

Concise Therapeutic Guidance Manual

MS-32J2



Preface

Dear Users:

Welcome to use our three-in-one cosmetic instrument which mainly focuses on slimming, compacting, lifting and anti-aging. It is a multi-functional instrument, having a great effect for facial and eye tightening, wrinkle removing and body shaping. Through using high-tech technology achieving beauty and skin-care effect, safe and effective. RF and Ultrasound Cosmetic Apparatus is a professional anti-aging cosmetic instrument, which requires professional trained operators to operate. If it is not used correctly, it may cause adverse consequences to the human body. Therefore, we hope that before operating this instrument, the operators will first read this manual in detail and strictly comply with it.

We believe that our high quality products will bring you good profits, and our perfect after-sales service will make you worry no more.

Thank you!

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Part I

Brief introduction

At present, ultrasonic instruments are the most popular apparatus for beauty, compacting, shaping and anti-aging . They can effectively replace all facial and physical care items in salons. It is very simple and convenient to operate. Moreover, it can solve the skin and body management problems of the beauty lovers as soon as possible. This instrument requires no injection, no medication, no operation, thus having no side effects. The whole process is working on the external skin and will have an immediate effect. Radio frequency instrument can heat up deep skin , stimulate collagen proliferation and reorganization in dermis, accelerate blood circulation in the bottom of skin, thus achieves having a full and compact skin while anti-aging and preventing of aging. At the same time, cold hammer can relieve skin, shrink pore, and achieve all-round skin care.

Advantages

1. Three-in-one multifunctional cosmetology instrument to solve facial and systemic nursing problem
2. Removing fat in Ultrasound explosion rather than surgical liposuction, has brought good news for obese people
3. Various operation heads can be replaced according to different parts and requirements
4. The perfect combination of ultrasound and radio frequency can solve the problem of losing weight, tighten the skin while losing weight, increase the elasticity of the skin, make the body metabolize quickly, and enhance the healthy constitution
5. Use the world's cutting-edge technology of high-intensity sonic explosion
6. Suitable for all skin, and can improve skin quality and relieve skin
7. In the process of nursing, it is comfortable, painless, and non-invasive. It does not need recovery periods. And it will not affect your normal working and your normal life
8. No consumption, low cost and quick return
9. The treatment range is wider and the effect is rapid and remarkable.
10. It will not cause uneven phenomenon. No bleed and swelling and stasis phenomenon

Working Principles and Treatment

1. Facial Compact and Repair

1.1 Principle

Facial ultrasound cosmetology instrument is based on the principle of high frequency vibration, with 28,000 HZ/s high frequency vibration wave strength penetrating into the subcutaneous tissue 4-6 mm. Ultrasound has high energy and permeability, which can drive facial cells to vibrate. It can not only export pore oil, but also change the volume of cells so as to improve blood circulation, stimulate cell regeneration and make skin glossy and elastic. Secondly, it has the function of quickly introducing cosmetic nutrients into the skin, which can make the skin better absorb the nutrients in skin care products.

1.2 Effects

Improve the uneven skin color and sweep away the yellow air

2. Introduce nutrition to deep skin
3. Increase skin elasticity and delicate skin
4. Regulate water-oil imbalance and promote skin absorption
5. Accelerate blood circulation and metabolism

1.3 Applicable Range

1. Those with skin relaxation and sagging
2. Those with rough skin, thick pore, and exuberant grease secretion
3. Those with facial dullness
4. Those with poor absorption and metabolism
5. Those with not clear facial contour

1.4 Taboos Crowds

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those in menstruation, pregnancy, lactation, surgical recovery
3. Those during the allergic period, or people with highly-allergic skin or allergic to metals
4. Those with skin diseases and infectious diseases
5. Those who are unrealistic about the effects

1.5 Cautions after Treatment

1. Do not wash your face with overheated water in three days (warm or cold water can be used)
2. Strengthen moisturizing and sunscreen
3. Three times facial masks at least one a week
4. Spicy, greasy food should be avoided, staying up late, smoking and drinking should be avoided, vegetables and fruits, light food are encouraged

5. Avoid food in three high (high blood pressure, high cholesterol and high blood sugar), light food is encouraged

2. Anti-aging around Eyes

2.1 Principle

Eye ultrasound is based on the principle of high-frequency vibration, playing a warm and thermal role, with 20,000 HZ/s high-frequency vibration wave strength deep into the subcutaneous tissue. Ultrasound has high frequency, short wavelength and strong penetration. It can spread in a straight line like light, and can emit ultrasound in a certain direction. Ultrasound is a longitudinal wave, which can spread smoothly in human tissues. Ultrasound acting on human tissue can produce fine vibration and friction effect on tissue cells, cause cytoplasmic activity and movement, improve cell enzyme activity, promote blood circulation and metabolism, make skin glossy and elastic, so as to remove dark circles, bags of eyes and so on.

2.2 Effects

1. Relieve eye fatigue, dark circles, bags and edema
2. Reduce lines around eyes or crow's feet
3. Lighten coloring pigments and accelerate blood circulation
4. Accelerate metabolism and prevent pigmentation
5. Supplement nutrition to the eyes and moisturize skin

2.3 Applicable range

1. Those with wrinkles, fine lines, bags and dark circles around the eyes
2. Those with dry skin, dry lines and false wrinkles
3. Those with eyes easy to fatigue or dry
4. Those frequently face computer screens and mobile phones
5. Those who often stay up late and have dark circles

2.4 Taboos crowds

1. Those who have just undergone plastic surgery
2. Those in allergic period, with severely sensitive skin or who are metal allergists
3. Those with skin trauma or wound
4. Those who are overaging
5. Those who are pregnant or convalescents
6. Those with dermatosis and infectious diseases

2.5 Cautions after treatment

1. Sun exposure is avoided, sun protection is encouraged
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged
3. Within 1-3 days after operation, it is better not to use alcohol, fruit acid and grinding paste
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation
5. Moisturizing and eye mask are encouraged, at least 3 times eye masks a week

3. Anti-aging on Neck

3.1 Principle

Ultrasound beauty apparatus uses the principle of high frequency vibration to penetrate the subcutaneous tissue with the high frequency vibration wave strength of 28,000 HZ/s. Ultrasound has high power and energy. It can make skin cells vibrate with it, produce fine friction effect and change cell volume, thus improving local blood and lymph circulation, enhancing cell permeability, improving tissue metabolism and regeneration, softening tissue, stimulating nervous system and stimulating nervous system. Cell function, make skin shiny and elastic. Secondly, because of the warming effect caused by its high frequency vibration principle, it also has the function of quickly introducing cosmetic nutrients into the skin, so that the skin can better absorb the nutrients in the skin care products, thus achieving the function of smooth, bright and white neck skin and lymphatic circulation.

3.2 Effects

1. Reduce fine lines and wrinkles on the neck
2. Improve the flabbiness, roughness and dullness of the neck skin
3. Tighten skin and increase skin elasticity
4. Remove double chin
5. Accelerate lymphatic detoxification and improve facial skin

3.3 Applicable Range

1. Those with fine lines and wrinkles on the neck
2. Those with neck skin is flabby and inelastic
3. Those with dark skin
4. Those who often bow one's head
5. Those who face the computer frequently

3.4 Taboos Crowds

1. Those who have just undergone plastic surgery

2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those in allergic period or with severely sensitive skin
4. Those with skin trauma or wound
5. Those who are overaging

3.5 Cautions after Treatment

1. Sunscreen and keep the neck warm is encouraged
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged
3. Within 1-3 days after operation, it is better not to use alcohol, fruit acid and grinding paste
4. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week, essence or neck cream is encouraged
5. Long time head down is avoided

4. Shaping on Waist and Abdomen

4.1 Principle

Ultrasonic Wave

Using the sound wave with a frequency of 40 000 HZ emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of megapa to hundreds of megapa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue .

1. Tighten the skin on the waist and abdomen
2. Reduce lumbar and abdominal fat
3. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity
4. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis

4.2 Applicable Range

1. Those with lumbar and abdominal fat or who have sagging skin after being burn
2. Those sitting for a long time, or with bad waist lines
3. Those with obesity striae and gestational striae
4. Those with constipation or obstruction of abdominal meridians

4.3 Taboos Crowds

1. Those with Three Highs or who have heart disease
2. Those in pregnancy, menstruation or lactation
3. Those who have just undergone surgical wounds
4. Those with epilepsy and severe diabetes and hyperthyroidism
5. Those with malignant tumors, hemophilia or severe bleeding
6. Those with skin diseases and infectious diseases
7. Those with severe gynecological diseases
8. Those whose gynecological diseases are being treated

4.4 Cautions after Treatment

1. Keep warm
2. Eat normal, no spicy and greasy food, no alcohol, staying up late should be avoided. Drink warm water
3. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation
4. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism

5. Shaping on the Body

Ultrasonic Wave

Using the sound wave with a frequency of 40 000 HZ emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of megapa to hundreds of megapa, and produce strong vibration and noise.

Advantages: only aim for low-density adipose tissue in a specific frequency, protect high-density tissue such as vascular and nerve tissue.

6. Shaping on the Arms

6.1 Effects

1. Stimulate the proliferation of collagen at the bottom of the skin, which comes to the effects of shaping and tightening.
2. Improve flabby skin
3. Reduce thick arms
4. Relieve sag skin

6.2 Applicable range

1. Those with big arms
2. Those with sagging skin on arms
3. Those who are prone to feel pain and numbness in their arms

6.3 Taboos crowds

1. Those who have just undergone plastic surgery
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those during allergic period or with severely sensitive skin
4. Those with skin trauma or wound
5. Those with Overaging
6. Those in Pregnancy or who are convalescents
7. Those with dermatosis or infectious diseases

6.4 Cautions after treatment

1. Keep warm after operation. Don't eat cold food. Avoid getting cold.
2. Drink plenty of warm water
3. Refuse to overeat and stay up late
4. Avoid steam sauna, hot springs or strenuous exercise within one week after operation

7. Shaping on the Hip

7.1 Effects

1. Improve blood circulation and accelerate metabolism
2. Relieve menstrual pain, irregular menstruation, abnormal leucorrhoea and other

female diseases

3. Improve sleep quality, improve female sexual function and tighten vagina
4. Warm nest, stimulate gland secretion and increase couple's affection
5. Help button shape, improve buttock droop and expansion, tighten skin, increase elasticity

7.2 Applicable Range

1. Those with a sagging buttock
2. Those with obesity stria and pregnancy stria
3. Those with bad hip shape- flat, soft or outspread

7.3 Taboos Crowds

1. Those in menstrual period, pregnancy, lactation or during surgical recovery
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those with dermatosis, Infectious Diseases or skin is in sensitivity period
4. Those with wounds or is in recovery period of operation
5. Those during allergic period or with severely sensitive skin
6. Those who have just had liposuction
7. Those who are overaging population

7.4 Cautions after Treatment

1. Keep your hips warm and avoid wearing short skirts and shorts.
2. Drink more hot water and avoid getting cold.
3. Avoid staying up late, drinking alcohol, overeating
4. Avoid eating cold and spicy food and keep adequate sleep
5. Avoid steam sauna, hot spring or strenuous exercise within 7 days after operation

8. Shaping on the Legs

8.1 Effects

1. Tighten skin and prevent skin relaxation
2. Stimulate collagen regeneration and smoothing obesity stria
3. Increase leg circulation and detoxification metabolism
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins
5. Reduce redundant meat around the legs and shake off the thighs
6. Improve pear-shaped body

8.2 Applicable Range

1. Those with poor circulation of lower limbs, edema and obesity
2. Those with low immunity, discomfort and pain along the body and who are prone to get cold
3. Those with rough and flabby skin or with constipation
4. Those with blocked leg meridians or poor leg shape
5. Those who don't like sports and are afraid of being fat

8.3 Taboos Crowds

1. Those in menstrual period or in pregnancy and lactation
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors
3. Those with dermatosis, infectious diseases or whose skin is in sensitivity period
4. Those with wounds or someone is in the recovery period of operation
5. Those with severe varicose veins and tumors
6. Those who are during allergic period or with severely sensitive skin
7. Those who have just had liposuction
8. Those who are overaging population
9. Those who are pregnant women and convalescents

8.4 Cautions after Treatment

1. Keep warm after operation. Don't eat cold food. Avoid getting cold.
2. Drink warm water and accelerate metabolism
3. Refuse to overeat and stay up late
4. Avoid steam sauna, hot spring or strenuous exercise within 7 days after operation
5. After operation, try to wear pants and avoid wearing miniskirts and mini shorts.

Part II

1. Detailed operation

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



1.1 Function Selection



Time Adjustment



Decrease of Time



Increase of Time



Start/pause



Model Adjustment



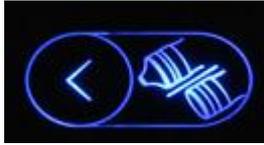
Energy Adjustment



Decrease of Energy

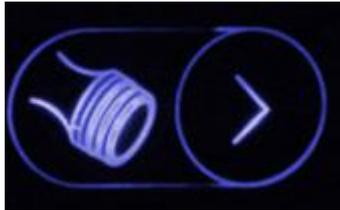


Increase of Energy



Alternate between face ultrasonic and eye ultrasonic treatment

1.2 Detailed Operation: Body Ultrasound



Select to go to the interface below



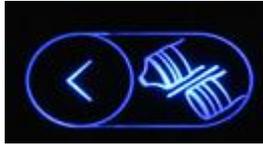
Body Ultrasonic Energy Adjustment (It is advised to start between level 2-4 and add up slowly afterwards.)



Body Ultrasonic Model Adjustment (Model A is consecutive working mode, suitable for nutrients lead-in in deep; model B is intermittent working

mode, suitable for nutrients lead-in of soothing effect.)

1.3 Detailed Operation: Face & Eye Ultrasound



Select to go to the interface below



Notice: face and eye ultrasound share a same jack. Connect face ultrasound handle with the machine when giving face ultrasonic treatment, and connect eye ultrasound handle with the machine when giving eye ultrasound treat, therefore they share the same interface.



Face/Eye Ultrasonic Energy Adjustment (It is advised to start between level 2-4 and add up slowly afterwards.)



Face/Eye Ultrasonic Model Adjustment (Model A is consecutive working mode, suitable for nutrients lead-in in deep; model B is intermittent working mode, suitable for nutrients lead-in of soothing effect.)

2. Technical Parameters

Technology: Cavitation 2.0 unoisetion

Cavitation frequency:40KHz

Power:120W

Flat head ultrasonic handle

Cavitation frequency:1MHz

Pointed ultrasonic handle

Cavitation frequency:1M Hz

3. Use Precautions

If you have the following symptoms, you should be careful. Before using the instrument, consult your doctor or professionals. Details are as follows:

1. Those who are pregnant or during lactating
2. Those with heart disease or equipped with cardiac pacemaker
3. Those with unhealed wounds or who are during convalescent period
4. Those with epilepsy, severe diabetes and hyperthyroidism
5. Those with malignant tumors, hemophilia or severe bleeding
6. Those with skin diseases and infectious diseases should be more careful.

4. Cautions after Treatment

1. After each use of the instrument, please remove the head of the course and clean it with clean water and keep it properly.
2. Before using the instrument, the plug with grounding pin must be used and the power socket of the instrument must be grounded.
3. Ensure that the voltage of the instrument is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power
4. In order to ensure the therapeutic effect and normal service life of the instrument, please use the specified accessories provided or recommended by the original

manufacturer.

5. Instruments should not be placed in wet places or near water sources, nor should they be directly exposed to sunlight.
6. Do not place the instrument near a strong heat source, because this may affect the life and normal use of the instrument.
7. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and affect the curative effect.
8. Do not use in eyes, thyroid gland, parathyroid gland, testis, abdomen of pregnant women and atrial pulse generator.
9. Patients who are suffering from illness should be careful unless they have the permission of a doctor.
10. When no guest uses the instrument, please turn off the power switch of the instrument, and ensure that the total power supply of the instrument is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
11. Use instruments or train instrument operators in strict accordance with instructions in the use manual.
12. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before using this instrument. If you lose weight immediately, you should extend the course of treatment.
13. Don't use the instrument on an empty stomach. After a full meal, at least 1 hour can be followed by a course of weight loss treatment.
14. When operating, the instrument should fully touch the skin to avoid uneven heat.
15. Start at the lowest level of energy at the beginning of the operation, then slowly add energy.
16. When using this instrument, the operating parts must be kept moist and dry skin should be avoided.

5. Trouble shooting

1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to an effective power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt

2. The instrument can be activated, but the wrong information appears on the screen?

- A. Please unplug the power plug behind the instrument and wait about 1 minute before restarting the instrument.
- B. If the above method is not available, please contact the instrument distributor for assistance.

3. Is the probe temperature very hot?

- A. checks whether the gel or product is applied when operating.

- B. Check whether the instrument is burned.
- C. Does the instrument take too long to operate?

6. FAQs

1. How long does it take for a body shaping project?

Answer: One operation time is 60 minutes, we have a combination of professional techniques and instruments, so that the effect is remarkable.

2. What are the functions of this instrument?

Answer: reduce fat, smooth and tender skin, compact and lift skin, fights old, it can be operated all over the body. Facial contour can be shaped, reduce wrinkles and prevent sagging. It also focuses on partially weight losing and shaping S curve to promote the metabolism and detoxification of the whole body, at the same time, it can enhance viscera function and regulate sub-health of the body.

3. Which one is better, weight loss or liposuction using this instrument?

Answer: The principle of liposuction is to absorb excess fat from a part of the body by negative pressure suction, so as to achieve the goal of rapid local thinning. The process of anesthesia belongs to surgery, with recovery period and some risk. Our instrument has zero risk and no side effects. While losing weight, it also stimulates collagen regeneration to tighten and enhance the skin. It can also create perfect curves and increase female sexy charm by lifting.

4. Will it rebound after operation?

Answer: Losing weight thorough radio frequency is not easy to rebound. Because radio frequency lipolysis reduces fat, not water, fat formation is accumulated over a long period of time, so it is not easy to rebound.

5. Does it require diet control while in the process?

Answer: You need to control your diet slightly. it is to blast fat and accelerate metabolism after the RF and the ultrasound projects, avoid eating spicy, greasy, fried food, so as not to affect the metabolism. Exercise and sweat, weight loss effect will be more obvious.

6. Does ultrasound apply to the whole body?

Answer: Ultrasound breaks down adipocytes, leading to cell wall rupture, fat outflow from cells, absorbed and metabolized by lymph, so the power is very strong. The heart is more sensitive to sound waves, because it is a hollow organ, after being shocked by sound waves, due to the different transmission of sound waves between muscle tissue and blood in the heart, it produces a back-and-forth reflex. This force pulls the valve away from the heart muscle. If directly to the eyes, it will lead to retinal detachment, so the ultrasound operation should avoid the position near the eye perimeter and centrifugal organs. (Lower back, waist, chest included)

7. Does ultrasound have any side effects on human body?

Answer: Ultrasound project is non-surgical, non-invasive, and with no anesthesia. Ultrasound operation principle: ultrasound (mechanical wave) - cavitation explosion - ultrasound focusing.

The effect is: fat breaking - fat dissolving - tightening skin, so it is only aimed for low density adipose tissue. It protects high density tissues such as blood vessels and nerves, so there is no side effect on the human body. But there will be a slight tinnitus during the operation, which is normal. Don't worry about it.

8. Why does tinnitus occur?

Answer: Sound waves with a very strong frequency higher than 20KHZ act on the fat layer in the depth of 20mm under the human skin by focusing ultrasound. The concentrated energy ultrasound can effectively make the fat cells in the focal area produce high-speed friction and heat and break up and emulsify. In this process, sound will be emitted, so there will be a slight tinnitus.

7.Packing list

1x Main Machine

1x Cavitation 40k Cellilute Slimming

1x Flat head ultrasonic handle for face

1x Pointed ultrasonic handle for eyes

1x Power cord

8. Operational Diagram

Parameter Adjustment	Product	Technique	Diagram

Facial Beauty: 60 minutes once a week

Facial
ultrasound:
Energy:
20%~80%

Cleansing
oil +
cleansing
milk +
export
liquid +
microcryst
al skin +
bottom
film +
essence +
instrumen
t + mask.

1. Clean makeup for 5 minutes
2. Skin toner, 2 minutes
3. Apply the extract for 5 minutes. (Apply pure vegetable skin-care water to sensitive muscles + cold spray)
4. Microcrystalline Skin Grinding (Sensitive Muscles only operate T-zone for 3 minutes) for 8 minutes
5. Apply moisturizing film for 10 minutes
6. Clean face for 2 minutes
7. Full face evenly spread essence (water, whitening, wrinkle resistant and other essences), 1 minutes
8. Ultrasound instrument operation, from chin to forehead, line by line upward circle, three times
9. Start from the chin, work with your hands to lift up. Chin to earlobe, corners of mouth to ear door, nose to temple, lower eyelid to temple, lift the corners of eyes three times
10. Pull your forehead toward the hairline three times
11. Operate the other side
12. Apply replenishment mask, 15 minutes
13. Clean your face for 2 minutes
14. Rub toner, cream, cream and sunscreen, end.

Technique8



Technique9



Technique10



Suggested treatment:

Ten times is a course of treatment. After one time, the skin feels tighter. After one course of treatment, the skin brightens, skin barrier stronger. After two courses of treatment, elasticity, skin metabolism and detoxification increases. And it helps to desalinate pigments. Skin resistance increases, sensitivity probability reduces. After three courses of treatment, skin is in a stabilized condition. Skin relaxation and aging will be prevented, skin contour will be shaped.

Anti-aging around eyes: 60 minutes once a week

Eye ultrasound:
Energy:
20%~80%

Cleansing oil + cleansing milk + toner + eye essence + instrument + eye mask.

1. Remove makeup and clean for 5 minutes
2. Skin toner, 1 minute
3. Essence for the eyes , 1 minutes
4. Hands for these points (Smart Point, Cuanzhu Point, Yuyao Point, Silk Bamboo Hole, Temple Point, Pupil, Chengsob,) 3 times
5. Hands around your eyes and press the temple 3 times.
6. Unilateral, beauty fingers around lower eyelid and to the ear, three times
7. Unilateral, beauty fingers around upper eyelid to the back of the ear, three times
8. One-sided scissors, hand-held eye angle, 3-5 times
9. Another side, same movements, 3 times
10. Circle your hands around your eyes and press the temple 3-5 times
11. Radio frequency instrument operation, from the lower eyelid to the temple, 3-5 times
12. Lift from lower eyelid to temple with hands, 3-5 times
13. Pull from eyebrow to

Technique3



Technique4



Technique5



Technique6



Technique7



		<p>eyebrow tail 3-5 times</p> <p>14. Pull the corners of the eyes together with your hands to the hairline, 3-5 times</p> <p>15. Apply eye mask for 15 minutes</p> <p>16. Clean eyes and face for 2 minutes</p> <p>Rub toner, facial essence, eye essence, cream and sunscreen</p>	<p>Technique8</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p> 
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Suggested treatment:

Ten times is a course of treatment. After one time, the eye is lifted and tightened, and

the blood circulation of the eye is accelerated. After a course of treatment, the skin tone will be lightened by diluting fine lines and dark circles of the eyes. After three courses of treatment, the eye skin is compact, tender and lustrous. Eye aging will be relieved and prevented.

Anti-aging around neck: 60 minutes once a week

Facial ultrasound:
Energy:
20%~80%

Cleansing oil +
cleansing milk +
massage cream +
essence +
instrument + neck
membrane

1. Remove makeup and clean for 5 minutes
2. Skin toner, 1 minute
3. Massage the neck with oil, from the chest to the back of the neck, press Fengfu Point for 3 times
4. Alternate lifting of the jaw and chin with both hands to pass through the ear to the axilla, three times
5. Pull three collaterals around the neck of Hukou and drain them under the axilla three times
6. Pull four fingers to the neck and drain three meridians to the axilla, three times
7. Kneel your fingers and rub your neck to the axilla, 3 times
8. External clavicle to axilla 3-5 times
9. Manipulation on the other side is the same as above
10. Clean neck for 2 minutes
11. Spread the essence around neck for 1 minute
12. Instrument operation, pull double chins together with hands, pass through the ear to the axilla, 3 times
13. The instrument circles around the neck and to the

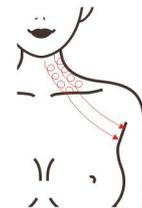
Technique3



Technique4,12



Technique5,6,13



Technique8,14



Technique15



Technique16

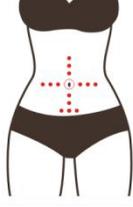
		<p>axilla, three times</p> <p>14. Instrument slides inside and outside clavicle to axillary drainage, 3-5 times</p> <p>15. The instrument circles the whole neck three times</p> <p>16. Pull the whole neck three to five times, hand in hand, side by side</p> <p>17. Manipulation on the other side is the same as above</p> <p>18. Clean neck for 2 minutes</p> <p>19. Apply cervical mask for 15 minutes</p> <p>20. Clean neck for 2 minutes</p> <p>Rub essence, neck cream, end</p>	
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Suggested treatment:

Ten times for a course of treatment, after one course of treatment, the skin is tender and delicate, after one course of treatment, the skin of neck is smooth, the circulation of neck lymph is accelerated, after two courses of treatment, the skin is tight, the wrinkles of neck are weakened, the double chin is reduced, after three courses, the skin is delicate and lustrous, compact and full. And it promotes lymphatic detoxification, reduces facial dullness and acne. And it delays the aging of the skin, so that the skin restores its youthful state.

Lumbar and abdominal shape: 40 minutes once a week

<p>Body ultrasound: Energy: 20%~80%</p>	<p>Essential oil + ultrasonic Gel + apparatus</p>	<ol style="list-style-type: none"> Put your hands around your abdomen and rub oil three times Rub your hands back and forth around the belly, 3-5 times Alternate hands to knead abdominal fat by , 3 times Alternate lifting of the belts on both sides of the waist, 16 times Scratch your hands down to your waist and lift them up from your waist, 3 times 	<p>Technique1</p>  <hr/> <p>Technique2</p> 
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	<p>6. Overlap hands and knead intestinal tract in small circles clockwise, 3 times</p> <p>7. Circle your hands three times to comfort, 3 times</p> <p>8. Points: The Yuanzhu Grand Cross Curvature of Shenque Gas Customs in Central Anhui, Central Anhui and Lower Anhui. 2 times</p> <p>9. Push the thumbs of both hands from the middle pole to the navel, slide along both sides to the waist, raise them to the groin, 3 times</p> <p>10. Place your hands until the end of your groin</p> <p>11. Radio Frequency Negative Pressure Instrument Operation: Lift one side from waist to abdomen, one line next to one line to groin, 3 times</p> <p>12. Lift the other side, three times</p> <p>13. Rub your abdomen in circle, 3 times</p> <p>14. Same as above, but bigger circle, three times</p> <p>15. Type 8-character at the waist, 3-5 times</p> <p>16. Rub your waist up and down, 3-5 times</p> <p>17. Lift the veins on both sides together with your hands, 16 times</p> <p>18. Ultrasound manipulation is the same as the above</p> <p>19. End</p>	<p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11</p>
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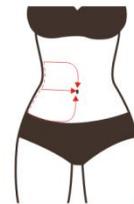
Technique13



Technique14



Technique15



Technique16



Technique17

Suggested treatment:

Ten times is a course of treatment. After one time, the abdomen is heated and metabolism is accelerated. After one course of treatment, the fat is slowly metabolized, the body begins to lose weight and the constipation is improved. After two courses of treatment, the effect is gradually obvious, the skin is tightened up, the collagen in the bottom of the skin is increased. The gravaida lines reduce and skin relaxation is relieved, and the effect is strengthened after three courses. As a result, the excess fat gradually disappears, forming the waist and abdomen curve, creating a small waist.

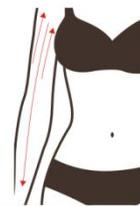
Arm shape: 40 minutes once a week

Body ultrasound:
Energy:
20%~80%

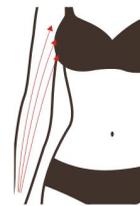
Essential oil + ultrasonic Gel + instrument

1. First left, then right, arms flat, hands oil from the beginning of the arm to the whole arm to finger discharge (this is a soothing action) 3 times
2. Push the whole arm alternately with the palms of both hands, three times
3. Push three meridians (large intestine meridian-triple energizer meridian-small intestine meridian) to the axilla with two hands, three times
4. Soothing movements, 3 times
5. Rub the three meridians on your arms three times
6. Soothing movements, 3 times
7. Put your arms on your back and push the three yin meridians (lung meridian, pericardium meridian, heart meridian) on the inside of your arms to the axilla three times each
8. Rub three meridians back and forth, three times
9. Overall comfort

Technique1,2



Technique3,5



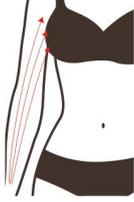
Technique7



Technique8



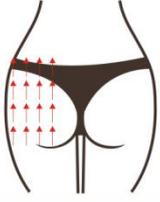
Technique9

	<p>10. End</p> <p>11. Manipulation on the other side is the same as above</p> <p>12. Radio Frequency instrument operation: Arm flatten, from the fat-rich part of the arm along three meridians to the axilla, three times</p> <p>13. Circle three meridians to the axilla, three times</p> <p>14. The position of the sleeve can be strengthened, three times</p> <p>15. Push along the three meridians to the axilla, three times</p> <p>16. Put your arms on your back and push the upper three meridians of your arms to your armpits, three times</p> <p>17. Arrange in circles along the three meridians of the arm to the armpit, three times</p> <p>18. Push from arm to axilla along three meridians</p> <p>19. Ultrasound Manipulation Ibid</p> <p>20. Manipulate the other side as above</p> <p>21. End</p>	 <hr/> <p>Technique12,15</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique16</p>  <hr/>
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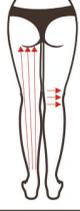
Suggested treatment:

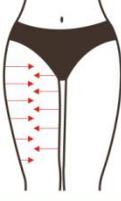
Ten times is a course of treatment. Once done, there will be fever, tightening and arms will feel relax. After one course of treatment, the excess fat of the arm began to decrease, the skin began to be tight and full, and two courses for the shaping, Dredge channels and collaterals, and enhance the physique. Three courses of treatment consolidate the effect and prevent rebound.

Hip shape: 60 minutes once a week

<p>Body ultrasound: Energy: 20%~80%</p>	<p>Essential Oil + Ultrasound Cream + Instrument</p>	<ol style="list-style-type: none"> 1. Stand sideways and slip oil with both hands, slip from the eight-legged area to the waist, and lift it from the waist along the buttocks (i.e. pacifying action) three times 2. Push your thumbs three times 3. Points after 3 times of pacifying action: Shenshu Point - Baqiao Point - Changqiang Point - Huantiao Point - Chengfu Point 3 times 4. Soothing movements 3 times 5. Push left and right first, hands from the root of thigh from bottom to top - bladder tendon - kidney meridian - Liver Meridian - gallbladder meridian straight to the ribbon vein three times each 6. The hands extend from the root of thigh from bottom to top - bladder meridian, kidney meridian, liver meridian and gallbladder meridian are divided into ribbon veins three times each 7. Push the palms of both hands together from the base of the thighs up to the veins (elevation) 3-5 times. 8. Push your hands back and forth three times from the bottom to the top of the buttocks, next to the line, to the top of the buttocks 9. Repetition 7 10. Soothing movements 	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique12,15</p>
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	<p>11. Manipulation on the other side is the same as above</p> <p>12. Radio Frequency Instrument Operation: Starting from the root of thigh, lift one line by one to the ribbon, three times</p> <p>13. Raise three times from the bottom to the top of the buttocks, next to the top of the buttocks</p> <p>14. Make small circles around the buttocks 3-5 times</p> <p>15. Rise three times from the base of the thigh, side by side, to the ribbon</p> <p>16. Raise three times from the bottom to the top of the buttocks, next to the top of the buttocks</p> <p>17. Manipulation on the other side is the same as above</p> <p>18. Negative Pressure Radio Frequency Manipulation Ibid End</p>	 <hr/> <p>Technique13,16</p>  <hr/> <p>Technique14</p>  <hr/>
<p>Suggested treatment: Ten times for a course of treatment, one time buttock lifts, buttock fever, after a course of treatment, the buttock line began to appear, excess fat slowly disappear, the skin become tight, after three courses, cold body and cold womb will be improved, menstruation returns to normal, consolidates effect, increases female sexy charm.</p>		
<p>Leg shape: 70 minutes once a week</p>		

<p>Body ultrasound: Energy: 20%~80%</p>	<p>Essential oil (massage cream) + ultrasonic Gel + instrument</p>	<ol style="list-style-type: none"> 1. The hind legs, left and right: hands from calf to thigh bag back to heel 3 times 2. Push the whole leg from bottom to top alternately with the palm root of both hands and wrap it back until the heel is discharged. 3 times 3. Push four meridians (bladder tendon-kidney meridian-liver meridian-gallbladder meridian) from bottom to top alternately with tiger's mouth for three times 4. Push the popliteal fossa with both hands alternately, three times 5. Turn twist from bottom to top with two hands alternately, three times 6. Soothing movements, 3 times 7. Push four meridians from bottom to top with kneeling fingers on both hands, three times 8. Soothing movements, 3 times 9. Manipulation on the other side is the same as above 10. Negative Pressure Radio Frequency Instrument Operation: Push bladder meridian, kidney meridian, liver meridian and gallbladder meridian three times from bottom to popliteal fossa 11. Dissolve fat in small circles three times in the leg 	<p>Technique1,2,3,4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique10,12</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique13,15</p>
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	<p>12. Push it down to the popliteal fossa from bottom to top, and comfort it with your hands three times at the same time</p> <p>13. Push four meridians from popliteal fossa to thigh root three times</p> <p>14. Dissolve fat in small circles from popliteal fossa to thigh root 3 times</p> <p>15. Push meridians and collaterals from popliteal fossa to the root of thigh three times</p> <p>16. Ultrasound Manipulation Ibid.</p> <p>17. Manipulate the other side as above</p> <p>18. Forelegs: Save oil with both hands from the foot to the root of the thigh (that is, pacifying action), 3 times</p> <p>19. Push the legs to the thighs alternately with the palms of both hands, three times</p> <p>20. Push four meridians of leg to the root of thigh (spleen meridian-stomach meridian-liver meridian-gallbladder meridian) alternately with tiger's mouth for three times</p> <p>21. Kneel with both hands and push four meridians three times</p> <p>22. Negative Pressure Radio Frequency Instrument Operation: Lift from the leg along four meridians to the knee position three times (no excessive fat in the leg directly from the thigh</p>	 <hr/> <p>Technique17,18,19,20</p>  <hr/> <p>Technique23</p>  <hr/> <p>Technique24</p>  <hr/> <p>Technique25</p>  <hr/> <p>Technique26</p>  <hr/> <p>Technique27</p>
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	<p>position)</p> <p>23. Circle the knees on both sides of the leg three times (the leg does not have too much fat directly from the thigh)</p> <p>24. Lift from knee position to thigh root line next to line, three times</p> <p>25. Circle the whole thigh three times</p> <p>26. Pull the hand in the middle on both sides of the thigh, three times</p> <p>27. Ring from knee to thigh, 3 times</p> <p>28. Lift from knee to thigh, three times</p> <p>29. Ultrasound Manipulation Ibid.</p> <p>30. Operate the other side</p> <p>31. End</p>	 <p>The diagram shows a front view of a person's lower body, specifically the thighs and knees. Red dots are placed on the knees and the upper thighs, indicating treatment points. Vertical red lines extend downwards from the knees and upper thighs, representing the direction of treatment strokes. A horizontal line is drawn across the waist area, separating the diagram from the text below.</p>
<p>Suggested treatment:</p> <p>Ten times is a course of treatment. After one time, the legs are relaxed, the circulation is sped up, and the legs become thinner after one course. It can obviously feel the compactness of the skin. The effect of two courses of treatment is obvious. The effect of three courses of treatment is consolidated and the rebound is avoided.</p>		