

# User Manual

MS-6552SB



## Preface

To our valued users,

Thank you for choosing our latest product: integrated beauty equipment. It unites micro-current with LED, multipolar RF, vacuum RF, 40K, and laser pads and is the newest instrument for slimming and tightening skin. MS-6552SB is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly before operation and strictly follow the instructions specified when in use.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

# Table of Contents

Preface
Part I
Introduction
Advantages
Working Principle
Anti-aging Facial
Anti-aging Eye Treatment
Neck Maintenance
Body Management
Waist & Abdomen Sculpting
Arm Sculpting
Back Sculpting
Buttock Sculpting
Leg Sculpting
Part II
Detailed Operation
Precautions on Use
Troubleshooting
FAQs
Packing List
Simplified Operating Steps
Diagrams

# Part I

## 1. Introduction

At present, micro-current with LED, RF, vacuum, 40k cavitation, and lipolysis with laser pads are the most popular equipment for improving looks, tightening, shaping, and fighting against aging. They can effectively replace most facial and body care programs in a beauty salon, be operated easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has an instant result and no side effects.

## 2. Advantages

- (1) The multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasound powerfully blasts and removes fat; it has replaced and surpassed liposuction and will address people's concerns for obesity, bringing good news to fat people.
- (3) Radiofrequency facilitates the skin's metabolism and collagen regeneration, removes wrinkles, resists aging, reduces fat, and rejuvenates the skin.
- (4) Laser lipolysis: evenly dissolve fat; make skin smooth and flat, and leave no scars; safe and painless.
- (5) It has multiple handpieces, which can be changed per different body parts and needs.
- (6) It has various functions, and it's easy and quick to use, addressing troubles for function selection.
- (7) It adopts the most advanced ultrasonic cavitation and vacuum technology in the world.
- (8) It's painless and non-invasive during treatment; it has no downtime and will not affect regular work and life after treatment.
- (9) It has zero consumption and is low-cost, but it gives a quick return.
- (10) Unevenness, bleeding, and swelling will not occur.

## 3. Working Principle

### (1)Radiofrequency

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

## (2)Micro-current with LED

It outputs bioelectric currents that simulate the human body, which enters muscle cells after penetrating the skin. The currents stimulate intracellular adenosine triphosphate (ATP), restore the cells' regular operation and functions, and supply energy to the muscle and body. Increasing the cell's permeability, 30% to 40% higher than usual, helps the body absorb nutrition and moisture better and improve oxygen content in the blood. Meanwhile, it expels wastes, toxins, and stranded liquids as soon as possible. Stimulating muscle fiber synthesis, 68% higher than usual, makes the skin moisturized, soft, firm, and shiny. Raising the collagen's synthesis level by 73% can lessen wrinkles and make skin softer, elastic, and glossy.

## (3)40k

It utilizes the principle of ultrasound. It can effectively consume heat and cellular moisture and shrink fat cells by the intense sound waves entering the body that cause fat cells to create violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

**The cavitation principle of ultrasound:** When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound and close rapidly in the positive pressure zone. Therefore, they are compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

**Advantage:** It destroys tissue selectively. Namely, it only destructs low-density adipose tissue with a specific frequency and protects high-density tissue like blood vessels and nerves.

## (4)Vacuum RF

Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be activated and skin elasticity can be increased. Meanwhile, it accelerates the microvessels' blood circulation, discharges excess toxins through the regular circulation of the lymphatic system, and lowers the probability of adverse situations that happen to body parts, such as dark spots, pigmentation disorder, and congestion. The kneading effect generated by vacuum sucking fat out can increase the activity of skin and muscle so that areolar tissue can be decreased and skin elasticity can be enhanced, completing body slimming and shaping simultaneously. In addition,

vacuum movement can stimulate the sympathetic nervous system of the skin's surface and deep layer and lower skin sensitivity. The air pressure's suction and release can improve the capillary system, promote flow between deeper veins and the lymph gland networks, strengthen blood vessels, and relieve varicosity.

**Advantage:** It breaks through the vacuum's previous working mode featured by singleness and simpleness. Using different modes for different body parts can slim and sculpt the body more efficiently and better and cause no harm. This equipment has a unique radiofrequency (RF) handpiece, and its RF handpiece and vacuum handpiece are independent and complementary. Therefore, it can perfectly reshape the body in a more efficient, rapid, and even way than the standard monopolar RF handpiece.

### **The Physical Effect of Vacuum**

#### **Skin Layer**

The suction and release of air pressure:

- Improve mobility among cells to increase cell movement and cure blood stasis-related diseases.
- Remove moisture from the lymph gland and veins.

Effect: Discharge excess moisture from fibrous tissue.

#### **Vascular Layer**

The suction and release of air pressure:

- Boost the microvessels' blood circulation, improve the blood capillary system, and promote flow between deeper veins and lymph gland networks.
- Remove extra toxins from the body.

Effect: Strengthen blood vessels and relieve varicosity

#### **Fibrous Layer**

The suction and release of air pressure:

- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.
- Boost and restore skin elasticity and resist skin stretch.
- The production of ossein helps renew skin and restore elasticity.
- Enhance the skin's oxygen supply capacity and increase carbon dioxide consumption.

Effect: Break up the tough bands causing cellulite and make it more elastic to shape the body.

#### **Nervous Layer**

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Restore skin elasticity and resist tissue fibrosis.

Effect: Repair and lower skin sensitivity.

## (5)Laser Lipolysis

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The laser has mighty penetrating power, which can effectively activate or repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects. It sends laser energy's low-level chemical signal to fat cells, decomposing triglycerides deposited in the fat layer into free fatty acids and glycerol, which are released through the cell membrane's passage. Fatty acids and glycerol are transported to tissue in the body that produces metabolic energy. When the body needs to use the stored energy reserves, fatty acids release is a natural response. Therefore, it will not cause the body to produce an unnatural reaction and affect or damage the surrounding structures, such as the skin, blood vessels, and peripheral nerves. After a period of exercise therapy, the free fatty acids inside the body will be removed through intact metabolism.

**Biological Effect:** The laser with a wavelength of 635nm to 650nm heats fat cells in the targeted zone to decompose them. Fat deposition is only absorbed and discharged via our body's natural metabolism within a short time. During the process, the laser seals tiny blood vessels, reduces bruises, channels heat into the treated area, and stimulates collagen production to make it smooth and firm and shape the body.

The low-energy laser (biostimulation) goes directly to the deep layer of the fat. It utilizes the energy of proper level to stimulate biological cells and induce or strengthen a series of physiological reactions, such as promoting local blood circulation, regulating cell function, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. The laser has mighty penetrating power, which can effectively activate or repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

## 4. Anti-aging Facial

### (1)Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance the skin's absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

## (2)Indications

- 1) People with dull or lustreless faces.
- 2) People with flabby or saggy skin.
- 3) People with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) People with an unapparent facial outline.
- 5) People with coarse skin or large pores.
- 6) People who are under long-term exposure to ultraviolet radiation in the workplace.
- 7) People with flabby skin, edema, or puffiness after child delivery.

## (3)Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid or skin booster or had an injection for wrinkle removal, plastic surgery, etc.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) People in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) Overage people.
- 6) People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- 7) People with skin disease or infectious disease.
- 8) People who have an unrealistic illusion about the effect.

## (4)Matters Needing Attention After Treatment

- 1) Do not wash your face with overheated water within three days (can wash it with warm or cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs or saunas or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.



## 5. Anti-aging Eye Treatment

### (1)Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

### (2)Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) People who are always exposed to a dry or high-temperature environment.

### (3)Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

### (4)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

## 6. Neck Maintenance

### (1)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymph drainage and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

### (2)Indications

- 1) People whose necks have coarse skin or dull skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

### (3)Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

### (4)Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

## 7. Body Management

### (1)Waist & Abdomen Sculpting

#### 1) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.

#### 2) Indications

- People with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- People with unsightly waistlines due to sitting too long.
- People with striae distensae or stretch marks.
- People with constipation or whose abdomens have obstructed channels and collaterals.

#### 3) Contraindications

- People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or breastfeeding.
- People whose surgical wounds are healing or in surgical recovery.
- People with epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People with severe gynecological diseases.
- People whose gynecological diseases are in treatment.

#### 4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight-loss and metabolism effect.

## (2) Arm Sculpting

### 1) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

### 2) Indications

- People with thick arms or who look unsightly in clothes.
- People with bat wings or flabby arms.
- People whose arms have flabby skin.
- People whose arms are prone to soreness and numbness.
- People who always carry a baby.

### 3) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period or with severely sensitive skin.
- People with skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

### 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

### (3) Back Sculpting

#### 1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.

#### 2) Indications

- People with shoulder or back soreness or stiff neck.
- People with insomnia, dreaminess, or a fading memory.
- People prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- People with thick backs or who look unsightly in clothes.
- People with Dowager's Hump.

#### 3) Contraindications

- People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or breastfeeding.
- People whose surgical wounds are healing or in surgical recovery.
- People with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People who have a weak body.
- People who are drunk, thirsty, overworked, or with a full or empty stomach.

#### 4) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

## (4) Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and Qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner Qi-blood and lower burner Qi-blood. It plays a vital role in body S-curve management and feminine charm increasing.

### 1) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

### 2) Indications

- People whose hips are slack, saggy, or have accumulated fat.
- People with striae distensae or stretch marks.
- People whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- People with cold hips or low hip temperature.
- People with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- People with decreased estrogen levels or disharmonious sexual life.

### 3) Contraindications

- People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.

### 4) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing a mini skirt or mini shorts.

- Take a shower after 4 to 6 hours.
- Drink more warm water, and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

## (5) Leg Sculpting

### 1) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

### 2) Indications

- People with obstructed blood circulation of the lower limbs, edema, or obesity,
- People who feel uncomfortable and pain all over the body or are prone to catch colds or with hyp immunity.
- People with constipation or with coarse or slack skin.
- People whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

### 3) Contraindications

- Women in menstruation, pregnancy, or breastfeeding.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People with severe varicosity or tumors.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.
- People in pregnancy or surgical recovery.

### 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and

catching a cold.

- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing a mini skirt or mini shorts.



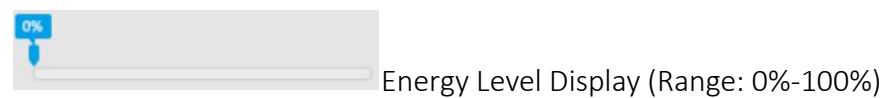
## Part II

### 1. Detailed Operation

Turn on the equipment, and it will enter the following interface after finishing loading.



#### (1)General Function Introduction





Start/ Pause

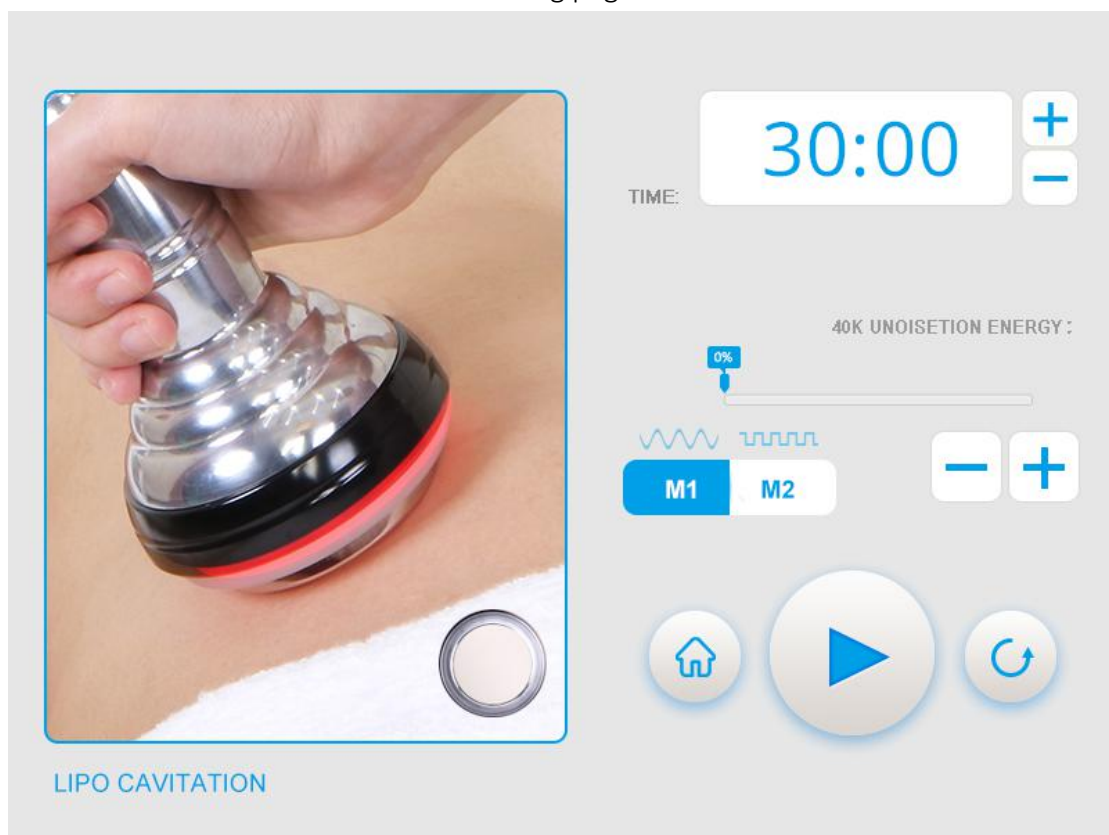


Reset

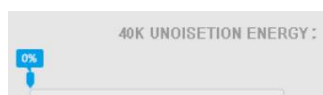
## (2)Detailed Operation for 40k Unoisetion



Select **40K Unoisetion** and enter the following page.



Time Display & Setting (Advised operating time: 15-20 minutes)



Energy Level Display Bar (Suggested energy level: 30%-70%)



Energy Level Setting



### The Two Working Modes

M1: Continuous Output Mode

M2: Discontinuous Output Mode

Adjust the parameters to proper values, evenly apply the suitable medium to the

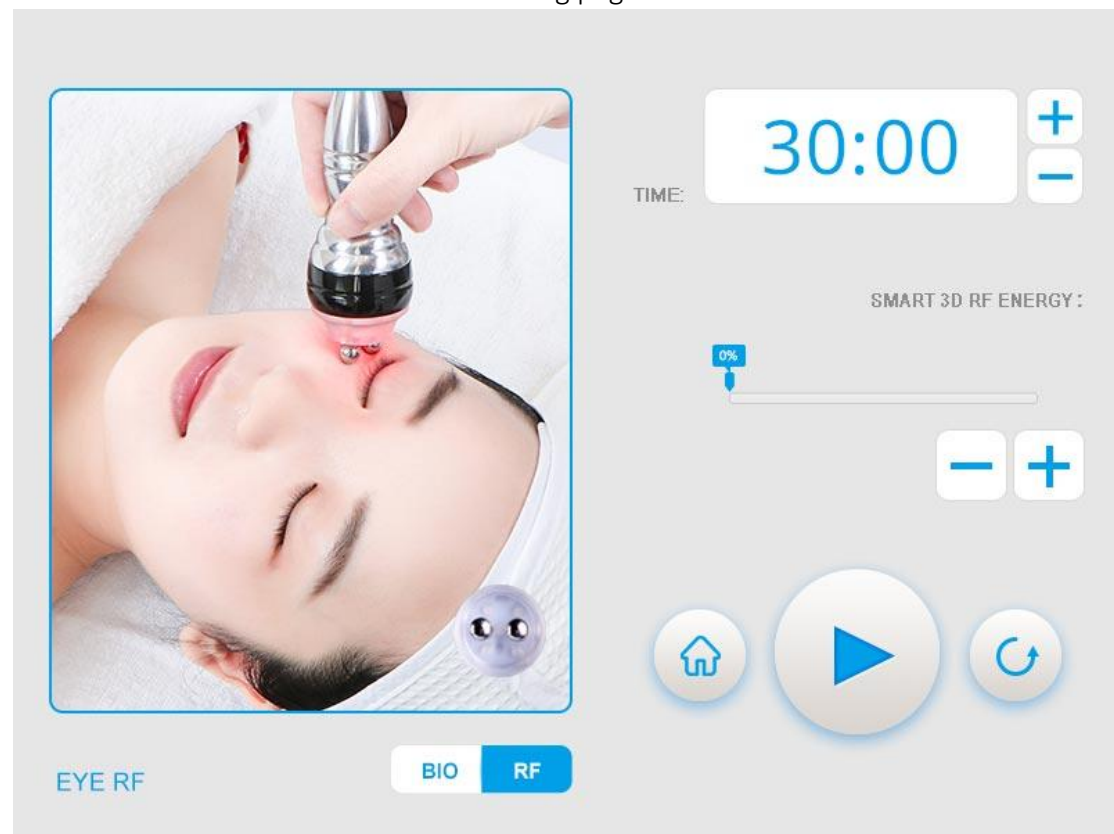


treated parts, and press to start operation.

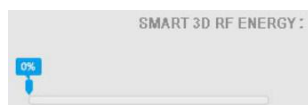
### (3)Detailed Operation for Eye RF & BIO



Select **Eve RF&Bio** and enter the following page.



Time Display & Setting (Advised operating time: 10-15 minutes)



Energy Level Display Bar (Suggested energy level: 30%-70%)



Energy Level Setting



The Two Working Modes:

BIO: Micro-current mode. If you select this mode, you will feel the sensation of electric current (tightening and lifting).

RF: Radiofrequency mode. If you choose this mode, you will feel a sense of hotness (tightening and stimulating collagen regeneration).

Adjust the parameters to proper values, evenly apply the suitable medium to the

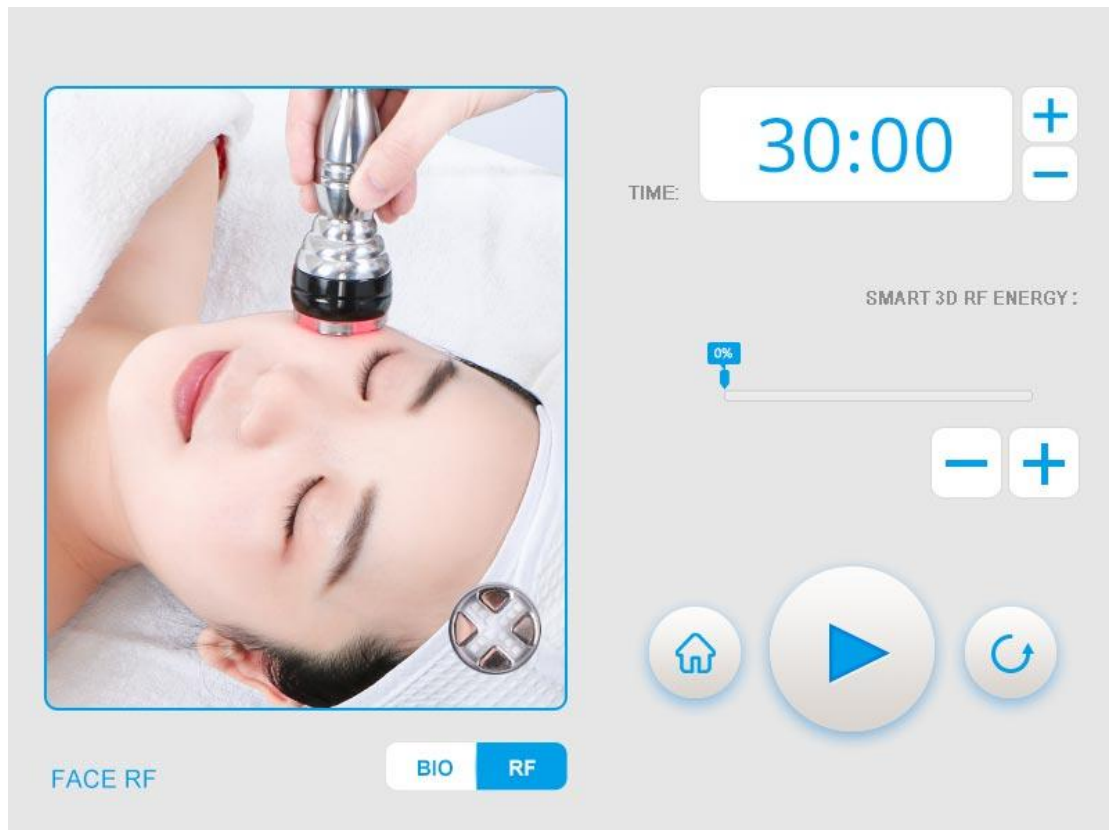


treated parts, and press to start operation.

#### (4) Detailed Operation for Face RF & BIO

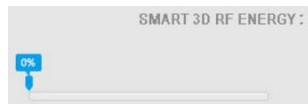


Select **Face RF&Bio** and enter the following page.



Time Display & Setting (Advised operating time: 15-20

minutes)



Energy Level Display Bar (Suggested energy level: 30%-70%)



Energy Level Setting



The Two Working Modes:

BIO: Micro-current mode. If you select this mode, you will feel the sensation of electric current (tightening and lifting).

RF: Radiofrequency mode. If you choose this mode, you will feel a sense of hotness (tightening and stimulating collagen regeneration).

Adjust the parameters to proper values, evenly apply the suitable medium to the

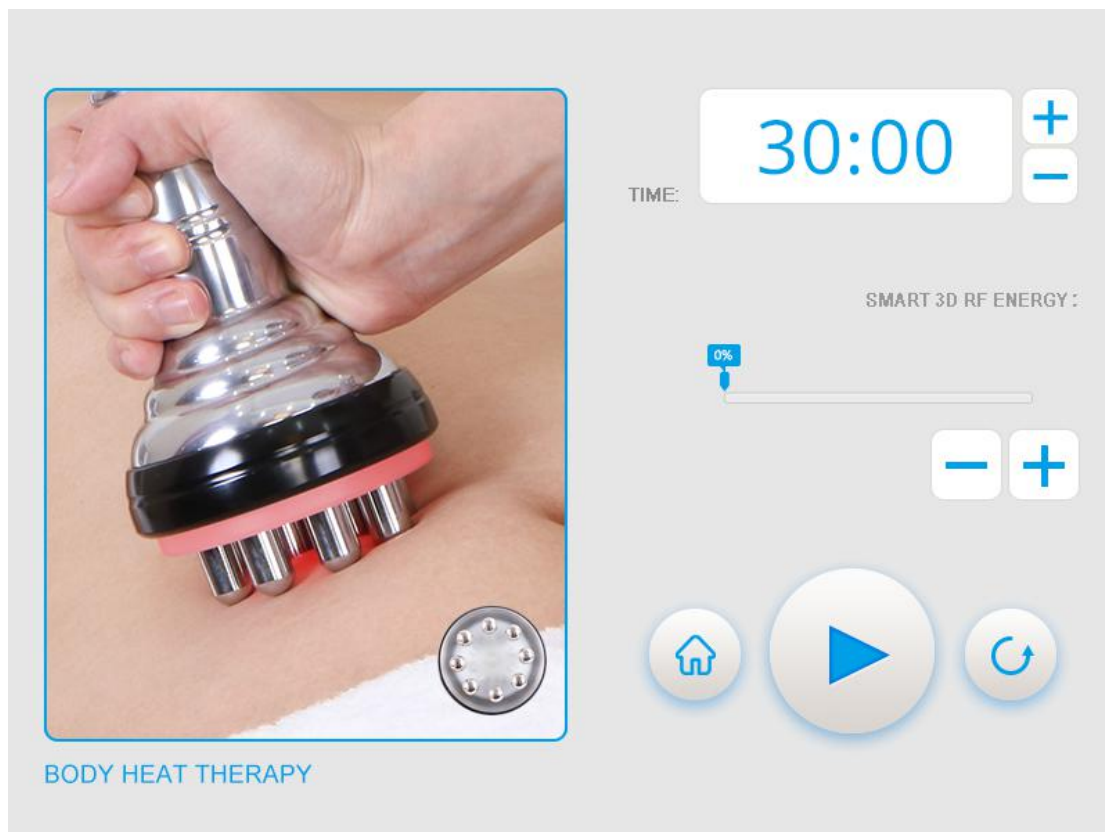




treated parts, and press to start operation.


## (5)Detailed Operation for Body RF




Select **Body RF** and enter the following page.



 **30:00**  Time Display & Setting (Advised operating time: 15-20 minutes)

 SMART 3D RF ENERGY :  
0% Energy Level Display Bar (Suggested energy level: 30%-70%)

 Energy Level Setting

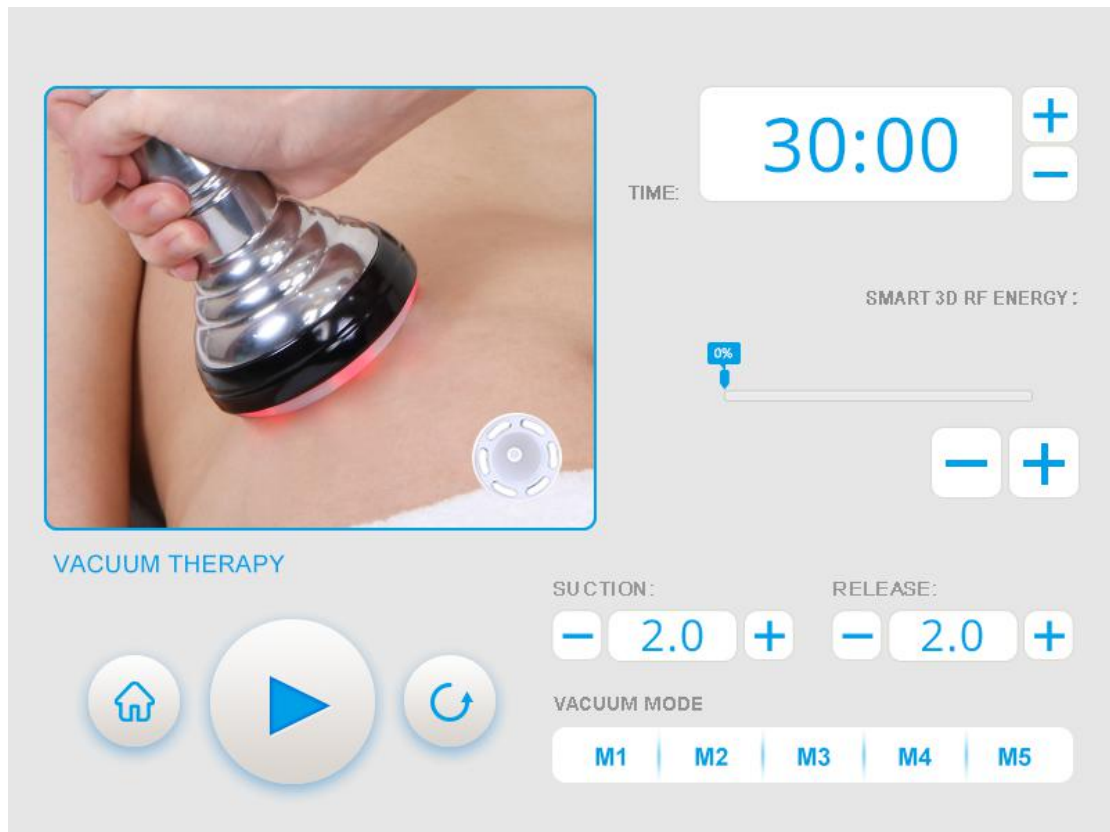
Adjust the parameters to proper values, evenly apply the suitable medium to the treated parts, and press  to start operation.


## (6) Detailed Operation for Body Vacuum & RF




Select **Body Vacuum & RF** and enter the following page.

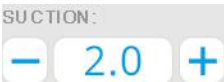


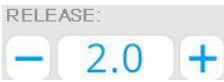


 Time Display & Setting (Advised operating time: 15-20 minutes)

 Energy Level Display Bar (Suggested energy level: 30%-70%)


 Energy Level Setting

 Suction time for vacuum; time range: 0.0 to 2.0 minutes

 Release time for vacuum; time range: 0.0 to 2.0 minutes

 The Five Working Modes:

 Direct Suction

 All are one suction followed by one release.

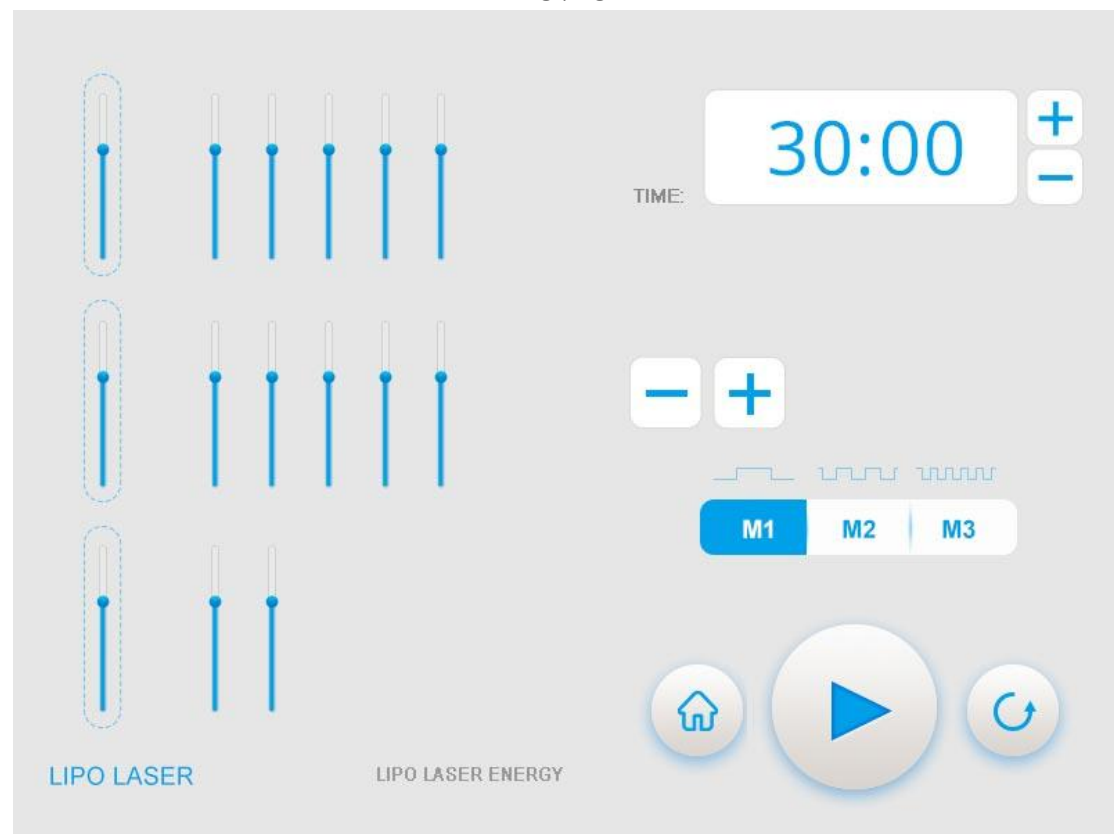
The suction and release time for M2 is shorter; based on the previous mode, the suction and release time for M2-M5 will be increased to a certain extent. For those who use it for the first time and feel no suction, you can adjust the modes of suction and release. For other groups of people, you can select M1 mode. Adjust the parameters to proper values, apply the suitable medium to the treated


parts evenly, and press  to start operation.

## (7)Detailed Operation for Lipo Laser

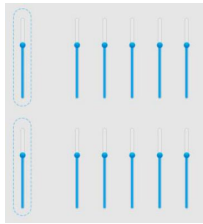


Select **Lipo Laser** and enter the following page.

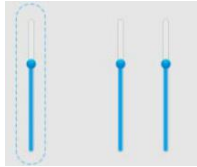


 Time Display & Setting (Advised operating time: 20-30 minutes)





Energy Level Display for Large Laser Pad (One scale represents one grid of energy; energy range: 0-10; advised energy level: 3-7)



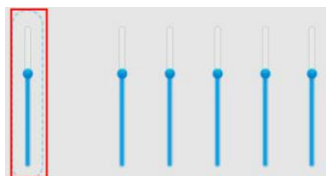
Energy Level Display for Small Laser Pad



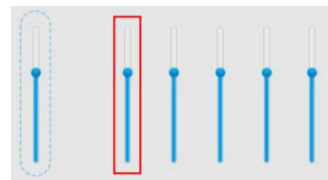
Energy Level Setting (Decrease)



Energy Level Setting (Increase)



Click the energy bar on the far left, and press the plus-minus



button to control an entire row of laser pads. Click any energy bar on the right and press the plus-minus button to control a single laser pad. So it's the same with small laser pads.



The Three Working Modes:

M1: The lights will always be on (suit obese people)

M2: The lights flash slowly (suit those who want to reinforce the effect in a later stage.)

M3: The lights flash fast (suit slightly fat people.)

Adjust the parameters to proper values, evenly apply the suitable medium to the

treated parts, and press  to start operation.

## 2. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, part with a pulse generator, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to start it immediately.
- (11) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight-loss treatment.
- (12) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (13) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (14) You must keep the treated parts moist and avoid operating the instrument in dry skin conditions.
- (15) Do not set the Vacuum RF's suction too high; otherwise, the skin may feel pain due to drag.
- (16) When operating laser pads, please keep the skin dry to not affect their service life.
- (17) When using the laser pads, their whole surface should contact the skin thoroughly; they can not only touch a small area.
- (18) You can use the laser pads separately; fasten them directly onto the fatty parts needing weight reduction, and set the energy level before operation; treatment time for a body part is about 20 minutes. A better effect can be achieved by combining massage, radiofrequency, and ultrasound handpieces.

- (19) Remember that you can not use 40k around the chest or parts with many skeletons, such as the head, back, and breast.
- (20) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.
- (21) Strictly use the equipment and train the operators per the instructions specified in the manual.

### 3. Troubleshooting

- (1) I can't start the equipment.
  - A. Make sure you plug the power cord into a good power socket.
  - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) I can start the equipment, but RF doesn't output energy, or the energy becomes weak.
  - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
  - B. The wire inside the handpiece is loose or burnt out.
- (3) I can start the equipment, but an error message shows on the monitor.
  - A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
  - B. If the solution mentioned above doesn't work, please contact the distributor for assistance.
- (4) The vacuum doesn't have suction, or the suction becomes weak.
  - A. Check whether the filter is installed correctly.
  - B. Check whether the handpiece's connecting cable is installed correctly.
  - C. Check whether the handpiece's connecting cable is damaged.
  - D. There is a foreign matter or oil dirt inside the main unit's suction hole; please check and clean it.

### 4. FAQs

- (1) Q: How long does it take to see the effect of a radiofrequency treatment?  
A: Usually, you can see the effect on the same day or within a week. It contracts when collagen tissue is heated, resulting in an evident skin tightening. Since radiofrequency stimulates subcutaneous tissue, the collagen regenerates continuously. Therefore, the more times you take the treatment, the more noticeable the effect will be.
- (2) Q: Is radiofrequency harmful to the skin?  
A: Tightening and anti-wrinkle treatment with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the

underlying skin. Therefore, it doesn't harm the skin. Local skin will only experience redness and burning after treatment, which is a normal phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus you don't have to worry.

(3) Q: How long does a body tightening and shaping treatment take?

A: The operating time for one treatment is 60 minutes. We will combine professional techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment have?

A: It can dissolve fat, shape body, rejuvenate skin and make it smooth, do tightening and lifting, reverse senility, and fight against aging. You can use it all over the body. Further, it can sculpt facial contour, reduce wrinkles, and relieve loosening and sagging. It can reduce the weight of local body parts, build S curves, and accelerate metabolism and detox. It can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better for weight loss, liposuction, or this equipment?

A: Liposuction slims a local body part rapidly by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during surgery and has convalescence. It's risky because it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, making women sexier.

(6) Q: Will I experience a rebound after treatment?

A: It's hard for the weight to rebound after it's reduced with 40k lipolysis. 40k lipolysis removes fat instead of moisture, and it takes a long time for the fat to accumulate. Thus rebound will not take place easily.

(7) Q: Do I need to be on a diet after the treatment?

A: You need to keep on a diet to some extent since radiofrequency and ultrasound treatments are followed by fat-blasting and accelerated metabolism. Therefore, you have to avoid eating spicy, greasy, or fried food so as not to affect metabolism. But you can have a proper amount of exercise to sweat and discharge it from the body to have a more evident effect.

(8) Q: Does the treatment have any side effects on the body?

A: Improving looks and shaping body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to reduce wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people's skins may experience transient redness or swelling that will disappear after a few hours. Since RF heat energy causes the skin to lose moisture, dry skin may experience dryness and atrophy after initial treatment. However, the skin turns plump

at the initial stage of collagen regeneration, and all symptoms will vanish after three days. Thus it has no side effects on the body.

(9) Q: Can I use ultrasound all over the body?

A: Ultrasound breaks fat cells and bursts cell walls, causing fat in the cells to flow out, which then is absorbed and metabolized by lymph. Thus it has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the head, waist, back, and chest.)

(10) Q: Does ultrasound have side effects on the body?

A: Ultrasound is a non-surgical and non-invasive procedure and requires no surgery or anesthetic. When the focused and intense sound waves enter the body, it causes a violent impact upon the fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: The ultrasound has a strong vibration, and its frequency is above 20kHz. By acting on the fat layer that is 20mm under the skin with the ultrasonic focusing effect, ultrasound with concentrated energy causes fat cells in the Jiao zone to create high-speed friction among themselves, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supply the needed nutrition to various skin layers and enhance collagen activity. Its function includes locking moisture, nourishing skin and hair, delaying aging, improving looks, and relieving slack face. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are 40, the collagen content is less than half of that of 18. The loss of collagen and moisture breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of folds on the elderly's faces. The loss causes skin tissue to oxidize, atrophy, and collapse, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(13) Q: Why do I need buttock maintenance?

A: Hip maintenance can help lymph drainage, relieve gynecological diseases, and shun some harms brought by buttock blockage. When the buttocks are blocked, gynecological diseases arise for sure. Inside the buttocks are the pelvic cavity and intestinal tract. They connect to Daimai (GB26), lumbar vertebra, sciatic nerve from top, uterus, ovary, adnexa in the front, anus, vagina, groin, and lymph from the bottom. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most susceptible to cold, dampness, and blood stasis. When the hips are cold, the channels and collaterals inside shrink, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

(14) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the air suction and release and the alternate increase and decrease of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

(15) Q: Which one is better, laser lipolysis or liposuction?

A: Compared with traditional liposuction, laser lipolysis uses laser energy to scan the treated parts one by one evenly. It will not cause unevenness to the skin; instead, it makes it smooth and firm. Additionally, the laser used by laser lipolysis only acts on the given fat layer. It doesn't harm the epidermis and can accelerate elastic fibers' self-healing and keep the treated parts' skin firm, smooth, and flat.

(16) Q: Will laser lipolysis rebound?

A: The quantity of fat cells inside the body is fixed, increasing with age and turning constant after adulthood. The enlargement in fat cells' size leads to weight gain. Laser lipolysis eliminates local fats and reduces fats' size. Indeed, the weight barely rebounds after a laser lipolysis treatment, but it doesn't mean it will not take place for sure. Usually, the rebound will not happen as long as you keep a rational dietary structure and don't eat and drink too much daily.

(17) Q: Do laser treatments for weight loss need to keep on a diet and exercise?

A: Losing weight with the laser has a noticeable effect, but we can't rely on it alone to achieve the goal. A rebound may occur if we don't control what we eat and instead eat and drink too much in a later stage after reducing our weight to an ideal range. Bear in mind that no such weight loss products can deliver permanent effects. Therefore, weight loss with the laser is just a supplement. We still have to be on a diet and exercise appropriately after achieving the target for weight loss and stopping the treatment.

## 5. Packing List

Main Unit x1  
Eye RF & BIO Handpiece x1  
Face RF & BIO Handpiece x1  
Body RF Handpiece x1  
Body Vacuum & RF Handpiece x1  
40k Unoisetion Handpiece x1  
Large Lipo Laser Pad x10  
Small Lipo Laser Pad x2  
Power Cord x1  
Fuse x2  
Parts Rack x3

## 6. Simplified Operating Steps

### (1)Anti-aging Facial

Remove makeup, clean the face, apply a moisturizing mask, use hot steam, clean the face, apply toner and massage cream, massage, apply massage cream, use RF & SUCTION, clean, apply essence, use EMS & EL, apply a sheet mask, clean, and apply toner, lotion, essence, and facial cream.

### (2)Anti-wrinkle Eye Treatment

Remove makeup, clean the face, apply toner and eye essence, massage, apply eye essence, use Eye RF & BIO, apply a sheet mask, clean, and apply toner, eye essence, and eye cream.

### (3)Neck Maintenance

Clean the neck, apply toner and massage cream, massage, apply massage cream, use Face RF & BIO, clean, use small Lipo Laser Pads, clean, apply a neck mask, clean, and apply toner, neck essence, and neck cream.

### (4)Waist & Abdomen/ Leg Sculpting

Massage, use 40k Unoisetion and Body Vacuum & RF, clean the treated parts, and use large Lipo Laser Pads.





### (5)Arm

Massage, use 40k Unoisetion and Body RF, clean the treated parts, and use large Lipo Laser Pads.




## (6)Back/ Buttocks

Massage, use Body Vacuum & RF, and clean the treated parts.

## 7. Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Facial: 70 Minutes/ Once a Week			
Advised Energy Level: 30% to 70%  Advised Operating Time: 10 minutes for BIO and RF, respectively	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Hydro Mask + Essence + Sheet Mask	1. Remove makeup and clean, 5 minutes. 2. Apply a hydro mask and use hot steam, and wait 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 7. Caress the whole face three times. 8. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift corner of the eyes; do them alternately with hands.	Technique 5, 7
			
			Technique 6
			
			Technique 8, 9
			
			Technique 10
			







		<p>Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat five times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. <b>Face RF &amp; BIO:</b> Lift one line after another from the chin to the part below the ear, from the corner of the mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift the forehead towards the hairline direction with the device moving circlewise. Repeat three times.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply a sheet mask and</p>	<p>Technique 15</p> 
			<p>Technique 18, 19, 20</p> 
			<p>20</p> 






		wait 15 minutes. 22. Clean the face, 2 minutes. 23. Apply toner, essence, facial cream, and sunscreen. 24. Treatment ends.	
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### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox are enhanced. It also fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

### Anti-aging Eye Treatment: 60 Minutes/ Once a Week



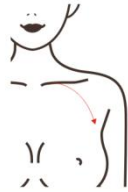

Advised Energy Level: 30% to 70%  Advised Operating Time: 10 minutes for BIO and RF, respectively	Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask	1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise. Repeat three times.	Technique 3, 5 
		4. Press Jingming (BL-1), Chengqi (ST-1), Sibai (ST-2), Tongziliao (GB-1), Sizhukong (SJ-23), Yuyao (EX-HN4), and Cuanzhu (BL-2). 5. Caress eyes with hands drawing outward Arabic numeral eight. Repeat three times.	Technique 4 
		6. Caress eyes with hands in a scissor gesture. Repeat three times. 7. With one hand in a scissor gesture and the other moving circlewise from the inner corner of the eye to the outer corner, move till the back of the	Technique 6 
			Technique 7 

		<p>ear, and slide out from there. Repeat three times.</p> <p>8. <b>Eye RF &amp; BIO:</b> Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>9. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>10. Draw small circles on the lower eyelid with the device, and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>11. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>12. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>13. Do the same on the other side.</p> <p>14. Clean the eyes, 1 minute.</p> <p>15. Apply an eye mask and wait 15 minutes.</p> <p>16. Remove the mask and clean the eyes, 2 minutes.</p> <p>17. Apply eye essence.</p> <p>18. Treatment ends.</p>	
			Technique 9
			
			Technique 10
			
			Technique 11
			
			Technique 12, 13
			

### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, metabolism accelerates, the eyes firm, and fine lines fade. After a course, the fine lines disappear clearly, and the trend continues. When you complete two courses, the effect becomes evident, the skin tightens and lifts, collagen of the underlying skin increases, the outer corner of the eyes lifts evidently, and the eyes turn more confident and fiery. If you finish three courses, the effect consolidates, the fine lines vanish, and wrinkles will not rebound as long as the daily maintenance is in place.

### Neck Maintenance: 80 Minutes/ Once a Week


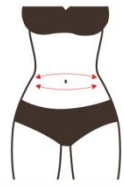



<p><b>Face RF &amp; BIO</b></p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Operating Time: 10 minutes for BIO and RF, respectively</p> <p><b>Lipo Laser</b></p> <p>Advised Operating Time: 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: M1</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean, 5 minutes.</li> <li>2. Apply toner, 1 minute.</li> <li>3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</li> <li>4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times.</li> <li>5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times.</li> <li>6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times.</li> <li>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.</li> <li>8. Stroke the external</li> </ol>	<p>Technique 3</p>  <p>Technique 4, 6, 7</p>  <p>Technique 8</p>  <p>Technique 5, 11, 12, 13</p> 
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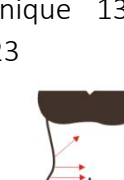

		<p>collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10.Treatment ends.</p> <p>11.<b>Face RF &amp; BIO:</b> Lift from the double chin to the armpit via the back of the ear. Repeat three times.</p> <p>12.Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13.Move the equipment circlewise on the neck, and slide out from there. Repeat three times.</p> <p>14.Clean the neck.</p> <p>15.<b>Lipo Laser:</b> Fasten a strap onto the head, insert laser pads into the strap that ties up the chin and fasten them, set the energy parameters, and wait for 20 minutes.</p> <p>16.Remove the pads and untie the strap.</p> <p>17.Clean the neck with a hot towel, 2 minutes.</p> <p>18.Apply a neck mask and wait 15 minutes.</p> <p>19.Clean the neck with a hot towel and have a hot compress for 1 minute.</p> <p>20.Apply toner, neck essence, neck cream, and sunscreen.</p> <p>21.Treatment ends.</p>	
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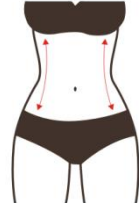
### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymph drainage speeds up, and dull face and acne take a turn for the better. It also delays skin aging and rejuvenates the skin.

### Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p><b>40k Unoisetion</b> Advised Operating Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: M1</p> <p><b>Body Vacuum &amp; RF</b> Advised Operating Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: M1</p> <p><b>Lipo Laser</b> Advised Operating Time: 20 minutes</p> <p>Advised Energy</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times.</li> <li>3. Rub the belly back and forth with hands. Repeat 3 to 5 times.</li> <li>4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</li> <li>5. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times.</li> <li>6. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times.</li> <li>7. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times.</li> <li>8. Caress the treated parts with hands moving circlewise. Repeat three times.</li> <li>9. Press Shangwan</li> </ol>	<p>Technique 2, 8</p>  <p>Technique 3, 17</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6</p> 
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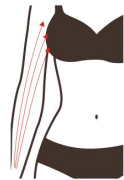
<p>Level: 3 to 7</p> <p>Advised Mode: M1</p>	<p>(RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat two times.</p> <p>10. Slide to the parts below the waist along the two sides with thumbs, and lift upwards to the groin. Repeat three times.</p> <p>11. Caress the treated parts till groin with hands.</p> <p>12. Treatment ends.</p> <p>13. <b>40k Unoisetion:</b> One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.</p> <p>14. Lift the other side. Repeat three times.</p> <p>15. Draw small circles on the abdomen. Repeat three times.</p> <p>16. Draw big circles on the abdomen. Repeat three times.</p> <p>17. Body Vacuum &amp; RF: Set it to suction &amp; release mode. Slide from the left side to the other side of the waist along the top of the belly button, and then slide from the bottom of the belly button to the left side. Repeat three times.</p> <p>18. Set it to direct suction. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>19. Lift the other side.</p>	<p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 14, 18, 23</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16, 22</p>
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		<p>20. Lift Daimai (GB26) back and forth and transversely. Repeat three times.</p> <p>21. Sculpt up and down on the waist. Repeat three times.</p> <p>22. Draw big circles on the abdomen. Repeat three times.</p> <p>23. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>24. Wipe out the essential oil with a dry towel.</p> <p>25. <b>Lipo Laser:</b> Fasten a strap onto the waist, insert laser pads into the strap and tighten them, set the energy parameters, and wait for 20 minutes.</p> <p>26. Remove the pads and untie the strap.</p> <p>27. Treatment ends.</p>	 <p>Technique 20</p> 
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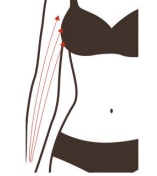
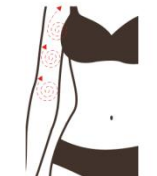


#### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, expediting metabolism. After a course, fat metabolizes slowly, slimming starts, and problems like constipation are relieved. When you complete two courses, the effect becomes more and more apparent, the skin turns tightened and lifted, the underlying skin's collagen increases, and stretch marks and flabby skin take a turn for the better. If you finish three courses, the effect consolidates, excess fat disappears gradually, waist and abdomen's curve shapes, and a slim waist builds.

#### Arm Sculpting: 60 Minutes/ Once a Week

<p><b>40k Unoisetion</b></p> <p>Advised Operating Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<p>1. Technique.</p> <p>2. Do it in left-right order. Lay the arm flatwise, apply essential oil from lower arm to upper arm with hands until the hands slide out. Repeat three times.</p> <p>3. Push the entire arm with palms doing it alternately.</p>	<p>Technique 2, 3, 4, 5, 6, 7</p>  <p>Technique 8, 9</p>
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<p>Advised Mode: M1</p> <p><b>Body RF</b> Advised Operating Time: 15 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p><b>Lipo Laser</b> Advised Operating Time: 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: M1</p>		<p>Repeat three times.</p> <p>4. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>10. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment ends.</p> <p>13. <b>40k Unoisetion:</b> Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat eight times.</p> <p>14. Move circlewise till</p>	 <p>Technique 10</p>  <p>Technique 13, 16</p>  <p>Technique 14, 15, 21, 22</p>  <p>Technique 17</p>  <p>Technique 19</p> 
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		<p>armpit along the three channels and collaterals. Repeat three times.</p> <p>15. You can treat flabby arms more. Repeat three times.</p> <p>16. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>18. Draw small circles till armpit along the three channels and collaterals of the upper arms. Repeat three times.</p> <p>19. Push from the upper arm to the armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. <b>Body RF:</b> Lay the arms flatwise, and move circlewise from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Lay the arms upwards, and move circlewise from the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>24. Move circlewise from the upper arm to the</p>	
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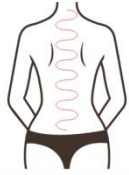
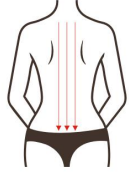



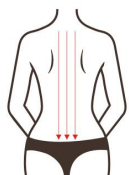
		<p>armpit along the three channels and collaterals.</p> <p>25. Do the same on the other side.</p> <p>26. <b>Lipo Laser:</b> Fasten a strap onto the arm's fatty part, insert laser pads into the strap and tighten them, set the energy parameters, and wait for 20 minutes.</p> <p>27. Remove the pads and untie the strap.</p> <p>28. Treatment ends.</p>	
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### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. The arms get hot, tightened, and relaxed when you accomplish a treatment cycle. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the result consolidates and stabilizes. Thus the rebound can be prevented.

### Back Sculpting: 45 Minutes/ Once a Week

<b>Body Vacuum &amp; RF</b> Advised Operating Time: 30 minutes  Advised Energy Level: 30% to 70%  Advised Mode: M1	Massage Cream (Essential Oil) + Instrument	1. Technique.	Technique 2, 11
		2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).	
		3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.	Technique 3
		4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times.	
		5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times.	Technique 4
		6. Push Bladder Meridian in left-right order with	Technique 5



		<p>thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. <b>Body Vacuum &amp; RF:</b> Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p>	 <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19</p>  <p>Technique 10</p>  <p>Technique 12, 13</p>  <p>Technique 16</p>  <p>Technique 17</p>
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		<p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>21. Clean it with a dry towel.</p> <p>22. Treatment ends.</p>	 <p>Technique 18</p>  <p>Technique 20</p> 
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### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

### Buttock Sculpting: 45 Minutes/ Once a Week

<b>Body Vacuum &amp; RF</b> Advised Operating Time: 30 minutes  Advised Energy Level: 30% to 70%  Advised Mode: M1	Massage Cream (Essential Oil) + Instrument	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</li> <li>3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</li> <li>4. Caress the treated part three times, and then press</li> </ol>	<p>Technique 2, 5, 11</p>  <p>Technique 3</p> 
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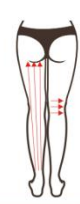

		<p>Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order; push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from the thigh root to Daimai (GB26) with the palms overlapped (lifting). Repeat 3 to 5 times.</p> <p>9. Move one line after another from the two sides of the buttocks to the highest point on them with hands. Repeat three times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated part.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment ends.</p> <p>14. <b>Body Vacuum &amp; RF:</b> Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15. Lift upwards and one</p>	<p>Technique 4</p>  <hr/> <p>Technique 6, 14, 17</p>  <hr/> <p>Technique 7, 10</p>  <hr/> <p>Technique 9, 15, 18</p>  <hr/> <p>Technique 16</p>  <hr/>
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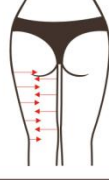

		<p>line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean the breast with a hot towel, 2 minutes.</p> <p>21. Treatment ends.</p>	
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#### The Recommended Course of Treatment




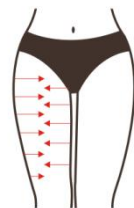
A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

#### Leg Sculpting: 80 Minutes/ Once a Week

<b>40k Unoisetion</b> Advised Operating Time: 20 minutes  Advised Energy Level: 30% to 70%  Advised Mode: M1  <b>Body Vacuum          &amp; RF</b>	Massage Cream (Essential Oil) + Gel + Instrument	<ol style="list-style-type: none"> <li>1. Massage.</li> <li>2. Do it in left-right order; apply essential oil from lower leg to thigh, and return to heel; repeat three times.</li> <li>3. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.</li> <li>4. Push Bladder Meridian-Kidney Meridian-Liver</li> </ol>	Technique 2, 3, 4, 5, 7, 8, 9   <hr/> Technique 6   <hr/>
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<p>Advised Operating Time: 20 minutes</p> <p>Advised Energy Level: 30% to 70%</p> <p>Advised Mode: M1</p> <p><b>Lipo Laser</b></p> <p>Advised Operating Time: 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: M1</p>		<p>Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment ends.</p> <p>12. <b>40k Unoisetion:</b> Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three</p>	<p>Technique 12, 14, 20</p>  <hr/> <p>Technique 13, 21</p>  <hr/> <p>Technique 15, 17, 23</p>  <hr/> <p>Technique 16, 18, 24</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p> 
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		<p>times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Draw small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. <b>Body Vacuum &amp; RF:</b> Lift one line after another from the heel to the popliteal fossa with the instrument and a hand. Repeat three times.</p> <p>21. Draw small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Draw small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply</p>	<p>Technique 29, 30, 35, 38, 40</p> 
			<p>Technique 34, 37, 43</p> 
			<p>Technique 36, 41</p> 
			<p>Technique 42</p> 

		<p>essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>29. Push                      Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>30. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>31. Treatment ends.</p> <p>32. Do the same on the other side.</p> <p>33. <b>40k Unoisetion:</b> Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>36. Draw small circles on the whole thigh. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p>	
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		<p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. <b>Body Vacuum &amp; RF:</b> Treat the lower legs with the aforementioned techniques. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. Draw small circles on the thigh. Repeat three times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>44. Do the same on the other side.</p> <p>45. <b>Lipo Laser:</b> Fasten a strap onto the leg's fatty part, insert laser pads into the strap and tighten them, set the energy parameters, and wait for 20 minutes.</p> <p>46. Remove the pads and untie the strap.</p> <p>47. Treatment ends.</p>	
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**The Recommended Course of Treatment**

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces.