

# User Manual

LY-3301J



## Preface

To our valued users,

Thanks for choosing our latest integrated beauty equipment. This latest body slimming and skin tightening instrument integrates face RF, body RF, 40K cavitation, and EMS technique. LY-3301J is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

# Table of Contents

Preface
Part I
Introduction
Advantages
Facial Anti-aging & Skin Tightening
Eye Wrinkle Removal
Neck Maintenance
Body Management <ul style="list-style-type: none"><li>Waist &amp; Abdomen Fat-dissolving &amp; Sculpting</li><li>Arm Fat-dissolving &amp; Sculpting</li><li>Back Sculpting</li><li>Buttocks Sculpting</li><li>Leg Fat-dissolving &amp; Sculpting</li><li>Breast Sculpting</li></ul>
Part II
Detailed Operations
Technical Parameter
Precautions on Use
Troubleshooting & Solutions
FAQs
Packing List
Procedures
Operational Diagrams

# Part I

## 1. Introduction

At present, face RF, body RF, 40K ultrasonic cavitation, and EMS are the most popular equipment for looks improving, skin tightening, body shaping, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon. And it can be operated easily, conveniently, and swiftly and solves skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, no injection, no medication, and no surgery. It has no side effects and is operated externally throughout, and has an instant effect. RF heats deep skin, stimulates collagen hyperplasia and restructuring in the dermis, and accelerates blood circulation in the underlying skin, thus achieving skin tightening, plumpness, anti-aging, and senility prevention. Ultrasound of particular frequency aims at body parts having difficulty in fat reduction in daily life, bringing fantastic effect.

## 2. Advantages

- (1) Multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasound strongly blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
- (3) It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
- (4) One handpiece has multiple functions, a stronger radiofrequency and a higher and more even energy level.
- (5) The perfect match of ultrasound and RF will address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
- (6) It adopts the most advanced ultrasonic cavitation technique in the world.
- (7) It's painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
- (8) It has no consumption, with low cost, but with a quick return.
- (9) It has a broader treatment range, including both body and face.
- (10) Unevenness, bleeding, and swelling will not occur.
- (11) Its multiple probes emit red light, accelerate metabolism, reduce inflammation and do disinfection for the skin while massaging and dissolving fat, which has an evident effect and better comfort level.

### 3. Principle

#### Bipolar RF

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia timely lifts and tightens skin and continuously regenerates collagen.

The treated parts can experience an apparent shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become more evident. Depending on body parts to be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies, or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatments.

**Biological Effect:** Radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a tremendous amount of collagen, and make the skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of fat on the surface layer and achieve the tightening and lifting of the slack and saggy body parts.

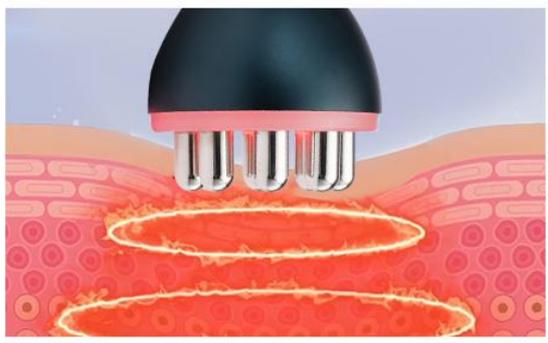
02

## Facelift Anti-aging

8-polar RF



Bipolar RF



RF makes the skin plump and elastic with 55°C under the skin and stimulates collagen regeneration, tightens body contour, and fades wrinkles.

Full body treatment.

## Octupole RF

Special RF waves, produced by RF thermal effect in certain depth under the skin, penetrate the epidermis directly acting its effects on the dermis to heat tissue, accelerate metabolism and decomposition of subcutaneous fat, and stimulate hyperplasia and restructuring of collagen and elastic fibers. With the continuous neogenesis and realignment of collagen in the dermis. The effect of lifting and tightening can be felt instantly after having the slack skin treated.

**Biological Effect:** Radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis exerting its effect directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, makes it supported by an incredible amount of new collagen, and make the skin become firmed and elastic. The radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of fat on the surface layer and achieve the tightening and lifting of the slack and saggy body parts.

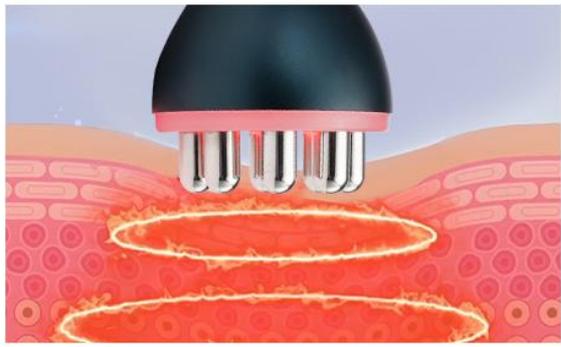
02

## Facelift Anti-aging

8-polar RF



Bipolar RF



RF makes the skin plump and elastic with 55°C under the skin and stimulates collagen regeneration, tightens body contour, and fades wrinkles.  
Full body treatment.

## 40K

It uses the principle of ultrasound. It can effectively consume heat and cellular water and shrinking fat cells by gathering strong sound waves entering the human body, causing fat cells to produce a strong strike and friction. In addition, when sound waves vibrate, it can cause cells to generate a substantial impact which bursts cells instantly and decreases the number of fat cells to achieve fat removal.

**The Principle of Ultrasonic Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

**Advantages:** It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like nervus vascularis.



03

Slimming & Rejuvenation

40K Ultrasonic cavitation shatters fat cells and helps lower your BMI. It cannot be applied on thin fat layers but legs, abdomen, upper arms.



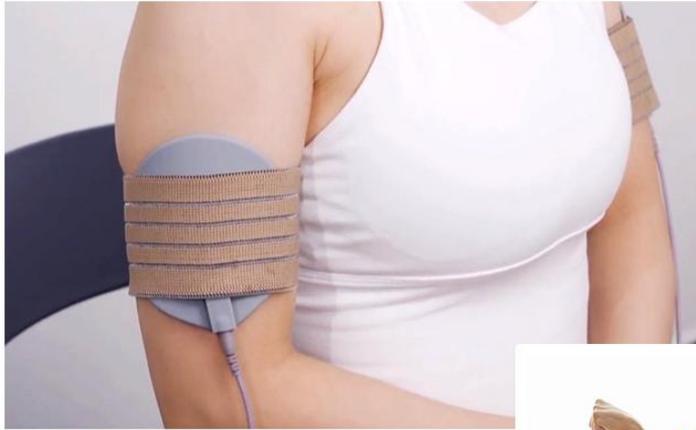
## EMS

It's short for Electronic Muscle Simulation. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simply, the muscle, under normal situations, starts to move actively after receiving signals from the brain. EMS, however, sends the signals directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve skin tightening and outline cleansing.

### Efficacy

- Relax muscles, enhance local blood circulation, prevent amyotrophy and relieve muscle spasms. To increase local blood circulation and exercise muscles. It can accurately and rapidly help users firm skin and make the body better.
- Low-intensity micro-current stimulates muscle contraction and makes muscles plump and muscular instead of decreasing. Relieve sagging caused by slack muscles and make facial contour clear. It's muscle improvement.

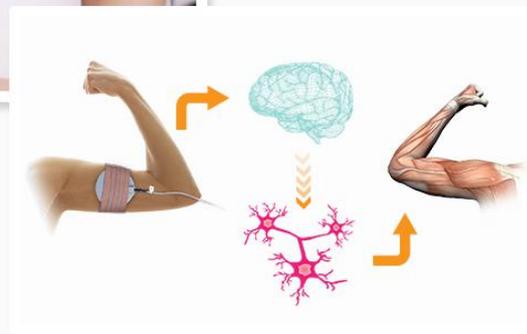
# Product Description



01

DFC EMS System  
Overall Body Fitness

10 pairs pad for body fitness, 1 pair for breast lifting.  
EMS stimulates muscle contraction, increases  
muscles, and brings slim physique.



## 4. Facial Anti-aging & Skin Tightening

### (1) Handpiece

Bipolar RF

### (2) Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance skin absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve the double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

### (3) Indications

- 1) Those with dark or lustreless faces.
- 2) Those with flabby or saggy skin.
- 3) Those with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) Those with vague facial contour.

- 5) Those with coarse skin or large pores.
- 6) Those who are under long-term exposure to UV radiation in the workplace.
- 7) Those with flabby skin, edema, or puffiness after child delivery.

#### (4)Contraindications

- 1) Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
- 2) Those who recently injected hyaluronic acid or water light, or had an injection for wrinkle removal or plastic surgery.
- 3) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) Those with skin trauma or wound.
- 6) Those who are overaging.
- 7) Those in menstruation, pregnancy, lactation, or surgical recovery.
- 8) Those with skin disease or infectious disease.
- 9) Those who have an unrealistic illusion about the effect.

#### (5)Matters Needing Attention After Treatment

- 1) Do not wash face with overheated water within three days(but wash with warm and cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs, saunas, or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and light food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

## 5. Eye Wrinkle Removal

### (1)Handpiece

Bipolar RF

### (2)Efficacy

- 1) Relieve eye fatigue, black eyes, eye bags, and edema.
- 2) Improve periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.

- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

### (3)Indications

- 1) Those with wrinkles, fine lines, eye bags, or black eyes.
- 2) Those with dry skin, dry lines, or dynamic wrinkles.
- 3) Those whose eyes are prone to fatigue or dryness.
- 4) Those who always face computer or cellphone.
- 5) Those who always stay up late or with black eyes.
- 6) Those who always expose to a dry or high-temperature environment.

### (4)Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 4) Those with skin trauma or wound.
- 5) Those who are overaging.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

### (5)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing, and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

## 6. Neck Anti-aging

### (1)Handpiece

Bipolar RF

## (2)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

## (3)Indications

- 1) Those whose necks have coarse skin or dark skin color.
- 2) Those whose necks have clogged lymph.
- 3) Those whose necks have slack or inelastic skin.
- 4) Those who always lower their heads.
- 5) Those who are not satisfied with their necks' skin color.

## (4)Contraindications

- 1) Those who just had plastic surgery.
- 2) Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 3) Those in the allergic period or with severely sensitive skin.
- 4) Those with skin trauma or wound.
- 5) Those who are overaging.
- 6) Those in pregnancy or surgical recovery.
- 7) Those with skin disease or infectious disease.

## (5)Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing, and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing the face with overheated water, enjoying hot springs, saunas, doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

## 7. Body Management

### (1) Waist & Abdomen Fat-dissolving & Sculpting

Handpiece: 40K + Octupole RF + EMS Pad

#### 1) Efficacy

- Relieve women's cold hands, feet, cold uterus, or cold-natured body.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
- Accelerate metabolism, alleviate constipation, and improve intestinal tract movement.

#### 2) Indications

- Those with cold hands, feet, cold uterus, or cold-natured bodies.
- Those whose waist and abdomen have flab, protruding small belly, or flabby skin after child delivery.
- Those who sit too long or with unsightly waistlines.
- Those with striae distensae or stretch marks.
- Those with constipation or whose abdomens have obstructed channels and collaterals.

#### 3) Contraindications

- Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those with severe gynecological diseases.
- Those whose gynecological diseases are in treatment.
- Those with a heart pacemaker or metal implants.

#### 4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.

- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.
- Rub the abdomen with your hands doing it clockwise before sleep at night, making weight loss and metabolism achieve a better effect.

## (2) Arm Fat-dissolving & Sculpting

Handpiece: 40K + Octupole RF + EMS Pad

### 1) Efficacy

- Stimulate collagen hyperplasia in the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

### 2) Indications

- Those with thick arms or who look unsightly in clothes.
- Those with bat wings or flabby arms.
- Those whose arms have flabby skin.
- Those whose arms are prone to soreness and numbness.
- Those who always carry the baby.

### 3) Contraindications

- Those who just had plastic surgery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those in the allergic period or with severely sensitive skin.
- Those with skin trauma or wound.
- Those who are overaging.
- Those in pregnancy or surgical recovery.
- Those with skin disease or infectious disease.
- Those with heart disease or heart pacemakers.

### 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.

- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.

### (3) Back Sculpting

Handpiece: Octupole RF + EMS Pad

#### 1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excessive flab from the back and sculpt the back.

#### 2) Indications

- Those with shoulder and back soreness or stiff neck.
- Those with insomnia, dreaminess, or a fading memory.
- Those prone to fatigue, drowsiness, or with the obstructed circulation of vital energy and blood.
- Those with thick backs or who look unsightly in clothes.
- Those with Dowager's Hump.

#### 3) Contraindications

- Those with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those who have a weak body.
- Those who are drunk, thirsty, overworked, or with a full or empty stomach.
- Those with heart disease or heart pacemakers.

#### 4) Matters Needing Attention After Treatment

- Keep warm, avoid exposure to a windy environment, catch a cold, and drink more hot water.

- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

## (4) Buttocks Sculpting

Handpiece: Octupole RF + EMS Pad

Buttocks, located at the middle of the human body, are the key hub for channels and collaterals and qi-blood circulation and are the main switch of six channels and collaterals and the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of the human body. It plays a vital role in body S-curve management and feminine charm increasing.

### 1) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve gynecological diseases, such as menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape hips, relieve the sagging and outward expansion of the hips, tighten skin, and increase elasticity.

### 2) Indications

- Those whose hips are slack, saggy, or have accumulated fat.
- Those with striae distensae or stretch marks.
- Those whose buttock shape is not good-looking flat, loose, or with outward expansion.
- Those with cold hips or with low hip temperature.
- Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- Those with decreased estrogen levels or disharmonious sexual life.

### 3) Contraindications

- Those in menstruation, pregnancy, lactation, or surgical recovery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.

- Those with surgical wounds or in surgical recovery.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overaging.
- Those with heart disease or heart pacemakers.

#### 4) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.

#### (5) Leg Fat-dissolving & Sculpting

Handpiece: 40K + Octupole RF + EMS Pad

##### 1) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

##### 2) Indications

- Those with the obstructed blood circulation of the lower limbs, edema, or obesity,
- Those with hyp immunity, feel uncomfortable and pain all over the body, or are prone to catch colds.
- Those with constipation or with coarse and slack skin.
- Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

##### 3) Contraindications

- Women in menstruation, pregnancy, or lactation.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.

- Those with surgical wounds or in surgical recovery.
- Those with severe varicosity or tumors.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overaging.
- Those with heart disease or heart pacemakers.

#### 4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna, hot springs, or doing strenuous exercise within seven days.
- Wear long pants as far as possible after treatment and avoid wearing miniskirts and mini-shorts.

#### (6) Breast Sculpting

Handpiece: Octupole RF + EMS Pad(for breast)

##### 1) Efficacy

- Adjust breast shape and improve accessory breast.
- Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
- Reduce the appearance of the outward expansion of the breast.
- Improve irregular menstruation, spots on the face, and inelastic skin.
- Relieve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

##### 2) Indications

- Those whose breast shape is not good-looking or who has accessory breast.
- Those with breast nodules, slight hyperplasia, or who have distending pain during menstruation.
- Those with hypoimmunity.
- Those with irregular menstruation, spots on the face, or inelastic skin.
- Those who think she has a less developed mammary gland, mastatophy, loose breast, or blocked lactiferous ducts after giving birth.

### 3) Contraindications

- Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organs.
- Those who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or are taking now.
- Those with infected skin on the breast.
- Those with severe breast hyperplasia, fibroma, or cyst.
- Those with unhealed surgical wounds or in surgical recovery.
- Those with heart disease or heart pacemakers.
- Women in pregnancy or lactation.

### 4) Matters Needing Attention After Treatment

- Drink more warm water and keep warm.
- Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.
- Avoid exposing yourself to a windy environment and catching a cold, and take a shower after 4 to 6 hours.

# Part II

## 1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial interface will appear after pressing the power switch.



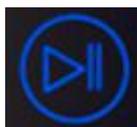
### (1)Function Selection



Time Setting & Display



Energy Level Setting & Display



Start/ Pause



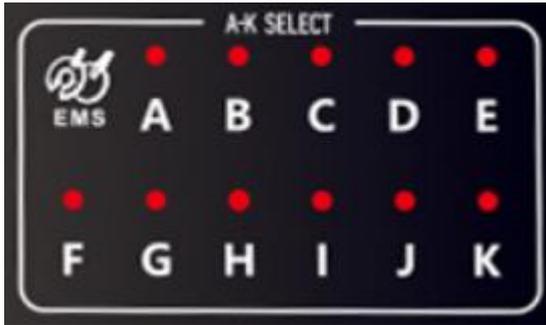
Function Selection



Select the corresponding pad



Display for the selected function



Display for the corresponding pad

## (2) Detailed Operations for EMS Pad



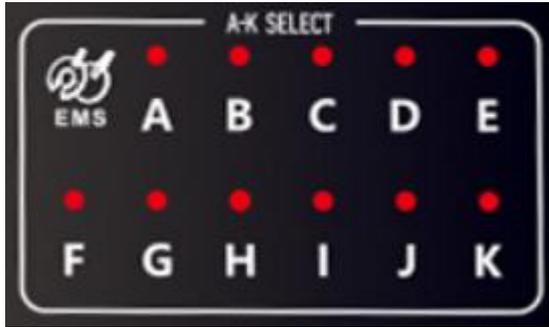
Click , select EMS, and enter the following mode.



Time Setting & Display



Energy Level Setting & Display



Display for the corresponding pad

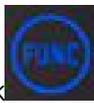


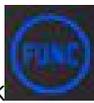
Click this button to choose EMS pad(A to K). When Pad A to K all light up, the corresponding pads are under working. When one of them lights up, it means only the corresponding pad is working.



Start/ Pause

### (3)Detailed Operations for 40K



Click , select 40K, and enter the following interface.



Time Setting & Display



Energy Level Setting & Display



Start/ Pause

#### (4)Detailed Operations for Body RF



Click , select Body RF, and enter the following interface.



Time Setting & Display



Energy Level Setting & Display



Start/ Pause

## (5) Detailed Operations for Face RF



Click , select Face RF, and enter the following interface.



Time Setting & Display



Energy Level Setting & Display



Start/ Pause

## 2. Technical Parameter

Power supply Input:100V-240V

Power :190W

40K Unoisetion Cavitation 2.0 Handle

Frequency:40KHz

Power:20W

Bipole RF handle

Frequency: 1MHZ

Power:30W 8 Pole RF handle  
Frequency: 3MHZ  
Power:50W  
Rated power: <=40W  
Working current: <=50MA  
Pulse output: 10 channels  
Maximum treatment time: 90 minutes  
Pulse waveforms: 5 modes  
Pulse frequency: 30Hz/s ~ 800Hz/s  
Pulse power: 0 ~ 270 angels adjustable  
Pulse speed: 3 levels adjustable  
Shink time: 0.1 ~ 5s Loose time: 0.1 ~ 5s

### 3. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the equipment's curative effect and normal service life, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and it also can not be exposed to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before use to avoid unexpected situations which may affect the curative effect.
- (7) Please refrain from using the equipment to aim at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything was settled. Thus the safety of the equipment can be guaranteed.
- (10) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.
- (11) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (12) Don't use the equipment with an empty stomach, and wait for at least 1 hour after a full meal before starting the course for weight reduction.
- (13) The equipment should contact the skin thoroughly to avoid uneven heat when in use.

- (14) Start from the lowest energy level when start and increase the level gradually after the client got used to it.
- (15) The device should contact the skin fully when in use. Otherwise, it may not be attached to the skin.
- (16) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life.
- (17) When operating, fasten EMS Pad or Breast Pad onto the client first, turn the equipment on, and adjust the energy level, which should be set from low to high slowly to make the client feel warm and comfortable.
- (18) Product with high oil content must be applied, and the treated parts must be kept moist.
- (19) When using EMS Pad, its whole surface should contact the skin thoroughly and can't only touch a small area.
- (20) The EMS pad(breast pad) can be used separately. Fasten it directly onto parts to be treated. Set energy parameters before use. The treatment time for a single part is about 20 minutes. A better effect can be achieved with the combined use of massage, RF, and ultrasound equipment.

## 4. Troubleshooting & Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
  - A. Make sure the power cord is plugged into a suitable power socket.
  - B. Check whether the fuse in its back is loose or burnt out.
  
- (2) The equipment doesn't have RF output?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
  - B. Please check whether the treated parts have been cleaned. Grease or essential oil products may cause poor contact between the handpiece and the body resulting in no output.
  
- (3) The RF output is weakened?
  - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
  - B. Please check whether there is non-conductive grease on the handpiece, which may cause poor contact weakened output.
  - C. Please check whether the products used are the adaptive products specified by the equipment.
  
- (4) The equipment can be started, but there is an error message on the monitor?
  - A. Take out the plug in its back, wait for about 1 minute, re-plug it, and restart the equipment.
  - B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

## 5. FAQs

(1) Q: RF How long does it take to see the effect?

A: Usually, the effect can be seen on the same day or within a week after treatment. The collagen tissue of the skin, under heating, produces contraction, which results in an obvious skin tightening. RF produces collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you use it, the better the effect.

(2) Q: Is RF harmful to the skin?

A: Ultrasound for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in the underlying skin and accelerates metabolism. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment, an everyday phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus, there's no need to worry.

(3) Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. To have a noticeable effect, we will combine the use of professional techniques and instruments.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat- Reducing easing, rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and do anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and alleviate loosening and sagging. For the body, it can reduce the weight of local body parts, build an S curve, and accelerate the whole body's metabolism and detox. Meanwhile, it can also enhance viscera functions and relieve the sub-health condition of the body.

(5) Q: Which one is better in terms of weight reduction, liposuction or this equipment?

A: The principle of liposuction is to suck out excess fat from a specific body part through vacuum suction, thus achieving rapid local body slimming. It has an instant effect, requires anesthesia during the operation, and has a recovery period. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It can stimulate collagen production to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting and boost feminine charm.

(6) Q: Will I experience a rebound after the treatment?

A: For weight loss with ultrasound, the weight will not rebound quickly after reduction. Ultrasound lipolysis removes fat instead of moisture, and it takes a long time for the fat to be accumulated. Thus, the weight will not get rebound quickly.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to some extent because radiofrequency and ultrasonic treatment is followed by fat-blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. Have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect. In this way, the effect of weight loss will be more obvious.

(8) Q: Does it have any side effects on the body?

A: Improving the appearance and shaping the body with the vacuum is a non-invasive treatment and is currently the safest and most effective way to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to RF- heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. Thus, there are no side effects on the body.

(9) Q: Can ultrasound be operated all over the body?

A: Ultrasound breaks fat cells, bursts the cell wall, then fat in the cells flows out and absorbed and metabolized by lymph. Ultrasound has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the sound wave vibrates the heart. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore to shun eyes and heart when using ultrasound. (Don't use it on the waist, back and chest.)

(10) Q: Does ultrasound have side effects on the body?

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound(mechanical sound wave)-blast fat through cavitation-ultrasound focusing

Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it has no side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal; you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasound focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care for hair. Collagen is a nutrient that the body must be supplemented with to delay aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has depleted, and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, collagen content is less than half of that of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, making the skin dry, wrinkled, slack, and inelastic. Therefore, collagen must be supplemented to delay aging.

(13) Q: Why do I need buttocks maintenance?

A: Hip maintenance can help with lymphatic detox, improve gynecological diseases, and avoid harm caused by buttocks blockage. Hips' impassability will surely bring about gynecological diseases. There is a pelvic cavity and intestinal tract inside the buttocks. It connects to the belt vessel, lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above the diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips are most prone to coldness, dampness, and blood stasis. When the hip is under cold, it causes contraction of the hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstruation blood, blood clot, and obstructed blood flow. It also affects ingravidation.

## 6. Packing List

- 1 x main machine
- 1 x Octupolar 3D Smart RF With Photon Probe
- 1 x Bipolar 3D Smart RF With Red Photon Probe
- 1 x 40K Unoisetion Cavitation Probe
- 1 Pair of Breast Massage Pads
- 10 Pairs of Body Slimming Pads
- 11 x Wires for Pads
- 1 set x Bandage
- 1 x Holder
- 1 x Power Supply Cord

## 7. Procedure

### (1) Facial Anti-wrinkle & Skin Tightening/ Eye Wrinkle Removal/

#### Neck Maintenance

remove makeup, clean the face, apply toner, massage, bipolar RF, apply a facial mask/ eye mask/ neck mask, apply water, essence, facial/ eye/ neck cream, and sunblock

Matched Product: RF cream/ massage cream

### (2) Waist & Abdomen, Arm, and Leg Fat-dissolving & Sculpting

massage, 40K, Octupole RF, EMS pad, clean the treated part

Matched Product: gel, RF cream/ essential oil

### (3) Back, Buttocks, and Breast Fat-dissolving & Sculpting

massage, Octupole RF, 40K, EMS pad, clean the treated part

Matched Product: gel, RF cream/ essential oil

## 8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
<b>Facial Anti-wrinkle &amp; Skin Tightening: 60 Minutes/ Once a Week</b>			
<b>Face RF</b> Energy Level: 3 to 7  Advised Time: 15 to 20 minutes	Makeup Remover + Facial Cleanser + Cold & Hot Steam + Massage Cream + Moisturizing Mask + Essence + Facial Mask	<ol style="list-style-type: none"> <li>1. Remove makeup and clean the face, 5 minutes.</li> <li>2. Apply a moisturizing mask and use hot steam, 10 minutes.</li> <li>3. Clean the face, 2 minutes.</li> <li>4. Apply toner, 1 minute.</li> <li>5. Apply massage cream evenly to the face, and caress it three times.</li> <li>6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20),</li> </ol>	Technique 5, 7    Technique 6

	<p>Jingming(BL-1),  Cuanzhu(BL-2),  Yuyao(EX-HN4),  Sizhukong(SJ-23), Temple,  Tongziliao(GB-1),  Chengqi(ST-1), and  Sibai(ST-2). Repeat three  times.</p> <p>7. Caress the whole face  three times.</p> <p>8. Lift in three lines with  hands doing it alternately,  from the chin to earlobe, from  the corner of the mouth to  Ermen(SJ21),  from the wing of the nose to  Temple, and from the lower  eyelid to Temple,  and lift the corner of the eye.  Repeat three times.</p> <p>9. Do the same on the other  side.</p> <p>10. Lift the forehead towards  the hairline direction. Repeat  three times.</p> <p>11. Flip and lift the face with  rotating fingers. Repeat 3 to 5  times.</p> <p>12. Flip the forehead towards  the hairline with one hand.  Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the  face with hands doing it  alternately. Do it for 2 to 3  minutes.</p> <p>14. Do the same on the other  side.</p> <p>15. Move zigzag on the whole  forehead with middle and ring  fingers, then slide to the front  of the ear and lift to and fro  for three times, and slide out  from the back of the ear.</p> <p>16. Treatment is done.</p>	 <hr/> <p>Technique 8, 17</p>  <hr/> <p>Technique 10, 12, 19</p>  <hr/> <p>Technique 15</p>  <hr/>
--	--	---

		<p>17. Face RF: Lift one line after another from the chin to the part below the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat three times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply a facial mask and wait for 15 minutes.</p> <p>22. Clean the face, 2 minutes.</p> <p>23. Apply toner, essence, facial cream, and sunscreen.</p> <p>24. Treatment is done.</p>	
--	--	--	--

**The Recommended Course of Treatment:**

A course of treatment includes ten times. After one-time treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade the pigment, lightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, making the skin tender, smooth, firm, and shiny.

**Eye Wrinkle Removal: 30 Minutes/ 2 to 3 Times a Week**

<p><b>Face RF</b> Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Instrument + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply essence(eye cream) evenly to the eyes with hands moving circlewise. Repeat three times.</p> <p>4. Face RF: Set the energy parameters, mode, and time. About 10 minutes.</p> <p>5. Lift the device from the lower eyelid to the</p>	<p>Technique 3</p> 
			<p>Technique 5</p> 

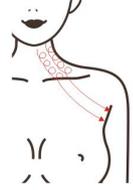
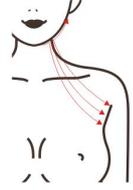
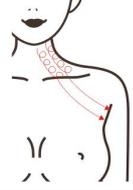
		<p>corner of the eye. Repeat 3 to 6 times.</p> <p>6. Lift the device from the lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>7. Lift the device from the lower eyelid moving in small circles to Temple. Repeat 3 to 6 times.</p> <p>8. Lift the device from the lower eyelid to Temple. Repeat 3 to 6 times.</p> <p>9. Lift the device from brow ridge to hairline. Repeat 3 to 6 times.</p> <p>10. Do the same on the other side.</p> <p>11. Clean the eyes, 1 minute.</p> <p>12. Apply an eye mask and wait for 15 minutes.</p> <p>13. Remove the mask and clean the eyes, 2 minutes.</p> <p>14. Apply eye essence.</p>	<p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8, 9</p> 
--	--	---	--

**The Recommended Course of Treatment:**

It's advised to do it 2 to 3 times. After one-time treatment, the eye will be tightened and lifted, and eye blood circulation will be accelerated. After a month, the fine lines and black eyes will be faded, and the skin color will be improved. After three months, the eyes will turn tightened, rejuvenated, and shiny. To stick to it, the eyes can be enhanced, and eye aging can be prevented.

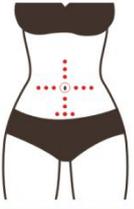
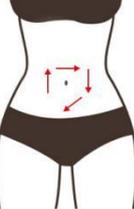
**Neck Maintenance: 60 Minutes/ Once a Week**

<p><b>Face RF</b> Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Massage the neck, lift it in the front of the chest, apply oil to it with hands, move to the back</p>	<p>Technique 3</p>  <hr/> <p>Technique 4</p>
--	---	---	---

		<p>of the neck, and press Fengchi(GB20) and Fengfu(DU16). Repeat three times.</p> <p>4. Lift the lower jaw and double chin with hands doing it alternately, lift to armpit via the back of the ear, and slide out from the armpit. Repeat three times.</p> <p>5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise, and till the armpit and pass under there. Repeat three times.</p> <p>6. Stroke the three channels and collaterals of the side of the neck with four fingers, and till the armpit and pass under there. Repeat three times.</p> <p>7. Rub the side of the neck with kneeling fingers till it turns hot and till the armpit and pass under there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment is done.</p> <p>11. Face RF: Coupled with hands, lifting from the double chin to armpit via the back of the ear. Repeat 3 to 5 times.</p>	 <hr/> <p>Technique 5, 6, 7</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 14</p>  <hr/>
--	--	--	--

		<p>12. Move the equipment circlewise on the side of the neck till armpit in three lines respectively, and slide out from there. Repeat three times.</p> <p>13. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise around the neck. Repeat three times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait for 15 minutes.</p> <p>18. Clean the neck with a hot towel and use a hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment is done.</p>	
<p><b>The Recommended Course of Treatment:</b>  A course of treatment includes ten times. After one-time treatment, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the circulation of neck lymph accelerates. After two courses, the skin becomes tightened, the cervical stripe fade, and the double chin improves. After three courses, the skin turns delicate, shiny, firm, plump, and lymphatic detox speeds up, dark face and acne improve. It also delays skin aging and rejuvenates the skin.</p>			
<p>Waist &amp; Abdomen Fat-dissolving &amp; Sculpting: 60 Minutes/ Once a Week</p>			
<p><b>40K</b>  Energy Level: 3 to 7  Advised Time:  15 to 20 minutes</p>	<p>Massage  Cream(Essential Oil) + Gel + Instrument</p>	<p>1. Apply essential oil to the abdomen with hands moving circlewise. Repeat three times.  2. Rub the belly back and</p>	<p>Technique 1, 7, 10</p>

<p><b>Body RF</b> Energy Level: 3 to 7 Time: 15 to 20 minutes</p> <p><b>EMS Pad</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>forth with hands. Repeat 3 to 5 times.</p> <p>3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</p> <p>4. Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times.</p> <p>5. Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist. Repeat three times.</p> <p>6. Rub intestinal tract with hands overlapped, moving in small circles and clockwise. Repeat three times.</p> <p>7. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>8. Press Shangwan(RN13), Zhongwan(RN12), Xiawan(RN10), Shenque(RN8), Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), Daheng(SP15), Qugu(RN2). Repeat two times.</p> <p>9. Push directly from Zhongji(RN3) to the belly button with the thumbs, slide to the parts below</p>	 <p>Technique 2</p>  <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6</p>
---	--	---

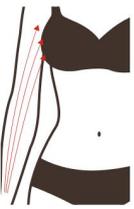
		<p>the waist along the two sides, then lift upwards to the groin. Repeat three times.</p> <p>10. Caress the treated part till groin with hands.</p> <p>11. 40K: Along ascending colon, transverse colon, and descending colon, moving from abdomen to colorectum slowly. Repeat 3 to 5 times.</p> <p>12. Shape the waist with hands moving in rhombus-shaped motions. Repeat 3 to 5 times.</p> <p>13. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>14. Lift belt vessels of the two sides. Repeat 16 times.</p> <p>15. Coupled with hands, lifting belt vessel of the two sides. Repeat 16 times.</p> <p>16. Octupole RF: Along ascending colon, transverse colon, and descending colon, moving from abdomen to colorectum slowly. Repeat 3 to 5 times.</p> <p>17. Shape the waist with hands moving in rhombus-shaped motions. Repeat 3 to 5 times.</p> <p>18. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>19. Lift belt vessels of the two sides. Repeat 16</p>	 <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 11, 16</p>  <hr/> <p>Technique 12, 17</p>  <hr/> <p>Technique 13, 18</p>
--	--	--	--

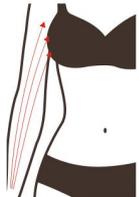
		<p>times.</p> <p>20. Coupled with hands, lifting belt vessel of the two sides. Repeat 16 times.</p> <p>21. EMS Pad: Apply gel to the EMS pads.</p> <p>22. Fasten the handpiece onto the abdomen's fat part with a band for 20 minutes.</p> <p>23. Remove the pads and band.</p> <p>24. Clean the treated parts with a towel.</p> <p>Treatment is done.</p>	 <p>Technique 14, 15, 19, 20,</p> 
--	--	--	--

**The Recommended Course of Treatment:**

A course of treatment includes ten times. After one-time treatment, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more apparent. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and flabby skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.

**Arm Fat-dissolving & Sculpting: 60 Minutes/ Once a Week**

<p><b>40K</b> Advised Time: 10 to 15 minutes</p> <p><b>Body RF</b> Energy Level: 3 to 7 Time: 15 to 20 minutes</p> <p><b>EMS Pad</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<p>1. Do it in left-right order. Lay the arm flatwise, apply oil from the lower arm to the entire arm with hands until the hands slide out, and repeat it three times.</p> <p>2. Push the entire arm with two palms doing it alternately. Repeat three times.</p> <p>3. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[SI] of the outer arm respectively till armpit</p>	<p>Technique 1</p>  <p>Technique 2, 3, 4, 5, 6</p>  <p>Technique 7</p>
--	--	---	--

		<p>with hands' purlicue. Repeat three times.</p> <p>4. Caress the treated part. Repeat three times.</p> <p>5. Rub the three channels and collaterals of the upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat three times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Lay the arm upwards, and push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) of the inner arm till armpit with purlicue. Repeat three times, respectively.</p> <p>8. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat three times.</p> <p>9. Caress the treated part till the hands slide out. Repeat three times.</p> <p>10. Treatment is done.</p> <p>11. Do the same on the other side.</p> <p>12. 40K: Lay the arms flatwise, and push from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the upper and lower arm till the armpit. Repeat 5</p>	 <p>Technique 8, 16, 18, 24, 26</p>  <p>Technique 9</p>  <p>Technique 12, 15, 20, 23,</p>  <p>Technique 13, 14, 21, 22,</p> 
--	--	---	--

		<p>to 8 times.</p> <p>14. Flabby arms can be treated more. Repeat three times.</p> <p>15. Push till armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arms to the armpit. Repeat three times.</p> <p>17. Along the fat part of the upper arms, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. Octupole RF: Lay the arms flatwise, and push from the fat part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper and lower arm till the armpit. Repeat 5 to 8 times.</p> <p>22. Flabby arms can be treated more. Repeat three times.</p> <p>23. Push till armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the</p>	
--	--	--	--

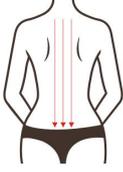
		<p>three channels and collaterals of the upper arms to the armpit. Repeat three times.</p> <p>25. Along the fat part of the upper arms, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. EMS Pad: Apply gel to the EMS pads.</p> <p>29. Fasten the handpiece onto the arm's fat part with a band for 20 minutes.</p> <p>30. Remove the pads and band.</p> <p>31. Clean the treated parts with a towel. Treatment is done.</p>	
--	--	--	--

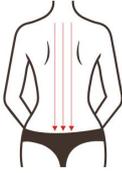
**The Recommended Course of Treatment:**

A course of treatment includes ten times. After one-time treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. After two courses, body shaping starts, and the effect strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilize, and rebound can be prevented.

**Back Sculpting: 60 Minutes/ Once a Week**

<p><b>Body RF</b> Energy Level: 3 to 7 Advised Time: 20 to 30 minutes</p> <p><b>EMS Pad</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>Massage Cream(Essential Oil) + Instrument + Gel</p>	<ol style="list-style-type: none"> <li>Technique.</li> <li>Apply oil to the back, and press Fengchi(GB20) and Fengfu(DU16).</li> <li>Stroke the area connecting neck and shoulder(start with hairline) with the thumb. Repeat 3 to 5 times.</li> <li>Stroke Bladder</li> </ol>	<p>Technique 2, 11</p>  <p>Technique 3</p>
---	--	--	---

		<p>Meridian(BL) outward to the sacral region(BL31-BL34) with thumb and caress till Fengchi(GB20) and Fengfu(DU16). Repeat three times.</p> <p>5. Move circlewise and in S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>6. Push Bladder Meridian(BL) in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian(BL) to the sacral region(BL31-BL34) with hands doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian(BL) with kneeling fingers of hands in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat three times.</p>	 <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14,</p>  <p>Technique 9, 19</p>  <p>Technique 10, 19</p>  <p>Technique 12, 13</p>
--	--	--	--

		<p>12. Press Tianzong(SI11) with thumbs overlapped, slide to the arm, and slide out. Repeat three times.</p> <p>13. Operate the other side, press Tianzong(SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian(DU) and Bladder Meridian(BL) with hands till it turns hot.</p> <p>15. Treatment is done.</p> <p>16. Octupole RF: Treat Du Meridian(DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to the sacral region(BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui(Du-14) and sacral region(BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region(BL31-BL34) in an Arabic numeral 8-shape. Repeat three times.</p>	 <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p>  <hr/> <p>Technique 22</p> 
--	--	---	---

		<p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22. Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23. EMS Pad: Apply a proper amount of gel to the pads and fasten them onto the back's fat part for about 20 minutes.</p> <p>24. Remove the pads, and treatment is done.</p>	
--	--	--	---

**The Recommended Course of Treatment:**

A course of treatment includes ten times. After one-time treatment, the back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder become relaxed, back fat lessens, Dowager's Hump alleviates, and the back outlines become good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions, and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, digestion and detox and metabolism boost. (one course with size reduced, two with effect consolidated, and three with effect strengthened and without a rebound.)

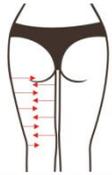
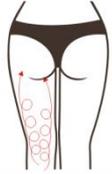
**Buttocks Sculpting: 60 Minutes/ Once a Week**

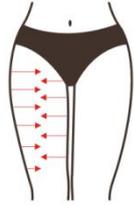
<p><b>Body RF</b> Energy Level: 3 to 7 Advised Time: 20 to 30 minutes</p> <p><b>EMS Pad</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Stand sideways and with hands applying oil, slide from the sacral region(BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</li> <li>3. Push sacral region(BL31-BL34) with thumbs. Repeat three times.</li> <li>4. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34),</li> </ol>	<p>Technique 2, 5,</p>  <p>11</p> <p>Technique 3</p>  <p>Technique 4</p>
---	--	--	--

		<p>Changqian(DU1), Huantiao(GB30), and Chengfu(BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order. Push upwards from thigh root to belt vessel with two hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from thigh root to belt vessel with two hands doing it severally along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Lift from the thigh root to the belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly(for sculpting) and one line after another from the two sides of buttocks to the highest point on it with two hands, and push back and forth. Repeat three times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p>	 <hr/> <p>Technique 6, 14, 17</p>  <hr/> <p>Technique 7, 10</p>  <hr/> <p>Technique 9, 15, 18</p>  <hr/> <p>Technique 16</p>  <hr/>
--	--	---	--

		<p>12.Do the same on the other side.</p> <p>13.Treatment is done.</p> <p>14.Octupole RF: Lift one line after another from the thigh root to the belt vessel. Repeat three times.</p> <p>15.Lift upwards and one line after another from the two sides of buttocks to the highest point. Repeat three times.</p> <p>16.Move in small circles on the full buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from the thigh root to the belt vessel. Repeat three times.</p> <p>18.Lift upwards and one line after another from the two sides of buttocks to the highest point. Repeat three times.</p> <p>19.Do the same on the other side.</p> <p>20.EMS Pad: Apply a proper amount of gel to the pads and fasten them onto the treated part for about 20 minutes.</p> <p>21.Remove the pads, and treatment is done.</p>	
<p><b>The Recommended Course of Treatment:</b></p> <p>A course of treatment includes ten times. After one-time treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, gynecological diseases like cold-natured body and cold uterus relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.</p>			
<p><b>Leg Sculpting: 60 Minutes/ Once a Week</b></p>			
<p><b>40K</b> Advised Time: 15 to</p>	<p>Massage Cream(Essenti</p>	<p>1. Rear-leg: Let the client lie on his front.</p>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>

<p>20 minutes</p> <p><b>Body RF</b> Energy Level: 3 to 7 Time: 15 to 20 minutes</p> <p><b>EMS Pad</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>al Oil) + Gel + Instrument</p>	<p>2. Rear-leg: Let the client lie on his front and treat the left first and the right after. Apply oil from the lower leg to thigh, then back to heel, and repeat it three times.</p> <p>3. Push the entire leg from the bottom up with palms doing it by turns, and then back to the heel till the palms slide out. Repeat three times.</p> <p>4. Push Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' pulicue doing it by turns. Repeat three times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>7. Caress the treated part. Repeat three times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Clean the treated part with a hot towel, 2</p>	 <p>Technique 6</p>  <p>Technique 12, 15, 17, 20, 23</p>  <p>Technique 13, 16, 21, 24,</p>  <p>Technique 15, 17, 23</p>  <p>Technique 16, 18, 21</p>  <p>24</p>
---	-----------------------------------	--	--

		<p>minutes.</p> <p>12. 40K: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat three times.</p> <p>13. Move in small circles on the part with the fat of the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and meanwhile, caress it with hands. Repeat three times.</p> <p>15. Start from popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Start with popliteal fossa, moving in small circles till the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF: Coupled with hands, lifting one</p>	<p>Technique 13, 21</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p>  <hr/> <p>Technique 29, 30, 33, 35, 38, 40, 42</p>  <hr/> <p>Technique 34, 37</p>  <hr/> <p>Technique 36, 41</p>
--	--	--	--

		<p>line after another from the heel to the popliteal fossa. Repeat three times.</p> <p>21. Move in small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Move in small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat three times.</p> <p>29. Push Spleen Meridian[SP]-Stomach Meridian[ST]-Liver Meridian[LV]-Gallbladder Meridian[GB] of the leg till thigh root with hands' pulicue doing it alternately. Repeat three times.</p> <p>30. Push the four</p>	 <hr/> <p>Technique 42</p>  <hr/> <p>Technique 43</p>  <hr/>
--	--	--	--

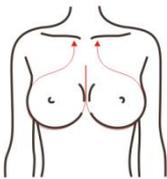
		<p>channels and collaterals with kneeling fingers of hands. Repeat three times.</p> <p>31. Treatment is done.</p> <p>32. Do the same on the other side.</p> <p>33. 40K: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat three times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (To treat thigh directly if the lower leg does not have too much fat.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>36. Move in small circles on the whole thigh. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. Vacuum RF: Treat the lower legs with the technique mentioned above. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p>	
--	--	--	--

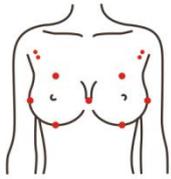
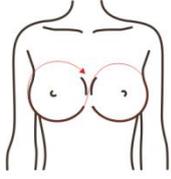
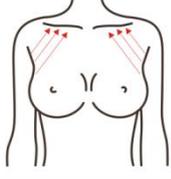
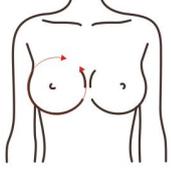
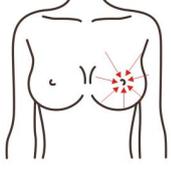
		<p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. Move in small circles on the thigh. Repeat three times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>44. Do the same on the other side.</p> <p>45. ENS Pad: Apply a proper amount of gel to the pads and fasten them onto the leg's fat part for about 20 minutes.</p> <p>46. Remove the pads and treatment is done.</p>	
--	--	--	--

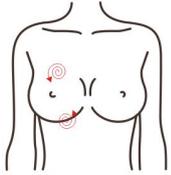
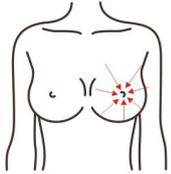
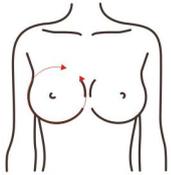
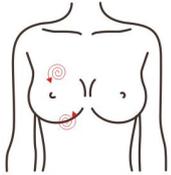
**The Recommended Course of Treatment:**

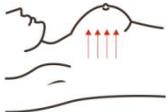
A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and ultrasound stimulate skin dermis and produce collagen continuously. Thus the curative effect becomes clearer.

**Breast Sculpting: 45 Minutes/ Once a Week**

<p><b>Body RF</b> Energy Level: 3 to 7 Time: 15 to 20 minutes</p> <p><b>Pad for Breast</b> Energy Level: 3 to 7 Advised Time: 20 minutes</p>	<p>Massage Cream(Essential Oil) + Instrument + Gel</p>	<p>1. Stand close to the head of a bed, with hands applying oil moving from Danzhong(RN17) to the armpit and simultaneously lift the suspensory ligament. Repeat three times.</p> <p>2. Press</p>	<p>Technique 1</p>  <p>Technique 2</p>
--	--	---	---

		<p>Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchiang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs. Repeat three times.</p> <p>3. Caress the treated part. Repeat three times.</p> <p>4. Stroke an Arabic numerals 8-shape motion between Danzhong(RN17) and the breast with palms overlapped. Repeat three times.</p> <p>5. Lift from the accessory breast to the suspensory ligament with hands alternating with the left first and the right after. Repeat ten times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Sit next to the client. With the left first and the right after, and caress and lift the breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with the thumb moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p>	 <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>
--	--	--	---

	<p>11. Do the same on the other side.</p> <p>12. Body RF: With the left first and right after. Coupled with hands, lifting from the bottom up to the nipple along the breast. Repeat 5 to 8 times.</p> <p>13. Caressing with hands, lifting downwards to the collarbone along breast drawing semi-circle. Repeat 5 to 8 times.</p> <p>14. Move in small circles dredging the parts with the nodule. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lift. Move the equipment circlewise on the accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast of the armpit to the breast(for sculpting and removing accessory breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the breast with a hot towel.</p> <p>19. Breast Pad: Apply a proper amount of gel to the pads and fasten them onto the nipple part for about 20 minutes.</p> <p>20. Remove the pads, and treatment is done.</p>	 <hr/> <p>Technique 12</p>  <hr/> <p>Technique 13</p>  <hr/> <p>Technique 14</p>  <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>
--	---	--

			
--	--	--	---

**The Recommended Course of Treatment:**

A course of treatment consists of ten times. After one-time treatment, the breast is heated, accelerating blood circulation, and lifted to a certain level. After a course, the effects will become more evident, and the nodule will be relieved. After three courses, the skin will become tightened, and the shaping will be reinforced. The elasticity of the breast will be boosted. The internal secretion will be regulated, which makes women more charming.