic illusion about the effect.

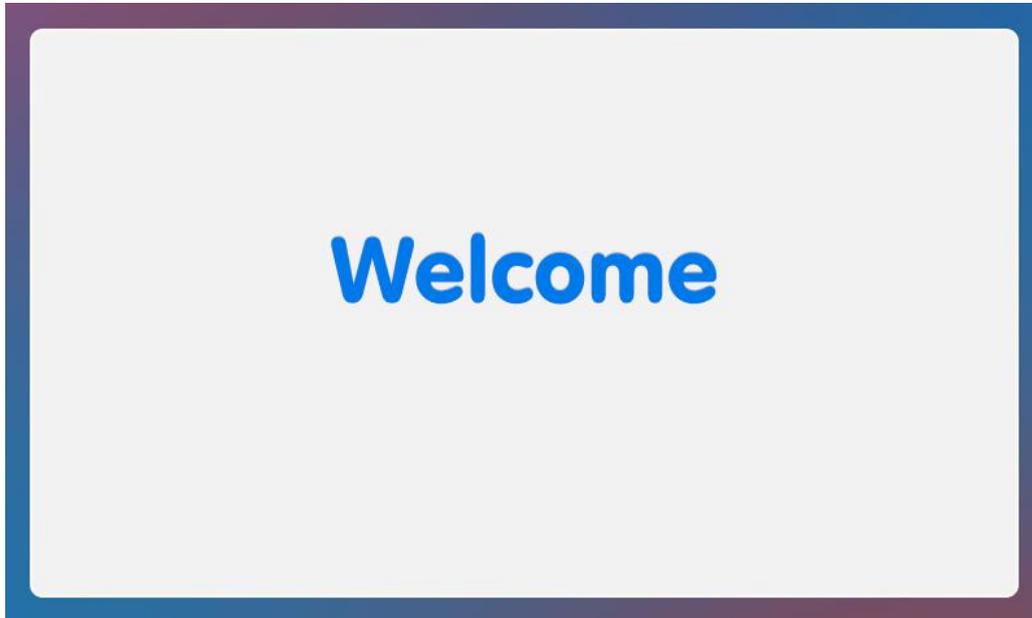
7. Matters Needing Attention After Treatment

- (1) Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- (2) Take a shower after 4 to 6 hours.
- (3) Drink more warm water to replenish moisture and speed up metabolism.
- (4) Refuse to eat and drink too much and stay up late.
- (5) Avoid eating raw, cold, and spicy food; have enough sleep.
- (6) Avoid wearing a crop top, backless clothes, miniskirt, mini-shorts, etc.

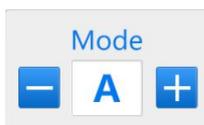
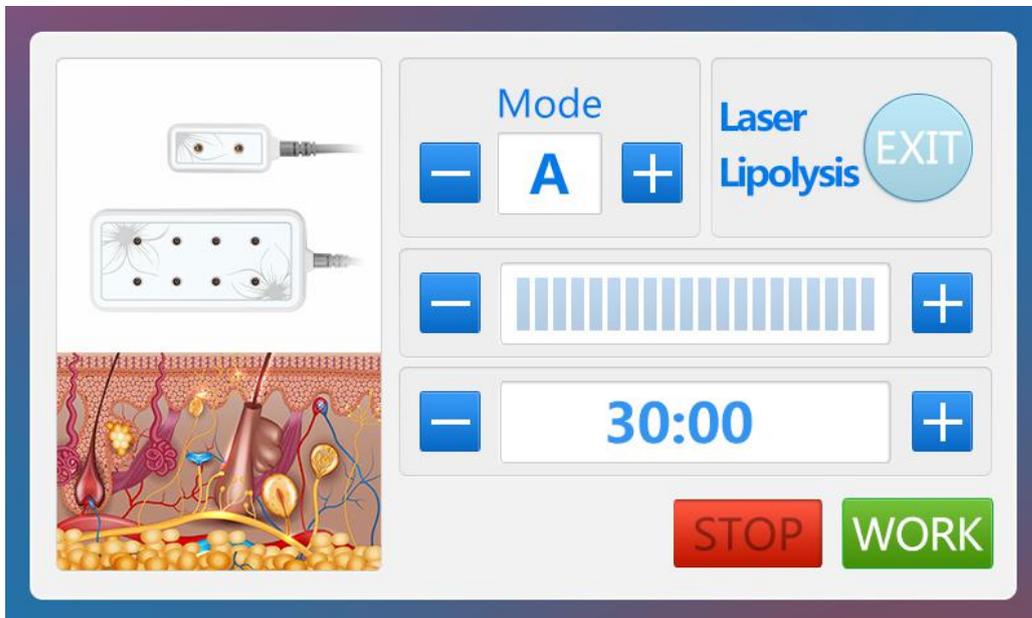
Part II

1. Detailed Operation

Enter the following interface after turning on the equipment.



Then enter the following interface.



The equipment's three working modes

A: The lights will always be on (suit obese people)

B: The lights flash slowly (suit those who want to reinforce the effect in a later stage.)

C: The lights flash fast (suit slightly fat people.)



Energy Level Display & Setting (Range:

0-20 grids)



(Time Range: 00:00-60: 00)



Time & Energy Setting (decrease)



Time & Energy Setting (increase)



Exit



Work. Press it to start operation.



Stop. Press it to stop operation.

Adjust the parameters to proper values, fasten a strap onto the treated part, insert the laser pads into the strap, and press Work to start operation. Please keep the treated parts dry.

2. Technical Parameters

Laser lipo's wavelength: 635nm-650nm

Energy Output: 56x5mW=280mw

Mains power output: 100VA

Safety: On-board diagnostics

Classification: Electrical class 1, type B applied part

Cooling requirements: Air-cooled

Electrical requirements: 240V/5A/50Hz 110V/5A/60Hz

Mode of operation: Continuous

Dimensions: 400*370*290mm

Net weight: 4.00 kg

Gross weight: 5.85 kg

Input power: AC110V/220V 50/60Hz

Display: Touch screen

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, part with a pulse generator, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to start it immediately.
- (11) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight-loss treatment.
- (12) You must fasten laser pads onto the client first, and then turn on the equipment and adjust energy level, which should be set from low to high slowly to make the client feel warm and comfortable.
- (13) When using the equipment, you must keep the treated parts dry to not damage the laser pads.
- (14) When using the laser pads, their whole surface should contact the skin thoroughly; they can not only touch a small area.
- (15) A better effect can be achieved if you use laser pads with massage and other instruments.
- (16) You can also use the laser pads separately; fasten them onto the fatty part directly with a strap for about 30 minutes. You can achieve a better effect with the combined use of hand technique.
- (17) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.
- (18) Strictly use the equipment and train the operators per the instructions specified

in the manual.

4. Troubleshooting

(1) I can't start the equipment, and the indicator lamp doesn't light up.

- A. Make sure you plug the power cord into a good power socket.
- B. Check whether the fuse tube in the back is loose or burnt out.

(2) The laser pads don't have energy output.

- A. Check whether the connecting cable is properly connected to the main unit.
- B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

(3) I can start the equipment, but an error message shows on the monitor.

- A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
- B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

5. FAQs

(1) Q: Does it require repeated treatment?

A: Generally speaking, one-time treatment to a body part can achieve the desired result. If you are not satisfied with the result after six months, you can have repeated treatment.

(2) Q: Does the effect last long?

A: The duration of the effect depends on your lifestyle after treatment. The treatment destroys fat accumulation in the treated area, offering a long-term treatment solution. Therefore, to reduce fat continuously is determined by whether you stick to a healthy diet and regular exercise.

(3) Q: How long does it take to see the effect?

A: You can see the effect regularly. At the very beginning, you can notice some slight changes. But it takes one to two months to see some significant changes. The body will remove the processed fat naturally over a long period. However, the ultimate effect can probably be achieved in as long as twelve months.

(4) Q: Which body parts can I treat with the equipment?

A: Usually, it can be used to treat smaller body parts, such as the neck, chest, back, knee, thigh, buttocks, and lower arms. Any body parts that are diagnosed with slack fat can take the treatment.

(5) Q: Which one is better, laser lipolysis or liposuction?

A: Compared with traditional liposuction, laser lipolysis uses laser energy to scan the treated parts one by one evenly. It will not cause unevenness to the skin; instead, it makes the skin smooth and firm. Additionally, the laser used by laser lipolysis only acts on the given fat layer. It doesn't harm the epidermis and can accelerate elastic fibers' self-healing and keep the treated parts' skin firm, smooth, and flat.

(6) Q: Will laser lipolysis rebound?

A: The quantity of fat cells inside the body is fixed, and it increases with age and becomes constant after adulthood. The enlargement in fat cell's size leads to weight gain. Laser lipolysis eliminates localized fats and reduces fat's size. Indeed, the weight barely rebounds after a laser lipolysis treatment, but it doesn't mean it will not take place for sure. Usually, the rebound will not happen as long as you keep a rational dietary structure and don't eat and drink too much daily.

(7) Q: Does weight loss with laser need to keep on a diet and exercise?

A: Losing weight with laser has a noticeable effect, but we can't rely on it alone to achieve the goal. A rebound may occur if we don't control what we eat and instead eat and drink too much in a later stage after reducing our weight to an ideal range. Bear in mind that no such weight loss products can deliver permanent effects. Therefore, weight loss with laser is just a supplement. We still have to be on a diet and exercise appropriately after achieving the target for weight reduction and stopping the treatment.

6. Packing List

Main Unit x1

Power Cord x1

Large Laser Pad x6

Small Laser Pad x4

Parts Rack x2

Fuse x2

7. Diagrams

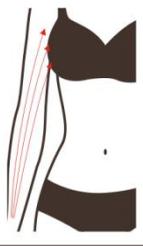
Parameter Setting	Matched Product	Technique	Diagram
Waist & Abdomen Sculpting: 40 Minutes/ Once a Week			
<p>Advised Mode: A</p> <p>Advised Energy Level: 3 to 15</p> <p>Advised Time: 20 to 30 minutes</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> 1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 2. Rub the belly back and forth with hands. Repeat 3 to 5 times. 3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times. 4. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 5. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times. 6. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times. 7. Caress the treated parts with hands moving circlewise. Repeat three times. 8. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng 	<p>Technique 1, 7</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>

		<p>(SP15). Repeat two times.</p> <p>9. Push from Zhongji (RN3) to belly button with thumbs, slide to parts below the waist along the two sides, and lift upwards to groin. Repeat three times.</p> <p>10. Caress the treated parts till groin with hands.</p> <p>11. Laser Pad: Fasten the laser pads onto the abdomen's fatty part with a strap for 20 minutes.</p> <p>12. Remove the pads, and clean them.</p> <p>13. Treatment ends.</p>	 <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 9</p> 
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your abdomen gets relaxed. After a course, fat metabolizes slowly, and slimming starts. When you complete two courses, the effects become more apparent, skin turns tightened and lifted, and flabby skin takes a turn for the better. If you finish three courses, the results consolidate, excess fat disappears gradually, and waist and abdomen curve and a slim waist form.

Arm Sculpting: 40 Minutes/ Once a Week

<p>Advised Mode: A</p> <p>Advised Energy Level: 3 to 15</p> <p>Advised Time: 20 to 30 minutes</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> 1. Do it in left-right order. Lay the arm flatwise, apply essential oil from lower arm to upper arm with hands until the hands slide out. Repeat three times. 2. Push the entire arm with palms doing it alternately. Repeat three times. 3. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times. 4. Caress the treated part. Repeat three times. 5. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times. 6. Caress the treated part. Repeat three times. 7. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively. 8. Rub the three channels and collaterals back and 	<p>Technique 1, 4, 6</p>  <hr/> <p>Technique 2, 3, 5</p>  <hr/> <p>Technique 7, 8, 9</p> 
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		<p>forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>9. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Laser Pad: Fasten the laser pads onto the arm's fatty part with a strap for 20 minutes.</p> <p>12. Remove the pads, and clean them.</p> <p>13. Treatment ends.</p>	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm. When you complete two courses, body shaping starts, and the effect strengthens. If you finish three courses, the effect consolidates and stabilizes, and rebounds can be prevented.

Back Sculpting: 40 Minutes/ Once a Week

<p>Advised Mode: A</p> <p>Advised Energy Level: 3 to 15</p> <p>Advised Time: 20 to 30 minutes</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<p>1. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).</p>	<p>Technique 1, 10</p> 
		<p>2. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.</p>	<p>Technique 2</p> 
		<p>3. Stroke Bladder Meridian (BL) outward to the sacral region (BL31-BL34) with thumb and caress till Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>4. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>5. Push Bladder Meridian</p>	<p>Technique 3</p>

		<p>(BL) in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>6. Push Bladder Meridian (BL) to the sacral region (BL31-BL34) with hands doing it simultaneously. Repeat three times.</p> <p>7. Push Bladder Meridian (BL) with the hands' kneeling fingers in three lines, respectively. Repeat three times.</p> <p>8. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>9. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>10. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>11. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>12. Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>13. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>14. Laser Pad: Fasten the laser pads onto the fatty part of the back's two sides with a strap for 20 minutes.</p> <p>15. Remove the pads, and</p>	<div data-bbox="1145 219 1294 421" data-label="Image"> </div> <p data-bbox="1075 488 1235 524">Technique 4</p> <div data-bbox="1145 551 1294 752" data-label="Image"> </div> <p data-bbox="1075 819 1347 855">Technique 5, 6, 7, 13</p> <div data-bbox="1145 882 1294 1084" data-label="Image"> </div> <p data-bbox="1075 1151 1235 1187">Technique 8</p> <div data-bbox="1145 1214 1294 1415" data-label="Image"> </div> <p data-bbox="1075 1482 1235 1518">Technique 9</p> <div data-bbox="1145 1545 1294 1747" data-label="Image"> </div> <p data-bbox="1075 1814 1299 1850">Technique 11, 12</p>
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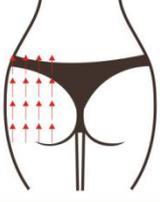
		clean them. 16. Treatment ends.	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your back gets relaxed. After a course, the back's excess fat lessens slowly, and back outlines become clearer. When you complete two courses, the effect consolidates, and fat on the back disappears gradually. If you finish three courses, the back turns thinner, and its outlines become good-looking. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

Buttock Sculpting: 40 Minutes/ Once a Week

<p>Advised Mode: A</p> <p>Advised Energy Level: 3 to 15</p> <p>Advised Time: 20 to 30 minutes</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times. Push the sacral region (BL31-BL34) with thumbs. Repeat three times. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times. Caress the treated part. Repeat three times. Do it in left-right order; push upwards from thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, 	<p>Technique 1, 4, 10</p>  <hr/> <p>Technique 2</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 5, 7, 9</p>
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	<p>respectively.</p> <p>6. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push from the thigh root to Daimai (GB26) with the palms overlapped (lifting). Repeat 3 to 5 times.</p> <p>8. Push one line after another and back and forth from the buttocks' two sides to the highest point on them with hands (shaping). Repeat three times.</p> <p>9. Push from the thigh root to Daimai (GB26) with the palms overlapped (lifting). Repeat 3 to 5 times.</p> <p>10. Caress the treated part.</p> <p>11. Do the same on the other side.</p> <p>12. Laser Pad: Fasten the laser pads onto the buttocks' fatty part with a strap for 20 minutes.</p> <p>13. Remove the pads, and clean them.</p> <p>14. Treatment ends.</p>	 <p>Technique 6</p>  <p>Technique 8</p> 
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, buttocks lift to some extent. After a course, buttock outlines start to show themselves, and excess fat decreases slowly. When you complete two courses, buttocks' flab vanishes, and skin turns firm. If you finish three courses, the effect consolidates, boosting feminine charm.

Leg Sculpting: 60 Minutes/ Once a Week

<p>Advised Mode: A</p> <p>Advised Energy Level: 3 to 15</p> <p>Advised Time: 20 to 30 minutes</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> 1. Rear-leg: Do it in left-right order; apply essential oil from lower leg to thigh and return to heel; repeat three times. 2. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times. 3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times. 4. Push popliteal fossa with hands doing it alternately. Repeat three times. 5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times. 6. Caress the treated part. Repeat three times. 7. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times. 8. Caress the treated part. Repeat three times. 	<p>Technique 1, 2, 3, 4, 6, 7, 8</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 10, 11, 12, 13</p> 
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		<p>9. Do the same on the other side.</p> <p>10. Fore-leg: Apply essential oil from lower leg to thigh root with hands (caressing); repeat three times.</p> <p>11. Push from leg to thigh root with the base of palms doing it by turns. Repeat three times.</p> <p>12. Push the leg's Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian till thigh root with hands' pulicue doing it alternately. Repeat three times.</p> <p>13. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>14. Laser Pad: Fasten the laser pads onto the leg's fatty part with a strap for 20 minutes.</p> <p>15. Remove the pads, and clean them.</p> <p>16. Treatment ends.</p>	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed. After a course, the legs' excess fat decreases slowly, and they become thin. When you complete two courses, the legs' fat vanishes gradually, and they turn slender and firm, showing an evident effect. If you finish three courses, the results consolidate without rebounds.

V-shaped Face Tightening: 60 Minutes/ Once a Week

Advised Mode: A	Makeup Remover + Facial	1. Remove makeup and clean, 5 minutes.	Technique 5
Advised Energy Level: 3 to 15	Cleanser + Toner + Massage	2. Clean the face, 2 minutes. 3. Apply toner, 1 minute. 4. Apply massage cream	

<p>Advised Time: 20 to 30 minutes</p>	<p>Cream + Essence + Sheet Mask</p>	<p>evenly to the face, and caress it three times.</p> <p>5. Lift from chin to Yifeng (SJ-17) with the hands' middle and ring finger; press Yifeng (SJ-17) with the left hand, and lift to and fro jawline with the right hand; press Yifeng (SJ-17) with the right hand, and lift to and fro jawline with the left hand. Repeat three times, respectively.</p> <p>6. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift corner of the eyes; do them alternately with hands. Repeat three times.</p> <p>7. Do the same on the other side.</p> <p>8. Lift the forehead towards the hairline direction. Repeat five times.</p> <p>9. Do the same on the other side. Then move to the front and back of the ear, and slide out from the side of the neck.</p> <p>10. Clean the face and apply toner.</p> <p>11. Laser Pad: Fasten the laser pads onto the chin's fatty part with a strap for 20 minutes.</p> <p>12. Remove the pads.</p> <p>13. Clean the face, 2 minutes.</p> <p>14. Apply a sheet mask and wait 15 minutes.</p> <p>15. Clean the face, 2</p>	<div data-bbox="1161 215 1289 421" data-label="Image"> </div> <p data-bbox="1078 488 1267 524">Technique 6, 7</p> <div data-bbox="1161 555 1289 739" data-label="Image"> </div> <p data-bbox="1078 819 1235 855">Technique 8</p> <div data-bbox="1161 887 1289 1093" data-label="Image"> </div> <p data-bbox="1078 1137 1235 1173">Technique 9</p> <div data-bbox="1161 1205 1289 1411" data-label="Image"> </div>
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		minutes. 16. Apply toner, essence, facial cream, and sunscreen. 17. Treatment ends.	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the face's circulation accelerates, and the skin tightens to some extent. After a course, double chin's fat metabolizes and decreases slowly, and skin firms. When you complete two courses, double chin gets tightened, and facial contour appears. If you finish three courses, the effect consolidates, skin turns firm, and v-shaped face forms.