

User Manual

MS-45F2



Preface

To our valued users,

Thanks for choosing our latest 4-in-1 integrated beauty equipment. This is the latest body slimming and skin tightening instrument that combines ultrasonic cavitation & RF, vacuum RF, and EMS & EL. MS-45F2 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the human body, thus we advise all people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return, and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

Brief Introduction

At present, ultrasonic cavitation & RF, vacuum RF, and EMS & EL are the most popular equipment for looks improving, tightening, body shaping, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon, and can be operated easily, conveniently, and swiftly, and solves skin and body problems for people pursuing beauty. And this equipment works safely and effectively and requires no injection, no medication, and no operation. It has no side effects and is operated externally throughout and has an instant effect. RF heats deep skin, stimulates collagen hyperplasia and restructuring in the dermis, and accelerates blood circulation in the underlying skin, thus achieving skin tightening, plumpness, anti-aging, and senility prevention. Ultrasound of special frequency aims at body parts having difficulty in fat reduction in daily life, bringing amazing effect.

Advantages

1. The 4-in-1 beauty equipment fixes facial and whole body care problems.
2. Ultrasound strongly blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
3. It has multiple handpieces, which can be changed according to the body parts to be treated and different requirements.
4. One handpiece is with multiple functions, and a stronger radiofrequency, and a higher and more even energy level.
5. The perfect match of ultrasound and RF are going to address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
6. It adopts the most advanced cavitation technology in the world.
7. It's comfortable, painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
8. No consumption, low cost, but with a quick return.
9. It has a wider treatment range and an instant and evident effect.
10. Unevenness, bleeding, and swelling will not occur.
11. Multiple probes emit energy of red light, accelerate metabolism, diminish inflammation and do disinfection for the skin while doing massage and dissolving fat, which has an evident effect and a better comfort level.
12. The handpiece conforms to ergonomic design and has a good grip. And a bigger handpiece can treat a larger area.

Facial Anti-aging & Skin Tightening

Principle

EMS & EL

EMS

EMS is short for Electrical Muscle Stimulation. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simple, the muscle, under normal situation, starts to move actively after receiving signals from the brain. EMS, however, sends the signals directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve skin tightening and outline cleansing.

EL

EL is a method that causes macromolecules or hydrophilic molecules to penetrate cells by boosting the permeability of the plasma membrane by utilizing an electrical pulse to strike cells instantly. (Cells are placed in an instantaneous high electric field environment which causes the surface of cytomembrane to form lots of tiny holes. Under this condition, the permeability of cytomembrane against molecules is greatly enhanced. Thus, molecules of external sources can penetrate cells.)



Facial Vacuum RF

To massage skin and muscle with a specialized vacuum sucking head can effectively enhance the mobility of the body fluids and boost the movement of cells to activate cells and improve skin elasticity, and meanwhile, accelerate blood circulation of micro-vessels. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air pressure can not only improve the capillary system but also relieve the slack and saggy skin of the face, and lift and firm skin.

Advantages: Compared with the ordinary monopole RF, this equipment, with its unique RF probe and with RF and vacuum relatively independent but also complementary as a whole metabolic system, has a more effective and instant effect.

Meanwhile, the matched red laser can diminish inflammation and do disinfection, activate cells, and increase skin elasticity.



Effects

1. Tighten face and deeply infuse nutrition.
2. Increase skin elasticity and refine skin.
3. Moisten skin and enhance skin absorptivity.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and firm skin.
6. Stimulate collagen hyperplasia and delay aging.

Indications

1. Those with dark or lustreless face.
2. Those with slack or saggy skin.
3. Those with fine lines, nasolabial folds, or periorbital wrinkles.
4. Those with vague facial contour.
5. Those with coarse skin or large pores.
6. Those who are under long-term exposure to UV radiation in the workplace.
7. Those with slack skin, edema, or puffiness after child delivery.

Contraindications

1. Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
2. Those who recently injected hyaluronic acid or water light or had injections for wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, or surgical recovery.
8. Those with skin disease or infectious disease.

9. Those who have an unrealistic illusions about the effect.

Matters Needing Attention After Treatment

1. Wash the face with warm water within three days.
2. Keep hydrating and protect yourself from the sun.
3. Don't use irritant skin care products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
4. Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and light food.
5. Apply facial mask at least three times a week.

Neck Maintenance

Principle

Facial Vacuum RF

To massage skin and muscle with a specialized vacuum sucking head can effectively enhance the mobility of the body fluids and boost the movement of cells to activate cells and improve skin elasticity, and meanwhile, accelerate blood circulation of micro-vessels. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air pressure can not only improve the capillary system but also relieve the slack and saggy skin of the face, and lift and firm skin.

Advantages: Compared with the ordinary monopole RF, this equipment, with its unique RF probe and with RF and vacuum relatively independent but also complementary as a whole metabolic system, has a more effective and instant effect. Meanwhile, the matched red laser can diminish inflammation and do disinfection, activate cells, and increase skin elasticity.



Effects

1. Relieve neck with slack, coarse, or lusterless skin.
2. Tighten skin and increase skin elasticity.

3. Relieve double chin.
4. Accelerate lymphatic detox and improve facial skin quality.
5. Prevent neck and lymphatic diseases.

Indications

1. Those whose necks have coarse skin or dim skin color.
2. Those whose necks have clogged lymph.
3. Those whose necks have slack or inelastic skin.
4. Those who always lower their heads.
5. Those who are not satisfied with their necks' skin color.

Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

Matters Needing Attention After Treatment

1. Protect yourself from the sun and keep the neck warm.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
3. Avoid washing the face with overheated water, enjoying hot spring, saunas, or doing strenuous exercise, etc., within 7 days.
4. Drink more water and apply neck mask which should do at least 3 times a week, and apply essence or neck cream.
5. Avoid lowering your head for a long time.

Body Management

Principle

Ultrasonic Cavitation & RF:

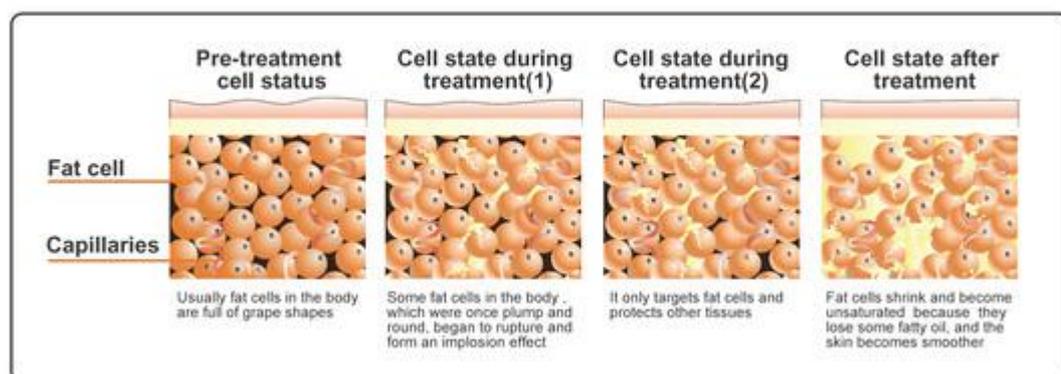
It uses the principle of ultrasound. It can effectively consume heat and cellular water as well as shrinking fat cells by gathered strong sound waves entering the human body causing fat cells to produce a strong strike and friction. In addition, when sound waves vibrate, it can cause cells to generate a strong impact which bursts cells instantly and

decreases the number of fat cells to achieve fat removal.

The Principle of Ultrasonic Cavitation: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

Advantages: It destroys tissue selectively, and only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue as nervus vascularis.

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by the skin. The energy increases the temperature of the underlying skin, heats tissue rapidly and continuously, and stimulates collagen growth, thus achieving skin lifting, tightening, and refining.



Vacuum RF

To massage skin and muscle with a special vacuum metal grease cup can effectively enhance the mobility of the body fluids, boost the movement of cells, thus activating cells and increasing skin elasticity. And meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxin through the normal circulation of the lymphatic system, lowers the probability of the occurrence of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum fat-sucking can increase the tissue activity of skin and muscles, thus decreasing scleroid cellular tissue and increasing the elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air

pressure can not only improve the capillary system but also promote flow between deeper veins and lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the previous working mode of vacuum that is single and simple. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently, and it causes no harm to the human body. Compared with the ordinary monopole RF, this equipment, with its unique RF probe and with RF and vacuum relatively independent but also complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid, and even way.

Physical Effect for Vacuum

1. Skin Layer

The suction and release of air pressure.

- (1) Improve mobility among cells, thus increasing the movement of cells and curing diseases related to blood stasis and stagnation.
- (2) Drain lymph glands and blood vessels in the veins.

Effect: Water can be discharged from fibrous tissues.

2. Vascular Layer

The suction and release of air pressure.

- (1) Boost blood circulation of the micro-vessels. It not only improves the capillary system but also enhances flow between deeper veins and the lymph gland network.
- (2) The extra toxins can be removed from the body.

Effect: Strengthen blood vessels and relieve varicosity.

3. Fibrous Layer

The suction and release of air pressure.

- (1) Promote the combination of two effects that generate in different tissue(including skin, muscle tissue, etc.).
- (2) Repair cell tissue and enhance activity among cells.
- (3) Boost and repair skin elasticity, and resist skin stretch.
- (4) The production of ossein helps to renew skin and recover elasticity.
- (5) Enhance oxygen support capacity for the skin and increase the consumption of carbon dioxide.

Effect: Break the hard fiber of cellulite, and make it more elastic, thus shaping the body.

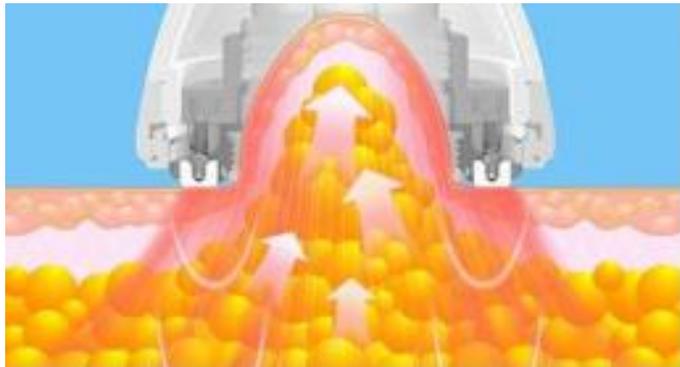
4. Nerve Layer

The suction and release of air pressure.

- (1) Stimulates the surface and deep layer of the sympathetic nervous system.
- (2) Lower skin sensitivity.

(3) Repair skin elasticity and resist the fibrosis of tissue.

Effect: Repair and reduce skin sensitivity.



Waist & Abdomen Fat-dissolving & Sculpting

Effects

1. Relieve women's cold hands, feet, cold uterus, or cold-natured body.
2. Relieve waist and abdomen's slack and soft skin.
3. Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
4. Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and enhance the movement of the intestinal tract.

Indications

1. Those with cold hands, feet, cold uterus, or cold-natured bodies.
2. Those whose waist and abdomen have flab, with protruding small belly, or slack skin after child delivery.
3. Those sitting too long or with ugly waistlines.
4. Those with striae distensae or stretch marks.
5. Those with constipation or whose abdomens have obstructed channels and collaterals.

Contraindications

1. Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those with severe gynecological diseases.

8. Those whose gynecological diseases are in treatment.

Matters Needing Attention After Treatment

1. Keep the abdomen warm and avoid exposing to a windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, and eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
3. Take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
5. Rub the abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

Arm Fat-dissolving & Sculpting

Effects

1. Stimulate collagen hyperplasia in the underlying skin, shape body, and firm skin.
2. Improve slack skin.
3. Reduce the appearance of flabby and thick arms.
4. Tighten skin.
5. Accelerate blood circulation and dredge channels and collaterals.

Indications

1. Those with thick arms or who look ugly in clothes.
2. Those with bat wings or flabby arms.
3. Those whose arms have slack skin.
4. Those whose arms are prone to pain and numbness.
5. Those who always carry the baby.

Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within a week.

Back Sculpting

Effects

1. Relieve shoulder and back pain and alleviate Dowager's Hump.
2. Dredge channels and collaterals and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen the physique.
6. Tighten skin and prevent slack and soft skin.
7. Remove excessive flab from the back, and sculpt back.

Indications

1. Those with shoulder and back soreness or stiff neck.
2. Those with insomnia, dreaminess, or fading memory.
3. Those who are prone to fatigue, drowsiness, or with obstructed qi-blood circulation.
4. Those with thick back or who looks ugly in clothes.
5. Those with Dowager's Hump.

Contraindications

1. Those with metal implants inside the body(such as a stent, pacemaker, etc.) or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those who have a weak body.
8. Those who are drunk, thirsty, overworked, or with a full or empty stomach.

Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold, and spicy food. But have enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

Leg Fat-dissolving & Sculpting

Effects

1. Tighten skin and prevent slack and soft skin.
2. Stimulate collagen production and flatten striae distensae.
3. Increase legs' blood circulation, detox, and metabolism.
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.
5. Tighten the excessive flab of legs and get rid of the thick thigh.

Indications

1. Those with the obstructed blood circulation of the lower limbs, edema, and obesity.
2. Those with hyp immunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. Those with coarse or slack skin.
4. Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

Contraindications

1. Women in menstruation, pregnancy, or lactation.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds or in surgical recovery.
5. Those with severe varicosity or tumors.
6. Those in allergic period or who have severely sensitive skin.
7. Those who just had liposuction.
8. Those who are overaging.
9. Those in pregnancy or surgical recovery.

Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible, and avoid wearing miniskirts or mini-shorts.

Buttocks Sculpting

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea, and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape buttocks, improve the sagging and outward expansion of buttocks, tighten skin, and increase elasticity.

Indications

1. Those with slack and saggy buttocks, or fat accumulation.
2. Those with striae distensae, or stretch marks.
3. Those whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. Those with cold buttocks, or with low buttocks temperature.
5. Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. Those with decreased estrogen levels, or disharmonious sexual life.

Contraindications

1. Those in menstruation, pregnancy, lactation, or surgical recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds, or in surgical recovery.
5. Those in allergic period or who have severely sensitive skin.
6. Those who just had liposuction.

7. Those who are overaging.

Matters Needing Attention After Treatment

1. Keep buttocks warm, and avoid wearing miniskirts or mini-shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to a windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold, and spicy food. But have enough sleep.
6. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.

Part II

1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.



1.1 Function Selection



Homepage



Start/ Pause

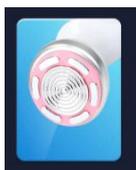


Return



Time Setting & Display

1.2 Detailed Operation for Ultrasonic Cavitation & RF



Select **RF & Ultra Sound** and enter the following page.



Energy Level Setting & Display of Ultrasonic Cavitation

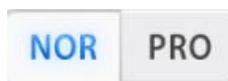


Mode Selection of Ultrasonic Cavitation:

M1: continuous working mode, suitable for those with fat accumulation and thick fat.
 M2: discontinuous working mode, suitable for those with local obesity or who want to reduce weight.



Energy Level Setting & Display of RF

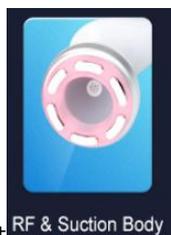


Mode Selection of RF

NOR is the default mode. The red light will always on after clicking the start button. The temperature of RF will reach the setting value directly.
 PRO is the smart mode. The red light will on after touching the skin. The temperature

of RF will reach the setting value slowly.

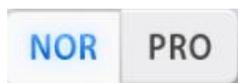
1.3 Detailed Operations for Vacuum RF



Select **RF & Suction Body** and enter the following page.



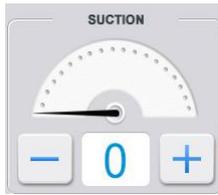
Energy Level Setting & Display of RF



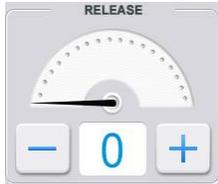
Mode Selection of RF

NOR is the default mode. The red light will always on after clicking the start button. The temperature of RF will reach the setting value directly.

PRO is the smart mode. The red light will on after touching the skin. The temperature of RF will reach the setting value slowly.



Time Setting for Vacuum Suction(suction time > release time)



Time Setting for Vacuum Release(When the time is set to zero, it's direct suction.)



Rotating Knob for Suction Setting(rotate to the right to increase suction and rotate to the left to decrease).

1.4 Detailed Operations for Facial Vacuum RF

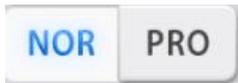


Select RF & Suction and enter the following page.





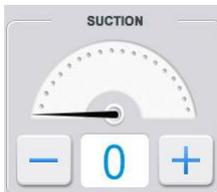
Energy Level Setting & Display



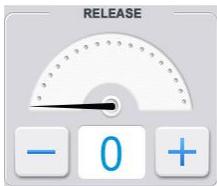
Mode Selection

NOR is the default mode. The red light will always on after clicking the start button. The temperature of RF will reach the setting value directly.

PRO is the smart mode. The red light will on after touching the skin. The temperature of RF will reach the setting value slowly.



Time Setting for Vacuum Suction(suction time > release time)

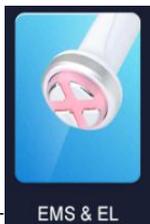


Time Setting for Vacuum Release(When the time is set to zero, it's direct suction.)



Rotating Knob for Suction Setting(rotate to the right to increase suction and rotate to the left to decrease).

1.5 Detailed Operations for EMS & EL



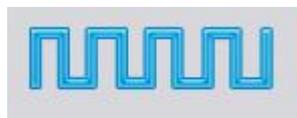
Select EMS & EL and enter the following page.



Energy Level Setting & Display of EMS



Energy Level Setting & Display of EL



Mode Display(release energy continuously)



Mode Display(release energy discontinuously)

2. Technical Parameters

Ultrasound Cavitation & RF Body-shaping Handle

Ultrasound Cavitation

Frequency: 30KHz

Power: 50W
RF
Frequency: 5MHz
Power: 85W

Suction & RF Body-Sculpting Handle
RF
Frequency: 5MHz
Power: 85W
Suction: 0-80Kpa
Vacuum: <-80kPa
Pressure: >250kPa
Air Flow: >10L/Minute
Noise Level: <70dB(30cm away)
Power: 20W

Suction &RF Facial Slimming Handle
Frequency: 5MHz
Power: 85W
Suction: 0-80Kpa
Vacuum: <-80kPa
Pressure: >250kPa
Air Flow: >10L/Minute
Noise Level: <70dB(30cm away)
Power: 20W

EMS & EL(Electroporation) Facial Anti-aging Handle
EMS
Frequency: 1MHz 4.5KHz
Power: 10W
EL(Electroporation)
Frequency: 1MHz 65Hz
Power: 10W

Net Weight: 12.2Kg
Gross Weight: 18Kg
Dimensions:260*340*100mm 380x455x224(mm)
Input Power: AC 110V/220V 50/60Hz
Power Consumption: MAX 150W
Display: Touch Screen

3. Contraindications

People with the following situations should use the equipment with caution. Please

consult a doctor or professional before using this equipment. The details are as follow:

- (1) Women in pregnancy or lactation.
- (2) Those with heart disease or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophiliac, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those with metal implants inside the body(such as a stent, pacemaker, etc.), or who are allergic to metals.
- (8) Those who are sensitive to electric current should use it with caution.

4. Precautions for Use

- (1) Plug with ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) To make sure equipment's voltage is adaptive. If the voltage of the local power supply is unstable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and also can't be exposed to direct sunlight.
- (5) Don't place the equipment near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please restrain from using the equipment aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those who are suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything was settled, thus the safety of the equipment can be guaranteed.
- (10) Start with the lowest energy level when just started, and increase the level gradually after the client got used to it.
- (11) Clean the equipment with normal saline after an operation to ensure its cleanliness and hygiene, as well as extending its service life.
- (12) The operating heads can be used separately, but a better effect can be achieved with the combined use of them.
- (13) The equipment should contact the skin fully to avoid uneven heating when in use.
- (14) When using this equipment, parts to be treated must be kept moist, and dry skin treatment should be avoided.
- (15) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended

if you want to have it started immediately.

(16) It's prohibited to use 40K on the head, chest, breast, heart, and back.

(17) To use the equipment and train the operators in strictly accordance with the instructions specified in the manual.

5. Troubleshooting & Solutions

(1) The equipment can't be started, and the buttons in its back are not lighting up?

- A. Make sure the power cord is plugged into a good power socket.
- B. Check whether the fuse tube in its back is loose or burnt out.

(2) The equipment is without RF output?

- A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
- B. Please check whether the treated parts have been cleaned. Grease or essential oil products may cause poor contact between the handpiece and human body resulting in no output.

(3) The RF output is weakened?

- A. Please check whether the handpiece and the plug connecting to equipment body are closely connected.
- B. Please check whether there is non-conductive grease on the handpiece, which may cause poor contact causing weakened output.
- C. Please check whether the products used are the adaptive products specified by the equipment.

(4) The equipment doesn't have suction or with small suction?

- A. Please turn off the equipment and check its specified filter which may need to be replaced.
- B. Please check the rubber ring of the handpiece plug because a worn rubber ring may cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn out. Air leakage in this place may cause poor air pressure.
- D. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

(5) The equipment can be started, but there is an error message on the monitor?

- A. Take out the plug in the back of the equipment, and wait for about 1 minute, and re-plug and restart it.
- B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

6. FAQs

(1) Q: How long does the effect of RF treatment can be seen?

A: Normally the effect can be seen on the same day or within a week. The skin collagen tissue, under heating, produces contraction, which results in an obvious skin tightening. RF can produce collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you treat it, the more obvious the effect would be.

(2) Q: Is RF harmful to skin?

A: RF for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in the underlying skin and accelerates metabolism. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation, and will disappear itself after a moment. Thus, there's no need to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is about 60 minutes. To have an obvious effect, we will combine the use of professional techniques and instruments.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat- Reducing easing and repairing, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and alleviate loosening and sagging. For the body, it can reduce weight on the local-part and build an S curve, accelerate metabolism and detox of the whole body. Meanwhile, it can also enhance viscera functions and regulate the sub-health of the body.

(5) Q: Which one is better in terms of weight reduction, liposuction or this equipment?

A: The principle of liposuction is to suck out excess fat from a certain body part through vacuum suction, thus achieving rapid local body slimming. It has an instant effect, requires anesthesia during the operation, and has a recovery period. It's an operation and there is a risk. However, this equipment is risk-free and has no side effects. It can stimulate collagen production to lift and tighten skin while reducing weight. It can also shape perfect curves by lifting, and boost feminine charm.

(6) Q: Will I experience a rebound after the treatment?

A: For weight loss with RF, the weight will not rebound easily after reduction. It's removing fat instead of moisture, and it takes a long time for the fat to be accumulated, thus the weight will not get rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet a bit because radiofrequency and ultrasonic

treatment are followed by fat-blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. You can have a proper workout for sweating, and make it discharge successfully from your body, In this way, the effect of weight loss will be more obvious.

(8) Q: Does it have any side effects?

A: Improving the appearance and shaping the body with RF is a non-invasive treatment and is currently the safest and most effective way to removing wrinkles, tighten skin and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. People with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to RF-produced heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. There are no side effects on the body.

(9) Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells, bursts the cell wall, then fat in the cells flows out and absorbed and metabolized by lymph. Ultrasound has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back and chest.)

(10) Q: Does ultrasound have side effects on the human body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave)-blast fat through cavitation-ultrasound focusing. Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves, therefore it has no side effects on the human body. Slight drumming in the ears may appear during the treatment, which is normal and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20KHZ. It acts on the subcutaneous fat layer that is 20mm below through ultrasound focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually in breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance, and a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers,

and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care for hair. Collagen is a nutrient that the human body must be supplemented for delaying aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has drained, and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, the content of collagen is less than half of that of the age of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, which makes the skin dry, wrinkled, slack and inelastic, etc. Therefore, collagen must be supplemented for aging delaying.

(13) Q: How does vacuum do the detox?

A: Vacuum can congest capillary, stimulate cells to increase vitality. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up waste expelling. Therefore, it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat, etc.

7. Packing List

Main Machine x1
 Suction and RF Facial Slimming Handle x1
 EMS & EL(Electroporation) Facial Anti-aging Handle x1
 Ultrasound and RF Body-shaping Handle x1
 Suction and RF Body-Sculpting Handle x1
 Power Cord x1
 Holder x1
 Vacuum Filter x1
 Fuse x2
 White Seal Ring x6
 Rubber band x4

8. Operational Diagrams

Parameter	Product	Technique	Diagram
Setting			
Facial Anti-aging & Skin Tightening: 60 Minutes/ Once a Week			
EMS & EL Advised Energy	Makeup Remover +	1. Remove makeup and clean the face, 5 minutes.	Technique 5, 7

<p>Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: continuous</p> <p>Facial Vacuum RF</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: PRO</p> <p>Suction Time: 2 to 7 minutes</p> <p>Release Time: 0 to 4 minutes</p> <p>Suction can be adjusted according to the user's tolerance.</p>	<p>Facial Cleanser + Cold & Hot Steam + Massage Cream + Moisturizing Mask + Essence + Facial Mask</p>	<p>2. Apply moisturizing mask and use hot steam, 10 minutes.</p> <p>3. Clean the face, 2 minutes.</p> <p>4. Apply toner, 1 minute.</p> <p>5. Apply massage cream evenly to the face, and caress it 3 times.</p> <p>6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhukong(SJ-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times.</p> <p>7. Caress the whole face 3 times.</p> <p>8. Lift in three lines with hands doing it alternately, from the chin to earlobe, from the corner of the mouth to Ermen(SJ21), from the wing of the nose to Temple, and from the lower eyelid to Temple, and lift the corner of the eye. Repeat 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat 3 times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline with one hand. Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the face with hands doing it</p>	<div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 6</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 8, 17</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 10, 12, 19</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 15</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 22</p>
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	<p>alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for 3 times, and slide out from the back of the ear.</p> <p>16. Treatment is done.</p> <p>17. Face vacuum RF: Lift one line after another from the chin to the part below the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 5 times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift the forehead towards the hairline direction. Repeat 3 times.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply essence(for anti-aging, whitening & hydrating) evenly to the face, and wait for 1 minute.</p> <p>22. EMS & EL: Lift circlewise and one line after another from the chin to forehead. Repeat 3 times.</p> <p>23. Do the same on the other side.</p> <p>24. Treat the forehead with the device moving transversely and circlewise. Repeat 3 times.</p> <p>25. Apply facial mask and wait for 15 minutes.</p> <p>26. Clean the face, 2 minutes.</p> <p>27. Apply toner, essence, facial cream, and sunscreen.</p> <p>28. Treatment is done.</p>	 <hr/> <p>Technique 24</p> 
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Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade pigment and lighten dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, which makes the skin tender, smooth, firm, and shiny.

Neck Maintenance: 60 Minutes/ Once a Week

<p>Facial Vacuum RF Advised Energy Level: 3 to 7 Advised Time: 15 to 20 minutes Mode: PRO Suction Time: 2 to 7 minutes Release Time: 0 to 4 minutes Suction can be adjusted according to the user's tolerance.</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, and lift in the front of the chest and apply oil to it with hands, then move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat 3 times. 4. Lift the lower jaw and double chin with hands doing it alternately, then lift to armpit via the back of the ear, and slide out from armpit. Repeat 3 times. 5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise, and till armpit and pass under there. Repeat 3 times. 6. Stroke the three channels and collaterals of the side of the neck with four fingers, and till armpit and pass under there. Repeat 3 times. 7. Rub the side of the neck with kneeling fingers till it turns hot, and till armpit and pass under there. Repeat 3 times. 8. Stroke the external 	<p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5, 6, 7</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12</p>
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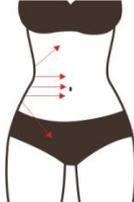
	<p>collarbone with purlicue, and till armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment is done.</p> <p>11. Facial Vacuum RF: Coupled with hands, lifting from double chin to armpit via the back of the ear and pass under armpit. Repeat 3 to 5 times.</p> <p>12. Move the equipment circlewise on the side of the neck till armpit in three lines respectively, and slide out from there. Repeat 3 times.</p> <p>13. Slide the equipment from internal and external collarbones to armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait for 15 minutes.</p> <p>18. Clean the neck with a hot towel and use hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment is done.</p>	 <hr/> <p>Technique 14</p> 
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Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the circulation of neck lymph accelerates. After two courses, the skin becomes tightened, the cervical stripe fade, and the double chin improves. After three courses, the skin turns delicate, shiny, firm, and plump, and lymphatic detox speeds up, dark face and acne improve. It also delays skin aging and rejuvenates the skin.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p>Ultrasonic Cavitation & RF: Advised Energy Level: 3 to 7 Advised Time: 10 to 15 minutes Mode: M2/POR</p> <p>Vacuum RF: Advised Energy Level: 3 to 7 Advised Time: 15 to 20 minutes Mode: PRO</p> <p>Suction Time: 2 to 7 minutes Release Time: 0 to 4 minutes Suction can be adjusted according to the user's tolerance.</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Technique. 2. Apply essential oil to the abdomen with hands moving circlewise. Repeat 3 times. 3. Rub belly back and forth with two hands. Repeat 3 to 5 times. 4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat 3 times. 5. Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times. 6. Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist. Repeat 3 times. 7. Rub intestinal tract with hands overlapped moving in small circles and clockwise. Repeat 3 times. 8. Caress the treated parts with hands moving circlewise. Repeat 3 times. 9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat 2 times. 10. Push directly from Zhongji(RN3) to the belly button with the thumbs, and slide to the parts below the waist along the two sides, then lift upwards to the groin. Repeat 3 times. 11. Caress the treated part till 	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3, 19</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p> 
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		<p>groin with hands.</p> <p>12. Treatment is done.</p> <p>13. Ultrasonic Cavitation & RF: One Side, lift from the side of the waist to belly, and lift one line after another to the groin. Repeat 3 times.</p> <p>14. Lift the other side. Repeat 3 times.</p> <p>15. Move in small circles on the abdomen. Repeat 3 times.</p> <p>16. Move in big circles on the abdomen. Repeat 3 times.</p> <p>17. Vacuum RF: Set it to direct suction mode. One Side: Lift one line after another from the side of waist to abdomen. Repeat 3 times.</p> <p>18. Lift the other side.</p> <p>19. Lift the belt vessel back and forth and transversely. Repeat 3 times.</p> <p>20. Sculpt up and down on the waist. Repeat 3 times.</p> <p>21. Move in big circles on the abdomen. Repeat 3 times.</p> <p>22. One Side: Lift one line after another from the side of the waist to belly. Repeat 3 times.</p> <p>23. Clean the treated part.</p> <p>24. Treatment is done.</p>	<p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 17, 22</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16, 21</p>  <hr/> <p>Technique 20</p>
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Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more obvious. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.

Arm Sculpting: 60 Minutes/ Once a Week

<p>Ultrasonic Cavitation & RF: Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M2/POR</p> <p>Vacuum RF: Advised Energy Level: 3 to 7</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: PRO</p> <p>Suction Time: 2 to 7 minutes Release Time: 0 to 4 minutes Suction can be adjusted according to the</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Technique. 2. Do it in left-right order. Lay the arm flatwise, and apply oil from the lower arm to the entire arm with hands till the hands slide out, and repeat it 3 times. 3. Push the entire arm with two palms doing it alternately. Repeat 3 times. 4. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[IJ] of the outer arm respectively till armpit with hands' pulricue. Repeat 3 times. 5. Caress the treated part. Repeat 3 times. 6. Rub the three channels and collaterals of the upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat 3 times. 7. Caress the treated part. Repeat 3 times. 8. Lay the arm upwards, and 	<p>Technique 2, 3, 4, 5, 6, 7</p>  <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16, 21, 24</p>
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user's tolerance.

push Lung
Channel[LU]-Pericardium
Channel[PC]-Heart
Channel[HT]) of the inner arm
till armpit with purlicue.
Repeat 3 times respectively.

9. Rub the three channels
and collaterals back and forth
with kneeling fingers till it
becomes hot. Repeat 3 times.

10. Caress the treated part
till the hands slide out. Repeat
3 times.

11. Do the same on the other
side.

12. Clean it and apply gel
evenly to it.

13. **Ultrasonic Cavitation &
RF:** Lay the arms flatwise, and
push from the fat part of the
lower arm to armpit along the
three channels and
collaterals. Repeat 3 times.

14. Move circlewise till
armpit along the three
channels and collaterals.
Repeat 3 times.

15. Flabby arms can be
treated more. Repeat 3 times.

16. Push till armpit along the
three channels and
collaterals. Repeat 3 times.

17. Lay the arms upwards,
and push the three channels
and collaterals of the arms to
armpit. Repeat 3 times.

18. Move in small circles till
armpit along the three
channels and collaterals of the
upper arms. Repeat 3 times.

19. Push from the upper arm
to armpit along the three
channels and collaterals.

20. Do the same on the other



Technique 14, 15,
22, 23



Technique 17, 25



Technique 19, 27



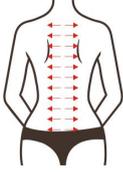
		<p>side.</p> <p>21. Vacuum RF: Lay the arms flatwise, and start with the fat part of the lower arm, pushing to armpit along the three channels and collaterals. Repeat 3 times.</p> <p>22. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>23. Flabby arms can be treated more. Repeat 3 times.</p> <p>24. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>25. Lay the arms upwards, and push the three channels and collaterals of the arms to armpit. Repeat 3 times.</p> <p>26. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>27. Push from the upper arm to armpit along the three channels and collaterals.</p> <p>28. Do the same on the other side.</p> <p>29. Clean the treated part.</p> <p>30. Treatment is done.</p>	
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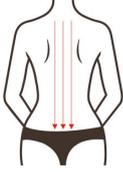
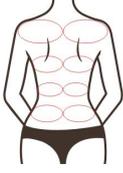
Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and the skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilizes, and the rebound can be prevented.

Back Sculpting: 60 Minutes/ Once a Week

<p>Vacuum RF: Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) +</p>	<p>1. Technique. 2. Apply oil to the back, and press Fengchi (GB20) and Fengfu (DU16).</p>	<p>Technique 2, 11</p>
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<p>Advised Time: 15 to 20 minutes</p> <p>Mode: PRO</p> <p>Suction Time: 2 to 7 minutes</p> <p>Release Time: 0 to 4 minutes</p> <p>Suction can be adjusted according to the user's tolerance.</p>	<p>Instrument</p>	<p>3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times.</p> <p>4. Stroke Bladder Meridian (BL) outward to the sacral region(BL31-BL34) with the thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times.</p> <p>5. Move circlewise and in S-shaped motion from the neck to the caudal vertebra with hands. Repeat 3 times.</p> <p>6. Push Bladder Meridian (BL) in left-right order with thumbs doing it alternately. Repeat 3 times.</p> <p>7. Push Bladder Meridian (BL) to the sacral region(BL31-BL34) with hands doing it simultaneously. Repeat 3 times.</p> <p>8. Push Bladder Meridian (BL) with kneeling fingers of hands in three lines respectively. Repeat 3 times.</p> <p>9. Push medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>12. Press Tianzong(SI11) with thumbs overlapped, then slide to the arm and slide out from there. Repeat 3 times.</p>	 <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19</p>  <p>Technique 10, 19</p>
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		<p>13. Treat the other side, and press Tianzong(SI11) till the arm and slide out from there. Repeat 3 times.</p> <p>14. Rub Du Meridian(DU) and Bladder Meridian(BL) with hands till it turns hot.</p> <p>15. Treatment is done.</p> <p>16. Vacuum RF: Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to the sacral region(BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui(Du-14) and sacral region(BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region(BL31-BL34) in an Arabic numeral 8-shape. Repeat 3 times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat 3 times.</p> <p>22. Lift upwards from the side of the waist to armpit. Repeat 3 to 5 times.</p> <p>23. Clean the treated part.</p> <p>24. Treatment is done.</p>	 <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p>
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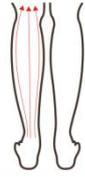
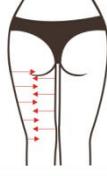
			
			<p>Technique 22</p> 

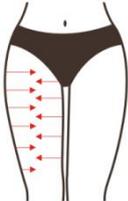
Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder become relaxed, back fat lessens, Dowager's Hump alleviates, and the outlines of the back become good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions, and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion and detox and metabolism boost. (one course with size reduced, two courses with effect consolidated, and three courses with effect strengthened and without a rebound.)

Leg Sculpting: 60 Minutes/ Once a Week

<p>Ultrasonic Cavitation & RF: Advised Energy Level: 3 to 7 Advised Time: 10 to 15 minutes Mode: M2/POR</p> <p>Vacuum RF: Advised Energy Level: 3 to 7 Advised Time: 15 to 20 minutes Mode: PRO</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> Technique. Do it in left-right order. Apply oil from the lower leg to the thigh, and then back to the heel, and repeat it 3 times. Push the entire leg from the bottom up with palms doing it by turns, and then back to the heel till the palms slide out. Repeat 3 times. Push Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' pulicue doing it by turns. Repeat 3 times. Push popliteal fossa with 	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 12, 15, 17, 20, 23</p>
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<p>Suction Time: 2 to 7 minutes Release Time: 0 to 4 minutes Suction can be adjusted according to the user's tolerance.</p>	<p>hands doing it alternately. Repeat 3 times. 6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat 3 times. 7. Caress the treated part. Repeat 3 times. 8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat 3 times. 9. Caress the treated part. Repeat 3 times. 10. Do the same on the other side. 11. Treatment is done. 12. Ultrasonic Cavitation & RF: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times. 13. Move in small circles on the part with fat of the lower leg to dissolve fat. Repeat 3 times. 14. Push from the bottom up to popliteal fossa successively, and meanwhile, caress it with hands. Repeat 3 times. 15. Start from popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat 3 times. 16. Start with popliteal fossa, moving in small circles till the thigh root to dissolve fat. Repeat 3 times. 17. Start with popliteal fossa, pushing the channels and collaterals successively till the</p>	 <hr/> <p>Technique 13, 16, 21, 24</p>  <hr/> <p>Technique 15, 17, 23</p>  <hr/> <p>Technique 16, 18, 21, 24</p>  <hr/> <p>Technique 13, 21</p>  <hr/> <p>Technique 25</p> 
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	<p>thigh root. Repeat 3 times.</p> <p>18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF: Coupled with hands, lifting one line after another from the heel to popliteal fossa. Repeat 3 times.</p> <p>21. Move in small circles on the lower leg. Repeat 3 times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from popliteal fossa to the thigh root. Repeat 3 times.</p> <p>24. Move in small circles on the thigh. Repeat 3 times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat 3 times.</p> <p>29. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till thigh root with hands' purlicue doing it alternately. Repeat 3 times.</p> <p>30. Push the four channels and collaterals with kneeling</p>	<p>Technique 26</p>  <hr/> <p>Technique 29, 30, 33, 35, 38, 40, 42</p>  <hr/> <p>Technique 34, 37</p>  <hr/> <p>Technique 36, 41</p>  <hr/> <p>Technique 42</p>  <hr/> <p>Technique 43</p>
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	<p>fingers of hands. Repeat 3 times.</p> <p>31. Treatment is done.</p> <p>32. Do the same on the other side.</p> <p>33. Ultrasonic Cavitation & RF: Push from the lower leg to the knee along the four channels and collaterals. Repeat 3 times (To treat thigh directly if the lower leg does not have too much fat.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat 3 times. (To treat thigh directly if the lower leg does not have too much fat.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>36. Move in small circles on the whole thigh. Repeat 3 times</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat 3 times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>39. Vacuum RF: Treat the lower legs with the technique mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>41. Move in small circles on the thigh. Repeat 3 times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3</p>	
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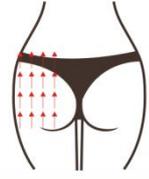
		<p>to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>44. Do the same on the other side.</p> <p>45. Clean the treated part.</p> <p>46. Treatment is done.</p>	
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Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and ultrasound stimulate skin dermis and produce collagen continuously, thus the curative effect becomes clearer.

Buttocks Sculpting: 60 Minutes/ Once a Week

<p>Vacuum RF: Advised Energy Level: 3 to 7 Advised Time: 15 to 20 minutes Mode: PRO Suction Time: 2 to 7 minutes Release Time: 0 to 4 minutes Suction can be adjusted according to the user's tolerance.</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Technique. 2. Stand sideways and with hands applying oil, then slide from the sacral region(BL31-BL34) to the waist, and from where lift upwards along buttocks. Repeat 3 times. 3. Push sacral region(BL31-BL34) with thumbs. Repeat 3 times. 4. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changgqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat 3 times. 5. Caress the treated part 3 times. 6. With the left first and the right after. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian</p>	<p>Technique 2, 5, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 6, 14, 17</p> 
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	<p>(LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>7. Push from thigh root to belt vessel with hands doing it separately along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>8. Lift from thigh root to belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly (for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment is done.</p> <p>14.Vacuum RF Techniques: Lift one line after another from thigh root to belt vessel. Repeat 3 times.</p> <p>15.Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>16.Move in small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from thigh root to belt vessel. Repeat 3 times.</p> <p>18.Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3</p>	<p>Technique 7, 10</p>  <hr/> <p>Technique 9, 15, 18</p>  <hr/> <p>Technique 16</p>  <hr/>
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		times. 19.Do the same on the other side. 20.Clean the treated part. 21.Treatment is done.	
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Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, gynecological diseases like cold-natured body and cold uterus relieve, menstruation returns to normal, and the effect consolidates, which boosts feminine charm.