

User Manual

MS-11R6



Preface

To our valued users,

Thanks for choosing our latest integrated beauty equipment. This is the latest anti-wrinkle and lifting machine that applies micro-current, EMS pad, magic gloves, and micro-current mask technology. MS-11R6 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the human body, thus we advise all people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

Table of Contents

| |
|----------------------------------|
| Preface |
| Part I |
| Brief Introduction |
| Advantages |
| Facial Anti-wrinkle & Tightening |
| Eye Wrinkle Removal |
| Body Management |
| Principle |
| Waist & Abdomen Sculpting |
| Arm Sculpting |
| Back Sculpting |
| Buttocks Sculpting |
| Leg Sculpting |
| Sculpt breast. |
| Part II |
| Detailed Operations |
| Technical Parameters |
| Contraindications |
| Precautions for Use |
| Troubleshooting & Solutions |
| FAQs |
| Packing List |
| Operational Diagrams |

Part I

Brief Introduction

At present, micro-current, EMS pad, magic gloves, and micro-current mask instruments are the most popular and widely used ones for looks improving and anti-aging. It can effectively replace all the facial care programs in a beauty salon, and can be operated easily, conveniently, and swiftly, and solves skin problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, no injection, no medication, and no surgery. It has no side effects, and is operated externally throughout, and has an instant effect. Micro-current stimulates muscles and makes them relax, enhances local blood circulation, prevents amyotrophy, relieves muscle spasm, and promote metabolism, achieving skin rejuvenation and weight loss.

Advantages

1. The 4-in-1 multifunctional beauty equipment rapidly fixes facial and body care problems.
2. It has multiple handpieces, which can be changed according to different requirements.
3. It suits all kinds of skin, can improve skin quality, and flatten fine lines.
4. It's comfortable, painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect normal work and life after treatment.
5. It has a wider treatment range and an evident effect. No consumption, low cost, but with a quick return.
6. Unevenness, bleeding, and swelling will not occur.
7. EMS micro-current stimulates muscle contraction, makes muscles plump and muscular, and relieves sagging caused by slack muscle.

Facial Anti-wrinkle & Tightening

Principle

Micro-current Handpiece

By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. By increasing cell's permeability, which is 30% to 40% higher than usual, it helps human body absorb nutrition, moisture and oxygen content in blood better. Meanwhile, it expels wastes, toxin and stranded liquids as soon as possible. By stimulating the synthesis of muscle fiber, which is 68% higher

than usual, it keeps the skin moisturized, soft, firmed and glossy. By raising the synthesis level of collagen to 73%, it can lessen wrinkles, and make skin softer, elastic and glossy.

Magic Gloves

By emitting simulated human body bioelectric current, it can stimulate the vital acupoints of the body to do massage and has a magic effect on skin refining and body shaping. Moreover, it can activate cells, recover skin elasticity, thus tightening skin, removing edema, refining fine lines, and delaying the aging of the skin.

Micro-current Facial Mask

In design, it conforms to ergonomics. By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. By increasing cell's permeability, which is 30% to 40% higher than usual, it helps human body absorb nutrition, moisture and oxygen content in blood better. Meanwhile, it expels wastes, toxin and stranded liquids as soon as possible. By stimulating the synthesis of muscle fiber, which is 68% higher than usual, it keeps the skin moisturized, soft, firmed and glossy. By raising the synthesis level of collagen to 73%, it can lessen wrinkles, and make skin softer, elastic and glossy.

Effects

1. Tighten face and deeply infuse nutrition.
2. Increase skin elasticity and refine the skin.
3. Moisten skin and increase skin absorptivity.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and firm skin.
6. Stimulate collagen hyperplasia and delay aging

Indications

1. Those with dark or lusterless face.
2. Those with slack or saggy skin.
3. Those with fine lines, nasolabial folds or periorbital wrinkles.
4. Those with vague facial contour.
5. Those with coarse skin or large pores.
6. Those who are under long-term exposure to UV radiation in the workplace.
7. Those with slack skin, edema, or puffiness after child delivery.

Contraindications

1. Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
2. Those who recently injected hyaluronic acid or water light or had injections for wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, or surgical recovery.
8. Those with skin disease or infectious disease.
9. Those who are sensitive to electric current.

Matters Needing Attention After Treatment

1. Wash the face with warm water within three days.
2. Keep hydrating and protect yourself from the sun.
3. Don't use irritant skin care products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
4. Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and light food.
5. Apply facial mask at least three times a week.

Eye Wrinkle Removal

Principle

Micro-current Handpiece

By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. By increasing cell's permeability, which is 30% to 40% higher than usual, it helps human body absorb nutrition, moisture and oxygen content in blood better. Meanwhile, it expels wastes, toxin and stranded liquids as soon as possible. By stimulating the synthesis of muscle fiber, which is 68% higher than usual, it keeps the skin moisturized, soft, firmed and glossy. By raising the synthesis level of collagen to 73%, it can lessen wrinkles, and make skin softer, elastic and glossy.

Effects

1. Relieve eye fatigue, black eyes, eye bags and edema.
2. Improve periorbital wrinkles and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supply nutrition to eyes and moisten skin.
6. Tighten and refine skin, and lift the corner of eyes.
7. Accelerate eyes' blood circulation, and promote efficient absorption.

Indications

1. Those with wrinkles, fine lines, eye bags or black eyes.
2. Those with dry skin, dry lines or dynamic wrinkles.
3. Those whose eyes are prone to fatigue or dryness.
4. Those who always face computer or cellphone.
5. Those who always stay up late or with black eyes.
6. Those who always expose to dry or high temperature environment.

Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period, with severely sensitive skin, or who are allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.
8. Those who are sensitive to electric current should use it with caution.

Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
3. Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
4. Drink more water and apply eye mask which should do at least 3 times in a week, and apply essence or neck cream.

Body Management

Principle

EMS Pad

It's short for Electronic Muscle Simulation. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simple, the muscle, under normal situation, starts to move actively after receiving signals from the brain. EMS, however, sends the signals directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve skin tightening and outline cleansing.

Effects

1. Relax muscles, enhance local blood circulation, prevent amyotrophy and relieve muscle spasm. To increase local blood circulation and exercise muscles. It can accurately and rapidly help user firm skin and make body better.
2. Low-intensity micro-current stimulates muscle contraction, and makes muscles plump and muscular instead of decreasing. Relieve sagging that caused by slack muscles and make facial contour clear. It's muscle improvement.

Magic Gloves

By outputting simulated human body bioelectric current entering into muscle cells, it stimulates ATP contained in cells, restores cell's normal running and functions and provides muscle and body with energy. It cleanses the skin from the inside to the outside, dredges the channel for toxins expelling, promotes metabolism, burns fat, thus achieving body shaping faster and better.

Waist & Abdomen Sculpting

Effects

1. Relieve women's cold hands, feet, cold uterus, or cold-natured body.
2. Relieve waist and abdomen's slack and soft skin.
3. Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
4. Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and enhance the movement of the intestinal tract.

Indications

1. Those with cold hands, feet, cold uterus, or cold-natured bodies.
2. Those whose waist and abdomen have flab, with protruding small belly, or slack skin after child delivery.
3. Those sitting too long or with ugly waistlines.
4. Those with striae distensae or stretch marks.
5. Those with constipation or whose abdomens have obstructed channels and collaterals.

Contraindications

1. Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are in treatment.

Matters Needing Attention After Treatment

1. Keep the abdomen warm and avoid exposing to a windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, and eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
3. Take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
5. Rub the abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

Arm Sculpting

Effects

1. Stimulate collagen hyperplasia in the underlying skin, shape body, and firm skin.
2. Improve slack skin.
3. Reduce the appearance of flabby and thick arms.
4. Tighten skin.
5. Accelerate blood circulation and dredge channels and collaterals.

Indications

1. Those with thick arms or who look ugly in clothes.
2. Those with bat wings or flabby arms.
3. Those whose arms have slack skin.
4. Those whose arms are prone to pain and numbness.
5. Those who always carry the baby.

Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in allergic period or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within a week.

Back Sculpting

Effects

1. Relieve shoulder and back pain and alleviate Dowager's Hump.
2. Dredge channels and collaterals and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen the physique.
6. Tighten skin and prevent slack and soft skin.
7. Remove excessive flab from the back, and sculpt back.

Indications

1. Those with shoulder and back soreness or stiff neck.
2. Those with insomnia, dreaminess, or fading memory.

3. Those who are prone to fatigue, drowsiness, or with obstructed qi-blood circulation.
4. Those with thick back or who looks ugly in clothes.
5. Those with Dowager's Hump.

Contraindications

1. Those with metal implants inside the body(such as a stent, pacemaker, etc.) or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those who have a weak body.
8. Those who are drunk, thirsty, overworked, or with a full or empty stomach.

Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold, and spicy food. But have enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

Leg Sculpting

Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea, and other gynecological diseases.
3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape buttocks, improve the sagging and outward expansion of buttocks, tighten skin, and increase elasticity.

Indications

1. Those with slack and saggy buttocks, or fat accumulation.

2. Those with striae distensae, or stretch marks.
3. Those whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. Those with cold buttocks, or with low buttocks temperature.
5. Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. Those with decreased estrogen levels, or disharmonious sexual life.

Contraindications

1. Those in menstruation, pregnancy, lactation, or surgical recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds, or in surgical recovery.
5. Those in allergic period or who have severely sensitive skin.
6. Those who just had liposuction.
7. Those who are overaging.

Matters Needing Attention After Treatment

1. Keep buttocks warm, and avoid wearing miniskirts or mini-shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to a windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold, and spicy food. But have enough sleep.
6. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.

Leg Sculpting

Effects

1. Tighten skin and prevent slack and soft skin.
2. Stimulate collagen production and flatten striae distensae.
3. Increase legs' blood circulation, detox, and metabolism.
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.
5. Tighten the excessive flab of legs and get rid of the thick thigh.

Indications

1. Those whose lower limbs have obstructed blood circulation, or with edema and obesity.

2. Those with hypoimmunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. Those with coarse or slack skin.
4. Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

Contraindications

1. Women in menstruation, pregnancy, or lactation.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds or in surgical recovery.
5. Those with severe varicosity or tumors.
6. Those in allergic period or who have severely sensitive skin.
7. Those who just had liposuction.
8. Those who are overaging.
9. Those in pregnancy or surgical recovery.

Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible, and avoid wearing miniskirts or mini-shorts.

Breast Sculpting

Effects

1. Adjust breast shape and improve accessory breast.
2. Improve breast nodules and slight hyperplasia, and relieve distending pain in breast during menstruation.
3. Improve the outward expansion of breast.
4. Improve irregular menstruation, spots on the face and inelastic skin.
5. Improve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

Indications

1. Those whose hips shape is not good-looking or has accessory breast.

2. Those whose breast have nodules or slight hyperplasia, or with distending pain during menstruation.
3. Those whose breast has free fat, or is saggy, with outward expansion.
4. Those with hypoimmunity.
5. Those with irregular menstruation, spots on the face, or inelastic skin.
6. Those who think her mammary gland is underdeveloped, with mastatrophy, slack breast, or blocked lactiferous ducts after child delivery.

Contraindications

1. People with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function or major organ functions impaired.
2. People who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or is taking now.
3. People with infected skin on the breast.
4. People with severe breast hyperplasia, fibroma or cyst.
5. Women in pregnancy or lactation.

Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
6. Wear case-hardened and comfortable underwear and don't press the breast too hard.

Part II

1. Detailed Operations

Detailed installations are as follow:



Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.



Time Setting & Display



Time Setting



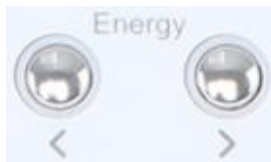
Time Setting(decrease)



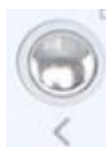
Time Setting(increase)



Energy Level Display



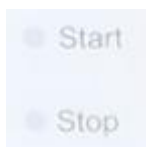
Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Display of Start/ Pause



Start/ Pause

2. Technical Parameters

Micro-current Probe:

Power Supply Output: 24V

Frequency: 40KHz

Power: 1W

3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in pregnancy or lactation.
- (2) Those with heart disease or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophiliac, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those with metal implants inside the body(such as a stent, pacemaker, etc.), or who are allergic to metals.
- (8) Those who are sensitive to electric current should use it with caution.

4. Precautions for Use

- (1) Plug with ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) To make sure equipment's voltage is adaptive. If the voltage of the local power supply is unstable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and also can't be exposed to direct sunlight.
- (5) Don't place the equipment near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please restrain from using the equipment aiming at thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those who are suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything was settled, thus the safety of the equipment can be guaranteed.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (11) Don't use the equipment with an empty stomach, and wait for at least 1 hour after a full meal before starting the course for weight reduction.

- (12) The equipment should contact skin fully so as to avoid uneven heating when in use.
- (13) Start with the lowest energy level when just operated, and increase the level gradually after the client got used to it.
- (14) Clean the equipment with normal saline after an operation to ensure its cleanliness and hygiene, as well as extending its service life.
- (15) It's not advised to use the machine for over 2 hours. When it reaches 2 hours, the machine has to be turned off and left there for 10 to 30 minutes, then restart.
- (16) When operating micro-current and magic gloves, the two hands must do it simultaneously, and the equipment must contact the skin evenly. Start with the lowest energy level and increase the level gradually after the client got used to it. Don't start with high energy level when just started so as not to cause discomfort.
- (17) Clean the magic gloves with clear water after using and dry them naturally. Avoid washing it with corrosive detergent like laundry detergent or dishwashing liquid, and avoid rubbing it too hard.
- (18) To use the equipment and train the operators in strictly accordance with the instructions specified in the manual.

5. Troubleshooting & Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube in its back is loose or burnt out.
- (2) Don't have energy output?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
 - B. Please confirm whether there is liquid medium on the face.
 - C. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.
- (3) The equipment can be started, but there is an error message on the monitor?
 - A. Take out the plug in its back, and wait for about 1 minute and re-plug it and restart the equipment.
 - B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

6. FAQs

- (1) Q: Can EMS be used for weight loss?

A: Yes. Comparably, it can achieve a better effect on body building than on weight reduction. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simple, the muscle, under normal situation, starts to move actively after receiving signals from the brain. EMS, however, sends the signals

directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve skin tightening and outline cleansing.

(2) Q: Is it hurts during treatment?

A: No. By using micro-current, it can stimulate the cells, achieve the techniques of massage like pounding, pressing, and pushing. It's comfortable during the process.

(3) Q: Is there any dependency for this treatment?

A: It causes no dependency. It's target at skin problems, help it improve, and cleanse deep skin, and maintains and prevents skin from having problems caused by other factors, and helps skin absorb nutrition, solve yellowish skin and lack of moisture, as well as rough skin. If quit in later stage, the skin will only back to previous conditions of secretion and senility, and it will not cause dependency.

(4) Q: Can I wear makeup after using this equipment?

A: Absolutely. After the treatment, the skin turns moisturized and plump. It's more appropriate to wear makeup at this time. This treatment requires no skin breaking and is injury-free, safe, healthy, rapid, and effective.

7. Packing List

Microcurrent Handle x1

Replacement head x4

Connection line x3

Power supply x1

Electrode Pads x1

Microcurrent gloves x1






Microcurrent mask x1

Main machine x1

(Extra pads can be purchased)

8. Operational Diagrams

| Parameter Setting | Product | Technique | Diagram |
|--|--|---|----------------|
| Facial Anti-wrinkle & Tightening: 60 Minutes/ Once a Week | | | |
| Micro-current Handpiece Time: 8 to 10 Minutes | Makeup Remover + Facial Cleanser + Toner + | 1. Remove makeup and clean the face, 5 minutes. 2. Apply moisturizing mask and use hot steam, 10 minutes. | Technique 5, 7 |

| | | | |
|---|---|--|--|
| <p>Energy Level: 3 to 8</p> <p>Magic Gloves</p> <p>Advised Time: 8 to 15 minutes</p> | <p>Massage Cream + Serum+ Facial Mask + Equipment</p> | <p>3. Clean the face, 2 minutes.</p> <p>4. Apply toner, 1 minute.</p> <p>5. Apply massage cream evenly to the face, and caress it 3 times.</p> <p>6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhukong(SJ-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times.</p> <p>7. Caress the whole face 3 times.</p> <p>8. Lift in three lines with hands doing it alternately, from chin to earlobe, from the corner of mouth to Ermen(SJ21), from wing of the nose to Temple, and from lower eyelid to Temple. Repeat 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat 3 times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline with one hand. Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the face with hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> |  <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 10</p>  <p>Technique 15</p>  <p>Technique 19</p> |
|---|---|--|--|




| | | |
|--|--|---|
| | <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for 3 times, and slide out from the back of the ear.</p> <p>16. Clean the face, 2 minutes.</p> <p>17. Apply serum evenly to the whole face.</p> <p>18. Micro-current Handpiece: Select the proper replacement tip and set the parameters.</p> <p>19. Start with chin, lifting one line after another and upwards and circlewise with hands doing it simultaneously. Repeat 3 to 5 times.</p> <p>20. Lift one line after another and back and forth from chin to the part below ear, from the corner of mouth to ear center, from the wing of the nose to Temple. Repeat 3 to 5 times.</p> <p>21. Treat circlewise from forehead to hairline. Repeat 3 times.</p> <p>22. Move back and forth and slowly from between the eyebrows to hairline with two hands doing it simultaneously until the two sides of brow tail. Repeat 3 times.</p> <p>23. Magic Gloves: Put on the magic gloves and set the parameters.</p> <p>24. Start with the neck, lifting upwards and one line after another with hands doing it simultaneously. Repeat 3 times.</p> <p>25. Lift forehead towards hairline. Repeat 3 times.</p> | <div data-bbox="1169 217 1299 412"> </div> <div data-bbox="1086 486 1275 519"> <p>Technique 20</p> </div> <div data-bbox="1169 548 1299 743"> </div> <div data-bbox="1086 815 1275 848"> <p>Technique 21</p> </div> <div data-bbox="1169 878 1299 1072"> </div> <div data-bbox="1086 1146 1275 1180"> <p>Technique 22</p> </div> <div data-bbox="1169 1209 1299 1404"> </div> <div data-bbox="1086 1478 1275 1512"> <p>Technique 24</p> </div> <div data-bbox="1117 1541 1342 1749"> </div> |
|--|--|---|





| | | | |
|--|--|--|--|
| | | <p>26. Apply facial mask and wait for 15 minutes.</p> <p>27. Micro-current Facial Mask: apply this micro-current facial mask to the face that applied to facial mask.</p> <p>28. Remove the micro-current facial mask and the facial mask.</p> <p>29. Clean the face, 2 minutes.</p> <p>30. Apply toner, essence, facial cream, and sunscreen.</p> <p>31. Treatment is done.</p> | |
|--|--|--|--|

Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, the skin lifts. After a course, the skin color brightens, and the fine lines decreases slowly. After two courses, the pores refines, wrinkles fade, skin firm, and skin elasticity increases. After three courses, the effect consolidates, slack and saggy skin prevents, and ski aging delays.

Eye Wrinkle Removal: 45 Minutes/ Once a Week


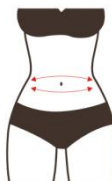




| | | | |
|--|---|--|--|
| <p>Micro-current Handpiece</p> <p>Advised Time: 5 to 15 minutes</p> <p>Energy Level: 3 to 6</p> | <p>Makeup Remover + Facial Cleanser + Massage Cream + Eye Serum + Eye Cream + Facial Mask + Equipment</p> | <ol style="list-style-type: none"> 1. Remove makeup and clean the face, 2 minutes. 2. Apply toner, 1 minute. 3. Eyes Relaxing: Apply massage cream evenly to the face and caress it 3 times. 4. One Side: Lift from the corner of the eyes to Temple with middle and ring finger of the hands doing it alternately. Repeat 3 times. 5. Lift from the corner of the eyes to the hairline with middle and ring finger of the hands doing it alternately. Repeat 3 times. 6. One side, lift the corner of the eye with scissor hands. Repeat 3-5 times. 7. One side, stroke the lower eyelid crossly and circlewise with middle and ring finger till the back of the ear and slide | <p>Technique 3, 10</p>  <hr/> <p>Technique 4, 14</p>  <hr/> <p>Technique 5, 15</p>  <hr/> |
|--|---|--|--|



| | | | |
|--|--|---|---|
| | | <p>out. Repeat 3 times.</p> <p>8. One side, lift from the inner corner of the eyes to the upper eyelid</p> <p>9. Do the same on the other side. Repeat 3 times.</p> <p>10. Caress the eyes with hands moving clockwise and press Temple. Repeat 3 times.</p> <p>11. Clean the eyes and apply eye serum to the eyes.</p> <p>12. Micro-current Handpiece: Select the proper eye replacement tip and set energy parameters.</p> <p>13. Move in small circles from the inner corner of the eyes to the outer corner of the eyes with hands. Repeat 3 times.</p> <p>14. Lift the device from lower eyelid to Temple. Repeat 6 times.</p> <p>15. Lift the outer corner of the eyes to hairline. Repeat 3 times.</p> <p>16. Do the same on the other side.</p> <p>17. Apply eye mask and wait for 15 minutes.</p> <p>18. Remove the mask and clean the face.</p> <p>19. Apply toner and eye essence.</p> <p>20. Treatment is done.</p> | <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 13</p>  <hr/> |
|--|--|---|---|

Course of Treatment Recommended:

One course consists of ten treatments. After one treatment, the eye will be tightened and lifted, and eye blood circulation will be accelerated. After a course, the fine lines of the eyes decrease and the edema improves. After two courses, the fine lines and melanin fade and the black eyes and eye bags relieve. After three courses, the corner of the eyes lift, the dry lines and fine lines vanish slowly. If you stick to it, it can delay the aging of the eye skin.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

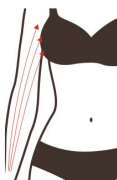

| | | | |
|---|--|--|---|
| <p>EMS Pad</p> <p>Time: 15 to 20 Minutes</p> <p>Energy Level: 3 to 8</p> | <p>Massage Cream(Essential Oil) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Technique. 2. Apply essential oil to the abdomen with hands moving circlewise. Repeat 3 times. 3. Rub belly back and forth with two hands. Repeat 3 to 5 times. 4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat 3 times. 5. Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times. 6. Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist. Repeat 3 times. 7. Rub intestinal tract with hands overlapped moving in small circles and clockwise. Repeat 3 times. 8. Caress the treated parts with hands moving circlewise. Repeat 3 times. 9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat 2 times. 10. Push directly from Zhongji(RN3) to the belly button with the thumbs, and slide to the parts below the waist along the two sides, then lift upwards to the groin. Repeat 3 times. 11. Caress the treated part till | <p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> |
|---|--|--|---|


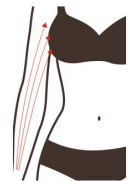

| | | | |
|--|--|--|---|
| | | groin with hands. 12. Clean the treated part. 13. EMS Pad: Apply gel to the EMS pads. 14. Fasten the pads onto abdomen. About 20 minutes. 15. Remove the band and pads and clean the treated part. 16. Treatment is done. | Technique 9  |
| | | | Technique 10  |




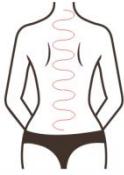
Course of Treatment Recommended:


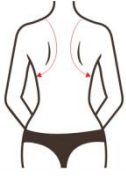



A course of treatment includes ten times. After one-time treatment, the abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more obvious. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.

Arm Sculpting: 60 Minutes/ Once a Week

| | | | |
|---|--|---|---|
| Magic Gloves Advised Time: 10 to 15 minutes Energy Level: 3 to 8 EMS Pad Time: 15 to 20 Minutes Energy Level: 3 to 8 | Massage Cream(Essential Oil) + Gel + Instrument | 1. Technique. 2. Do it in left-right order. Lay the arm flatwise, and apply oil from the lower arm to the entire arm with hands till the hands slide out, and repeat it 3 times. 3. Push the entire arm with two palms doing it alternately. Repeat 3 times. 4. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[SI] of the outer arm respectively till armpit with hands' pulicue. Repeat 3 times. 5. Caress the treated part. Repeat 3 times. 6. Rub the three channels and | Technique 2, 3, 4, 5, 6, 7  |
| | | | Technique 8, 9  |
| | | | Technique 10 |

| | | | |
|--|--|--|---|
| | | <p>collaterals of the upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Lay the arm upwards, and push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) of the inner arm till armpit with purlicue. Repeat 3 times respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times.</p> <p>10. Caress the treated part till the hands slide out. Repeat 3 times.</p> <p>11. Do the same on the other side.</p> <p>12. Clean the treated parts.</p> <p>13. Magic Gloves: Put on the magic gloves and set the parameters.</p> <p>14. Lay the arms flatwise, and push from the fat part of lower arm to armpit along the three channels and collaterals. Repeat 3 times.</p> <p>15. Lay the arms upwards, and push the three channels and collaterals of the arms to armpit. Repeat 3 times.</p> <p>16. Do the same on the other side.</p> <p>17. EMS Pad: Apply gel to the EMS pads.</p> <p>17. Fasten the pads onto the fat part of the arms with a band. About 20 minutes.</p> <p>18. Remove the band and</p> |  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15</p>  <hr/> |
|--|--|--|---|

| | | | |
|--|--|--|---|
| | | pads and clean the treated part. 19. Treatment is done. | |
| Course of Treatment Recommended: A course of treatment includes ten times. After one treatment, a sense of tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and the skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilizes, and the rebound can be prevented. | | | |
| Back Sculpting: 60 Minutes/ Once a Week | | | |
| Magic Gloves Advised Time: 10 to 15 minutes Energy Level: 3 to 8 EMS Pad Time: 15 to 20 Minutes Energy Level: 3 to 8 | Massage Cream(Essential Oil) + Gel + Instrument | 1. Technique. 2. Apply oil to the back, and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian (BL) outward to sacral region(BL31-BL34) with thumb and caress till Fengchi(GB20) and Fengfu(DU16). Repeat 3 times. 5. Move circlewise and in S-shaped motion from the neck to the caudal vertebra with hands. Repeat 3 times. 6. Push Bladder Meridian(BL) in a left-right order with thumbs doing it alternately. Repeat 3 times. 7. Push Bladder Meridian(BL) to sacral region(BL31-BL34) with hands doing it simultaneously. Repeat 3 times. 8. Push Bladder Meridian(BL) with kneeling fingers of hands in three lines respectively. Repeat 3 times. | Technique 2, 11  <hr/> Technique 3, 18  <hr/> Technique 4  <hr/> Technique 5  <hr/> Technique 6, 7, 8, 14, 17 |

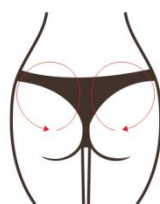

| | | | |
|--|--|---|--|
| | | <p>9. Push medial border of scapula , in a left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10.Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11.Caress the whole back with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>12.Press Tianzong(SI11) with thumbs overlapped, then slide to the arm and slide out from there. Repeat 3 times.</p> <p>13.Treat the other side, and press Tianzong(SI11) till the arm and slide out from there. Repeat 3 times.</p> <p>14.Rub Du Meridian(DU) and Bladder Meridian(BL) with hands till it turns hot.</p> <p>15.Clean the treated part.</p> <p>16.Magic Gloves: Put on magic gloves and set the parameters.</p> <p>17.Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with neck, sliding to sacral region(BL31-BL34). Repeat 3~ 5 times.</p> <p>18.Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19.with two hands doing it simultaneously to lose Lift to and fro medial border of scapula , in a left~ right order. Repeat 3 to 5 times.</p> <p>20.Lift upwards from the side</p> |  <hr/> <p>Technique 9, 19</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 20</p>  <hr/> |
|--|--|---|--|

| | | | |
|--|--|--|--|
| | | <p>of the waist to armpit. Repeat 3 to 5 times.</p> <p>21.EMS Pad: Apply gel to the EMS pads.</p> <p>22.Fasten the pads onto the fat part of the back. About 20 minutes.</p> <p>23.Remove the band and pads and clean the treated part.</p> <p>24.Treatment is done.</p> | |
|--|--|--|--|





Course of Treatment Recommended:



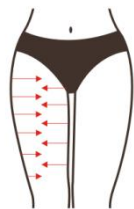
A course consists of ten treatments. After one treatment, back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder becomes relaxed, back fat lessens, Dowager's Hump alleviates, and the outlines of back becomes good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion and detox and metabolism boost. (one course with size reduced, two courses with effect consolidated, and three courses with effect strengthened and without rebound.)

Buttocks Sculpting: 60 Minutes/ Once a Week

| | | | |
|--|--|--|---|
| <p>Magic Gloves Advised Time: 10 to 15 minutes</p> <p>Energy Level: 3 to 8</p> <p>EMS Pad Time: 15 to 20 Minutes</p> <p>Energy Level: 3 to 8</p> | <p>Massage Cream(Essential Oil) + Gel + Instrument</p> | <p>1. Stand sideways and with both hands applying oil, and slide from sacral region(BL31-BL34) to waist, then lift upwards from waist along buttocks. Repeat 3 times.</p> <p>2. Push sacral region(BL31-BL34) with thumbs. Repeat 3 times.</p> <p>3. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat 3 times.</p> <p>4. Caress the treated part 3 times.</p> <p>5. With the left first and the right after. Push upwards from</p> | <p>Technique 1, 4</p>  |
| | | | <p>Technique 2</p>  |
| | | | <p>Technique 3</p> |

| | | |
|--|---|---|
| | <p>thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>6. Push upwards from thigh root to belt vessel with two hands doing it severally along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>7. Lift from thigh root to belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>8. Push directly (for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.</p> <p>9. Repeat technique No.7.</p> <p>10.Caress the treated part.</p> <p>11.Do the same on the other side.</p> <p>12.Clean the treated parts.</p> <p>13.Magic Gloves: Put on the magic gloves and set the parameters.</p> <p>14.Lift one line after another from the thigh root to belt vessel. Repeat 3 times.</p> <p>15.Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>16.Do the same on the other side.</p> <p>17.EMS Pad: Apply gel to the EMS pads.</p> <p>18.Fasten the pads onto the fat part of the buttocks. About 20</p> | <div data-bbox="1193 210 1353 412"> </div> <div data-bbox="1129 488 1362 524"> <p>Technique 5, 7, 14</p> </div> <div data-bbox="1193 546 1353 748"> </div> <div data-bbox="1129 815 1283 851"> <p>Technique 6</p> </div> <div data-bbox="1193 873 1353 1075"> </div> <div data-bbox="1129 1151 1331 1187"> <p>Technique 8, 15</p> </div> <div data-bbox="1193 1209 1353 1411"> </div> |
|--|---|---|

| | | | |
|---|--|---|---|
| | | <p>minutes.</p> <p>19.Remove the band and pads and clean the treated part.</p> <p>20.Treatment is done.</p> | |
| <p>Course of Treatment Recommended:</p> <p>Ten treatments is a course. After one treatment, buttock lifts and becomes hot. After a course, buttock outlines start to show itself, and excessive fat disappears slowly, and skin turns tightened. After three courses, gynecological diseases improves, such as cold body and cold uterus, menstruation returns to normal, and the effect consolidate, which boosts feminine charm.</p> | | | |
| <p>Leg Sculpting: 60 Minutes/ Once a Week</p> | | | |
| <p>Magic Gloves</p> <p>Advised Time: 10 to 15 minutes</p> <p>Energy Level: 3 to 8</p> <p>EMS Pad</p> <p>Time: 15 to 20 Minutes</p> <p>Energy Level: 3 to 8</p> | <p>Massage Cream(Essential Oil) + Gel + Instrument</p> | <ol style="list-style-type: none"> 1. Technique. 2. Do it in left-right order. Apply oil from the lower leg to the thigh, and then back to the heel, and repeat it 3 times. 3. Push the entire leg from the bottom up with palms doing it by turns, and then back to the heel till the palms slide out. Repeat 3 times. 4. Push Bladder Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' pulicue doing it by turns. Repeat 3 times. 5. Push popliteal fossa with hands doing it alternately. Repeat 3 times. 6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat 3 times. 7. Caress the treated part. Repeat 3 times. 8. Push the three channels and collaterals from the bottom up with kneeling fingers. Repeat 3 times. 9. Caress the treated part. Repeat 3 times. 10. Do the same on the other | <p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 13</p>  <p>Technique 14</p>  <p>Technique 15</p> |

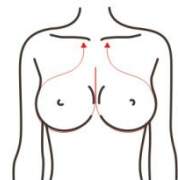
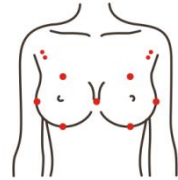
| | | | |
|--|--|--|--|
| | | <p>side.</p> <p>11. Clean it with towel.</p> <p>12. Magic Gloves: Put on the magic gloves and set the parameters.</p> <p>13. From the bottom to popliteal fossa, pushing Bladder Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB). Repeat 3 times.</p> <p>14. Start from popliteal fossa, pushing the three channels and collaterals till the thigh root. Repeat 3 times.</p> <p>15. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>16. Do the same on the other side.</p> <p>17. Fore-leg: Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat 3 times.</p> <p>18. Push Spleen Meridian-Stomach Meridian-Kidney Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat 3 times.</p> <p>19. Push the three channels and collaterals with kneeling fingers. Repeat 3 times.</p> <p>20. Treatment is done.</p> <p>21. Do the same on the other side.</p> <p>22. Clean it with towel.</p> <p>23. Magic Gloves: Put on the magic gloves and set the parameters.</p> <p>24. Lift from the lower leg towards the knee along the three channels and collaterals. Repeat 3 times. (The thigh can</p> |  <hr/> <p>Technique 17, 18, 19, 25</p>  <hr/> <p>Technique 26</p>  |
|--|--|--|--|

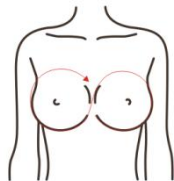
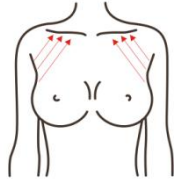
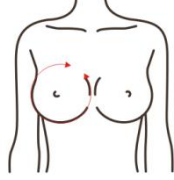
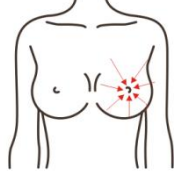
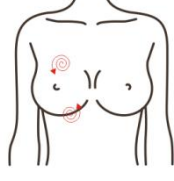
| | | | |
|--|--|--|--|
| | | <p>be treated directly if the lower leg doesn't have excessive fat.)</p> <p>25. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>26. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>27. Clean it with a towel.</p> <p>28. EMS Pad: Apply gel to the EMS pads.</p> <p>29. Fasten the pads onto the fat part of the legs with a band. About 20 minutes.</p> <p>30. Remove the band and pads and clean the treated part.</p> <p>31. Treatment is done.</p> | |
|--|--|--|--|

Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and ultrasound stimulate skin dermis and produce collagen continuously, thus the curative effect becomes clearer.

Buttocks Sculpting: 40 Minutes/ 1 to 3 times a Week

| | | | |
|--|--|---|---|
| EMS Pad Advised Energy Level: 3 to 8 Advised Time: 15 to 20 minutes | Essential Oil + Gel + Instrument+ Towel | <ol style="list-style-type: none"> 1. Stand in the front of a bed. With the hands applying oil moving from Danzhong(RN17) till armpit and meanwhile, lifting suspensory ligament. Repeat 3 times. 2. Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchuang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs. Repeat 3 times. 3. Caress the treated part. Repeat 3 times. 4. Stroke Arabic numeral 8-shaped motion between | <p>Technique 1, 3, 6, 10</p>  <hr/> <p>Technique 2</p>  <hr/> |
|--|--|---|---|

| | | | |
|--|--|--|---|
| | | <p>Danzhong(RN17) and the breast with palms overlapped. Repeat 3 times.</p> <p>5. Lift from the accessory breast to suspensory ligament with hands doing it alternately. With the left first and right after. Repeat 3 times.</p> <p>6. Caress the treated part. Repeat 3 times.</p> <p>7. Sit next to the client. With the left first and right after and caress and lift the breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue doing it alternately. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with thumb moving circlewise and alternately. Repeat 3 to 5 times.</p> <p>10. Lift and caress the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. EMS Pad: Apply a proper amount of gel to the EMS pads.</p> <p>13. Attach the pads to the breast for 20 to 30 minutes.</p> <p>14. Remove the pads and clean the breast with a hot towel.</p> <p>15. Treatment is done.</p> | <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> |
|--|--|--|---|

Course of Treatment Recommended:

A course of treatment includes twelve times. After one-time treatment, blood circulation accelerates, and the breast will be lifted to a certain degree. After a course, the effect will become more obvious and elasticity improves. After three courses, the skin becomes tightened, body shaping consolidates, and the breast turns elastic, which

makes females more charming.