

User Manual

MS-JS4201B



Preface

Dear users:

We're pleased to present to you our *4-in-1 40K Cavitation Microcurrent Electrode Stimulation Body Slimming Machine*, featured with fat blasting, figure slimming, anti-aging, skin tightening and so on. It is a multifunctional beauty machine, targeted at both face, eye and body, mainly focusing on lifting, tightening and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. *4-in-1 40K Cavitation Microcurrent Electrode Stimulation Body Slimming Machine* is specialized anti-aging and body slimming machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. Ultrasound of special frequencies target at stubborn fat pockets, bringing amazing results.

Advantages

1. 4-in-1 multifunctional beauty machine that works on both of your facial and body care
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and EMS solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Suitable for all skin types. It also improves skin texture and fade fine lines.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.
11. Ultrasound, and RF both have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.
12. EMS micro current stimulates muscle contraction and alleviates the sagging caused by muscle relaxation.

Facial Anti-aging

Principles

RF Face

Radio frequency works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Refine skin and shrink large pores.
2. Stimulate collagen regeneration and tighten skin.
3. Reduce skin laxity, sagging and wrinkles.
4. Channel nutrients deep into skin layers.
5. Accelerate blood circulation and metabolism. Help skin stay healthy.

Applicable Range

1. Those with facial dullness and uneven skin tone.
2. Those with skin relaxation and sagging.
3. Those with indistinct facial contour.
4. Those with rough skin, large pores and excessive oil secretion.
5. Those who are under long-term exposure of UV radiation at workplace.

6. Those with lax skin, edema or obesity after delivery.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with skin trauma or wound.
4. Those who are overaging.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

Eye Anti-aging

Principles

RF Eyes

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

Biological Effects

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and refine skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

Applicable Range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those often stay in a dry or hot environment.

Inapplicable Range

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

Notes after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

Neck Anti-aging

Principle

Face RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in

adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin.
5. Prevent cervical and lymphatic diseases.

Applicable Range

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dull neck skin.
4. Those who often bow their heads.

Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

Notes after Operation

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

Body-shaping

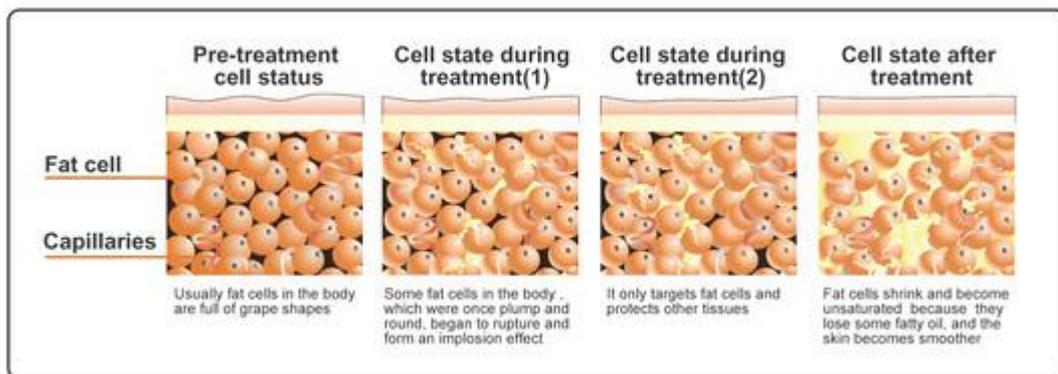
Principles

40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

Advantages: It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology, the simple explanation is that the normal muscle after receive the brain sends a signal to start activities actively, and EMS technology through current stimulation, directly convey signals to the muscles, pushing muscles for passive movement, so as to achieve the effect of firming skin and body shaping. EMS technology stimulates the skin layer and the capillary and

nervous inside the epidermal layer cells to produce hydration, fuel the folds of skin oxygen and nutrients, restore elasticity to drooping skin through the electric current.

Body-shaping: Waist & Abdomen

Effects

1. Improve the flabby and soft skin on waist and abdomen.
2. Reduce excessive fat on waist and abdomen, beer belly and muffin tops.
3. Tighten skin and increase skin elasticity
4. Reduce fat and tighten abdominal skin.
5. Reduce fat accumulation and create a perfect curve

Applicable Range

1. Those with excessive fat accumulation around waist and abdomen; Those with protruding belly fat.
2. Those sitting for a long time, or with unideal waistlines.
3. Those with lumbar and abdominal fat or who have sagging skin after delivery.
4. Those with unproportioned body shape(e.g. fat upper body and slim lower body).
5. Those with loose belly skin and fat accumulation.

Inapplicable Range

1. Those with heart disease, epilepsy, severe diabetes and “3 Hs”(hypertension, hyperglycemia, hyperlipidemia).
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with malignant tumors, hemophilia or severe bleeding.
5. Use with caution for those with electric current.
6. Those with skin diseases and infectious diseases.
7. Those whose gynecological diseases are being treated.

Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm to boost metabolism.
4. Drink more hot water to boost metabolism.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

Body-shaping: Breasts

Principle

EMS

EMS is short for electronic muscle stimulation, referred to as muscle electrical stimulation technology, also known as motor technology. The simple explanation is that the normal muscle after receiving signal sent from the brain start activities actively, while EMS technology through the electric current to stimulate the skin layer and the capillary and nervous inside the epidermal layer cells to produce hydration, fuel the folds of skin oxygen and nutrients, restore elasticity to drooping breasts.

Effects

1. Improve breast laxity and sagging.
2. Unclog and correct breasts shape.
3. Breasts shaping to improve breasts expansion.
4. Promote blood circulation and increase breast elasticity.
5. Prevent breast cancer and breast cysts.

Applicable Population

1. Those with bad breast shape and accessory breasts.
2. Those with sagging, loose, inelastic breasts.
3. Those with hanging and outward expanded breasts.
4. Those with postpartum breast atrophy, breast duct blockage and so on.

Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease, epilepsy and severe diabetes.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with malignant tumors, hemophilia or severe bleeding.
5. Use with caution for those who are allergic to electric currents.
6. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.

3. Avoid getting cold. Take a bath after 4-6 hours.

Body-shaping: Arms

Effects

1. Improve loose and soft skin.
2. Improve the flabby and thick arms.
3. Relieve arm soreness and pain.
4. Tighten skin and exercise arms.
5. Boost blood circulation.

Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often carry kids and experience arm soreness and pain.

Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are allergic to electric current.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

Notes after Operation

1. Keep warm after operation. Do not eat cold food and avoid cold and windy environment.
2. Shower after 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Eat more high protein meat and high vitamin fruits and vegetables.

Body-shaping: Back

Effects

1. Relieve shoulder and back soreness, and build back muscles.
2. Accelerate blood circulation and metabolism.
3. Improve blood supply to the head and sleep.
4. Firm skin and prevent sagging.
5. Improve excess fat on the back and shape the back.

Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with loose back muscle and want to look better in clothes.

Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for those who are allergic to electric current.

Notes after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Avoid staying up late, drinking or overeating.
3. Avoid raw, cold and spicy foods and get enough sleep.
4. Eat more high protein meat and high vitamin fruits and vegetables.

Body-shaping: Buttocks

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

Effects

1. Improve blood circulation and speed up metabolism.
2. Help remove excessive fat of buttocks and tighten skin.
3. Build gluteal muscles and bubble butt.
4. Improve sagging and soft buttock skin.
5. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those whose butt shape is not good-looking, flat, soft and outward expanded.
3. Those with big hips and bad butt shape.
4. Those who opt for a more elastic bubble butt.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those with skin diseases, infectious diseases or who are during skin sensitive period.
4. Those who are recovering from surgery or those with skin cuts.
5. Those with allergic and severely sensitive skin.
6. Those who have just had butt liposuction.
7. Use with caution for those who are allergic to electric current.

Notes after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water and avoid cold and windy environment.
4. Avoid staying up late, drinking or overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.

Body-shaping: Legs

Effects

1. Tighten skin and prevent loose skin.
2. Increase blood circulation in the legs and relieve leg edema.
3. Dissolve excess fat in the legs and get rid of the thick thigh.
4. Relieve leg discomfort such as soreness, swelling and numbness.
5. Exercise the leg muscles, tighten the excessive leg fat.

Applicable Range

1. Those with poor circulation of lower limbs, edema or those with obesity.
2. Those who have low immunity and feel discomfort and pain all over the body or those who are prone to colds.
3. Those with coarse, loose leg skin.
4. Those with bad leg shape.

Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Use with caution for those who are allergic to electric current.

Notes after Operation

1. Keep warm after operation. Do not eat cold food and avoid cold and windy environment.
2. Drink more warm water to replenish water and speed up metabolism.
3. Refuse to overeat or stay up late.
4. Wear pants when you're done. Avoid miniskirts and shorts.
5. Eat more high protein meat and high vitamin fruits and vegetables.

Body Sculpting&Slimming

Effects

1. Relieve shoulder and back soreness, and boost blood circulation.
2. Improve loose and soft waist and abdomen skin.

3. Improve the jiggle and thick arm.
4. Improve unwanted fat on the back, waist and abdomen.
5. Tighten skin and prevent sagging.
6. Get rid of the excessive fat and shape the perfect curve.
7. Build muscles and increase skin elasticity.
8. Prevent fat accumulation and keep the perfect fit body shape.

Applicable Range

1. Those who are sedentary and don't look good at the waist.
2. Those with excessive fat accumulation around waist and abdomen; Those with protruding belly fat.
3. Those with lumbar and abdominal fat or who have sagging skin after delivery
4. Those with thick arms, poor leg shape ratio and want to look better in clothes.
5. Those with jiggle and flabby arms.
6. Those with loose skin on arms and legs.
7. Those whose hands and legs are easily sore and numb.
8. Those with sore shoulders and backs and stiff necks.
9. Those with insomnia and dream, memory decline of the population.
10. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
11. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

Inapplicable Range

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.
7. Those with skin diseases and infectious diseases.
8. Those with gynecological diseases being treated.
9. Those with allergic and severely sensitive skin.
10. Those with skin trauma or cut.
11. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
12. Use with caution for those who are allergic to electric current.

Notes after Operation

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.

2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Avoid cold, raw, spicy or greasy food.
4. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
5. Drink plenty of hot water to hydrate and speed up metabolism.

Overall Facial Care

Effects

1. Improve facial wrinkles, and neck fine lines.
2. Deeply introduce nutrition, fade pigment, spots and brighten skin.
3. Increase skin elasticity, firm and delicate skin, and lift canthus.
4. Increase blood circulation and metabolism.
5. Improve sagging and relieve double chin.
6. Stimulate collagen hyperplasia and delay aging.
7. Relieve eye edema, dark circles, and under eye bags.
8. Reduce fine lines, wrinkles around eyes and lift canthus.
9. Accelerate lymphatic detoxification and improve facial skin quality.
10. Prevent neck and lymphatic diseases.

Applicable Range

1. Those with dark complexion, rough skin, large pores and dry skin.
2. Those whose skin is flabby, saggy and inelastic.
3. Those with fine lines, nasolabial folds, neck wrinkles, and dynamic wrinkles.
4. Those who face computer screens and cell phones for long hours.
5. Those who often stay up late with dark circles under their eyes.
6. Those who always be in a dry or hot environment.
7. Those with edema, bags under the eyes, and dark circles under the eyes.
8. Those with fine lines, dry lines and puffy eyes.
9. Those who after giving birth to a baby has loose skin, edema or fat.
10. Those who work in the office for long hours, facing ultraviolet.
11. Those with unclear facial outline and who often bow the head.

Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin trauma or wound.
7. Use with caution for those who are allergic to electric current.
8. Those with skin diseases and infectious diseases.

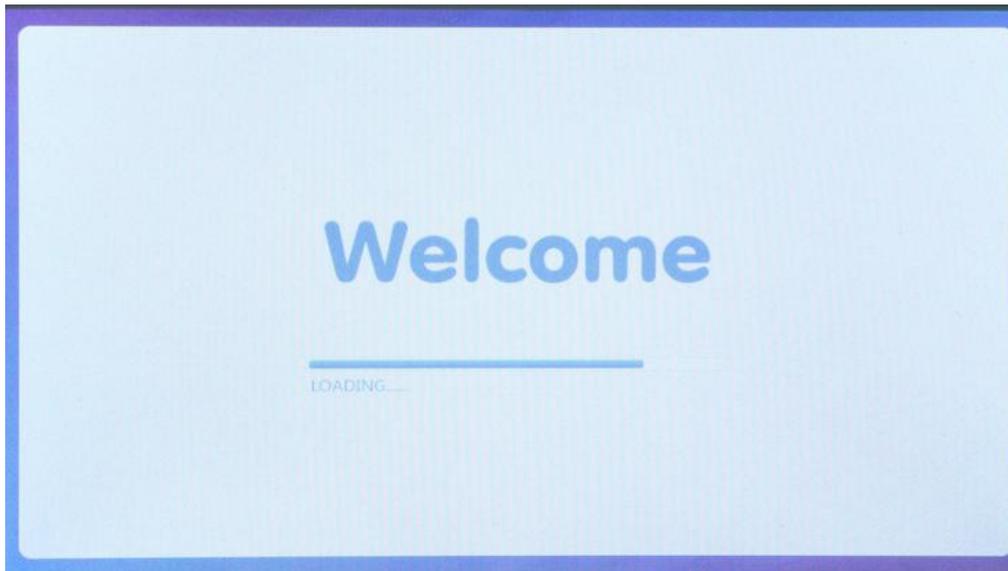
Notes after Operation

1. Do not wash your face and neck with overheated water (with either warm or cold) within 7 days.
2. Strengthen hydrating and moisturizing, avoid overexposure to sunlight, and always apply sunscreen.
3. It is recommended to apply facial mask + eye mask + neck mask at least 3 times a week.
4. Within 1-3 days after operation, it is best not to use products such as alcohol, AHAs or exfoliating scrub and so on.
5. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
6. Avoid spicy and greasy food, staying up late, smoking and drinking; eat more fruits and vegetables, less greasy food.
7. Avoid food that will lead to “3Hs”(hypertension, hyperglycemia, hyperlipidemia), and mainly consume less greasy food.
8. Keep your neck warm.
9. Apply neck serum or cream.
10. Avoid head-bowing for long hours.

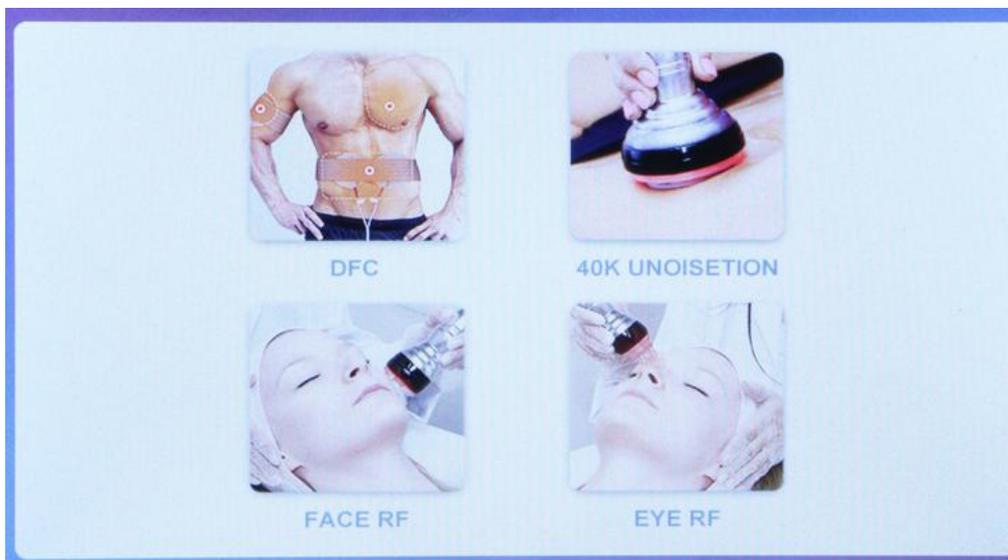
Part II

1. Detailed Operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



The following interface then appears:



1.1 Function Selection



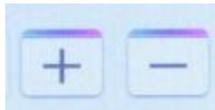
Home



Restore



Start/pause



Time +/-



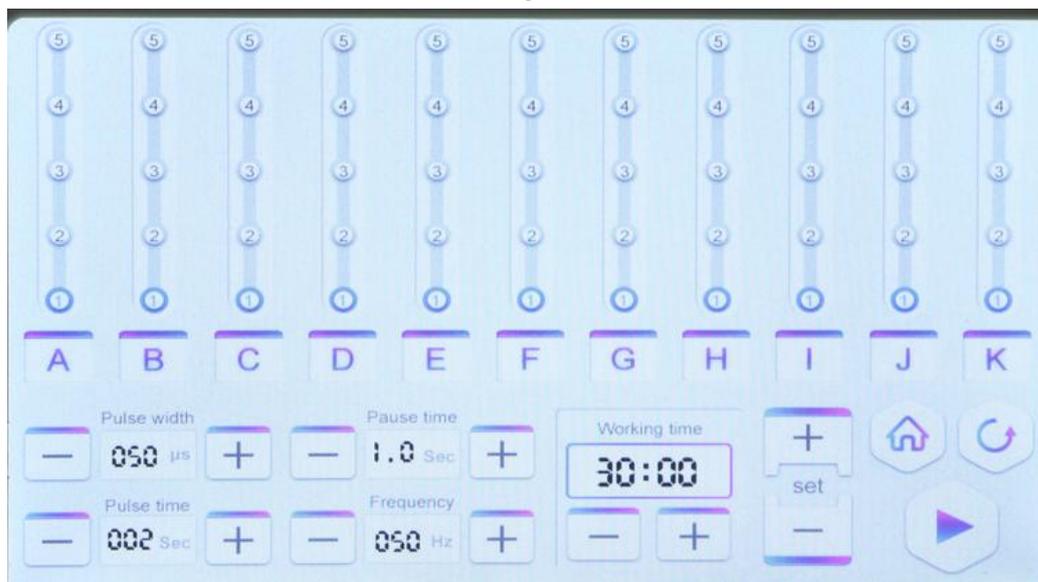
Energy +/-

1.2 Detailed Operation: DFC



Select

to go to the interface below



Energy Adjustment (1 is the lowest energy level while 5 is the highest energy level)



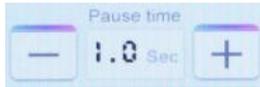
EMS Patch A-K



Pulse Width/Intensity (It is advised to start with 100)



Pulse Time (It is advised to start with 1.0)



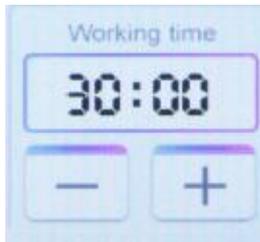
Pause Time Adjustment



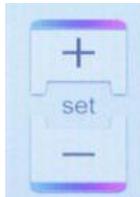
Frequency (It is advised to start with 20Hz)



Energy & Time +/-



Working Time Adjustment



All EMS Patches Energy +/-



Start/Pause

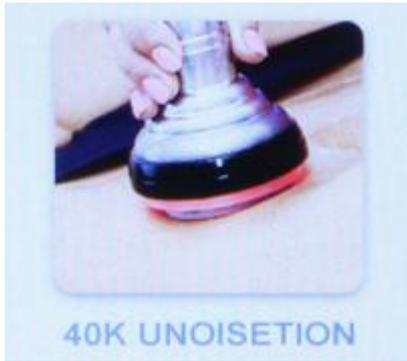


Home

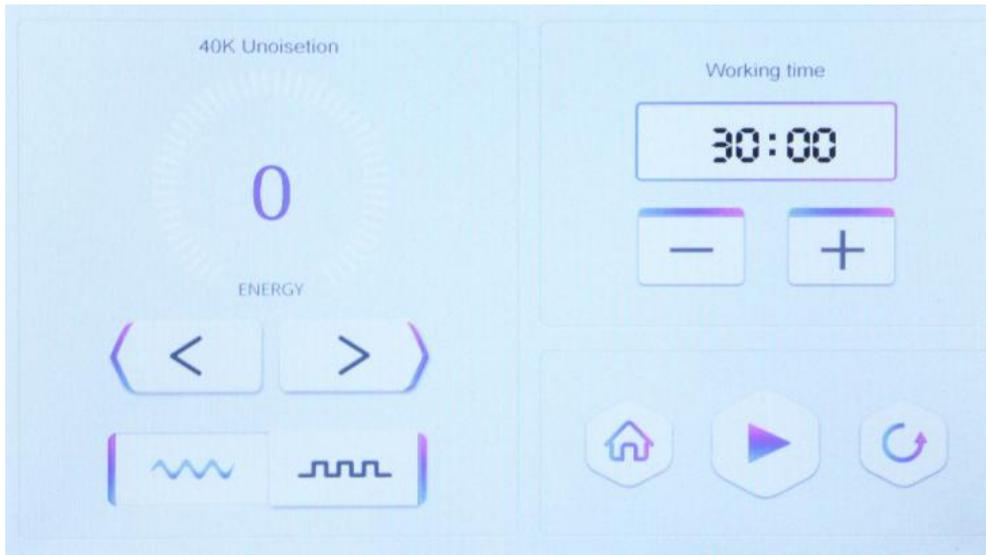


Restore

1.3 Detailed Operation: 40K



Select to go to the interface below



40K Working Time Display



Time +/-



40K Energy Display



Energy +/-



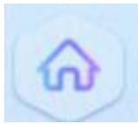
40K Mode Selection



40K consecutive mode is suitable for those with thick layers of fat and wish to lose weight.



40K intermittent mode is suitable for those opt for a steady effect and lose weight at ease.



Home



Restore



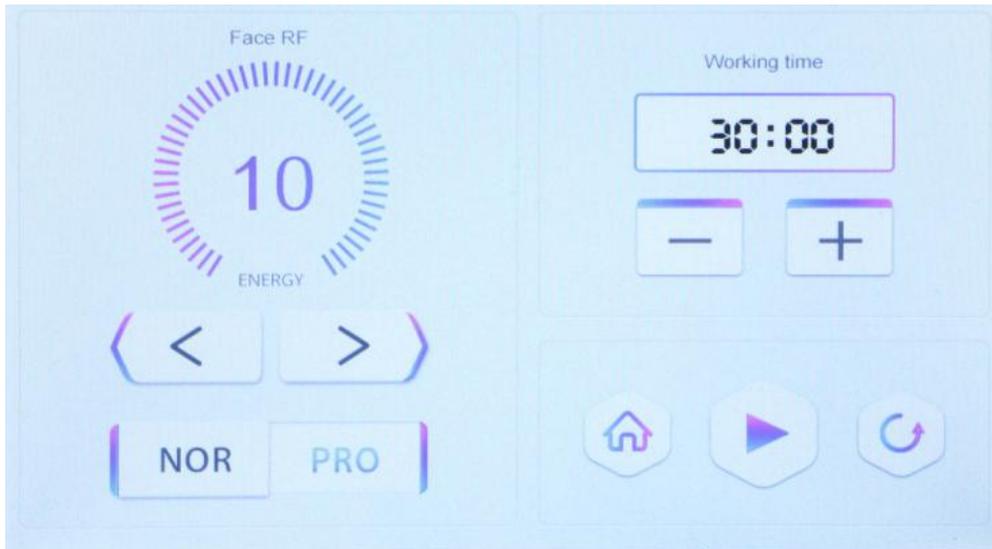
Start/Pause

1.4 Detailed Operation: Face RF



Select

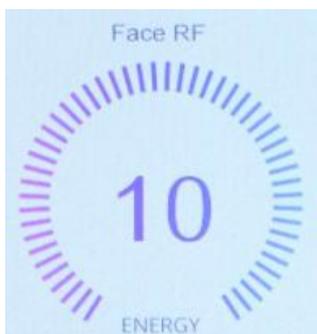
to go to the interface below



Face RF Working Time Display



Time +/-



Face RF Energy Adjustment



Energy +/-



RF Mode Selection



NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. Suitable for those who adapts quick and need to improve skin conditions drastically



PRO is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin. Suitable

for first-time users, who takes relatively longer to adapt and need to improve skin condition and delay aging



Home



Restore



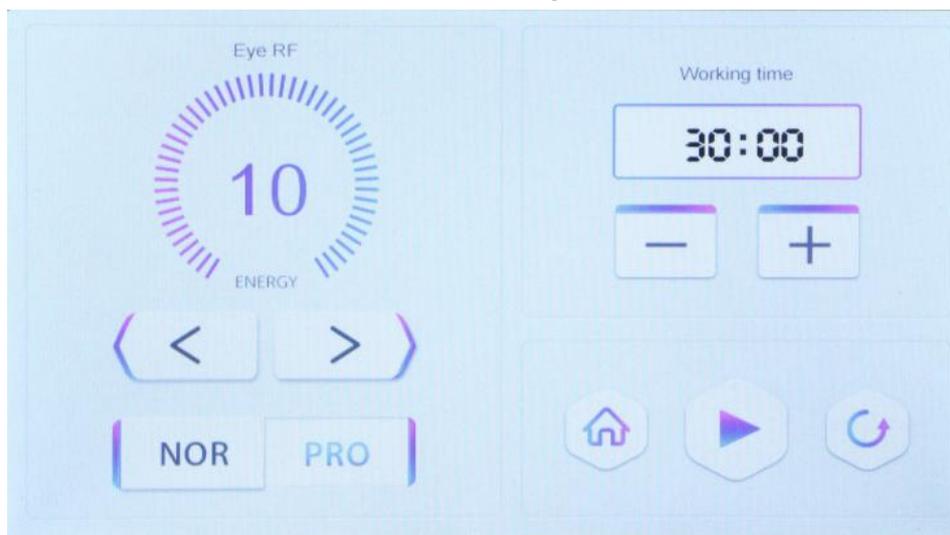
Start/Pause

1.5 Detailed Operation: Eye RF



Select

to go to the interface below



Eye RF Working Time Display



Time +/-



Eye RF Energy Adjustment



Energy +/-



RF Mode Selection



NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. Suitable for those who adapts quick and need to improve skin conditions drastically



PRO is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin. Suitable for first-time users, who takes relatively longer to adapt and need to improve skin condition and delay aging



Home



Restore



Start/Pause

2. Technical Parameters

DFC EMS Muscle Stimulator

Voltage: 220V/50Hz or 110V/60Hz

Rated Power: $\leq 40W$

Working Current: $\leq 50mA$

Pulse Output: 11 Channels

Maximum Treatment Time: 90 Minutes

Pulse Waveforms: 5 Modes

Pulse Frequency: 0Hz/s ~ 800Hz/s

Pulse Power: 0 ~ 270 Angles Adjustable

Pulse Speed: 3 Levels Adjustable

Shink Time: 0.1 ~ 5s

Loose Time: 0.1 ~ 5s

40K Unoisetion Cavitation 2.0 Handle with Photon

Ultrasound Frequency: 40KHz

Working Treatment: 38cm²

Power Output: 25W

LED Red Light Wavelength: 650nm

Bipolar 3D SMART RF Handle With Red Photon

Frequency of RF: 1MHz

Working Treatment: Eyes' Around

Working Treatment Area: 4cm²

Output Power: 10W

Depth of RF Working: 2.2mm

LED Red Light Wavelength: 650nm

Quadrupole 3D SMART RF Handle With Photon

Frequency of RF: 1MHz

Working Treatment: Face

Working Treatment Area: 9.6cm²

Output Power: 20W

Depth of RF Working: 3.5mm

LED Red Light Wavelength: 650nm

3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for those who are allergic to electric current.

4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Do not stay at one place for over 5 seconds to avoid scald.
15. Start from the lowest energy level and slowly add up.
16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. Do not use EMS patches on abdomen 1 hour after meal.
19. Do not place EMS patches on inflamed muscles caused by injury.
20. Do not place EMS patches on surgery scars (within 10 months).
21. Do not place 40K probe on heart, bones or other internal organs.

5. Troubleshooting & Solutions

1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

2. No RF output of the instrument?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

3. Weakened RF output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the product used is the adaptive product specified by the instrument.

4. I can start the instrument, but the screen show's error message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

5. Not enough or little energy from EMS patches?

- A. Check whether the connection wires are tightly connected.
- B. Check whether the EMS patch is applied with gel.

6.FAQs

1. Q: How long can I start seeing results of RF treatment?

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

2. Q: Is RF harmful to the skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

3.Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve.

4.Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

5.Q: Will I experience rebound after operation?

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

6.Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

7. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is

a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

8.Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

9.Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

10.Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20 , women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40 , the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

11. Q: Why do you need breast maintenance?

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily , and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the

symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

12.Q: Why do you need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

7. Packing List

- 1 x main machine
- 1 pair breast massage pads
- 10 pair body slimming pads
- 11 x wires for pads
- 1 x holder
- 3 x Handle

8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Facial Anti-aging: 60 min, once/week			
RF Energy: 3-8 Mode: PRO	Makeup remover+ Face wash+ Base mask+ Massage cream+ Serum+ Face mask+ MS-JS4201B	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face, 5 min. 2. Apply toner, 2 min. 3. Apply cleaning base mask, 10 min. 4. Wash or wipe face clean, 2 min. 5. Apply massage cream evenly all over the treatment area and caress, 3 times. 6. Press on the following acupoints on the whole face with both hands: <i>Saliva Container(Ren-24)</i>, <i>Earth Granary(ST-4)</i>, <i>Great Welcome(ST-5)</i>, <i>Jaw Bone(ST-6)</i>, <i>Below the Joint(ST-7)</i>, <i>Welcome Fragrance(LI-20)</i>, <i>Cheek Bone Crevice(SI-18)</i>, <i>Temples(EM5)</i>, <i>Bright Eyes(BI-1)</i>, <i>Gathered Bamboo(BI-2)</i>, <i>Yuyao(EM3)</i>, <i>Silken Bamboo Hollow(TE-23)</i>, <i>Pupil Crevice(GB-1)</i>, <i>Container of Tears(ST-1)</i>, <i>Four Whites(ST-2)</i>, 3 times. 7. Lift the treatment area with both hands as if plucking the string, 2 min. 8. Alternate hands in lifting 	<p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique10,17</p>  <hr/> <p>Technique11,18</p>  <hr/> <p>Technique13</p>

	<p>the treatment area on one side as if plucking the string, 1 min.</p> <p>9. Do the same on the other side.</p> <p>10. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.</p> <p>11. Lift towards hairline on forehead, 3 times.</p> <p>12. Do the same on the other side.</p> <p>13. Walk in 'Z' shape on forehead with middle fingers and ring fingers, then slide to the front of the ear. Repeat the action back and forth, then slide to the back of the ear, 3 times.</p> <p>14. Clean the treatment area, 2 min.</p> <p>15. Apply (repairing/hydrating/anti-aging) serum evenly on face, 1 min.</p> <p>16. RF Operation: place the probe on jawline, and brace the skin back and forth, lift in lines with one line next to another, 3 times.</p> <p>17. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p>	<div data-bbox="1145 210 1283 427" data-label="Image"> </div> <hr/> <p data-bbox="1054 450 1222 479">Technique16</p> <div data-bbox="1137 510 1262 707" data-label="Image"> </div>
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		<p>18. Lift towards hairline on forehead, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Apply hydrating facial mask, 15 min.</p> <p>21. Wash face clean, 2 min.</p> <p>22. Apply toner, serum, cream and sunscreen.</p>	
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Suggested Treatment:

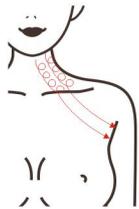
10 treatments account for one full course. After one treatment, skin is tightened. After a full course, skin is bright and fine. Two courses help increase skin elasticity, boost metabolism, fade hyperpigmented spots and reduce skin dullness. Three courses help stabilize skin condition, prevent skin aging, laxity and toning facial outline.

Eye Anti-aging: 60min, once/week

<p>RF Energy: 3-8</p> <p>Mode: PRO</p>	<p>Makeup remover+ Face wash+ Toner+ Eye serum+ MS-JS4201B + Eye mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean face, 5 min. 2. Apply toner, 1 min. 3. Apply essence evenly around eyes and gently massage to rub it in, 1 min. 4. Push the following acupoints: <i>Bright Eyes(BI-1)</i>, <i>Gathered Bamboo(BI-2)</i>, <i>Yuyao(EM3)</i>, <i>Silken Bamboo Hollow(TE-23)</i>, <i>Temples(EM5)</i>, <i>Pupil Crevice(GB-1)</i>, <i>Container of Tears(ST-1)</i>, using middle and ring fingers, 3 times. 5. Move hands in circular motion on eyes and push temples, 3 times. 6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times. 7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 	<p>Technique3,5,10</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>
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		<p>times.</p> <p>8. Lift eye corners with “scissor” hand gesture, 3-5 times.</p> <p>9. Repeat the previous operation on another side, 3 times.</p> <p>10. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>11. RF operation: move the probe in circular motion on eyes and push temples, 3-5 times.</p> <p>12. Combined with hand, lift from lower eyelid to temple, 3-5 times.</p> <p>13. Lift from the the beginning of the eyebrow to the end, 3-5 times.</p> <p>14. Combined with hand, move from the corner of the eyes to hairline, 3-5 times.</p> <p>15. Do the same on the other side.</p> <p>16. Apply eye mask, 15 min.</p> <p>17. Wash eyes and face clean, 2 min.</p> <p>18. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	 <p>Technique8</p>  <p>Technique11</p>  <p>Technique12,14</p>  <p>Technique13</p> 
<p>Suggested Treatment:</p> <p>10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one session, it lightens fine lines, dark circles under the eyes and brightens the skin. After three treatments, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.</p>			

Neck Anti-aging: 60 min, once/week

<p>RF Energy: 3-8</p> <p>Mode: PRO</p>	<p>Makeup remover+ Face wash+ Toner+ Massage cream+ Serum+ MS-JS4201B + Neck mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the neck, 5 min. 2. Apply toner, 1 min. 3. Massage the neck: Apply and rub oil on the chest with both hands to the back of the neck and point to <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> acupoints, 3 times. 4. From left to right, alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times. 5. Push downwards with hand spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times. 6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times. 7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times. 8. Push downwards with hand spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing down from external collarbone to armpit, 3-5 times. 9. Do the same on the other side. 	<p>Technique3</p>  <hr/> <p>Technique4,12</p>  <hr/> <p>Technique5,6,7,13</p>  <hr/> <p>Technique8,14</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>
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	<p>10. Wash neck clean. 2 min.</p> <p>11. Apply essence evenly on neck, 1 min.</p> <p>12. RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treatment area, 2 min.</p> <p>19. Apply neck mask, 15 min.</p> <p>20. Clean the neck area, 2 min.</p> <p>21. Apply toner, serum and neck cream.</p>	
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Suggested Treatments:

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

Body-shaping on Waist&Abdomen: 60 min, once/week

<p>40K energy: 3-8</p> <p>Mode: Consecutive</p> <p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil+ Gel+ Towel+ MS-JS4201B</p>	<ol style="list-style-type: none"> 1. Apply and rub oil on abdomen with hands, 3 times. 2. Rub stomach back and forth with both hands, 3 times. 3. Knead abdomen with both hands using chiropractic techniques, 3 times. 4. Lift <i>Belt Vessel (BV)</i> on both sides of waist with both hands alternately, 16 times. 5. Move hands as if writing figure "8" on waist, 3 times. 6. Overlap hands and message the intestinal canal clockwise, 3 times. 7. Move hands in circular motion and caress the treatment area, 3 times. 8. Push on the following acupoints: <i>Upper Epigastrium (Ren-13)</i>, <i>Middle Epigastrium (Ren-12)</i>, <i>Lower Epigastrium (Ren-10)</i>, <i>Spirit Palace (Ren-8)</i>, <i>Sea of Qi (Ren-6)</i>, <i>Origin Pass (Ren-4)</i>, <i>Middle Extremity (Ren-3)</i>, <i>Heaven's Pivot (ST-25)</i>, <i>Great Horizontal (SP-15)</i>, <i>Crooked Bone (Ren-2)</i>, 2 times. 9. Starting from <i>Middle Extremity (Ren-3)</i>, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 	<p>Technique1,7,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>
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times.

10. Caress the treatment area with hands and slide to groin.
11. Apply gel evenly on the treatment area, 1 min.
12. 40K operation: Starting from one side of the waist, lift the device to abdomen and groin, 3 times.
13. Repeat the previous operation on the other side, 3 times.
14. Move the probe in small circles, 3 times.
15. Move the probe in big circles, 3 times.
16. Move the probe to shape the waist as if writing "8", 3-5 times.
17. Move the probe up and down to shape the waist, 3-5 times.
18. Combined with hand, lift *Belt Vessel* (BV) on both sides of the waist, 16 times.
19. Fixate EMS patches on abdomen, 20-30 min.
20. Remove the patches and clean with hot towel, 2 min.



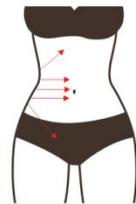
Technique8



Technique9



Technique12



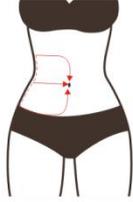
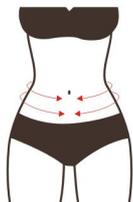
Technique14



Technique15



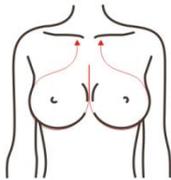
Technique16

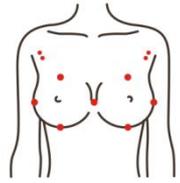
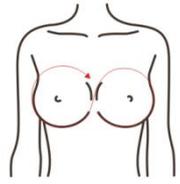
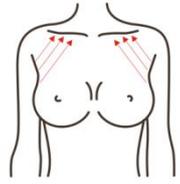
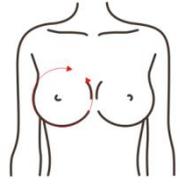
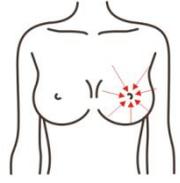
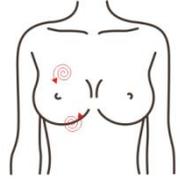
			 <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p> 
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Suggested Treatment:

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

Body-shaping on Breasts: 60 min, once/week

<p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil+ Gel+ Towel+ MS-JS4201B</p>	<p>1. Stand at the head of the bed, both hands from <i>Middle of the Chest (Ren-17)</i> began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.</p> <p>2. Push on the following acupoints with both thumbs: <i>Middle of the Chest (Ren-17), Root of the</i></p>	<p>Technique1,3,6,10</p>  <hr/> <p>Technique2</p>
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		<p><i>Breast(ST-18), Great Wrapping(SP-21), Breast Window(ST-16), Middle Palace(LU-1), Cloud Gate(LU-2), 3 times.</i></p> <p>3. Caress the treatment area, 3 times.</p> <p>4. Overlap both palms from <i>Middle of the Chest (Ren-17)</i> to chest both sides back and forth as if writing figure "8", 3 times.</p> <p>5. Lift the accessory breast to the ligament alternately with both hands, first left, then right, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3-5 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Apply gel on EMS patches.</p> <p>13. Fixate patches on breasts, 20-30 min.</p> <p>14. Remove the patches and clean with hot towel.</p>	 <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p> 
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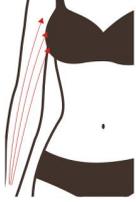
Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After

a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

Body-Shaping on Arms: 60 min, once a week

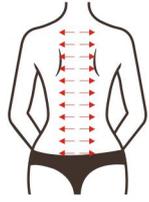
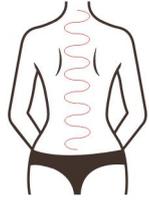
<p>40K energy: 3-8</p> <p>Mode: Intermittent</p> <p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil+ Gel+ Towel+ MS-JS4201B</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three main collateral channels: <i>Large Intestine Meridian(LI)-Triple Energizer (TE)-Small Intestine Meridian(SI)</i> to armpits with fingers spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times. 4. Caress the treatment area, 3 times. 5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times. 6. Caress the treatment area, 3 times. 7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: <i>Lung Meridian(LU)-Pericardium(PC)-Heart Meridian(HT)</i> to armpit, with <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times 	<p>Technique1</p>  <hr/> <p>Technique2,3,4,5,6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8,17,19</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique13,16</p>
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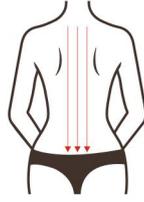
	<p>respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. The end of the massage technique.</p> <p>11. Repeat the previous operation on the other side.</p> <p>12. 4OK operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>13. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>14. You may double the operation on flabby arms, 3 times.</p> <p>15. Trace three channels to armpit, 3 times.</p> <p>16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>17. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>18. Trace three channels from upper arm to armpit.</p> <p>19. Apply gel on EMS patches.</p> <p>20. Fixate patches on arm muscles, 20-30 min.</p> <p>21. Remove the patches and clean with hot towel.</p> <p>22. Do the same on the other side.</p>	 <hr/> <p>Technique14,15</p> 
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Suggested Treatment:

10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Body-Shaping on Back: 60 min, once/week

<p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil+ Gel+ Towel+ MS-JS4201B</p>	<ol style="list-style-type: none">1. Apply oil on back and push on <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points.2. (Starting from hairline) stroke <i>Da Ban Jin</i> (start from <i>GB-20</i> and <i>DU-16</i>, tracing shoulder fascia) with thumb, 3-5 times.3. Move thumb outwards from <i>Bladder Meridian(BL)</i> to <i>8 Crevice</i> area (including pairs of <i>Upper crevice(BI-31)</i>, <i>Second Crevice(BI-32)</i>, <i>Middle Crevice(BI-33)</i>, <i>Lower crevice(BI-34)</i>) and then to <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points.4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.5. Push <i>Bladder Meridian(BL)</i> with thumb in left-right order, 3 times.6. Push <i>Bladder Meridian(BL)</i> to <i>8 Crevice</i> area with both thumbs simultaneously, 3 times.7. Push <i>Bladder Meridian(BL)</i> in three kneeling fingers, 3 times.8. Push scapula slot with both hands alternately in	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,13</p>
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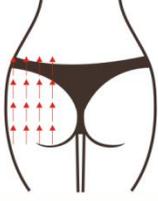
		<p>left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points, 3 times.</p> <p>11. Overlap both thumbs and push <i>Heavenly Gathering (SI-11)</i> point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub Governing Vessel(GV) and <i>Bladder Meridian(BL)</i> with hands until they turned hot.</p> <p>14. Apply gel on EMS patches.</p> <p>15. Fixate patches on back muscles, 20-30 min.</p> <p>16. Remove the patches and clean with hot towel.</p>	 <p>Technique8</p>  <p>Technique9</p>  <p>Technique11,12</p> 
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Suggested Treatment:

12 treatments account for a full course. After one treatment, back muscle is relaxed; Shoulder and neck stiffness is relieved. After a full course, back muscle is tighten and more elastic. Three courses help shape back outline. Consistent use can help improve physique as well.

Body-Shaping on Buttocks: 60 min, once a week

<p>40K energy: 3-8</p> <p>Mode: Consecutive</p> <p>EMS Energy: 2-4</p>	<p>Essential oil+ Gel+ Towel+ MS-JS4201B</p>	<p>1. Standing on the side, accumulate oil on hands and then slide from 8 <i>Crevice</i> area to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</p>	<p>Technique1,4,10</p>  <p>Technique2</p>
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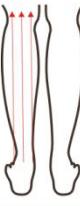
<p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>2. Repeatedly push 8 <i>Crevice</i> area with two thumbs.</p> <p>3. Caress the treatment area for 3 times and then press on the following points: <i>Kidney Transporter(BI-23)</i>, 8 <i>Crevice</i> area, <i>Long and Rigid(DU-1)</i>, <i>Jumping Circle(GB-30)</i> and <i>Hold and Support(BI-36)</i>, 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top - <i>Bladder Meridian(BL)</i> - <i>Kidney Meridian(KI)</i> - <i>Liver Meridian(LV)</i> - <i>Gallbladder Meridian(GB)</i> - <i>Governing Vessel(GV)</i>, 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top - <i>Bladder Meridian(BL)</i> - <i>Kidney Meridian(KI)</i> - <i>Liver Meridian(LV)</i> - <i>Gallbladder Meridian(GB)</i> - <i>Governing Vessel(GV)</i>, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to <i>Governing Vessel(GV)</i> to lift the treatment area ,3 to 5 times.</p> <p>8. Push hands from bottom to top from both sides of the hips to the top of the hips (to shape the treatment area), 3 times.</p> <p>9. Repeat the previous operation.</p>	 <hr/> <p>Technique3</p>  <hr/> <p>Technique5,13,16</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8,14,17</p>  <hr/> <p>Technique15</p>  <hr/>
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		<p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Apply gel evenly on the treatment area, 1 min.</p> <p>13. 40K operation: Lift from the thigh root to the vein line by line, 3 times.</p> <p>14. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>15. Circle hips, 3 to 5 times.</p> <p>16. Lift from thigh root to <i>Governing Vessel(GV)</i>, 3 times.</p> <p>17. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>18. The technique on the other side is the same as above.</p> <p>19. Fixate patches on buttocks muscles, 20-30 min.</p> <p>20. Remove the patches and clean with hot towel.</p>	
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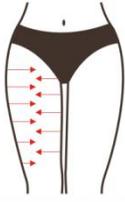
Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

Body-Shaping on Legs: 70 min, once a week

<p>40K energy: 3-8</p> <p>Mode: Consecutive</p> <p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil (massage cream)+ Gel+ Towel+ MS-JS4201B</p>	<p>1. Rear leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>3. Move hands upwards to four main collateral channels: <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB) with fingers spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p>	<p>Technique1,2,3,4,6,7,8</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique11,13</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique14,16</p>
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	<p>9. Do the same on the other side.</p> <p>10. Apply gel evenly on the treatment area, 1 min.</p> <p>11. 40K operation: move the device from popliteal fossa to <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB), 3 times.</p> <p>12. Move the device in small circular motion on calf, 3 times.</p> <p>13. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>14. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>15. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>16. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>17. Fixate patches on leg muscles, 20-30 min.</p> <p>18. Remove the patches and clean with hot towel.</p> <p>19. The end of rear leg treatment.</p> <p>20. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>21. Alternately push the entire leg from bottom to top and wrap back into the</p>	 <hr/> <p>Technique15</p>  <hr/> <p>Technique20,21,22,23, 25</p>  <hr/> <p>Technique26,30</p>  <hr/> <p>Technique27,31</p>  <hr/> <p>Technique28</p>  <hr/> <p>Technique29</p>
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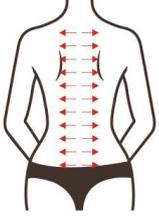
	<p>heel, 3 times</p> <p>22. Move hands upwards to four main collateral channels: <i>Spleen Meridian(SP)-Stomach Meridian(ST)-Liver Meridian(LV)-Gallbladder Meridian(GB)</i> with fingers spread and <i>Tiger Mouth</i> (the area where the thumb meets the index finger) pointing upwards, 3 times.</p> <p>23. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>24. Apply gel evenly on the treatment area, 1 min.</p> <p>25. 40K operation: Lift the device towards knee while tracing 4 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>26. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Lift the device from knee to thigh root in lines, 3 times.</p> <p>28. Move the device in small circles on thigh, 3 times.</p> <p>29. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>30. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>31. Lift the device from knee to thigh root in lines, 3 times.</p>	 <hr data-bbox="1054 427 1348 432"/>
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		<p>32. Fixate patches on leg muscles, 20-30 min.</p> <p>33. Remove the patches and clean with hot towel.</p> <p>34. The end of foreleg treatment.</p>	
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Suggested Treatment:

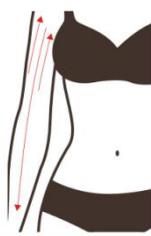
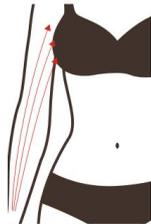
10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.

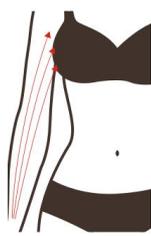
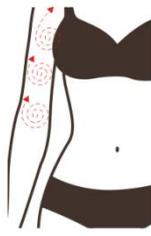
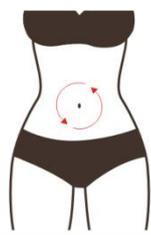
Body-Shaping&Slimming: 180 min, once a week

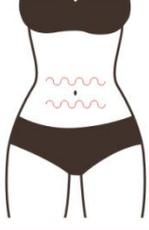
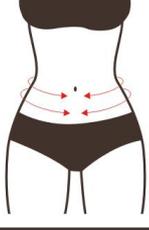
<p>40K energy: 3-8</p> <p>Mode: Consecutive</p> <p>EMS Energy: 2-4</p> <p>Pulse Width: 100-350</p> <p>Pulse Time: 1.0-5.0</p> <p>Frequency: 20-80</p>	<p>Essential oil (massage cream) + Gel+ Towel+ MS-JS4201B</p>	<p>Back</p> <ol style="list-style-type: none"> 1. Apply oil on back and push on <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points. 2. (Starting from hairline) stroke <i>Da Ban Jin (start from GB-20 and DU-16, tracing shoulder fascia)</i> with thumb, 3-5 times. 3. Move thumb outwards from <i>Bladder Meridian(BL)</i> to <i>8 Crevice</i> area (including pairs of <i>Upper crevice(BI-31)</i>, <i>Second Crevice(BI-32)</i>, <i>Middle Crevice(BI-33)</i>, <i>Lower crevice(BI-34)</i>) and then to <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points. 4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 5. Push <i>Bladder Meridian(BL)</i> with thumb in 	<p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>
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	<p>left-right order, 3 times.</p> <p>6. Push <i>Bladder Meridian(BL)</i> to 8 Crevice area with both thumbs simultaneously, 3 times.</p> <p>7. Push <i>Bladder Meridian(BL)</i> in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push <i>Wind Pool(GB-20)</i> and <i>Wind Palace (DU-16)</i> points, 3 times.</p> <p>11. Overlap both thumbs and push <i>Heavenly Gathering (SI-11)</i> point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub <i>Governing Vessel(GV)</i> and <i>Bladder Meridian(BL)</i> with hands until they turned hot.</p> <p>14. Apply gel on EMS patches.</p> <p>15. Fixate patches on back muscles, 20-30 min.</p> <p>16. Remove the patches and clean with hot towel.</p> <p>17. The end of back treatment.</p> <p>Legs</p> <p>18. Leg massage: from left to right, apply and rub oil in from calf to thigh to heel, 3 times.</p>	<div data-bbox="1141 224 1300 448" data-label="Image"> </div> <p data-bbox="1053 481 1300 526">Technique5,6,7,13</p> <div data-bbox="1141 560 1300 784" data-label="Image"> </div> <p data-bbox="1053 817 1204 862">Technique8</p> <div data-bbox="1141 896 1300 1120" data-label="Image"> </div> <p data-bbox="1053 1153 1204 1198">Technique9</p> <div data-bbox="1141 1232 1300 1456" data-label="Image"> </div> <p data-bbox="1053 1489 1268 1534">Technique11,12</p> <div data-bbox="1141 1568 1300 1792" data-label="Image"> </div> <p data-bbox="1053 1825 1356 1892">Technique18,19,20,21, 23,24,25</p>
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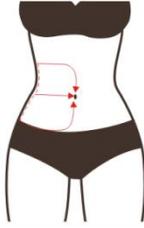
		<p>19. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times.</p> <p>20. Move hands upwards to four main collateral channels: <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB) with fingers spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times.</p> <p>21. Push hands alternately to popliteal fossa, 3 times.</p> <p>22. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>23. Caress the treatment area, 3 times.</p> <p>24. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>25. Caress the treatment area, 3 times.</p> <p>26. Do the same on the other side.</p> <p>27. Apply gel evenly on the treatment area, 1 min.</p> <p>28. 40K operation: move the device from popliteal fossa to <i>Bladder Meridian(BL)</i>-Kidney Meridian(KI) -Liver Meridian(LV)-Gallbladder Meridian(GB), 3 times.</p> <p>29. Move the device in small circular motion on calf, 3 times.</p> <p>30. Move the device</p>	<div data-bbox="1177 226 1262 456" data-label="Image"> </div> <p data-bbox="1054 490 1222 524">Technique22</p> <div data-bbox="1177 557 1262 788" data-label="Image"> </div> <p data-bbox="1054 822 1262 855">Technique28,30</p> <div data-bbox="1169 889 1270 1117" data-label="Image"> </div> <p data-bbox="1054 1151 1222 1184">Technique29</p> <div data-bbox="1169 1218 1270 1447" data-label="Image"> </div> <p data-bbox="1054 1480 1262 1514">Technique31,33</p> <div data-bbox="1150 1547 1289 1776" data-label="Image"> </div> <p data-bbox="1054 1816 1222 1850">Technique32</p>
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	<p>upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>31. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>32. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>33. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p>34. Fixate patches on leg muscles, 20-30 min.</p> <p>35. Remove the patches and clean with hot towel.</p> <p>36. The end of leg treatment.</p> <p>Arms</p> <p>37. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</p> <p>38. Push the entire arm with both palms, 3 times.</p> <p>39. Push hands upwards tracing three main collateral channels: <i>Large Intestine Meridian(LI)-Triple Energizer (TE)-Small Intestine Meridian(SI)</i> to armpits with fingers spread and <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times.</p> <p>40. Caress the treatment area, 3 times.</p> <p>41. Trace and rub three</p>	 <p>Technique37</p>  <p>Technique38,39,40,41, 42</p>  <p>Technique43</p>  <p>Technique44</p>  <p>Technique45</p>
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		<p>main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>42. Caress the treatment area, 3 times.</p> <p>43. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: <i>Lung Meridian(LU)</i> -<i>Pericardium(PC)</i>-<i>Heart Meridian(HT)</i> to armpit, with <i>Tiger Mouth (the area where the thumb meets the index finger)</i> pointing upwards, 3 times respectively.</p> <p>44. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>45. Caress the treatment area and slide to fingers.</p> <p>46. The end of the massage technique.</p> <p>47. Repeat the previous operation on the other side.</p> <p>48. 40K operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>49. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>50. You may double the operation on flabby arms, 3 times.</p> <p>51. Trace three channels to armpit, 3 times.</p> <p>52. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p>	 <p>Technique49,52</p>  <p>Technique50,51</p>  <p>Technique53,55</p>  <p>Technique60,66,69</p>  <p>Technique61</p>
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	<p>53. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>54. Trace three channels from upper arm to armpit.</p> <p>55. Apply gel on EMS patches.</p> <p>56. Fixate patches on arm muscles, 20-30 min.</p> <p>57. Remove the patches and clean with hot towel.</p> <p>58. Do the same on the other side.</p> <p>59. The end of arm treatment.</p> <p>Abdomen</p> <p>60. Apply and rub oil on abdomen with hands, 3 times.</p> <p>61. Rub stomach back and forth with both hands, 3 times.</p> <p>62. Knead abdomen with both hands using chiropractic techniques, 3 times.</p> <p>63. Lift <i>Belt Vessel (BV)</i> on both sides of waist with both hands alternately, 16 times.</p> <p>64. Move hands as if writing figure "8" on waist, 3 times.</p> <p>65. Overlap hands and massage the intestinal canal clockwise, 3 times.</p> <p>66. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>67. Push on the following acupoints: <i>Upper Epigastrium (Ren-13)</i>,</p>	 <p>Technique62</p>  <p>Technique63</p>  <p>Technique64</p>  <p>Technique65</p>  <p>Technique67</p>
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	<p>Middle Epigastrium (Ren-12), Lower Epigastrium (Ren-10), Spirit Palace (Ren-8), Sea of Qi (Ren-6), Origin Pass (Ren-4), Middle Extremity (Ren-3), Heaven's Pivot (ST-25), Great Horizontal (SP-15), Crooked Bone (Ren-2), 2 times.</p> <p>68. Starting from Middle Extremity (Ren-3), push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>69. Caress the treatment area with hands and slide to groin.</p> <p>70. Apply gel evenly on the treatment area, 1 min.</p> <p>71. 40K operation: Starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>72. Repeat the previous operation on the other side, 3 times.</p> <p>73. Move the probe in small circles, 3 times.</p> <p>74. Move the probe in big circles, 3 times.</p> <p>75. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>76. Move the probe up and down to shape the waist, 3-5 times.</p> <p>77. Combined with hand, lift Belt Vessel (BV) on both sides of the waist, 16 times.</p> <p>78. Fixate EMS patches on abdomen, 20-30 min.</p> <p>79. Remove the patches</p>	<div data-bbox="1145 226 1294 454" data-label="Image"> </div> <p data-bbox="1054 490 1224 521">Technique68</p> <div data-bbox="1145 557 1294 786" data-label="Image"> </div> <p data-bbox="1054 822 1224 853">Technique71</p> <div data-bbox="1145 889 1294 1117" data-label="Image"> </div> <p data-bbox="1054 1153 1224 1184">Technique73</p> <div data-bbox="1145 1220 1294 1449" data-label="Image"> </div> <p data-bbox="1054 1485 1224 1516">Technique74</p> <div data-bbox="1145 1552 1294 1780" data-label="Image"> </div> <p data-bbox="1054 1816 1224 1848">Technique75</p>
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		<p>and clean with hot towel, 2 min.</p> <p>80. The end of abdomen treatment.</p>	 <hr/> <p>Technique76</p>  <hr/> <p>Technique77</p> 
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Suggested Treatment:

10 treatments account for a full course. After one treatment, body is full relaxed and blood circulation is accelerated. After a full course, body fat is slowly being metabolized and skin starts to tighten up. After two courses, obvious size change starts to take shape. Three courses help consolidate the effect, shape up and build the S curve.

Overall facial Care: 100 minutes, once/week

<p>Face RF Energy: 3-8</p> <p>Mode: PRO</p> <p>Eye RF Energy: 3-8</p> <p>Mode: PRO</p>	<p>Makeup remover+ Cleanser+ Base mask+ Cold&Hot steam+ Massage cream+ MS-JS4201B + Serum + Facial mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and cleanse face and neck, 5 min. 2. Apply toner, 2 min. 3. Apply cleaning base mask+hot steam, 10 min. 4. Wash or wipe face clean, 2 min. 5. Apply massage cream evenly all over the treatment area and caress, 3 times. 	<p>Technique6</p>  <hr/> <p>Technique8</p>
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	<p>6. Press on the following acupoints on the whole face with both hands: <i>Saliva Container(Ren-24), Earth Granary(ST-4), Great Welcome(ST-5), Jaw Bone(ST-6), Below the Joint(ST-7), Welcome Fragrance(LI-20), Cheek Bone Crevice(SI-18), Temples(EM5), Bright Eyes(BI-1), Gathered Bamboo(BI-2), Yuyao(EM3), Silken Bamboo Hollow(TE-23), Pupil Crevice(GB-1), Container of Tears(ST-1), Four Whites(ST-2)</i>, 3 times.</p> <p>7. Caress the whole face, 2 times.</p> <p>8. Alternate hands in lifting in three lines, tracing from chin to earlobe, mouth corner to ear gate, nose wing to temple on one side of the face, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift towards hairline on forehead, 3 times.</p> <p>11. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>12. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>13. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>14. Lift eye corners with “scissor” hand gesture, 3-5</p>	 <hr/> <p>Technique10</p>  <hr/> <p>Technique11,16</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique18</p>
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times.

15. Repeat the previous operation on another side, 3 times.

16. Move hands in circular motion on eyes and push temples, 3-5 times.

17. Lift the treatment area with both hands as if plucking the string, 1 min.

18. Walk in 'Z' shape on forehead with middle fingers and ring fingers and press the temples, 3 times.

19. Massage the neck: Apply and rub oil on the chest with both hands to the back of the neck and point to *Wind Pool(GB-20)* and *Wind Palace (DU-16)* acupoints, 3 times.

20. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.

21. Push downwards with hand spread and *Tiger Mouth (the area where the thumb meets the index finger)* pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.

22. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.

23. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.

24. Push downwards with hand spread and *Tiger Mouth (the area where the*



Technique19



Technique20



Technique21,22,23



Technique24

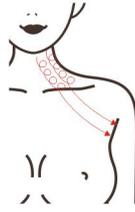


Technique25



Technique29

	<p><i>thumb meets the index finger</i>) pointing down from external collarbone to armpit, 3-5 times.</p> <p>25. Alternate hands in lifting the neck, 3 times.</p> <p>26. Do the same on the other side.</p> <p>27. Clean face and neck area, 3 min.</p> <p>28. Apply (repairing/hydrating/anti-aging) serum evenly on face, 1 min.</p> <p>29. Face RF Operation: place the probe on jawline, and brace the skin back and forth, lift in lines with one line next to another, 3 times.</p> <p>30. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>31. Lift towards hairline on forehead, 3 times.</p> <p>32. Do the same on the other side.</p> <p>33. Apply (anti-aging) serum around eye area, 1 min.</p> <p>34. Eye RF operation: move the probe in circular motion on eyes and push temples, 3-5 times.</p> <p>35. Combined with hand, lift from lower eyelid to temple, 3-5 times.</p>	 <hr/> <p>Technique30</p>  <hr/> <p>Technique31</p>  <hr/> <p>Technique34</p>  <hr/> <p>Technique35,37</p>  <hr/> <p>Technique36</p>  <hr/> <p>Technique40</p>
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	<p>36. Lift from the the beginning of the eyebrow to the end, 3-5 times.</p> <p>37. Combined with hand, move from the corner of the eyes to hairline, 3-5 times.</p> <p>38. Do the same on the other side.</p> <p>39. Apply (anti-aging/whitening)serum evenly on neck, 1 min.</p> <p>40. Neck RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>41. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>42. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>43. Move the device in circles on the whole neck area, 3 times.</p> <p>44. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>45. Do the same on the other side.</p> <p>46. Apply eye, face, neck masks (at the same time), 15 min.</p> <p>47. Remove the mask and wash clean face and neck, 5 min.</p> <p>48. Apply toner, serum, cream, eye cream, neck cream, and sunscreen.</p> <p>49. The end of overall facial care.</p>	 <p>Technique41</p>  <p>Technique42</p>  <p>Technique43</p>  <p>Technique44</p> 
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Suggested Treatment:

Ten times is one treatment course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one session, it lightens fine lines, dark circles under the eyes and brightens the skin. After two treatments, the overall skin is smooth, firm and elastic, and the double chin is improved. Prevent and delay skin aging, relaxation and sagging after three treatment courses, and restore skin to its youthful state.