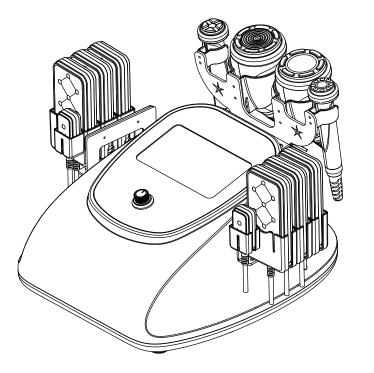
# **User Manual**



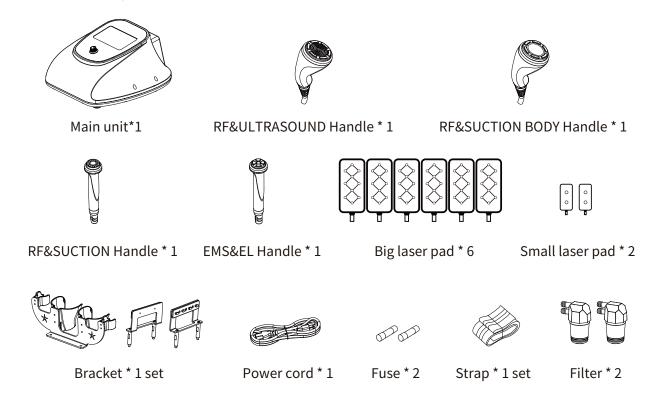
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# 1.Packing List



# 2.Technical Specification

		Input Voltage: AC110V-240V 50Hz-60Hz					
		Power: 90W			Input Power: 90W		
		Dimensions: 18.5×17×11inches					
		Net Weight: 8.4KG		G	Gross Weight: 9.7KG		
	RF Frequen	cy: 5MHz	Ø	EL Frequency	/: 4KHz	80	Movelength
	Power: 90W Ultrasound Frequency: 30KHz			Power: 10W			Wavelength: 650 nm 160mw
				EMS Frequency: 62	2.5Hz	C. C.	Power: 20W
	RF Frequency: 5MHz			Negative pressure flow: 10LPM			
	Power: 90W			Noise level(30cm away): $< 65$ db (30cm away)			
	Suction intensity: -73kpa						
	Frequency: 5MHz			Negative pressure flow: 10LPM			
	Power: 70W			Noise level(30cm away): <65db (30cm away)			
	Vacuum: -73KPa						

# 3.Precautions

1. This product is guaranteed by the designated after-sales service unit.

2.Before using the instrument, use a plug with a grounding pin and ensure the power socket is grounded.

3.Clean the instrument with normal saline for hygienic reasons and to prolong its service life.

4. Always use the designated accessory provided or recommended by the manufacturer to ensure performance throughout its service life.

5. This instrument is a high-precision electronic device that requires proper storage. Please avoid storing

it in humid conditions, direct sunlight, or near flammables and explosives to prevent damage. 6.Do not place the instrument in high-temperature conditions, as this may negatively impact its service life and performance.

7.Do not apply the instrument on eyes, thyroid, parathyroid, testicles, pregnant women's abdomen, pacemakers, etc.

8.Remove all metal objects from the user's body to prevent unpredictable conditions or reduce treatment effectiveness.

9.Please power off the instrument when not in use, and make sure to turn off the general power of the instrument before leaving after daily use to ensure the safety of the instrument.

10.Individuals with a metal bracket (excluding IUD) or breast implants installed should avoid using this instrument.

11.Individuals who have had a cesarean section or surgery within the last six months, a miscarriage within the last three months, or a natural birth within the last two months should refrain from using this instrument.

12.Ensure the filter cotton is installed inside the vacuum handle, as the foreign body may block the handle.

13. Always begin the treatment at the lowest energy level and gradually increase it as the user becomes accustomed to the sensation.

14.The use of a medium on the treatment area is necessary, and performing the operation on the treatment area without the medium should be avoided.

15.Do not use the RF&ULTRASOUND handle on the head, breast, thorax, heart, and back. 16.In case you are taking other anti-adiposity drugs, it is recommended to stop the drugs for 1 to 2 months before treatment. If you want to take the treatment immediately, the course of treatment should be extended.

17.Before treatment, inform the recipient about microcurrent sensations to prevent concerns or

## 4.Contraindications

1.Diabetes, heart disease, history of scarring, or hyperthyroidism.

2.Recently underwent surgery or are in the recovery phase.

3. Malignant tumors, hemophilia, or hemorrhagic conditions.

4.Pacemakers, vascular stents, or metal implants, and users of heart rate devices or other active electronic devices.

5.Skin disease or infectious conditions.

6.Skin irritation, sensitive skin, or metal allergies.

7.Recently had plastic surgery or implants in the treatment area.

8.Recently received injections like Hyaluronic Acid or botulinum, chemotherapy, or plastic surgery on the face or neck.

9.Menstruating, pregnant, or breastfeeding.

10.Sensitive to micro-current.

# **5.Control Panel Introduction**

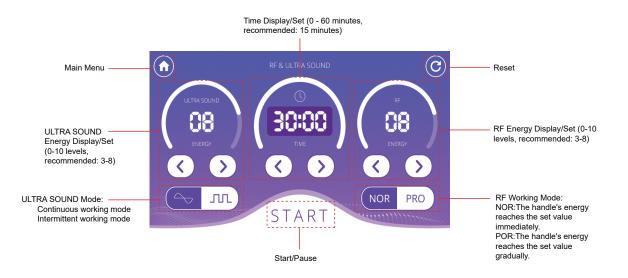
Power on the instrument for the Welcome Interface to appear.



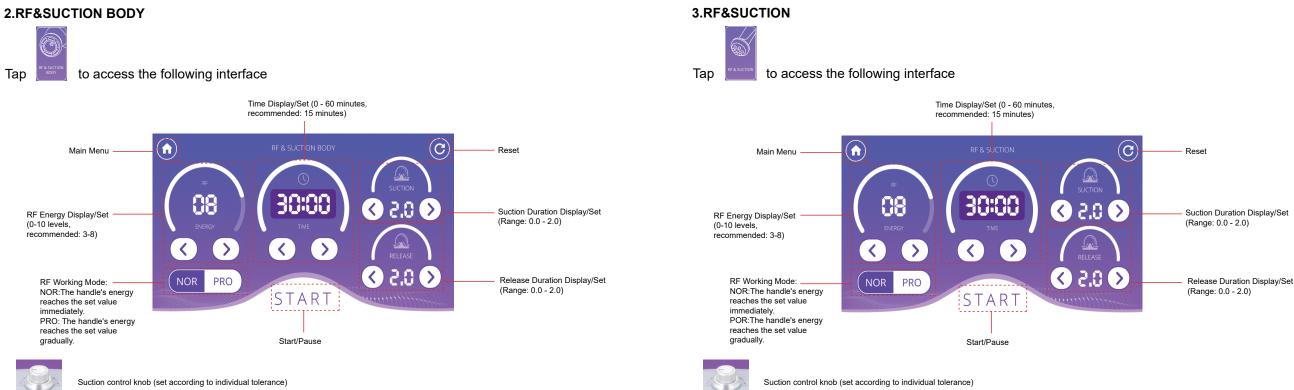
#### 1.RF&ULTRA SOUND

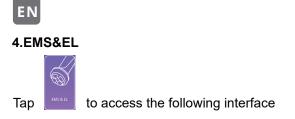


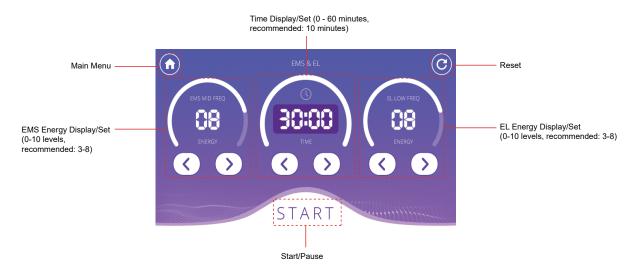
to access the following interface



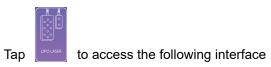


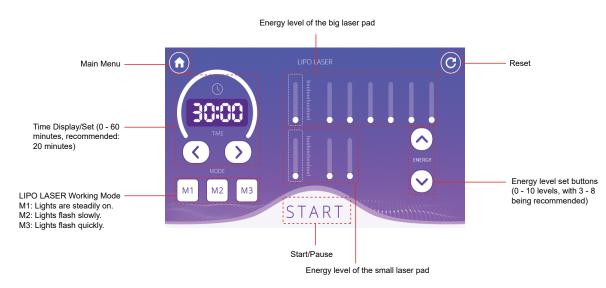






#### **5.LIPO LASER**





## 6.RF&ULTRASOUND Handle Test

 Power on the instrument.
 Select "RF&ULTRA SOUND" in the main interface.
 Set the energy level to 10.
 Activate the treatment and drop some water on the treatment head.
 Inspect the water on the treatment head. If it is atomized, the RF & Ultrasound is functioning normally. If not, please contact the dealer for assistance.

# 7.RF&SUCTION BODY Handle Test

1.Power on the instrument.

2.Select "RF&SUCTION BODY" in the main interface.

- 3.Rotate the vacuum controller to the maximum level.
- 4. Activate the treatment and place the treatment head on your palm.

5.If the handle successfully suctions your palm, the RF&SUCTION BODY is operating normally. If not, please contact the dealer for assistance.

# 8.RF&SUCTION Handle Test

Power on the instrument.
 Select "RF&SUCTION" on the main menu.

3.Rotate the vacuum controller to the maximum level.

4. Activate the treatment and place the treatment head on your palm.

5.If the handle successfully suctions your palm, the RF&SUCTION is operating normally. If not, please contact the dealer for assistance.

# 9.EMS&EL Handle Test

Power on the instrument.
 Select "EMS&EL" in the main interface.
 Set the energy level to 10.
 Activate the treatment and place the treatment head on your arm or face.
 If you sense the current, the EMS&EL is operating normally. If not, please contact the dealer for assistance.

# 10.LIPO LASER Pad Test

Power on the instrument.
 Select "LIPO LASER" on the main menu.
 Set the energy level to 10.
 Activate the treatment and verify if the lights illuminate. If they do, then the LIPO LASER is operating normally. If not, please contact the dealer for assistance.

### 11.Operation Guide

#### **Facial Lifting and Firming**

Handles: EMS&EL, RF&SUCTION, SMALL LIPO LASER

Duration: 60 minutes

#### Preparation:

wash basin, disposable bag, makeup remover, cotton sheet, washcloth, facial cleanser, mask, toner, facial essential oil or massage cream, serum, lotion, cream, sun cream.

1.Makeup removal and cleansing (makeup removal: removes the makeup, SPF residues, and excessive oil, cleansing: cleans impurities in the pores. Toner: hydrates the skin)(5 minutes)

2.EMS&EL - Skin lifting Pairing product: Serum Parameters setting: Recommended working time: 10 minutes Recommended EMS energy: 3 Recommended EL energy: 3 Recommended application:

a. Evenly apply the serum to the treatment area.

b.Lift with the applicator from the jawline to the back of the ear, from the chin to the front of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times.

c.Move the applicator in circular motions from the jawline to the back of the ear, from the chin to the front of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times. d.Repeat on the other side.

3.RF&SUCTION - Skin Tightening
Pairing product: Essential oil or massage cream
Parameters setting:
Recommended working time: 10 minutes
Recommended RF energy: 3
Recommended RF Mode: NOR
Recommended suction duration: 0.5
Recommended release duration: 0.2
Adjust the suction intensity according to individual endurance.
Recommended application:

a. Evenly apply essential oil or massage cream to the treatment area.

b.Lift with the applicator from the jawline to the back of the ear, from the chin to the front of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times. c.Repeat on the other side. 4.LIPO LASER - Eliminates double chin, Contours the face Auxiliary tools: strap Recommended working time: 20 minutes. Recommended energy: 3 Recommended Mode: M1

a.Fix the laser pads on the chin, 20 minutes.b.Remove the laser pads and the strap.

5. Apply a mask - moisturizing skin, providing the skin with the required nutrients (15 minutes).

6.Remove the mask - after cleansing, apply toner, essence, lotion/cream.

#### 7.Treatment schedule

The primary treatment comprises 12 sessions, resulting in a lifted and radiant skin appearance. The intermediate treatment, spanning 24 sessions, promotes smoothness, plumpness, and a clear contour. The advanced treatment, involving 48 sessions, enhances skin metabolism and detoxification, lightens pigmentation and dullness, prevents and delays skin aging and sagging, and accelerates collagen growth at the skin's foundation, leaving it soft, firm, and luminous.

EMS&EL: (10 minutes) RF&SUCTION: (10 minutes) SMALL LIPO LASER (20 minutes)







#### **Arms Shaping**

Handles: RF&ULTRA SOUND, RF&SUCTION BODY, LIPO LASER Duration: 60 minutes Preparation: hot towel, essential oil, gel, strap.

1.Gently wipe the arms with a hot towel.

2.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 10 minutes

Recommended application: a.Apply essential oil evenly to the treatment area. b.Place the arms flat, and use the first web of both hands to push the outer side of the arm. c.Soothing Technique. d.Warm the outer side of the arm by rubbing it with bent fingers. e.Soothing Technique. f.Position the inner side of the arm upward, and push it towards the armpit using the first web of both your hands g.Soothing Technique h.Warm the inner side of the arm by rubbing it with bent fingers. i.Soothing Technique. j.Repeat the same on the other arm. k.Wipe the treatment area with a towel. 3.RF&ULTRA SOUND - Clears channels, shapes the body Pairing product: gel

Parameters setting: Recommended working time: 15 minutes Recommended Ultra Sound energy: 3 Recommended Ultra Sound mode: Default mode Recommended RF energy: 3 Recommended RF Mode: NOR

#### Recommended application:

a.Apply gel evenly to the treatment area.

b.Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.

c.Slowly move the handle in circular motions from the elbow towards the shoulder.

d.Slowly lift the upper arm from the inside outward.

e.Move the applicator in circles on the upper arm.

f.Repeat on the other side.

g.Wipe arms with a towel.

4.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil Parameters setting: Recommended working time: 15 minutes Recommended RF energy: 3 Recommended RF Mode: NOR Recommended suction duration: 0.5 Recommended release duration: 0.2 Adjust the suction intensity according to individual endurance. Recommended application:

a. Apply essential oil evenly to the treatment area.

b.Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle. c.Slowly move the handle in circular motions from the elbow towards the shoulder.

d.Slowly lift the upper arm from the inside outward.

e.Move the applicator in circles on the upper arm.f.Repeat on the other side.g.Wipe arms with a towel.

5.LIPO LASER - Excess adipose tissue elimination and result consolidation.
Auxiliary tools: strap
Recommended working time: 20 minutes.
Recommended energy: 3
Recommended Mode: M1

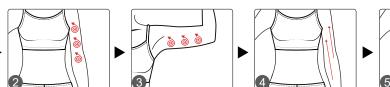
a.Fix the laser pads on the arms, 20 minutes. Remove the laser pads and the strap.

#### 6.Treatment schedule

Following the initial course of 12 sessions, adipose tissue reduction initiates, and the skin gains firmness and tightness. The intermediate treatment spanning 24 sessions contributes to body shaping, clears channels, and enhances overall physical fitness. The advanced treatment, comprising 48 sessions, consolidates and sustains the results, preventing any rebound effects.









#### Legs Shaping

Handles: RF&ULTRA SOUND, RF&SUCTION BODY, LIPO LASER Duration (100 minutes) Preparation: hot towel, essential oil, gel, strap.

1.Gently wipe the legs with a hot towel.

2.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 10 minutes

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Recommended application:

a. Apply essential oil evenly to the treatment area.

b.Have the client lie on her stomach and begin with the left leg: Take some oil and warm it up by rubbing it between your hands. Then apply it from the lower leg to the thigh, and down to the heel (soothing technique).
c.Massage the leg from the lower to the upper part using alternating palms, then return to the foot.
d.Massage the entire leg from lower to upper using alternating first-web strokes with both hands.
e.Massage the leg in 'S' motions from bottom to top using both hands.
f.Push 3 meridians from bottom to top with bent fingers.
g.Soothing Technique.

h.Repeat on the other side.

i.Wipe the leg with a towel.

3.RF&ULTRA SOUND - Clears channels, shapes the body Pairing product: gel Parameters setting: Recommended working time: 15 minutes Recommended Ultra Sound energy: 3 Recommended Ultra Sound mode: Default mode Recommended RF energy: 3 Recommended RF Mode: NOR Recommended application:

a.Apply gel evenly to the treatment area.

b.Push from the ankle towards the popliteal fossa using the handle.

c.Move the handle in small circles on the lower leg.d.With the RF handle, push from the popliteal fossa to the end of the thigh.e.Move the handle in small circles on the thigh.f.Lift from the inner side of the thigh outward using your hand and the applicator.g.Repeat the same on the other leg.

h.Wipe the legs with a towel.

4.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil Parameters setting:
Recommended working time: 15 minutes
Recommended RF energy: 3
Recommended RF Mode: NOR
Recommended suction duration: 0.5
Recommended release duration: 0.2
Adjust the suction intensity according to individual endurance.
Recommended application:

a.Apply essential oil evenly to the treatment area.
b.Push from the ankle towards the popliteal fossa using the handle.
c.Move the handle in small circles on the lower leg.

d.With the RF handle, push from the popliteal fossa to the end of the thigh.

e.Move the handle in small circles on the thigh.

f.Lift from the inner side of the thigh outward using your hand and the applicator. g.Repeat the same on the other leg. 5.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 10 minutes Recommended application:

- a.Let the client lie on his back: Place some oil in your hands, warm it up by rubbing, and then stroke from the foot to the root of thigh (soothing technique).
- b.Alternately push the leg from lower to upper with both palms, and then return to the foot.
- c.Massage the entire leg from lower to upper using alternating first-web strokes with both hands.
- d.Massage the leg in 'S' motions from bottom to top using both hands.
- e.Alternately push the leg from lower to upper using the bent fingers of both hands. f.Soothing Technique.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.

6.RF&ULTRA SOUND - Clears channels, shapes the body Pairing product: gel Parameters setting: Recommended working time: 15 minutes Recommended Ultra Sound energy: 3 Recommended Ultra Sound mode: Default mode Recommended RF energy: 3 Recommended RF Mode: NOR

#### Recommended application:

a.Apply gel evenly to the treatment area.

- b.Move the applicator in small circles on the lower leg.
- c.Push from the knee to the root of the thigh.
- d.Between the knee and the root of the thigh, move the applicator in circles around the leg. e.Move the handle in small circles on the thigh.
- f.Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.

7.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil
Parameters setting:
Recommended working time: 15 minutes
Recommended RF energy: 3
Recommended RF Mode: NOR
Recommended suction duration: 0.5
Recommended release duration: 0.2
Adjust the suction intensity according to individual endurance.
Recommended application:

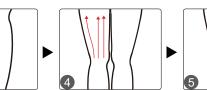
a.Apply essential oil evenly to the treatment area.b.Move the applicator in small circles on the lower leg.c.Push from the knee to the root of thigh.

- d.Between the knee and the root of the thigh, move the applicator in circles around the leg. e.Move the handle in small circles on the thigh.
- f.Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.
- 8.LIPO LASER Excess adipose tissue elimination and result consolidation
  Auxiliary tools: strap
  Recommended working time: 20 minutes.
  Recommended energy: 3
  Recommended Mode: M1
  - a.Fix the laser pads on the legs, 20 minutes.b.Remove the laser pads and the strap.

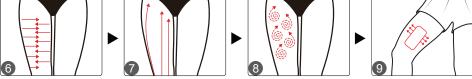
#### 9.Treatment schedule

The primary treatment consists of 12 sessions, focusing on slimming the legs; the intermediate treatment includes 24 sessions, resulting in shapelier and firmer legs with more noticeable effects; the advanced treatment with 48 sessions not only consolidates the results but also promotes collagen regeneration, making the treatment even more effective.









#### **Thin Back**

Handles: RF&SUCTION BODY Duration (30 minutes) Preparation: Hot towel, essential oil.

2

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#### 1.Gently wipe the back with a hot towel.

2.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 15 minutes Massage techniques:

a:Take some oil and warm it up by rubbing it between your hands. Next, use both hands to stroke the back towards the waist, then return to the neck. Finally, tap the Fengchi and Fengfu points.

b.Push the Du channel from the neck to the waist side and return to the neck with both hands, then tap the Fengchi and Fengfu points.

c.Push the Bladder Meridian from the shoulder to the waist side and return to the shoulder with both hands, then tap the Fengchi and Fengfu points (left side first).

d.Alternately push the whole scapulothoracic joint using the first-web of both hands. Then, push it back along the Daban Meridian, ending at the palm, starting with the left side.

e.Push Daban Meridian from the back of the neck with bent fingers of both hands.

f.Push Daban meridian using the first web of one hand while stroking it with the other hand, beginning with the left side.

g.Push from the shoulder to waist side section by section with bent fingers of both hands, then return to the shoulder, and push to the palm.

h.On one side of the back: Horizontally push Bladder Meridian with thumbs, from the scapula to the waist. i.Alternately stroke from the waist side to the shoulder using palms, and end at the palm.

j.Repeat on the other side.

k.Wipe the back with a towel.

3.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil Parameters setting:
Recommended working time: 15 minutes
Recommended RF energy: 3
Recommended RF Mode: NOR
Recommended suction duration: 0.5
Recommended release duration: 0.2
Adjust the suction intensity according to individual endurance.
Recommended application:

a. Apply essential oil evenly to the treatment area.

b.Push the Du channel in 3 sections with the handle.

c.Push the Du channel with the handle.

d.Divide the Bladder meridian into 3 sections, then push every section back and forth with the handle.

e.Push the Bladder meridian with the handle.

f.Move the handle in circular motions along Bladder meridian to the Baliao point.

g.Move the handle on the Daban area (the area that connects the neck and shoulders) from the neck.

h.Lift the scapula seam back and forth.

i. Move the handle from the left waist side to the right waist side back and forth.

j.Wipe the back with a towel.

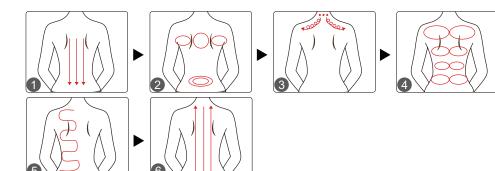
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#### 4.Treatment schedule

Upon completion of the initial course (12 sessions), experience relaxation in the shoulders and back, reduced adipose tissue, and relief from the neck hump. The intermediate treatment (24 sessions) focuses on refining the neck hump, clearing meridians, regulating sub-health, and improving sleep. The advanced treatment, spanning 48 sessions, results in a thinner back and more aesthetically pleasing contour, while also enhancing the function of internal organs, promoting digestion, detoxification, and metabolism.



Step 1: (15 minutes)



#### **Abdomen Shaping**

Handles: RF&ULTRA SOUND, RF&SUCTION BODY, LIPO LASER Duration: 60 minutes Preparation: hot towel, essential oil, gel, strap.

1.Gently wipe the abdomen with a hot towel.

2.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 10 minutes Recommended application:

a.Apply some oil to your hands and warm it by rubbing them together, then spread it on the abdomen.

b.Alternately knead the belly with both hands.

c.Lift from the waist side to the groin with both of your hands alternately.

d.Repeat on the other side.

e.Alternately push the ascending colon up, the transverse colon sideways, and the descending colon down using both hands.

f.Massage around the navel in a clockwise direction with overlapped hands.

g.Lift the Belt Vessel on both sides of the waist with both hands alternately.

h.Wipe the abdomen with a towel.

3.RF&ULTRA SOUND - Clears channels, shapes the body Pairing product: gel Parameters setting: Recommended working time: 15 minutes Recommended Ultra Sound energy: 3 Recommended Ultra Sound mode: Default mode Recommended RF energy: 3 Recommended RF Mode: NOR Recommended application:

a.Apply gel evenly to the treatment area.
b.Glide the handle in small circular motions around the navel area.
c.Glide the handle in big circular motions around the navel area.
d.Move the handle up and down on the waist.
e.Lift the Belt Vessel on both sides using the handle.
f.Lift the Belt Vessel on both sides with the applicator and your hand.
g.Wipe the abdomen and waist with a towel.

4.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil
Parameters setting:
Recommended working time: 15 minutes
Recommended RF energy: 3
Recommended RF Mode: NOR Recommended suction duration: 0.5 Recommended release duration: 0.2 Adjust the suction intensity according to individual endurance. Recommended application: a.Apply gel evenly to the treatment area. b.Glide the handle in small circular motions around the navel area. c.Glide the handle in big circular motions around the navel area. d.Move the handle up and down on the waist. e.Lift the Belt Vessel on both sides using the handle. f.Lift the Belt Vessel on both sides with the applicator and your hand. g.Wipe the abdomen with a towel.

5.LIPO LASER - Excess adipose tissue elimination and result consolidation.
Auxiliary tools: strap
Recommended working time: 20 minutes.
Recommended energy: 3
Recommended Mode: M1

a.Fix the laser pads on the abdomen, 20 minutes.
b.Remove the laser pads and the strap.

#### 6.Treatment schedule

The initial treatment of 12 sessions enhances the definition of the waistline. The intermediate treatment, spanning 24 sessions, not only sculpts the body but also imparts firmness and plumpness to the skin. The advanced treatment of 48 sessions not only solidifies the achieved results but also provides relief from irregular menstruation, a cold palace, and painful menstruation.











Step 1: (15 minutes)

Step 2: (15 minutes) Step 3: (20 minutes)



#### **Gluteal Augmentation**

Handles: RF&SUCTION BODY, LIPO LASER

Duration: 40 minutes

Preparation: Hot towel, essential oil, strap.

#### 1.Gently wipe the buttocks with a hot towel.

2.Manual massage (clear channels, enhance circulation) Pairing product: essential oil Recommended working time: 10 minutes Recommended application:

a.Stand beside the client and take some oil and warm it by rubbing between your hands, then apply it from the Baliao Area to the waist, and back to the buttocks (soothing technique). b Push Baliao Area with thumbs c.Soothing Technique. d.Left side first, push the entire buttock from the root of the thigh upward with both hands. e.Overlap hands and push from the root of the thigh to Belt Vessel. f.Massage the buttocks from the side towards the highest point, 3 times (sculpting).

g.Soothing Technique.

h.Repeat on the other side.

i.Wipe buttocks with a towel

3.RF & SUCTION BODY - Clears channels, firms skin, and shapes the body Pairing product: essential oil Parameters setting: Recommended working time: 15 minutes Recommended RF energy: 3 Recommended RF Mode: NOR

- Recommended suction duration: 0.5 Recommended release duration: 0.2 Adjust the suction intensity according to individual endurance. Recommended application:
  - a. Apply essential oil evenly to the treatment area.
  - b.Lift from the root of the thigh towards the Belt Vessel using the handle.
  - c.Elevate the buttocks from the lateral side toward the apex using the handle.
  - d.Move the handle in small circles on the entire buttocks.
  - e.Lift from the root of the thigh towards the Belt Vessel using the handle. f.Elevate the buttocks from the lateral side toward the apex using the handle.
  - g.Repeat on the other side.
- 4.LIPO LASER Excess adipose tissue elimination and result consolidation.
  Auxiliary tools: strap
  Recommended working time: 20 minutes.
  Recommended energy: 3
  Recommended Mode: M1
  - a.Fix the laser pads on the buttocks, 20 minutes.b.Remove the laser pads and the strap.

#### 5.Treatment schedule

After completing the initial 12-session regimen, you'll experience enhanced definition in your buttock contours; progressing to the intermediate course with 24 sessions refines the buttocks and promotes skin elasticity. Advancing to the comprehensive 48-session program not only alleviates symptoms related to cold body and cold uterus but also addresses gynecological concerns. It reinstates regular menstruation, solidifies your progress, and elevates your overall feminine allure.





Step 1: (15 minutes)

Step 3: (20 minutes)





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