

Product: SR-AF1328



Product positioning: a multifunctional facial beauty machine

Packing list

Machine Body*1
Power Cord*1
Accessory Holder*2
Hydro Handpiece*1
Spray Handpiece*1
BIO Handpiece*1
Ultrasound Handpiece*1
Scrubber*1
Hot&Cold Handpiece*1
Photon Therapy Face Mask*1

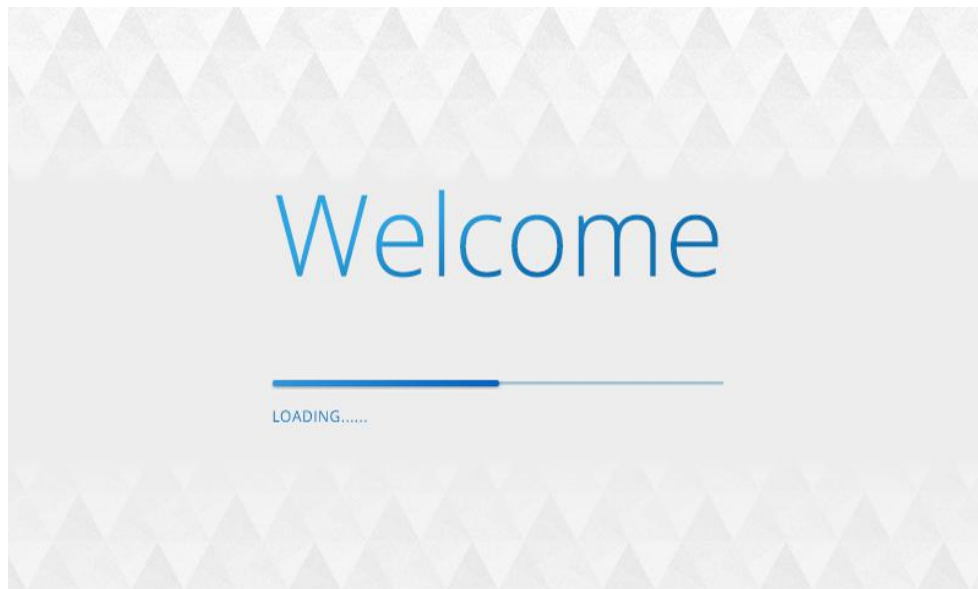
Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please do not use the instrument on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult a doctor and get permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.
11. The handle can be used alone. Better results will be delivered if one handle works in conjunction with other handles.
12. Make sure the handpiece is in full contact with skin during operation in case skin is heated unevenly.

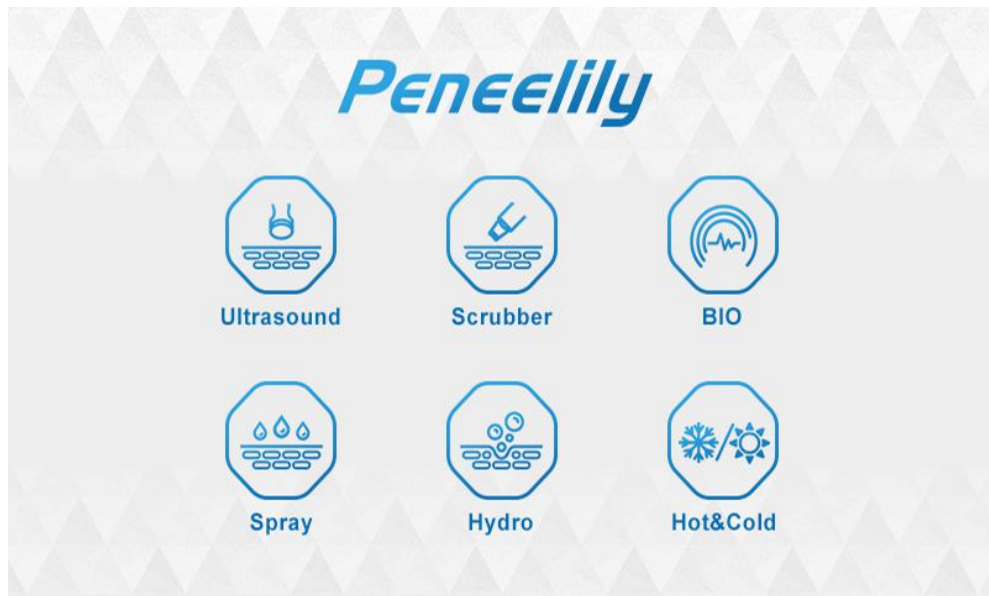
13. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.
14. When the knob for adjusting suction level can work properly but there is weakened suction or no suction at all if you turn it, please check whether the rubber seal has been put in place in the handpiece.
15. When you use the cold&hot function, keep your hands away from the steam outlet to avoid discomfort.
16. Use machine or train machine operators in strict accordance with instructions in the user manual.
17. Clean the instrument with normal saline after operation to ensure its cleanliness to guarantee its service life.

Control panel

After all are connected properly, the following loading interface will appear when power switched is pressed.



then there is home interface



1. Main function buttons



home button(press this to go to the home interface



start/stop button



reset button(press this to restore the default settings of the current

interface)



energy level (range: 0—10)



time (range: 00:00—60: 00)



button for decreasing time or lowering energy level



button for increasing time or raising energy level

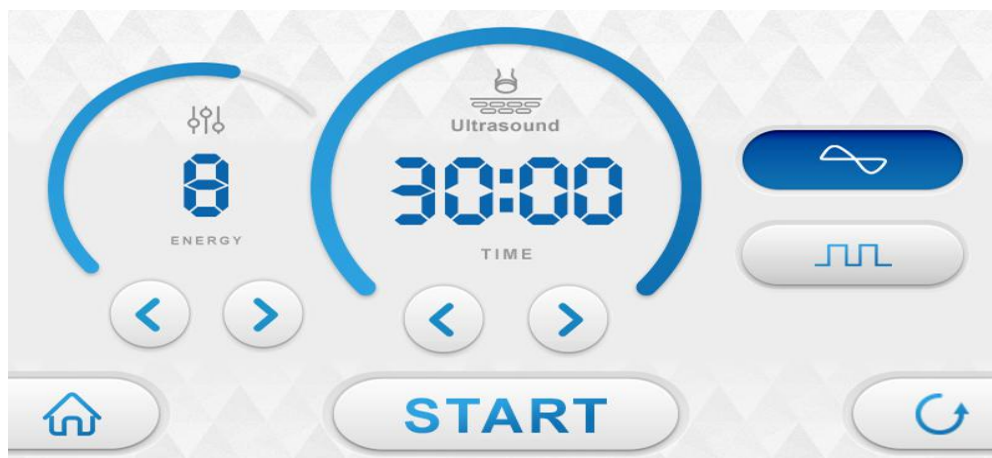


Liquid Waste, there will be an alert or the handpiece will stop working when the Liquid Waste bottle is full.

2. Detailed Operation of Face Ultrasound



press **Ultrasound** button to go to the following interface



energy level and its adjusting buttons



time and its adjusting buttons



button for decreasing time or lowering energy level



button for increasing time or raising energy level

Two working modes



constant working mode



discontinuous working mode

After setting energy level, time and working mode, press



button to begin the treatment.

3. Detailed Operation of Scrubber



press **Scrubber** button to go to the following interface



energy level and its adjusting buttons



time and its adjusting buttons



button for decreasing time or lowering energy level



button for increasing time or raising energy level

two working modes



constant working mode



discontinuous working mode



how to use the button on the handpiece

1. One press to clean pores. During treatment, let the bevelled side of the handpiece face outwards and meanwhile wipe the target area with a damp tissue.
2. Two presses to promote skin's absorption. During treatment, let the bevelled side of the handpiece face inwards and meanwhile apply essence.
3. Three presses to help tighten skin, During treatment, let the bevelled side of the handpiece face outwards and meanwhile apply essence.



After setting energy level, time and working mode, press button

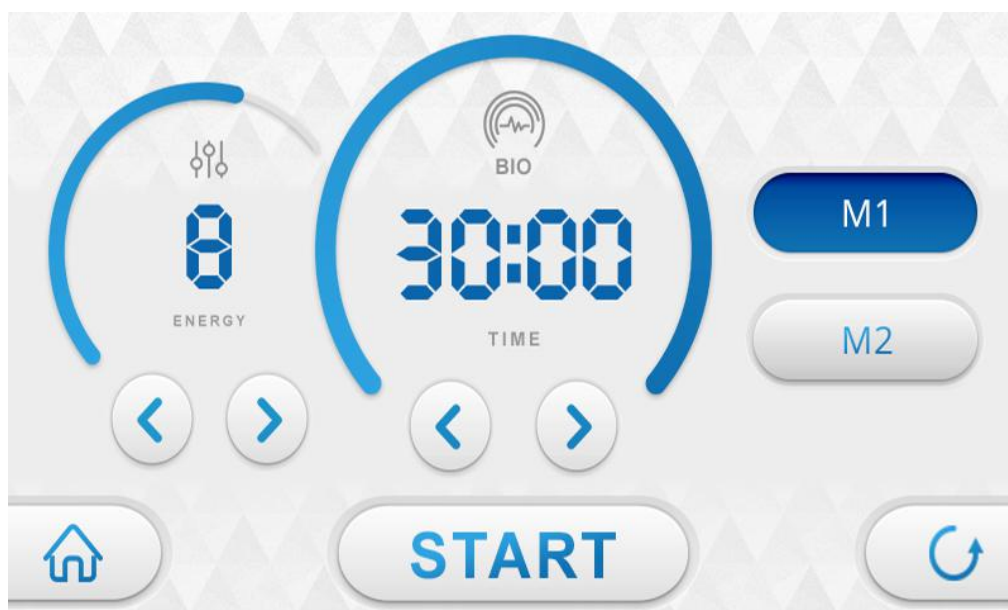


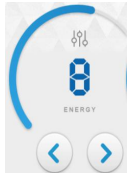
or long press the button on the handpiece for 3 secs to begin the treatment.

4. Detailed Operation of BIO



press button to go to the following interface





energy level and its adjusting buttons



time and its adjusting buttons



button for decreasing time or lowering energy level



button for increasing time or raising energy level

two working modes



constant working mode



discontinuous working mode

After setting energy level, time and working mode, press to begin the treatment.

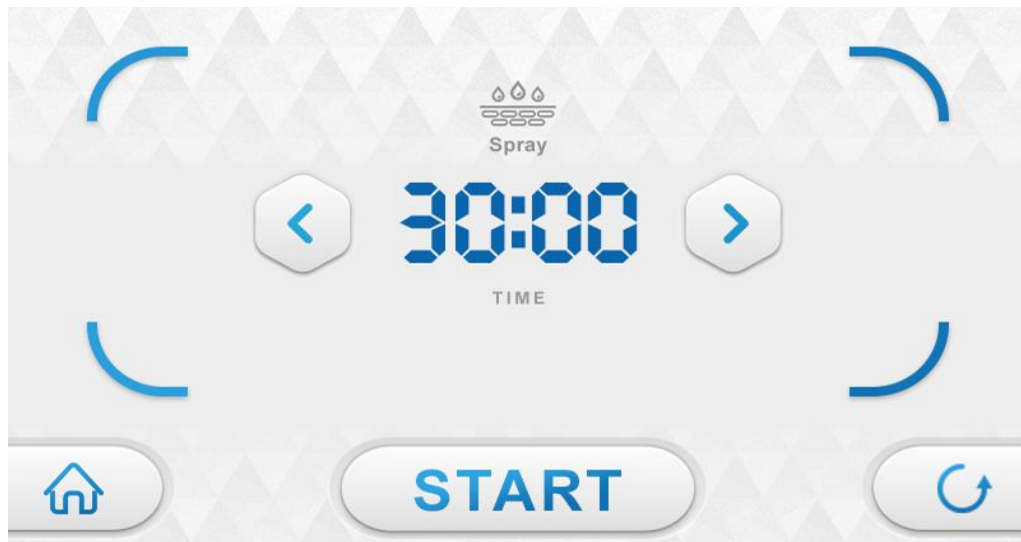


button

5. Detailed Operation of Spray



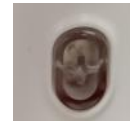
press button to go to the following interface



time and its adjusting buttons



start/stop button of the handpiece(you can press the button here or or the button on the machine body.)

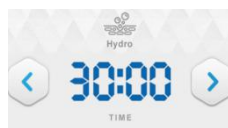
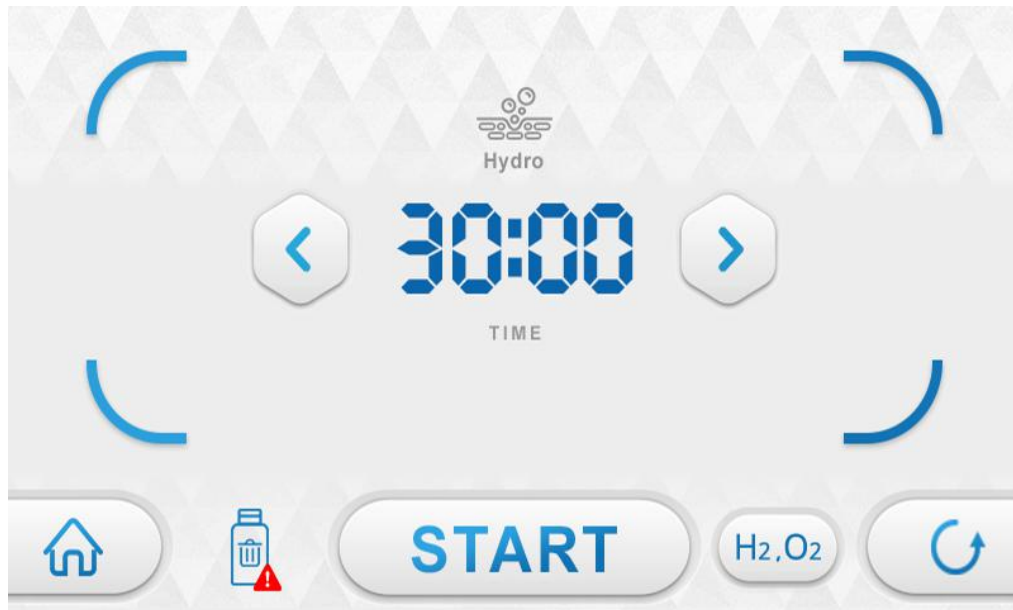


After setting the working time, press or to begin the treatment.

6. Detailed Operation of Hydro



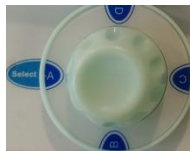
press **Hydro** button to go to the following interface



time and its adjusting buttons



Liquid Waste, there will be an alert or the handpiece will stop working when the Liquid Waste bottle is full.



there are four bottles(turn the knob to select the bottle you want to use)


the purposes of the four bottles

bottle A: remove corneum and whiten skin

bottle B: remove blackheads and dirt in pores

bottle C: supply moisture and infuse nutrients into skin

bottle D: H₂, O₂ liquid. When you want to use the bottle D, turn the knob to select

bottle D,press  button and wait for 3 min before using it.




knob for adjusting suction level. Adjust suction level based on the situation of skin and individual endurance. Turning it clockwise is to increase suction and turning anticlockwise is to decrease suction.




this rotating part at the end of handpiece can be used to adjust the volume of water coming out. Turning it clockwise is to increase water volume and turning it anticlockwise is to decrease water volume.

After setting working time and choosing the bottle you want to use,

press  button first to check the the water volume and the suction level. If adjustments are needed, make adjustments accordingly.

7. Detailed Operation of Hot&Cold



press  button to go to the following interface



energy level and its adjusting buttons



time and its adjusting buttons



button for decreasing time or lowering energy level



button for increasing time or raising energy level

two working modes



Cold mode, suitable for those with sensitive skin and redness-prone skin to soothe&calm skin.



Hot mode, suitable for those who want to help with nutrient introduction and promote skin's absorption.

After setting energy level, time and working mode, press



button to begin the treatment.

8. Detailed Operation of Photon Therapy Face Mask



power button



ON/OFF button

After pressing POWER button and ON/OFF button, making adjustments by pressing the following buttons.



LAMP MODE

There are five modes, which range from mode1 to mode 5. In Mode 1, the lamps have the least strong lights. The brightness of light will gradually increase if you choose a higher mode.



button for decreasing time(minimum:30 secs)



button for increasing time(max:6 min)



the color of light

There are Red light, Blue light, Green light, Yellow light, Purple light, White light and Turquoise light (detailed information is in the “the Science behind the Treatments” part)



Button for lowering energy level (range: 5-1, max: 5, min: 1)

The science behind the treatments

Spray

It uses high pressure to make oxygen and water smaller than 80 μm work on skin in the form of spray, which can lead the molecules of water and oxygen into deep skin to accelerate nutrient absorption. It directly and quickly provides nutrients for skin by making them penetrate through pores and skin crevice from epidermis to deep skin through high pressure to accelerate cell regeneration and remove deep waste. Moreover, the oxygen and nutrients can stimulate the regeneration of fiber tissue in dermis and accelerate metabolism to deliver the results of hydrating&rejuvenating skin and removing skin yellowness.

Physical effects

Putting the advanced technology of Pressure Swing Adsorption(PSA) into practice, the 8-kilogram built-in high-pressure oxygen pump can quickly separate highly pure oxygen from air and then transport the mixture of 80% pure oxygen and 0.9% water

molecules to deep cells to replace waste and toxin, by which it can promote metabolism to make skin have cleanliness, clarity and glow.

Oxygen Sprayer

2

Through the nutrient ingredients, the formation of fine molecular atomization to supplement the skin with nutrients.



Hot&Cold

It is based on thermal expansion and cold contraction. Our skin reduces the metabolic rate at 5 degrees Celsius, slows down the movement of cells and slows down the sensitivity of nerve endings, which inhibits pain and swelling of skin for allergic reactions. Due to thermal expansion and cold contraction, the temperature of 5 degrees Celsius causes the blood vessels to contract, resulting in pore contraction to restrain thick pores and firm the skin. Therefore, it can smooth facial wrinkles and crow's feet.



Hot & Cold Hammer

4

Hot hammer: Open the pores, then nutrients can be absorbed quickly.

Cold hammer: Calm and repair, shrink pores.

Physiological effects of 5°C :

1. It can constrict blood vessels, resulting in tightening of pores, which can greatly improve the size of pores.
2. It can strengthen myofibril, make the skin firm and elastic, and smooth the wrinkles and crow's feet.
3. It can constrict blood vessels, and reduce varicose veins and red veins effectively. It is easier to purify and detoxify venous blood in terms of harmful substances, and it has a significant effect on reduction and elimination of spots.
4. It can reduce the metabolic rate, inhibit and slow down the cell activity, reduce the sensitivity of the peripheral nerve to play a calming and soothing effect, and relieve skin swelling and pain, especially for skin suffering from allergic reactions.

Physiological response of 40°C treatment :

1. 40°C makes people feel warm and comfortable, which will be able to relax muscles, keep the balance of vegetative nervous system and relieve pain and soreness. It can promote blood circulation, increase the oxygen content in the blood, and open pores and extend blood vessels to make skin absorb nutrients quickly, which is a milder and more comfortable absorbing way.
2. It can increase the metabolic rate of the skin, increase the heat energy content of the tissue, and make skin naturally eliminate the waste and toxins, which has a certain effect on the elimination of bags under the eyes and dark circles.

BIO

It stimulates the energy contained in the ATPs of cells to restore the normal operation and function of cells after its imitating human biological current enters into muscle cells through skin to provide energy for muscle and body. It can improve cell permeability to make it 30%-40% higher than usual. It can help the body better absorb nutrition, water, oxygen etc., and eliminate wastes, toxins and retained liquids as soon as possible. It can promote the synthesis of muscle fibers to make it 68% higher than usual, keep the skin moisturized, soft, firm and shiny, and increase collagen synthesis by 73% to reduce wrinkles and leave the skin softer, shinier and more elastic.



Bio With Photon

Reduce wrinkles, make skin softer, more elastic and shiny.

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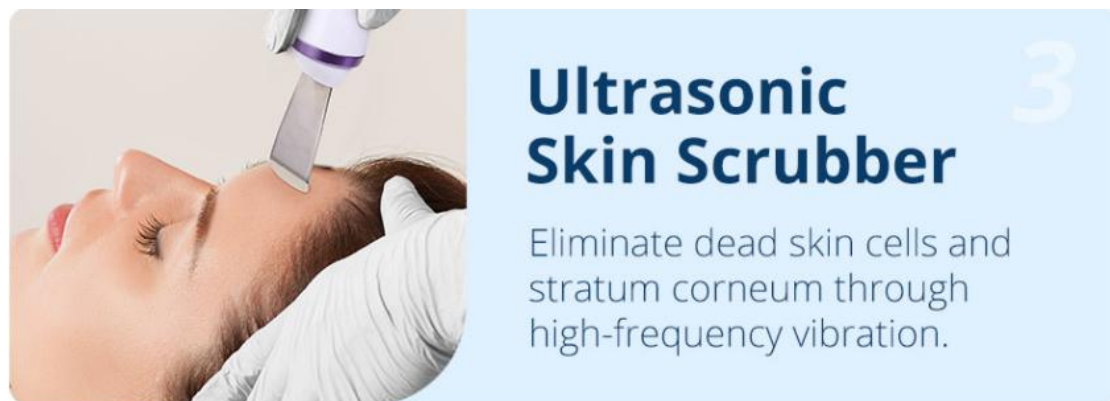
Scrubber

Based on ultrasonic waves, this machine can produce up to 28,000HZ mechanical vibration, the energy of which has great penetrating ability on skin. The ultrasonic cavitation can make many bubbles form in the water. After those bubbles come into pores, harmful substances like blackheads can be destroyed into smaller particles, which then will be moved to skin surface by the high-frequency vibration of ultrasonic waves. Sebum and other skin secretions which cause pore blockage will be emulsified. The purpose of killing bacteria can be also achieved at the same time. In this way, this machine can unblock pores, minimize pore size and smooth skin.

Physical effects

The high-frequency sound waves can work together with the use of softening products or exfoliating creams, in which corneum will be softened, sound waves can open up pores and then the high-frequency vibration will help get rid of harmful

substances inside.



The 3MHz ultrasonic vibration produced by the cleansing spatula(scrubber) has the ability to reduce nutrients into very small fragments, which can effectively help with skin's absorption and make skin full of glow and elasticity.



Ultrasound

It makes high-frequency ultrasonic wave of 28,000 HZ/ second penetrate into the subcutaneous tissue at a depth of 4~6mm. Ultrasonic wave has high energy and strong permeability, which can drive facial cells to vibrate accordingly. It can not only drive pore grease out, but also change the volume of cells to improve blood circulation, which can stimulate cell regeneration and make the skin shiny and elastic. Secondly, because of the heat effect caused by its high-frequency vibration, it also has the function of quickly introducing nutrition into the skin, which can make the skin better absorb the nutrients of the skin care products.

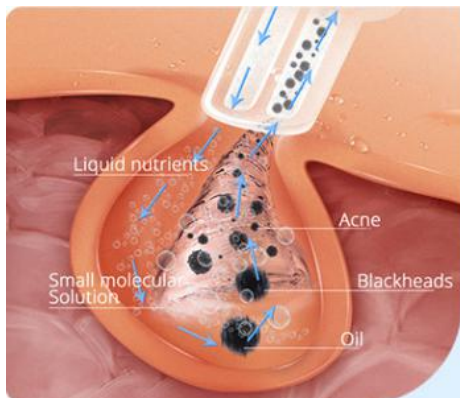
5 Ultrasonic Introduction Probe

Promote the essence of the original liquid to reach the basal layer of the skin quickly, and the promotes absorption.



Hydro

Hydro facial treatment can convert some water molecules into hydrogen ions and oxygen anions, which can make nutritional liquids enter skin more efficiently. In this way, skin will be rejuvenated with clarity. Based on traditional hydro treatment, this machine creatively adds rotating cleansing tip to the handpiece, thus having greater cleansing abilities. This treatment can effectively remove free radicals and slow down ageing process.



1 Hydro Probe

Deep cleans pores, sucks out blackheads, stubborn acne, and removes grease and dirt.

Photon Therapy Face Mask

Based on photodynamics, it activates deep cells and boosts skin metabolism. After the lights are absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical–enzymatic reactions with the skin to increase the content of glycogen and protein. In this way, it promotes the metabolism and synthesis of cells, accelerate cell growth and blood circulation, and stimulate fiber cells to produce collagen to increase skin elasticity. It plays an important role in skin care such as repairing the aging skin and acne skin, fading spots, firming skin and alleviating sunburns.

Red Light: 635NM. Red LED light of specific wavelength heats up skin bottom, promote collagen regeneration, accelerates skin's micro circulation, and increase skin elasticity, leaving skin rosy and smooth and making skin look younger and have less wrinkles.

Promote the regeneration of skin cells and activate active ingredients.

Blue Light: 462NM. Blue LED light of specific wavelength shrinks pores, removes skin grease, calm skin, fight acne, quickly lock in moisture and essence, leaving skin more elastic.

Relieve skin inflammation, kill bacteria, get rid of acne.

Green Light: 527NM. Green LED light of specific wavelength helps to calm, repair skin, relieve pain, and promote blood circulation. It is suitable for those with thin corneum, and who are prone to allergy and redness.

Purple Light: 600NM, dual frequency of red and blue LED lights. It combines the efficacy of two kinds of phototherapy and has a particularly good repairing effect especially for the treatment of acne and acne marks.

Yellow Light: 590NM. It can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immunity, accelerate blood circulation, effectively repair red marks, red spots, and relieve swelling and pigmented spots, and is suitable for removing spots and brightening.

White Light: 670NM. It reaches deep into skin, accelerates metabolism of active cells, decomposes pigments, reduces fine lines and tightens skin. It can also relax skin, balance sebum production and control oil secretion.

Turquoise Light: 610NM, dual frequency of green and blue LED lights. It gradually enhances cell energy, and has **positive** impact on metabolism.

Applicable Range

1. Those with fine line, wrinkles or dry skin.
2. Those with large pores and rough&dark-toned skin.
3. Those with poor absorption of skin.
4. Those with uneven-toned skin.
5. Those with oily skin or excessive grease secretion.
6. Those who lack elasticity of skin and improper skincare routine.
7. Those with saggy skin.
8. Those who have saggy skin and suffer from edema after childbirth.
9. Those who work in office for a long time and expose themselves to ultraviolet rays.

Inapplicable Range

1. Those who have severely sensitive skin or are having allergic reactions.
2. Those who have prostheses in their noses.
3. Those who have large lesions on the face.
4. Pregnant women or patients with severe heart diseases, severe hypertension,

hyperglycemia, hyperlipemia, major diseases and so on.

5. Those who have skin diseases or contagious diseases.

6. Those who have just taken skin booster, and micro-needle treatment or who have incisions on skin.

7. Those who have metal implants in body such as stent and pacemaker or who are sensitive to metals.

After-treatment reactions

You may feel uncomfortable sensation of tightness on some areas for several days. It is normal. At that time, skin needs to be nourished in part due to RF stimulation for collagen regeneration so you can see better skin's absorption if using face mask, eye mask and neck mask. Those with sensitive skin may experience redness and swelling. Do not worry about that. Keeping a good skincare routine can help you out very soon.

FAQs

1. Q: Can I put on makeup after operating this instrument?

A: Absolutely you can. After treatment, the skin is moisturized and plump, and putting on make-up will see better effect at that time. This is a non-invasive skin care, which is safe, healthy, fast and effective.

2. Q: How long can I see the effect after taking the treatment?

A: After one treatment, you will find your skin will be clear with clarity. Taking more treatments can help deliver more noticeable effects. Skin problems such as dryness, darkness, fine lines and other ageing conditions can be dramatically relieved.

3. Q: Is there any dependence on taking this treatment?

A: No dependence. This is aimed at refining and cleaning the skin, which belongs to the maintenance product that helps skin avoid problems caused by other factors, help the skin absorb nutritional products, relieve skin dullness, dryness and roughness and wrinkles. If you do not take this treatment in the later stage, skin will just return to previous secretion and aging process, and that will not cause dependence.

4. Q: Can this ultrasonic cleansing spatula be used on dry skin?

A: No. Medium should applied on skin. Only when face is kept moistened and pores are opened will the better effects be delivered. It is recommended that you should apply skincare liquid or liquid nutrient so that those substances can be absorbed by skin.

5. Q: Does ultrasound treatment have side effects for human body?

A: It is non-surgical and non-invasive treatment without anaesthesia. Generally speaking, it is not harmful to human body. Though it releases some energy, the energy is not high enough to do harm to body. Contrarily, it has accumulative effects that are

good for the body.

6. Q: Does the ultrasonic introduction help relieve acne scarring?

A: ultrasonic introduction can take advantage of the high-frequency vibration of the sound waves to introduce whitening nutrients into skin, inhibit the production of melanin and fade spots, thus effectively relieving the dark tone of skin and pigmentation spots caused by acne to restore skin's fairness. This treatment is safe and reliable without side effects. After-treatment care is simple and outdoor activities are allowed.

7. Q: Will the Hydro treatment make pores become larger?

A: No. There are three stages in this treatment. The first stage is the liquid softens corneum and the second stage is the bubble liquid plays its role to remove dirt and impurities. The last stage is to moisturize skin. So this treatment is suitable for all kinds of skin types and it will make smooth skin and minimize pore size instead of making pores become larger.

Treatments:

Thorough Cleaning

Skin Tightening&Rejuvenation

General Skin Care

Skin Soothing&Repairing

Neck Care

Consultation between treatment candidate and the treatment practitioner: to know what the problems and the customer has and the expectations he/she has about the treatment results. Then recommend proper treatment to them.

Case 1: Thorough Cleaning

A: I'd like to take cleansing treatment to relieve the condition of large pores and dry skin.

B: Well, I'm gonna give you a cleaning treatment first and then recommend proper treatment to you according to your skin condition.

Something needed before treatment:

Washing basin, disposable bag, small glass bowl, makeup remover, cotton pad, washcloth, face cleanser, face mask, toner, essence, lotion, ace cream, and sunscreen.

1. **Remove makeup**(remove the residue of makeup and grease)
2. **Clean face**(remove less stubborn dirt in pores)
3. **Apply toner**(clean face again and keep skin moisturized)
4. **Let the customer check her facial skin in the mirror**(make a personalized treatment plan according to skin condition.)

Your skin is the combo type of skin. I'd like to recommend the "Thorough Cleansing" treatment to you. It takes 50 min. Personalized treatment plan will be provided based on your skin condition to achieve your purpose. During the treatment, your pores will also be minimized and skin will also be moisturized. Just enjoy the whole procedure. Give me feedback any time during the process.

5. **Needed treatments:** Hydro, Spray, Hot&Cold, Photon therapy mask.

6. **Treatment results:** thoroughly clean pores and unblock pores.

Treatment steps

1. **Apply hot steam and blackhead-removing liquid**(expand pore size temporarily to help clean skin and promote skin's absorption).

After applying the cotton pad soaked in blackhead-removing liquid, cover eye area with wet tissue and apply hot steam to face for 5-8 min.

2. **Perform the Hydro treatment**(remove pore blockage such as stubborn blackheads, whiteheads and grease.

Time: 3-5 min

Treatment techniques:

- a. You can take the Hydro treatment and receive hot steam at the same time. Or take the Hydro treatment after hot steam.
- b. Put the handpiece on one point tightly for one second and then rotate it gently with your fingers and then lift the it up. Repeat the this technique on 2-3 points and then move the handpiece to connect the points towards temple. In this way, repeat the whole operation line by line, 3 min.
- c. Move the handpiece on forehead.
- d. Repeat the techniques above on the other side.
- e. Stop apply the hot steam(if you are using it)
- f. Wipe face clean.

3. **Spray**(atomized liquid can reach the basal layer of skin, during which pore size will be temporarily expanded so that skin will be better moisturized)

Time: 2-3 min

Treatment technique:

- a. Pour toner and essence(2:1 ratio) into the the container of oxygenation sprayer and shake the container to make sure they are fully mixed. Choose proper essence based on individual skin's situation. If the essence is too thick, increase the proportion of toner. If the mixed liquid is still unsatisfactorily thick, do not begin

the treatment in case there is blockage.

- b. Cover eye area with wet tissue
- c. Direct the Sprayer at face with a distance of 10-15 cm.

4. Scrubber(get rid of corneum)

Time: 3-5 min,

Energy level: 3-7

Mode: constant working mode

Techniques:

Let the bevelled side of the scrubber face outwards and move the handpiece from chin upwards in a line-by-line way. Meanwhile, use a disposable cotton pad to wipe the target area.

5. Hot&Cold handpiece(Cold mode) (soothe skin and minimize pore size)

Time: 5-8, energy level: 3-7, mode: Cold

- a. Clean face.
- b. Apply essence or gel evenly to face.
- c. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- e. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- f. Do the same on the other side.
- g. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.

6. Apply face mask(keep skin moisturized and provide nutrients skin needs)

7. Photon Therapy Mask

Set parameters:

Mode:1-5

Time:3-5 min

Energy level:1-5

Something about photon therapy(choose proper light based on skin's situation):

Red light can help with skin firming and anti-ageing.

Blue light can help kill bacteria and relieve acne.

Green light can help calm and repair skin.

Yellow light can help fade spots and brighten skin.

Purple light can help remove acne scars.

White light can help regulate grease secretion.

Turquoise light can help promote metabolism.

Here we choose the white light for you to help regulate grease secretion.

Technique:

Apply face mask to face, put this Photon Therapy Mask on and then begin the treatment.

8. Remove face mask and clean face(remove the substance left by face mask to prevent skin from being blocked)

9. Let the treatment receiver check the results in the mirror(emphasize the remarkable results:unblocked pores, clear skin and so on)

10. Apply toner, essence, lotion, face cream,suncream(final step)

Recommend follow-up treatment:ask the customers about their experience and whether they want follow-up treatment. If so, give them personalized treatment plan. After one treatment session, pores will be visibly cleaned and skin will be hydrated and firmed. After one course of treatment, skin will become even-toned and condition of pores will be much improved. One medium course of treatment consists of 24 sessions. Three courses of treatment which includes 48 treatment sessions will leave skin moisturized and rejuvenated with glow and elasticity, which can make skin retain moisture for 24 hours.

Do's and Don'ts after Treatment

1. Wash face with warm water within three days
2. Stay hydrated and use suncream
3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week
4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
5. Apply face mask at least three times within a week

Case 2: Skin Tightening&Rejuvenation

A: I want to tighten my skin, is there any treatment you can recommend to me?

B: Well, I'm gonna give you a cleaning treatment first and then recommend proper treatment to you according to your skin condition.

Something needed before treatment:

Washing basin, disposable bag, makeup remover, cotton pad, washcloth, face cleanser, face mask, toner, essence, lotion, ace cream, and suncream.

1. Remove makeup(remove the residue of makeup and grease)

2. Clean face(remove less stubborn dirt in pores)

3. Apply toner(clean face again and keep skin moisturized)

4. Let the customer check her facial skin in the mirror(make a personalized treatment plan according to skin condition.)

Your skin is relatively oily and there is some fine lines. I'd like to recommend the "Skin Tightening&Rejuvenation" treatment to you. It takes 60 min. Personalized treatment plan will be provided based on your skin condition to achieve your purpose. During

the treatment, your skin will also be moisturized. Just enjoy the whole procedure. Give me feedback any time during the process.

5. Needed treatments: Hot&Cold, BIO, Photon Therapy Mask

6. Treatment results: tighten skin, increase skin's elasticity, smooth out fine lines to help with anti-ageing

Treatment steps:

1. Massage techniques(10 min)

Purpose: promote facial circulation and skin's absorption

- a. Apply massage cream to face evenly by soothing skin.
- b. Apply digital pressing technique on the following acupoints (ST-4, ST-6, LI-20, SJ21, SI19, GB2), 3 times.
- c. Apply digital pressing technique on the following acupoints (LI20, SI18, temple), 3 times.
- d. Use both hands to massage eye area with middle and ring fingers splaying, press Bitong (EM7) and Jingming (BL-1). Press Cuanzhu(BL-2), Yuyao (EM3), Sizhukong (TE-23), Tongziliao (Gb-1) along eyebrow, 3 times.
- e. Press Qiuhou (EM6), Chengqi (St-1), Sibai (St-2), Jingming (BL-1) from outer corner of the eye along the lower orbit of the eye, 3 times.
- f. Press Yintang (EX-HN3), Shenting (Du-24), Tianxin(the middle between Yintang and Shenting)acupoints, use palms to massage forehead alternately,press forehead with palms combined, 3 times.
- g. Use both hands to massage eye area again and then press temples,put one hand on the forehead in the shape of scissorhands,and the other moves in C-motion from one temple to the other,3 times(do the same on the other side).
- h. Use the middle and ring fingers of both hands to move in a zigzag motion back and forth,3 times.Press temples and move from the front of ear along hairline to the back of ear and finally to the neck
- i. Alternate both hands to lift skin from chin to temple line by line, 3 times.
- j. Lift the corner of the eye towards the hairline, 3 times.
- k. Lift towards hairlines on forehead, 3 times.
- l. Do the same on the other side and then pass through the front and back of ear along the hairline to neck.
- m. Relax chin with the four fingers of both hands and repeat the technique with the palms facing outwards.
- n. Wash face clean.

2. Hot&Cold handpiece(hot mode) (temporarily expand pore size and promote skin's absorption)

Time: 10-15, energy level: 3-7, mode: Hot

- a. Apply face essence(promote skin's absorption and also act as medium).
- b. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang(RN24) to the front of ear, mouth corner to ear center, nose wing to temple and cheek to

temple, 3-5 times.

- c. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- e. Do the same on the other side.
- f. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.

3. BIO(promote skin's absorption and metabolism to tighten and lift skin)

Time: 10-15, energy level: 3-7, mode: M1

Techniques:

- a. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- b. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- c. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Do the same on the other side.
- e. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.

4. Apply face mask(keep skin moisturized and provide nutrients skin needs)

5. Photon Therapy Mask

Set parameters:

Mode: 1-5

Time: 3-5 min

Energy level: 1-5

Something about photon therapy(choose proper light based on skin's situation):

Red light can help with skin firming and anti-ageing.

Blue light can help kill bacteria and relieve acne.

Green light can help calm and repair skin.

Yellow light can help fade spots and brighten skin.

Purple light can help remove acne scars.

White light can help regulate grease secretion.

Turquoise light can help promote metabolism.

Here we choose the white light for you to help regulate grease secretion.

Technique:

Apply face mask to face, put this Photon Therapy Mask on and then begin the treatment.

6. Remove face mask and clean face(remove the substance left by face mask to prevent skin from being blocked)

7. Let the treatment receiver check the results in the mirror(emphasize the remarkable results:unblocked pores, clear skin tightened skin and so on)

8. Apply toner, essence, lotion, face cream,suncream(final step)

Recommend follow-up treatment:ask the customers about their experience and whether they want follow-up treatment. If so, give them personalized treatment plan. After one treatment session, skin will be firmed and rejuvenated as the nutrients it needs are absorbed. After one course of treatment which includes 12 treatment sessions, skin will lifted with glow. Two courses will make skin smooth and plump, leaving face contour clearer. A long course of treatment which includes 48 treatment sessions will promote skin metabolism and detox processes, help fade pigmentation and skin darkness, slow down skin ageing and prevent skin from sagging, and stimulate collagen regeneration to leave skin smooth and firm with glow.

Do's and Don'ts after Treatment

1. Wash face with warm water within three days.
2. Stay hydrated and use suncream.
3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week.
4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
5. Apply face mask at least three times within a week

Please note: this treatment is not suitable for those with sensitive skin.

Case 3: General Skin Care

A: My skin has been very dry recently and I feel my skin has a poor absorption, is there any treatment you can recommend to me?

B: Well, I'm gonna give you a cleaning treatment first and then recommend proper treatment to you according to your skin condition.

Something needed before treatment:

Washing basin, disposable bag, makeup remover, cotton pad, washcloth, face cleanser, face mask, toner, essence, lotion, ace cream, and suncream.

- 1. Remove makeup**(remove the residue of makeup and grease)
- 2. Clean face**(remove less stubborn dirt in pores)
- 3. Apply toner**(clean face again and keep skin moisturized)
- 4. Let the customer check her facial skin in the mirror**(make a personalized treatment plan according to skin condition.)

Your skin is relatively oily. I'd like to recommend the "General Skin Care" treatment to you. It takes 60 min. Personalized treatment plan will be provided based on your skin condition to achieve your purpose. During the treatment, your skin will also be

moisturized. Just enjoy the whole procedure. Give me feedback any time during the process.

5. Needed treatments: Hot&Cold, Ultrasound, Photon Therapy Mask

6. Treatment results: tighten skin, increase skin's elasticity, smooth out fine lines to help with anti-ageing.

Treatment steps:

1. Massage techniques(10 min)

Purpose: promote facial circulation and skin's absorption

- a. Apply massage cream to face evenly by soothing skin.
- b. Apply digital pressing technique on the following acupoints (ST-4, ST-6, LI-20, SJ21, SI19, GB2), 3 times.
- c. Apply digital pressing technique on the following acupoints (LI20, SI18, temple), 3 times.
- d. Use both hands to massage eye area with middle and ring fingers splaying, press Bitong (EM7) and Jingming (BL-1). Press Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), Tongziliao (Gb-1) along eyebrow, 3 times.
- e. Press Qiuhou (EM6), Chengqi (St-1), Sibai (St-2), Jingming (BL-1) from outer corner of the eye along the lower orbit of the eye, 3 times.
- f. Press Yintang (EX-HN3), Shenting (Du-24), Tianxin (the middle between Yintang and Shenting) acupoints, use palms to massage forehead alternately, press forehead with palms combined, 3 times.
- g. Use both hands to massage eye area again and then press temples, put one hand on the forehead in the shape of scissor hands, and the other moves in C-motion from one temple to the other, 3 times (do the same on the other side).
- h. Use the middle and ring fingers of both hands to move in a zigzag motion back and forth, 3 times. Press temples and move from the front of ear along hairline to the back of ear and finally to the neck
- i. Alternate both hands to lift skin from chin to temple line by line, 3 times.
- j. Lift the corner of the eye towards the hairline, 3 times.
- k. Lift towards hairlines on forehead, 3 times.
- l. Do the same on the other side and then pass through the front and back of ear along the hairline to neck.
- m. Relax chin with the four fingers of both hands and repeat the technique with the palms facing outwards.
- n. Wash face clean.

2. Hot&Cold handpiece(hot mode) (temporarily expand pore size and promote skin's absorption)

Time: 10-15, energy level: 3-7, mode: Hot

- a. Apply face essence (promote skin's absorption and also act as medium).
- b. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang (RN24) to the front of ear, mouth corner to ear center, nose wing to temple and cheek to

temple, 3-5 times.

- c. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- e. Do the same on the other side.
- f. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.

3. Ultrasound(stimulate cell regeneration and help with nutrient introduction)

Time: 10-15, energy level: 3-7, mode: constant working mode

Techniques:

- a. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- b. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- c. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, month corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Do the same on the other side.
- e. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.

4. Apply face mask(keep skin moisturized and provide nutrients skin needs)

5. Photon Therapy Mask

Set parameters:

Mode:1-5

Time:3-5 min

Energy level:1-5

Something about photon therapy(choose proper light based on skin's situation):

Red light can help with skin firming and anti-ageing.

Blue light can help kill bacteria and relieve acne.

Green light can help calm and repair skin.

Yellow light can help fade spots and brighten skin.

Purple light can help remove acne scars.

White light can help regulate grease secretion.

Turquoise light can help promote metabolism.

Here we choose the white light for you to help regulate grease secretion.

Technique:

Apply face mask to face, put this Photon Therapy Mask on and then begin the treatment.

6. Remove face mask and clean face(remove the substance left by face mask to prevent skin from being blocked)

7. Let the treatment receiver check the results in the mirror(emphasize the remarkable results:unblocked pores, clear skin tightened skin and so on)

8. Apply toner, essence, lotion, face cream,suncream(final step)

Recommend follow-up treatment:ask the customers about their experience and whether they want follow-up treatment. If so, give them personalized treatment plan. After one treatment session, skin will be firmed and rejuvenated as the nutrients it needs are absorbed. After one course of treatment which includes 12 treatment sessions, skin will lifted with glow. Two courses will make skin smooth and plump, leaving face contour clearer. A long course of treatment which includes 48 treatment sessions will promote skin metabolism and detox processes, help fade pigmentation and skin darkness, slow down skin ageing and prevent skin from sagging, and stimulate collagen regeneration to leave skin smooth and firm with glow.

Please note: set the treatment time according to individual skin's condition, for example:

Dry skin: time for Hot&cold treatment and Face Ultrasound is 5-8 min, energy level is 3-7

Sensitive skin: time for Hot&cold treatment and Face Ultrasound is 3-5 min, energy level is 1-3 (if you are suffering from allergies, this treatment is not suitable for you now. You can take "skin soothing&repairing" treatment first to let skin get well before taking this treatment)

Oily skin: time for Hot&cold treatment and Face Ultrasound is 10-15 min, energy level is 3-7

Do's and Don'ts after Treatment

1. Wash face with warm water within three days
2. Stay hydrated and use suncream
3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week
4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
5. Apply face mask at least three times within a week

Case 4: Skin-soothing&repairing

A: My skin is super sensitive, is there any treatment that can relieve such condition?

B: Well, I'm gonna give you a cleaning treatment first and then recommend proper treatment to you according to your skin condition.

Something needed before treatment:

Washing basin, disposable bag, makeup remover, cotton pad, washcloth, face cleanser, face mask, toner, essence, lotion, ace cream, and suncream.

1. **Remove makeup**(remove the residue of makeup and grease)
2. **Clean face**(remove less stubborn dirt in pores)
3. **Apply toner**(clean face again and keep skin moisturized)
4. **Let the customer check her facial skin in the mirror**(make a personalized treatment plan according to skin condition.)
Since you skin is super sensitive, I'd like to recommend the "Skin-soothing&repairing" treatment to you. It takes 45 min. Personalized treatment plan will be provided based on your skin condition to achieve your purpose. During the treatment, your skin will also be moisturized. Just enjoy the whole procedure. Give me feedback any time during the process.
5. **Needed treatments:** Hot&Cold, Photon Therapy Mask
6. **Treatment results:** soothe skin, minimize pore size and relieve the condition of skin's sensitivity.

Treatment steps

1. **Hot&Cold handpiece(Cold mode)** (soothe skin and minimize pore size)

Time: 5-8, energy level: 3-7, mode: Cold

- a. Move the handpiece in spiral curve from jaw to the back of ear, Chengjiang(RN24) to the front of ear, mouth corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- b. Move the handpiece from jaw to the back of ear, Chengjiang(RN24) to the front of ear, mouth corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- c. Use one hand and the handpiece to lift skin from jaw to the back of ear, Chengjiang(RN24) to the front of ear, mouth corner to ear center, nose wing to temple and cheek to temple, 3-5 times.
- d. Do the same on the other side.
- e. Move the handpiece in spiral curve towards hairlines on forehead, 3-5 times.
- f. The end.

2. **Apply face mask**(keep skin moisturized and provide nutrients skin needs)

3. Photon Therapy Mask

Set parameters:

Mode:1-5

Time:3-5 min

Energy level:1-5

Something about photon therapy(choose proper light based on skin's situation):

Red light can help with skin firming and anti-ageing.

Blue light can help kill bacteria and relieve acne.

Green light can help calm and repair skin.

Yellow light can help fade spots and brighten skin.

Purple light can help remove acne scars.

White light can help regulate grease secretion.

Turquoise light can help promote metabolism.

Here we choose the white light for you to help regulate grease secretion.

Technique:

Apply face mask to face, put this Photon Therapy Mask on and then begin the treatment.

4. Remove face mask and clean face(remove the substance left by face mask to prevent skin from being blocked)

5. Let the treatment receiver check the results in the mirror(emphasize the remarkable results:unblocked pores, clear skin, facial redness gets relieved and so on)

6. Apply toner, essence, lotion, face cream,suncream(final step)

Recommend follow-up treatment:ask the customers about their experience and give them personalized follow-up treatment plan. After one treatment, skin will be moisturized and smoothed. You can take 2-3 treatments a week. One course of treatment that includes 12 treatment sessions will help skin restore normal functions, which will not suffer from allergic reactions due to seasonal changes, exposure to cosmetic products and skin dryness. After two courses of treatments, skin blood circulation will be improved and you will see velvety skin. After a long course of treatment that includes 48 treatment sessions, the treatment results can be solidified and the condition of sensitive skin will be prevented.

Do's and Don'ts after Treatment

1. Wash face with warm water within three days.
2. Stay hydrated and use suncream.
3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week.
4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
5. Apply face mask three days in a row after treatment.

Case 5: Neck Care

A: I want to try the treatment for unblocking meridians on neck, is there any treatment that can relieve such condition?

B: Well, I'm gonna give you a cleaning treatment first and then recommend proper treatment to you according to your skin condition.

Something needed before treatment:

Washing basin, disposable bag, makeup remover, cotton pad, washcloth, face cleanser, face mask, toner, essence, lotion, ace cream, and suncream.

1. **Remove makeup**(remove the residue of makeup and grease)
2. **Clean face**(remove less stubborn dirt in pores)
3. **Apply toner**(clean face again and keep skin moisturized)
4. **Let the customer check her facial skin in the mirror**(make a personalized treatment

plan according to skin condition.)

Since you have some fine lines on your neck and suffer from poor circulation, I'd like to recommend the "Neck Care" treatment to you. It takes 35 min. Personalized treatment plan will be provided based on your skin condition to achieve your purpose. During the treatment, your skin will also be moisturized. Just enjoy the whole procedure. Give me feedback any time during the process.

5. Needed treatments: Ultrasound

6. Treatment results: reduce fine lines, promote body detox through lymphatic system and prevent related diseases.

Troubleshooting & Solutions

1. The machine can not be started?

A: Please make sure the power cord is connected to an outlet with normal power supply.

B: Please check that the power cord is fully inserted into the outlet.

2. I can start the instrument, but the screen displays erroneous message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot solve the problem, please contact the machine dealer for assistance.

3. The machine can be started, but a certain handpiece can not work properly? No energy output?

A: Please check whether the start button on the control panel can be used.

B: Please check whether the handpiece is connected to the machine body properly.

C: Please check whether there is liquid medium on face, for there are obvious sensations only when mediums are applied to the target area.

D: If it is not any case mentioned above, the handpiece may be broken. You need to contact after-sale service staff for solution.

4. There is no spray coming out from the sprayer?

A: Please check whether there is blockage in the nozzle.

B: Please check whether the handpiece is connected to the machine body properly.

5. The button on the scrubber can not work properly?

A: Please check whether the handpiece is connected to the machine body properly.

B: The handpiece is broken.

C: Try to turn off the machine and then restart it.

6. There is no suction during the hydro facial treatment?

A: Please check whether you have turned the knob for adjusting the suction level.

B: Please check whether the rubber seal has been put in place in the handpiece.

C: Please check whether the filter bottle has been fitted into the machine properly.

7. The machine can be started but there is no cold steam during the treatment.

A: The cooling fan inside is broken and can not work properly

B: The circuit board is broken or some part of the circuit board comes loose.

C: You need to replace the handpiece if the problems mentioned above happen.