

# User Manual

## MS-3381



# Preface

Dear users,

We're pleased to present to you our 4-in-1 beauty machine featured with deep clean, deep infusion and eyes care functions. It is a multifunctional beauty machine, targeted at improving dry skin, hydropenia, lack of nutrients, clogged pores and excess grease. Microdermabrasion and ultrasonic cavitation machines are beauty machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

Ultrasonic cavitation and facial cleaning scrubber are currently the most popular beauty machines that work on cleansing, infusion and skin care. It's an effective replacement of all the manual cleansing and skin care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves the skin management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Microdermabrasion adopts vacuum pressure suction technology to reduce internal air pressure, thus effectively removing wasted cuticle layer, sucking out blackheads, excess oil and other pore garbage, in a way achieving free breathing circulation of skin, which can dredge pores, improve pores and brighten skin tone.

## Advantages

1. 4-in-1 beauty machine that works on your overall facial care.
2. Multiple working probes can be chosen in different parts according to different requirements.
3. Painless, non-invasive during the process. Skipping any recovery periods.
4. Wider treatment area and faster and more visible results.
5. Unevenness, bleed, swelling and stasis will not appear after treatment.
6. Special probes of microdermabrasion can improve various skin problems and revive a clean face.
7. The 3MHZ high-frequency ultrasonic wave of cleaning scrubber can effectively enhance the absorption of the skin, help the nutrition penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration refines the nutrients into small molecular particles and enhances the absorption.
8. Ultrasonic cavitation can effectively and fast infuse beauty nutrients to the skin, make the skin better absorb the nutrients from the skin products.

## Deep Clean Management

### Principles

#### Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is

non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

### **Physical effects**

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

## **Facial Cleaning Scrubber**

Facial cleaning scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Spray mist into the pores to remove sebum, secretions and dead skin.

### **Physical Effects:**

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration.

On the back of the instrument high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

## **Effects**

1. Deeply clean the skin, dredge the pores.
2. Rid excessive cuticle layers, improve grease secretion.
3. Deeply infuse nutrients and accelerate absorption.
4. Improve coarse skin and large pores.
5. Remove blackheads, reduce acne and improve strawberry nose.
6. Accelerate blood circulation and improve skin metabolism.
7. Brighten skin tones and refine the pores.

## **Applicable Range**

1. Those who have exuberant secretion of grease or have large pores.

2. Those with thick cuticle or clogged pores.
3. Those with blackheads, acne, gunks clogged in pores.
4. Those with coarse, rough skin.
5. Those with bad absorption or metabolism of skin.
6. Those who often have makeup and do not cleanse the skin regularly.
7. Those with uneven tone, dull skin.

## **Inapplicable Range**

1. Women who are in pregnancy or menstrual period.
2. Those with severe “three High” (hypertension, hyperlipidemia, hyperglycemia), hyperthyroidism, malignant tumor or serious diseases.
3. Those who have just received microneedling, intradermal injection, surgical wounds or unhealed wound.
4. Those with skin disease or infectious disease.
5. Those who are in severe allergic period (with erythema).
6. Those whose nose has prosthesis or face has large wounds.

## **Notes after Operation**

1. Strengthen hydration and pay attention to sun protection.
2. Apply a moisturizing mask once a day for three days after the treatment.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.

## **Clean&Care Skin Management**

### **Principles**

#### **Microdermabrasion**

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

#### **Physical effects**

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## Facial Cleaning Scrubber

Facial cleaning scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment. Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Spray mist into the pores to remove sebum, secretions and dead skin.

### Physical Effects

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration.

On the back of the instrument high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

## Facial Ultrasound

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin, exporting oil and dirt from pores. Also, it changes cells volumes so as to improve blood circulation and stimulates proliferation of cells, making it lustrous and elastic. Moreover, thanks to its high frequency vibration induced warm effect, it helps better absorption of nutrients into the skin at a higher speed.

## Effects

1. Deeply infuse and fast replenish nutrients.
2. Deeply clean and promote the absorption of skin.
3. Remove blackheads, reduce acne and improve strawberry nose.
4. Rid excessive cuticle layers, improve grease secretion.
5. Improve the skin and increase the defense of skin.
6. Brighten the skin tone and make it smooth.
7. Improve large pores and coarse skin.

8. Dredge pores and improve clogged pores.
9. Stimulate cells regeneration, increase elasticity of the skin.

## **Applicable Range**

1. Those whose skin is dry and lack of nutrients.
2. Those with coarse skin and large pores.
3. Those who have exuberant secretion of grease or have clogged pores.
4. Those with uneven tone, dull, sallow, dim skin.
5. Those who have thick cuticle, blackheads or acne.
6. Those whose skin has bad absorption and the bottom layer of skin lack of water.

## **Inapplicable Range**

1. Women who are in pregnancy, lactation or menstrual period.
2. Those with heart disease, hyperthyroidism, malignant tumor or serious diseases.
3. Those who have just received microneedling, intradermal injection, surgical wounds or unhealed wound.
4. Those with skin disease or infectious disease.
5. Those whose nose has prosthesis or face has large wounds.
6. Those who are in severe allergic period (with erythema).

## **Notes after Operation**

1. Strengthen hydration and pay attention to sun protection.
2. Apply a moisturizing mask once a day for three days after the treatment.
3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.

## **Eyes Care**

### **Principles**

#### **Ultrasound: Eyes**

Eye ultrasound is based on the principle of high-frequency vibration that initiates a warm effect. It enters deep into the subcutaneous tissue with 20,000 HZ/ sec strong high-frequency vibration wave. Ultrasound, with its high frequency, short wavelength, and strong penetration, it can transmit like light as a straight line to the determined direction. Ultrasonic wave is a longitudinal wave that can spread smoothly in the human tissue. The ultrasonic wave that acts on human body, can produce fine

frictional action on histocytes, bringing out cytoplasm activities, improving cell enzymatic activity, promoting blood circulation and metabolism, thus leaving the skin full of plumpness and elasticity and removing dark circles and bags under the eyes.

## **Effects**

1. Fade pigment, relieve dark circles.
2. Improve eye bags and eyes edema.
3. Accelerate eye blood circulation, improve dry eyes, eye irritation.
4. Accelerate metabolism, prevent pigmentation.
5. Replenish nutrients to the eyes and moisturize skin.
6. Improve dry and fine lines around eyes.

## **Applicable Range**

1. Those whose skin around eyes lacks of water and nutrients.
2. Those who have dark circles.
3. Those with dry and fine lines around eyes.
4. Those with eye bags and eyes edema.
5. Those whose eyes skin has bad absorption and slow metabolism.

## **Inapplicable Range**

1. Women who are in pregnancy, lactation or menstrual period.
2. Those with severe “three High” (hypertension, hyperlipidemia, hyperglycemia), hyperthyroidism, malignant tumor or serious diseases.
3. Those who have just received microneedling, intradermal injection, surgical wounds or unhealed wound.
4. Those with skin disease or infectious disease.
5. Those who are in severe allergic period (with erythema).

## **Notes after Operation**

1. Strengthen hydration and pay attention to sun protection.
2. Apply eye mask three days a week at least.
3. Massage your eyes for 2-3 min before sleep at every night.
4. Avoid staying up, smoking and drinking, have a good sleep.
5. Eat vegetables and fruits, avoid greasy food.

# Part II

## 1. Detailed Operation

Detailed installation is as follows:



Hole Wands × 3



Diamond tips × 9





### 1.1 Detailed Operation: Microdermabrasion

Tap the power button to turn it on.



Working Time, Time Range: 0~60 min, advised: operate at whole face for 5~15 min.



Time +/-



Twist the Intensity Knob to adjust the suction level, rotate it to the left to decrease the suction level, and rotate it to the right to increase the suction level (advised suction level: 20%~80%, adjust according to your own condition. The suction level is advised not to be too high, otherwise there will be red or purple marks).



The vacuum suction level display



Black Rubber Ring (make sure to install the rubber ring when operating to avoid no suction or weak suction)



 Cotton Filter (make sure to install the cotton filter when operating to avoid filth being inhaled to the tube and damage the machine, at the same time, you can see the result of the cleansing)



Inlet

Connect one end of the rubber hose with INLET and another end with the DIAMOND WAND.



Twist the cap off at the end of the wand and insert the cap into the white rubber hose, then insert the wand into the white rubber hose and twist the cap on.



Select diamond tips according to the size of skin.



The big tips are suitable for big areas: periorcular skin, skin at the both sides of nose, cheek, facial wrinkles and body.



The round tips are suitable for forehead, chin, nose wing, cheek cleansing and facial wrinkles.



The pointed tips are suitable for nasolabial folds, stubborn blackheads, mites, clogged pores and fine lines.

## 1.2 Detailed Operation: Skin Cleaning Scrubber

Tap the power button to turn it on.



Select proper function models.



Tap it to switch models.



Choose Skin Cleaning Scrubber model.



Working Time, time range: 0~60 min, we advise you to operate at your whole face for 5~10 min.



Time +/-



The front of the Skin Cleaning Scrubber



Start/Stop and models switch button for the Skin Cleaning Scrubber, tap once is to turn it on, the fourth tap makes the device stop.

Three work models:

Model 1: tap once is the constant vibration model, which is suitable for those with large pores, severe clogged pores or rough skin.

Model 2: tap twice is the intermittent model, which is suitable for those with clogged pores or exuberant secretion of grease.

Model 3: tap three times is the intermittent model of quick frequency, which is suitable for those with rough skin and who want to remove keratin.

### 1.3 Detailed Operation: Facial Ultrasound

Tap the power button to turn it on.



Select proper function models.



Tap it to switch models.



Choose the Facial Ultrasound model.



Working Time, time range: 0~60 min, 10~15 min of operation is advised.



Time +/-



Energy adjustment, energy range: 0~10, advised: 3~8. We advised you to start it from the minimum energy for the use of the first time, you can increase the energy gradually after you adapt to it. The bigger the energy figure is, the more warm you will feel, and the better effect will be made.



Energy +/-



Start/Stop

### 1.4 Detailed Operation: Eyes Ultrasound

Tap the power button to turn it on.



Select proper function models.



Tap it to switch models.



Choose Eyes Ultrasound model.



Working Time, time range: 0~60 min, 5~10 min of operation is advised.



Time +/-



Energy adjustment, energy range: 0~10, advised: 3~8. We advised you to start it from the minimum energy for the use of the first time, you can increase the energy gradually after you adapt to it. The bigger the energy figure is, the more warm you will feel, and the better effect will be made.



Energy +/-



Start/Stop

## 2. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

1. Women who are in pregnancy, lactation or menstrual period.
2. Those with severe “three High” (hypertension, hyperlipidemia, hyperglycemia), hyperthyroidism, malignant tumor or serious diseases.
3. Those with heart disease or pacemaker equipped.
4. Those who have just received microneedling, intradermal injection, surgical wounds or unhealed wound.
5. Those with skin disease or infectious disease.
6. Those whose nose has prosthesis or face has large wounds.
7. Those who are in severe allergic period (with erythema).

## 3. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the

user manual.

11. When operating, the instrument should fully touch the skin to avoid uneven heat.
12. Do not use the device consecutively for more than 2 hours. When it has been used for 2 hours, please turn off the device and power off, wait for 10-30 min to restart.
13. After start, please contact the probe with skin fully.
14. Start from the lowest energy level and slowly increase.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
17. When operating microdermabrasion, adjust the vacuum suction level according to the customer's feeling.
18. Make sure to install rubber ring when operating dermabrasion setting to avoid no suction or weak suction.
19. Make sure to install filter cotton when operating dermabrasion setting to filter filth being inhaled.
20. During the operation, do not make the probe stay at one area for more than 5 seconds, to avoid getting scalded.

## **4. Troubleshooting & Solutions**

### **1. I can't turn on the instrument and the key light on the back of the instrument is not lit on?**

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

### **2. No energy output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Turn off the device and restart.

### **3. No response when I press the button of skin Scrubber?**

- A. Turn off the instrument and restart it.
- B. Plug off the connecting cord of handle and install again.

### **4. No suction during microdermabrasion treatment?**

- A. Please check whether the rubber ring of diamond tip is too tight and there is air leakage.
- B. Please check there is a rubber ring or not.
- C. Please check the rubber hose connects with the main machine and the rubber hose is intact.

## 5. FAQs

### 1. Q: Will the skin become thinner and more sensitive after dermabrasion treatment?

A: No. During the process, microdermabrasion operation is just to remove the skin aging cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Sensitive symptoms will not appear.

### 2. Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

### 3. Q: Can ultrasound infusion remove acne prints?

A: The ultrasound infusion infuses the nutrients into the skin through high frequency vibration of ultrasound. It accelerates the absorption and strengthen the inhibition of melanin production and fade spots. Thus improving dull skin effectively and brightening the skin. It is especially effective for the pigmentation left by acne. It is eco-friendly, safe and easy to use. After the treatment, you can take normal outdoor activities.

### 4. Q: Is it dependent?

A: No, this is for skin problems to improve and deeply clean the skin, which belongs to the maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dark, yellowish skin, water shortage, rough skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore not dependence factor is involved.

### 5. Q: Can I wear makeup after using this instrument?

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

## 6. Packing List

Main Machine x1

Ultrasonic handles for face x2

3MHZ ultrasound scrubber x1

Diamond Dermabrasion tip x8

Diamond Dermabrasion plastic wand x3  
 Plastic holder x1  
 Power supply x1(We offer 100-240V, AU/EU/UK/AU plug)

## 7.Operational Diagram

Parameter Adjustment	Product	Technique	Diagram
<b>Deep Clean Management: 50 min, once/week</b>			
<p>Microdermabrasion:            Suction Level:            20%~80%            Adjust according to one's feeling.</p> <p>Skin Scrubber:            Work Models:            Model 3 for Cleansing            Model 1 for Infusion            (Tap the button on the handle, tap once, model 1, tap twice, model 2, tap three times, model 3)</p>	<p>Makeup Remover+            Face Wash+            Export Liquid+            Cold&amp;hot Steam+            Essence+            Sheet Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 min.</li> <li>2. Apply toner to the whole face, 1 min.</li> <li>3. Apply the cotton pad with export liquid to the T zone + hot steam, 3-5 min.</li> <li>4. Take off the cotton pad.</li> <li>5. Clean the pores with microdermabrasion: adjust the energy level and start.</li> <li>6. <b>Operation:</b>                Rotate the probe at a fixed point on the forehead, 1-2 times.</li> <li>7. Move slowly from the area between eyebrows to the end of eyebrow, 1-2 times (the area between eyebrows can be operated for more times, 1-2 times).</li> <li>8. Rotate the probe at a fixed point on the nose for 1 time, and move slowly and operate, 2-3 times.</li> <li>9. Rotate the probe at a fixed</li> </ol>	<p>Technique 12</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 19</p>  <hr/> <p>Technique 23</p>

	<p>point on the chin, 1-2 times.</p> <p>10. Move the probe from the center of the chin to the sides slowly, 1-2 times.</p> <p>11. Rotate the probe at a fixed point on the cheek, 1-2 times.</p> <p>12. Lift the probe from chin to earlobe, from the mouth corner to ear gate, from the nose wing to the temple, one line next to another, 1-2 times.</p> <p>13. Do the same on the other side.</p> <p>14. Clean the face.</p> <p>15. Double clean and remove keratin with the skin scrubber: adjust the energy level and start.</p> <p><b>16. Operation:</b> Drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</p> <p>17. Starting from chin, brace the skin in parallel lines to keep the treatment surface tight, 3-6 times.</p> <p>18. Do the same on the other side.</p> <p>19. Brace the skin vertically towards hairline on forehead, 3-6 times.</p> <p>20. Clean the face.</p> <p>21. Apply the moisturizing essence on face evenly.</p> <p>22. Infuse with the back of skin scrubber: adjust the energy level and start.</p> <p><b>23. Operation:</b> Lift from chin to earlobe, from</p>	 <hr/> <p>Technique 24</p>  <hr/>
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		<p>the mouth corner to ear gate, from nose wing to the temple, 3 times.</p> <p>24. Lift from forehead to the hairline, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Apply the sheet mask, 15 min.</p> <p>27. Take off the mask and clean the face.</p> <p>28. Apply toner, essence, latex, cream and sunscreen.</p>	
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**Suggested Treatment:**

10 treatments account for one full course. After one treatment, skin appears to be clean and translucent with less clogged pores. After one full course, the grease secretion of skin reduces, pores shrink gradually. After two full courses, skin become smooth and fine, moisturized, elastic and glossy. After three full courses, the effect is strengthened to avoid rebound, acne and clogged pores.

**Clean&Care Skin Management, 60 min, once/week**

<p>Microdermabrasion: Suction Level: 20%~80% Adjust according to one's feeling.</p> <p>Skin Scrubber Energy: Work Model 1: (Tap the button on the handle, tap once, model 1, tap twice, model 2, tap three times, model 3)</p> <p>Facial Ultrasound Energy: 30%~80%</p>	<p>Makeup Remover+ Face Wash+ Export Liquid+ Cold&amp;hot Steam+ Essence+ Sheet Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 min.</li> <li>2. Apply toner to the whole face, 1 min.</li> <li>3. Apply the cotton pad with export liquid to the T zone + hot steam, 5 min.</li> <li>4. Take off the cotton pad.</li> <li>5. Clean the pores with microdermabrasion: adjust the energy level and start.</li> <li>6. <b>Operation:</b> Rotate the probe at a fixed point on the forehead, 1-2 times.</li> <li>7. Move slowly from the area between eyebrows to the end of eyebrow, 1-2 times (the area between eyebrows can be operated for more times, 1-2 times).</li> </ol>	<p>Technique 12</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 19</p> 
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	<p>8. Rotate the probe at a fixed point on the nose for 1 time, and move slowly and operate, 2-3 times.</p> <p>9. Rotate the probe at a fixed point on the chin, 1-2 times.</p> <p>10. Move the probe from the center of the chin to the sides slowly, 1-2 times.</p> <p>11. Rotate the probe at a fixed point on the cheek, 1-2 times.</p> <p>12. Lift the probe from chin to earlobe, from the mouth corner to ear gate, from the nose wing to the temple, one line next to another, 1-2 times.</p> <p>13. Do the same on the other side.</p> <p>14. Clean the face.</p> <p>15. Double clean and remove keratin with the skin scrubber: adjust the energy level and start.</p> <p>16. <b>Operation:</b> Drench cotton pad in water and pat on face, then tilt the scrubber at a 45° angle and slowly move around the face; start with nose and double the treatment if needed on nose, 3-6 times.</p> <p>17. Starting from chin, brace the skin in parallel lines to keep the treatment surface tight, 3-6 times.</p> <p>18. Do the same on the other side.</p> <p>19. Brace the skin vertically towards hairline on forehead, 3-6 times.</p> <p>20. Clean the face.</p> <p>21. Apply some brightening essence on face.</p>	<p>Technique 23</p>  <hr/> <p>Technique 24</p>  <hr/> <p>Technique 26</p> 
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		<p>22. Infuse with ultrasound: adjust the energy level and start.</p> <p>23. Move upwards in circular motion from chin to earlobe, from the mouth corner to ear gate, from nose wing to the temple, 3 times.</p> <p>24. Move upwards slowly from chin to earlobe, from the mouth corner to ear gate, from nose wing to the temple, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Move in circular motion horizontally at forehead, 3 times.</p> <p>27. Apply the sheet mask, 15 min.</p> <p>28. Take off the mask and clean the face.</p> <p>29. Apply toner, essence, latex, cream and sunscreen.</p>	
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**Suggested Treatment:**

10 treatments account for one full course. After one treatment, skin appears to be clean and translucent with less clogged pores. After one full course, the pores shrink and skin becomes smooth. After two full courses, the skin becomes fine, moisturized and brightened. After three full courses, the skin quality is improved, the absorption and metabolism of skin is strengthened to prevent clogged pores and unbalanced water-oil rate.

**Eyes Care: 40 min, once/week**

<p>Ultrasound Energy for Eyes: 30%~80%</p>	<p>Makeup Remover+ Face Wash+ Toner+ Massage Cream for Eyes+ Essence for Eyes+</p>	<p>1. Remove makeup and clean the face, 5 min.</p> <p>2. Apply toner.</p> <p>3. <b>Eyes Massage</b> Apply proper eyes massage cream evenly around eyes.</p> <p>4. Move in circular motion around eyes with ring and middle fingers and caress, 3</p>	<p>Technique 4, 8</p>  <p>Technique 5</p>
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<p>Eyes Mask</p>	<p>times.</p> <p>5. Lift with ring and middle fingers from inner eye corner to the temple, 3-5 times.</p> <p>6. Lift with ring and middle fingers from brow ridge to the temple, 3 times.</p> <p>7. Push the following acupoints: Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EM3), Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1), Sibai (St-2), Jingming (BL-1).</p> <p>8. Caress in circular motion around the eyes with both hands, 3 times.</p> <p>9. Move around eyes with one hand in the front and one hand behind as if writing an "8" number, 3-5 times.</p> <p>10. Move in circular motion around eyes with ring and middle fingers from brows, 3 times, and then Push the acupoint: Jingming (BL-1).</p> <p>11. In unilateral way, alternately lift with ring and middle fingers from the corner of eye to hairline, 3-5 times.</p> <p>12. Do the same on the other side.</p> <p>13. Apply proper essence around the eyes.</p> <p><b>14. Eye Ultrasound Operation</b> In unilateral way, move the probe in small circular motion from corner of eye to the temple, along the lower eyelids, 3 times.</p> <p>15. Lift the probe from corner of eye to the temple, along the lower eyelids, 3 times.</p>	 <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 11</p>  <p>Technique 14</p>  <p>Technique 15, 17</p>  <p>Technique 16</p>
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	<p>16.Lift from corner of eye to the end of eyebrow, along the upper eyelids, 3 times.</p> <p>17.Lift from corner of eye to hairline, along the lower eye corner, 3 times.</p> <p>18.Do the same on the other side.</p> <p>19.Apply eyes mask, 15 min.</p> <p>20.Take off the mask and clean the face.</p> <p>21.Apply toner, eye essence, essence, eye cream, facial cream and sunscreen.</p>	
<p><b>Suggested Treatment:</b></p> <p>10 treatments account for one full course. After one treatment, the dry lines around eyes are relieved and periocular skin is moisturized. After one full course, the eyes edema, uncomfortable feeling of eyes are improved and dark circles are relieved. After two full courses, the fine lines around eyes reduce, the pigment is faded and dark circles are improved. After three full courses, the eyes have sufficient nutrients and skin becomes moisturized, glossy and elastic.</p>		