

# User Manual

## MS-32J5



# Preface

Dear Users,

We're pleased to present to you our 5-in-1 beauty machine featured with ultrasound weight loss, figure slimming, nutrients infusion, deep cleansing, eyes care and so on. It is a multifunctional beauty machine, mainly focusing on dry skin, lack of nutrients, clogged pores and partial excessive fat on body. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. Microdermabrasion and ultrasonic cavitation machines are beauty machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel to read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

# Table of Contents

Preface
Part I
Introduction
Advantages
Working Principles & Treatments
Deep Cleansing
Skin Cleansing & Rejuvenation
Eyes Care
Body Shaping
1. Waist&Abdomen Shaping
2. Arms Shaping
3. Legs Shaping
Part II
1. Detailed Operations
2. Technical Parameters
3. Safety Precautions
4. Dos and Don'ts
5. Troubleshooting & Solutions
6. FAQs
7. Packing List
8. Operational Diagrams

# Part I

## Brief Introduction

Ultrasound and skin scrubber are currently the most popular beauty machines that work on beauty care, cleansing, infusion and body shaping. It's an effective replacement of all the manual cleansing, skin care and partial slimming programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. The ultrasonic with special frequency has strong effect on fat loss and targets at the parts which are hard for fat-removing. It creates amazing effects. Microdermabrasion adopts vacuum negative pressure suction technology to reduce internal air pressure, thus effectively removing wasted cuticle layer, sucking out blackheads and excess oil and other pore garbage, in a way achieving free breathing circulation of skin, which can dredge pores, improve pores and brighten skin tone.

## Advantages

1. 5-in-1 beauty machine that works on your overall facial and body care.
2. Multiple working probes can be replaced in different parts according to different requirements.
3. Painless, non-invasive during the process. Skipping any recovery periods.
4. 40K Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
5. Unevenness, bleed, swelling and stasis will not appear after treatment.
6. Special probes of microdermabrasion can improve various skin problems and revive a clean face.
7. The 3MHZ high-frequency ultrasonic wave of cleaning scrubber can effectively enhance the absorption of the skin, help the nutrition penetrate into the dermis, and comprehensively renew the skin. The high-frequency vibration refines the nutrients into small molecular particles and enhances the absorption.
8. Ultrasound can effectively infuse beauty nutrients into the skin quickly, allowing the skin to better absorb the nutrients in skin care products.

## Deep Cleansing

### Principles

### Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

### **Physical Effects**

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

## **Skin Scrubber**

Skin scrubber is equipped with the unique technology of transforming. 2.8MHz mechanical vibration energy emitted has obvious osmosis effect on human skin. Through the medium of atomization, strong impact can instantly remove deep dirt from the pores, painlessly remove acne and pimples so that skin receive a thorough clean treatment.

Low-frequency energy can emulsify sebum and secretions that are blocking pores, which can also sterilize. Mechanical vibration can not only atomizes water molecules into pores, but also can remove grease, secretions and dead skin.

### **Physical Effects**

High-frequency vibration sound wave is combined with softening product or exfoliating cream to soften the damaged rough cuticle layer, and open pores with sound wave, and remove the garbage and waste deep in pores by high-frequency vibration. On the back of the instrument high frequency vibration combined with essence product can induce the product into the skin, increasing skin elasticity and smoothing wrinkles.

## **Effects**

1. Deeply cleanse skin and dredge pores.
2. Remove excessive keratin, improve grease secretion.
3. Deeply infuse nutrients and accelerate absorption.
4. Improve coarse skin and large pores.
5. Remove blackheads, reduce acne and improve strawberry nose.
6. Accelerate blood circulation and increase skin metabolism.
7. Brighten skin tone and refine pores.

## Applicable Range

1. Those with large pores or excessive sebum secretion.
2. Those with thick keratin or clogged pores.
3. Those with blackheads, acne or filth clogged in pores.
4. Those with coarse and rough skin.
5. Those whose skin has bad absorption and bad metabolism.
6. Those who often wear makeup and do not clean the skin.
7. Those with uneven skin tone, dull and sallow skin.

## Inapplicable Range

1. Those in menstruation, pregnancy, lactation.
2. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia), hyperthyroidism, malignant tumor and severe diseases.
3. Those who just finished micro-needle, mesotherapy and other invasive plastic surgery, the wound did not heal.
4. Those with skin diseases or infectious diseases.
5. Those who are in severe allergy period (with erythema).
6. Those whose nose has prosthesis or those with extensive facial trauma.

## Notes after Operation

1. Enhance moisturizing and sunscreen.
2. Apply a hydrating mask once a day for three days.
3. Do not use stimulating skin care products including scrub, exfoliator and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.

## Skin Cleansing & Rejuvenation

### Principles

### Skin Scrubber

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## **Facial Ultrasound**

Ultrasonic facial beauty instrument is based on the theory of high frequency vibration. It reaches deep into the subcutaneous tissues, 4-6 mm to be exact, with the strong vibration wave of 2.8MHz. With its high energy and permeability, it vibrates tissues in every layers of your skin, exporting oil and dirt from pores. Also, it changes cells volumes so as to improve blood circulation and stimulates proliferation of cells, making it lustrous and elastic. Moreover, thanks to its high frequency vibration induced warm effect, it helps better absorption of nutrients into the skin at a higher speed.

### **Effects**

1. It provides deep infusion and fast nutrients supplement.
2. Deeply cleanse, improve skin's absorption.
3. Remove keratin and improve grease secretion.
4. Improve skin quality and increase the skin immunity.
5. Brighten skin tone and smooth skin.
6. Improve large pores and coarse skin.
7. Stimulate cell's regeneration and increase the elasticity of the skin.

### **Applicable Range**

1. Those with dry skin and skin lacking of nutrients.
2. Those with coarse skin and large pores.
3. Those with thick keratin or excessive sebum secretion.
4. Those with uneven skin tone or dull, sallow skin.
5. Those whose skin has bad absorption or the bottom layer of skin lacks of water.

### **Inapplicable Range**

1. Those in menstruation, pregnancy, lactation.

2. Those with heart disease, hyperthyroidism, malignant tumor and severe diseases.
3. Those who just finished micro-needle, mesotherapy and other invasive plastic surgery, the wound did not heal.
4. Those with skin diseases or infectious diseases.
5. Those whose nose has prosthesis or those with extensive facial trauma.
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## Eyes Care

### Principles

### Eye Ultrasound

Eye ultrasound is based on the principle of high-frequency vibration that initiates a warm effect. It enters deep into the subcutaneous tissue with 20,000 HZ/ sec strong high-frequency vibration wave. Ultrasound, with its high frequency, short wavelength, and strong penetration, it can transmit like light as a straight line to the determined direction. Ultrasonic wave is a longitudinal wave that can spread smoothly in the human tissue. The ultrasonic wave that acts on human body, can produce fine frictional action on histocytes, bringing out cytoplasm activities, improving cell enzymatic activity, promoting blood circulation and metabolism, thus leaving the skin full of plumpness and elasticity and removing dark circles and bags under the eyes.

### Effects

1. Fade dark spots and relieve dark circles.
2. Improve eye bags and edema.
3. Accelerate blood circulation of eyes, improve dry eyes, eye strain.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Replenish nutrition for eyes and moisturize skin.
6. Improve dry lines and fine lines around the eyes.

### Applicable Range

1. Those with dry eye skin and eye skin lacking of nutrients.
2. Those who often stay up late and have dark circles.
3. Those with dry skin, dry lines and fine lines around eyes.
4. Those with eye bags or eye edema.
5. Those whose eye skin has bad absorption and slow metabolism.

## Inapplicable Range

1. Those in menstruation, pregnancy, lactation.
2. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia), hyperthyroidism, malignant tumor and severe diseases.
3. Those who just finished micro-needle, mesotherapy and other invasive plastic surgery, the wound did not heal.
4. Those with skin diseases or infectious diseases.
5. Those who are in severe allergy period (with erythema).

## Notes after Operation

1. Enhance moisturizing and sunscreen.
2. Use eye masks at least three times a week.
3. Massage the eyes for 2-3 min every night before sleep.
4. Staying up late, smoking and drinking are prohibited, have a good sleep.
5. Eat more vegetables, fruits, and less greasy food.

## Body Shaping

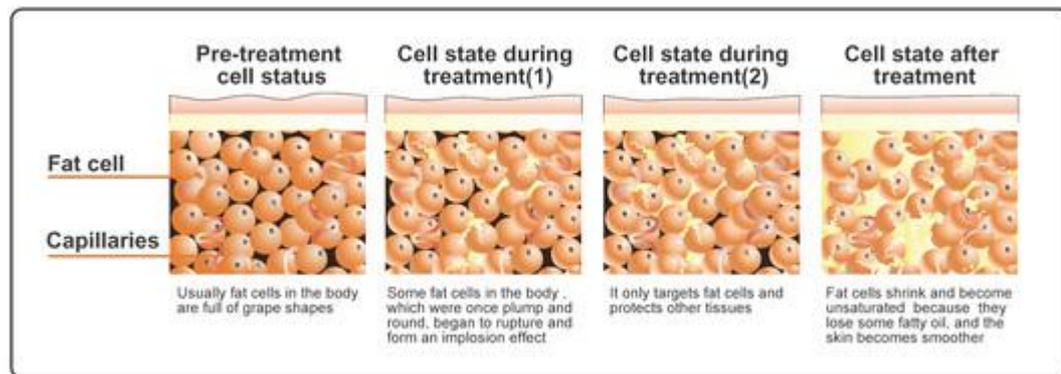
### 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, it produces a lot of vacuum gas and blood in cells, strong impact on fat cells, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, triglycerides are decomposed into glycerol and free fatty acids, which are excreted through human metabolism and lymph drainage, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed

until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## 1. Waist&Abdomen Shaping

### Effects

1. Dissolve excessive fat of abdomen.
2. Improve flabby abdomen.
3. Blast cellulite, improve metabolism.
4. Improve fat belly.

### Applicable Range

1. Those with flabby abdomen after delivery.
2. Those with bad waist lines due to long time sitting.
3. Those are obesity due to overeating.
4. Those who are fat above the waist.

### Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

### Notes after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
4. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

## **2. Arms Shaping**

### **Effects**

1. Dissolve excessive fat on arms and improve metabolism.
2. Improve the flabby fat on the inner side of arms.
3. Improve flabby upper arms.
4. Improve accumulated fat on arms.

### **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those who are hard to lose fat on arms.
4. Those with accumulated fat on arms.
5. Those with big and rough arms due to lack of exercise.

### **Inapplicable Range**

1. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
2. Those who are during allergic period and has severely sensitive skin.
3. Those with skin trauma or cut.
4. Those who are overly old.
5. Those who are pregnant and who are recovering from surgery.
6. Those with skin diseases and infectious diseases.

### **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Drink plenty of warm water to stay hydrated.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## 3. Legs Shaping

### Effects

1. Dissolve excessive fat on legs and get rid of thick thighs.
2. Improve pear-shaped body.
3. Build slimming legs.
4. Improve obesity due to overeating.
5. Improve accumulated fat on sides of thighs.

### Applicable Range

1. Those who don't want to exercise and don't want to be fat.
2. Those with bad legs shape.
3. Those with accumulated fat on legs.
4. Those with big, bulky thighs.
5. Those who don't want to exercise but want slim legs.

### Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with allergic and severely sensitive skin.
5. People who have just had liposuction.
6. Those who are overly aging.

### Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. Drink more warm water to replenish water and speed up metabolism.
3. Refuse to overeat or stay up late.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Wear pants when you're done. Avoid miniskirts and shorts.

# Part II

## 1. Detailed Operation

The installment is as below:

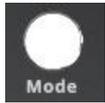


### 1.1 Detailed Operation: 40K

Press the power button to start.



Function modes, select proper function mode.



Switch modes, tap to switch.



40K handle, select 40K mode.



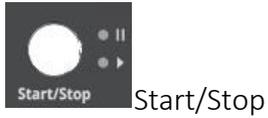
Working time, scope: 0~60 min, it is advised to operate at each area for around 15 min.



Time +/-

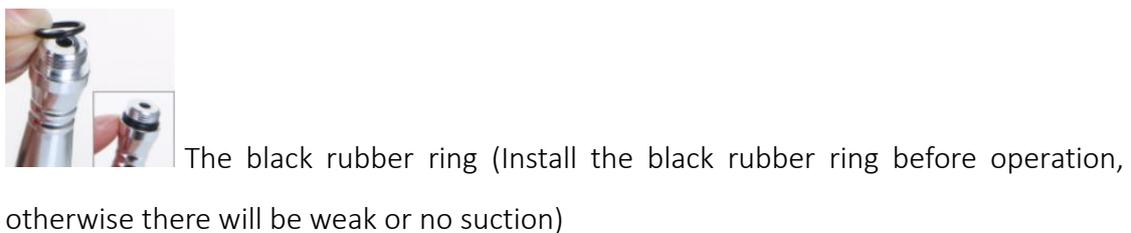
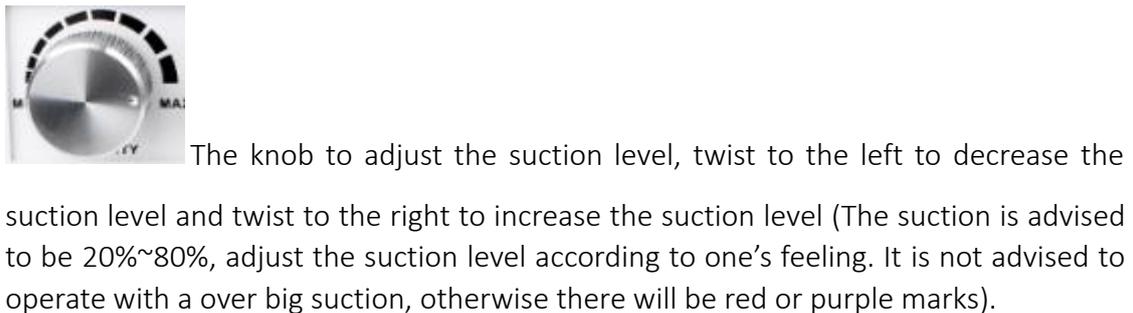
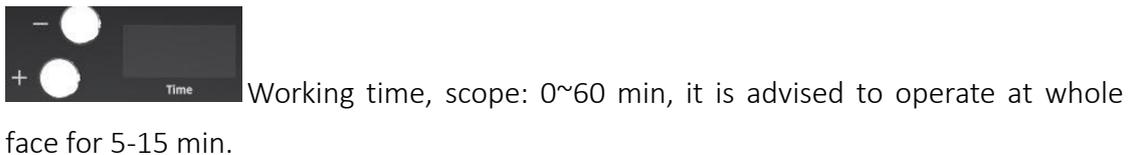
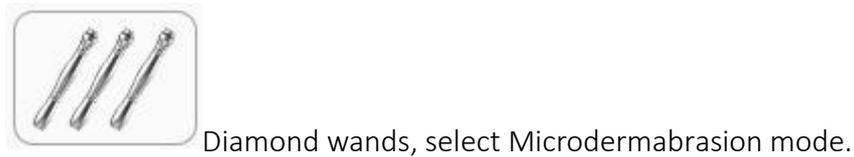
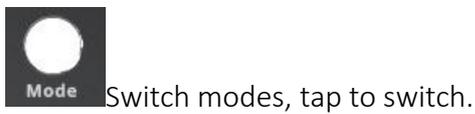


Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from 2 for the first time of use, increase the energy to 4~8 slowly after adaption.



## 1.2 Detailed Operation: Microdermabrasion

Press the power button to start.





The cotton filter (Make sure to place cotton filter in advance to prevent ant filth get into the device and damage it, the cleansing effect can also be seen with the cotton filter)



This is the Inlet, insert one end of the rubber hose into the Inlet, and insert the other end into the wand.



Take off the cap which is at the end of the handle, install the white rubber hose, then insert the handle into the white rubber hose, at last, install the cap.



Select the proper diamond tip according to the size of skin.



The big tips are suitable for big areas, such as periocular areas, nose wings, cheeks, facial wrinkles and body parts.



The round tips are suitable for forehead, chin, nose wing, cheeks cleansing and facial wrinkles removing.



The pointed tips are suitable for nasolabial folds, stubborn blackheads, mites, clogged pores and fine lines.

### 1.3 Detailed Operation: Skin Scrubber

Press the power button to start.



The handle of skin scrubber.



Working time, scope: 0~60 min, it is advised to operate at whole face for 5-10 min.



Time +/-



The front face of the skin scrubber



ON/OFF and modes selection button. Tap once to turn on, the fourth tap is to stop the skin scrubber.

There are 3 modes in total:

Mode 1: Tap once is the consecutive vibration mode, it is suitable for large pores, clogged pores and rough skin.

Mode 2: Tap twice is the intermittent vibration mode, it is suitable for clogged pores, and excessive grease secretion.

Mode 3: Tap three times is the quick intermittent vibration mode, it is suitable for rough skin, and keratin.

## 1.4 Detailed Operation: Face Ultrasound

Press the power button to start.



Function modes, select proper function mode.



Switch modes, tap to switch.



Face Ultrasound handle, select Face Ultrasound mode.



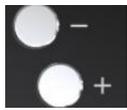
Working time, scope: 0~60 min, it is advised to operate for 10~15 min.



Time +/-



Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from the minimum energy for the first time of use, increase the energy slowly after adaption. The bigger the energy parameter is, the warmer the feeling is, the better the effect is.



Energy +/-



Start/Stop

## 1.5 Detailed Operation: Eye Ultrasound

Press the power button to start.



Function modes, select proper function mode.



Switch modes, tap to switch.



Eye Ultrasound handle, select Eye Ultrasound mode.



Working time, scope: 0~60 min, it is advised to operate for 5~10 min.



Time +/-



Energy adjustment, energy scope: 0~10, it is advised to be 3~8. It is advised to start from the minimum energy for the first time of use, increase the

energy slowly after adaption. The bigger the energy parameter is, the warmer the feeling is, the better the effect is.



Energy +/-



Start/Stop

## 2. Technical Parameters

Technology: Cavitation 2.0 unoisetion

- Cavitation frequency:40KHz
- Power:120W
- Flat head ultrasonic handle frequency:1M Hz
- Pointed ultrasonic handle frequency:1 MHz
- Ultrasonic scrubber frequency:1M Hz

## 3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who have just had liposuction.

## 4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and

should not be directly exposed to sunlight.

5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.

6. Do not use in the eyes, thyroid gland, parathyroid gland, testicles, pregnant woman's abdomen and atrial pulse generator.

7. Patients who are currently ill should also use this instrument with caution unless approved by a physician.

8. Please turn off the power switch of the instrument when no guest is using it, and make sure to turn off the main power of the instrument before leaving after daily use to ensure the safety of electrical products.

9. Use the instrument or train the operator strictly according to the instruction of the manual.

10. If you are taking other weight-loss drugs, it is recommended to stop taking the drugs for 1 to 2 months before you lose weight. If you want to lose weight immediately, you should extend the course of treatment.

11. Do not use the instrument on an empty stomach. Only after at least 1 hour after a full meal can you carry out the weight-loss treatment.

12. The probe must contact the skin fully when operating, to avoid uneven heating.

13. The machine is not advised to be used for more than 1 hour, if it needs to operate at many areas, during the process, power off for 10-20 min and restart it.

14. Be sure to turn it down in time after each operation, do not work without contacting with skin.

15. Start with the lowest energy at the beginning of operation, and gradually add energy after adaptation.

16. When using this instrument, the operating area must be kept moist and avoid dry skin operation.

17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.

18. Be sure to turn off the power after use, and then pull out the power plug.

19. The operating area should be applied with gel evenly when operating at body.

20. When operating 40K, there will be tinnitus, don't worry, it is normal phenomenon.

21. During 40K, Face Ultrasound operation, the instrument should contact the skin fully, not only one point, to avoid burns and uneven heat.

22. Adjust the vacuum suction pressure subjecting to the customers' comfort level accordingly when operating dermabrasion.

23. Make sure to install rubber ring when operating dermabrasion setting to avoid no suction or weak suction.

24. Make sure to install filter cotton when operating dermabrasion setting to filter filth.

25. Do not keep the probe at the same place for more than 5 seconds during operation, to avoid getting scalded.

## 5. Troubleshooting & Solutions

### 1. The instrument cannot be started, but the key light on the back of the instrument does not work?

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### 2. There is no energy output?

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Turn off the instrument and restart it.

### 3. No response when I press the button of skin Scrubber?

- A. Turn off the instrument and restart it.
- B. Remove the handle connection and install it again.

### 4. No suction during dermabrasion treatment?

- A. Please check whether the rubber ring of the operating head is screwed too tight, resulting in air leakage.
- B. Please check whether there is any rubber ring installed.
- C. Please check whether the rubber hose is properly connected to the main engine and whether there is any damage to the rubber hose.

## 6. FAQs

### 1. Q: Will the skin become thinner and more sensitive after dermabrasion treatment?

A: No. During the process, dermabrasion operation is just to remove the skin aging cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Sensitive symptoms will not appear.

### 2. Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

### 3. Q: Can ultrasonic lead-in help remove acne pits?

A: Ultrasonic lead-in works by importing skin whitening nutrients into the skin through ultrasonic high frequency vibration. It accelerates the absorption, inhibit melanin

formation and fade dark spots, therefore effectively improving dull skin, reviving skin to be moist and bright. The effect is particularly significant when facing hyperpigmentation left by acne. The It is green, ecological, simple, safe, reliable and has no side effect. After treatment, general outdoor activities can be conducted.

**4.Q: Is it dependent?**

A: No, this is for skin problems to improve and deeply clean the skin, which belongs to the maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dark, yellowish skin, water shortage, rough skin, wrinkled skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore not dependence factor is involved.

**5. Q: Can I wear makeup after using this instrument?**

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

**6. Q: How long does the body slimming treatment take?**

A: One operation time is 30 minutes. We will combine professional techniques and instruments to achieve remarkable results.

**7. Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects.

**8. Q: Will I experience rebound after operation?**

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**9. Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**10. Q: Can 40K ultrasound be operated all over the body?**

A: 40K ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth

reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**11. Q: Does 40K ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**7.Packing List**

- 1x Main Machine
- 1x Cavitation 40k
- 1x Flat Head Ultrasonic
- 1x Pointed Ultrasonic Handle
- 1x Skin Scrubber
- 3x Metal Wand
- 9x diamond microdermabrasion tip
- 1x White tube
- 1x Power Cord

**8. Operational Diagrams**

Parameter Adjustment	Product	Techniques	Diagrams
<b>Deep Cleansing: 45 min, once/week</b>			
Microdermabrasion: Working time: 10 min Suction: 20%~80%	Makeup Remover+ Face Wash+ Essence+ Blackhead	1. Remove makeup and clean face, 5 min. 2. Apply toner on face, 1 min. 3. Dip the cotton pads in	Technique 12

<p>Adjust according to one's feeling.</p> <p>Skin scrubber: Working time: Cleanse: 3~5 min</p> <p>Infusion: 10 min</p> <p>Working mode: Mode 3: Cleansing Mode 1: Infusion (the button on the handle, press once is mode 1, press twice is mode 2, press three times is mode 3)</p>	<p>Export Liquid+ Essence+ Facial Mask</p>	<p>blackhead export liquid and apply them on the T zone, 3-5 min.</p> <p>4. Take off cotton pads.</p> <p>5. <b>Cleanse pores with Microdermabrasion</b></p> <p>Turn on the device, adjust the energy parameter, start.</p> <p>6. <b>Operation</b></p> <p>Twist at a fixed point at the forehead, 1-2 times.</p> <p>7. Move slowly from the eyebrow to end of brow, 1-2 times. (eyebrow can be double operated for 1-2 times)</p> <p>8. Twist the probe at nose at a fixed point for 1 time and move slowly to operate, 2-3 times.</p> <p>9. Twist the probe at chin at a fixed point, 1-2 times.</p> <p>10. Move slowly from the center of chin to both sides, 1-2 times.</p> <p>11. Twist the probe at both cheeks at a fixed point, 1-2 times.</p> <p>12. Lift from chin to earlobe, mouth corner to ear gate, nose wing to the Temple, one line next to another, 1-2 times.</p> <p>13. Do the same to the other side.</p> <p>14. Cleanse face.</p> <p>15. <b>Double Cleansing and Keratin Removing with Skin Scrubber</b></p> <p>Adjust the energy parameter, start.</p> <p>16. <b>Operation</b></p> <p>Get face wet with cotton pads, slowly move the skin</p>	<div data-bbox="1252 219 1372 414" data-label="Image"> </div> <p data-bbox="1173 448 1348 481">Technique 19</p> <div data-bbox="1252 510 1372 705" data-label="Image"> </div> <p data-bbox="1173 739 1348 772">Technique 23</p> <div data-bbox="1252 801 1372 996" data-label="Image"> </div> <p data-bbox="1173 1030 1348 1064">Technique 24</p> <div data-bbox="1252 1093 1372 1288" data-label="Image"> </div>
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		<p>scrubber at face in a 45° angle. Operate at nose first, nose area can be double operation, 3-6 times.</p> <p>17. Lift upwards from chin, one line next to another, 3-6 times.</p> <p>18. Do the same to the other side.</p> <p>19. Move from forehead to hairline, 3-6 times.</p> <p>20. Cleanse face.</p> <p>21. Apply moisturizing essence on face evenly.</p> <p><b>22. Infuse with the Back of Skin Scrubber</b></p> <p>Adjust the energy parameter, start.</p> <p><b>23. Operation</b></p> <p>Lift from chin to earlobe, from mouth corner to ear gate, nose wing to the Temple, 3 times.</p> <p>24. Lift from forehead to hairline, 3 times.</p> <p>25. Do the same to the other side.</p> <p>26. Turn off the machine.</p> <p>27. Apply facial mask, 15 min.</p> <p>28. Remove makeup and clean the face.</p> <p>29. Apply toner, essence, latex, cream and sunscreen.</p>	
<p><b>Suggested Treatment:</b></p> <p>This treatment takes about 45 min. 10 treatments account for one full course. After one treatment, skin appears to be clean and translucent with less clogged pores. After one full course, grease secretion decreased visibly, the pores shrink gradually. After two courses, the skin becomes smooth, refined, moisturized, elastic and glossy. Three courses help consolidate the effects, prevent rebound, acne and clogged pores.</p>			

## Skin Cleansing & Rejuvenation: 30 min, 2-3 times/week

<p>Skin Scrubber Energy: Working time: 5 min.</p> <p>Working mode: 1 (the button on the handle, press once is mode 1, press twice is mode 2, press three times is mode 3)</p> <p>Face Ultrasound: Working time: 10 min.</p> <p>Energy: 3~8</p>	<p>Makeup Remover+ Face Wash+ Blackhead Export Liquid+ Hot &amp; Cold Steam+ Essence+ Facial Mask</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner on whole face, 1 min.</li> <li>3. Dip the cotton pads in blackhead export liquid and apply them on the T zone, plus hot steam, 5 min.</li> <li>4. Take off the cotton pads.</li> <li>5. <b>Cleanse Skin with Skin Scrubber</b> Adjust the energy parameter, start.</li> <li>6. Operation Get face wet with cotton pads, slowly move the skin scrubber at face in a 45°angle. Operate at nose first, nose area can be double operation, 3-6 times.</li> <li>7. Lift upwards from chin, one line next to another, 3-6 times.</li> <li>8. Do the same to the other side.</li> <li>9. Move from forehead to hairline, 3-6 times.</li> <li>10. Cleanse the face.</li> <li>11. Apply brightening essence on face.</li> <li>12. <b>Ultrasound Infusion</b> Adjust the energy parameter, start.</li> <li>13. Move in circles from chin to earlobe, mouth corner to ear gate, nose wing to the Temple, 3 times.</li> <li>14. Slowly move upwards from chin to earlobe, mouth corner to ear gate, nose</li> </ol>	<p>Technique 9</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 16</p> 
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		<p>wing to the Temple, 3 times.</p> <p>15. Do the same to the other side.</p> <p>16. Move in circles horizontally at forehead, 3 times.</p> <p>17. Apply facial mask, 15 min.</p> <p>18. Remove the facial mask and clean the face.</p> <p>19. Apply toner, essence, latex, cream and sunscreen.</p>	
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**Suggested Treatment:**

This treatment takes about 30 min, 2-3 treatments a week. 1 month of treatments account for one full course. After one treatment, skin appears to be clean and translucent with less clogged pores, rough skin is reduced. After two courses, the skin becomes smooth, refined, moisturized and glossy. Three courses help improve the skin quality, the absorption and the metabolism of skin, prevent clogged pores and imbalance of water & oil of skin.

**Eyes Care: 40 min, 2-3 times/week**

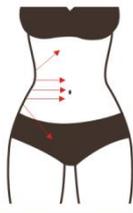
<p>Eyes Ultrasound: Working time: 5~10 min</p> <p>Energy: 3~8</p>	<p>Makeup Remover+ Face Wash+ Toner+ Eye Massage Cream+ Eye Essence+ Eye Mask</p>	<ol style="list-style-type: none"> <li>Dip the cotton pad with makeup remover, and remove the makeup, 2 min.</li> <li>Clean the face with face wash, 2 min.</li> <li>Apply toner, 1 min.</li> <li>Apply eye essence around eyes in circular motion, 3 times.</li> <li><b>Eye Ultrasound Infusion</b> Turn on the device, adjust the energy parameter, start.</li> <li><b>Operation</b> Lift the probe from below the eyelid to the corner of eye, 3-6 times.</li> <li>Lift the probe from below the eyelid to the Temple, 3-6 times.</li> <li>Lift in small circles from below the eyelid to the Temple, 3-6 times.</li> </ol>	Technique 4
			
			Technique 7
			
			Technique 8
			

		<p>9. Lift from below the eyelid to the Temple, 3-6 times.</p> <p>10. Do the same to the other side.</p> <p>11. Apply the eye mask, 15 min.</p> <p>12. Remove eye mask and clean, 2 min.</p> <p>13. Apply eye essence.</p>	<p>Technique 9</p>  <hr/> <p>Technique 10</p> 
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**Suggested Treatment:**

This treatment takes 25 min, 2-3 times a week, keep doing it for 1 month is a full course. After one treatment, the dry lines around eyes are relieved, eye skin is moisturized. After 1 course, the eye edema, dark circles and tired eyes are improved. Keep doing it for 2 courses, fine lines are reduced, spots are faded and dark circles are improved. Keep doing it for 3 courses, the skin is nourished, moisturized, glossy and elastic.

**Waist&Abdomen Shaping: 15 min, 2-3 times/week**

<p>40K: Time: 15 min</p> <p>Energy: 3-8</p>	<p>Gel</p>	<ol style="list-style-type: none"> <li>Clean the abdomen with hot towel, 2 min.</li> <li>Operate 40K for waist&amp;abdomen shaping.</li> <li>Apply gel on the abdomen, 1 min.</li> <li>Turn on the device, adjust the energy parameter, start.</li> <li><b>Operation Technique</b> Starting from one side of the waist, lift the device to abdomen and groin, one line next to another, 3 times.</li> </ol>	<p>Technique 5</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>
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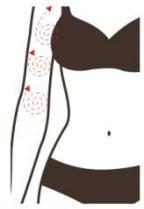
		<p>6. Repeat the previous operation on the other side, 3 times.</p> <p>7. Move the device on abdomen in small circular motions, 3 times.</p> <p>8. Move the device on abdomen in big circular motions, 3 times.</p> <p>9. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>10. Move the probe up and down to shape the waist, 3-5 times.</p> <p>11. Clean the abdomen.</p>	 <p>Technique 9</p>  <p>Technique 10</p> 
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**Suggested Treatment:**

It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. After one month of treatments, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 months, the effect gradually becomes obvious, the fat on abdomen becomes less and less. After 3 months, the effect is reinforced. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

**Arms Shaping: 20 min, 2-3 times/week**

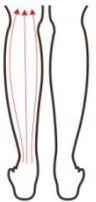
<p>40K: Time: 15 min</p> <p>Energy: 3-8</p>	<p>Gel</p>	<p>1. Clean arms with hot towel.</p> <p>2. Operate 40K for arms shaping.</p> <p>3. Apply gel on the arm.</p> <p>4. Turn on the device, adjust the energy parameter, start.</p> <p>5. <b>Operation Technique</b></p> <p>Move the probe from the fat on arm to the</p>	<p>Technique 5</p>  <p>Technique 6</p>
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		<p>armpit, one line next to another, 5 times.</p> <p>6. Move in annular circles at the inner side of upper arm, 5 times.</p> <p>7. Double operate at the flabby arm, 3 times.</p> <p>8. Move up and down at the inner side of the upper arm, 5 times.</p> <p>9. Do the same to the other arm.</p> <p>10. Clean the arms.</p>	 <p>Technique 8</p> 
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**Suggested Treatment:**

It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. 2 months of treatments help reduce excessive arm fat. After 3 months of treatments, excessive arm fat begins to disappear, arms become slim. Keep using it, there will be consolidation and stable effect to prevent rebound.

**Legs Shaping: 20 min, 2-3 times/week**

<p>40K: Time: 15 min</p> <p>Energy: 3-8</p>	<p>Gel</p>	<ol style="list-style-type: none"> <li>1. Clean the legs with hot towel, 2 min.</li> <li>2. Operate 40K for legs shaping.</li> <li>3. Apply gel on fat of leg evenly, 2 min.</li> <li>4. Turn on the device, adjust the energy parameter, start.</li> <li>5. <b>Operation Technique</b> Move the probe at the thigh up and down, one line next to another, 5 times.</li> <li>6. Move the probe at the accumulated fat on the calf up and down, 5 times. If calf</li> </ol>	<p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 7</p>
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		<p>is not necessary, you can operate at the thigh directly.</p> <p>7. Move in annular circles at the inner side of the thigh, 5 times.</p> <p>8. Move in small circles at the inner side of the thigh to dissolve the fat, 5 times.</p> <p>9. Do the same to the other thigh.</p> <p>10. Clean the legs.</p>	 <hr/> <p>Technique 8</p>  <hr/>
<p><b>Suggested Treatment:</b></p> <p>It is advised to do this treatment for 2-3 times a week, keep doing it for 2 month, you can take this treatment for 1-2 times a week. After 2 months of treatments, legs become slim and the fat on legs is reduced obviously. After 3 months of treatments, effect of slim legs is obvious. Keep doing it, it can double the effect and shape the legs.</p>			