# User Manual

# MS-78S1



# Preface

To our valued users,

Thank you for choosing our latest product: 6-in-1 integrated beauty equipment. This newest skin management instrument combines Ultrasound, Face RF, Hot & Cold, ION-, Scrubber, and BIO. MS-78S1 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## 1. Introduction

Currently, ultrasound, Face RF, Hot & Cold, ION-, Scrubber, and BIO are the most popular integrated beauty equipment for skin management. They can effectively replace all the facial care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has no side effects and an immediate impact. A skin scrubber utilizes high-frequency vibration and cavitation effect to cleanse skin deeply, soften cutins, decompose grease, purify, dredge, and firm pores, making skin bright, clean, soft, and smooth. The ultrasound uses high-frequency vibration to remove metabolites from the skin and efficiently absorb nutrients. Radiofrequency heats the skin's deep layer, stimulates the dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility.

## 2. Advantages

- (1) The 6-in-1 multifunctional beauty equipment effectively fixes facial care problems.
- (2) The high-frequency electric waves of radiofrequency heat the dermis and stimulate skin metabolism and collagen regeneration to lift skin, remove wrinkles, fight against micro-aging, and tighten and rejuvenate skin.
- (3) The blade of the skin scrubber is a rounded corner, which can reach blind angles like a nasolabial groove. The treatment is safe and comfortable and doesn't harm the skin. The device's concave side fits the facial outline, and it can also thoroughly clean the wing and tip of the nose.
- (4) BIO can enhance cell function, increase cell vitality, and rejuvenate skin.
- (5) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (6) It has zero consumption and is low-cost, but it gives a quick return.
- (7) It has a broader treatment range, including all facial care programs.
- (8) Unevenness, bleeding, and swelling will not occur.
- (9) It suits all skin types and can improve skin quality and flatten fine lines.
- (10) The handpiece conforms to ergonomics. It grips comfortably, and a bigger handpiece can treat a larger area.

# 3. Working Principle

## (1) Face RF

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

The treated parts can instantly feel an evident shrinkage after treatment. Tightening and lifting can be seen about one month later and will get more apparent. Depending on body parts and ways of maintenance, the effect of a radiofrequency treatment can be preserved for about 18 months to 3 years, which varies or extends even longer per ways of care. According to the latest research, you can attain a better effect after multiple times of treatments.



# 6-polar 3D RF handle

RF stimulates collagen regeneration at hypodermis under 60-70°C and increase skin elasticity and fade wrinkles.

## (2) Scrubber

It applies the principle of high-frequency ultrasonic vibration. The energy produced by mechanical vibration of 28,000 times per second has a noticeable permeation effect on the skin. When the ultrasonic cavitation effect encounters water, it atomizes water into tiny bubbles. The small bubbles, under constant vibration, go deep into the skin's pores, breaking acne, blackheads, and dark acne into granulum, which will be vibrated onto the skin's surface through high frequency and ultrasonic vibration. Low frequency emulsifies sebum and excreta that clogged pores. It can also do sterilization and atomize water molecules before they enter pores. It, through mechanical vibration, removes excess thick cutins, decomposes grease, purifies, dredges, and firms pores, making skin bright, clean, soft, and smooth.

Physical Effect: With the use of softened products or exfoliating scrub, sound waves of high-frequency vibration can soften the impaired rough stratum corneum, open pores, and deeply remove wastes and dirt from pores.

# Ultrasonic Skin Scrubber

Eliminate dead skin cells and stratum corneum through high-frequency vibration.



## (3) Hot & Cold

It principle of expansion caused by heat and contraction caused by cold. When skin's temperature stays at 5 degrees, metabolic rate reduces, cell movement inhibits and slows down, and the nerve ending's sensitivity lowers. Therefore, it can alleviate pain and swelling triggered by skin allergies. Due to the principle, a temperature 5 degrees contracts blood vessels and pores to relieve large pores and firm skin. Thus wrinkles and crow's feet on the face can be flattened.

The physiological effect of cold hammer:

- It shrinks blood vessels, contracts pores, and tremendously minify large pores.
- It strengthens muscle fiber, makes skin tightened and elastic, and removes wrinkles and crow's-feet.
- It contracts blood vessels and effectively relieves varicosity and spider veins bulging. Harmful wastes that go back to veins can be easily cleaned and detoxed. It also has a noticeable effect on spots fading and removal.
- It reduces metabolic rate, inhibits and slows cell movement, lowers the nerve ending's sensitivity with a sedative and soothing effect, and offsets and relieves skin redness, swelling, and pain. It works exceptionally well on allergic skin.

The physiological effect of hot hammer:

- Tepidity makes people feel warm and comfortable, relaxes muscles, balances autonomic nerves, and alleviates pain and soreness. It accelerates blood circulation, increases oxygen content in blood, opens pores, expands blood vessels, and speeds up nutrition absorption. It's a moderate, comfortable, and effective infusion method.
- It boosts the skin's metabolic rate, increases the tissue's heat energy, naturally discharges wastes and toxins, and helps to remove under-eye bags and dark circles.

Alternating cold and hot therapy can yield twice the result with half the effort, naturally activate cells, and improve and purify the skin. It's an instrument that keeps people healthy and makes people nice-looking.



# Hot & Cold Hammer

Hot Hammer: Open the pores, then nutrients can be absorb quickly.

Cold Hammer: Calm and repair, shrink pores.

## (4) ION-

It forms a weak electric field between the skin surface and the deep skin, temporarily breaking the skin barrier. It evenly and deeply supplies essence of different functions to the skin. When the nutrient content enters the skin, it can act as a negative ion cluster that gathers surrounding skin cells, causing them to absorb essence continuously. The absorption is ten times higher than orally taking the substance. The negative pole can produce an alkali effect, stimulating nerves, promoting blood circulation, softening fibrous tissue, and increasing tightness. When the nutrient solution is ionized and infused into deep skin, micro-currents that penetrate the body can spread all body tissue, activate tissue, and import the needed nutrition and moisture into the skin. When nutriment, in a dissolved state, is applied to the skin, it can produce ions. Under the influence of a direct-current electric field, the ions do directional migration: the positive ion moves from the positive pole to the negative pole; the negative ion moves from the negative pole to the positive pole. When the negative ion of the medication or essence penetrates the skin, it forms a local ion heap, making local medication absorption much higher than taking it orally. Thus the relevant effect can be achieved.

Biological Effect: It utilizes the principle that like poles repel and opposite poles attract each other. Using negative ions can make water solubility nutrients penetrate the skin better and directly supply nutrition and necessary substances to the skin.



# Negative lon Infusion

Negative ion opens the transport channel for nutrients with Potential interactive motion, which makes the epidermal cells fuller and delays aging.

## (5) Ultrasound

It utilizes the principle of high-frequency vibration. The high-frequency vibrational waves of 2.8MHz per second powerfully penetrate 4 to 6 millimeters below subcutaneous tissue. Ultrasound has powerful energy and strong permeability and can drive face cells to vibrate with it, removing grease from pores and changing cell volume to improve blood circulation. Thus it stimulates cells' regeneration capacity and makes skin shiny and elastic. Additionally, the tepidity effect generated by high-frequency vibration can rapidly infuse cosmetic nutrient solution into the skin, making it absorb nutrient content from skincare products better.

# Ultrasonic Introduction Probe

Promote the essence of the original liquid to reach the basal layer of the skin quickly, and the promotes absorption.



## (6) BIO

It outputs bioelectric currents that simulate the human body, which enters muscle cells after penetrating the skin. The currents stimulate intracellular adenosine triphosphate (ATP), restore the cells' regular operation and functions, and supply energy to the muscle and body. Increasing the cell's permeability, 30% to 40% higher than usual, helps the body absorb nutrition and moisture better and improve oxygen content in the blood. Meanwhile, it expels wastes, toxins, and stranded liquids as soon as possible. Stimulating muscle fiber synthesis, 68% higher than usual, makes the skin moisturized, soft, firm, and shiny. Raising the collagen's synthesis level by 73% can lessen wrinkles and make skin softer, elastic, and glossy.



## 4. Anti-wrinkle Facial & Tightening

- (1) Handpiece
- 1) Hot + Ultrasound + BIO + Face RF

### (2) Efficacy

- 1) Activate cells and increase skin elasticity.
- 2) Tighten skin and flatten fine lines.
- 3) Relieve flabby and soft skin.
- 4) Sculpt facial outline and make the face's third dimension more noticeable.
- 5) Shrink pores and lift apple-like cheeks.
- 6) Moisten skin and enhance the skin's absorptivity.
- 7) Brighten skin color and fade pigment.
- 8) Accelerate blood circulation and metabolism.
- 9) Stimulate collagen hyperplasia and delay aging.

### (3) Indications

- 1) People with flabby or soft skin.
- 2) People whose faces have fine lines, nasolabial folds, or dynamic wrinkles.
- 3) People with an unapparent facial outline or double chin.
- 4) People with coarse skin or large pores.
- 5) People with flabby skin or edema after child delivery.
- 6) People with poor skin metabolism or absorption.

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid or skin booster or had an injection for wrinkle removal, plastic surgery, etc.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) People in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) People with skin trauma or wounds.
- 6) Overage people.
- 7) People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- 8) People with skin disease or infectious disease.
- 9) People who are sensitive to electric current should use it with caution.

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

## 5. Deep Cleansing Facial

#### (1) Handpiece

1) Scrubber + Cold + Ultrasound

#### (2) Efficacy

- 1) Cleanse deep skin and improve pores.
- 2) Remove the excess stratum corneum.
- 3) Replenish moisture and nutrition.
- 4) Improve skin quality and increase skin elasticity.
- 5) Improve uneven and unsmooth skin.

#### (3) Indications

- 1) People with dry or hydropenic skin.
- 2) People with large pores or coarse or lustreless skin.
- 3) People with poor skin absorption or whose underlying skin is hydropenic.
- 4) People with dark skin or uneven skin color.
- 5) People whose skin secretes too much grease or with oily or dry skin.
- 6) People who don't clean the skin properly in daily life or with unsmooth skin.

- 1) People with severely sensitive skin or in the allergic period.
- 2) People with extensive trauma on the face.
- 3) Women in pregnancy; people with severe heart disease, serious hypertension, hyperglycemia, hyperlipidemia, other serious diseases, etc.
- 4) People with skin disease or infectious disease.
- 5) People with skin wounds caused by a recent skin booster or microneedling.

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol, instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

## 6. Easing & Repairing Facial

#### (1) Handpiece

1) Ion- + Ultrasound + Cold

#### (2) Efficacy

- 1) Relieve symptoms like facial redness, acne, and allergy.
- 2) Calm and ease skin.
- 3) Contract pores and relieve large pores.
- 4) Increase skin elasticity.
- 5) Enhance skin's immunity and repair sensitive skin.

#### (3) Indications

- 1) People with sensitive or acne skin or whose skin is prone to swelling or allergy.
- 2) People with flabby, saggy, or inelastic skin.
- 3) People with dry skin, fine lines, dark or uneven skin color, or lackluster skin.
- 4) People with large pores, coarse skin, or who secrete too much grease.

- 1) People with severely sensitive skin or in the allergic period.
- 2) People whose noses once had a prosthesis.
- 3) People with extensive trauma on the face.
- 4) Women in pregnancy; people with severe heart disease, serious hypertension, hyperglycemia, hyperlipidemia, other serious diseases, etc.
- 5) People with skin disease or infectious disease.
- 6) People with skin wounds caused by a recent skin booster or microneedling.
- 7) People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a hydrating mask one time each day within three days.

## 7. Tightening & Whitening Facial

### (1) Handpiece

1) Hot Hammer + Ion- + BIO + Face RF

### (2) Efficacy

- 1) Tighten skin and flatten fine lines.
- 2) Relieve flabby and soft skin.
- 3) Moisten skin and enhance the skin's absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Stimulate collagen regeneration and delay aging.
- 6) Brighten skin tone and make skin more transparent.

#### (3) Indications

- 1) People with flabby or soft skin.
- 2) People whose faces have fine lines, nasolabial folds, or dynamic wrinkles.
- 3) People with dark skin or uneven skin color.
- 4) People with yellowish skin color, or lackluster skin.
- 5) People with coarse skin or large pores.
- 6) People with flabby skin or edema after child delivery.
- 7) People with poor skin metabolism or absorption.

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid or skin booster or had an injection for wrinkle removal, plastic surgery, etc.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.

- 4) People in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) People with skin trauma or wounds.
- 6) Overage people.
- 7) People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- 8) People with skin disease or infectious disease.
- 9) People who are sensitive to electric current should use it with caution.

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

## 8. Under-Eye Wrinkles Removal

#### (1) Handpiece

1) BIO

#### (2) Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

#### (3) Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) People who always expose to a dry or high-temperature environment.

## (4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

#### (5) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water and apply an eye mask at least three times a week since the treated parts are dry.

### 9. Neck Maintenance

#### (1) Handpiece

1) Face RF + Ultrasound

#### (2) Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymph drainage and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

#### (3) Indications

- 1) People whose necks have coarse skin or dull skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

## (4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

### (5) Matters Needing Attention After Treatment

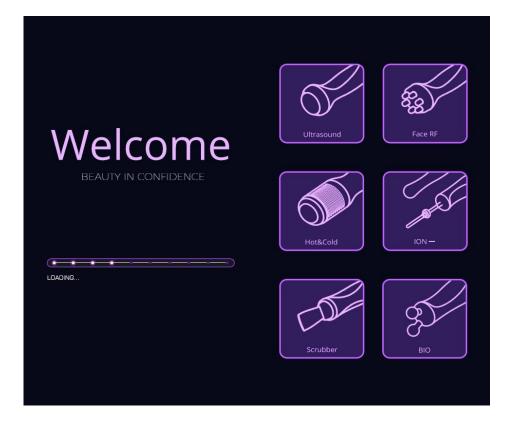
- 1) Protect yourself from the sun and keep the neck warm.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water, apply a neck mask at least three times a week, and apply essence or neck cream.
- 5) Avoid lowering your head for a long time.

## 1. Detailed Operations

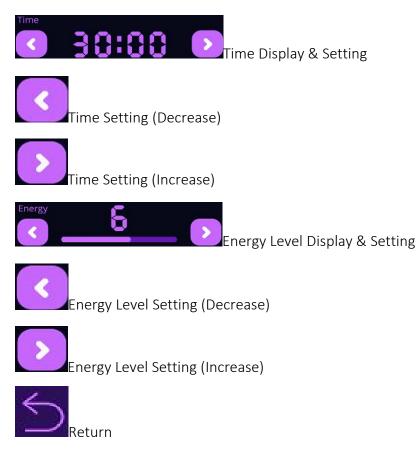
The detailed installations are shown as follow:

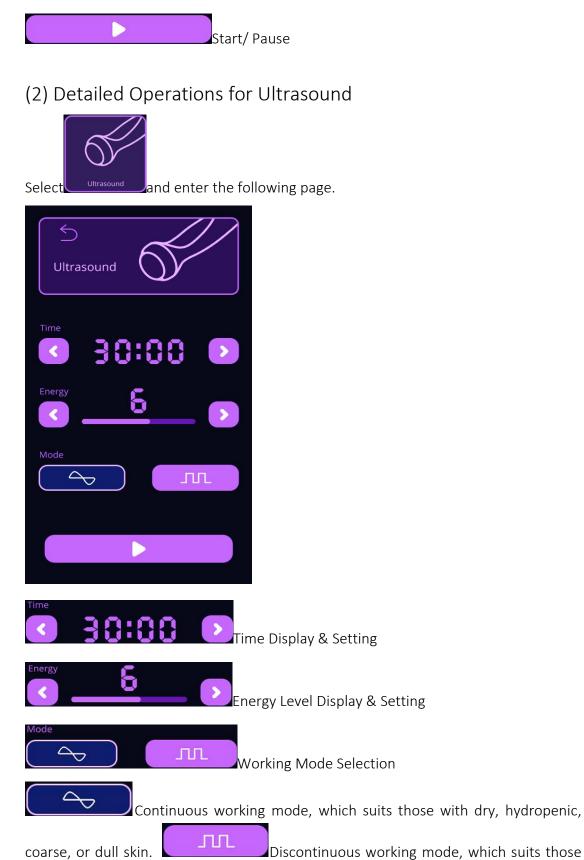


Connect the equipment correctly, power on, and the following initial interface shows up.



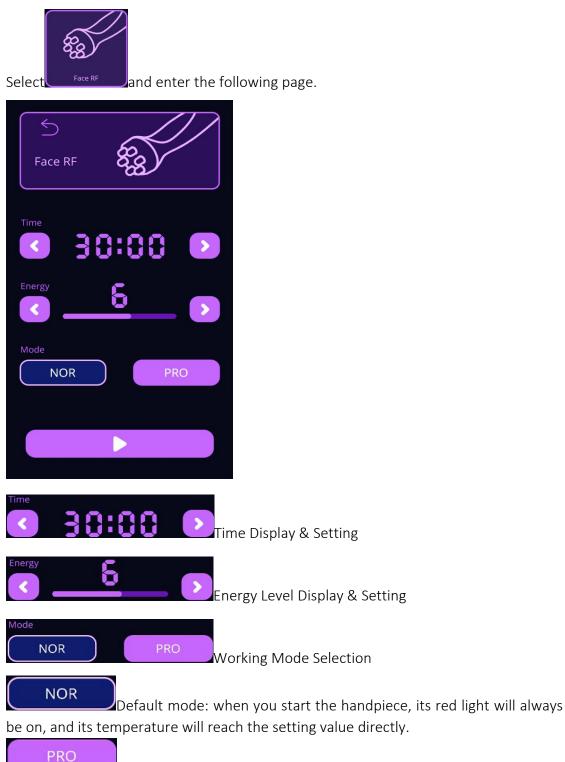
## (1) Introduction of Button Function





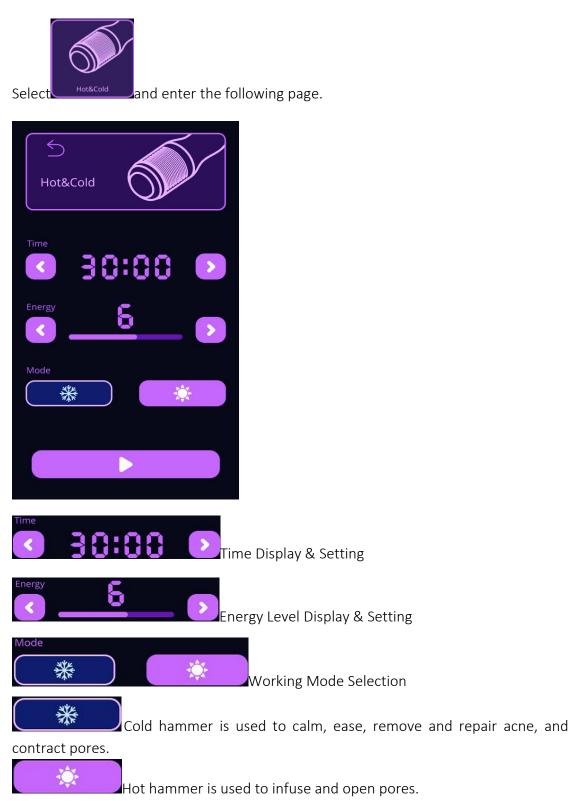
with sensitive skin or who are first-time users.

## (3) Detailed Operations for Face RF

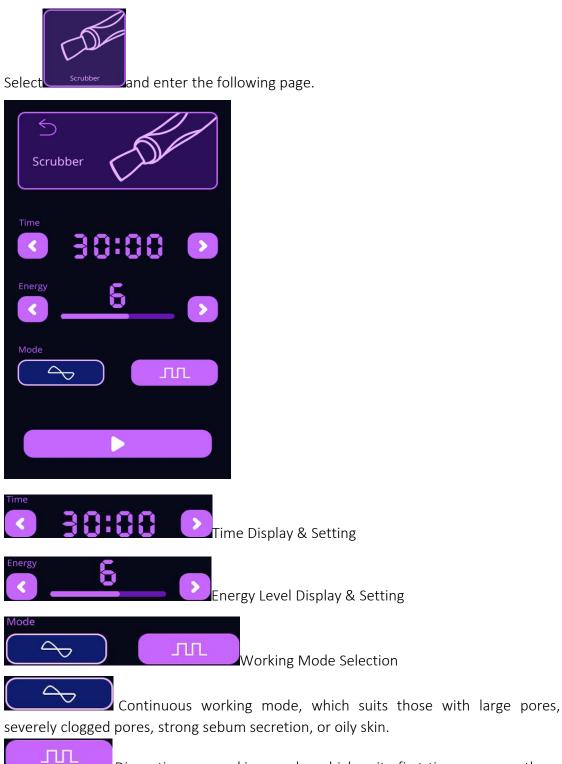


Intelligent mode: when you use the handpiece to touch skin, its red light will be on, and its temperature will gradually increase to the setting value.

## (4) Detailed Operations for Hot & Cold

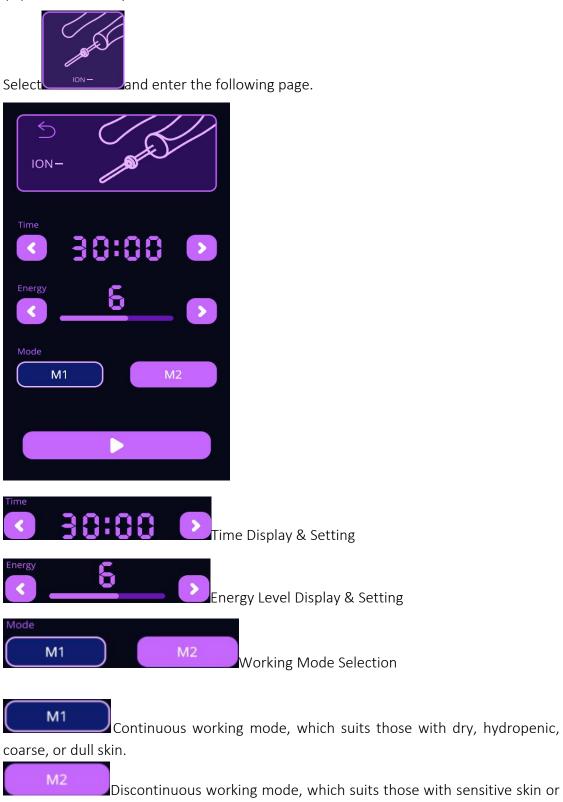


## (5) Detailed Operations for Scrubber



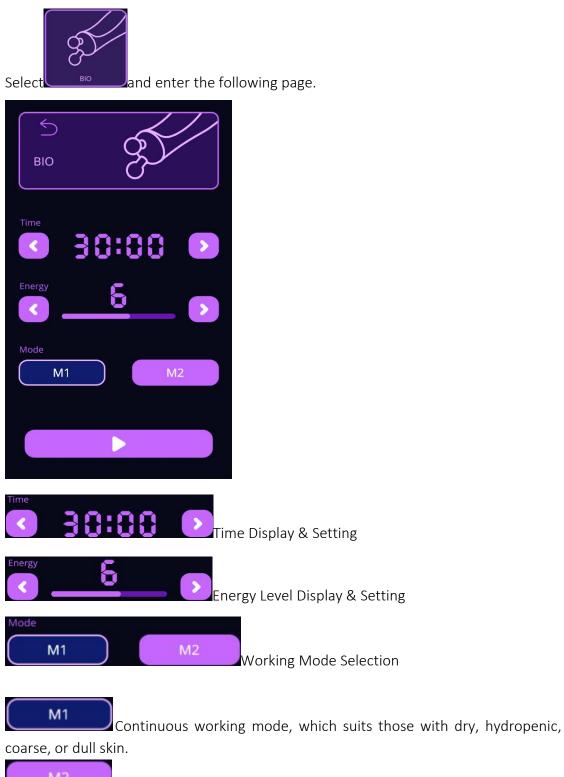
Discontinuous working mode, which suits first-time users or those with dry or sensitive skin.

(6) Detailed Operations for ION-



who are first-time users.

## (7) Detailed Operations for BIO



Discontinuous working mode, which suits those with sensitive skin or who are first-time users.

## 2. Technical Parameters

Power supply Input:100V-240V Power :190W

Cold Hot Hammer Cold: 0-5 degree Hot: 45 degree

Ultrasonic Probe:

- Output frequency: 7W
- Output voltage: DC 15V
- Power supply: 110-240V

AC power

- Powered by: AC/DC power adaptor

6-pole RF handle Frequency: 1MHZ Power:30W

Microcurrent & Photon 7 colors : Red, Blue, Green, Purple, Orange, Turquoise, White

#### 3. Precautions on Use

- (17) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (18) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (19) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (20) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (21) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (22) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (23) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (24) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (25) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the

equipment's safety.

- (26) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (27) You can use the handpieces separately, but you can use them together to achieve a better effect.
- (28) To avoid discomfort caused by overheating, please shun the air outlet when operating the hot & cold hammer.
- (29) You must keep the treated parts moist and avoid operating the instrument in dry skin conditions.
- (30) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.
- (31) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.

## 4. Troubleshooting

- (1) I can't start the equipment, and the indicator lamp doesn't light up.
- A. Make sure you plug the power cord into a good power socket.
- B. Check whether the fuse tube in the back is loose or burnt out.
- (2) The machine doesn't have energy output.
- A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
- B. Please check whether the treated parts are cleaned. Grease or essential oil may cause poor contact between the handpiece and the body, resulting in no output.
- (3) The energy output become weak.
- A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
- B. Please check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.
- C. Check whether the products in use are the adaptive ones specified by the equipment.
- (4) I can start the equipment, but an error message shows on the monitor.
- A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
- B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

#### 5. FAQs

#### (1) Q: Does the skin become thin and sensitive after using the scrubber?

A: No. The scrubber removes excess thick cutins, purifies pores, decomposes grease, clears and contracts pores, and make the skin bright, clear, soft, and smooth. Our skin refreshes every 28 days. Thus this treatment only makes the skin more smooth, tender, and transparent and causes no sensitive symptoms.

#### (2) Q: How long does it take to see the effect of a radiofrequency treatment?

A: Usually, you can see the effect on the same day or within a week. When collagen tissue is heated, it contracts, resulting in an evident skin tightening. Since radiofrequency stimulates subcutaneous tissue, the collagen regenerates continuously. Therefore, the more times you take the treatment, the more noticeable the effect will be.

#### (3) Q: Is radiofrequency harmful to the skin?

A: Tightening and anti-wrinkle treatment with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it doesn't harm the skin. Local skin will only experience redness and burning after treatment, which is a normal phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus you don't have to worry.

#### (4) Q: Can ultrasound infusion remove acne scars?

A: Ultrasonic infusion imports whitening nutrients into the skin through high-frequency vibration, which accelerates absorption, inhibits melanin production, fades spots, effectively relieves dull skin, and recovers skin's moisture and whiteness. It has an apparent effect on pigmentation left by acne. It's environment-friendly, safe, reliable, and easy to operate, and it has no side effects. You can go for outdoor activities after the treatment.

#### (5) Q: Does ultrasound have side effects on the body?

A: Ultrasound is a non-surgical and non-invasive procedure and requires no surgery or anesthetic. Therefore, it causes no harm to the body. The ultrasound itself is radiative to some extent. However, the radiation is minimal and harmless, which instead has some accumulation effect.

(6) Q: Can I wear makeup after having my face treated with this equipment?

A: Yes. The skin turns moisturized and full after treatment. It's easier for the makeup to attach to your skin at this moment. The treatment doesn't break the skin or leave wounds and is safe, healthy, fast, and effective.

#### (7) Q: Will I be addicted to the treatment?

A: No. It relieves skin problems and deeply cleanses the skin. It's a way of maintenance. It prevents the skin from slipping into troubles caused by other factors, helps the skin absorb nutrition, and addresses dull yellow, hydropenic, and rough skin. If you quit it in a later period, the skin will only return to its original secretion and senility. In a word, it will not cause dependency.

#### (8) Q: How long does it take to see the effect?

A: The skin gets clean and transparent clearly after a treatment cycle, which becomes more evident if you keep taking it. It can relieve hydropenia of the deep skin, dull skin, fine lines, and aging.

#### (9) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supply the needed nutrition to various skin layers and enhance collagen activity. Its function includes locking moisture, nourishing skin and hair, delaying aging, improving looks, and relieving slack face. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are 40, the collagen content is less than half of that of 18. The loss of collagen and moisture breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of folds on the elderly's faces. The loss causes skin tissue to oxidize, atrophy, and collapse, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

#### (10) Q: Why does cutins must be removed?

A: The stratum corneum is the top layer of the epidermis, in which cells are entirely dead. Depending on body parts, the stratum corneum consists of 15 to 20 layers of dead cells. The skin has a metabolic cycle of 28 days, precisely the cycle for people in adolescence. For adults, the cycle is their age plus 10. However, the aging and dead keratinocytes may not shed timely due to various reasons, which causes acanthokeratodermia that makes the skin lose its transparency and affects skin color and metabolic turnover. Therefore, if your body can't metabolize under normal conditions, you need to use an artificial method to achieve the purpose.

#### 6. Packing List

Ultrasonic Probe ×1 6-pole RF Facial Handle ×1 Hot and Cold Hammer ×1 Skin Scrubber ×1 Bio with Photon Probe ×1 ION- ×1 Main Machine ×1 Power Cord ×1

## 7. Simplified Operating Steps

## (1) Anti-wrinkle Facial & Skin Tightening

Remove makeup, clean the face, apply toner, massage, use hot hammer, ultrasound, BIO, and face RF, and apply a sheet mask, apply water, essence, lotion/facial cream, and sunblock.

## (2) Deep Cleansing Facial

Remove makeup, clean, use hot steam, blackhead export liquid, skin scrubber, cold hammer, and ultrasound, and apply a sheet mask, water, essence, lotion/ facial cream, and sunblock.

## (3) Easing & Repairing Facial

Remove makeup, clean the face, apply toner, use ION-, ultrasound, and cold hammer, and apply a facial mask, water, essence, lotion/facial cream, and sunblock.

## (4) Tightening & Whitening Facial

Remove makeup, clean the face, apply toner, massage, use hot hammer, Ion-, BIO, and face RF, and apply a sheet mask, water, essence, lotion/facial cream, and sunblock.

## (5) Under-Eye Wrinkles Removal

Remove makeup, clean, apply toner, massage, use BIO, and apply an eye mask, water, eye essence, eye cream, and sunblock.

Matched Product: serum, radiofrequency cream, massage cream

### (6) Neck Maintenance

Remove makeup, clean, apply toner, massage, use ultrasound and face RF, and apply a neck mask, water, neck essence, neck cream, and sunblock.

# 8. Operational Diagrams

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Parameter	Matched	Technique	Diagram				
Setting	Product						
Anti-aging Facial & Tightening: 90 Minutes/ Once a Week							
Hot & Cold	Makeup	1. Remove makeup and	Technique 5, 7				
Advised Time:	Remover +	clean, 5 minutes.	$\sim$				
5 to 10	Facial	2. Apply the hydrating					
minutes	Cleanser +	cream mask to the face and					
	Export	use hot steam, 10 minutes.					
Advised Energy	Liquid +	3. Clean the face, 2	M				
Level: 3 to 7	Hot & Cold	minutes.					
	Steamer +	4. Apply toner, 1 minute.					
Mode:	Essence +	5. Apply massage cream	Technique 6				
Hot hammer	Radiofreque	evenly to the face, and					
	ncy Cream +	caress it three times.					
Ultrasound	Facial Mask	6. Press Chengjiang					
Advised Time:	+	(RN-24), Renzhong (DU-26),					
10 to 15	Instrument	Dicang (ST-4), Jiache (ST-6),	$\mathcal{M}$				
minutes		Yingxiang (LI-20), Jingming					
		(BL-1), Cuanzhu (BL-2),					
Advised Energy		Yuyao (EX-HN4), Sizhukong	Technique 8, 17, 20,				
Level: 3 to 7		(SJ-23), Taiyang (EX-HN5),	23, 24, 27				
		Tongziliao (GB-1), Chengqi	$\sim$				
Mode:		(ST-1), and Sibai (ST-2).					
Continuous/		Repeat three times.					
Discontinuous		7. Caress the whole face	÷				
		three times.					
BIO		8. Lift from					
Advised Time:		from chin to earlobe, corner					
10 to 15		of the mouth to Ermen	Technique 10, 12, 19,				
minutes		(SJ21),	22, 26, 29				
		wing of the nose to Taiyang					
Advised Energy		(EX-HN5), and the lower					
Level:		eyelid to Taiyang (EX-HN5)	$\{(\mathbb{C},\mathbb{C})\}$				
3 to 7		with hands doing it by turns,					
		and lift the corner of the					
Mode:		eye. Repeat three times.					
M1/M2		9. Do the same on the					
		other side.	Technique 15				
Face RF		10. Lift the forehead					

Advised Time:	towards the hairline	~
10 to 15	direction. Repeat 5 times.	
minutes	11. Flip and lift the face	
	with rotating fingers. Repeat	(°⇒)/
Advised Energy	3 to 5 times.	M
Level: 3 to 7	12. Flip the forehead	
	towards the hairline	
Mode: NOR/	direction with one hand.	
PRO	Repeat 3 to 5 times.	
	13. One Side-Flip and lift	
	the face with hands doing it	
	alternately, 2 to 3 minutes.	
	14. Do the same on the	
	other side.	
	15. Move zigzag on the	
	whole forehead with middle	
	and ring fingers, slide to the	
	front of the ear and lift to	
	and fro for three times, and	
	slide out from the back of	
	the ear.	
	16. Treatment ends.	
	17. Hot Hammer: Lift one	
	line after another from chin	
	to the part below the ear,	
	corner of the mouth to the	
	ear center, and wing of the	
	nose to Taiyang (EX-HN5).	
	Repeat three times.	
	18. Do the same on the	
	other side.	
	19. Lift the forehead	
	towards the hairline	
	direction. Repeat three	
	times.	
	20. Ultrasound: Lift one line	
	after another from chin to	
	the part below the ear,	
	corner of the mouth to the	
	ear center, and wing of the	
	nose to Taiyang (EX-HN5).	
	Repeat three times.	
	21. Do the same on the	
	other side.	

I		
	22. Lift the forehead	
	towards the hairline	
	direction. Repeat three	
	times.	
	23. <b>BIO</b> : Lift one line after	
	another from chin to the	
	part below the ear, corner	
	of the mouth to the ear	
	center, and wing of the	
	nose to Taiyang (EX-HN5).	
	Repeat 3 to 5 times.	
	24. Lift one line after	
	another from chin to part	
	below the ear, corner of the	
	mouth to ear center, and	
	wing of the nose to Taiyang	
	(EX-HN5) with the	
	instrument and a hand.	
	Repeat 3 to 5 times.	
	25. Do the same on the	
	other side.	
	26. Lift the forehead	
	towards the hairline	
	direction. Repeat 3 to 5	
	times.	
	27. Face RF: Lift one line	
	after another from chin to	
	the part below the ear,	
	corner of the mouth to the	
	ear center, and wing of the	
	nose to Taiyang (EX-HN5).	
	Repeat three times.	
	28. Do the same on the	
	other side.	
	29. Lift the forehead	
	towards the hairline	
	direction. Repeat three	
	times.	
	30. Clean the face, 2	
	minutes.	
	31. Apply a sheet mask and	
	wait 15 minutes.	
	32. Clean the face, 2	
	minutes.	

33. Apply toner, essence, facial cream, and sunscreen.	
34. Treatment ends.	

#### The Recommended Course of Treatment:

A course of treatment lasts one month. When you accomplish one treatment, pores become visibly clean, and the skin is supplemented with enough water. After a course, skin color turns even and bright gradually, and pores improve to some extent. If you finish three courses, the skin is supplied with adequate moisture and gets ruddy. The skin can lock water for as long as 24 hours and becomes tender, white, and elastic.

## Deep Cleansing Facial: 60 Minutes/ Once a Week

Scrubber	Makeup	1. Remove makeup and	Technique 5		
Advised Time:	Remover +	clean the face, 5 minutes.			
5 to 10	Facial	2. Apply toner, 1 minute.			
minutes	Cleanser +	3. Apply export liquid and			
	Export	use hot steam (Apply the			
Advised Energy	Liquid +	liquid to parts with large or	M		
Level: 3 to 7	Hot & Cold	severely clogged pores and			
	Steamer +	toner to cheeks; you can			
Mode:	Essence +	apply toner to and use cold	Technique 7		
Continuous/	Radiofreque	steam on face with sensitive			
Discontinuous	ncy Cream +	skin, but it's not advised to			
	Facial Mask	use hot steam on and apply			
Hot & Cold	+	liquid to it.), 5 to 8 minutes.	₹ ÷ P		
Advised Time:	Instrument	4. Skin Scrubber: Wet the	M		
5 to 10		face with a cotton pad, then			
minutes		move slowly on the whole			
		face with a skin scrubber	Technique 9, 13		
Advised Energy		tilting 45 degrees. Treat the	$\frown$		
Level: 3 to 7		nose first, which can be			
		strengthened. Repeat 3 to 6 $\Im$			
Mode:		times.			
Cold Hammer		5. Lift from the bottom up			
		and one line after another			
Ultrasound		from chin to part below the			
Advised Time:		ear, corner of the mouth to	Technique 11, 15		
10 to 15		ear center, and wing of the			
minutes		nose to Taiyang (EX-HN5).	000000		
		Repeat 3 to 6 times.	AS SA		
Advised Energy		6. Do the same on the			
Level: 3 to 7		other side.			
Mada		7. Move from the			
Mode:		forehead to the hairline			
Continuous/		direction. Repeat 3 to 6			

Discontinuous	times.	
Discontinuous	8. Clean the face and	
	apply serum evenly to it, 3	
	minutes.	
	9. Cold Hammer: Move	
	circlewise from chin to	
	earlobe, corner of the	
	mouth to ear center, and	
	wing of the nose to Taiyang	
	(EX-HN5). Repeat 3 to 5	
	times.	
	10. Do the same on the	
	other side.	
	11. Treat the forehead with	
	the device moving	
	transversely and circlewise.	
	Repeat 3 to 5 times.	
	12. Apply serum evenly to	
	it, 1 minute.	
	13. Ultrasound: Move	
	circlewise from chin to	
	earlobe, corner of the	
	mouth to ear center, and	
	wing of the nose to Taiyang	
	(EX-HN5). Repeat 3 to 5	
	times.	
	14. Do the same on the	
	other side.	
	15. Treat the forehead with	
	the device moving	
	transversely and circlewise.	
	Repeat 3 to 5 times.	
	16. Clean the face, 2	
	minutes.	
	17. Apply a sheet mask and	
	wait 15 minutes.	
	18. Clean the face, 2	
	minutes.	
	19. Apply toner, essence,	
	facial cream, and sunscreen.	
	20. Treatment ends.	

#### The Recommended Course of Treatment:

A course of treatment lasts one month. When you accomplish one treatment, pores become visibly clean, and the skin is supplemented with enough water. After a course,

skin color turns even and bright gradually, and pores improve to some extent. If you finish three courses, the skin is supplied with adequate moisture and gets ruddy. The skin can lock water for as long as 24 hours and becomes tender, white, and elastic.

## Easing & Repairing Facial: 70 Minutes/ Once a Week

	1	<b>T I : . . . . . .</b>
	1. Remove makeup and	Technique 5, 11
	clean, 5 minutes.	
	2. Apply toner, 1 minute.	
	3. Apply easing & repairing	
	essence evenly, 1 minute.	- and the second s
	4. Give the electrode bar to	
Level: & Cold	the user and ask him to hold	
3 to 7 Steamer +	it.	
Essence +	5. Ion- Infusion: Move	Technique 13, 16
Mode: Repairing	circlewise from chin to the	
M1/M2 Neck Mask	back of the ear, corner of	
+	the mouth to ear center,	<u>000000</u>
Ultrasound Equipment	and wing of the nose to	
	Taiyang (EX-HN5). Repeat	M
	three times.	
	6. Do the same on the	
	other side.	
	7. Move slowly from the	
3,	left to the right and back	
	and forth on forehead.	
	Repeat three times.	
	8. Draw small circles on	
	nose. Repeat 3 to 5 times. 9. Clean the face, 2	
	minutes.	
	10. Apply a proper amount	
	of easing and repairing	
	serum to the whole face, 1	
	minute.	
07	11. Ultrasound: Lift	
	circlewise and one line after	
	another from the chin to	
	the forehead. Repeat three	
	times.	
	12. Do the same on the	
	other side.	
	$13. \ {\rm Treat}$ the forehead with	
	the device moving	
	transversely and circlewise.	

	Repeat three times.	
	14. Cold Hammer: Lift	
	circlewise and one line after	
	another from the chin to	
	the forehead. Repeat three	
	times.	
	15. Do the same on the	
	other side.	
	16. Treat the forehead with	
	the device moving	
	transversely and circlewise.	
	Repeat three times.	
	17. Clean the face, 2	
	minutes.	
	18. Apply a sheet mask, and	
	wait 15 minutes.	
	19. Clean the face, 2	
	minutes.	
	20. Apply toner, essence,	
	facial cream, and sunscreen.	
	21. Treatment ends.	
The Decommonded Course of T		

#### The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes moisturized, plump, and smooth, and the swelling will be relieved. After a course, the skin slowly returns to normal, which will not change due to season change, makeup contacting, and allergy caused by skin hydropenia. When you complete two courses, skin turns smooth, flexible, white touched with red, blood circulation improves, feels like velvet. If you finish three courses, the effect consolidated, and sensitive skin can be prevented.

Tightening & Whitening Facial: 90 Minutes/ Once a Week

	-			
Hot & Cold	Makeup	1.	Remove makeup and	Technique 5, 7
Advised Time:	Remover +		clean the face, 5	
5 to 10	Facial		minutes.	
minutes	Cleanser +	2.	Apply a moisturizing	
	Export		mask and use hot	
Advised Energy	Liquid +		steam, 10 minutes.	M
Level: 3 to 7	Hot & Cold	3.	Clean the face, 2	
	Steamer +		minutes.	
Mode:	Essence +	4.	Apply toner, 1 minute.	Technique 6
Hot hammer	Radiofreque	5.	Apply massage cream	
	ncy Cream +		evenly to the face, and	
lon-	Facial Mask		caress it three times.	
Advised Time:	+	6.	Press Chengjiang	

10 to 15	Instrument		(RN-24), Renzhong	
minutes	Instrument		(DU-26), Dicang (ST-4),	
minutes				
Advised Energy			Jiache (ST-6), Yingxiang	
Advised Energy			(LI-20), Jingming (BL-1),	
Level:			Cuanzhu (BL-2), Yuyao	
3 to 7			(EX-HN4), Sizhukong	
			(SJ-23), Taiyang	
Mode:			(EX-HN5), Tongziliao	• • • • • • • • • •
M1/M2			(GB-1), Chengqi (ST-1),	24, 25, 28
			and Sibai (ST-2). Repeat	
BIO			three times.	
Advised Time:		7.	Caress the whole face	
10 to 15			three times.	
minutes		8.	Lift from	
		9.	from chin to earlobe,	
Advised Energy			corner of the mouth to	
Level:			Ermen (SJ21),	Technique 10, 12, 19,
3 to 7		10.	wing of the nose to	23, 27, 30
			Taiyang (EX-HN5), and	
Mode:			the lower eyelid to	
M1/M2			Taiyang (EX-HN5) with	
			hands doing it by turns,	₹
Face RF		11.	and lift the corner of	M
Advised Time:			the eye. Repeat three	
10 to 15			times.	
minutes		12.	Do the same on the	Technique 15
			other side.	
Advised Energy		13.	Lift the forehead	
Level: 3 to 7			towards the hairline	
			direction. Repeat three	( ÷ )
Mode: NOR/			times.	M
PRO		14.	Flip and lift the face	
			with rotating fingers.	
			Repeat 3 to 5 times.	
		15.	Flip the forehead	
			towards the hairline	
			with one hand. Repeat	
			3 to 5 times.	
		16.	One side: Flip and lift	
			the face with hands	
			doing it alternately. Do	
			it for 2 to 3 minutes.	
		17.	Do the same on the	
			other side.	
				<u> </u>

18.	Move zigzag on the whole forehead with	
	middle and ring fingers,	
	slide to the front of the	
	ear and lift to and fro	
	for three times, and	
	slide out from the back	
	of the ear.	
19.	Treatment ends.	
20.	Hot Hammer: Lift one	
	line after another from	
	chin to the part below	
	the ear, corner of the	
	mouth to the ear	
	center, and wing of the	
	nose to Taiyang	
	(EX-HN5). Repeat three	
	times.	
21.	Do the same on the	
	other side.	
22.	Lift the forehead	
	towards the hairline	
	direction. Repeat three	
	times.	
23.	Give the electrode bar	
	to the user and ask him	
	to hold it.	
24.	Ion-: Lift one line after	
	another from chin to	
	the part below the ear,	
	corner of the mouth to	
	the ear center, and	
	wing of the nose to	
	Taiyang (EX-HN5).	
	Repeat three times.	
25.	Do the same on the	
_	other side.	
26.	Lift the forehead	
	towards the hairline	
	direction. Repeat three	
0.7	times.	
27.	BIO: Lift one line after	
	another from chin to	
	the part below the ear,	

corner of the mouth to
the ear center, and
wing of the nose to
Taiyang (EX-HN5).
Repeat 3 to 5 times.
28. Lift one line after
another from chin to
part below the ear,
corner of the mouth to
ear center, and wing of
the nose to Taiyang
(EX-HN5) with the
instrument and a hand.
Repeat 3 to 5 times.
29. Do the same on the
other side.
30. Lift the forehead
towards the hairline
direction. Repeat 3 to 5
times.
31. Face RF: Lift one line
after another from chin
to the part below the
ear, corner of the
mouth to the ear
center, and wing of the
nose to Taiyang
(EX-HN5). Repeat three
times.
32. Do the same on the
other side.
33. Lift the forehead
towards the hairline
direction. Repeat three
times.
34. Clean the face, 2
minutes.
35. Apply a sheet mask and
wait 15 minutes.
36. Clean the face, 2
minutes.
37. Apply toner, essence,
facial cream, and
sunscreen.

		38. Treatment ends.	
The Recommended Course of Treatment			

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymph drainage speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.

Under-Eye Wrinkles Removal: 35 Minutes/ Once a Week				
BIO	Cleansing	1. Remove makeup and	Technique 3, 8	
Advised Time:	Oil + Facial	clean, 5 minutes.	$\frown$	
10 to 15	Cleanser +	2. Apply toner, 1 minute.		
minutes	Essence/	3. Apply massage cream		
	Eye Cream	evenly to the eyes, and	₹÷₽	
Advised Energy	+ Massage	caress it three times.	$\mathcal{M}$	
Level:	Cream+	4. Press Jingming (BL-1),		
3 to 7	Instrument	Cuanzhu (BL-2), Yuyao		
	+ Eye Mask	(EX-HN4), Sizhukong (SJ-23),	Technique 5, 11	
Mode:		Taiyang (EX-HN5), Tongziliao	$\sim$	
M1/M2		(GB-1), Chengqi (ST-1), and		
		Sibai (ST-2). Repeat three		
		times.	( ÷ )	
		5. Lift back and forth from	M	
		the inner corner of the eyes		
		to Taiyang (EX-HN5) with		
		the middle finger along the	Technique 10	
		lower eyelid. Repeat three	$\frown$	
		times.		
		6. Star from the inner		
		corner of the eyes, lifting	( P	
		from the eyebrow to	$\mathcal{M}$	
		Taiyang (EX-HN5) with the		
		middle and ring fingers.		
		Repeat three times.	Technique 12	
		7. Clean the eyes, 2		
		minutes.		
		8. Apply essence (eye		
		cream) evenly to the eyes		
		with hands moving	M	
		circlewise. Repeat three		
		times.		
		9. BIO: Set the energy	Technique 14	

	1	[]
	level, mode, and operating	
	time (about 10 minutes).	
	10. Lift the handpiece from	
	the lower eyelid to the	₹ ÷ /
	corner of the eye. Repeat 3	M
	to 6 times.	
	11. Lift the handpiece from	
	the lower eyelid to Taiyang	
	(EX-HN5). Repeat 3 to 6	
	times.	
	12. Draw small circles on	
	the lower eyelid with the	
	handpiece and lift to	
	Taiyang (EX-HN5). Repeat 3	
	to 6 times.	
	13. Lift the handpiece from	
	the lower eyelid to Taiyang	
	(EX-HN5). Repeat 3 to 6	
	times.	
	14. Lift the handpiece from	
	the brow ridge to the	
	hairline. Repeat 3 to 6	
	times.	
	15. Do the same on the	
	other side.	
	16. Clean the eyes, 1	
	minute.	
	17. Apply an eye mask and	
	wait 15 minutes.	
	18. Remove the mask and	
	clean the eyes, 2 minutes.	
	19. Apply eye essence and	
	eye cream.	
	20. Treatment ends.	
The Recommended Course of T		

#### The Recommended Course of Treatment

It's advised to take 2 to 3 treatment cycles a week. When you accomplish a treatment cycle, the eye lifts and firms to some extent, and its blood circulation accelerates. After a month, the fine lines and dark circles fade, and the skin color lightens. And the eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

## Neck Maintenance: 60 Minutes/ Once a Week

Ultrasound	Makeup	1.	Remove	e ma	keup	and	Technique 3
Advised Time:	Remover +		clean	the	face,	5	

10 to 15	Facial		minutes.	) (
minutes	Cleanser +	2.		T=-T
minutes	Massage	2. 3.	Massage the neck,	
Advised Energy	-	5.	-	
Advised Energy			apply essential oil to	
Level: 3 to 7	Essence +		the chest with hands,	<u> </u>
	Neck Mask		move to the back of the	
Mode:			neck, and press Fengchi	Technique 4
Continuous/			(GB20) and Fengfu	÷ K
Discontinuous			(DU16). Repeat three	M
			times.	
Face RF		4.	Lift the lower jaw and	
Advised Time:			double chin with hands	、 `ノ
10 to 15			doing it alternately and	
minutes			to the armpit via the	Technique 5, 6, 7
			back of the ear, and	$\simeq \gamma$
Advised Energy			slide out from there.	Ň
Level: 3 to 7			Repeat three times.	- 77
		5.	Stroke the three	
Mode: NOR/			channels and collaterals	<u> </u>
PRO			of the side of the neck	
			with purlicue doing it	Technique 11, 17
			circlewise and till the	. V
			armpit, and slide out	, T
			from there. Repeat	- 4
			three times.	
			Stroke the three	١٢, )
		6.		
			channels and collaterals	T   . 10.10
			of the side of the neck	Technique 12, 18
			with four fingers and till	
			the armpit, and slide	
			out from there. Repeat	
			three times.	γ, )
		7.	Rub the side of the neck	/
			with kneeling fingers	
			until it turns hot and till	Technique 14, 20
			the armpit, and slide	
			out from there. Repeat	
			three times.	4»
		8.	Stroke the external	
			collarbone with	
			purlicue and till the	
			armpit. Repeat 3 to 5	
			times.	
		9.	Do the same on the	
			out from there. Repeat three times. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.	

other side.
10. Clean the face and
apply serum evenly to it
3 minutes.
11. <b>Ultrasound</b> : Lift from
double chin to armpit
via the back of the ear
with the instrument
and a hand, and slide
out from there. Repeat
three times.
12. Move the equipment
circlewise on the neck
side till the armpit in
three lines, and slide
out from there. Repeat
three times.
13. Slide the equipment
external collarbones to
the armpit, and slide
out from there. Repeat
3 to 5 times.
14. Move the equipment
circlewise on the neck.
Repeat three times.
15. Do the same on the
other side.
16. Clean the neck with a
hot towel, 2 minutes.
17. Face RF: Lift from
double chin to armpit
via the back of the ear
with the instrument
and hands: and slide
out from there. Repeat
three times.
18. Move the equipment
circlewise on the neck
side till the armpit in
three lines, and slide
out from there. Repeat
three times.
19. Slide the equipment

	from internal and
	external collarbones to
	the armpit, and slide
	out from there. Repeat
	3 to 5 times.
	20. Move the equipment
	circlewise on the neck.
	Repeat three times.
	21. Do the same on the
	other side.
	22. Clean the neck with a
	hot towel, 2 minutes.
	23. Apply a neck mask and
	wait 15 minutes.
	24. Clean the face, 2
	minutes.
	25. Apply toner, neck
	essence, neck cream,
	and sunscreen.
	26. Treatment ends.
The Recommended Course of T	reatment

#### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymph drainage speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.