User Manual LT-OL706



Preface

Dear Users,

We're pleased to present to you our red LED light therapy wrap LT-OL706, which can play a noticeably helpful role in massaging, warming up body, relieving strain and alleviating pains for waist, arm and leg. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before use.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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Part I

Introduction

Red LED light therapy wrap is one of the most popular tools for effectively relieving waist strain, pains on joints, cold feet and soreness of arms. This product is convenient and easy to use. It solves the problem of cold body. This product offers safe and effective therapy and has no side effects. It is used externally during the whole process, giving treatment receiver high level of comfort. The red LED light has strong penetration, which can reach the bottom of fat layer and then heat and dissolve fat. It is safe and painless without side effects.

1. Advantages

- 1. Red LED light can effectively dissolve fat to deliver remarkable results.
- 2. It is painless and can make customers feel comfortable during the operation, in which there is no downtime and work will not be affected.
- 3. It can dissolve fat in a safe and painless way, leaving skin smooth without scars.
- 4. The red lights can heat up basal layer of skin to help remove damp and cold.
- 5. No consumption, low cost and quick returns.
- 6. Unevenness, bleeding, and swelling will not appear after treatment.
- 7. 105 red LED with 660nm-850nm wavelength can penetrate through fat layer, making subcutaneous fat heated and dissolved. And then it will be excreted through metabolism.

2. Working Principles

660nm-850nm wavelength light-emitting diodes are used here, the light of which is within the visible range of spectrum and has the ability to penetrate through adipose layers and be absorbed by human tissue for its great permeability. After the rays of light are absorbed by body, atom-level and molecule-level vibrations will follow, which can produce soothing heat that is good to human body. The heat can help dissolve fat and then help get unwanted harmful substances as well as fat out of body. This light therapy is safe without causing pains and side effects. The thermal effect from the red lights is mainly used to heat up tissue, promote subcutaneous blood circulation, relieve muscular tension and pains, and help with the normalization of functions of autonomic nervous system.



3. Main Effects

- 1. Dissolve adipose cells and accelerate metabolism
- 2. Warm up womb and expel damp and cold
- 3. Relieve the condition of irregular menstruation
- 4. Alleviate the condition of saggy skin on waist and abdomen
- 5. Help reduce unwanted fat on waist and abdomen
- 6. Relieve arthritis, cold feet and pains on joints

4. Applicable Range

- 1. Those who have a sedentary lifestyle and have an expanding waistline.
- 2. Those who suffer from constipation and blocked meridians on abdomen.
- 3. Those who suffer from strain and pains on waist.
- 4. Those who have cold womb or who are being in menstruation and suffering from menstrual pains.
- 5. Those who suffer from cold on feet and arthritis.
- 6. Those who suffer from soreness on arms or pains on neck and shoulder.

5. Inapplicable Range

- 1. Women in pregnancy or lactation
- 2. Those with heart diseases and pacemakers
- 3. Those with unhealed incisions on waist&abdomen or who are on the road to recovery.
- 4. Those with epilepsy, sever diabetes and hyperthyroidism
- 5. Those with malignant tumors, haemophilia and severe bleeding
- 6. Those with skin diseases and infectious diseases
- 7. Those who have unrealistic expectations about the effect.

6. Do's and Don'ts after Operation

- 1. Keep warm, do not eat something cold and avoid getting a cold.
- 2. Take a shower in 4-6 hours.
- 3. Drink more warm water and keep hydrated to accelerate metabolism.
- 4. Abstain from gluttony and avoid staying up late.
- 5. Do not eat something rare, cold and spicy. Have enough sleep.
- 6. Avoid wearing crop top, backless dress, miniskirt and hot pants.

Part II

1. Detailed Operation





When all red lights go on, the wrap is working



controller



start/stop button



time-setting button

After connect the power cord to the wrap and fix the wrap around the area of your choice, press start button and set length of treatment to begin your therapy journey!

2. Technical Parameters

Wave length: 660nm/850nm

3. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power

socket of the instrument is properly grounded.

- 2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
- 3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
- 4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
- 5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
- 6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
- 7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of using the electrical products.
- 10. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before use.
- 11. Make sure the treatment area is dry during the operation.
- 12. Before operation, fix wrap on the customer and then turn on the instrument and set the working time.
- 13. Use this product in strict accordance with instructions in the user manual.

4. Troubleshooting & Solutions

1. The controller cannot work properly?

A: Please check whether the controller is properly connected to the wrap.

B: The controller is broken.

2. The controller can work properly but there is no red LED light?

A: Please check whether the wrap is connected to the power supply properly.

B: The LED inside the wrap are broken.

5. FAQs

1. Q: Will I regain fat after the light therapy?

A: The number of adipose cells in the body is fixed, which will not see change in adulthood. The increase in weight is due to the increase in the volume of adipose cells. This red LED light therapy will destroy localized fat structure, and then reduce the volume of fat. Admittedly, rare occurrence of regaining weight does not mean that it will not be seen again. In general, as long as one's diet is reasonable and binge eating is avoided, he will not experience weight gain.

2. Q: Does people need to control food intake and take exercise when they lose weight by the light therapy?

A: The efficacy of losing weight by this red LED light therapy is more significant, but we can not blindly rely on it. For example, one's weight will reach the ideal range by using it. But if he does not pay attention to diet control and overeat, then it is likely to lead to weight gain. There is no weight-losing product in the world that absolutely guarantees that it has permanent efficacy. So

losing weight by laser is a helping way. When the weight reaches the ideal range, we should also reasonably plan our own diet and take reasonable exercise after stopping using it.

3. Q: Experience early or delayed periods after the light treatment?

A: If you experience early periods, you have a qi-deficiency constitution and so are prone to fatigue. Using this wrap to nurse your kidney dysfunction may result in early periods, which you will no longer see after a certain space of time.

B: If you experience delayed periods, you have a blood-deficiency constitution. Using this wrap may be a factor contributing to delayed periods, which you will no longer see after such condition is nursed.

4. Q: Have light or heavy periods after the light treatment?

A: Light periods: the users have a qi-deficiency and blood-deficiency constitution, suffering from Renal deficiency. The problem bringer is imbalanced yin and yang and the stasis of qi and blood. The condition in question will disappear if you keep using this wrap.

B: Heavy periods: the users have deficiency in kidney and spleen. When the normal function of spleen in controlling the quality of blood has not been restored, you may experience heavy periods. If you keep taking this treatment, this condition will be gone when the functions of kidney and spleen return to normalcy.

5. Q: Menstrual pains: people suffer from menstrual pains after the treatment?

A: The uses suffer from endometritis and endometrial hyperplasia.

B: There is blood stasis around the uterus.

C: This is a normal phenomenon indicating that your body is getting out excretions and harmful substance from uterus.

6. Q: See blood clots during your period after treatment?

A: this is a good sign because the condition of blood stasis is relieved. This light therapy wrap has the function of circulating blood.

7. Q: Suffer from diarrhea or bellyache after the light therapy?

A: In order to get the excretions and harmful substances out of your bowels, your body can react like this.

B: The users may have poor gastrointestinal functions, and even suffer from chronic enteritis

8. Q: Suffer from excess vaginal discharge and lower abdominal pain after treatment?

A: If the discharge is relatively odourless, white and thin, this is normal, which indicates your ovarian functions have been improved.

9. Q: Suffer from soreness on waist after treatment?

A: Women usually suffer from minor uterine prolapse after giving birth. To treat this condition, soreness on waist can be felt after treatment.

B: Users may suffer from columnar ectopy, pelvic inflammatory disease and endometritis.

6. Packing List

Power Cord*1

Controller *1

Red LED Light Therapy Wrap*1