

LUXCEAR Seated Pelvic Floor Muscle Restorer

Model:OT-AC407



Before you use the appliance, please read the instruction manual carefully and keep it in a safe place!

The instrument is not suitable for use by the following persons.

- People with heart disease or heart transplants.
- People who use or implant life-sustaining electronic medical devices, such as artificial heart-lung machines, artificial hearts, artificial ureters, etc.;
- People who use medical electronic devices embedded in their bodies.
- A person who uses or installs other devices to assist the body.
- Pregnant women.
- A person who is ineligible to use the device for medical diagnosis or other reasons.
- People who are prohibited from exercising according to a doctor's diagnosis.
- People who use high-frequency surgical medical equipment.
- People receiving treatment for venous thrombosis.
- A person who has a serious medical wound not mentioned in the instructions and is receiving treatment for it.
- Do not use while using other instruments or driving vehicles or boats.

- People with infectious diseases, mental illnesses.

The following body parts are prohibited from using the device

- The chest and heart area.
 - The front and back of the neck.
 - Male testicles.
 - bruised areas of the head, wounds, injuries or inflammation that paralyse sensation; - vascular diseases, such as thrombosis (dilated veins) and surrounding areas; - implants of metal (steel needles, plates) or artificial dental joints.
 - The part of the affected area with wounds.
 - Diseases not mentioned in the instructions.
- Stop using the device immediately and consult your doctor if any of the following symptoms occur
- If the body reacts otherwise abnormally when using the device

Please consult your doctor before use for the following customers

- People with cancer, epilepsy, cognitive impairment, inflammation (genital inflammation), skin diseases, allergies.
 - Irregular bleeding
 - People with severe uterine prolapse, bladder-rectal ulcers, unknown uterine smooth muscle tumours.
 - People who have recently had surgery.
 - People who use embedded medical devices or have metal implants in their bodies.
 - A person who has been in the womb with a contraceptive device (IUD, etc.) for less than one month.
 - people who have been in labour for less than six weeks.
 - People who have had a caesarean section for less than three months.
- Please do not use the equipment during the following periods

- Menopause
- fever, overexertion, colds, etc..
- when the skin condition is poor.
- A person with a disease not mentioned in the instructions.
- People who have been diagnosed by a specialist as being prohibited from exercising.

Stop use immediately and consult customer service if any of the following apply

- different symptoms such as dizziness, vomiting, pain.
- Redness or inflammation of the skin, skin disorders, allergies and other side effects during or after use.
- when the instrument is damaged or when the instrument is abnormal.
- When the instrument does not work properly or is malfunctioning.

Precautions for use

- Do not touch the electrodes with your hands while the instrument is in use, as the instrument forms a closed-loop microcurrent circuit with the body.
- Local muscle contractions may occur when using the instrument and the body should be moved so that it is suspended from the instrument when moving the body; Catalogue

1.Product composition

2. Preparation for use
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The LUXCEAR Seated Pelvic Floor Restorer is an instrument for the comprehensive treatment of maternal postnatal pelvic floor muscle electrical stimulation training, thermal physiotherapy, high frequency wave vibration and infrared anti-inflammatory.

1. composition of the instrument

The instrument consists of a housing, silicone cushion, feet, display, electrode plates, infrared lamp, charging port, etc. (Figure 1)





(Pic 1)

2. Preparation for use

- 1).Check that the instrument electrodes and silicone cushion are clean and wipe them clean with a damp towel.
 - 2). Place the instrument in a lying position, e.g. on the floor, on a chair.
 - 3).Place a customised wet wipe at the electrode position (away from the light source).
 - 4).Check that the battery charge is sufficient.
3. Introduction of function keys and modules

Press and hold for 5 seconds to switch the instrument on and off

Press briefly to switch between function modules  Display for operating time  TIME

for IF electrical modes  MODE for IF current strength  INT Display for Temperature

Display for infrared light energy  LIGHT Display for High frequency vibration wave  VIB

Display for the adjustment keys, the switches for adjusting time and energy intensity as well as infrared and vibration (see figure 2).



(Pic2)

4. Usage

- 1)The perineum is connected to the electrode area by placing a disposable wipe over the electrode area (taking care to avoid the infrared light area) and sitting in the plank position is the standard position, but other positions can be used according to your comfort. Press the power key for 5 seconds and the screen will light up, set the TIME to 30Min. When the function starts working, the time will start counting down. when the time refer to 0, The Device will stop working. Treatment Time is 30Minutes for one time.

2) Press the power key briefly to switch to the MODE module and select the IF mode (there are 5 modes to choose from, depending on the treatment phase. Press the power button briefly to switch to the INT module and adjust the intensity of the IF current, which should be gradually increased to an appropriate intensity according to the human body's ability to withstand it, and reduced when it is felt to be unbearable.

3) Press the power key to switch to the TEMP module, press +/- to select the temperature level, which is divided into 1 level and 2 levels (1 level is 38°C-42°C, 40°C is the constant temperature; 2 level is 40°C-44°C, 42°C is the constant temperature; normally the 1 level is selected when the instrument is used in summer and the 2 level is selected when the instrument is used in winter, the corresponding level can also be selected according to the comfort level).

4) Press the power key to switch to the LIGHT module and press the +/- key to switch the infrared therapy function on/off.

5) Press the power button to switch to the VIB module and the +/- button to switch the high frequency vibration function on/off.

6) A tingling sensation and increased skin irritation may occur when there is insufficient moisture in the wipes and the perineum is hairy. Change (increase) the wipes and shave off the hair in order to ensure sufficient moisture and the discomfort caused by excessive hair.

5. Project description

Treatment phase: This phase is mainly concerned with the treatment of the pelvic floor muscles with medium frequency electrical current and heat energy and is divided into three phases according to the programme pattern. The duration of the muscle relaxation and contraction varies for each phase, and the pattern has a 7-day advancement cycle, the intensity of which should be adjusted to the individual's tolerance.

1) Initial: This refers to the beginning of the treatment, when Mode 1 is selected, with a contraction time of 5 seconds and a relaxation time of 4 seconds, the intensity of which is adjusted according to the tolerances, and the cycle duration of 7 days.

2) Intermediate: refers to the middle of the treatment period, select mode 2, contraction time 8 seconds, relaxation time 7 seconds, the intensity is adjusted according to the tolerance and should be slightly increased compared to the initial period, cycle length 7 days.

3) Late: refers to the end of treatment, mode 3 is selected, contraction time 11 seconds, relaxation time 10 seconds. Intensity should be adjusted to the most comfortable intensity and the cycle length should be 7 days.

4) Maintenance: at this stage the pelvis has gradually recovered and Mode 4 is chosen, with the main focus on muscle relaxation and the promotion of detoxification of the abdominal groin and complementary treatment with light energy.

5) Care period: This is the consolidation phase and Mode 5, which is a soothing and tightening treatment with light therapy and vibration, has been chosen to tighten the vulvar area.

6. Frequently asked questions and guidance

1) If there is a tingling sensation during use, the wipes may not be sufficiently hydrated, change them or add an extra one.

2) If the machine is switched off during use, the battery may be low and needs to be recharged. Generally, the battery is fully charged with all functions switched on and can work continuously for about 3 hours and can be treated about 5 times according to the treatment time.

3) There is no temperature or the temperature is too high when in use, the temperature may not be switched on or the wrong gear may have been selected.

4) The absence of electrical stimulation during use may be due to lack of skin contact with the electrodes or the MF not being switched on.

5) How long after childbirth can it be used, generally 30 days for normal births and 60 days for caesarean sections.

7. Storage and care

1) Keep the apparatus out of the reach of children.

2) Do not disassemble, modify or repair this apparatus yourself.

3) Storage should be in a humid environment, avoid the influence of air pressure, temperature, humidity, ventilation, sunlight, dust and salt spray on the instrument, and place the package in a dry, cool, well-ventilated environment without corrosive gases.

4) Take care when storing to ensure safety against tilting, vibration and impact. 5) Wipe off impurities, water, etc. on the electrode after use, the instrument can be cleaned with common household detergents or diluted alcohol with a soft cloth.

6) Maintenance should be carried out once a month, and the machine should be turned on and the battery recharged regularly when not in use for a long time. 8

Quality and safety assurance and after-sales service

1) The instrument is covered by a free warranty of 1 year from the date of purchase (on presentation of the invoice), other non-warranty or out-of-warranty items can be repaired and renewed to recover the cost of labour. Please contact your dealer if you need additional parts and consumables.

2) The buyer is responsible for replacement parts and transportation costs in the event of man-made faults during or outside the warranty period (e.g. faults caused by unauthorized disassembly or modification of the product, faults caused by careless dropping, faults caused by lack of reasonable maintenance, faults caused by not following the correct instructions for use).

3) Technical Parameter

material	ABS+silica gel+SUS304	Heated Temperature	40±4°
power	12W	Battery capacity	6000mA
charging time	3 hours	vibration Frequency	2000times/min
Operating Voltage	3.7V	Color penetration	450nm
BIO Frequency	1~150Hz,2~15KHz	Package weight and size	3.5kg 51*49*6cm

4) Apparatus list

List	Name	Qtn	Unit	Notes
1	Boxes	1	Pcs	
2	Host	1	Unit	
3	Power Cord	1	Pcs	