

User Manual

SD-43S2



Preface

Dear Users,

We're pleased to present to you our latest 7-in-1 comprehensive beauty machine, which uses Vacuum, RF, ultrasound, EMS, vacuum cup and grease cup technologies for skin firming and body slimming. It is a professional beauty machine, which needs to be operated by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation. We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Introduction

Ultrasound, RF, vacuum and EMS are currently most popular approaches to helping people with skin-firming, body-shaping and anti-ageing. And so, this machine is an effective replacement of all the facial and body care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation at skin bottom, which can achieve the results of skin firming and anti-aging. Ultrasounds with specific frequencies target those parts in which there are stubborn fat to bring customers amazing results.

1. Advantages

1. This multifunctional beauty machine offers users comprehensive facial and body care.
2. The ultrasonic wave can powerfully burn and remove fat, which surpasses liposuction to solve the problems for obese people.
3. There are several hand pieces for treatment. You can use corresponding one based on different needs and different treatment areas.
4. Vacuum can help relieve fatigue and pains and remove harmful substances.
5. One handpiece has dual functions and so can greatly promote treatment efficiency.
6. The perfect combination of ultrasound, radio frequency and lipo laser solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthen people's constitutions.
7. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no downtime, which means it will not affect customer's life and work.
8. No consumption, low cost and quick returns.
9. Wider treatment range and quick, remarkable results
10. Unevenness, bleeding, and swelling will not appear after treatment.
11. Various handpieces have the energy release of red LED light, which can dissolve fat and massage body, and accelerate metabolism and sterilize skin at the same time. It gives users remarkable effects and higher level of comfort.
12. The handpiece design is based on ergonomics. It is comfortable to hold it. And larger handpieces can be used to treat large-size areas.

2. Working Principle

1. RF&SUCTION

Massaging skin and muscles with a special vacuum suction handpiece can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels, expel toxins from the body through the normal circulation of the lymphatic system, and reduce the probability of occurrence of adverse conditions such as spots, pigmentation and congestion in various parts of the body. The kneading sensation generated by vacuum suction can increase the tissue activity of skin and muscle, and therefore help to reduce tough tissue and increase the elasticity of skin tissue, so that both body slimming and shaping can be realized at the same time. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also promote the flow between deeper veins and lymphoid gland network to strengthen blood vessels and alleviate the condition of varicose veins.

Advantages: it is superior to the previous vacuum working mode which is single and simple. Using different modes for different parts can be more efficient and more effective for slimming and shaping body, and it will never harm human body. Uniquely designed RF tips integrate RF and vacuum as a whole, in which RF and vacuum can exist independently and also are complementary to each other. Compared to the ordinary one-polar RF, it can ideally shape body in a more effective, faster and even way.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) It can drain excess water of lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels for the capillary system, and also promote the flow between the deeper veins and lymphatic networks.

(2) Remove harmful substance in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve the condition of varicose veins.

3. Fibrous layer

The suction and release of air pressure:

It can deliver two kinds of effects in different tissues (including skin, muscle and so on).

- (1) Repair cells and increase their activity.
- (2) Restore and improve skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.
- (4) Improve the oxygen absorption of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, and make it more elastic so as to achieve the effect of body-shaping.

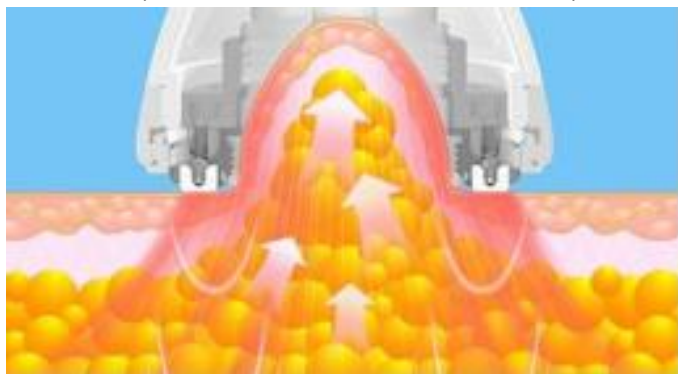
4. Nerve layer

The suction and release of air pressure:

It stimulates the surface and deep layer of sympathetic nervous system.

- (1) Lower the sensitivity of skin.
- (2) Restore skin elasticity and help resist tissue fibrosis.

Effects: Repair cells and lower skin sensitivity.



RF&ULTRASOUND

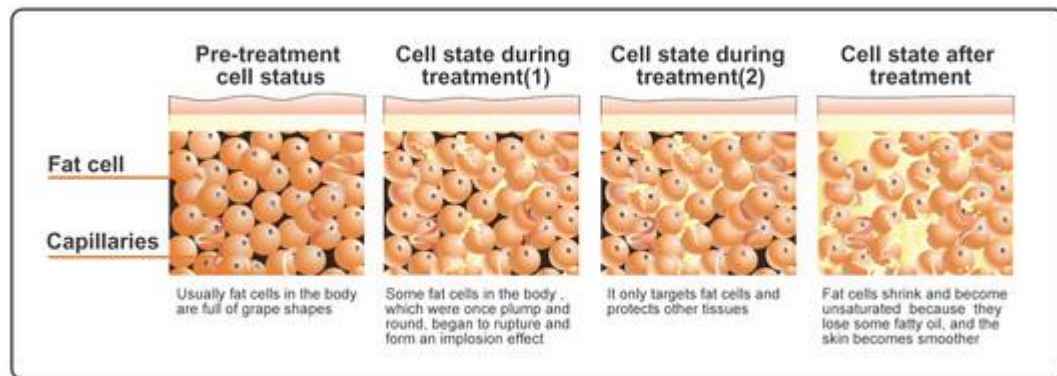
The principle of ultrasonic wave is used to make human adipose cells take a strong impact and produce friction movement among them after strong sound waves enter into the human body, which can effectively consume heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact on cells. And then the adipose cells will burst instantly, and they will be reduced so as to achieve the effect of fat removal.

Ultrasonic Cavitation: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal transmission of ultrasound, which will close rapidly in the positive pressure region to be compressed and stretched under alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and strong vibration and noise will be produced.

Advantages: It only aims for low-density adipose tissue for its specific frequency, and protects high-density tissue such as vascular and nerve tissue.

RF waves directly penetrate the skin, making use of the resistance formed by the skin

to produce heat to promote collagen growth by raising the temperature of the bottom layer of skin and heating tissue quickly and continuously. In this way, it can achieve the effects of firming, lifting and smoothing skin.



EMS&EL

EMS

EMS is the abbreviation of electronic muscle stimulation, which is known as muscle electrical stimulation technology, and also known as muscle movement technology. The simple explanation is that under normal circumstances, muscles begin to make movements after receiving signals from the brain, while EMS directly conveys the signal to the muscle through current stimulation, and then causes the muscle to make passive movements, thus leaving skin firmed and making facial contour more pronounced.

EL

Electroporation uses an electrical pulse to create a temporary electric field to act on cell membranes to create temporary pores through which larger molecules or hydrophilic molecules can pass into cells, thus promoting permeability.



Face Vacuum Cup

The vacuum cup is directly applied to the facial skin to achieve the effect of deep cleansing. (Vacuum: lower than normal pressure. The use of vacuum is very common. People often make a certain part of the space in a state of negative pressure, and then they can use the ubiquitous atmospheric pressure to work for us. For example, when people breathe, negative pressure occurs when their lungs are contracted,

during which it forms a pressure difference inside and outside and fresh air is pressed into lungs.) Vacuum cleaning is the application of this principle, which cause no pains to people. It can remove blackheads, whiteheads, grease and dirt and other residues at deep level in the pores.

Vacuum Cup

Vacuum cup uses drawing force to open pores so that the waste in the body can be excreted out of the body, and it also has a certain renewal effect on some aging cells. Through local treatment, it can promote blood and lymphatic circulation to accelerate metabolism so as to achieve the effect of detoxification. Naturally, one's immunity can also be improved in the end.

Breast-augmentation Cup

Using vacuum to act on human body, the special tool attracts breasts so that they are relatively lifted to achieve the effect of augmenting breasts. The vacuum in the cup can lead to the congestion of local capillaries, stimulate organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of vacuum can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the presence and absence of vacuum can make local pores open and close continuously, promote skin respiration, increase the amount of oxygen absorbed, and speed up the removal of waste. It has the effect of warming meridians and dredging collaterals, circulating qi and blood, opening orifices and relaxing tendons, dispelling blood stasis and reduce swelling, detoxifying body and clearing pathogenic factors. Combined with deep massage, it can smooth blood and qi, dredge breast blockage, help transport oxygen and nutrients to the breast, stimulate the pituitary gland to secrete female hormones, strengthen breast connective tissue, and stimulate breast growth. It can also promote uterine contraction, tighten skin's elastic fibers and prevent skin tissue from sagging.

Breast-augmentation Cup (for hips)

Using vacuum to act on human body, the special tool attracts hips so that they are relatively lifted to achieve the effect of augmenting hips. The vacuum in the cup can lead to the congestion of local capillaries, stimulate organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of vacuum can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the presence and absence of vacuum can make local pores open and close continuously, promote skin respiration, increase the amount of oxygen absorbed, and speed up the removal of waste. It has the effect of warming

meridians and dredging collaterals, circulating qi and blood, opening orifices and relaxing tendons, dispelling blood stasis and reduce swelling, detoxifying body and clearing pathogenic factors. Combined with deep massage, it can smooth blood and qi. It can also tighten skin's elastic fibers and prevent skin tissue from sagging.

Cups for Private parts

The negative pressure in the cup can make the local capillaries congested, stimulate the organs, enhance cell vitality, promote the functional activity, and improve the resistance of the body. The mechanical stimulation of negative pressure can be transmitted to the central nervous system through the reflex pathway, which can adjust the neural activity to keep its balance. During the operation, the suction and release, and the increase and disappearance of negative pressure make local pores open and close continuously, promote skin respiration and increase the amount of oxygen absorbed, which can speed up the removal of waste, promote the contraction of pelvic smooth muscles, promote blood circulation, balance the endocrine system, increase progesterone, and force the secretion of hormones in the body.

Grease Cup

Massaging skin and muscle with a special vacuum cup can effectively improve the humoral fluidity of the cells, increase the movement of the cells and activate the cells to increase the elasticity of the skin and reduce fine lines. Vacuum movement can stimulate the surface and deep level of sympathetic nervous system to lower skin sensitivity and promote skin's immunity.

3. Face Firming&Anti-ageing

1. Effects

1. Firm face and enable the deep introduction of nutrients.
2. Increase skin elasticity and smoothness
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the symptoms of double chin and tighten skin.
6. Stimulate collagen proliferation and delay aging

2. Applicable Range

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
4. Those whose face contours are not clear.

5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth

3. Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, lactation, surgical recovery.
8. Those who have skin diseases and infectious diseases.
9. Those who have unrealistic expectations about the results.

4. Do's and Don'ts after operation

1. Wash face with hot water within 3 days
2. Keep hydrated and prevent skin damages caused by sun ray
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating products
4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.
5. Apply face mask at least 3 times in the following week.

4. Face Cleansing

1. Effects

1. Unblock pores and minimize pore size
2. Clean deep skin layer
3. Lift skin and contour face
4. Accelerate blood circulation and metabolism
5. Relieve unevenness of skin tone, fade pigmentation and smooth out fine lines.

2. Applicable Range

1. Those who have much grease secretions and thick stratum corneum.
2. Those who have rough skin and large pores.

3. Those who have pore blockage.
4. Those whose skin is dark and dull.
5. Those who have flabby and saggy skin.

3. Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials implanted at the operation area.
2. Those who have used injections recently, such as hyaluronic acid, skin booster or wrinkle removal product.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are in menstruation, pregnancy, and lactation or who are recovering from operations.
7. Those who have skin diseases and infectious diseases.
8. Those who have unrealistic expectations about the effect.

4. Do's and Don'ts after operation

1. Wash face with hot water within 3 days
2. Keep hydrated and prevent skin damages caused by sun ray
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating products
4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.
5. Apply face mask at least 3 times in the following week.

5. Neck Care

1. Effects

1. Reduce the flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Remove double chin.
4. Accelerate lymph detox and improve facial skin.
5. Prevent neck and lymph diseases.

2. Applicable Range

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking

3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their neck tone.

3. Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are of advanced years.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

4. Do's and Don'ts after Operation

1. Avoid sunburn. Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, Use masks at least 3 times a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

6. Lymphatic Detox

1. Effect

1. Stimulate the activity of lymph area
2. Accelerate lymph flow
3. Accelerate natural detoxification and help body remove waste through lymphatic system
4. Increase the productivity of lymphatic cells
5. Improve bodily metabolism
6. Promote the function of immune system

2. Applicable Range

1. Those who have dull and rough face skin
2. Those who often drink alcohol and suffer from insomnia

3. Those who have much fat on waist and abdomen. Through lymphatic detox, edema and fat can be reduced
4. Those who have halitosis and often suffer from constipation
5. Those who have poor mental state and poor resistance and are easy to catch cold and get sick

3. Inapplicable Range

1. Those who have high blood pressure, high cholesterol and high blood sugar and who have heart diseases.
2. Those who are in pregnancy and lactation and who have periods.
3. Those whose operation wounds are healing and who is being in recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those whose gynecological diseases are being treated.
8. Those who have lymphatic cancer or show the signs of cancer.
9. Those who are too weak.
10. Those who are drunk, too thirsty, on a full/empty stomach or overworked.

4. Do's and Don'ts after Operation

1. Take a shower in 4-6 hours after treatment
2. Avoid getting a cold
3. Avoid eating spicy and greasy foods
4. Drink more hot water to help with metabolism
5. Avoid staying up late, smoking cigarettes and drinking alcohol.
6. It is not the case that longer cupping treatment can ensure better effects, which should be performed based on actual situation.

7. Body Management

(1) Waist&Abdomen Shaping

1. Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

2. Applicable Range

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.

3. Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

4. Do's and don'ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism and weight loss.

(2) Arm Shaping

1. Effects

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

2. Applicable Range

1. Those with thick arms and want to look better in clothes.

2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

3. Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

4. Do's and Don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

(3) Back Shaping

1. Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.

2. Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

3. Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

4. Do's and Don'ts after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothes

(4) Leg Shaping

1. Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

2. Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

3. Inapplicable Range

1. Those who are in menstruation, pregnancy or lactation.

2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.
7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

4. Do's and Don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

(5) Breast Shaping

1. Effect

1. Relieve breast sagging and outward expansion
2. Relieve premenstrual breast pain.
3. Dredge and correct the breasts.
4. Prevent breast cyst.
5. Prevent breast cancer.
6. Shape chest

2. Applicable Range

1. Those who have saggy chest.
2. Those who have dilated chest, flat chest, asymmetric chest, etc.
3. Those whose nipples are sunken and who pursue perfect and healthier breasts.
4. Those who have chest nodules, slight hyperplasia and breast pain during menstruation.
5. Those who feel that their own breast is underdeveloped and who have postpartum breast atrophy and so on.

3. Inapplicable Range

1. Those who are in pregnancy, menstruation or lactation.

2. Those who have high blood pressure, high cholesterol and high blood sugar and who have heart diseases.
3. Those who have severe breast hyperplasia, fibroma or cyst.
4. Those who have infection in the chest skin.
5. Those who have surgery on the chest.

5. Do's and Don'ts after Operation

1. Take a shower in 4-6 hours.
2. Avoid getting a cold
3. Do not eat spicy and greasy foods
4. Drink more hot water to accelerate metabolism
5. Do not stay up late, smoking cigarettes and drink alcohol.
6. Wear bras that are comfortable and conducive to fix breasts. Do not squeeze breasts too hard.

(6) Hip Shaping

1. Effect

1. Relax muscles and improve local blood circulation.
2. Prevent muscle atrophy and relieve muscle spasm.
3. Tighten the skin and strengthen the body.
4. Relieve prolapse caused by muscle relaxation.
5. Stimulate muscle contraction, make muscle stronger, and make buttocks voluptuous.

2. Applicable Range

1. Those whose buttocks are sunken, flat, and not sexy enough.
2. Those whose buttocks are flat and not well-shaped with insufficient fat.
3. Those who need to have a more perfect figure psychologically or professionally.
4. Those who have satisfactory size of buttocks, but without enough plumpness, or who have no noticeable contour of buttocks.
5. Those who have fat accumulating in the waist and buttocks to form "square buttocks".

3. Inapplicable Range

1. Those who are in pregnancy and lactation and who have periods.
2. Those whose operation wounds are healing and who is being in recovery.
3. Patients who have heart diseases, hypertension and so on.

4. Those who have skin diseases, infectious diseases or sensitive skin.
5. Those who are too weak.

5. Do's and Don'ts after Operation

1. Take a shower in 4-6 hours.
2. Avoid getting a cold
3. Do not eat spicy and greasy foods
4. Drink more hot water to accelerate metabolism
5. Do not stay up late, smoking cigarettes and drink alcohol.
6. Wear knickers that can help lift hips.
7. Take some exercise to lift hips after treatment.

8. Treatment for Private Parts

1. Effect

1. Improve vaginal lubrication.
2. Improve vaginal tightness.
3. Balance endocrine system.
4. Improve the quality of sex life and sexual sensitivity.
5. Lighten the color of perineum.
6. Discharge vaginal toxin and residual metabolites, restore vaginal cleanliness and balance

2. Applicable Range

1. Those who have experience in pregnancy, childbirth, abortion, contraception, sex, etc.
2. Those who have irregular menstruation (dysmenorrhea, small amount, blood clots).
3. Those who have skin problems caused by endocrine disorders such as spot, acne, dark and sallow skin and so on .
4. Those whose leucorrhea is abnormal with a bad smell.
5. Those who have decreased memory and immunity.
6. Those who have disharmonious sex life.

3. Inapplicable Range

1. Those who are in pregnancy and lactation and who have periods
2. Those who are taking operation treatment or recovering from operation
3. Patients who have heart diseases, hypertension and so on
4. Those who have skin diseases, infectious diseases or sensitive skin.

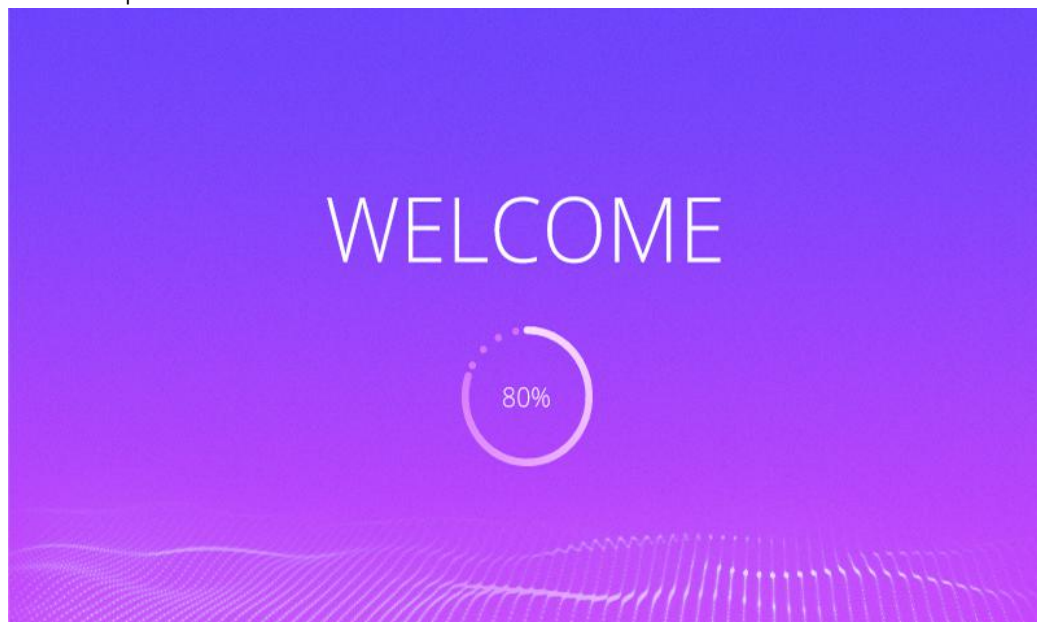
5. Do's and Don'ts after Operation

1. Take a shower in four hours after treatment.
2. Drink plenty of warm water, avoid drinking cold water and eating raw, cold and spicy food.
3. Change underwear on a daily basis. Underwear should be made of soft material such as pure cotton and silk. The underwear made of chemical fiber should be less used as possible as one can. Avoid wearing overly tight underwear.
4. Towels and underwear should be dried in the sun or sterilized in boiling water. Drying them in a humid environment can cause fungal growth.
5. Do not have intercourse immediately after taking the treatment.

Part II

1. Detailed Operation

After all are connected properly, the following interface will appear after the power switch is pressed.



And then the function selection interface will follow.



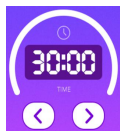
1. General function buttons



home button (press it to return to function selection interface)



Reset button (press it to restore the default settings)



time and adjusting buttons



button for decreasing time or lowering energy level



button for increasing time or raising energy level

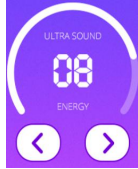
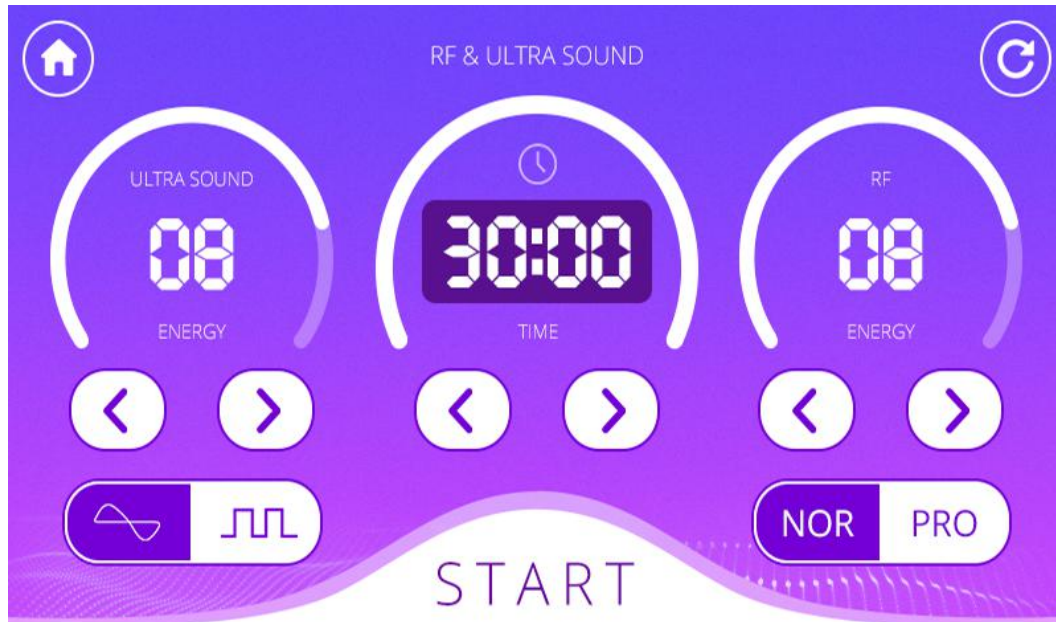
START

start/stop button

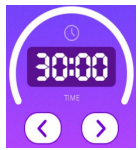
2. Detailed Operation of RF & ULTRA SOUND



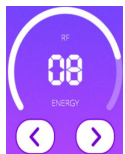
choose to go to the following interface



ULTRA SOUND energy level and adjusting buttons(range: 0-10, 3-7 is recommended)



time and adjusting buttons(range: 00:00-60:00, 15-20 is recommended)



RF energy level and adjusting buttons(range: 0-10, 3-7 is recommended)



two working modes of ULTRA SOUND



constant working mode, suitable for those with thick fat accumulation

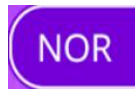


Discontinuous working mode, suitable for first-time users or those who

want to consolidate the treatment results.



two working modes of RF



The red light goes on and the energy of the handpiece directly reaches preset level after start button is pressed.



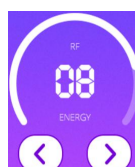
The red light goes on and the energy of the handpiece slowly reaches preset level after start button is pressed and the handpiece touches skin.

After setting all parameters, press **START** to begin the treatment

3. Detailed Operation of RF & SUCTION BODY



choose to go to the following interface



RF energy level and adjusting buttons(3-7 is recommended)



time and adjusting buttons(15-20 minutes is recommended).



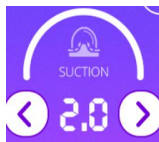
two working modes of RF



The red light goes on and the energy of the handpiece directly reaches preset level after start button is pressed.



The red light goes on and the energy of the handpiece slowly reaches preset level after start button is pressed and the handpiece touches skin.



suction time(range:0.0-2.0)



release time(range: 0.0-2.0)

Suction time should be always longer than release time during treatment. When release time is not zero, the handpiece is at Suction&Release mode, which is suitable for first-time users. And when release time is zero, the handpiece is at Constant Suction mode, which is suitable for those who want cupping therapy.



knob for adjusting suction(turning it clockwise is to increase suction and turning it anticlockwise is to decrease suction. Adjust it based on individual endurance)

After setting all parameters, press **START** to begin the treatment

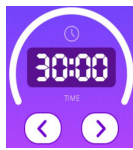
4. Detailed Operation of EMS & EL



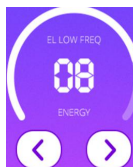
choose to go to the following interface



Energy level and adjusting buttons of EMS MID FREQ(3-7 is recommended)



Time and adjusting buttons of EMS & EL(15-20 minutes is recommended)




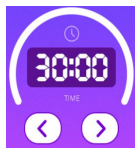
Energy level and adjusting buttons of EL LOW FREQ (3-7 is recommended)

After setting all parameters, press **START** to begin the treatment

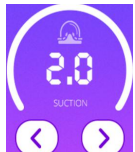
5. Detailed Operation of VACUUM & CUPPING



choose  to go to the following interface



time and adjusting buttons(10-20 minutes is recommended)



Suction time(range:0.0-2.0)



Release time(range:0.0-2.0)

Suction time should be always longer than release time during treatment. When release time is not zero, the handpiece is at Suction&Release mode, which is suitable for first-time users. And when release time is zero, the handpiece is at Constant Suction mode, which is suitable for those who want cupping therapy.



Knob for adjusting suction level(turning it clockwise is to increase suction and turning it anticlockwise is to decrease suction. Adjust it based on individual endurance)

VACUUM & CUPPING **preset working mode selection**

M1: constant suction mode(suitable for those who need cup-fixing therapy for detoxification)

M2: suction&release mode with low frequency of release(suitable for those who need massage for relaxation)

M3 : suction&release mode with higher frequency of release than M2(suitable for those who need less-intensity cup-fixing therapy and massage for detoxification)

M4 : suction&release mode with higher frequency of release than M3(suitable for those who need less-intensity-than-M3 cup-fixing therapy and massage for detoxification)

You can manually adjust suction time and release time and also choose the preset time of suction&release mode.

After setting all parameters, press **START** to begin the treatment

Vacuum cups



suction hole.

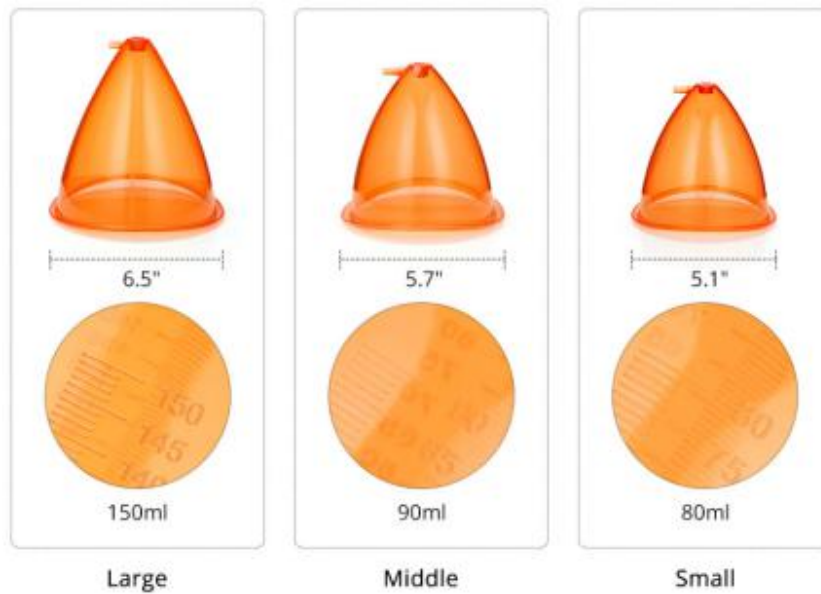
Connect one end of the Y-shaped hose to the suction hole of the machine body, and the other two ends of the Y-shaped hose to two vacuum cups or breast cups. (the small Y-shaped hose is used for breast cups, and the big Y-shaped hose is used for vacuum cups)

Please note:

1. After starting the machine, the two vacuum cups work with suction at the same time only when they touch skin simultaneously. If only one cup touches skin, there will be no suction.
2. When only one cup is needed (cup moving), you can tie a knot at one end of the



hose . When two are needed, untie the hose.



3 pairs of breast cup

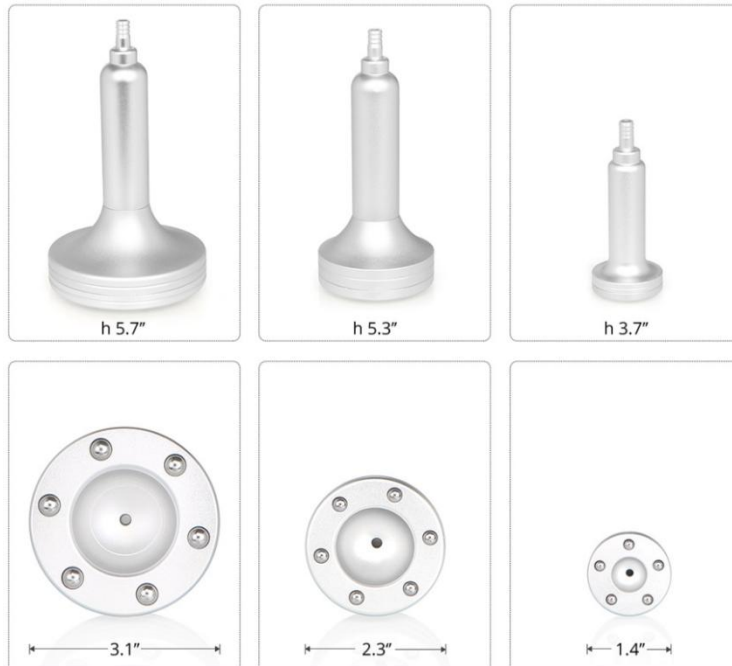


9 pairs of vacuum

cup



- ① is suitable for those who have big-size breasts and need to shape and lift them.
- ② is suitable for those who have medium-size breasts and need to lift and augment breasts
- ③ is suitable for those who have small-size breasts and need to be massaged and relaxed
- ④ is suitable for cup-fixing and cup-moving therapies (big areas, such as thigh, hip and abdomen)
- ⑤ is suitable for cup-fixing and cup-moving therapies (leg and back)
- ⑥ is suitable for cup-fixing and cup-moving therapies (small area, such as arm and calf)
- ⑦ is suitable for cup-moving therapy (neck and arm)
- ⑧ is suitable for cup-moving therapy and massage (face and neck)
- ⑨ is suitable for cup-moving therapy and cleaning (face)
- ⑩ is suitable for private parts
- ⑪ is suitable for face cleaning
- ⑫ is suitable for cup-moving treatment and cleaning purpose.



a total of 3 grease cups,

choose the proper one according to the size of treatment area.



The large one is suitable for big area in the body such as arms, abdomen, waist buttocks, legs and back.



The medium-size is suitable for face or some parts in the body, such as arms, neck, face and calf.



The small-size is suitable for face, such as cheeks, eye, forehead, jaw and neck.

2. Technical Specifications

Technical Specifications

Ultrasound Cavitation&RF Body Shape Handle

Ultrasound Cavitation

Frequency:30KHz

Power:50W

RF

Frequency:5MHz

Power:85W

Suction& RF Body Sculpture Handle

RF

Frequency:5MHz

Power:85W

Suction

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

Power:20W

EMS&EL (Electroporation) Facial Anti-aging Handle

EMS

Frequency: 4.5KHz

Power:10W

EL (Electroporation)

Frequency: 65Hz

Power:10W

3. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please do not use this machine on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Please turn off the power switch of the device, and ensure that the total power

supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

9. Do not use this instrument if there is a prosthesis in your chest. It cannot be used if there is metal stent in the body (excluding female's IUD).

10. Women in pregnancy, lactation or menstruation can not use this machine. People who are drunk can not use this machine.

11. Those who have cesarean section within half a year or those who have abortion within 3 months or natural delivery within 2 months can not use this machine.

12. Set the suction at the lowest level at the beginning of the treatment to avoid any discomfort.

13. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.

14. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.

15. Please use filter cotton before using grease cup in case essential oil causes damages to the machine.

16. Clean the instrument with normal saline after operation to ensure its cleanliness to prolong its service life.

4. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

2. There is no or weakened suction when using the Body RF&SUCTION?

- A: Please check whether the filter has been installed correctly.
- B: Please check whether the handpiece is connected to the machine properly.
- C: Please check whether the cord connecting the handpiece to the machine is broken.
- D: Please check whether there is blockage due to dirt or foreign object at the suction hole. If so, clean the suction hole.
- E. Please check whether knob for adjusting suction level is turned to the "0" position.

3. There is no suction or there is only weakened suction when using vacuum cups or the grease cups?

- A: Please check whether the filter is installed correctly.
- B: Adjust the suction level to the maximum and put your finger on the suction hole to check whether there is suction. If there is, you can go to step C and D.
- C: Please check the hose connecting the cups to the machine is installed properly.
- D: If you encounter this problem when you are using the vacuum cups, there is suction only when the two cups are in full contact with skin simultaneously. If you want use only one cup, you should tie a knot at the other end of the Y-shaped hose.

4. The machine can be started but there is no or weakened RF energy output?

A: Please check whether the handpiece is connected to the machine properly.

B: The wires in the handpiece are loose or broken.

5. I can start the instrument, but the screen shows erroneous message?

A. Please unplug the power cord behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

5. FAQs

1. Q: What functions does this instrument have?

A: It has the functions of dissolving fat and shaping body, smoothing&rejuvenating skin, relaxing and repairing skin, firming &lifting skin and anti-aging. It can be operated on every part of the body. In terms of facial care, it can form face contour, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S-shaped curve, and promote metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and solve sub-health problems.

2. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

3. Q: Will I regain weight after operation?

A: The CAVI treatment works to dissolve fat to reduce weight, and users are not prone to regain their weight. Because what's dissolved through CAVI treatment is fat, not water. Fat needs a longer period of time to accumulate, so normally people will not regain weight.

4. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment work to dissolve fat and accelerate metabolism. It's best to avoid eating spicy, oily, or fried food in case they affect regular metabolism. Proper workout for sweating helps with fat metabolism process. In such way, the results will be more noticeable.

5. Q: Does it have side effects on the body?

A: RF beauty treatment is non-invasive and is one of the most effective and the safest

approach to remove wrinkles and shape body. Generally speaking, side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after treatment, which will disappear after three days because collagen regeneration will make skin plump up though RF heat can cause moisture loss of skin. Overall, there are no side effects on people's health.

6. Q: Can ultrasound treatment be performed on every part of the body?

A: Ultrasound treatment works to rupture fat cells, by which fat is released from cells and then metabolized through lymphatic system. So its power is very high. Heart is sensitive to high frequency sound waves since it is a hollow organ. After being vibrated by sound waves, the heart will reflect the waves due to the different transmission of sound waves by the muscle tissue and the blood in the heart. This force can pull valves away from the heart muscle. If you use the instrument on eyes, it can lead to retinal detachment, so the ultrasound treatment should not be performed on the areas of eyes and heart. (not on the areas of waist, back and chest)

7. Q: Does ultrasound treatment have side effects on human body?

A: Ultrasonic beauty treatment is non-surgical and non-invasive program without anaesthesia. It relies on ultrasound (mechanical sound wave) - dissolve fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets low-density fat cells but leaves high-density tissue like blood vessels intact, and therefore has no side effects on human body. Slight tinnitus will probably occur during the treatment, which is within normal range. So there's no need to worry about that.

8. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

9. Q: Why do I need hip treatment?

A: Because it can help with detox of lymphatic system of body, relieve gynecological diseases, and protect women from harm brought by buttock blockage. Hip blockage will bring about gynecological conditions for the fact that hips are the areas where many important organs of human body exist. If hips suffer from the squeeze of upper and lower energizer meridians, they will be vulnerable to cold, damp and blood stasis. When hips are affected by cold, hip meridian contraction will occur, and then there will be some symptoms such as dysmenorrhea, irregular menstruation, dark menses, blood clot, blood and meridian blockage. It also affects women's fertilization.

10. Q: How does vacuum detoxify?

A: Vacuum can cause capillary congestion, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, which can promote skin breathing, increase the amount of skin oxygen, and speed up waste removal. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging meridians and collaterals, clearing toxins, dissipating heat and so on.

6. Packing List

RF & SUCTION BODY Handpiece*1
RF & ULTRA SOUND Handpiece*1
EMS & EL Handpiece*1
VACUUM CUPS*12(pairs)
Grease Cup*3
Machine Body*1
Power Cord*1
Holder for Accessories*1

7. Simplified Treatment Steps

1. Skin -firming &anti-ageing

Remove makeup and clean face--apply hydration mask and hot steam--clean face--apply toner--massage cream+massage techniques--massage cream+face grease cup--clean face--essence+EMS&EL--apply face mask--clean face--apply toner, lotion, essence and face cream.

2. Face Cleansing

Remove makeup and clean face--apply toner--apply blackhead-removing liquid+hot steam--facial vacuum cup--clean face--apply toner--massage cream+grease cup--clean face--apply face mask--clean face--apply toner, lotion, essence and face cream.

3. Neck Care

Clean neck--apply toner--massage cream+massage techniques--massage cream+vacuum cup--clean neck--apply neck mask--clean neck--apply toner, neck essence and neck cream.

4. Lymphatic Detox(neck, armpit, groin)

Clean face and neck--apply toner--press face acupuncture points and massage face and neck--massage the area where lymph glands exist in the neck--choose proper cups to perform cupping therapy on face and neck--massage the area where lymph

glands exist in the armpit--choose proper cups to perform cupping therapy on armpit--massage the area where lymph glands exist in the groin--choose proper cups to perform cupping therapy on groin--wipe the areas clean

5. Waist&abdomen/arm/leg shaping

Massage techniques--RF & ULTRA SOUND— — RF & SUCTION BODY— —fix the vacuum cup on the target area--wipe the area clean

6. Back

Massage techniques--grease cup--RF & SUCTION BODY--fix the vacuum cup on the target area--wipe the area clean

7. Breast Shaping

Massage techniques--fix the breast cup on the target area--wipe the area clean


8. Hip Shaping

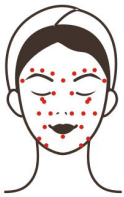





Massage techniques--use vacuum cups to perform cup-moving treatment--fix the breast cup on the target area--wipe the area clean

9. Treatment for Private Parts

Clean private parts--massage techniques--choose proper vacuum cups and then fix them on three spots of groin respectively--use the cups for private parts--clean the area

8. Operational Diagrams

| Parameter | Product | Techniques | Diagrams |
|---|---|---|---|
| Adjustment | | | |
| Skin Firming&Anti-ageing: 70 min once a week | | | |
| Facial grease cup Time: 10 min Mode: M1 Suction: adjust it based on individual | Makeup Remover+Face Cleanser+Cold&Hot Steam+Massage | 1. Remove makeup and clean face, 5 minutes. 2. Apply water mask and hot steam, 10 minutes 3. Clean the face, 2 minutes. 4. Apply toner , 1 minute 5. Apply massage cream evenly | Technique5,7  |


| | | | |
|---|--|---|---|
| <p>endurance</p> <p>EMS&EL</p> <p>Energy level: 3-7</p> <p>Time: 15-20 min</p> | <p>Cream+Base Mask+Essence+Face Mask</p> | <p>to face and soothe face, 3 times.</p> <p>6. Apply digital pressing technique on the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, the temple, GB-1, ST-1, ST-2), 3 times.</p> <p>7. Soothe face, 3 times</p> <p>8. Alternately apply lifting technique from chin to ear lobe, mouth corner to Ermen(SJ21), and nose wing to temple, lift eye corner from lower eyelid to temple with both hands, 3 times.</p> <p>9. Repeat the technique on the other side.</p> <p>10. Apply lifting technique towards hairline on forehead, 3 times</p> <p>11. Apply plucking technique with fingers alternately to lift face.</p> <p>12. Apply plucking technique with one hand towards hairline on forehead.</p> <p>13. One side, apply plucking technique with both hands alternately to lift face, 2-3 minutes</p> <p>14. Repeat the technique on the other side.</p> <p>15. Move in a zigzag motion on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and then slide to the back of ears.</p> <p>16. The end.</p> <p>17. Facial grease cup operation: lift line by line from jaw to earlobe, mouth corner to ear center, and nose wing to temple, 3-5 times.</p> <p>18. Repeat the operation on the</p> | <p>Technique6</p>  <hr/> <p>Technique8,17</p>  <hr/> <p>Technique10,12,19</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique22</p>  <hr/> <p>Technique24</p>  |
|---|--|---|---|




| | | | |
|--|--|---|--|
| | | <p>other side.</p> <p>19. Lift towards hairlines on forehead, 3-5 times.</p> <p>20. Wash face clean, 2 minutes.</p> <p>21. apply essence evenly to face(anti-ageing/whitening/hydration), 1 minute.</p> <p>22. EMS&EL operation: move the handpiece upwards in spiral curve from chin to forehead, 3 times.</p> <p>23. Repeat the technique on the other side.</p> <p>24. Move the handpiece horizontally in spiral curve on forehead, 3 times.</p> <p>25. Apply face mask, 15 min.</p> <p>26. Wash face clean, 2 min.</p> <p>27. Apply toner, essence, face cream and suncream.</p> <p>The end.</p> | |
|--|--|---|--|

Treatment Suggestions




One course of treatment consists of ten treatment sessions. After one treatment session, skin will be firmed and rejuvenated as the nutrients it needs are absorbed. After one course of treatment, skin will lifted with glow. Two courses will make skin smooth and plump, leaving face contour clearer. Three courses will promote skin metabolism and detox processes, help fade pigmentation and skin darkness, slow down skin ageing and prevent skin from sagging, and stimulate collagen regeneration to leave skin smooth and firm with glow.

Skin Cleansing: 60 min once a week


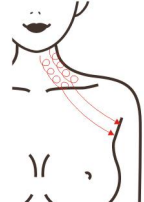
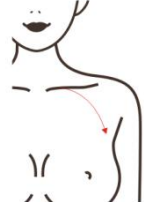
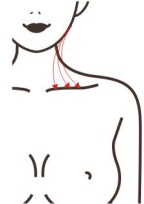


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|---|---|---|---|
| Vacuum cup/grease cup Time: 10-15 min Suction: adjust it based on individual endurance Mode: M1 | Makeup remover+face cleanser+blackhead-removing liquid+essence+cold&hot steam+face mask+SD-43S2 | 1. Remove makeup and clean face, 5 minutes. 2. Apply toner, 1 minute 3. Apply blackhead removing liquid and hot stream(to the area where there are large pores and severe pore blockage. Toner or AS3 liquid nutrient can be applied to cheeks. Toner and cold stream can be applied to sensitive skin of face instead of blackhead removing liquid and hot stream)5-8 minutes. | Technique4  Technique4 |
|---|---|---|---|





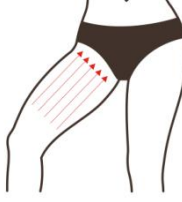

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| | | <p>4. Vacuum cup operation: put the cup on the forehead tightly for one second and then move gently towards hairline line by line.</p> <p>The operation in the area with severe pore blockage in T area (forehead-nose-chin-cheek) can be strengthened, about 10 minutes.</p> <p>5. Wipe face clean with cotton pads and pure water for 2 minutes.</p> <p>6. Apply toner.</p> <p>7. Apply essence evenly to face.</p> <p>8. Grease cup operation: lift from jaw to forehead line by line, 3 times.</p> <p>9. Starting from the chin, lift from chin to the earlobe, mouth corner to Ermen(SJ-21), nose wing to the temple, and lower eyelid to the temple, lift the corner of the eye.</p> <p>10. Repeat the operation on the other side.</p> <p>11. Lift from forehead to hairline, about 10 minutes.</p> <p>12. Apply face mask, 15 min.</p> <p>13. Remove face mask and clean face, 2 min.</p> <p>14. Apply toner, essence, face cream and suncream.</p> <p>15. The end.</p> |  <p>Technique8,9</p>  <p>Technique11</p>  |
| <p>Treatment Suggestions</p> <p>A course of treatment consists of 10 treatment sessions. After one treatment, the face is ruddy and the blood circulation is accelerated. After one course of treatment, the skin begins to metabolize harmful substances, the acne on the skin is relieved, and the blackheads are slowly reduced. After three courses of treatment, the skin contour is accentuated, one's resistance is enhanced and the skin is healthily alabaster.</p> | | | |
| <p>Neck Care: 50 min once a week</p> | | | |
| Vacuum cup | Makeup | 1. Remove makeup and clean | Technique3 |

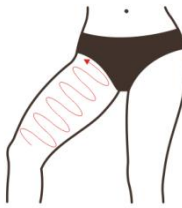
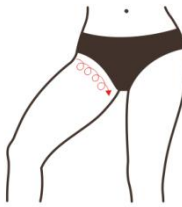

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| <p>Time: 15 min Suction: adjust it based on individual endurance Mode: M1</p> | <p>Remover+Face Cleanser+ Massage Cream+Essence+Neck Mask</p> | <p>neck, 5 min.</p> <ol style="list-style-type: none"> 2. Apply toner, 1 min. 3. Neck massage, rub oil into chest with both hands towards the back of the neck and press Gb-20 and Du-16 acupoint, 3 times. 4. Alternately lift the lower jaw and double chin area to pass the back of ear to the armpit, 3 times. 5. Push downwards with thumb and index finger splaying, tracing 3 meridians from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridians from neck side to the armpit, 3 times. 7. Push downwards with bending fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with thumb and index finger splaying from external collarbone to armpit, 3-5 times. 9. Do the same on the other side. 10. The end 11. Vacuum cup operation: use one hand and the handpiece to lift double chin area and then pass the back of ear to armpit, 3 times. 12. Move the handpiece along three lines on one side of neck to armpit, 3 times. 13. Slide the handpiece from inner and outer sides of clavicle to the armpit, 3-5 times. 14. Repeat the techniques on the same side, 2 times 15. Repeat the techniques on the other side | <div data-bbox="1177 197 1305 387"> </div> <p>Technique4</p> <div data-bbox="1177 443 1305 633"> </div> <p>Technique5</p> <div data-bbox="1177 689 1305 880"> </div> <p>Technique6,7,11,12</p> <div data-bbox="1177 981 1305 1171"> </div> |
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| | | 16. Wipe neck clean with hot towel, 2 minutes. 17. Apply neck mask, 15 minutes 18. Wipe neck clean with hot towel, and apply the towel to face for 5 minutes. 19. Apply toner, neck essence, neck cream and suncream 20. The end. | |
| Treatment Suggestions A course of treatment consists of ten treatment sessions. After one treatment, skin becomes rejuvenated and smooth. After a full course, neck skin becomes smooth, and the neck lymphatic circulation is accelerated. After 2 courses of treatment, skin will be tightened, neck lines will be reduced, and the the condition of double chin will be relieved. After 3 courses of treatment, skin will be firmed with glow, lymphatic detox will be accelerated and some problems will be resolved such as acne and skin dullness. Moreover, skin aging will be prevented and skin will remain in a young state. | | | |
| Lymphatic detox: 120 min once a week | | | |
| Keep reasonable proportions of time on treatment areas Vacuum cup Suction: adjust it based on individual endurance Mode: M1 Grease Cup Suction: adjust it based on individual endurance Mode: M1 (it is recommended that you should set the | Makeup remover+face cleanser+essential oil+SD-43S2 | 1. Face and neck Lymphatic detox 2. Remove makeup and clean face and neck. 3. Apply toner to face 4. Press acupuncture points:Chengjiang(RN24), Dicang(ST4), Daying(ST5), Jiache(ST6), Xiaguan(ST7), Yingxiang(LI20), Quanliao(SI18), temple(EX-HN5), Jingming(BL1), Cuanzhu(BL2), Yuyao(EX-HN4), Sizhukong(SJ23), Tongziliao(GB1), Chengqi(ST1), Sibai(ST2), 3 times. 5. Alternate hands to lift face in 3 lines and slide to the armpit. 6. Repeat the operation on the other side. 7. Neck: rub oil into the chest | Technique3  Technique4  Technique6  Technique7 |

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| <p>suction at relatively low level at the beginning to avoid discomfort. After users adapt, you can slowly raise it.)</p> | <p>with both hands and massage Fengchi (GB20) and Fengfu (DU16), 3 times</p> <p>8. Left-to-right order: alternate hands to pass the back of ear from lymphatic area of jaw to armpit, 3 times</p> <p>9. One side, push downwards with thumb and index finger splaying, tracing 3 meridians from the neck to the armpit, 3 times.</p> <p>10. One side, push downwards with bending fingers till the lymphatic area of neck turns hot and slide to the armpit, 3 times.</p> <p>11. Massage the area and press Fengchi (Gb-20) and Fengfu (Du-16)</p> <p>12. Repeat the operation on the other side.</p> <p>13. Use cup to lift upwards on face line by line from jaw and then pass the back of ear to armpit, 1-2 times (based on customer's situation)</p> <p>14. Use proper cup to slide on the forehead upwards or laterally 1-2 times (based on customer's situation)</p> <p>15. One side, use cup and the other hand to alternately lift from lymphatic area of jaw and then pass the back of ear to armpit.</p> <p>16. Move the cup downwards along the 3 meridians of neck respectively to the armpit, 3 times.</p> <p>17. Slide the cup from inner clavicle to armpit for detox. Use proper small cup to slide from the back of ear to armpit(based on customer's</p> | <div data-bbox="1177 210 1326 421"> </div> <p>Technique8</p> <div data-bbox="1177 501 1326 712"> </div> <p>Technique9</p> <div data-bbox="1177 792 1326 1003"> </div> <p>Technique12</p> <div data-bbox="1177 1084 1326 1294"> </div> <p>Technique13</p> <div data-bbox="1177 1375 1326 1585"> </div> <p>Technique13</p> <div data-bbox="1177 1666 1326 1877"> </div> <p>Technique14</p> |
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| | | <p>situation)</p> <p>18. Repeat the operation on the other side</p> <p>19. Detox for the lymphatic area of armpit: left side first and then the right side, rub oil into the armpit, 3 times</p> <p>20. Use heel of one palm to knead Jiquan(HT-1), 3-5 times.</p> <p>21. Alternately push Gallbladder Meridian (GB) and pass armpit to finger with thumb and index finger splaying, 3 times.</p> <p>22. Alternately push the lymphatic area of inner clavicle and slide to finger with both hands, 3 times.</p> <p>23. Alternately push the three meridians on arms (Lung Meridian, Pericardium Meridian, Heart Meridian) with thumb and index finger splaying, 3 times.</p> <p>24. Massage the whole arm and slide to finger, 3 times.</p> <p>25. Rub arms with bending fingers till they turn hot</p> <p>26. Use heels of palms to knead Jiquan(HT-1), 3-5 times</p> <p>27. Generally massage arm and slide to finger, 1 time.</p> <p>28. Operate cup in a left-to-right order.</p> <p>29. Push Gallbladder Meridian (GB) on the chest towards armpit, massage the area, 3 times.</p> <p>30. Push the three meridians from elbow towards armpit, 3 times</p> <p>31. Repeat the operation on the other side</p> <p>32. Perform the cup-moving treatment from Liver Meridian (LV) and Gallbladder Meridian</p> |  | Technique15 |  | Technique16 |  | Technique17 |  | Technique20,26 |  | Technique21,29,32 |  | Technique22 |
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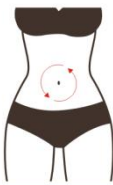
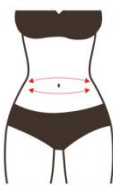
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| | | <p>(GB) towards armpit with transparent tube, 3 times.</p> <p>33. Choose proper cup to perform the cup-moving treatment on arms, 1-2 times (based on customer's situation)</p> <p>34. Choose proper cups to fix them on the two sides of arm, Liver Meridian (LV) and Gallbladder Meridian (GB), 5-10 minutes (based on customer's situation)</p> <p>35. Lymphatic detox of groin: left-to-right order, rub oil into the whole leg with both hands 3-5 times</p> <p>36. Press Chongmen (SP-12), 3-5 times</p> <p>37. Move hands upwards, tracing four meridians: Spleen Meridian (SP) - Stomach Meridian (ST) - Liver Meridian (LV) - Gallbladder Meridian (GB) with thumb and index finger splaying, 3 times.</p> <p>38. Generally massage the area.</p> <p>39. Stroke groin with thumb and index finger splaying, 3-5 times</p> <p>40. Stroke groin by alternating thumbs of both hands 3-5 times</p> <p>41. Move both hands back and forth in undulating motion, 3 times.</p> <p>42. Rub the top of thigh till it turns hot with bending fingers of both hands</p> <p>43. Use the cup to push the four meridians towards groin, 3 times</p> <p>44. Move in circles on groin back and forth, 3 times</p> <p>45. Alternately push groin with the cup and hands, 3 times</p> <p>46. Push from the middle of thigh towards groin line by line and massage the area</p> |  <p>Technique 23, 30, 33</p>  <p>Technique 24, 27</p>  <p>Technique 36</p>  <p>Technique 37, 43, 46, 48</p>  <p>Technique 39, 40, 45</p>  |
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| | | <p>simultaneously, 3 times</p> <p>47. Repeat the operation on the other side</p> <p>48. Perform the cup-moving treatment on thigh(line by line)1-2 times (based on customer's situation)</p> <p>49. Fix cups on leg, thigh, Zusanli(ST36), Sanyinjiao(SP6), about 10 minutes</p> <p>50. Remove cups and wipe the treatment area clean, the end.</p> | <p>Technique41</p>  |
| | | | <p>Technique44</p>  |
| | | | <p>Technique49</p>  |

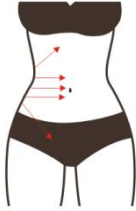



Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment, blood circulation will be accelerated and you will feel totally relaxed. After one course of treatment, body detox process will be promoted with body blockage relieved. Two courses will help relieve nodules on lymphatic areas and enhance one's immunity. After three courses, effects will be consolidated, the circulation of lymphatic system will be accelerated, and one's constitution will be so strengthened that he will be less prone to diseases.

Waist&Abdomen Shaping: 60 min once a week

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| RF&ULTRASOUND Energy level:3-7 Time:15-20 min Mode: constant working mode&NOR mode | Massage cream(essential oil)+gel+SD-43S2 | <ol style="list-style-type: none"> 1. Massage technique 2. Rub oil into abdomen with hands moving in circular motion, 3 times. 3. Rub abdomen back and forth with both hands, 3-5 times. 4. Knead abdomen with both hands using chiropractic technique, 3 times. 5. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times. | <p>Technique2,8,11</p>  |
| | | | <p>Technique3,19</p>  |

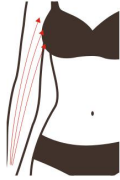
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| <p>RF&SUCTION Energy level:3-7 Time:15-20 min Mode: NOR Suction time: above zero Release time:0 Adjust suction level based on individual endurance</p> <p>Vacuum cup Time: 12 min Suction: adjust it based on individual endurance Mode: M1</p> | <p>6. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3 times.</p> <p>7. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>8. Move hands in circular motion to soothe the treatment area, 3 times.</p> <p>9. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, RN2. 2 times.</p> <p>10. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times.</p> <p>11. Soothe the treatment area with hands and then slide to groin.</p> <p>12. The end.</p> <p>13. RF&ULTRASOUND operation: one side, lift from waist side to abdomen and to groin line by line, 3-5 times.</p> <p>14. Repeat the technique on the other side.</p> <p>15. Move the handpiece on abdomen in a small spiral curve, 3 times.</p> <p>16. Move the handpiece on abdomen in a big spiral curve, 3 times.</p> <p>17. RF&SUCTION operation: constant suction, one side, lift from waist side to abdomen line by line, 3 times</p> <p>18. Do the same on the other side</p> <p>19. Lift Meridian BV(Belt Vessel) horizontally back and forth, 3</p> | <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique7</p>  <p>Technique9</p>  <p>Technique10</p>  <p>Technique13,17, 22</p> |
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| | | <p>times</p> <p>20. Move the handpiece up and down to shape waist, 3 times</p> <p>21. Move the handpiece on abdomen in a big spiral curve, 16 times.</p> <p>22. One side, lift from waist side to abdomen line by line, 3 times</p> <p>23. Fix the vacuum cups on the following acupuncture points: RN10, ST25, SP15, RN4, 3 min on each point</p> <p>24. Wipe the area clean.</p> <p>25. The end.</p> |  |
| | | | <p>Technique15</p>  |
| | | | <p>Technique16,21</p>  |
| | | | <p>Technique20</p>  |

Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment session, metabolism will be accelerated. After one course, fat will be slowly metabolized, body will start to slim down. Constipation and other issues will be relieved at the same time. After two courses, the effects will gradually become obvious, skin will be tightened and lifted, and skin collagen will be increased. Stretch marks and flabby skin are also alleviated. Three courses will help consolidate the effects. Unwanted fat will gradually disappear, and waist and abdomen curves will start to take shape.

Arm Shaping: 45 min once a week

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| <p>RF&ULTRASOUND</p> <p>Energy level:3-7</p> <p>Time:15-20 min</p> <p>Mode: constant</p> | <p>Massage cream(essential oil)+gel+SD-43S2</p> | <p>1. Massage techniques</p> <p>2. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times.</p> <p>3. Push the entire arm with both palms, 3 times.</p> | <p>Technique2,3,4,5,6,7</p>  <p>Technique8,9</p> |
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| <p>working mode&NOR mode</p> <p>RF&SUCTION Energy level:3-7 Time:15-20 min Mode: NOR Suction time: above zero Release time:0 Adjust suction level based on individual endurance</p> <p>Vacuum cup Time: 5 min Suction: adjust it based on individual endurance Mode: M1</p> | <p>4. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times.</p> <p>5. Soothe the area, 3 times</p> <p>6. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times.</p> <p>7. Soothe the area, 3 times</p> <p>8. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit with thumbs and index fingers splaying, 3 times respectively.</p> <p>9. Rub three meridians back and forth with bending fingers to warm them up, 3 times.</p> <p>10. Soothe the area and slide to fingers</p> <p>11. Repeat above techniques on the other side.</p> <p>12. Wipe the area clean and apply gel evenly.</p> <p>13. RF&ULTRASOUND operation:lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.</p> <p>14. Move the handpiece in a spiral curve along three meridians to armpit, 3 times.</p> <p>15. Redouble the operation on flabby arms, 3 times.</p> <p>16. Move the handpiece along three meridians to armpit, 3 times.</p> <p>17. Lay inner arm upwards and</p> | <div data-bbox="1155 210 1315 380"></div> <p>Technique10</p> <div data-bbox="1155 456 1315 627"></div> <p>Technique13,16, 21,24</p> <div data-bbox="1171 748 1299 918"></div> <p>Technique14,15, 22,23</p> <div data-bbox="1171 1039 1299 1209"></div> <p>Technique17,25</p> <div data-bbox="1171 1285 1347 1491"></div> <p>Technique19,27</p> <div data-bbox="1155 1576 1315 1747"></div> |
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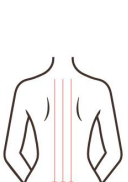
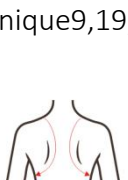
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| | | <p>push three meridians on upper arm to armpit, 3 times.</p> <p>18. Move the handpiece in a small spiral curve along three meridians on upper arm to armpit, 3 times.</p> <p>19. Move the handpiece along three meridians from upper arm to armpit.</p> <p>20. Repeat the operation on the other side.</p> <p>21. RF&SUCTION operation: lay customer's arm flat, push three meridians from fat part of lower arm to armpit, 3 times.</p> <p>22. Move the handpiece in a spiral curve along three meridians to armpit, 3 times.</p> <p>23. Redouble the operation on flabby arms, 3 times.</p> <p>24. Move the handpiece along three meridians to armpit, 3 times.</p> <p>25. Lay inner arm upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>26. Move the handpiece in a small spiral curve along three meridians on upper arm to armpit, 3 times.</p> <p>27. Move the handpiece along three meridians from upper arm to armpit.</p> <p>28. Repeat the operation on the other side.</p> <p>28. Fix the vacuum cup on the fat area of outer side of arm, 3-5 min.</p> <p>29. Wipe the area clean.</p> <p>30. The end.</p> | |
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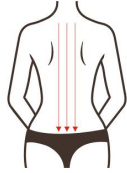


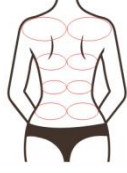

Treatment Suggestions


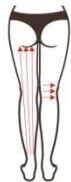

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. After one course of treatment, excessive fat on arms will be reduced and the skin will appear to be tight

and plump. Two courses of treatment will help shape arms, dredge meridians, and enhance constitution to strengthen the effects. 3 courses will help consolidate effects and prevent arms from regaining fat.


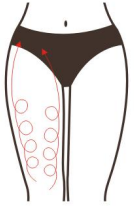

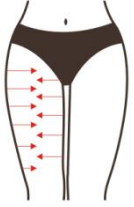
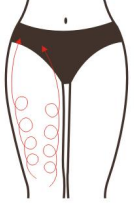
Back Shaping: 60 min once a week

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| <p>Grease cup Time: 15-20 min Mode: M1</p> <p>RF&SUCTION Energy level:3-7 Time:15-20 min Mode: NOR Suction time: above zero Release time:0 Adjust suction level based on individual endurance</p> <p>Vacuum cup Time: 5 min Suction: adjust it based on individual endurance Mode: M1</p> | <p>Massage cream(essential oil)+SD-43S 2</p> | <ol style="list-style-type: none"> 1. Massage techniques 2. Apply oil to back and press GB-20 and DU-16 acupoints. 3. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times 4. Move thumb outwards from Bladder Meridian(BL) to the Baliao area and then to GB-20 and DU-16 points. 5. Starting from neck to caudal vertebra, move hands in an undulating line, 3 times. 6. Push Bladder Meridian(BL) with thumb in left-right order, 3 times. 7. Push Bladder Meridian(BL) to the Baliao Area with both thumbs, at the same time, 3 times. 8. Push Bladder Meridian(BL) in three lines with bending fingers, 3 times. 9. Push along medial border of scapula with both hands alternately in left-right order, 3-6 times. 10. Push along medial border of scapula with both hands horizontally, 3-6 times. 11. Soothe the back with both hands and push GB-20 and DU-16 points, 3 times. 12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times. 13. Do the same on the other side,3 times 14. Rub Meridian GV and | <p>Technique2,11</p>  <p>Technique3</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6,7,8,14</p>  <p>Technique9,19,26</p>  <p>Technique10,19,</p> |
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| | | <p>Bladder Meridian(BL) with hands to warm them up.</p> <p>15. The end</p> <p>16. Grease cup operation: move handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</p> <p>17. Move handpiece in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</p> <p>18. Move handpiece back and forth on Dabanjing(the area connecting neck and shoulder)from neck, 3-5 times.</p> <p>19. Lift the handpiece along the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>20. Move the handpiece in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>21. Move the handpiece in an undulating line upwards from left side of waist first and then the right side to armpit, 3 times.</p> <p>22. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>23. RF&SUCTION operation: move handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</p> <p>24. Move handpiece in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</p> <p>25. Move handpiece back and forth on Dabanjing(the area connecting neck and shoulder)from neck, 3-5 times.</p> <p>26. Lift the handpiece along the medial border of scapula back</p> | <p>26</p>  <p>Technique12,13</p>  <p>Technique16,23</p>  <p>Technique17,24</p>  <p>Technique18,25</p>  <p>Technique20,27</p>  <p>Technique21,28</p>  <p>Technique22,29</p> |
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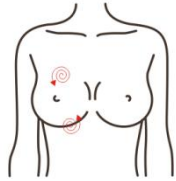
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| | | <p>and forth in left-right order, 3-5 times.</p> <p>27. Move the handpiece in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>28. Move the handpiece in an undulating line upwards from left side of waist first and then the right side to armpit, 3 times.</p> <p>29. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>30. Fix the vacuum cups on the following areas: DU-14, Baliao area, GB21, and SI11, 3 min on each point.</p> <p>31. Wipe the areas clean.</p> <p>32. The end.</p> |  |
| <p>Treatment Suggestions</p> <p>A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, neck stiffness will also be alleviated, and skin will be lifted. A course will help relax shoulder, reduce back fat, relieve the lump on the nape of the back, and shape back line. After two courses, the lump will appear to be smaller, meridians will be dredged, sub-health problems will be relieved and sleep quality will be improved. 3 courses will help with back thinning, back line refinement, strengthening visceral function, improving digestion, detoxification and metabolism(one course of treatment is to reduce fat, two courses are to strengthen effects, and three courses help consolidate effects and prevent reappearance of above conditions).</p> | | | |
| <p>Leg Shaping: 60 min once a week</p> | | | |
| <p>RF&ULTRASOUND Energy level:3-7 Time:20 min Mode: constant working mode&NOR mode</p> <p>RF&SUCTION Energy level:3-7</p> | <p>Massage cream(essential oil)+gel+SD-43S2</p> | <ol style="list-style-type: none"> 1. Massage techniques 2. Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times 3. Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times 4. Move hands upwards to push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) | <p>Technique2,3,4,5,7,8,9</p>  <p>Technique6</p>  <p>Technique12,20</p> |

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| <p>Time:20 min Mode: NOR Suction time: above zero Release time:0 Adjust suction level based on individual endurance</p> <p>Vacuum cup Time: 10 min Suction: adjust it based on individual endurance Mode: M1</p> | <p>- Gallbladder Meridian(GB) with thumb and index finger splaying.</p> <p>5. Push popliteal fossa with both hands alternately, 3 times.</p> <p>6. Move both hands upwards alternately in undulating motion, 3 times.</p> <p>7. Soothe the area, 3 times</p> <p>8. Push four meridians upwards with bending fingers of both hands, 3 times.</p> <p>9. Soothe the area, 3 times</p> <p>10. Repeat the operation on the other side.</p> <p>11. The end</p> <p>12. RF&ULTRASOUND operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>13. Move in small spiral curve on calf to dissolve fat, 3 times</p> <p>14. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>15. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>16. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>17. Push meridians from popliteal fossa to the top of thigh, 3 times</p> <p>18. Move the handpiece in small spiral curve on thigh to dissolve fat, 3-5 times.</p> <p>19. Repeat the techniques on the other leg.</p> <p>20. RF&SUCTION operation: lift</p> | <div data-bbox="1193 208 1273 383"></div> <p>Technique13,21</p> <div data-bbox="1193 456 1273 631"></div> <p>Technique15,17, 23</p> <div data-bbox="1181 748 1286 922"></div> <p>Technique16,18, 21, 24</p> <div data-bbox="1181 1079 1286 1254"></div> <p>Technique13,21</p> <div data-bbox="1193 1328 1273 1503"></div> <p>Technique25</p> <div data-bbox="1181 1576 1286 1751"></div> <p>Technique26</p> <div data-bbox="1181 1825 1286 2000"></div> |
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| | | <p>from heel to popliteal fossa line by line with one hand and the handpiece, 3 times</p> <p>21. Move the handpiece in small circles on calf, 3 times</p> <p>22. Move the handpiece on calf from top to bottom back and forth, 3-5 times.</p> <p>23. Lift from popliteal fossa to the top of thigh, 3 times.</p> <p>24. Move the handpiece in small circles on thigh, 3 times.</p> <p>25. Lift from two sides of leg to the middle, 3 times.</p> <p>26. Lift upwards from two sides of thigh in annular motion</p> <p>27. Do the same on the other side.</p> <p>28. Massage the front side of legs: rub oil into skin from feet to thigh root (soothe the treatment area), 3 times</p> <p>29. Push four meridians: Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB) to the top of thigh with thumb and index finger splaying.</p> <p>30. Push four meridians with bending fingers of both hands, 3 times</p> <p>31. The end</p> <p>32. Do the same on the other side.</p> <p>33. RF&ULTRASOUND operation: lift the handpiece towards knee from calf while tracing 4 meridians, 3 times (start from thigh if there's not enough unwanted fat on calf.)</p> <p>34. Move the handpiece on two sides of calf in annular motion, 3 times (start from thigh if there's not enough unwanted fat on</p> | <p>Technique 29,30,33,35,38,40</p>  |
| | | | <p>Technique 37,43</p>  |
| | | | <p>Technique 36,41</p>  |
| | | | <p>Technique 42</p>  |
| | | | <p>Technique 43</p>  |

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| | | <p>calf.)</p> <p>35. Lift the handpiece from knee to the top of thigh line by line, 3 times.</p> <p>36. Move the handpiece in small circles on thigh, 3 times.</p> <p>37. Lift the handpiece from knee to the top of thigh in annular motion, 3 times.</p> <p>38. Lift the handpiece from knee to the top of thigh line by line, 3 times.</p> <p>39. RF&SUCTION operation: lift the handpiece towards knee from calf while tracing 4 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>40. Lift from knee to the top of thigh,3 times</p> <p>41. Move in small circles on thigh, 3 times.</p> <p>42. Lift from two sides of thighs to the middle, 3-5 times.</p> <p>43. Lift upwards on two sides of thigh in annular motion.</p> <p>44. Do the same on the other thigh.</p> <p>45. Fix the vacuum cups on the acupuncture points : BL40 and ST36, 5 min on each point.</p> <p>46. Wipe the area clean.</p> <p>47. The end.</p> | |
| <p>Treatment Suggestions</p> <p>A course of treatment consists of ten treatment sessions. After one treatment, leg will be relaxed, and circulation will be accelerated. After one course of treatment, leg will become thin, there will be contraction of skin collagen due to heat effect, and tightening effect can be obviously felt on the skin. After 2 courses of treatment, there will be obvious results with the slimness and firmness of legs promoted. 3 courses will help consolidate the effects.</p> | | | |
| <p>Breast Shaping: 45 min 1-2 times a week</p> | | | |
| <p>Breast cup</p> <p>Time:20 min</p> | <p>Essence+SD</p> <p>-43S2</p> | <p>1. Standing at the bedside, use both hands to rub oil into skin</p> | <p>Technique1</p> |





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| <p>Suction:adjust it based on individual endurance Mode: M1</p> | <p>from Shanzhong(RN17) to armpit and then lift the suspensory ligament (massage) for 3 times.</p> <p>2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times</p> <p>3. Massage the area, 3 times</p> <p>4. Overlap two palms and move from Shanzhong(RN17) in a 8-shaped motion back and forth, 3 times.</p> <p>5. Alternate hands to push from accessory breasts towards suspensory ligament, in left-right order.</p> <p>6. Massage the area, 3 times.</p> <p>7. Sit beside the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times.</p> <p>8. Alternately push the lactiferous ducts (around the breast) with thumbs and index fingers splaying 3-5 times.</p> <p>9. Alternately move in circles with two thumbs to dredge nodules on the chest, 3 times</p> <p>10. Massage and lift breast with both hands.</p> <p>11. Repeat the techniques on the other breast.</p> <p>12. Wipe breasts clean with hot towel, 2 minutes.</p> <p>13. Breast cup operation: choose proper cups and fix them on customer's breasts, about 20 minutes.</p> <p>14. For the people who have sunken nipples, face cup can also be used on the nipple area,</p> | <div data-bbox="1163 221 1343 405"></div> <div data-bbox="1091 445 1262 479">Technique2</div> <div data-bbox="1163 512 1343 696"></div> <div data-bbox="1091 736 1262 770">Technique4</div> <div data-bbox="1163 804 1343 987"></div> <div data-bbox="1091 1028 1262 1061">Technique5</div> <div data-bbox="1163 1095 1343 1279"></div> <div data-bbox="1091 1319 1303 1352">Technique7,10</div> <div data-bbox="1163 1386 1343 1570"></div> <div data-bbox="1091 1610 1262 1644">Technique8</div> <div data-bbox="1163 1677 1343 1861"></div> <div data-bbox="1091 1901 1262 1935">Technique9</div> |
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| | | about 5-10 minutes. 15. Remove cups. 16. The end. |  |
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Treatment Suggestion

One course of treatment consists of ten treatment sessions. After one treatment, breasts will be lifted to some degree. After one course of treatment, breasts will be firmed and augmented to some degree. Conditions of accessory breasts, breast outward expansion and saggy breasts will be relieved. Three courses of treatments will help make breasts plump and firm. The more treatments you take, the more noticeable the effect will be.

Hip Shaping: 45 min 1-2 times a week

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| Vacuum cup Time: 15 min Suction: adjust it based on individual endurance Mode: M1 Breast cup Time:15 min Suction:adjust it based on individual endurance Mode: M1 | Essence+S D-43S2 | <ol style="list-style-type: none"> 1. Standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips from the waist, 3 times (this is soothing technique.) 2. Push the Baliao area with two thumbs, 3 times. 3. Soothe the treatment area for 3 times and then press point: BL-23, Baliao area, DU-1, GB-30, BL-36, 3 times. 4. Soothe the treatment area, 3 times. 5. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each. 6. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) from thigh root to | Technique1  |
| | | | Technique2  |
| | | | Technique3  |
| | | | Technique5,7  |

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| | | <p>Meridian upwards, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (lifting), 3 to 5 times.</p> <p>8. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.</p> <p>9. Repeat step 6</p> <p>10. Soothe the treatment area.</p> <p>11. The techniques on the other side is the same as above.</p> <p>12. Use both hands to warm the Baliao area up.</p> <p>13. Choose proper cups to perform cup-moving treatment: lift by moving cup from the top of thigh to the top of hip, 3-5 times.</p> <p>14. Lift from two sides of hip to the middle, 3-5 times.</p> <p>15. Fix the breast cups on hip, and then set the energy level, wait for 15 min.</p> <p>16. Remove the cups and wipe the area clean, 2 min.</p> <p>17. The end.</p> |  |
| | | | <p>Technique6</p>  |
| | | | <p>Technique8</p>  |
| <p>Treatment Suggestions</p> <p>One course of treatment consists of ten treatment sessions. After one treatment, hips will be lifted to some degree. After one course of treatment, unwanted fat on hips will gradually disappear and hips will be firmed. Three courses will help build attractive hip curve and increase hips' elasticity. Gynecological conditions like cold womb will be relieved.</p> | | | |
| <p>Treatment for Private Parts: 30 min once a week</p> | | | |

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| <p>Vacuum cup Time: 10 min Suction: adjust it based on individual endurance Mode: M1</p> <p>Cups for private parts Time:10 min Suction:adjust it based on individual endurance Mode: M1</p> | <p>Oil for private parts+SD-43S2</p> | <ol style="list-style-type: none"> 1. Massage private parts: pour some oil on palms and rub hands to warm them up. Push groin alternately by both hands with thumb and index finger splaying, 3-5 times. Perform the technique from left side first and then right side. 2. Push groin upwards alternately with both hands, 3-5 times. Perform the technique from left side first and then right side. 3. Apply digital pressing technique on the acupuncture points around labia, 3 times 4. Push from groin towards labia line by line with both hands, 3-5 times. 5. Push groin upwards alternately with both hands, 3-5 times. Perform the technique from left side first and then right side. 6. Push from groin towards labia line by line with both hands, 3-5 times. | |
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| | | <p>7. Vacuum Cup operation, choose proper cups and fix them on three areas of groin, 3 minutes on each area.</p> <p>8. Use cup to push groin upwards, 3-5 times. Perform the technique from left side first and then right side.</p> <p>9. Move the cups for private parts upwards on the lesser and greater lips of pudendum, 3-5 times. Perform the technique from left side first and then right side.</p> <p>10. Stimulate Huiyin(RN1)(stay on the area for 3 seconds), 3-5 times</p> <p>11. The end.</p> | |
| <p>Treatment Suggestions</p> <p>One course of treatment consists of ten treatment sessions. After one treatment, private parts will be tightened to some degree. After one course of treatment, groin and labia will become less dark. Three courses will help tighten private parts dramatically and make the area take on reddish colour. Abnormal menstruation and menstrual pain will be relieved. So, you can live a happier life.</p> | | | |