

# User Manual

## MS-21S9



## Preface

To our valued users,

Thanks for choosing our latest 9-in-1 beauty machine. It's the latest body shaping and skin tightening product with integration technology, which combines together face RF, eye RF, body RF, Vacuum RF, 40K cavitation, cold and hot hammer, and BIO microcurrent. MS-21S9 is a professional beauty machine which needs to be operated by people with professional training. Any improper use of this machine may cause adverse effects on human body. Therefore, we advise all the people to read this manual thoroughly and strictly follow the instructions specified hereby before operation.

We believe our quality product will offer you good returns, and our perfect after-sales service will make you worry-free.

Thank you and best regards.

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# Part I

## Brief Introduction

Multipolar RF, Vacuum RF, 40K ultrasonic cavitation, cold & hot hammer, and BIO microcurrent are currently the most popular beauty machines that work on appearance beautifying, skin tightening, body-shaping and anti-aging. It can effectively replace all the facial and body care programs in beauty salons. Moreover, they are easy to operate and can be operated swiftly. It solves skin and body management problems for people loving beauty. And this device works safely and effectively, and requires no injection, no medication, no operation, and without side-effects. It's used externally during the whole process and has an immediate effect. RF heats deep skin, and stimulate collagen regeneration and restructuring in skin dermis, and facilitate blood circulation in skin bottom layer to achieve skin tightening, satiation and anti-aging, as well as preventing senility. Ultrasound with specific frequency aims at body parts having difficulty in fat reduction in daily life, and it will bring amazing effects.

## Advantages

1. 9-in-1 multifunctional beauty machine that fix face and whole body care problems.
2. Ultrasonic cavitation can remove fat, and replace and surpass liposuction, which will bring good news to obese people.
3. The device is with multiple probes, which can be changed according to different body parts and different demands.
4. The probe is with multiple functions, and with stronger radio frequency and higher energy level, and can be operated more evenly on the skin.
5. With the perfect match of laser fat dissolving, ultrasound & RF have had addressed people's concern for weight reduction. And it can tighten skin, boost skin elasticity, speed up body metabolism and strengthen physique while reducing weight.
6. It adopts the most advanced ultrasonic cavitation technology in the world.
7. Painless, non-invasive, without repairing period, and you can leave immediately, and without affecting work and normal life after treatment.
8. No consumption, and with low cost and quick returns.
9. It has a wider treatment range, and can treat with both body and face.
10. Unevenness, bleeding, and swelling will not occur after treatment.
11. All the probes can emit energy with red light, dissolve fat, and facilitate metabolism and diminish inflammation and sterilize for skin while massaging. It has an instant effects and with better comfort level.

## Probe Working Principles

### Anti-aging & Skin Tightening

#### Working Principles

##### Face RF

RF frequency penetrates the skin directly, and produces energy by utilizing electrical resistance effects formed by skin to increase the temperature on the bottom layer of skin. It has the two

effects of skin lifting and tightening and lasting collagen regeneration by making use of the principles of dermis collagen tightening and stimulating collagen regeneration.

The treated parts can experience obvious tightening immediately after treatment. An effect of tightening and lifting can be seen about one month later and the effect will become more and more obvious. Based on the different parts that treated and different way of maintenance, the effects of RF frequency can be preserved about 18 months to 3 years, or vary or become longer in line with different way of maintenance. According to the latest research a better effect can be achieved after multiple times of treatment.

## Cold & Hot Hammer

It uses the principle of air conditioning. When the temperature of our skin stays at 5 degrees, the metabolic rate will reduce, cell activity inhibits and slow down, and the sensitivity of peripheral nerve lower, which have effect on skin pain and swelling. Due to the same principle a 5 degrees of temperature will shrink blood vessels and contract pores in order to shrink big pores and tighten the skin, and eventually flatten wrinkles and crow's-feet on the face.

Biological effect of the 5 degrees of cold treatment:

1. It shrinks blood vessels and tighten pores, and can tremendously lessen the big pores.
2. It strengthens protofiber, and make skin tighten and elastic, and flatten wrinkles and crow's-feet.
3. It contracts blood vessels, effectively reduce varicosity and red vein bulging. Wastes that backflow to the vein at any time can be easily purified and detoxed. It also has good effects on speckles fading and removal.
4. It reduces metabolic rate, inhibits and slows down cell activities, lowers the sensitivity of peripheral nerve with a sedative and soothing effect, offsets skin pain and swelling, especially has a good effect for allergic skin.

Biological effect of the 40 degrees of hot treatment:

1. Moderate heat makes people feel warm and comfortable, and relax muscles for sure, and balance autonomic nerve, and dispel pain and ache.
2. It stimulates blood circulation, increase oxygen content in blood, expand pores and blood vessels, speed up skin absorption. It's a moderate, comfortable and effective way for import.
3. It increases skin metabolic rate and tissue thermal energy, and discharges waste and toxin naturally, and it has a good effect on eye bag and black eye removal.

To use the cold and hot functions alternately can yield twice the result with half the effort. The device can naturally activate cells, improve and purify skin. It's a healthy device for keeping one's health.

Warnings:

1. To prevent scalding please don't touch any parts of the cold and hot probe when it's working.
2. Due to heat conduction the cold and hot probe is still hot after turning it off.

3. This device is not designed for people with weak stamina, slow reaction or mental disorders including children, except it's used under the guidance or with the help of people who bear responsibility for it.
4. The children shall be monitored to ensure they do not play with the device.

## BIO LED Microcurrent

It adopts the principle of photodynamics, a high-tech photology skin rejuvenation, to activate deep skin cells and to make skin metabolism better. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical reaction-enzymatic reaction with the skin, increasing the activity of Catalase and superoxide dismutase (SOD), which serve as the "guard" and "janitor" of cells. To increase the breakdown of adenosine triphosphate (ATP), a source of cellular energy. To increase glycogen and protein content, thereby promoting cell metabolism and synthesis. To stimulate the secretion of body alkaline synthetic fiber growth factor (BFGF) and the epidermal growth factor (EGF), making collagen fibers and increase elasticity, rearranging fibers, blocking and eliminating the formation of melanin, accelerating cell growth and blood circulation, stimulating fiber cells to produce collagen, increasing skin elasticity. It plays an important role in repairing the aging skin, acne skin, fade spots, firm and alleviate the sun burns.

**Biological Effect:** It uses the principle of photodynamic to activate deep skin cells and make skin metabolism better. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical reaction-enzymatic reaction with the skin. To increase glycogen and protein content, thereby promoting cell metabolism and synthesis.

**635NM red diode.** Through specific red wave band, it heats the deep skin, activate the activity of collagen, speed up skin microcirculation, shape skin elasticity, make it ruddy and younger. It can rejuvenate skin and reduce wrinkles, and stimulate the regeneration of cells and make active ingredient revitalize.

**462NM blue diode.** Through specific blue wave band, it contracts pores, away from oily skin, sooth and remove acnes, lock-in moisture and essence and make skin more elasticity. Slow down skin inflammation and repair pimple and kill bacteria and remove acnes.

**527NM green diode.** Through specific green wave band, it helps to sooth and repair skin and ease pain, promote blood circulation. It's suitable for skin with thin stratum corneum, with allergy and easily flushed.

**600NM violet diode.** It's a dual band that consist of red and blue band. It combines the effect of the two phototherapy, especially it has very good effect and repairing function in curing acne and removing acne.

**590NM Yellow diode.** It replenishes energy for skin cell, promote the function of gland, help with digestion, cure skin diseases, boost immunity, accelerate blood circulation, and effectively repair red scar, red spots on skin and relive swelling, pigment, and its good for acne removal and brightening.

670NM white diode. It penetrates deep skin, accelerate the metabolism of active tissue, breakdown color spot, reduce fine lines, improve the sagging skin, relax skin, balance secretion, and control oil and fat.

610NM blue and green diode. Through specific green wave band, it can strengthen cell energy gradually, and has a good effect on metabolism.

## Effects

1. Tighten face and induct the nutrition into deep skin.
2. Increase skin elasticity and make skin tender.
3. Moisture skin and increase skin absorptivity.
4. Accelerate blood circulation and metabolism.
5. Reduce double chin and tighten skin.
6. Stimulate the regeneration of collagen and delay aging.

## Applicable Range

1. People with dull and dim face.
2. People with loosening and sagging skin.
3. People with fine lines, nasolabial folds or eye grains.
4. People with vague facial contour.
5. People with rough skin and large pores.
6. People who are under long-term exposure of UV radiation at workplace.
7. People with loosening skin, swelling and obesity after child delivery.

## Restrictions on Use

1. People who just undergone plastic surgery and had prostheses and metal materials implanted in the treated parts.
2. People who recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. People with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. People in allergy period, or have severe sensitive skin or are allergic to metals.
5. People with skin trauma or wound.
6. People who are over aging.
7. People in menstruation, pregnancy, lactation and surgical recovery.
8. People with skin diseases and infectious diseases.
9. People who are unrealistic about the effects.

## Notes (after treatment)

1. Do not wash your face with overheated water within three days (but can wash with warm or cold water).
2. Replenish water and keep moisture and prevent from sunburn.
3. Do not enjoy hot springs, saunas or do strenuous exercise, etc.
4. Apply facial masks at least three times in a week.
5. Avoid eating spicy, greasy food, and staying up late, smoking and drinking. Eat more vegetables, fruits, and light food.

6. Do not eat food causing “Three High” (namely high blood pressure, high cholesterol and high blood sugar), and mostly eat light food.

## Neck Maintenance

### Face RF

RF frequency penetrates the skin directly, and produces energy by utilizing electrical resistance effects formed by skin to increase the temperature on the bottom layer of skin. It heats the tissue rapidly and continuously, and promotes the growth of collagen in the skin, which eventually achieve the purpose of skin tightening and lifting and making skin tender.

### Effects

1. Improve the relaxation, roughness and dullness of the neck skin.
2. Tighten skin and increase skin elasticity.
3. Remove double chin.
4. Accelerate lymph detox and improve facial skin.
5. Prevent neck and lymph diseases.

### Applicable Range

1. People with rough neck and with dull skin color.
2. People with clogged lymph on the neck.
3. People with slack skin on the neck and without elasticity.
4. People who often lower their heads.
5. People who are not satisfied with their skin color on the neck.

### Restrictions on Use

1. People who just undergone plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. People in allergy period, or have severe sensitive skin.
4. People with skin trauma or wound.
5. People who are over aging.
6. People in pregnancy or surgical recovery.
7. People with skin diseases and infectious diseases.

### Notes (after treatment)

1. Prevent sunburn and keep the neck warm.
2. Replenish water and keep moisture and prevent sunburn since the treated parts is relatively dry.
3. It's better not to use alcohol, malic acid or scrub cream within 1-3 days.
4. Avoid washing with overheated water, or enjoying hot springs, saunas or doing strenuous exercise within 7 days.
5. Replenish water and apply neck mask, which should do at least 3 times a week. And apply essence or neck cream.
6. Avoid lowing head for a long time.

## Body Management



## 40K

It uses the ultrasound wave principle. It can consume heat and the moisture of cell as well as shrinking fat cell by gathered sound wave entering human body causing fat cell producing a strong strike and frictions between fat cells. In addition, when sound waves vibrate, it can produce strong strike among cells, make cells burst fat cell lesser so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the Vacuum region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and Vacuums. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It destroys the tissues selectively. It only destroys low-density adipose tissue with a specific frequency, and protects high-density tissue such as vascular and nerve tissue.

## Vacuum RF

Massage skin and muscles with the special Vacuum suction head, which can effectively improve fluid flow for body cell, and increase cell activity so as to achieve the effects of activating cells, improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out extra toxins through the normal circulation of lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** It breaks through the previous single and simple working mode of negative air pressure, and can use different modes for different parts, which can slim and shape the body in a more effective and efficient way, and will not cause harm to human body. The unique design of RF function head, RF and Vacuum are relatively independent but also complement each other as a whole metabolic system. Compared to the ordinary single-polar RF, this device can reshape the body in a more effective, rapid and even way.

### Physical Effects for Vacuum

#### 1. Skin layer

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) Draining lymph glands and veins.

Effects: Redundant water can be discharged from tissue fibers.

## 2. Vascular layer

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels. It not only improves the single capillary system, but also the flow between the deeper veins and lymphatic networks.
- (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, and relieve varicose veins.

## 3. Fibrous layer

The suction and release of air pressure:

It can promote the combination of two effects in different tissues (including skin, muscle and so on).

- (1) Repair cell tissue, increase its activity.
- (2) Lift and revive skin elasticity, and resist skin stretch.
- (3) The production of ossein helps to refresh skin and recover elasticity.
- (4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, and make it more elastic so as to achieve the effect of body shaping.

## 4. Nerve layer

The suction and release of air pressure:

It stimulates the surface and deep sympathetic nervous system.

- (1) Improve the sensitivity of skin.
- (2) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

# Waist & Abdomen Sculpting

## Effects

1. Relieve cold hands, cold feet, cold womb and cold body for women.
2. Tighten skin on the waist and abdomen.
3. Reduce fat on the waist and abdomen, and alleviate swimming ring-like belly and small belly.
4. Tighten skin, reduce stretch marks and obesity lines, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

## Applicable Range

1. People with cold hands, cold feet, cold womb and cold body.
2. People with fat on the waist and abdomen, and protruding small belly, and loosening skin after child delivery.
3. People sitting for a long time, or with plain waistlines.
4. People with obesity lines and stretch marks.
5. People with constipation or obstructed channels and collaterals on abdomen.

## Restrictions on Use

1. People with Three Highs (namely hypertension, hyperglycemia, hyperlipidemia), and with heart disease.

2. People in pregnancy, menstruation, or lactation.
3. People whose surgical wounds is healing or in recovery.
4. People with epilepsy, severe diabetes and hyperthyroidism.
5. People with malignant tumors, hemophilia or severe bleeding.
6. People with skin diseases and infectious diseases.
7. People with severe gynecological diseases.
8. People whose gynecological diseases are being treated.

### Notes (after treatment)

1. Avoid wearing crop top, and avoid exposing to windy environment and catching a cold.
2. Avoid overeating and drinking too much, staying up late, drinking alcohol, eating raw, cold and spicy food. Drink more hot water.
3. Keep abdomen warm, and take bath after 4 to 6 hours.
4. Avoid enjoying sauna or hot spring, or doing strenuous exercise within a week.
5. Rub abdomen with hands doing it clockwise before sleep at night, which will achieve a better effect with weight reduction.

## Arms Sculpting

### Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe the loose skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge channels and collaterals.

### Applicable Range

1. People with thick arms and want to look better in clothes.
2. People with jiggle and flabby arms.
3. People with loose arm skin.
4. People whose arms are prone to pain and numbness.
5. People who always carry baby.

### Restrictions on Use

1. People who just had plastic surgery.
2. People with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. People in allergic period and have severely sensitive skin.
4. People with skin trauma or wound.
5. People who are overly aging.
6. People in pregnancy, and in recovery.
7. People with skin diseases and infectious diseases.

### Notes (after treatment)

1. Keep warm, don't eat cold food, and avoid exposing to windy environment and catching a

cold

2. Take shower after 4-6 hours.
3. Drink plenty of warm water, and replenish water.
4. Refuse overeating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna or hot spring, or doing strenuous exercise within a week.

## Back Sculpting

### Effects

1. Relieve shoulder and back soreness, and improve the lump on the back of neck.
2. Dredge channels and collaterals, and improve clogged channels and collaterals.
3. Increase blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate the functions of viscera and strengthen physique.
6. Tighten skin, and prevent loosening.
7. Reduce excess fat on the back, and shape the back.

### Applicable Range

1. People with shoulder and back soreness and stiff necks.
2. People with insomnia and dreaminess and fading memory.
3. People who are prone to fatigue, drowsiness, and with obstructed qi-blood circulation.
4. People with thick back and want to look better in clothes.
5. People with lump on the back of the neck.

### Restrictions on Use

1. People with metal implants in the body, such as stents and pacemakers, and are allergic to metal.
2. People in pregnancy, menstruation and lactation.
3. People whose surgical wound is healing or in recovery.
4. People with Three High (namely high blood pressure, high cholesterol and high blood sugar), heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. People with malignant tumor and hemophilia or severe bleeding.
6. People with skin diseases and infectious diseases.
7. People with weak body.
8. People who are drunk, with full and empty stomach, thirsty and overworked.

### Notes (after treatment)

1. Keep warm, avoid exposing to windy environment and catching a cold, and drink plenty of hot water.
2. Take shower after 4-6 hours.
3. Avoid staying up late, drinking and overeating.
4. Avoid eating raw, cold and spicy foods, and get enough sleep.
5. Avoid wearing shoulder-baring and backless clothes

## Buttocks Sculpting

Buttocks, which located at the middle of human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting the upper jiao qi-blood and lower jiao qi-blood circulation of human body. And it's the main factor in body management with S curve and increasing the feminine charm.

## Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality and improve female sexual function.
4. Activate ovary function, stimulate the secretion of glands, and increase intimacy in couples.
5. Make complexion ruddy, fade color spots and return to youth.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

## Applicable Range

1. People with saggy hips and fat accumulation.
2. People with fat lines and stretch marks.
3. People whose butt shape is not good-looking, flat and loose and with outward expansion.
4. People with cold hips, and with low hip temperature.
5. People with cold wombs, dysmenorrhea, irregular menstruation, gynecological inflammation and etc.
6. People with decreased estrogen levels and low quality sexual life.

## Restriction on Use

1. People in menstruation, pregnancy, lactation and operation recovery.
2. People with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. People with skin diseases and infectious diseases and in skin sensitive period.
4. People with surgical wounds and still in recovery.
5. People with allergic and severely sensitive skin.
6. People who just had liposuction.
7. People who are overly aging.

## Notes (after treatment)

1. Keep hips warm, and avoid wearing miniskirts and shorts.
2. Take shower after 4-6 hours.
3. Drink plenty of warm water, and replenish water to speed up metabolism.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods, and get enough sleep.
6. Avoid enjoying sauna or hot spring, or doing strenuous exercise within a week.

## Legs Sculpting

### Effects

1. Tighten skin and prevent skin from loosening;
2. Stimulate collagen regeneration and flatten fat lines;
3. Increase leg circulation, detoxification and metabolism;
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excess protruding fat on legs and get rid of thick thighs.

### Applicable Range

1. People with obstructed circulation of lower limbs, edema and obesity.

2. People with hypoimmunity, and feel discomfort and pain all over the body, and are prone to colds.
3. People with constipation, and rough and flabby skin.
4. People with clogged channels and collaterals in the legs, and with disproportionate and unsightly legs.

### Restriction on Uses

1. People in menstruation, pregnancy, and lactation.
2. People with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, and so on.
3. People with skin diseases, infectious diseases and in skin sensitive period.
4. People with surgical wounds and still in recovery.
5. Patients with severe varicose veins and tumors.
6. People with allergic and severely sensitive skin.
7. People who just had liposuction.
8. People who are overly aging.
9. People in pregnancy, and in surgical recovery.

### Notes (after Operation)

1. Keep warm, and do not eat cold food, and avoid exposing to windy environment and catching a cold.
2. Take shower after 4-6 hours.
3. Drink plenty of warm water, and replenish water to speed up metabolism.
4. Refuse overeating and drinking too much, as well as staying up late.
5. Avoid enjoying sauna or hot spring, or doing strenuous exercise within a week.
6. Wear pants after treatment, and avoid wearing miniskirts and shorts.

## Part II

1. Detailed Operation (Time, energy level, mode and suction can be adjusted according to individual bearing capability and demands.)

Check the device and make sure it's properly connected. The following page will appear after having the device turned on.



### 1.1 Function Selection



Homepage/Home Page



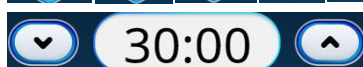
Start/Pause



Return



Mode Switch



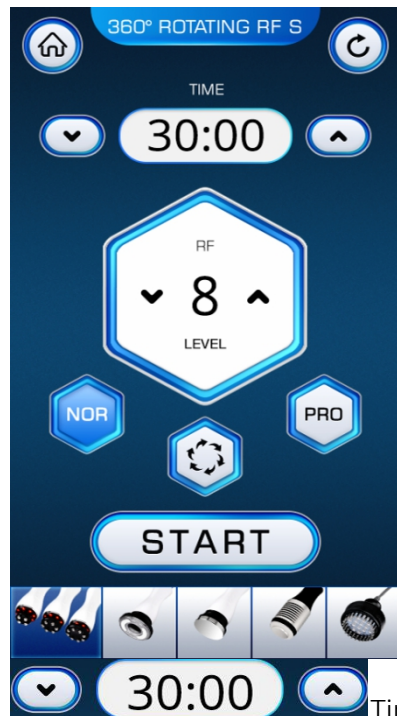
Time Setting & Display



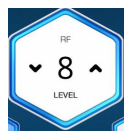
Rotating knob for Vacuum RF suction setting (spin to the right to increase suction and spin to the left to decrease).

## 1.2 Detailed operation for 360° rotating RF

Select  Enter the next page



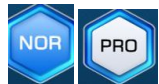
Time Setting



Energy level setting & display




Energy level setting for 360°rotating RF



Working mode for RF (NOR is smart mode. The red light will on after touching skin. The temperature for RF will reach the setting value slowly. PRO is default mode. The red light will on all the time after clicking the start button. The temperature for RF will reach the setting value directly.)

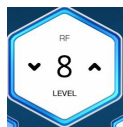
## 1.3 Detailed operation for Vacuum RF

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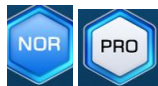
Time Setting



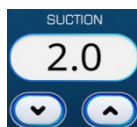
Energy level setting & display



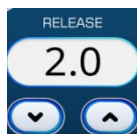
Energy level setting for Vacuum RF



Working mode for RF(NOR is smart mode. The red light will on after touching skin. The temperature for RF will reach the setting value slowly. PRO is default mode. The red light will on all the time after clicking the start button. The temperature for RF will reach the setting value directly.)



Time setting for Vacuum suction(suction time > release time)



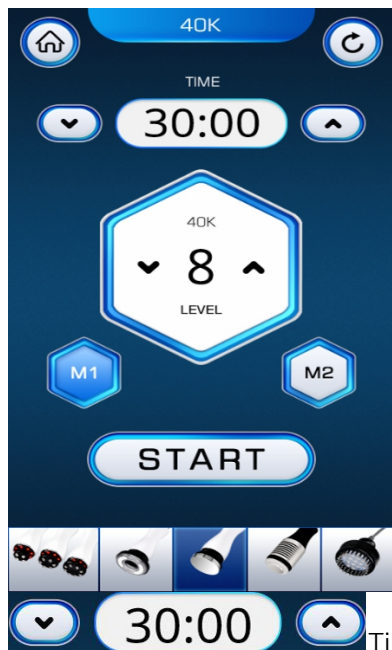
Time setting for Vacuum release (when the time is zero it's direct suction mode)

#### 1.4 Detailed operation for 40K

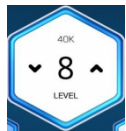


Select

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Time Setting



Energy level setting & display



Energy level setting for 40K



M1-continuous working mode

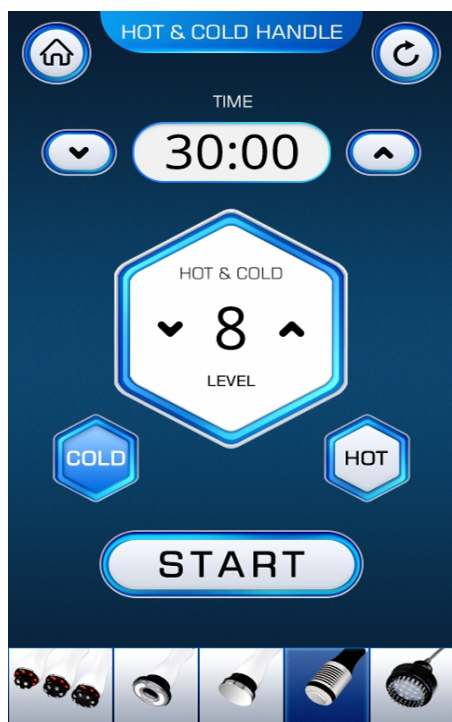


M2-uncontinuous working mode

## 1.5 Detailed operation for cold & hot hammer



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Time Setting



Energy level setting & display



Energy level setting for cold & hot hammer



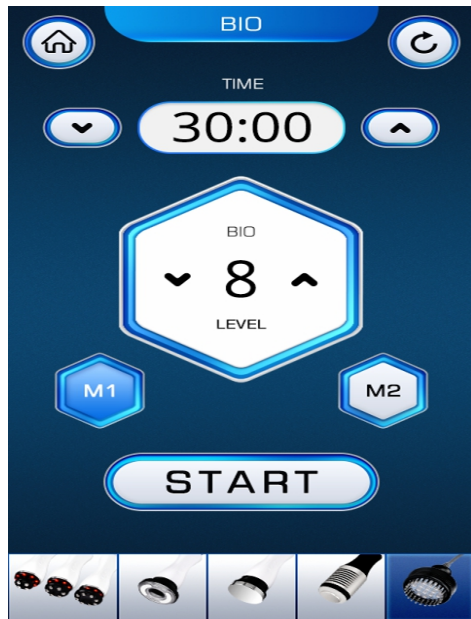
Cold & hot mode switch

## 1.6 Detailed operation for BIO LED Mircocurrent

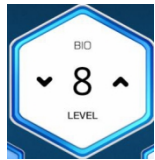


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Time Setting



Energy level setting & display



Energy level setting for BIO LED Microcurrent

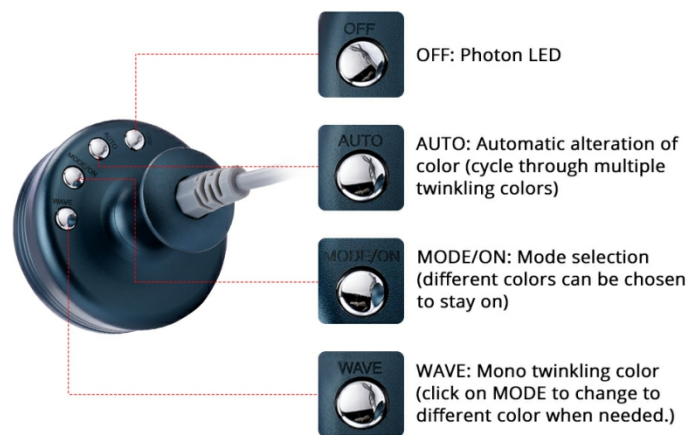


M1-current frequency is comparably slow



M2-current frequency is comparably fast

Light adjusting for BIO handle are as follow:



## 2. Technical parameters

Power supply Input:100V-240V

Power :190W

40K Unoisetion Cavitation 2.0 Handle

Frequency:40KHz

Power:20W

Sextupole Rotating RF Handle

Frequency: 1MHz

Power: 30W

Vacuum RF Head

Frequency: 3MHz

Power: 50W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70db(30cm away)

4 Pole Rotating RF handle

Frequency: 1MHz

Power: 30W

8 Pole Rotating RF handle

Frequency: 3MHz

Power: 50W

Cold Hot Hammer

Cold: 0-5 degree

Hot: 45 degree

Microcurrent & Photon

7 colors : Red, Blue, Green, Purple, Orange, Turquoise, White

### 3. Restriction on use

People with following symptoms should use with caution. Ask a doctor or professional before using this device. The details are as follow:

1. Women in pregnancy, or lactation;
2. People with heart disease or with heart pacemaker;
3. People with unhealed surgical wound or in recovery;
4. People with epilepsy, severe diabetes, and hyperthyroidism;
5. People with malignant tumors, hemophiliac or severe bleeding;
6. People with skin diseases and infectious diseases should use with caution;
7. People who are sensitive to electric current should use caution.

### 4. Precautions

1. The plug with grounding pin must be used before using the device and make sure the power socket is properly grounded.
2. Ensure that the voltage is adaptive. If the voltage of the local power supply is unstable, we suggest that the user add a voltage regulator with matching power between the mains supply and the device.
3. To ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and

should not be exposed to sunlight directly.

5. Do not place the instrument near a strong heat source because this may affect the service life and its normal use.
6. Please remove all metal objects from the body before treatment so as to avoid unexpected conditions which may affect the curative effect.
7. Please restrain from using the device aiming at eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. People who are suffering from illness should use with caution except get permission from a doctor.
9. Please turn off the power switch if no one use it, and ensure that the main power is turned off before people leaves and after daily use, so as to ensure the safety of the device.
10. Use the device or train device operators in strictly accordance with instructions specified in the user manual.
11. It's recommended to stop taking other weight reduction medicine for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. Wait at least 1 hour after a full meal, and then you can start the course of treatment for weight reduction.
13. During operation, the instrument should contact the skin fully so as to avoid uneven heating.
14. Start from the lowest energy level and slowly add up after get used to it.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation so as to ensure its cleanliness and hygiene and prolong its service life.
17. Don't use overly high level of suction when treat the face with Vacuum RF so as to avoid measles.
18. Ensure the laser pads fasten to the client first before treatment, and then start the device and adjust the energy level. Adjust the level from low to high slowly to make sure the client feel warm and comfortable.
19. Must apply with high content of oil product and keep it moisture.

## 5. Troubleshooting & Solutions

1. The device cannot be started, and the light on the back of the device is not working?
  - A. Make sure the power cord is connected to a good power socket.
  - B. Check the fuse tube on the back of the device. Maybe it's loose or burnt out.
2. The RF output is not working?
  - A. Please check the handle of the device and the plug. Whether they are closely connected with each other.
  - B. Please check whether the treatment area has been cleaned. Grease or oil essential products may cause poor contact between handle and human body, which will result in no RF output.
3. Weakened RF output?
  - A. Please check whether the handle and the plug is closely connected.
  - B. Please check whether there is non-conductive grease on the handle, which will cause poor contact and weaken the output.
  - C. Please check whether the product used is the adaptive product specified by the device.

4. No suction or with small suction?

- A. Turn off the instrument and check the specialized filter, which may need to be replaced.
- B. Check the rubber ring of the handle plug since a worn rubber ring may cause air leakage.
- C. Check whether the oil filter cup outside the filter is tightened, and whether the rubber ring is worn. It's possible that air leakage in this place may lead to poor air pressure.
- D. If the above-mentioned solutions are not working, please contact instrument dealer for assistance.

5. The device can be started, but the monitor shows wrong information?

- A. Take out the plug in the back of the instrument, and wait for about 1 minute and re-plug and restart the device.
- B. If the above-mentioned solutions are not working, please contact instrument dealer for assistance.

## 6. FAQs

1. Q: How long does the effects of RF treatment can be seen?

A: Under normal circumstances within the day or a week. Skin collagen tissue will produces contractions under heating. An obvious skin tightening can be felt. RF works by stimulating subcutaneous tissue with sustainable collagen regeneration. Therefore, the more you do it the more visible effect you may experience.

2. Q: Is RF harmful to skin?

A: RF treatment is a non-surgical one. It stimulates collagen regeneration at skin bottom and accelerate metabolism, therefore cause no harm to the skin. Partial redness and heating will occur after treatment, which is the normal phenomenon of accelerated blood circulation, and will disappear itself after a moment. Therefore, there's no need to worry.

3. Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine the use of professional techniques and instruments to achieve a better effect.

4. Q: What are all the functions of this instrument?

A: Fat dissolving and body shaping, skin smoothing and rejuvenation, tightening and lifting, youth restoring and anti-aging. It can be operated all over the body. For face, it can sculpt facial outline, alleviate wrinkles and saggy skin. For body, it can reduce fat on local part and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5. Q: Which one is better in weight reduction, liposuction or this machine?

A: The principle of liposuction is sucking out the excess fat in a certain body part through Vacuum suction and so as to achieve the purpose of losing weight quickly on local body parts. It has an instant effect, and requires anesthesia during the operation, and with recovery period. It's an operation and there is risk. However, this machine is risk-free and has no side effects. It can



stimulate collagen regeneration so as to lift and tighten skin while weight reduction. It can also shape perfect curves by lifting and boost feminine charm.

6. Q: Will I experience rebound after operation?

A: For ultrasonic fat dissolving, the weight will not get rebound easily after reduction. Since ultrasonic fat dissolving is remove fat instead of moisture, and it takes a long time for fat to be accumulated, so the weight will not get rebound easily.

7. Q: Do I need to be on a diet?

A: You need to control what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. Proper workout and sweating will help with the process. In this way a better effect on weight reduction can be achieved.

8. Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the safest and effective method to remove wrinkles and shape body. Generally speaking, there is no side effects. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on body health.

9. Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells and causes the burst of cell. Then fat in the cell flow out and absorbed and metabolized by lymph, therefore it has a strong power. The heart is very sensitive to sound wave since our heart is a hollow organ. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, shun eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

10. Q: Does ultrasound have side effects on human body?

A: Ultrasound requires no surgery, no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) -blast fat through cavitation - ultrasound focusing. And the results are fat smashing - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear during the treatment, which is normal and don't have to worry.

11. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

12. Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and

non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc. Therefore, in order to delay aging, collagen must be supplemented.

13. Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely brings about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

14. Q: How does Vacuum detoxify?

A: Vacuum can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

## 7. Packing List

Main Machine x1

360° rotating RF handle for face x1

360° rotating RF handle for eye x1

360° rotating RF handle for body x1

Vacuum RF Handle x1

40K Handle x1

Cold & Hot Hammer x1

BIO Microcurrent Handpiece x1







Parts Rack x1

Filter x1

Fuse x2

Power cord x1

## 8. Diagrams for Treatment Techniques

| Parameters Setting   | Product   | Techniques   | Diagrams   |
|--|---|--|--|
| Anti-aging & Skin Tightening-60 Minutes/Once a Week  |   |  |  |
| <p>Facial 360° Rotating RF: Advised time: 15 to 20 minutes<br/>Advised energy level: between 3 to 7<br/>Mode: NOR: Default Mode<br/>PRO: Smart Mode</p> <p>Cold &amp; Hot Hammer: Advised time: 8 to 15 minutes<br/>Advised energy level: between 3 to 7<br/>Mode: COLD: Cooling Mode<br/>HOT: Heating Mode</p> <p>BIO LED Microcurrent: Advised time: 5 to 8 minutes<br/>Advised energy level: between 3 to 7<br/>Mode: M1: current frequency</p> | <p>Makeup Remover+Facial Cleanser+Cold &amp; Hot Steam+Massage Cream+Hydro Mask+Essence+Facial Mask</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, and wait for 5 minutes.</li> <li>2. Apply moisture mask and use hot steam. Wait for 10 minutes.</li> <li>3. Wash the face, and wait for 2 minutes.</li> <li>4. Apply toner, and wait for 1 minute.</li> <li>5. Apply massage cream evenly on the face and massage. Repeat 3 times.</li> <li>6. Press Chengjiang (Ren-24), Renzhong (Du-26), Dicang (St-4), Jiache (St-6), Yingxiang (LI-20), Jingming (BI-1), Cuanzhu (BI-2), Yuyao (EM3), Sizhukong (TE-23), Tongziliao (Gb-1), the Temple, Chengqi (St-1), Sibai (St-2), and press for 3 times.</li> <li>7. Caress the whole face. Do it for 3 times.</li> <li>8. Lift from chin to earlobe, from the corner of mouth to ear gate, from nose wing to temple, from lower eyelid to temple, and lift the corner of eye with two hands doing it alternately in three lines.</li> <li>9. Repeat the same on the other side.</li> <li>10. Lift forehead towards hairline direction. Repeat 3 times.</li> <li>11. Flip and lift the face with rotating finger. Repeat 3 to 5 times.</li> </ol> | <p>Technique 5, 7</p>  <p>Technique 6</p>  <p>Technique 8, 17</p>  <p>Technique 10, 12, 19</p>  <p>Technique 15</p>  <p>Technique 24</p>  |





|  |  |  |   |
|--|--|--|---|
| <p>comparably<br/>slow<br/>M2: current<br/>frequency<br/>comparably<br/>fast</p> |  | <p>12. Flip the forehead towards hairline direction with single hand. Repeat 3 to 5 times.</p> <p>13. One side-lift and flip the face with two hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with the middle and ring finger. Slide to the front of ear and lift to and fro 3 times, and pass over the back of ear.</p> <p>16. Treatment done.</p> <p>17. Techniques for facial 360° rotating RF handle-lift one line after another from chin to ear gate, from the corner of mouth to ear gate, from nose wing to temple. Repeat 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift from forehead towards hairline direction. Repeat 3 times.</p> <p>20. Wash the face, and wait for 2 minutes.</p> <p>21. Apply hydro mask evenly on the face, and wait for 10 minutes.</p> <p>22. Remove the mask and wait for 2 minutes.</p> <p>23. Apply essence(for anti-aging, skin whitening and moisturizing) evenly on the face, and wait for 1 minute.</p> <p>24. Techniques for cold &amp; hot hammer-lift upwards from chin to forehead in circular motion, and lift line by line. Repeat 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Move crossly on the forehead with circular motion. Repeat 3 times.</p> | <div data-bbox="1262 219 1390 414" data-label="Image"> </div> <div data-bbox="1171 465 1367 504" data-label="Caption"> <p>Technique 26</p> </div> <div data-bbox="1262 517 1390 712" data-label="Image"> </div> |
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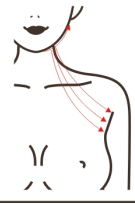
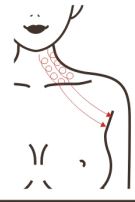

|  |  |   |  |
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|  |  | <p>27. Apply facial mask, and wait for 5 minutes.</p> <p>28. Use BIO LED Microcurrent and move it point by point on the whole face while applying facial mask.</p> <p>29. Remove the mask and clean the face, and wait for 2 minutes.</p> <p>30. Apply toner, essence and facial cream to prevent sunburn.</p> <p>31. Treatment done.</p> |  |
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Course of treatment recommended:

Ten treatments is a course. After one treatment the skin will become tightened and rejuvenated, and got replenished with the nutrition needed. After a course the skin will be improved and turn glossy. After two courses the skin will become smooth, plump and with its outline become clearer slowly. After 3 courses the skin metabolism and detox will be boosted. And it helps to fade coloring matter and dark skin, and to prevent and delay the aging, loosening and sagging of skin, and to prevent collagen proliferation on deep skin, which will make skin tender and smooth and tightened and with gloss.

## Neck Maintenance-60 Minutes/Once a Week

|   |   |   |  |
|---|---|---|--|
| <p>Facial 360° Rotating RF: Suggested time-15 to 20 minutes</p> <p>Suggested energy level-3 to 7</p> <p>Mode: NOR-Default Mode PRO-Smart Mode</p> | <p>Make-up Remover+ Facial Cleanser+ Massage Cream+ Essence+Neck Mask</p> | <ol style="list-style-type: none"> <li>1. Remove make-up and clean the face. Wait for 5 minutes.</li> <li>2. Apply toner, and wait for 1 minute.</li> <li>3. Massage neck. Lift in the front of chest and apply oil with both hands, and lift to the back of neck, and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</li> <li>4. Lift jaw and double chin with both hands doing it alternately, and life to armpit via the back of ear, and pass under armpit. Repeat 3 times.</li> <li>5. Poke three channels and collaterals on the neck side with the V-shaped webbed area between thumb and index finger, and to armpit and pass</li> </ol> | <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5, 6, 7</p>  <p>Technique 11</p>  |
|---|---|---|--|

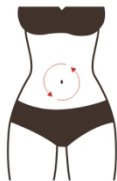
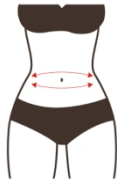



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|  |  | <p>under there. Repeat 3 times.</p> <p>6. Poke three channels and collaterals on the neck side with four fingers, and to armpit and pass under there. Repeat 3 times.</p> <p>7. Rub the neck side with kneeling fingers till it turns hot, and rub till armpit and pass under there, 3 times.</p> <p>8. Poke the external collarbone with the V-shaped webbed area between thumb and index finger, and to armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment done.</p> <p>11. Facial 360° Rotating RF Techniques-coupled with hands, lift the double chin to armpit via the back of ear, and pass under the armpit, 3 times.</p> <p>12. Move the device in circles on the side of neck till armpit in three lines, and pass under there. Repeat 3 times.</p> <p>13. Slide the device from internal and external collarbones to armpit, and pass under it. Repeat 3 to 5 times.</p> <p>14. Move the device in circles around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Wipe and wash the neck with hot towel, 2 minutes.</p> |  <p>Technique 12</p>  <p>Technique 14</p>  |
|--|--|--|---|


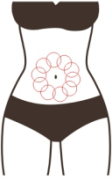


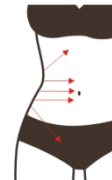


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|  |  | 17. Apply neck mask and wait for 15 minutes.<br>18. Wash with hot towel. Apply hot compress for 5 minutes.<br>19. Apply toner, neck essence and neck cream to prevent sunburn.<br>20. Treatment done. |  |
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#### Course of treatment recommended


Ten treatments is a course. After one treatment the skin will become rejuvenated and delicate. After a course the skin on the neck will become smooth, and lymph circulation will be accelerated. After two courses the skin will become tightened, and fine lines on neck faded, and double chin improved. After 3 courses the skin will turn delicate and glossy, tightened and plump. And it helps to accelerate lymph detox, and improve dullness on the face, and remove acnes, as well as delay the aging of skin and rejuvenate it.

## Waist & Abdomen Sculpting-60 Minutes/Once a Week

|  |  |  |   |
|--|--|--|---|
| 40K:<br>Suggested time-10 to 15 minutes<br>Suggested energy level-3 to 7<br>Mode:<br>M1-continuous working<br>M2-uncontinuous working<br><br>Vacuum RF:<br>Suggested time-10 to 15 minutes<br>Suggested energy level-3 to 7<br>Mode:<br>NOR-Default Mode<br>PRO-Smart Mode<br><br>Suction-Time for suction<br>Release-Time for release<br>Time for suction | Massage Cream( Essence Oil)+Gel+Device | <ol style="list-style-type: none"> <li>1. Massage techniques.</li> <li>2. Move in circles on abdomen with two hands, and apply oil on it. Repeat 3 times.</li> <li>3. Massage the belly back and forth with two hands doing it alternately. Repeat 3 to 5 times.</li> <li>4. Rub the fat on abdomen as the way of rubbing spine with both hands doing it alternately, 3 times.</li> <li>5. Lift belt vessel on both sides together with hands doing it alternately. Repeat 16 times.</li> <li>6. Move in 8-shape to the part below waist and then lift upwards from waist side, 3 times.</li> <li>7. Rub intestinal tract with two hands overlapped moving small circle in clockwise, 3 times.</li> <li>8. Caress with hands moving in circles, 3 times</li> </ol> | Technique 2, 8, 11<br><br>Technique 3, 19<br><br>Technique 4<br><br>Technique 5<br><br>Technique 6<br> |
|--|--|--|---|

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| <p>and release can be set freely.<br/>When the time for release is zero its direct suction mode.</p> |  | <ol style="list-style-type: none"> <li>9. Press Shangwan(RN13), Zhongwan(RN12), Xiawan(RN10), Shenque(RN8), Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), Daheng(SP15), Qugu(RN2), 2 times.</li> <li>10. Push directly from Zhongji(RN3) to belly button with thumbs of both hands, and slide to the parts below waist along the two sides, and then lift upwards to groin, 2 times.</li> <li>11. Caress till groin with both hands</li> <li>12. Treatment done.</li> <li>13. 40K Techniques: One side-Lift from waist side to belly, and lift one line after another to groin, 3 times.</li> <li>14. Lift the other side, 3 times</li> <li>15. Move in small circle on abdomen, 3 times</li> <li>16. Move in big circles on abdomen, 3 times</li> <li>17. Vacuum RF Techniques: Interval suction mode-Move from left to the right and vice versa with one side, 3 times.</li> <li>18. Coupled with hands, lift from the left and right side to groin respectively, 3 times.</li> <li>19. Direct suction mode-Lift one line after another from waist side to abdomen, 3 times.</li> <li>20. Lift the other side.</li> <li>21. Lift belt vessel back</li> </ol> | <div style="text-align: center;">  <p>Technique 7</p> </div> <div style="text-align: center;">  <p>Technique 9</p> </div> <div style="text-align: center;">  <p>Technique 10</p> </div> <div style="text-align: center;">  <p>Technique 13, 19, 24</p> </div> <div style="text-align: center;">  <p>Technique 15</p> </div> <div style="text-align: center;">  <p>Technique 16, 23</p> </div> <div style="text-align: center;">  <p>Technique 22</p> </div> |
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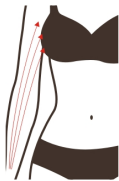




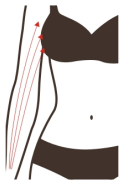



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|  |  | <p>and forth in a crossly way, 3 times.</p> <p>22. Sculpt/Shape up and down on waist. Repeat 3 to 5 times.</p> <p>23. Move in big circles on abdomen, 3 times.</p> <p>24. One side-Lift one line after another from waist side to belly, 3 times.</p> <p>25. Treatment done.</p> |  |
|--|--|--|---|

Course of treatment recommended




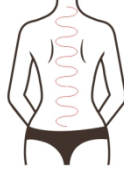
Ten treatments is a course. After one treatment, the abdomen is heated which will accelerate metabolism. After a course, the fat will be metabolized slowly. The process for weight reduction starts, and meanwhile constipation improves. After two courses, the effects become more obvious. Skin tightened and lifted, collagen on deep skin increased, and stretch marks and loosening skin improved. After three courses the effects are consolidated. Excess fat will disappear gradually, and waist curve will be shaped, which will help with building a slim waist.

## Arm Sculpting-60 Minutes/Once a Week




|  |   |   |   |
|--|---|---|---|
| <p>40K:<br/>Suggested time-10 to 15 minutes<br/>Suggested energy level-3 to 7<br/>Mode:<br/>M1- Continuous working mode<br/>M2-Uncontinuous working mode</p> <p>Body 360°<br/>Rotating RF:<br/>Suggested time-10 to 15 minutes<br/>Suggested energy level-3 to 7<br/>Mode:<br/>NOR: Default Mode<br/>PRO: Smart Mode</p> | <p>Massage Cream( Essence Oil)+Gel+Device</p> | <ol style="list-style-type: none"> <li>1. Technique</li> <li>2. Lay the arms flatwise with the left first and the right after, and apply oil on both hands, and rub from the lower arm to the entire arm till the palms reach the top end. Repeat 3 times.</li> <li>3. Push the entire arm with two palms doing it alternately. Repeat 3 times.</li> <li>4. Push three channels and collaterals(Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[IJ]) on the outer arms respectively with the V-shaped webbed area between thumb and index finger, and push to armpit. Repeat 3 times.</li> </ol> | <p>Technique 2, 3, 4, 5, 6, 7</p>  <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16, 21, 24</p> |
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|  |  | <ol style="list-style-type: none"> <li>5. Caress the treatment area. Repeat 3 times.</li> <li>6. Rub three channels and collaterals on the upper arms respectively with kneeling fingers till it turns hot, and rub it back and forth. Repeat 3 times.</li> <li>7. Caress the treatment area. Repeat 3 times.</li> <li>8. Lay the arms upwards, and push three yin channels(Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT])on the inner arms with the V-shaped webbed area between thumb and index finger, and push to armpit. Repeat 3 times respectively.</li> <li>9. Rub three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times.</li> <li>10. Caress the treatment area till the palms reach the end.</li> <li>11. Repeat the same on the other side.</li> <li>12. Treatment done.</li> <li>13. 40K Techniques- Lay the arms flatwise, and start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times.</li> <li>14. Move in annular motion tracing three channels and collaterals till armpit. Repeat 3 times.</li> <li>15. You may exercise more treatment on flabby arms. Repeat 3 to 5 times.</li> </ol> |  <hr/> <p>Technique 14, 15, 22, 23</p>  <hr/> <p>Technique 17, 25</p>  <hr/> <p>Technique 19, 27</p>  <hr/> |
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|  |  | <p>16. Push to armpit along three channels and collaterals. Repeat 3 times.</p> <p>17. Lay the arms upwards, and push three channels and collaterals on the arms to armpit. Repeat 3 times.</p> <p>18. Move in small circles along three channels and collaterals on the upper arms to armpit, 3 times.</p> <p>19. Start from the upper arm pushing to armpit along three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. Body 360° rotating RF techniques-Start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times.</p> <p>22. Move in annular motion tracing three channels and collaterals till armpit. Repeat 3 times.</p> <p>23. You may exercise more treatment on flabby arms. Repeat 3 times.</p> <p>24. Push to armpit along three channels and collaterals. Repeat 3 times.</p> <p>25. Lay the arms upwards, and push three channels and collaterals on the arms to armpit. Repeat 3 times.</p> <p>26. Move in small circles tracing three channels and collaterals on the upper arms till armpit. Repeat 3 times.</p> <p>27. Start from the upper</p> |  |
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|  |   | <p>arm pushing to armpit along three channels and collaterals. Repeat 3 times.</p> <p>28. Do the same on the other side</p> <p>29. Treatment done.</p>  |  |
| <p>Course of treatment recommended</p> <p>Ten treatments is a course. After one treatment, a sense of heating and tightening can be felt, and arms will be relaxed. After a course, the excess fat on the arms start to decrease, and the skin start to become tightened and plump. After two courses, body shaping starts, and the effects strengthened, channels and collaterals dredged, and physique enhanced. After three courses the effects consolidated and stabilized, and can prevent rebound.</p> |   |   |  |
| <h2>Back Sculpting-60 Minutes/Once a Week</h2>   |   |   |  |
| <p>Body 360 rotating RF:</p> <p>Suggested time-10 to 15 minutes</p> <p>Suggested energy level-3 to 7</p> <p>Mode:</p> <p>NOR: Default Mode</p> <p>PRO: Smart Mode</p><br><p>Vacuum RF:</p> <p>Suggested time-20 to 30 minutes</p> <p>Suggested energy level-3 to 7</p> <p>Mode:</p> <p>NOR: Default Mode</p> <p>PRO: Smart Mode</p><br><p>Suction: time for suction</p> <p>Release: time for release</p> <p>Time for suction and release can</p>   | <p>Massage Cream( Essence Oil)+Device</p> | <ol style="list-style-type: none"> <li>1. Techniques</li> <li>2. Apply oil on the back, and press Fengchi(GB20) and Fengfu(DU16).</li> <li>3. Stroke Da Ban Jin(anadesma on the back and waist)(start from hairline) with the thumb finger, 3 to 5 times.</li> <li>4. Stroke Bladder Meridian(BL) outward to Baliao(eight sacral foramina) with thumb finger and caress till Fengchi(GB20) and Fengfu(DU16), 3 times.</li> <li>5. Move in circle and move in S-shape to caudal vertebra with both hands in S-shape, 3 times.</li> <li>6. Push Bladder Meridian(BL) in a left-right order with both hands doing it alternately, 3 times.</li> <li>7. Push Bladder Meridian(BL) to Baliao(eight sacral foramina) with two hands doing it simultaneously, 3</li> </ol> | <p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique6, 7, 8,</p> |

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| <p>be set freely.<br/>When the time for release is zero its direct suction mode.</p> |  | <p>times.</p> <p>8. Push Bladder Meridian(BL) with kneeling fingers in three lines with both hands, 3 times.</p> <p>9. Push Gaohuans(BL43)/scapula in a left-right order with both hands doing it alternately, 3 to 6 times.</p> <p>10. Stroke Gaohuans(BL43)/scapula with both hands, 3 to 6 times.</p> <p>11. Caress the whole back with both hands and press Fengchi(GB20) and Fengfu(DU16), 3 times.</p> <p>12. Press Tianzong(SI11) with both thumbs overlapped and to arms and pass over there, 3 times.</p> <p>13. Treat the other side and press Tianzong(SI11)till arms and pass over there, 3 times.</p> <p>14. Rub Du Meridian(DU) and Bladder Meridian(BL)till it turns hot with both hands.</p> <p>15. Treatment done.</p> <p>16. 360° rotating RF techniques- Treat with Du Meridian(DU) first and Bladder Meridian(BL) after. Starting from the neck, sliding the device to Baliao(eight sacral foramina)area. Repeat 3-5 times.</p> <p>17. Move in circles on Dazhui (Du-14) and Baliao(eight sacral foramina)area. Do it 3 to 5 times respectively.</p> | <div data-bbox="1246 215 1374 389"></div> <p>Technique 9, 19, 26</p> <div data-bbox="1246 495 1374 669"></div> <p>Technique 10, 19, 26</p> <div data-bbox="1246 775 1374 949"></div> <p>Technique 12, 13</p> <div data-bbox="1246 1010 1374 1184"></div> <p>Technique 16, 23</p> <div data-bbox="1246 1245 1374 1420"></div> <p>Technique 17, 24</p> <div data-bbox="1246 1480 1374 1655"></div> <p>Technique 18, 25</p> <div data-bbox="1246 1715 1374 1890"></div> <p>Technique 20, 27</p> |
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|  |  | <p>18. Starting from the neck, moving the device to and fro Da Ban Jin(anadesma on the back and waist). Repeat 3-5 times.</p> <p>19. Lift to and fro Gaohuans(BL43)/scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move downwards in 8-shape motion on the whole back, and move crossly to Baliao(eight sacral foramina)area. Repeat 3 times.</p> <p>21. Move upwards in annular motion on both sides, and move to armpit in left-right order. Repeat 3 times.</p> <p>22. Lift from the side of the waist to armpit. Repeat 3 to 5 times.</p> <p>23. Vacuum RF techniques- Treat with Du Meridian(DU) first and Bladder Meridian(BL) after. Starting from the neck, sliding the device to Baliao(eight sacral foramina)area. Repeat 3-5 times.</p> <p>24. Move in circles on Dazhui (Du-14) and Baliao(eight sacral foramina)area. Do it 3 to 5 times respectively.</p> <p>25. Starting from the neck, moving the device to and fro Da Ban Jin(anadesma on the back and waist). Repeat 3-5 times.</p> <p>26. Lift to and fro Gaohuans(BL43)/scapula in left-right order. Repeat 3 to 5 times.</p> |  <hr/> <p>Technique 21, 28</p>  <hr/> <p>Technique 22, 29</p>  <hr/> |
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|  |  | <p>27. Move downwards in 8-shape motion on the whole back, and move crossly to Baliao(eight sacral foramina)area. Repeat 3 times.</p> <p>28. Move upwards in annular motion on both sides, and move to armpit in left-right order. Repeat 3 times.</p> <p>29. Lift from the side of the waist to armpit. Repeat 3 to 5 times.</p> <p>30. Treatment done.</p> |  |
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Course of treatment recommended

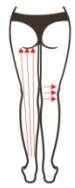



Ten treatments is a course. After one treatment, the back will become relaxed, and the stiffness on the shoulder and neck can be relieved, and the skin will be lifted. After a course, the back will become totally relaxed, and the fat on the back will be reduced, the bump on the back will be relieved, and the outlines will improve. After two courses, the bump on the back will be improved, Viscera Function will be boosted, digestion, detox and metabolism will be promoted.(one course with size reduced, two courses with effects consolidated, and three courses with effects strengthened without rebound.)




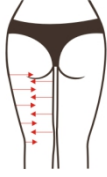

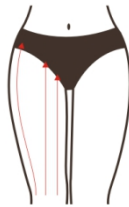
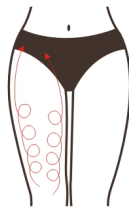
## Buttock Scupltng-60 Minutes/Once a Week


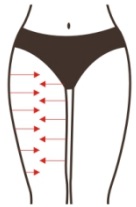
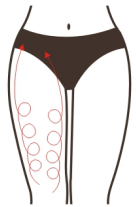
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| <p>Vacuum RF:<br/>Suggested time-20 to 30 minutes<br/>Suggested energy level-3 to 7<br/>Mode:<br/>NOR: Default Mode<br/>PRO: Smart Mode</p> <p>Suction: time for suction<br/>Release: time for release<br/>Time for suction and release can be set freely.<br/>When the time for release is zero</p> | <p>Massage Cream( Essence Oil)+Device</p> | <ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Stand sideways and with both hands applying oil. Slide from Baliao(eight sacral foramina)area to waist and lift from there to the buttock, 3 times.</li> <li>3. Push Baliao(eight sacral foramina)area with both thumbs, 3 times.</li> <li>4. Caress the treatment area for 3 times. Then press Qihaishu(BL23), Baliao(eight sacral foramina), Changgqian(DU1), Huantiao(GB30),and Chengfu(BL36), 3 times.</li> <li>5. Caress the treatment area, 3 times.</li> </ol> | <p>Technique 2, 5,</p>  <p>11 ————— T<br/>echnique 3</p>  <p>Technique 4</p>  <p>Technique 6, 14,</p> |
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| <p>its direct suction mode.</p> |  | <ol style="list-style-type: none"> <li>6. With the left first and the right after. Push upwards from thigh root to belt vessel along Blader Meridian(BL), Kidney Meridian(KI), and Gallbladder Meridian with both hands doing it respectively, 3 times.</li> <li>7. Push upwards from thigh root to belt vessel along Blader Meridian(BL), Kidney Meridian(KI), and Gallbladder Meridian with both hands doing it respectively, 3 times.</li> <li>8. Lift upwards from thigh root to belt vessel with both palms overlapped, 3 to 5 times.</li> <li>9. Lift upwards from the two side of buttock to the highest point on the buttock in line by line manner, and lift back and forth, 3 times.</li> <li>10. Repeat technique No.7.</li> <li>11. Caress the treatment area.</li> <li>12. Do the same on the other side</li> <li>13. Treatment done.</li> <li>14. Vacuum RF techniques- Lift one line after another from the thigh root to belt vessel, 3 times.</li> <li>15. Lift upwards from the two side of buttock to the highest point on the buttock in line by line manner, 3 times.</li> <li>16. Move in small circles on the whole buttock, 3 to 5 times.</li> <li>17. Lift one line after another from the thigh</li> </ol> | <p>17</p>  <p>Technique 7, 10</p>  <p>Technique 9, 15, 18</p>  <p>Technique 16</p>  |
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|   |                                 | <p>root to belt vessel, 3 times.</p> <p>18. Lift upwards from the two side of buttock to the highest point on the buttock in line by line manner, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Treatment done.</p>  |   |
| <p>Course of treatment recommended</p> <p>Ten treatments is a course. After one treatment, the buttock will be lifted, and the buttock will become hot. After a course, the buttock outlines start to show itself, and excess fat will disappear slowly, and the skin will become tighten. After three courses, gynecological disease like cold body and cold womb will be improved, and menstruation will back to normal, and the effects will be consolidated, which will boost feminine charm.</p> |                                 |  |   |
| <h2>Leg Sculpting-60 minutes/Once a week</h2>   |                                 |  |   |
| <p>40K:</p> <p>Suggested time-10 to 15 minutes</p> <p>Suggested energy level-3 to 7</p> <p>Mode:</p> <p>M1- Continuous working mode</p> <p>M2-Uncontinuous working mode</p> <p>Vacuum RF:</p> <p>Suggested time-10 to 15 minutes</p> <p>Suggested energy level-3 to 7</p> <p>Mode:</p> <p>NOR-Default Mode</p> <p>PRO-Smart Mode</p> <p>Suction: time for suction</p> <p>Release: time for release</p> <p>Time for suction</p>  | <p>Massage Cream+Gel+Device</p> | <ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Treat with the left first and right after. Apply oil from the lower leg to the thigh, and then back to the heel and apply oil on it. Repeat 3 times.</li> <li>3. Push the entire leg from down to up with the base part of two palms doing it alternately, and then back to heel till it passes over there.</li> <li>4. Push four channels and collaterals(Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB]) from down to up with the V-shaped webbed area between thumb and index finger of both hands doing it alternately. Repeat 3 times.</li> <li>5. Push popliteal fossa with two hands doing it alternately. Repeat 3</li> </ol> | <p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 12, 15, 17, 20, 23</p>  <p>Technique 13, 16, 21, 24</p>  |

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| <p>and release can be set freely.<br/>When the time for release is zero its direct suction mode.</p> |  | <p>times.</p> <ol style="list-style-type: none"> <li>6. Move up and down in twist manner with two hands doing it alternately. Repeat 3 times.</li> <li>7. Caress the treatment area. Repeat 3 times.</li> <li>8. Push four channels and collaterals with kneeling fingers doing it from down to up, 3 times.</li> <li>9. Caress the treatment area. Repeat 3 times.</li> <li>10. Do the same on the other side.</li> <li>11. Treatment done.</li> <li>12. 40K techniques-Move upwards to popliteal fossa, and push Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</li> <li>13. Move in small circles on the fat part of lower leg to dissolve fat. Repeat 3 times.</li> <li>14. Push from down to up till popliteal fossa. Caress with hands at the same time.</li> <li>15. Starting from popliteal fossa, pushing four channels and collaterals till the thigh root. Repeat 3 times.</li> <li>16. Starting from the popliteal fossa, moving small circles to the thigh root to dissolve fat.</li> <li>17. Starting from popliteal fossa, pushing four channels and collaterals till thigh root</li> <li>18. Moving small circles on the thigh root to dissolve</li> </ol> | <p>Technique 15, 17, 23</p>  <hr/> <p>Technique 16, 18, 21, 24</p>  <hr/> <p>Technique 13 21</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p>  <hr/> <p>Technique 29, 30, 33, 35, 38, 40, 42</p>  <hr/> <p>Technique 34, 37</p>  <hr/> <p>Technique 36, 41</p> |
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|  |  | <p>fat.</p> <p>19. Do the same on the other side</p> <p>20. Vacuum RF techniques: coupled with hands, lift upwards from heel to popliteal fossa in line by line manner, 3 times</p> <p>21. Move in small circles on the lower leg, 3 times</p> <p>22. Move up and down on the lower leg area, 3 to 5 times.</p> <p>23. Lift one line after another from popliteal fossa to the thigh root, 3 times.</p> <p>24. Move in small circles on the thigh part</p> <p>25. Lift towards the middle from the two side of thigh in line by line manner, 3 to 5 times.</p> <p>26. Lift upwards on the two sides of the thigh in annular motion, 3 times.</p> <p>27. Do the same on the other side.</p> <p>28. Foreleg massage: apply oil from the leg to the thigh part, 3 times.</p> <p>29. Push four channels and collaterals on the leg with the V-shaped webbed area between thumb and index finger of both hands doing it alternately, and push it to thigh root.</p> <p>30. Push four channels and collaterals with kneeling fingers, 3 times.</p> <p>31. Treatment done</p> <p>32. Do the same on the other side.</p> <p>33. 40K technique: lift from the lower leg to knee along four channels and collaterals (can treat the</p> |  <p>Technique 42</p>  <p>Technique 43</p>  |
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|   |  | <p>thigh directly if there is no excess fat on the lower leg)</p> <p>34. Move in annular motion from the two side of the lower leg to the knee, 3 times(can treat the thigh directly if there is no excess fat on the lower leg)</p> <p>35. Lift one line after another from knee to thigh root, 3 times.</p> <p>36. Move in small circles on the whole thigh part, 3 times</p> <p>37. Lift in annular motion from the knee to thigh root, 3 times.</p> <p>38. Lift one line after another from the knee to thigh root, 3 times</p> <p>39. Vacuum RF techniques: repeat the same as to the lower leg(can treat the thigh directly if there is no excess fat on the lower leg)</p> <p>40. Lift one line after another from knee to thigh root</p> <p>41. Move in small circles on the thigh.</p> <p>42. Lift towards the middle in line by line manner on the two sides of the thigh, 3 to 5 times</p> <p>43. Lift upwards with annular motions on the two sides of thigh, 3 times.</p> <p>44. Do the same on the other side</p> <p>45. Treatment done.</p> |  |
| <p>Course of treatment recommended</p> <p>Ten treatments is a course. After one treatment, the left will become relaxed, and the circulation will be accelerated. After a course, the leg will become thin, and an obvious sense of</p> |  |  |  |

tightening can be felt due to the contraction effects caused by the skin collagen.

After two courses, the leg will become slim and tightened with an obvious effect. After three courses, the effects will be consolidated. Super RF and super ultrasound stimulate skin dermis and produce collagen continuously, therefore its effects will become more and more obvious.

## Eye Wrinkles Removal-25 minutes/2 to 3 Times a Week

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| <p>Eye 360° Rotating RF: Energy level-between 3 to 7 Operating time-10 to 15 minutes Mode: NOR-Default Mode PRO-Smart Mode</p> | <p>Make-up Remover+Facial Cleanser+Essence/Eye Cream+Device+Eye Mask</p> | <ol style="list-style-type: none"> <li>1. Remove make-up and clean, 5 minutes.</li> <li>2. Apply toner, 1 minutes.</li> <li>3. Move in circles on eyes and apply essence evenly on it, 3 times.</li> <li>4. Eye 360° Rotating RF. Set the energy level, mode and time(about 10 minutes).</li> <li>5. Lift the device from lower eyelid to the corner of eye, 3 to 6 times.</li> <li>6. Lift the device from lower eyelid to temple, 3 to 6 times.</li> <li>7. Move the device in circles on the lower eyelid and lift from there to temple, 3 to 6 times.</li> <li>8. Lift the device from lower eyelid to temple, 3 to 6 times.</li> <li>9. Lift the device from brow ridge to hairline, 3 to 6 times.</li> <li>10. Do the same on the other side.</li> <li>11. Clean the eye, 2 minutes.</li> <li>12. Apply eye mask, 15 minutes.</li> <li>13. Remove eye mask and clean it, 2 minutes.</li> <li>14. Apply eye essence.</li> </ol> | <p>Technique 3</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 8, 9</p>  |
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Course of treatment recommended:

Ten treatments is a course. After one treatment the skin will become tightened and rejuvenated, and got replenished with the nutrition needed. After a course the skin will be

improved and turn glossy. After two courses the skin will become smooth, plump and with its outline become clearer slowly. After 3 courses the skin metabolism and detox will be boosted. And it helps to fade coloring matter and dark skin, and to prevent and delay the aging, loosening and sagging of skin, and to prevent collagen proliferation on deep skin, which will make skin tender and smooth and tightened and with gloss.