

# User Manual

SR-AF1325



# Preface

Dear Users,

We're pleased to present to you our latest face comprehensive beauty machine, which combines the functions of deep cleansing, oxygenation&skin renewal, nutrient introduction, skin firming&anti-ageing and soothing&repairing for facial care. As a multifunctional machine based on high technologies, it can effectively solve facial problems like dryness, pore blockage, lack of elasticity, saggy skin and uneven skin tone in a safe way. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Introduction

This machine has oxygenation sprayer, cold&hat hammer, cleansing spatula, facial ultrasound, two-poled BIO and hydra facial handpieces, which can offer more professional and targeted skin treatments for different skin types and skin problems. Those technologies adopted in this machine are currently widely popular in beauty industry. After constant testings and improvements, this machine is developed with several technologies combined as one to better suit users' needs. This machine can replace all face care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect.

## Advantages

1. 6-in-1 multifunctional beauty machine to efficiently solve facial problems
2. Multiple cleansing tips can effectively relieve pore blockage.
3. There are various kinds of working handpieces, which can be used based on individual needs.
4. It is suitable for all skin types and can improve skin texture and smooth out fine lines
5. The 3MHz ultrasonic vibration produced by the cleansing spatula(scrubber)has the ability to reduce nutrients into very small fragments, which can effectively help with skin's absorption and make skin full of glow and elasticity.
6. The thermal effect produced by the high-frequency vibration of ultrasonic waves can efficiently promote nutrient introduction into skin, making skin better absorb nutrients.
7. Making use of high pressure, the oxygenation sprayer can inject oxygen and liquid nutrients into skin to whiten, hydrate and repair skin.
8. The hydro facial can thoroughly cleanse pores while supplying nutrients skin need.
9. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no downtime, which means it will not affect customer's life and work.
10. No consumption, low cost and quick returns.
11. Wider treatment range and quick and remarkable results.
12. Unevenness, bleeding, and swelling will not appear after treatment.

## Working Principles

## Oxygen Sprayer

It uses high pressure to make oxygen and water smaller than 80  $\mu\text{m}$  work on skin in the form of spray, which can lead the molecules of water and oxygen into deep skin to accelerate nutrient absorption. It directly and quickly provides nutrients for skin by making them penetrate through pores and skin crevice from epidermis to deep skin through high pressure to accelerate cell regeneration and remove deep waste. Moreover, the oxygen and nutrients can stimulate the regeneration of fiber tissue in dermis and accelerate metabolism to deliver the results of hydrating&rejuvenating skin and removing skin yellowness.

### Physical effects

Putting the advanced technology of Pressure Swing Adsorption(PSA) into practice, the 8-kilogram built-in high-pressure oxygen pump can quickly separate highly pure oxygen from air and then transport the mixture of 80% pure oxygen and 0.9% water molecules to deep cells to replace waste and toxin, by which it can promote metabolism to make skin have cleanliness, clarity and glow.

## Oxygen Sprayer

Through the nutrient ingredients, the formation of fine molecular atomization to supplement the skin with nutrients.



## Hot&Cold

It is based on thermal expansion and cold contraction. Our skin reduces the metabolic rate at 5 degrees Celsius, slows down the movement of cells and slows down the sensitivity of nerve endings, which can inhibit pain and swelling of skin for allergic reactions. Due to thermal expansion and cold contraction, the temperature of 5 degrees Celsius causes the blood vessels to contract, resulting in pore contraction to restrain thick pores and firm the skin. Therefore, it can smooth facial wrinkles and crow's feet.

### Physiological effects of Cold Function:

1. It can constrict blood vessels, resulting in tightening of pores, which can greatly improve the size of pores.
2. It can strengthen myofibril, make the skin firm and elastic, and smooth the wrinkles and crow's feet.
3. It can constrict blood vessels, and reduce varicose veins and red veins effectively. It is easier to purify and detoxify venous blood in terms of harmful substances, and it has a significant effect on reduction and elimination of spots.

4. It can reduce the metabolic rate, inhibit and slow down the cell activity, reduce the sensitivity of the peripheral nerve to play a calming and soothing effect, and relieve skin swelling and pain, especially for allergic skin.



## Hot & Cold Hammer

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Hot hammer: Open the pores, then nutrients can be absorb quickly.

Cold hammer: Calm and repair, shrink pores.

### Physiological Effects of Hot Function:

1. 40°C makes people feel warm and comfortable, which will be able to relax muscles, keep the balance of vegetative nervous system and relieve pain and soreness.
2. It can promote blood circulation, increase the oxygen content in the blood, and open pores and extend blood vessels to make skin absorb nutrients quickly, which is a milder and more comfortable way for skin absorption.
3. It can increase the metabolic rate of the skin, increase the heat energy content of the tissue, and make skin naturally eliminate the waste and toxins, which has a certain effect on the elimination of bags under the eyes and dark circles.

## BIO

It stimulates the energy contained in the ATPs of cells to restore the normal operation and function of cells after its imitating human biological current enters into muscle cells through skin to provide energy for muscle and body. It can improve cell permeability to make it 30%-40% higher than usual. It can help the body better absorb nutrition, water, oxygen etc., and eliminate wastes, toxins and retained liquids as soon as possible. It can promote the synthesis of muscle fibers to make it 68% higher than usual, keep the skin moisturized, soft, firm and shiny, and increase collagen synthesis by 73% to reduce wrinkles and leave skin softer, shinier and more elastic.



## Bio With Photon

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Reduce wrinkles, make skin softer, more elastic and shiny.

## Cleansing Spatula(scrubber)

Based on ultrasonic waves, this machine can produce up to 28,000HZ mechanical vibration, the energy of which has great penetrating ability on skin. The ultrasonic cavitation can make many bubbles forms in the water. After those bubbles come into pores, harmful substances like blackheads can be destroyed into smaller particles, which then will be moved to skin surface by the high-frequency vibration of ultrasonic waves. Sebum and other skin secretions which cause pore blockage will be emulsified. The purpose of killing bacteria can be also achieved at the same time. In this way, this machine can unblock pores, minimize pore size and smooth skin.

### Physical effects

The high-frequency sound waves can work together with the use of softening products or exfoliating creams, in which corneum will be softened, sound waves can open up pores and then the high-frequency vibration will help get rid of harmful substances inside.



## Ultrasonic Skin Scrubber 3

Eliminate dead skin cells and stratum corneum through high-frequency vibration.

The 3MHz ultrasonic vibration produced by the cleansing spatula (scrubber) has the ability to reduce nutrients into very small fragments, which can effectively help with skin's absorption and make skin full of glow and elasticity.



## Face Ultrasound

It makes high-frequency ultrasonic wave of 28,000 HZ/ second penetrate into the subcutaneous tissue at a depth of 4~6mm. Ultrasonic wave has high energy and strong permeability, which can drive facial cells to vibrate accordingly. It can not only drive pore grease out, but also change the volume of cells to improve blood circulation, which can stimulate cell regeneration and make the skin shiny and elastic. Secondly, because of the heat effect caused by its high-frequency vibration, it also has the function of quickly introducing nutrition into the skin, which can make the skin better absorb the nutrients of the skin care products.

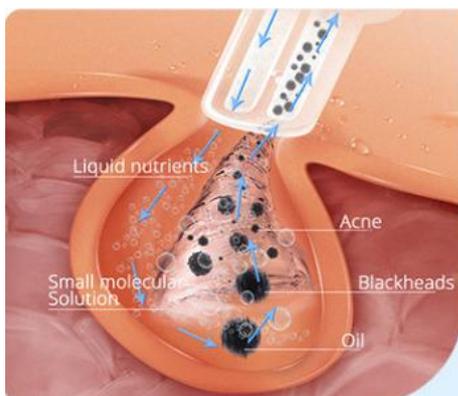
### 5 Ultrasonic Introduction Probe

Promote the essence of the original liquid to reach the basal layer of the skin quickly, and the promotes absorption.



## Hydro Facial

Hydro facial treatment can convert some water molecules into hydrogen ions and oxygen anions, which can make nutritional liquids enter skin more efficiently. In this way, skin will be rejuvenated with clarity. Based on traditional hydro treatment, this machine creatively adds rotating cleansing tip to the handpiece, thus having greater cleansing abilities. This treatment can effectively remove free radicals and slow down ageing process.



### 1 Hydro Probe

Deep cleans pores, sucks out blackheads, stubborn acne, and removes grease and dirt.

## Main Effects

1. Cleanse deep layer of skin.
2. Supply skin with water and nutrients.
3. Improve skin texture and increase skin's elasticity.
4. Relieve unevenness and lack of smoothness.

5. Alleviate the condition of saggy skin.
6. Reduce dry lines, fine lines and wrinkles.
7. Minimize pore size.
8. Relieve uneven tone and darkness of skin.
9. Promote skin's resistance and repair sensitive skin.

## **Applicable Range**

1. Those with fine line, wrinkles or dry skin.
2. Those with large pores and rough&dark-toned skin.
3. Those with poor absorption of skin.
4. Those with uneven-toned skin.
5. Those with oily skin or excessive grease secretion.
6. Those who lack elasticity of skin and improper skincare routine.
7. Those with saggy skin.
8. Those who work in office for a long time and expose themselves to ultraviolet rays.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the target area in recent three months
2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, or wrinkle removal treatments in recent three months.
3. Those who suffer from heart diseases or have pacemakers in their body. Those suffer from epilepsy, severe diabetes, hyperthyroidism, malignant tumors, haemophilia and haemorrhage.
4. Those who are in allergic period or whose skin are sensitive to metals and electric currents .
5. Those who have lesions on skin or are on the road to recovery from operation.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy or lactation.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the effect.

## **Do's and Don'ts after operation**

1. Do not wash your face with overheated water for three days (you can wash your face with warm or cold water).
2. Strengthen hydration, moisturizing and avoid sunburn.
3. Do not go for hot springs, saunas, violent exercise, etc., for three days.
4. It is recommended to apply the mask at least three times a week.
5. Avoid eating spicy and greasy food, avoid staying up late, smoking and drinking, and eat more fruits and vegetables and food with less grease.

6. Avoid those food which leads to high blood pressure, high cholesterol and high blood sugar).
7. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week.

## Part II

### 1. Detailed Operation



After the machine is started, you can see the the control panel with the

default function of BIO 

#### 1. Function Introduction



button for decreasing time



button for increasing time



time display(range: 00:00—60:00)



button for lowering energy level



button for raising energy level



energy level display(range: 0-10)



start/stop button

## 2. Detailed Operation of BIO



choose and then set parameters



time display and adjusting buttons



energy level and adjusting buttons

three working modes



constant working mode



discontinuous working mode with high frequency



discontinuous working mode with low frequency

Choose proper working mode based on individual endurance and habits



After setting time, energy level and working mode, press to start the treatment

## 3. Detailed Operation of Ultrasound



choose and then set parameters



time display and adjusting buttons



energy level and adjusting buttons

two working modes



constant working mode



discontinuous working mode

Choose proper working mode based on individual endurance and habits



After setting time, energy level and working mode, press to start the treatment

#### 4. Detailed Operation of Scrubber



choose and then set parameters



time display and adjusting buttons



functions of this button

One press is to cleanse pores. Let the convex side of the scrubber face outwards and use wet tissue during treatment.

Two presses are to promote skin's absorption of nutrients. Apply essence and let the concave side of the scrubber face outwards during treatment.

Three presses are to help with firm skin. Apply essence and let the

concave side of the scrubber face outwards during treatment.

Long press for 3 secs is to start or stop the function.

After setting time, press  and then press  to switch to proper mode and finally start the treatment.

## 5. Details of Spray function

choose  and then set parameters

 time display and adjusting buttons

 start/stop button of the handpiece (you can press the button here or or the button on the machine body.)

After setting time, mode and energy level, press  or  to start the treatment.

## 6. Detailed Operation of Hydro Facial

choose  and then set parameters

time display and adjusting buttons

 there are four bottles (turn the knob to select the bottle you want to use)

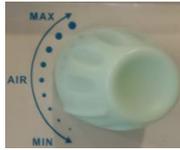
the purposes of the four bottles

bottle A: remove corneum and whiten skin

bottle B: remove blackheads and dirt in pores

bottle C: supply moisture and infuse nutrients into skin

bottle D: H<sub>2</sub>, O<sub>2</sub> liquid, provide water and nutrient for skin



knob for adjusting suction level. Adjust suction level based on the situation of skin and individual endurance. Turning it clockwise is to increase suction and turning anticlockwise is to decrease suction.



This rotating part at the end of handpiece can be used to adjust the volume of water coming out. Turning it clockwise is to increase water volume and turning anticlockwise is to decrease water volume.



After setting time and choosing a specific bottle to use, press  first to check whether the water volume is proper. If there is adjustment needed to be made, you can adjust the suction level and water volume.

## 7. Detailed operation of Hot&Cold

choose  and then set parameters

 time display and adjusting buttons

 energy level and adjusting button

two working modes

 hot mode



cold mode



After setting time, mode and energy level, press  to start the treatment.

## 2. Technical Specifications

Voltage: 110V-220V

Power: >60w

Vacuum 0--65cmHg

Clean Tank Capacity: 500ml

Waste Tank Capacity: 600ml

## 3. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please do not use the instrument on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult a doctor and get permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. During the hydro facial treatment, set the suction at the lowest level at the beginning and then slowly raise it after treatment receiver adapts.
11. Do use this machine on eye area, ear, infected skin or incisions.
12. Make sure the rubber ring is put in place during the hydro facial treatment,

otherwise there will be no or weakened suction.

13. Make sure the target area is kept moistened to make treatment receiver feel comfortable during treatment. Do not perform the treatment on dry skin.

14. Please inform the treatment receiver of possible sensations of micro electric currents before treatment.

15. Cleaning the rotating tip of the hydro facial handpiece is a must, which can prevent cross infection. Brush dirt and grime out of the tip, rinse the tip with clean water, soak the tip in ethanol for 3 minutes and then rinse the tip again to remove ethanol.

16. When you use the cold&hot function, keep your hands away from the steam outlet to avoid discomfort.

17. The liquid used in the oxygenation sprayer should be watery fluid.

18. When you use the oxygenation sprayer on the customer's philtrum, please let customer change her/his way of breathing.

19. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

20. Use machine or train machine operators in strict accordance with instructions in the user manual.

## 4. Troubleshooting & Solutions

### 1. The machine can not be started?

A: Please make sure the power cord is connected to an outlet with normal power supply.

B: Please check that the power cord is fully inserted into the outlet.

### 2. I can start the instrument, but the screen displays erroneous message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot solve the problem, please contact the machine dealer for assistance.

### 3. The machine can be started, but a certain handpiece can not work properly? No energy output?

A: Please check whether the start button on the control panel can be used.

B: Please check whether the handpiece is connected to the machine body properly.

C: Please check whether there is liquid medium on face, for there are obvious sensations only when mediums are applied to the target area.

D: If it is not any case mentioned above, the handpiece may be broken. You need to contact after-sale service staff for solution.

### 4. There is no spray coming out from the sprayer?

A: Please check whether there is blockage in the nozzle.

B: Please check whether the handpiece is connected to the machine body properly.

**5. The button on the scrubber can not work properly?**

A: Please check whether the handpiece is connected to the machine body properly.

B: The handpiece is broken.

C: Try to turn off the machine and then restart it.

D: The wire under the button is loose or burnt out.

**6. There is no drawing force during the hydro facial treatment?**

A: After starting the machine, increase the suction to the maximum level and put finger on the suction hole. If there is no suction, there is problem with the machine itself. If there is suction, go to B or C.

B: Please check whether the rubber ring is put in place on the handpiece

C: Please check whether the filter bottle is installed on the machine body properly.

**7. The machine can be started but there is no cold steam during the treatment.**

A: The cooling fan inside is broken and can not work properly

B: The circuit board is broken or some part of the circuit board comes loose.

C: You need to replace the handpiece if the problems mentioned above happen.

## **5. FAQs**

**1. Q: Why do we need to exfoliate skin?**

A: The stratum corneum is a layer above the epidermis, on which the cells have completely died. Depending on different parts of the body, the stratum corneum is composed of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, normally 28 days, which is the metabolic cycle of people in adolescence. If you are an adult, your metabolic cycle should be 10 days more than your age value. However, due to various reasons, it is possible that the aging and dead cells can not fall off in time, resulting in corneum hypertrophy, and the skin has no sense of transparency, which affects the skin color and the metabolic renewal of the skin. Therefore, in the case that there is no way to normally complete this normal metabolic process, it is necessary to use artificial methods to achieve the goal.

**2. Q: Can I put on makeup after operating this instrument?**

A: Absolutely you can. After treatment, the skin is moisturized and plump, and putting on make-up will see better effect at that time. This is a non-invasive skin care, which is safe, healthy, fast and effective.

**3. Q: How long can I see the effect after taking the face nutrient introduction treatment?**

A: After one treatment, you will find your skin will be clear with clarity. Taking more treatments can help deliver more noticeable effects. Skin problems such as dryness, darkness, fine lines and large pores can be dramatically relieved.

**4. Q: What is collagen?**

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.

**5. Q: Is there any dependence on taking this treatment?**

A: No dependence. This is aimed at refining and cleaning the skin, which belongs to the maintenance product that helps skin avoid problems caused by other factors, help the skin absorb nutritional products, relieve skin dullness, dryness and roughness and wrinkles. If you do not take this treatment in the later stage, skin will just return to previous secretion and aging process, and that will not cause dependence.

**6. Q: Why can the ultrasonic cleansing spatula(scrubber)work to cleanse deep skin layer?**

A: The cleansing spatula uses high-frequency vibration of ultrasonic waves to atomize beauty liquids, which can come into pores and then emulsify unwanted substances. In this way, it can help cleanse skin.

**7. Q: Can this ultrasonic cleansing spatula be used on dry skin?**

A: No. Medium should applied on skin. Only when face is kept moistened and pores are opened will the better effects be delivered. It is recommended that you should apply skincare liquid or liquid nutrient so that those substances can be absorbed by skin.

**8. Q: Does ultrasound treatment have side effects for human body?**

A: It is non-surgical and non-invasive treatment without anaesthesia. Generally speaking, it is not harmful to human body. Though it releases some energy, the energy is not high enough to do harm to body. Contrarily, it has accumulative effects that are good for the body.

**9. Will the hydro facial treatment make pores become larger?**

A: No. There are three stages in this treatment. The first stage is the liquid softens corneum and the second stage is to remove unwanted substances in pores. The last stage is to moisturize skin. So this treatment is suitable for all kinds of skin types and it will make smooth skin and minimize pore size instead of making pores become larger.

### **10. Q: Does the ultrasonic introduction help relieve acne scarring?**

A: ultrasonic introduction can take advantage of the high-frequency vibration of the sound waves to introduce whitening nutrients into skin, inhibit the production of melanin and fade spots, thus effectively relieving the dark tone of skin and pigmentation spots caused by acne to restore skin's fairness. This treatment is safe and reliable without side effects. After-treatment care is simple and outdoor activities are allowed.

## **6. Packing List**

- 1 x Machine body
- 1 x Power Cord
- 1 x Filter
- 1 x Spray Handpiece
- 1 x Ultrasound Handpiece
- 1 x BIO Handpiece
- 1 x Scrubber
- 1 x Hot&Cold Handpiece
- 1 x Hydro Handpiece
- 8 x Hydro Tip
- Several Black and White Rubber Rings
- 3 x Nutrient Bottle
- 1 x H<sub>2</sub>O<sub>2</sub> Liquid Bottle
- 1 x Liquid Waste Bottle

## **7. Simplified Treatment Steps**

### **1. Remove makeup(2 minutes)**

Needed skin products: makeup removing liquid/oil  
Purpose: remove remaining makeup and grease

### **2. Cleanse face(2 minutes)**

Needed skin products: face cleanser/cleansing foam/cleansing cream(cleansing products with a pH of 4-6.5 are recommended. Hydrolipidic film may take damages in a environment of an overly high or low pH)  
Purpose: get rid of superficial dirt and grime

### **3. Apply toner by patting face to soothe skin(1 minute)**

### **4. Apply hot steam(8-10 minutes)**

Needed handpiece: hot steam handpiece  
Needed skin product: blackhead-removing liquid  
Purpose: expand pores to help remove unwanted substances and promote nutritional

absorption.

Technique: apply hydro face mask if you have sensitive skin. Apply blackhead-removing liquid to T zone if you have large pores and high-density blackheads. Then, use wet tissue to cover treatment receiver's eyes, use the hot steam at a safe distance.

## **5. Cleanse pores(after the 5-minute hot steam treatment, 8-10 minutes)**

Needed handpiece: Hydro Facial

Purpose: remove blackheads and whiteheads in pores and get rid of dead cells

Technique: remove the cotton wet with blackhead-removing liquid, use one hand to wipe face with half-dry tissue and another hand to move the handpiece. Lower the suction level when the handpiece is moved on U zone. Move the handpiece in spiral curve on T zone, or you can let the handpiece stay on the every spot of the target area for 2-3 seconds. After using hot steam and hydro facial for 3 minutes, the hot steam can be turned off. And then use hydro facial to thoroughly cleanse pores.

## **6. Hydrate skin and contract pores(5-8 minutes)**

Needed handpiece: oxygenation sprayer

Needed skin products: toner+essence( at a ratio of 2:1)

Purpose: hydrate skin and contract pores after cleansing pores.

Technique: pour toner and essence(2:1 ratio) into the the container of oxygenation sprayer and shake the container to make sure they are fully mixed. Choose proper essence based on individual skin's situation. If the essence is too thick, increase the proportion of toner. If the mixed liquid is still unsatisfactorily thick, do not begin the treatment in case there is blockage.

## **7. Cleanse pores again(5 minutes)**

Needed handpiece: Scrubber

Purpose: use high-frequency vibration to reduce blackheads, whiteheads and acne into small particles and then remove them

Technique: do not wipe face dry after using the oxygenation sprayer, move the scrubber from jaw to towards cheek line by line.

## **8. Cleanse face(1 minute)**

## **9. Soothe and repair skin(5-8 minutes)**

Needed handpiece: Holt&Cold( cold mode)

Needed skin products: essence/ lyophilized powder/primary liquid

Purpose: contract pores, soothe skin, smooth out wrinkles.

Technique: after applying skincare product to face, move the handpiece from jaw to cheek in spiral curve.

## **10. Nutrient introduction(10-15 minutes)**

Needed handpiece:Ultrasound/Two-poled BIO/Hot&Cold (Hot mode)

Ultrasound: stimulate cell regrowth, and help with nutrient introduction  
 BIO: firm&tighten skin, and promote cellular penetrability and metabolism  
 Hot steam: expand pore size and promote skin's absorption.  
 Needed skin products: essence/ lyophilized powder/primary liquid  
 Technique: after applying skincare product to face, move the handpiece from jaw to cheek in spiral curve.

- 11. Apply face mask(15 minutes)
- 12. Remove face mask, and clean face(2 minutes)
- 13. Skin care: apply toner, essence, lotion, face cream and suncream(5 minutes)

## 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Skin Cleansing&amp;Rejuvenation: 90 min once a week</b>			
<b>Hydro Facial</b> Time: 8-10 min Adjust the water volume to the middle between the minimum and the maximum. Adjust suction level based on individual endurance.	Makeup remover+face cleanser+blackhead-removing liquid+hot&cold steam+toner+face mask+SR-AF1325	1. Remove make-up and clean face, 5 minutes 2. Apply blackhead removing liquid and hot steam(Apply blackhead removing liquid to T zone. Toner can be applied to cheeks. If you have sensitive skin, apply toner and hot steam on the whole face instead of blackhead removing liquid and hot steam), 5-8 min. 3. <b>Hydro treatment:</b> remove the cotton wet with blackhead-removing liquid, use one hand	Technique3 
<b>Sprayer</b> Time: 5-8 min			Technique5, 6 
<b>Scrubber</b> Time: 5 min One press to switch to Clean mode			Technique7 

<p><b>Hot&amp;Cold</b> Time: 5-8 min Mode: cold mode Energy level: 3-7</p> <p><b>Ultrasound</b> Time: 10-15 min Mode: constant working mode Energy level: 3-7</p> <p><b>Two-poled BIO</b> Time: 10-15 min Mode: M1 Energy level: 3-7</p>		<p>to wipe face with half-dry tissue and another hand to move the handpiece. Lower the suction level when the handpiece is moved on U zone. Move the handpiece in spiral curve on T zone, or you can let the handpiece stay on the every spot of the target area for 2-3 seconds. Turn off the handpiece after treatment.</p> <p><b>4. Oxygenation sprayer</b> treatment: pour essence(for whitening/hydration, soothing/anti-ageing) into the container(if the essence is thick, dilute the essence with distilled water at a ratio of 2:1), 2 minutes.</p> <p>5. Move the handle upwards line by line from jaw to earlobe, mouth corner to ear center, and nose wing to temple in conjunction with gentle pressing technique of the other hand</p> <p>6. Move the handle towards hairline on forehead in conjunction with gentle kneading technique of the other hand.</p>	<p>Technique9, 10</p> 
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		<p><b>7. Scrubber treatment:</b> do not wipe face dry after using the oxygenation sprayer, move the scrubber from jaw to towards cheek line by line.</p> <p><b>8. Clean face(1 minute)</b></p> <p><b>9. Hot&amp;Cold treatment:</b> after applying skincare product to face, move the handpiece from jaw to cheek in spiral curve.</p> <p><b>10. Ultrasound/BIO treatment:</b> after applying skincare product to face, move the handpiece from jaw to cheek line by line or in spiral curve.</p> <p>11. Apply face mask, 15 min</p> <p>12. Remove mask and clean face, 2 min.</p> <p>13. Apply toner, essence, face cream and suncream</p> <p>14. The end.</p>	<p>The ultrasound treatment is for nutritional introduction. And BIO is for skin lifting &amp;firming. In Technique 10, you can use one of them and also, you can take ultrasound treatment first and then the BIO treatment. In the latter case, the technique is the same.</p>
<p><b>Treatment Suggestion</b></p> <p>One course of treatment consists of ten treatment sessions. After one treatment, skin will be thoroughly cleansed with pores unblocked. One course of treatment will help relieve skin's roughness and strawberry-like nose. After three course of treatment, skin will be smoothed and rejuvenated and with skincare products absorbed more efficiently.</p>			