

User Manual

LS-78D5



Preface

To our valued users,

Thanks for choosing our latest product: 7-in-1 integrated beauty equipment. This newest skin management instrument combines skin scrubber, radiofrequency, ultrasound, cold and hot hammer, BIO, and negative ion import. LS-78D5 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

Skin scrubber, radiofrequency, ultrasound, cold and hot hammer, BIO, and negative ion import are currently the most popular integrated beauty equipment for skin management. It can effectively replace all the facial care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has no side effects and an immediate impact. Skin scrubber uses high-frequency vibration and cavitation effect to deeply cleanse the skin, soften keratins, purify pores, decompose grease, make the pore unobstructed, firm the pores, and make the skin clean, soft, and smooth. The ultrasonic waves use high-frequency vibration to remove metabolites from the skin and help efficient absorption of the nutrients. Negative ion import utilizes the polarity effect of the direct current to strengthen the penetration of active substances to the skin to beautify the skin. Radiofrequency heats the skin's deep layer, stimulates the dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility. With the matched use of BIO, it can activate cells, restore the normal function of the cells, firm and refine facial muscle, and make the face ruddy. It works well on slack skin,

2. Advantages

- (1) 7-in-1 multifunctional beauty equipment effective fixes facial care problems.
- (2) Negative ion import utilizes the principle of direct current that like poles repel and opposite poles attract. It can export dirt and deeply import nutrition.
- (3) Radiofrequency heats the dermis with the high-frequency electric wave and stimulates skin metabolism and collagen regeneration to lift skin, remove wrinkles, fight against micro-aging, and tighten and rejuvenate skin.
- (4) BIO can enhance cell function, increase cell vitality, and rejuvenate skin.
- (5) The design of the big round angle targets blind angles like the nasolabial groove, which is safe, comfortable, and harms no skin. Its concave side fits facial contour, and the wing and tip of the nose can also be cleaned thoroughly.
- (6) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (7) It has zero consumption and is low-cost, but it gives a quick return.
- (8) It has a broader treatment range, including all facial care items.
- (9) Unevenness, bleeding, and swelling will not occur.
- (10) It suits all skin types; it can improve skin quality and flatten fine lines.

- (11)The handpiece conforms to ergonomic design. It grips comfortably; a bigger handpiece can treat a larger area.

3. Principle

(1) Skin Scrubber

It applies the principle of high-frequency ultrasonic vibration. The energy produced by mechanical vibration of 28,000 times per second has a noticeable permeation effect on the skin. When the ultrasonic cavitation effect encounters water, it atomizes water into tiny bubbles. The small bubbles, under constant vibration, go deep into the skin's pores, breaking acne, blackheads, and dark acne into granulum, which will be vibrated onto the skin's surface through high frequency and ultrasonic vibration. Low frequency emulsifies sebum and excreta that clogged pores. Meanwhile, it can also sterilize and atomize water molecules that enter the pores. And it removes excess thick keratins, decomposes grease, cleanses, dredges, and contracts pores, and makes the skin bright, clean, soft, and smooth through mechanical vibration.

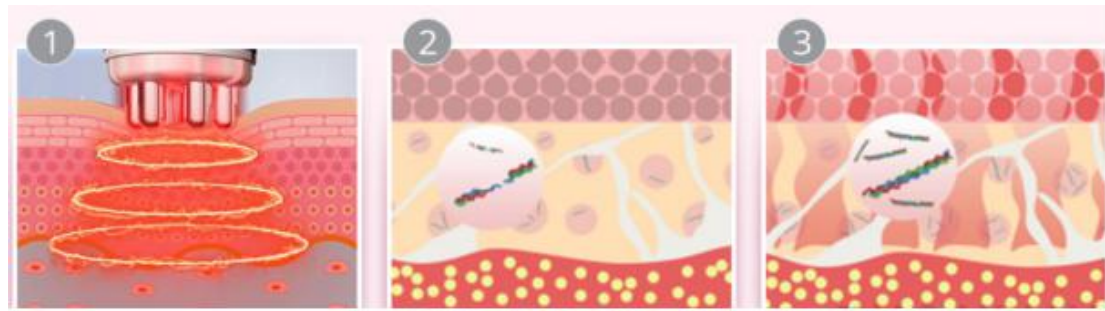
Physical Effect: The sound wave of high-frequency vibration, with the matched use of softened products or exfoliating cream, can soften the impaired and rough stratum corneum, open pores, and deeply remove the wastes and dirt from pores.



(2) RF

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

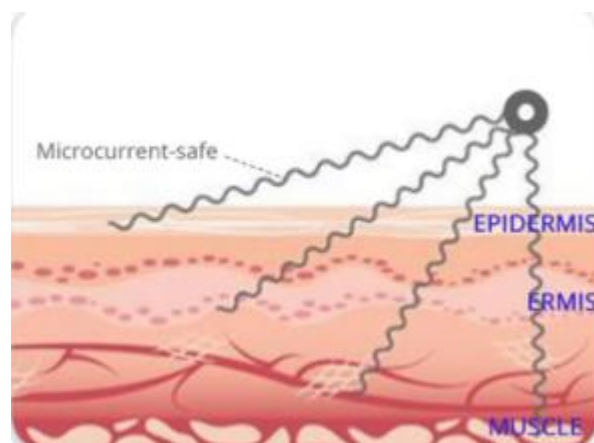
The treated parts can experience an apparent shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become more evident. Depending on body parts and ways of maintenance, the effect of radiofrequency can be preserved about 18 months to 3 years, or varies, or extends even longer per ways of care. According to the latest research, you can attain a better effect after multiple times of treatments.



High-frequency waves penetrate through the skin, heating the stretched collagen fibers, firming the skin, and weakening the orange peel.

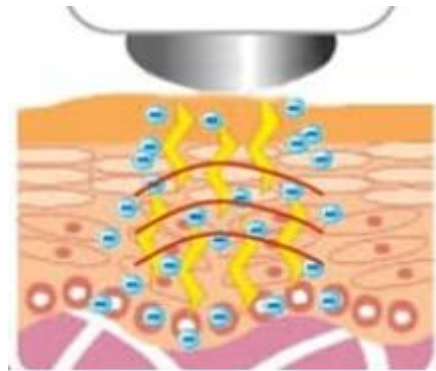
(3) BIO

It outputs bioelectric currents that simulate the human body, which enters muscle cells after penetrating the skin. The currents stimulate intracellular adenosine triphosphate (ATP), restore the cells' regular operation and functions, and supply energy to the muscle and body. Increasing the cell's permeability, 30% to 40% higher than usual, helps the body absorb nutrition and moisture better and improve oxygen content in the blood. Meanwhile, it expels wastes, toxins, and stranded liquids as soon as possible. Stimulating muscle fiber synthesis, 68% higher than usual, makes the skin moisturized, soft, firm, and shiny. Raising the collagen's synthesis level by 73% can lessen wrinkles and make skin softer, elastic, and glossy.



(4) Ultrasound

The high-frequency vibrational waves of 2.8MHz per second can powerfully reach 4 to 6 millimeters of subcutaneous tissue by utilizing high-frequency vibration. Ultrasound has powerful energy and strong permeability and can drive face cells to vibrate with it, removing grease from pores and changing cell volume to improve blood circulation. Thus it stimulates cells' regeneration capacity and makes skin shiny and elastic. In addition, the tepidity effect generated by the high-frequency vibration also can rapidly infuse beauty nutrient solutions into the skin, making the skin absorb nutrient content from skincare products better.



(5) Hot & Cold Hammer

It applies the principle of expansion caused by heat and contraction caused by cold. When skin's temperature stays at 5 degrees, metabolic rate reduces, cell movement inhibits and slows down, and the nerve ending's sensitivity lowers. Therefore, it can alleviate pain and swelling triggered by skin allergies. Due to the principle, a temperature of 5 degrees contracts blood vessels and pores to relieve large pores and firm skin. Thus wrinkles and crow's feet on the face can be flattened.

Physiological function and effect of cold hammer:

- It shrinks blood vessels, contracts pores, and tremendously minify large pores.
- It strengthens skin fiber, makes skin tightened and elastic, and removes wrinkles and crow's-feet.
- It contracts blood vessels and effectively relieves varicosity and spider veins bulging. Harmful wastes that go back to veins at any time can be easily cleaned and detoxed. It also has a noticeable effect on spots fading and removal.
- It reduces metabolic rate, inhibits and slows cell movement, lowers the nerve ending's sensitivity with a sedative and soothing effect, and offsets and relieves skin redness, swelling, and pain. It works exceptionally well on allergic skin.

Physiological function and effect of hot hammer:

- Tepidity makes people feel warm and comfortable, relaxes muscles, balances autonomic nerves, and alleviates pain and soreness. It accelerates blood

circulation, increases oxygen content in blood, opens pores, expands blood vessels, speeds up nutrition absorption of the skin. It's a moderate, comfortable, and effective infusion method.

- It boosts the skin's metabolic rate, increases heat energy in tissue, discharges wastes and toxins naturally, and helps to remove bags under eyes and dark circles.
- Alternating cold and hot therapy can yield twice the result with half the effort, naturally activate cells, improve and purify the skin. It's an instrument that keeps people healthy and makes people nice-looking.

(6) Negative Ion Import

It forms a weak electric field between the skin surface and the deep skin, temporarily breaks the skin barrier, and evenly replenish the essence of different functions to the deep skin. When the nutrient content enters the skin, it can act as a vacuum ion gathering cells around the skin, causing them to absorb essence continually. The absorption is ten times higher than orally taking the essence. The negative pole can produce an alkali effect, stimulate nerves, promote blood circulation, soften fiber texture, and increase tightness. When the nutrient solution is ionized, it's infused into deep skin. The micro-current that penetrates the body can spread all body tissue, activate tissue, and import the needed nutrition and moisture into the skin. When the nutriment, in a dissolved state, is applied to the skin, it can decompose ions. Under the influence of a direct-current electric field, the ions do directional migration: the positive ion moves from the positive pole to the negative pole; the negative ion moves from the negative pole to the positive pole. When the medication or essence ion penetrates the skin, it forms an ion heap, making the concentration of local medication absorption much higher than orally taking it, achieving the relevant effect.

Biological Effect: It utilizes the principle that like poles repel and opposite poles attract. Using negative ions can better penetrate water solubility nutrients into the skin, directly providing nutrition and the needed substances.

4. Anti-wrinkle Facial & Tightening

(1) Handpiece

Skin Scrubber + Cold & Hot Hammer + Ultrasound + BIO+ RF

(2) Efficacy

- 1) Activate cells and increase skin elasticity.
- 2) Tighten skin and flatten fine lines.
- 3) Relieve flabby and soft skin.
- 4) Sculpt facial contour and make the third dimension of the face more noticeable.

- 5) Shrink pores and lift apple-like cheeks.
- 6) Moisten skin and enhance absorptivity of the skin.
- 7) Brighten skin color, fade the pigment, and rejuvenate and whiten skin.
- 8) Accelerate blood circulation and metabolism.
- 9) Stimulate collagen hyperplasia and delay aging.

(3) Indications

- 1) People with flabby and soft skin.
- 2) People whose faces have fine lines, nasolabial folds, or dynamic wrinkles.
- 3) People with vague contour or double chin.
- 4) People with coarse skin or large pores.
- 5) People with flabby skin or edema after child delivery.
- 6) People with poor skin metabolism or absorption.

(4) Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 4) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) People with skin trauma or wounds.
- 6) Overage people.
- 7) People in menstruation, pregnancy, lactation, or surgical recovery.
- 8) People with skin disease or infectious disease.
- 9) People who are sensitive to electric current should use it with caution.

(5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

5. Facial Deep Cleansing

(1) Handpiece

Skin Scrubber + Cold & Hot Hammer + Ultrasound + BIO

(2) Efficacy

- 1) Cleanse deep skin and improve pores.
- 2) Remove the excess stratum corneum.
- 3) Replenish moisture and nutrition.
- 4) Improve skin quality and increase skin elasticity.
- 5) Improve uneven and unsmooth skin.

(3) Indications

- 1) People with dry or hydropenic skin.
- 2) People with large pores or coarse or lustreless skin.
- 3) People with poor skin absorption or whose underlying skin is hydropenic.
- 4) People with dark skin or uneven skin color.
- 5) People whose skin secretes too much grease or with oily or dry skin.
- 6) People who don't clean the skin properly in daily life or with unsmooth skin.

(4) Contraindications

- 1) People with severely sensitive skin or in the allergic period.
- 2) People with extensive trauma on the face.
- 3) Women in pregnancy; people with severe heart disease, serious hypertension, hyperglycemia, hyperlipidemia, other serious illnesses, etc.
- 4) People with skin disease or infectious disease.
- 5) People with skin wounds caused by a recent skin booster or microneedling.
- 6) People who are sensitive to electric current should use it with caution.

(5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

6. Face Easing & Repairing

(1) Handpiece

Ultrasound + Negative Ion Import + Cold & Hot Hammer

(2) Efficacy

- 1) Relieve symptoms like facial redness, acne, and allergy.
- 2) Calm and ease skin.
- 3) Contract pores and relieve large pores.
- 4) Increase skin elasticity.
- 5) Enhance skin's immunity and repair sensitive skin.

(3) Indications

- 1) People with sensitive or acne skin or whose skin is prone to swelling or allergy.
- 2) People with flabby, saggy, or inelastic skin.
- 3) People with dry skin, fine lines, dark or uneven skin color, or lackluster skin.
- 4) People with large pores, coarse skin, or whose skin secretes too much grease.

(4) Contraindications

- 1) People with severely sensitive skin or in the allergic period.
- 2) People whose noses once had a prosthesis.
- 3) People with extensive trauma on the face.
- 4) Women in pregnancy; people with severe heart disease, serious hypertension, hyperglycemia, hyperlipidemia, other serious illnesses, etc.
- 5) People with skin disease or infectious disease.
- 6) People with skin wounds caused by a recent skin booster or microneedling.
- 7) People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.

(5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a hydrating mask one time each day within three days.

7. Face Tightening & Whitening

(1) Handpiece

Skin Scrubber + Cold & Hot Hammer + Negative Ion Import + BIO + RF

(2) Efficacy

- 1) Tighten skin and flatten fine lines.
- 2) Relieve flabby and soft skin.
- 3) Shrink pores and lift apple-like cheeks.
- 4) Moisten skin and enhance absorptivity of the skin.
- 5) Accelerate blood circulation and metabolism.
- 6) Stimulate collagen regeneration and delay aging.
- 7) Brighten skin tone and make skin more transparent.

(3) Indications

- 1) People with flabby and soft skin.
- 2) People whose faces have fine lines, nasolabial folds, or dynamic wrinkles.
- 3) People with dark skin or uneven skin color.
- 4) People with yellowish skin color or lackluster skin.
- 5) People with coarse skin or large pores.
- 6) People with flabby skin or edema after child delivery.
- 7) People with poor skin metabolism or absorption.

(4) Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 4) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) People with skin trauma or wounds.
- 6) Overage people.
- 7) People in menstruation, pregnancy, lactation, or surgical recovery.
- 8) People with skin disease or infectious disease.
- 9) People who are sensitive to electric current should use it with caution.

(5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.

- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use irritant skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc.
- 4) Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

8. Under-Eye Wrinkles Removal

(1) Handpiece

RF + BIO

(2) Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(3) Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) People who are constantly exposed to a dry or high-temperature environment.

(4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(5) Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water and apply an eye mask at least three times a week since the treated parts are dry.

9. Neck Maintenance

(1) Handpiece

RF + Ultrasound

(2) Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

(3) Indications

- 1) People whose necks have coarse skin or dark skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

(4) Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

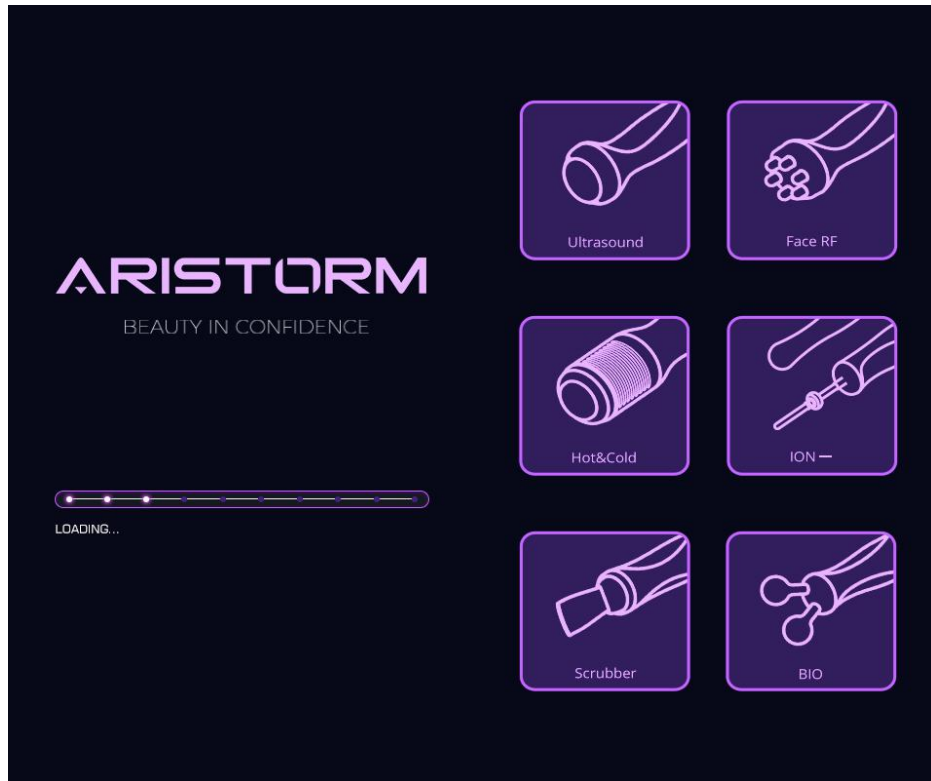
(5) Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 3) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 4) Drink more water, apply a neck mask at least three times a week, and apply essence or neck cream.
- 5) Avoid lowering your head for a long time.

Part II

1. Detailed Operations

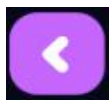
Have the equipment correctly connected, and the following initial interface will appear when pressing the power switch.



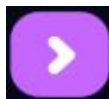
(1) Function Selection



Time Setting & Display



Time Setting(decrease)



Time Setting(increase)



Return

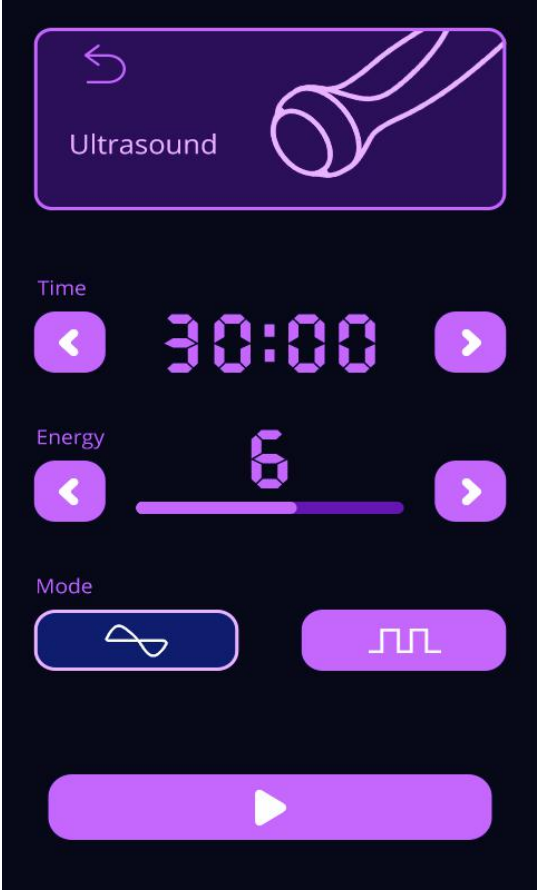


Start/ Pause

(2) Detailed Operation for Ultrasonic Wave



Select and enter the following page.



Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection




Continuous working mode, suits those with dry, hydropenic, coarse, or dark skin.

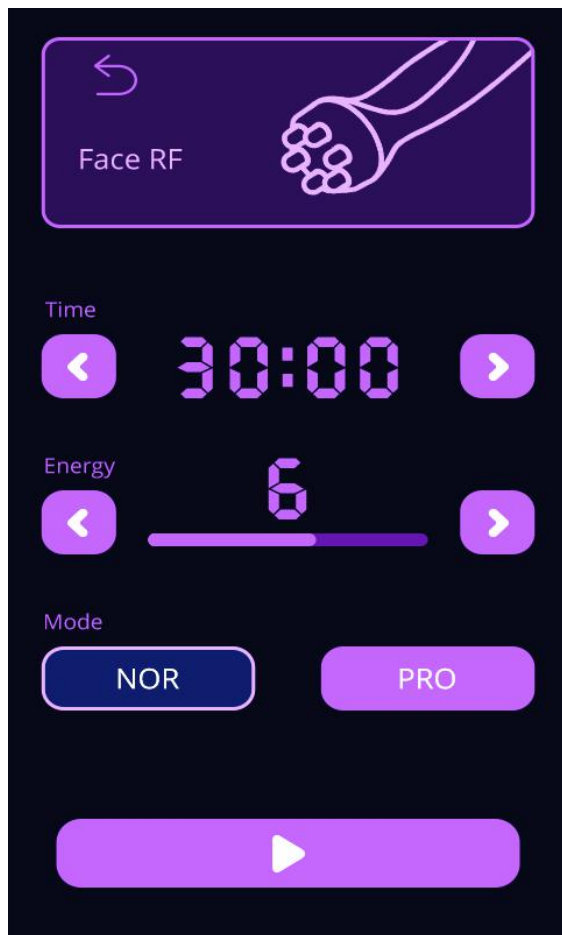


Discontinuous working mode, suits those with acne skin or first-time users.

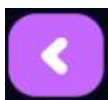
(3) Detailed Operations for RF



Select  and enter the following page.



Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection



is the default mode. The red light will always be on after clicking Start, and the temperature for RF reaches the setting value directly.

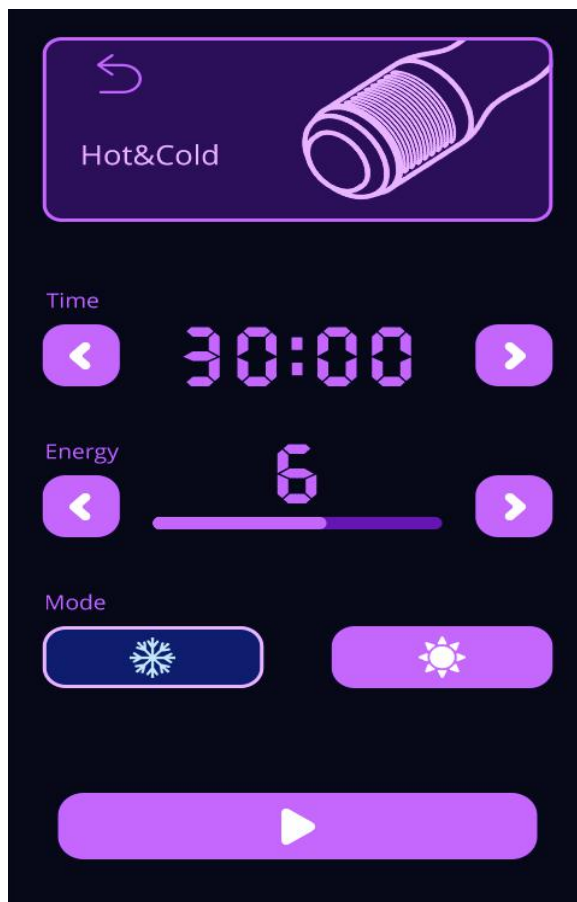


is the intelligent mode. The red light will be on after touching the skin, and the temperature for RF reaches the setting value slowly.

(4) Detailed Operations for Cold & Hot Hammer



Select and enter the following page.





Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection



Cold hammer is for calming, easing, acne repairing, and pores contracting.

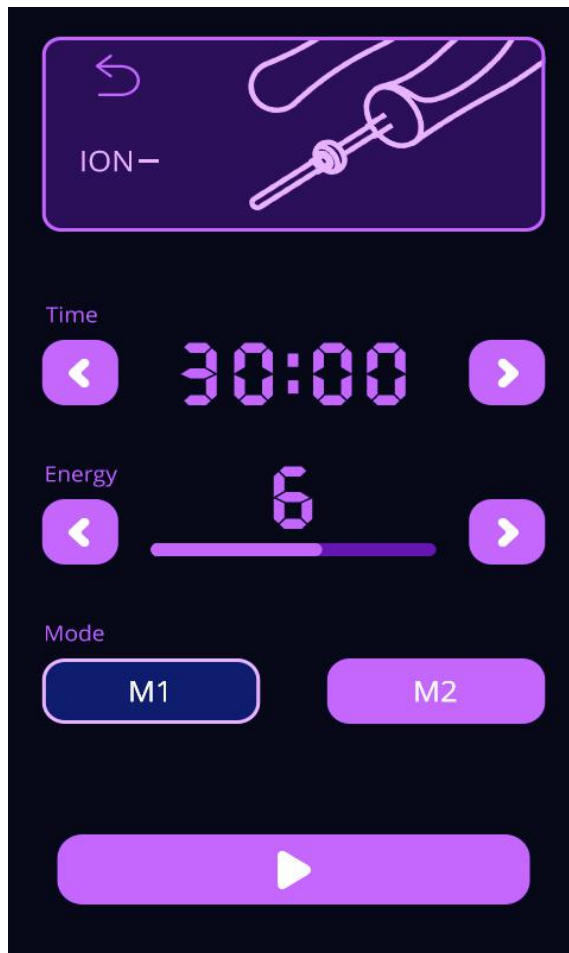


Hot hammer is for infusion and opening pores.

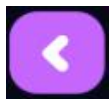
(5) Detailed Operations for Negative Ion Import



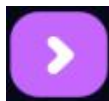
Select and enter the following page.



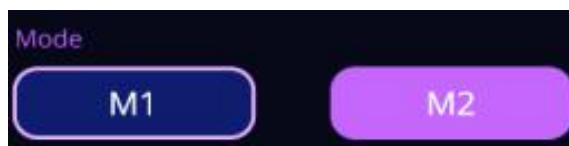
Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection



Continuous working mode, suits those with dry, hypopigmented, coarse, or dark skin.




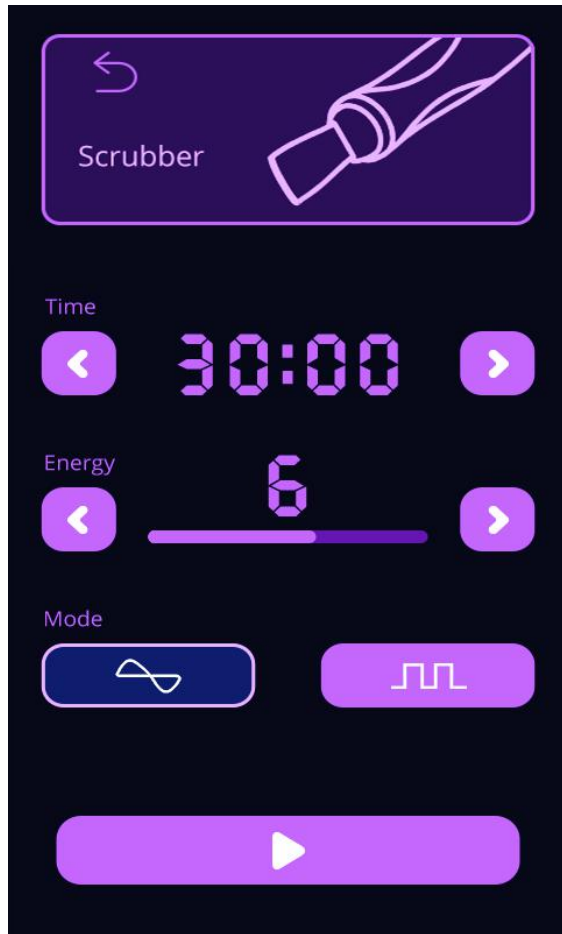
Discontinuous working mode, suits those with acne skin or

first-time users.

(6) Detailed Operations for Skin Scrubber



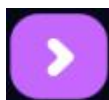
Select  and enter the following page.



Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection



Continuous working mode, suits those with strong sebum secretion or severely clogged pores.

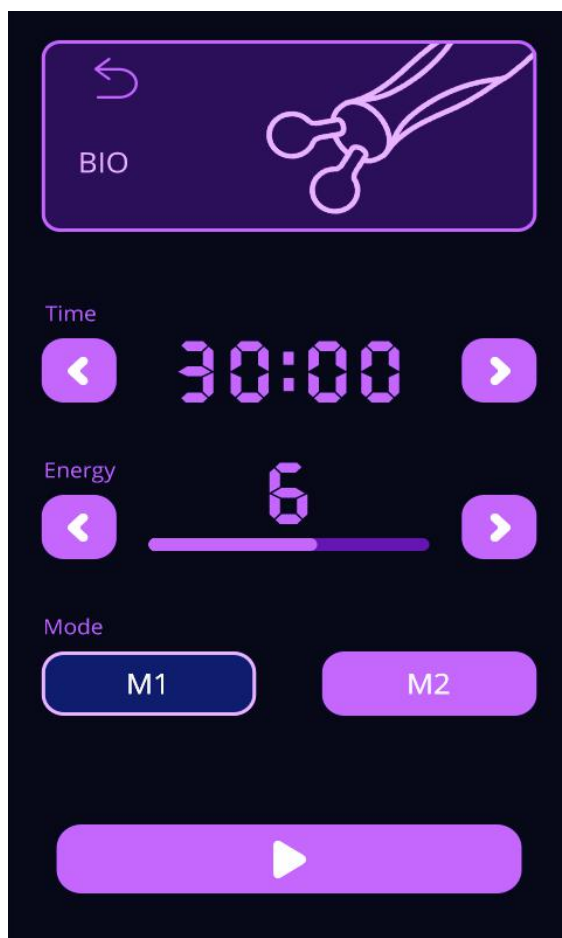


Discontinuous working, for acne or sensitive skin. use

(7) Detailed Operations for BIO



Select and enter the following page.





Energy Level Setting & Display



Energy Level Setting (decrease)



Energy Level Setting (increase)



Working mode selection



Continuous working mode, suits those with dry, hypopigmented, coarse, or dark skin.



Discontinuous working mode, suits those with acne skin or first-time users.

2. Technical Parameters

Power supply Input:100V-240V

Power : 190W

BIO microcurrent Probe

Power supply output: 24V

Frequency: 1.5K

Power: 1W

Sextupole RF Handle

Frequency: 1MHz

Power: 30W

Working mode: Ultrasonic high frequency (1MHz)

Output frequency: 7W

Output voltage: DC 15V

Cold Hot Hammer

Cold: 0-5 degree

Hot: 45 degree

Ion- Probe

Power: 5W

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations that may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get

permission from a doctor.

- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (11) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene so that its service life can be extended.
- (12) You can use the handpieces separately, but you can use them together to achieve a better effect.
- (13) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (14) You must keep the treated parts moist and avoid operation in dry skin conditions when operating the instrument.
- (15) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.

4. Troubleshooting

- (1) I can't start the equipment, and the indicator lamp doesn't light up.
 - A. Make sure you plug the power cord into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) The machine doesn't have energy output?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. Please check whether the treated parts are cleaned. Grease, oily, or essential oil products may cause poor contact between the handpiece and the body, resulting in no output.
- (3) The energy output becomes weak.
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. Please check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.
 - C. Please check whether the products used are the adaptive ones specified by the equipment.
- (4) There is an error message on the monitor after starting the equipment.
 - A. Take out the plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
 - B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

5. FAQs

(1) Q: How long does it take to see the effect of a radiofrequency treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: What functions does this equipment include?

A: It can rejuvenate skin and make it smooth, do tightening and lifting, restore youth, and fight against aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and relieve loosening and sagging.

(4) Q: Does the treatment have any side effects on the body?

A: Improving the appearance and shaping the body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient skin redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin loses moisture due to heat energy produced by radiofrequency. However, the skin turns plump at the initial stage of collagen regeneration, and all those symptoms will vanish after three days. Thus, it has no side effects on the body.

(5) Q: Will the skin become thin and sensitive after using the skin scrubber?

A: No. The skin scrubber removes redundant thick keratins, purifies pores, decomposes grease, opens and contracts pores, and makes the skin bright, clear, soft, and smooth. Our skin refreshes every 28 days. Thus this treatment only makes the skin more smooth, tender, and transparent and causes no sensitive symptoms.

(6) Q: Is BIO micro-current harmful to the skin?

A: BIO is for tightening and lifting and is not surgery. It stimulates muscles and recovers muscle elasticity by massage. Meanwhile, stimulating the dermis by the electric current can also cause cells to produce more ATP, which is crucial for generating collagen. Thus, the micro-current massaging face can accelerate

production, make facial lines more transparent, and achieve the effect of facial tightening and lifting. It will not cause harm to the skin.

(7) Q: Can ultrasonic infusion remove acne marks?

A: Ultrasonic infusion imports whitening nutrients into the skin through high-frequency ultrasonic vibration, which can accelerate absorption, suppress melanin, fade spots, effectively improve dark skin, recover skin's moisture and whiteness, and have an apparent curative effect on hyperpigmentation caused by acne. It's environment-friendly, safe, reliable, and easy to operate, and it has no side effects. You can engage in outdoor activities after the treatment.

(8) Q: Does ultrasound have side effects on the body?

A: Ultrasonic wave is a non-surgical and non-invasive treatment and requires no anesthetic and surgery. Therefore, it causes no harm to the body. The ultrasonic wave itself is radiative to some extent. However, the radiation is minimal and harmless, which instead has some accumulation effect.

(9) Q: Will I be addicted to this treatment?

A: No. It relieves skin problems and deeply cleanses the skin. It's a way of maintenance. It prevents the skin from slipping into troubles caused by other factors, helps the skin absorb nutrition, and relieves dull yellow, hydropenic, rough, or wrinkled skin. If you quit it in a later period, the skin will only return to its original secretion and senility. In a word, it will not cause dependency.

(10) Q: How long does it take to see the effect?

A: The skin becomes visibly clean and transparent after a treatment cycle, which gets more evident if you keep taking the treatment. It can relieve hydropenia of the deep skin, dark skin, fine lines, and aging.

(11) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, relieve slack face, and care for hair. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are in their 40, the collagen content is less than half of that of 18 years old. The loss of collagen and water breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the elderly's faces. It causes the oxidation, atrophy, and collapse of skin tissue, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(12) Q: Why does keratin must be removed?

A: The stratum corneum is the top layer of the epidermis, in which cells are entirely dead. Depending on body parts, the stratum corneum is consists of 15 to 20 layers of dead cells. The skin has a metabolic cycle of 28 days, precisely the cycle for people in adolescence. For adults, the cycle is their age plus 10. However, due to various reasons, the aging and dead keratinocyte may not shed timely, which causes acanthokeratoderma, makes the skin lose its transparency, affecting skin color and metabolic turnover. Therefore, if the metabolism cannot be carried out under normal conditions, then an artificial method must be used to achieve the purpose.

(13) Q: Can I wear makeup after using this equipment?

A: Absolutely yes. After treatment, the skin turns moisturized and plump. It's more appropriate to wear makeup at this time. This treatment requires no skin breaking and is injury-free, safe, healthy, rapid, and effective.

6. Packing List

Main Machine x1
Skin Scrubber x1
Ultrasound Handpiece with a Flat Head x1
Sextupole RF Handpiece x1
Cold & Hot Hammer Handpiece x1
Bipolar BIO Handpiece x1
Hand-held Stick x1
Ion Stick x1
Power Cord x1
Parts Rack x2

7. Operating Steps

(1) Anti-wrinkle Facial & Tightening (90 Minutes)

Remove makeup, clean the face, hot steam, blackhead export liquid, Skin Scrubber, cold hammer, massage, ultrasound, BIO, RF, cold hammer, apply a sheet mask, water, essence, lotion/facial cream, and sunblock.

Matched Product: serum, gel, radiofrequency cream, massage cream

(2) Deep Cleansing (60 Minutes)

Remove makeup, clean the face, hot steam, blackhead export liquid, Skin Scrubber, cold hammer, ultrasound, BIO, apply a sheet mask, water, essence, lotion/ facial cream, and sunblock.

Matched Product: serum + gel

(3) Face Easing & Repairing (50 Minutes)

Remove makeup, clean the face, apply toner, ultrasound, cold hammer, Negative Ion Import, apply a facial mask, Cold Hammer, apply water, essence, lotion/ facial cream, sunblock.

Matched Product: serum

(4) Face Tightening & Whitening (60 Minutes)

Remove makeup, clean the face, apply toner Negative Ion Import, use BIO, RF, and Cold & Hot Hammer, apply a facial mask, apply water, essence, lotion/facial cream, and sunblock.

Matched Product: serum, gel, radiofrequency cream

(5) Under-Eye Wrinkles Removal (45 Minutes)


Remove makeup, clean the face, apply toner, massage, use BIO and RF, apply an eye mask, apply water, eye essence, eye cream, and sunblock.

Matched Product: radiofrequency cream, massage cream oil, gel

(6) Neck Maintenance (50 Minutes)

Remove makeup, clean the face, apply toner, massage, use ultrasound and RF, apply a neck mask, apply water, neck essence, lotion/facial cream, and sunblock.

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Facial & Tightening: 90 Minutes/ Once a Week			
Skin Scrubber Advised Energy Level: 3 to 7 Advised Time: 8 to 10 minutes Mode: Continuous/	Makeup Remover + Facial Cleanser + Export Liquid+ Hot & Cold Steamer + Massage Cream + Essence +	1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply export liquid and use hot steam (Apply the liquid to parts with large or severely clogged pores and toner to cheeks; you can apply toner to and use cold steam on face with sensitive skin, but it's not advised to	Technique 5, 15  Technique 7, 17

<p>Discontinuous</p> <p>Cold & Hot Hammer</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 8 to 10 minutes</p> <p>Mode: Cold Hammer</p> <p>Ultrasound</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: Continuous/Discontinuous</p> <p>BIO</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/M2</p> <p>RF</p> <p>Advised Energy Level: 3 to 7</p>	<p>Radiofrequency Cream + Gel Mask + Instrument</p>	<p>use hot steam on and apply liquid to it.), 5 to 8 minutes.</p> <p>4. Skin Scrubber: Wet the face with a cotton pad, then move slowly on the whole face with the skin scrubber tilting 45 degrees. Treat the nose first, which can be strengthened. Repeat 3 to 6 times.</p> <p>5. Lift from the bottom up and one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>6. Do the same on the other side.</p> <p>7. Move from the forehead to the hairline direction. Repeat 3 to 6 times.</p> <p>8. Clean the face and apply serum evenly to it, 3 minutes.</p> <p>9. Cold Hammer: Move circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>10. Do the same on the other side.</p> <p>11. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>12. Massage: Apply massage cream evenly to the face, and caress it three times.</p> <p>13. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6),</p>	<div data-bbox="1149 210 1289 425"></div> <p>Technique 9, 24, 33</p> <div data-bbox="1141 555 1268 745"></div> <p>Technique 11, 26, 35</p> <div data-bbox="1141 882 1268 1077"></div> <p>Technique 12, 14</p> <div data-bbox="1141 1216 1268 1408"></div> <p>Technique 13</p> <div data-bbox="1141 1547 1268 1740"></div> <p>Technique 22</p>
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<p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times.</p> <p>14. Caress the whole face three times.</p> <p>15. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift the corner of the eyes; do them alternately with hands. Repeat three times.</p> <p>16. Do the same on the other side.</p> <p>17. Lift forehead towards the hairline direction. Repeat three times.</p> <p>18. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>19. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>20. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>21. Do the same on the other side.</p> <p>22. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>23. Clean the face and apply serum evenly to it, 3</p>	<div data-bbox="1136 219 1262 414"></div> <hr/> <p>Technique 28, 29, 36, 37</p> <div data-bbox="1150 582 1286 795"></div> <hr/> <p>Technique 31, 39</p> <div data-bbox="1150 913 1286 1126"></div> <hr/>
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		<p>minutes.</p> <p>24. Ultrasound: Move circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>25. Do the same on the other side.</p> <p>26. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>27. Clean the treated part and apply gel evenly to it, 3 minutes.</p> <p>28. BIO: Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>29. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5) with the instrument and a hand. Repeat 3 to 5 times.</p> <p>30. Do the same on the other side.</p> <p>31. Lift the forehead towards the hairline direction. Repeat 3 to 5 times.</p> <p>32. Clean the face and apply radiofrequency cream evenly to it, 2 minutes.</p> <p>33. RF: Move circlewise from chin to earlobe, corner of the mouth to ear center,</p>	
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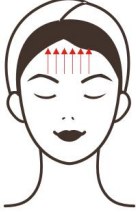


		<p>and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>34. Do the same on the other side.</p> <p>35. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>36. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>37. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5) with the instrument and a hand. Repeat 3 to 5 times.</p> <p>38. Do the same on the other side.</p> <p>39. Lift the forehead towards the hairline direction. Repeat 3 to 5 times.</p> <p>40. Clean the face and apply toner evenly to it, 2 minutes.</p> <p>41. Cold Hammer: Do it as techniques mentioned above.</p> <p>42. Apply a sheet mask, and wait 15 minutes.</p> <p>43. Clean the face, 2 minutes.</p> <p>44. Apply toner, essence, facial cream, and sunscreen.</p> <p>45. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment lasts one month. When you accomplish one treatment, pores

become visibly clean, and the skin is supplemented with enough water. After a course, skin color turns even and bright gradually, and pores improve to some extent. If you finish three courses, the skin is supplied with adequate moisture and gets ruddy. The skin can lock water for as long as 24 hours and becomes tender, white, and elastic.

Facial Deep Cleansing: 60 Minutes/ Once a Week

<p>Skin Scrubber Advised Energy Level: 3 to 7</p> <p>Advised Time: 8 to 10 minutes</p> <p>Mode: Continuous/ Discontinuous</p>	<p>Makeup Remover + Facial Cleanser + Export Liquid + Hot & Cold Steamer + Essence + Radiofreque ncy Cream + Facial Mask + Instrument</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply export liquid and use hot steam (Apply the liquid to parts with large or severely clogged pores and toner to cheeks; you can apply toner to and use cold steam on face with sensitive skin, but it's not advised to use hot steam on and apply liquid to it.), 5 to 8 minutes. 4. Skin Scrubber: Wet the face with a cotton pad, then move slowly on the whole face with the skin scrubber tilting 45 degrees. Treat the nose first, which can be strengthened. Repeat 3 to 6 times. 5. Lift from the bottom up and one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 6 times. 6. Do the same on the other side. 7. Move from the forehead to the hairline direction. Repeat 3 to 6 times. 8. Clean the face and apply serum evenly to it, 3 minutes. 9. Cold Hammer: Move circlewise from chin to 	<p>Technique 5</p> 
<p>Cold & Hot Hammer Advised Energy Level: 3 to 7</p> <p>Advised Time: 8 to 10 minutes</p> <p>Mode: Cold Hammer</p>			<p>Technique 7</p> 
<p>Ultrasound Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: Continuous/ Discontinuous</p>			<p>Technique 9, 13</p> 
			<p>Technique 11, 15</p> 
			<p>Technique 17, 18</p>



<p>BIO</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/M2</p>	<p>earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>10. Do the same on the other side.</p> <p>11. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>12. Apply serum evenly to it, 1 minute.</p> <p>13. Ultrasound: Move circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>14. Do the same on the other side.</p> <p>15. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>16. Clean the face and apply gel evenly to it, 3 minutes.</p> <p>17. BIO: Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>18. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5) with the instrument and a hand. Repeat 3 to 5 times.</p> <p>19. Do the same on the</p>	<div data-bbox="1149 203 1289 421"></div> <hr/> <p>Technique 20</p> <div data-bbox="1149 539 1289 757"></div>
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		<p>other side.</p> <p>20. Lift the forehead towards the hairline direction. Repeat 3 to 5 times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply a sheet mask, and wait 15 minutes.</p> <p>23. Clean the face, 2 minutes.</p> <p>24. Apply toner, essence, facial cream, and sunscreen.</p> <p>25. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment lasts one month. When you accomplish one treatment, pores become visibly clean, and the skin is supplemented with enough water. After a course, skin color turns even and bright gradually, and pores improve to some extent. If you finish three courses, the skin is supplied with adequate moisture and gets ruddy. The skin can lock water for as long as 24 hours and becomes tender, white, and elastic.

Face Easing & Repairing: 50 Minutes/ Once a Week

<p>Ultrasound</p> <p>Advised</p> <p>Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: Discontinuous</p> <p>Negative Ion Import</p> <p>Advised</p> <p>Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p>	<p>Makeup Remover + Facial Cleanser + Easing & Repairing Serum + Easing & Repairing Mask + Instrument</p>	<p>1. Remove makeup and clean, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply easing & repairing essence evenly, 1 minute.</p> <p>4. Ultrasound: Move circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>5. Do the same on the other side.</p> <p>6. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>7. Cold Hammer: Lift circlewise and one line after another from the chin to the forehead. Repeat three</p>	<p>Technique 4, 13</p>  <p>Technique 6, 15</p>  <p>Technique</p>
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<p>Mode: M1/ M2</p> <p>Cold & Hot Hammer</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 8 to 10 minutes</p> <p>Mode: Cold Hammer</p>		<p>times.</p> <p>8. Do the same on the other side.</p> <p>9. Treat the forehead with the device moving transversely and circlewise. Repeat three times.</p> <p>10. Clean the face, 2 minutes.</p> <p>11. Apply easing & repairing essence evenly, 1 minute.</p> <p>12. Give the electrode bar to the user and ask him to hold it.</p> <p>13. Negative Ion Import: Move circlewise from chin to the back of the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>14. Do the same on the other side.</p> <p>15. Move slowly from the left to the right and back and forth on forehead. Repeat three times.</p> <p>16. Draw small circles on nose. Repeat 3 to 5 times.</p> <p>17. Clean the face, 2 minutes.</p> <p>18. Apply a proper amount of easing and repairing serum to the whole face, 1 minute.</p> <p>19. Cold Hammer: Do it as techniques mentioned above.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply a sheet mask, and wait 15 minutes.</p> <p>22. Apply toner, essence, facial cream, and sunscreen.</p> <p>23. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes moisturized, plump, and smooth. After a course, the

skin slowly returns to normal, which will not change due to season change, makeup contacting, and allergy caused by skin hydropenia. When you complete two courses, skin turns smooth, flexible, white touched with red, blood circulation improves, feels like velvet. If you finish three courses, the effect consolidated, and sensitive skin can be prevented.

Facial Tightening & Whitening: 60 Minutes/ Once a Week

<p>Skin Scrubber Advised Energy Level: 3 to 7 Advised Time: 8 to 10 minutes Mode: Continuous/ Discontinuous</p>	<p>Makeup Remover + Facial Cleanser + Export Liquid + Hot & Cold Steamer + Essence + Gel+ Radiofreque ncy Cream + Sheet Mask + Instrument</p>	<p>1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Apply export liquid and use hot steam (Apply the liquid to parts with large or severely clogged pores and toner to cheeks; you can apply toner to and use cold steam on face with sensitive skin, but it's not advised to use hot steam on and apply liquid to it.), 5 to 8 minutes. 4. Skin Scrubber: Wet the face with a cotton pad, then move slowly on the whole face with the skin scrubber tilting 45 degrees. Treat the nose first, which can be strengthened. Repeat 3 to 6 times.</p>	<p>Technique 5</p> 
<p>Cold & Hot Hammer Advised Energy Level: 3 to 7 Advised Time: 8 to 10 minutes Mode: Cold Hammer</p>		<p>5. Lift from the bottom up and one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 6 times.</p>	<p>Technique 7</p> 
<p>Negative Ion Import Advised Energy Level: 3 to 7 Advised Time: 10 to 15 minutes Mode: M1/</p>		<p>6. Do the same on the other side. 7. Move from the forehead to the hairline direction. Repeat 3 to 6 times. 8. Clean the face and apply serum evenly to it, 3 minutes. 9. Cold Hammer: Move</p>	<p>Technique 9, 14, 23</p> 
			<p>Technique 11, 16</p> 
			<p>Technique 18, 19, 26, 27</p>

<p>M2</p> <p>BIO Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p>RF Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>10. Do the same on the other side.</p> <p>11. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>12. Clean the face and apply serum evenly to it, 3 minutes.</p> <p>13. Give the electrode bar to the user and ask him to hold it.</p> <p>14. Negative Ion Import Move circlewise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>15. Do the same on the other side.</p> <p>16. Treat the forehead with the device moving transversely and circlewise. Repeat 3 to 5 times.</p> <p>17. Clean the treated part and apply gel evenly to it, 3 minutes.</p> <p>18. BIO: Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>19. Lift one line after another from chin to part below the ear, corner of the</p>	<div data-bbox="1149 208 1292 423"></div> <div data-bbox="1054 486 1294 519">Technique 21, 29</div> <div data-bbox="1149 539 1292 754"></div>
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		<p>mouth to ear center, and wing of the nose to Taiyang (EX-HN5) with the instrument and a hand. Repeat 3 to 5 times.</p> <p>20. Do the same on the other side.</p> <p>21. Lift the forehead towards the hairline direction. Repeat 3 to 5 times.</p> <p>22. Clean the face and apply radiofrequency cream evenly to it, 2 minutes.</p> <p>23. RF: Move clockwise from chin to earlobe, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>24. Do the same on the other side.</p> <p>25. Treat the forehead with the device moving transversely and clockwise. Repeat 3 to 5 times.</p> <p>26. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5). Repeat 3 to 5 times.</p> <p>27. Lift one line after another from chin to part below the ear, corner of the mouth to ear center, and wing of the nose to Taiyang (EX-HN5) with the instrument and a hand. Repeat 3 to 5 times.</p> <p>28. Do the same on the other side.</p> <p>29. Lift the forehead</p>	
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		<p>towards the hairline direction. Repeat 3 to 5 times.</p> <p>30. Clean the face and apply toner evenly to it, 2 minutes.</p> <p>31. Cold Hammer: Do it as techniques mentioned above.</p> <p>32. Apply a sheet mask, and wait 15 minutes.</p> <p>33. Clean the face, 2 minutes.</p> <p>34. Apply toner, essence, facial cream, and sunscreen.</p> <p>35. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox are enhanced. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

Under-Eye Wrinkles Removal: 45 Minutes/ 2 to 3 Times a Week

BIO Advised Energy Level: 3 to 7 Advised Time: 10 to 15 minutes Mode: M1/M2 RF Advised Energy Level: 3 to 7 Advised Time:	Makeup Remover + Facial Cleanser + Massage Cream + Eye Essence + Instrument + Eye Mask	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Apply massage cream evenly to the eyes, and caress it three times. 4. Press Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 5. Lift back and forth from the inner corner of the eyes to Taiyang (EX-HN5) with the middle finger along the lower eyelid. Repeat three 	Technique 3, 8
			
			Technique 5, 11, 19 
			Technique 10, 18



<p>10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>times.</p> <p>6. Start from the inner corner of the eyes, lifting from the eyebrow to Taiyang (EX-HN5) with the middle and ring fingers. Repeat three times.</p> <p>7. Clean the eyes, 2 minutes.</p> <p>8. Apply essence (eye cream) evenly to the eyes with hands moving clockwise. Repeat three times.</p> <p>9. BIO: Set the energy level, mode, and operating time (about 10 minutes).</p> <p>10. Lift the device from the lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>11. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>12. Draw small circles on the lower eyelid with the device, and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>14. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the eyes, 1 minute.</p> <p>17. RF: Set the energy level, mode, and operating time (about 10 minutes).</p> <p>18. Lift the device from the</p>	<div data-bbox="1070 190 1369 432">  </div> <div data-bbox="1070 432 1369 763"> <p>Technique 12</p>  </div> <div data-bbox="1070 763 1369 1097"> <p>Technique 14, 20</p>  </div>
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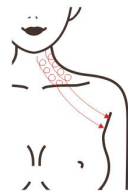

		<p>lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>19. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>20. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>21. Do the same on the other side.</p> <p>22. Clean the eyes, 1 minute.</p> <p>23. Apply an eye mask and wait 15 minutes.</p> <p>24. Remove the mask and clean the eyes, 2 minutes.</p> <p>25. Apply eye essence and eye cream.</p>	
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The Recommended Course of Treatment:

It's advised to take 2 to 3 treatment cycles a week. When you accomplish a treatment cycle, the eye lifts and firms to some extent, and its blood circulation accelerates. After a month, the fine lines and dark circles fade, and the skin color lightens. And the eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

Neck Maintenance: 50 Minutes/ Once a Week

<p>Ultrasound</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: Continuous/ Discontinuous</p> <p>RF</p> <p>Advised Energy Level: 3 to 7</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times. 4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times. 5. Stroke the three channels and collaterals of 	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5, 6, 7</p>
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<p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times.</p> <p>6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times.</p> <p>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment ends.</p> <p>11. Ultrasound: Lift from double chin to armpit via the back of the ear with the instrument and a hand, and slide out from there. Repeat three times.</p> <p>12. Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise on the neck. Repeat three times.</p> <p>15. Do the same on the other side.</p>	 <p>Technique 11, 18</p>  <p>Technique 12, 19</p>  <p>Technique 14, 21</p> 
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		<p>16. Clean the neck, 1 minute.</p> <p>17. Apply essence evenly to the neck, 1 minute.</p> <p>18. RF: Lift from double chin to armpit via the back of the ear with the instrument and a hand, and slide out from there. Repeat three times.</p> <p>19. Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>20. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>21. Move the equipment circlewise on the neck. Repeat three times.</p> <p>22. Do the same on the other side.</p> <p>23. Clean the neck, 1 minute.</p> <p>24. Apply a neck mask and wait 15 minutes.</p> <p>25. Clean the neck, 1 minute.</p> <p>26. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>27. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.