

User Manual

LS-78D1MAX



Preface

To our valued users,

Thanks for choosing our latest product: integrated beauty equipment. This newest instrument for slimming and tightening skin integrates RF, vacuum, ultrasonic cavitation, micro-current with LED, and cold & hot hammer. LS-78D1MAX is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

Currently, multipolar RF, vacuum, ultrasonic cavitation, micro-current with LED, and cold & hot hammer are widely used in the beauty field, and their usage rate come out top, and they are the most popular equipment for improving looks, tightening, shaping body, and fighting against aging. It can effectively replace all the facial and body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has no side effects and an immediate impact. Radiofrequency heats the skin's deep layer, stimulates the dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility. Ultrasound of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

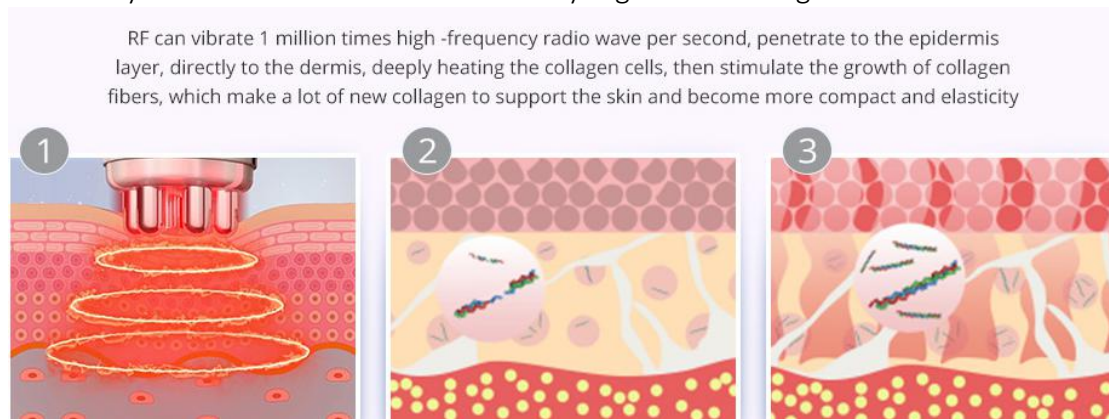
- (1) It's multifunctional beauty equipment that fixes facial and whole body care problems.
- (2) Ultrasound powerfully blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
- (3) Radiofrequency heats the skin's deep layer, stimulates the dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility.
- (4) It has multiple handpieces, which can be changed per different body parts and needs.
- (5) The perfect match of ultrasound and radiofrequency will address people's concerns for weight loss. They tighten skin, increase skin elasticity, accelerate body metabolism, and strengthen constitution while reducing fat.
- (6) It adopts the most advanced ultrasonic cavitation technique in the world.
- (7) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (8) It has zero consumption and is low-cost, but it gives a quick return.
- (9) It has a broader treatment range and can be used all over the body.
- (10) Unevenness, bleeding, and swelling will not occur.

3. Working Principle

(1)(Bipolar & Sextupole) RF

For monopolar, bipolar, and multipolar radiofrequency, it generates the radiofrequency effect through every two electrodes forming a loop. Monopolar and bipolar radiofrequency can produce one loop; tripolar radiofrequency forms three loops; quadrupole radiofrequency generates four loops. Since the body is not a flat surface, the discrepancy of the contact surface will be created more or less when electrodes contact the body. But the contact surface of multipolar radiofrequency has an enormous advantage: making radiofrequency output tend to be the same. In this way, we can avoid the sense of irritation to the maximum.

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.



(2)Cavi

It utilizes the principle of ultrasound. It can effectively consume heat and cellular moisture and shrink fat cells by the intense sound waves entering the body that cause fat cells to create violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasound: When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

Advantages: It destroys tissue selectively. Namely, it only destructs low-density adipose tissue with a specific frequency and protects high-density tissue like blood

vessels and nerves.



(3)Body Vacuum RF

Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be activated and skin elasticity can be increased. Meanwhile, it accelerates the microvessels' blood circulation, discharges excess toxins through the regular circulation of the lymphatic system, and lowers the probability of adverse situations that happen to body parts, such as dark spots, pigmentation disorder, and congestion. The kneading effect generated by vacuum sucking fat out can increase the activity of skin and muscle so that scleroid cellular tissue can be decreased and skin elasticity can be enhanced, completing body slimming and shaping simultaneously. In addition, vacuum movement can stimulate the sympathetic nervous system of the skin's surface and deep layer and lower skin sensitivity. The air pressure's suction and release can improve the capillary system, promote flow between deeper veins and the lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the vacuum's previous working mode featured by singleness and simpleness. Using different modes for different body parts can slim and and it body more efficiently and better and cause no harm. This equipment has a unique radiofrequency (RF) handpiece, and its RF handpiece and vacuum handpiece are independent and complementary. Therefore, it can perfectly reshape the body in a more efficient, rapid, and even way compared with the standard monopolar RF handpiece.

The Physical Effect of Vacuum

Skin Layer

The suction and release of air pressure:

- Improve mobility among cells to increase cell movement and cure blood stasis-related diseases.
- Remove moisture from the lymph gland and veins.
- Effect: Discharge excess moisture from fibrous tissue.

Vascular Layer

The suction and release of air pressure:

- Boost blood circulation of the micro-vessels, improve the blood capillary system, and promote flow between deeper veins and the lymph gland networks.
- Remove extra toxins from the body.
- Effect: Strengthen blood vessels and relieve varicosity.

Fibrous Layer

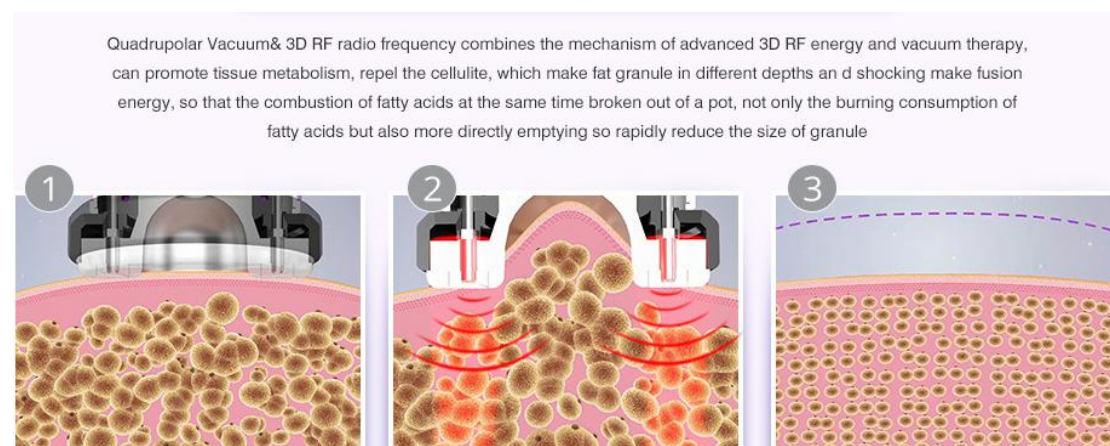
The suction and release of air pressure:

- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.
- Boost and restore skin elasticity and resist skin stretch.
- The production of ossein helps renew skin and restore elasticity.
- Enhance the skin's oxygen supply capacity and increase the consumption of carbon dioxide.
- Effect: Break up the tough bands causing cellulite and make it more elastic to shape the body.

Nervous Layer

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Restore skin elasticity and resist tissue fibrosis.
- Effect: Repair and lower skin sensitivity.



(4) Hot & Cold

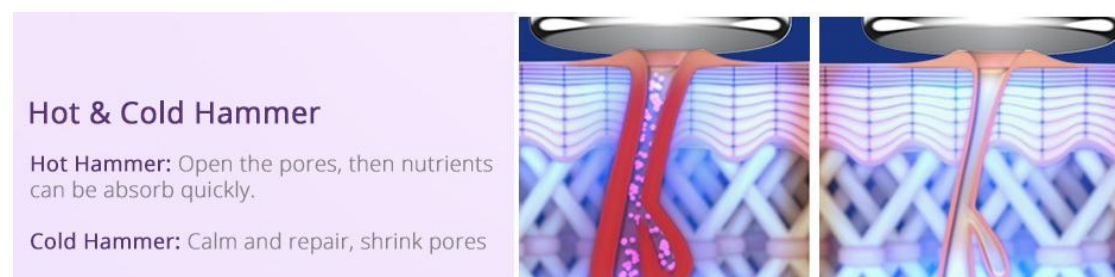
It uses the principle of expansion caused by heat and contraction caused by cold. When skin's temperature stays at 5 degrees, metabolic rate reduces, cell movement, inhibits and slows down, and the nerve ending's sensitivity lowers. Therefore, it can alleviate pain and swelling triggered by skin allergies. Due to the principle, a temperature of 5 degrees contracts blood vessels and pores to relieve large pores and firm skin. Thus wrinkles and crow's feet on the face can be flattened.

The physiological effects of cold therapy with a temperature of 5 degrees:

- It shrinks blood vessels and pores and tremendously contracts large pores.
- It strengthens collagenous fiber, makes skin tightened and elastic, and removes wrinkles and crow's-feet.
- It contracts blood vessels and effectively relieves varicosity and spider veins bulging. Harmful wastes that go back to veins at any time can be easily cleaned and detoxed. It also has a noticeable effect on spots fading and removal.
- It reduces metabolic rate, inhibits and slows cell movement, lowers the nerve ending's sensitivity with a sedative and soothing effect, and offsets and relieves skin redness, swelling, and pain. It works exceptionally well on allergic skin.

The physiological effects of hot therapy with a temperature of 40 degrees:

- Tepidity makes people feel warm and comfortable, relaxes muscles, balances autonomic nerves, and alleviates pain and soreness.
- It accelerates blood circulation, increases oxygen content in blood, opens pores, expands blood vessels, speeds up nutrition absorption. It's a moderate, comfortable, and effective import method.
- It boosts the skin's metabolic rate, increases the tissue's heat energy, naturally discharges wastes and toxins, and helps to remove bags under eyes and dark circles. Alternating cold and hot therapy can yield twice the result with half the effort, naturally activate cells, and improve and purify the skin. It's an instrument that keeps people healthy and makes people nice-looking.



Warnings:

- To not scald hands, please don't touch any parts of the cold and hot hammer when it's working.
- Due to heat transfer, the cold and hot hammer is still hot after off.
- This instrument is not designed for those with a weak physical ability, slow

response, or mental disorders (including children), except it's used under the guidance or with the help of people who take responsibility for it.

- Children shall be monitored to ensure they do not play with the instrument.

(5) BIO Micro-current with LED

It adopts the principle of photodynamic therapy to activate deep cells and make the skin have better metabolism. After the skin absorbs the ray of light, it's translated into intracellular energy. The energy expands and strengthens micro-vessels, triggers a photochemical-enzymatic reaction with the skin, and boosts the activity of catalase and superoxide dismutase (SOD), the "guard" and "janitor" for cells. It also accelerates the breakdown of adenosine triphosphate (ATP), a source of cellular energy, and increases glycogen and protein content to accelerate cells metabolism and synthesis. Besides, the energy stimulates the secretion of body alkaline synthetic fiber growth factor(BFGF) and epidermal growth factor(EGF). It increases collagenous fiber's elasticity, rearranges fibers, and blocks and eliminates the formation of melanin. It accelerates cell growth and blood circulation, causes fibrocyte tissue to produce collagen, and lifts skin elasticity. It also plays a vital role in repairing aging and acne skin, fading spots, firming and lifting skin, and relieving sunburns.

Biological Effect: It adopts the principle of photodynamic therapy to activate deep cells and make the skin have better metabolism. After the skin absorbs the ray of light, it's translated into intracellular energy. The energy expands and strengthens micro-vessels, triggers a photochemical-enzymatic reaction with the skin, and increases glycogen and protein content to accelerate cell metabolism and synthesis.

Red Light (635 nm): It, through specific red light waveband, warms up deep skin, activates collagen activity, accelerates skin microcirculation, shapes skin elasticity, makes skin ruddy, tender, youthful, and smooth, reduces wrinkles, stimulates cell regeneration, and wakes up active ingredients.

Blue Light (462 nm): It, through specific red light waveband, contracts pores, eliminate oily skin, calms skin, removes acne, rapidly locks moisture and essence, makes skin more elastic, relieves skin inflammation, repairs acne, and sterilizes.

Green Light (527 nm): It, through specific green light waveband, soothes and repairs skin, alleviates pain, promotes blood circulation. It suits skin with a thin stratum corneum or is prone to allergy or redness.

Violet Light (600 nm): It's a dual-band light of red and blue. It combines the effect of two phototherapies. Notably, it has an excellent effect on and repairing function in curing acne and removing acne scars.

Yellow Light (590 nm): It supplies energy to skin cells, boosts gland function, helps with digestion, cures skin diseases, enhances immunity, accelerates blood circulation,

effectively repairs red marks and red spots on the skin, and relieves swelling and pigment. It suits acne removal and skin lightening.

White Light (670 nm): It penetrates deep skin, accelerates metabolism of active tissue, decomposes color spots, relieves fine lines and saggy skin, relaxes skin, balances secretion, and regulates grease.

Turquoise Light (610 nm): It, through specific green light waveband, can gradually enhance cell energy and promote metabolism.



4. Anti-aging Treatment & Skin Tightening

(1)Efficacy

- 1) Tighten face and deeply infuse nutrition.
- 2) Increase skin elasticity and refine skin.
- 3) Moisten skin and enhance the skin's absorptivity.
- 4) Accelerate blood circulation and metabolism.
- 5) Relieve double chin and firm skin.
- 6) Stimulate collagen hyperplasia and delay aging.

(2)Indications

- 1) People with dark or lustreless faces.
- 2) People with flabby or saggy skin.
- 3) People with fine lines, nasolabial folds, or periorbital wrinkles.
- 4) People with vague facial contour.
- 5) People with coarse skin or large pores.
- 6) People who are under long-term exposure to ultraviolet radiation in the

workplace.

- 7) People with flabby skin, edema, or puffiness after child delivery.

(3)Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal or plastic surgery.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 4) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 5) Overage people.
- 6) People in menstruation, pregnancy, lactation, or surgical recovery.
- 7) People with skin disease or infectious disease.
- 8) People who have an unrealistic illusion about the effect.

(4)Matters Needing Attention After Treatment

- 1) Do not wash your face with overheated water within three days (can wash it with warm or cold water).
- 2) Keep hydrating and moisturizing, and protect yourself from the sun.
- 3) Do not enjoy hot springs or saunas or do strenuous exercise, etc., within three days.
- 4) It's advised to apply a facial mask at least three times a week.
- 5) Avoid eating spicy and greasy food, staying up late, smoking, and drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- 6) Do not eat food causing hypertension, hyperlipidemia, and hyperglycemia, and mostly eat bland food.

5. Anti-aging Eye Treatment

(1)Efficacy

- 1) Relieve eye fatigue, dark circles, bags under eyes, and edema.
- 2) Reduce the appearance of periorbital wrinkles and crow's feet.
- 3) Fade pigment and accelerate blood circulation.
- 4) Accelerate metabolism and prevent hyperpigmentation.
- 5) Supply nutrition to the eyes and moisten the skin.
- 6) Tighten and refine skin and lift the corner of the eyes.
- 7) Accelerate blood circulation of the eyes and help with efficient absorption.

(2)Indications

- 1) People with wrinkles, fine lines, dark circles, or bags under eyes.
- 2) People with dry skin, dry lines, or dynamic wrinkles.
- 3) People whose eyes are prone to fatigue or dryness.
- 4) People who always face computer or cellphone.
- 5) People with dark circles due to staying up late.
- 6) Those who always expose to a dry or high-temperature environment.

(3)Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period, with severely sensitive skin, or allergic to metals.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(4)Matters Needing Attention After Treatment

- 1) Avoid being under the blazing sun and protect yourself from the sun.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water and apply an eye mask which should do at least three times a week.

6. Neck Maintenance

(1)Efficacy

- 1) Relieve neck with slack, coarse, or lusterless skin.
- 2) Tighten skin and increase skin elasticity.
- 3) Relieve double chin.
- 4) Accelerate lymphatic detox and improve facial skin quality.
- 5) Prevent neck and lymphatic diseases.

(2)Indications

- 1) People whose necks have coarse skin or dark skin color.
- 2) People whose necks have clogged lymph.
- 3) People whose necks have slack or inelastic skin.
- 4) People who always lower their heads.
- 5) People who are not satisfied with their necks' skin color.

(3)Contraindications

- 1) People who just had plastic surgery.
- 2) People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- 3) People in the allergic period or with severely sensitive skin.
- 4) People with skin trauma or wounds.
- 5) Overage people.
- 6) People in pregnancy or surgical recovery.
- 7) People with skin disease or infectious disease.

(4)Matters Needing Attention After Treatment

- 1) Protect yourself from the sun and keep the neck warm.
- 2) Keep hydrating and moisturizing and protect yourself from the sun since the treated parts are relatively dry.
- 3) It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- 4) Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- 5) Drink more water, apply neck masks at least three times a week, and apply essence or neck cream.
- 6) Avoid lowering your head for a long time.

7. Body Management

(1)Waist & Abdomen Sculpting

1) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.

- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.

2) Indications

- People with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- People with unsightly waistlines due to sitting too long.
- People with striae distensae or stretch marks.
- People with constipation or whose abdomens have obstructed channels and collaterals.

3) Contraindications

- People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery.
- People with epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People with severe gynecological diseases.
- People whose gynecological diseases are in treatment.

4) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

(2)Arm Sculpting

1) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Tighten skin.

- Accelerate blood circulation and dredge channels and collaterals.

2) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- People in the allergic period or with severely sensitive skin.
- People with skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

3) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

4) Indications

- People with thick arms or who look unsightly in clothes.
- People with bat wings or flabby arms.
- People whose arms have flabby skin.
- People whose arms are prone to soreness and numbness.
- People who always carry a baby.

(3) Back Sculpting

1) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.

2) Indications

- People with shoulder or back soreness or stiff neck.
- People with insomnia, dreaminess, or a fading memory.
- People prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- People with thick backs or who look unsightly in clothes.
- People with Dowager's Hump.

3) Contraindications

- People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- People whose surgical wounds are healing or in surgical recovery.
- People with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People who have a weak body.
- People who are drunk, thirsty, overworked, or with a full or empty stomach.

4) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4)Buttock Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and Qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner Qi-blood and lower burner Qi-blood. It plays a vital role in body S-curve management and feminine charm increasing.

1) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.

- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

2) Indications

- People whose hips are slack, saggy, or have accumulated fat.
- People with striae distensae or stretch marks.
- People whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- People with cold hips or low hip temperature.
- People with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- People with decreased estrogen levels or disharmonious sexual life.

3) Contraindications

- People in menstruation, pregnancy, lactation, or surgical recovery.
- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.

4) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(5) Leg Sculpting

1) Efficacy

- Tighten skin and prevent slack and soft skin.

- Stimulate collagen production and flatten striae distensae.
- Increase legs' blood circulation, detox, and metabolism.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

2) Indications

- People with obstructed blood circulation of the lower limbs, edema, or obesity,
- People who feel uncomfortable and pain all over the body or are prone to catch colds or with hypoimmunity.
- People with constipation or with coarse or slack skin.
- People whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

3) Contraindications

- Women in menstruation, pregnancy, or lactation.
- People with hypertension, heart disease, diabetes, severe thyroid, or malignant tumors.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery,
- People with severe varicosity or tumors.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.
- People in pregnancy or surgical recovery.

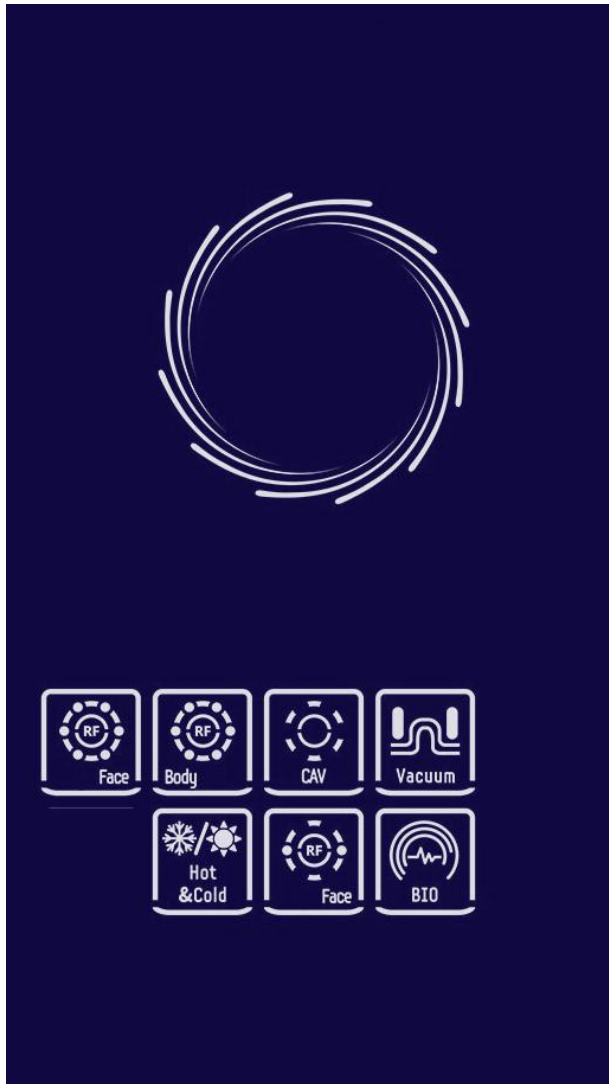
4) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing miniskirts and mini-shorts.

Part II

1. Detailed Operations

It's shown as follow after turning on the equipment:



(1)General Function Introduction



Time Setting & Display (Time range: 00:00-60: 00)



Time Setting (Decrease)



Time Setting (Increase)



Energy Level Display & Setting (Energy level range: 0-10)



Energy Level Setting (Increase)



Energy Level Setting (Decrease)

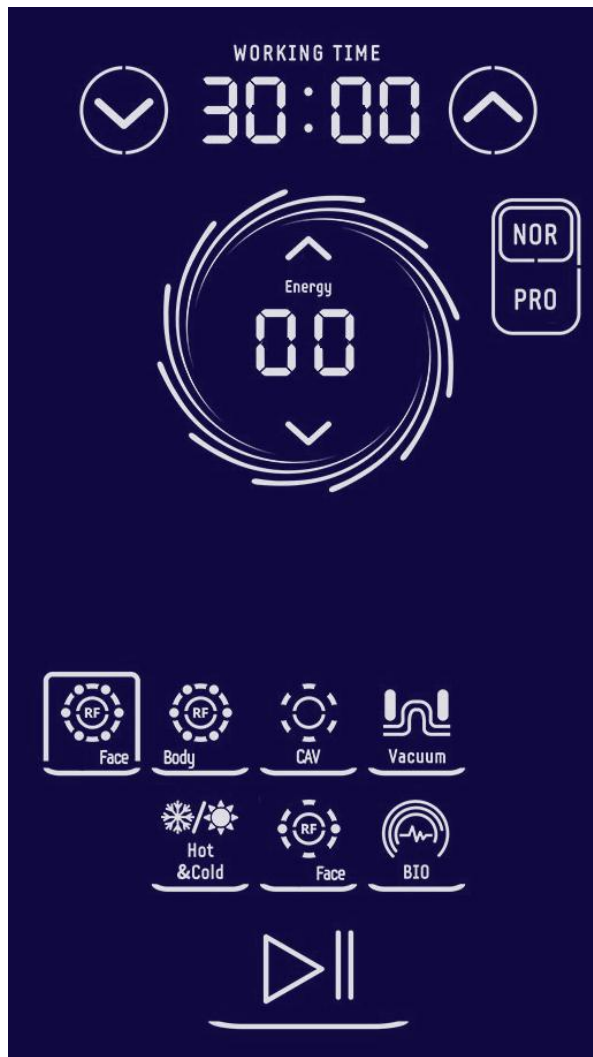


Start/ Pause

(2)Detailed Operations for Sextupole FACE RF



Select and enter the following page.



Time Display & Setting (Advised operating time: 10-15 minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



Two Working Modes:



After clicking Start, the handpiece's light will be on, and the energy will reach the setting value directly.



After clicking Start, the energy will reach the setting value slowly after the handpiece touching the skin.

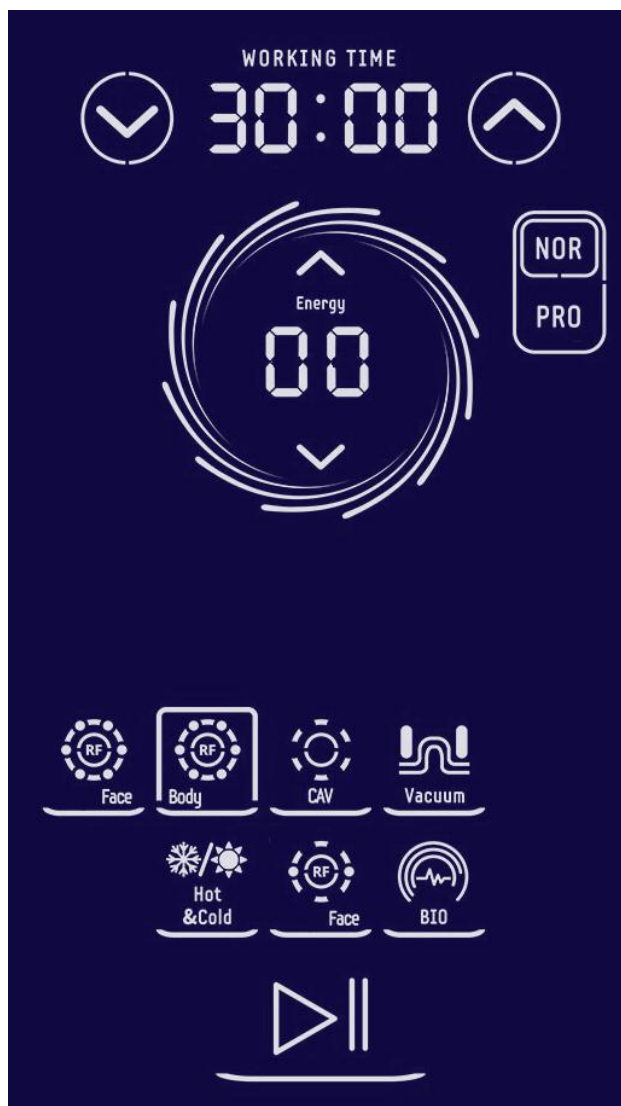


Set all parameters to the proper values and click to start operation.

(3)Detailed Operations for BODY RF



Select and enter the following page.



Time Display & Setting (Advised operating time: 15-20

minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



Two Working Modes:



After clicking Start, the handpiece's light will be on, and the energy will reach the setting value directly.



After clicking Start, the energy will reach the setting value slowly after the handpiece touching the skin.



Set all parameters to the proper values and click to start operation.

(4)Detailed Operations for CAV



Select and enter the following page.



Time Display & Setting (Advised operating time: 15-20 minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



Two Working Modes:



Continuous working mode, which suits those with thick fat.



Discontinuous working mode, which suits those who are first-time users.



Set all parameters to the proper values and click to start operation.

(5) Detailed Operations for VACUUM



Select and enter the following page.



Time Display & Setting (Advised operating time: 15-20

minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



RF's Two Working Modes:



After clicking Start, the handpiece's light will be on, and the energy will reach the setting value directly.



After clicking Start, the energy will reach the setting value slowly after the handpiece touching the skin.



Suction and Release Mode (default) (01: direct suction mode, which suits those who want to do cupping and raise transitory petechiae and ecchymosis; 02-05: suction and release mode, which suits first-time users or those who feel no suction; each increase of the mode will extend the suction and release time)



Suction time (Time range: 0.0-2.0 seconds)



Release time (Time range: 0.0-2.0 seconds)

It's the suction-release mode if suction time is longer than release time, which suits first-time users and those who feel no suction. It's direct suction when you set suction time to any values and release time to zero, serving those who want to raise transitory petechiae and ecchymosis caused by cupping therapy.




Rotating knob for setting suction, which sits on the top of the machine (To turn to the left to decrease suction and to the right to increase. You can set it freely per individual tolerance.)



Set all parameters to the proper values and click to start operation.

(6)Detailed Operations for Hot & Cold



Select  and enter the following page.



minutes)

Time Display & Setting (Advised operating time: 5-8



Energy Level Display & Setting (Advised energy level: 3-7)



Hot & Cold Switching



Cooling (for calming, repair, and diminishing redness and swelling)



Heating (for infusing nutrition and promoting skin absorption)

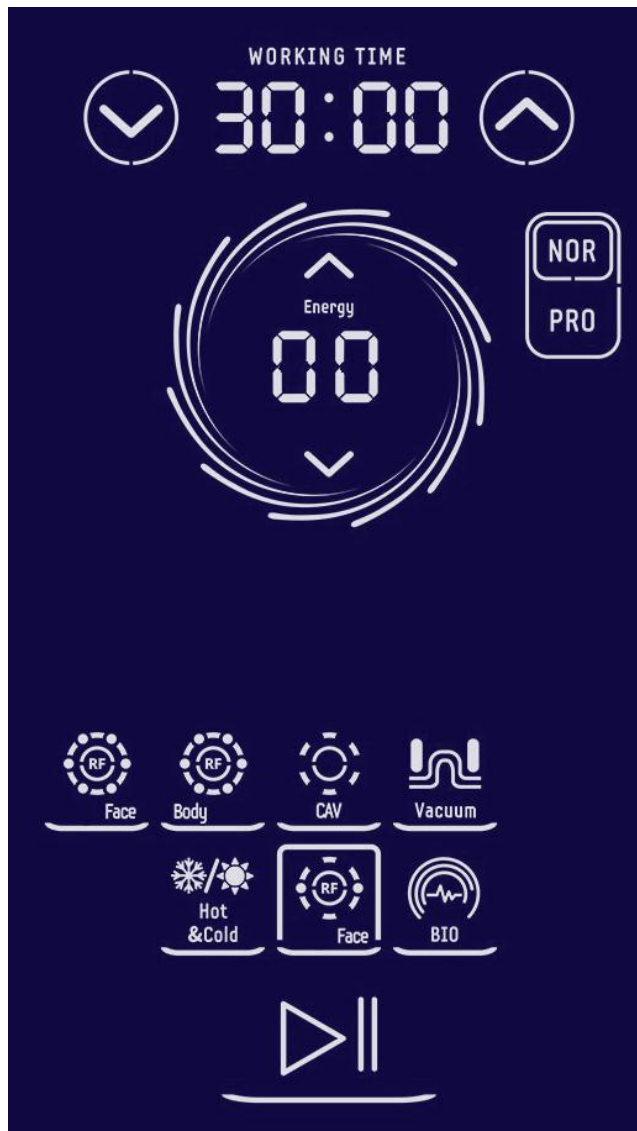


Set all parameters to the proper values and click to start operation.

(7) Detailed Operations for Bipolar FACE RF



Select and enter the following page.



Time Display & Setting (Advised operating time: 10-15 minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



Two Working Modes:



After clicking Start, the handpiece's light will be on, and the energy will reach the setting value directly.



After clicking Start, the energy will reach the setting value slowly after the handpiece touching the skin.

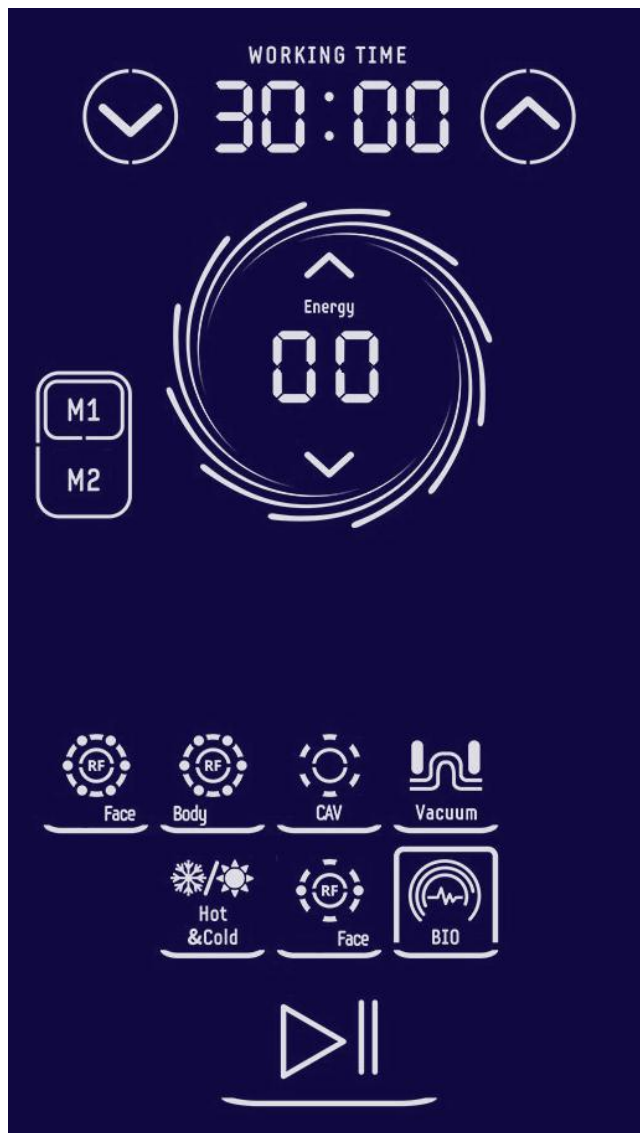


Set all parameters to the proper values and click to start operation.

(8) Detailed Operations for BIO



Select and enter the following page.





Time Display & Setting (Advised operating time: 5-8 minutes)



Energy Level Display & Setting (Advised energy level: 3-7)



Two Working Modes:

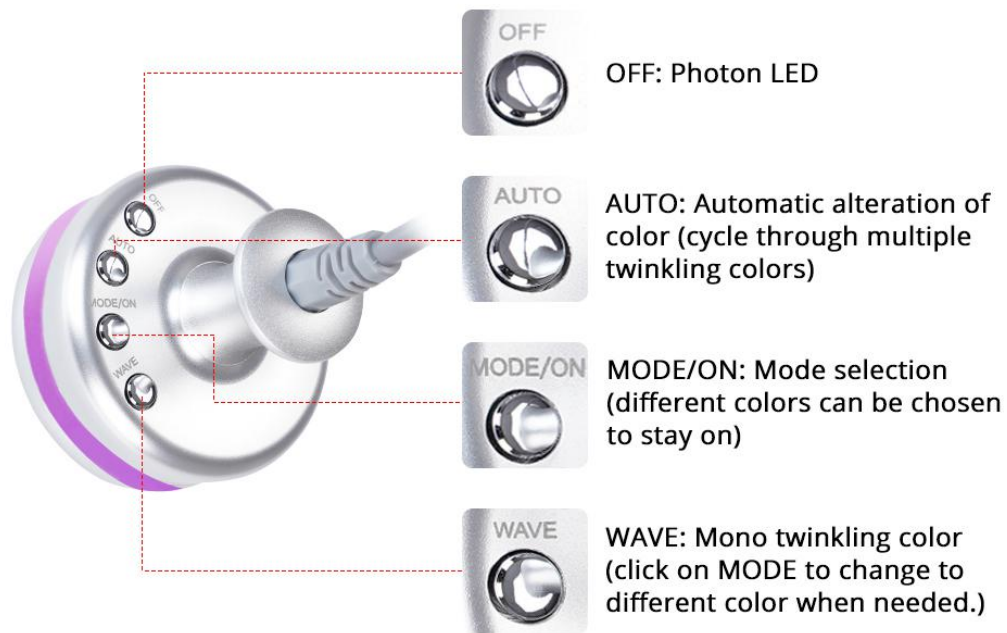


Continuous Output Mode



Discontinuous Output Mode

Button functions for the handpiece are as follow:



Set all parameters to the proper values and click to start operation.

2. Technical Parameters

Power Supply Input: 100V-240V

Power: 190W

Uoisetion 40K Cavitation Handle

Frequency: 40kHz

Power: 20W

6-polar 3D SMART Body RF Handle

Frequency: 3MHz

Power: 30W

6-polar RF Vacuum Photon Handle

Frequency: 3MHz

Power: 50W

Vacuum: <-80kPa

Pressure: >250kPa

Air Flow: >10L/minute

Noise Level:<70(30cm away)

Bipolar 3D SMART RF Handle

Frequency: 3MHZ

Power: 30W

6-pole RF Face Handle

Frequency: 3MHZ

Power: 50W

Photon Micro-current Handle

Seven Colors: Red, Blue, Green, Purple, Orange, Turquoise, White

Hot & Cold Hammer

Cold: 0-5 degree

Hot: 0-45 degree

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (7) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.

- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (10) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to start it immediately.
- (11) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight-loss treatment.
- (12) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (13) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (14) You must keep the treated parts moist and avoid operating the instrument in dry skin conditions.
- (15) Do not set the Vacuum's suction too high; otherwise, the skin may feel pain due to drag.
- (16) Remember that you can not use Cavi around the chest or parts with many skeletons, such as the head, back, and breast.
- (17) To not scare the client caused by a sudden stimulation, you should inform him of the feelings before operating the micro-current with LED.
- (18) To shun the air outlet as much as possible when using the cold and hot hammer; otherwise, the handpiece's service life may be shortened due to inadequate heat dissipation.
- (19) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.
- (20) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.

4. Troubleshooting

- (1) I can't start the equipment.
 - A. Make sure you plug the power cord into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) I can start the equipment, but RF doesn't output energy, or the energy becomes weak.
 - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
 - B. The wire inside the handpiece is loose or burnt out.
- (3) I can start the equipment, but an error message shows on the monitor.
 - A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
 - B. If the solution mentioned above doesn't work, please contact the distributor for

assistance.

(4) The body vacuum doesn't have suction, or the suction becomes weak.

- A. Check whether the filter is installed correctly.
- B. Check whether the handpiece's connecting cable is installed correctly.
- C. Check whether the handpiece's connecting cable is damaged.
- D. There is foreign matter or oil dirt inside the main unit; please check and clean it.

(5) I can start the equipment, but BIO doesn't have current output.

- A. Check whether the handpiece's connecting cable is installed correctly.
- B. Check whether the energy level is set or the handpiece is turned on.
- C. Check whether the products in use are the adaptive ones specified by the equipment (liquid products are the best match for this handpiece).

(6) I can start the equipment, but the cold hammer doesn't work.

- A. The cooling fan inside is damaged.
- B. The chip board inside is loose or burnt out.
- C. If the situations mentioned above apply, you should replace the handpiece.

5. FAQs

(1) Q: How long does it take to see the effect of a radiofrequency treatment?

A: Usually, you can see the effect on the same day or within a week. When collagen tissue is heated, it contracts, resulting in an evident skin tightening. Since radiofrequency stimulates subcutaneous tissue, the collagen regenerates continuously. Therefore, the more times you take the treatment, the more noticeable the effect will be.

(2) Q: Is radiofrequency harmful to the skin?

A: Tightening and anti-wrinkle treatment with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it doesn't harm the skin. Local skin will only experience redness and burning after treatment, which is a normal phenomenon caused by accelerated blood circulation and will disappear after a moment. Thus you don't have to worry.

(3) Q: How long does a body tightening and shaping treatment take?

A: The operating time for one treatment is 60 minutes. We will combine professional techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment have?

A: It can dissolve fat, shape body, rejuvenate skin and make it smooth, do tightening and lifting, reverse senility, and fight against aging. You can use it all over the body. Further, it can sculpt facial contour, reduce wrinkles, and relieve loosening

and sagging. It can reduce the weight of local body parts, build S curves, and accelerate metabolism and detox. It can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better for reducing weight, liposuction, or this equipment?

A: Liposuction slims a local body part rapidly by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during surgery and has convalescence. It's risky because it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, making women sexier.

(6) Q: Will I experience a rebound after using Cavi?

A: It's hard for the weight to rebound after it's reduced with Cavi lipolysis. Cavi lipolysis removes fat instead of moisture, and it takes a long time for the fat to accumulate. Thus rebound will not take place easily.

(7) Q: Do I need to be on a diet after the treatment?

A: You need to keep on a diet to some extent since radiofrequency and ultrasound treatments are followed by fat-blasting and accelerated metabolism. Therefore, you have to avoid eating spicy, greasy, or fried food so as not to affect metabolism. But you can have a proper amount of exercise to sweat and discharge it from the body to have a more evident effect.

(8) Q: Does the treatment have any side effects on the body?

A: Improving looks and shaping body with radiofrequency is a non-invasive procedure and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt body. Generally speaking, there are no side effects. A few people's skins may experience transient redness or swelling that will disappear after a few hours. Since RF heat energy causes the skin to lose moisture, dry skin may experience dryness and atrophy after initial treatment. However, the skin turns plump at the initial stage of collagen regeneration, and all symptoms will vanish after three days. Thus it has no side effects on the body.

(9) Q: Can I use ultrasound all over the body?

A: Ultrasound breaks fat cells and bursts cell walls, causing fat in the cells to flow out, which then is absorbed and metabolized by lymph. Thus it has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the head, waist, back, and chest.)

(10) Q: Does ultrasound have side effects on the body?

A: Ultrasound is a non-surgical and non-invasive procedure and requires no surgery or anesthetic. When the focused and intense sound waves enter the body, it causes a violent impact upon the fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal, and you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: The ultrasound has a strong vibration, and its frequency is above 20kHz. By acting on the fat layer that is 20mm under the skin with the ultrasonic focusing effect, ultrasound with concentrated energy causes fat cells in the Jiao zone to create high-speed friction among themselves, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(12) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supply the needed nutrition to various skin layers and enhance collagen activity. Its function includes locking moisture, nourishing skin and hair, delaying aging, improving looks, and relieving slack face. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are 40, the collagen content is less than half of that of 18. The loss of collagen and moisture breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of folds on the elderly's faces. The loss causes skin tissue to oxidize, atrophy, and collapse, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(13) Q: Why do I need buttock maintenance?

A: Hip maintenance can help lymph detox, relieve gynecological diseases, and shun some harms brought by buttock blockage. When the buttocks are blocked, gynecological diseases arise for sure. Inside the buttocks are the pelvic cavity and intestinal tract. They connect to Daimai (GB26), lumbar vertebra, sciatic nerve from top, uterus, ovary, adnexa in the front, anus, vagina, groin, and lymph from the bottom. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most susceptible to cold, dampness, and blood stasis. When the hips are cold, the channels and collaterals inside shrink, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

(14) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality.

During operation, the air suction and release and the alternate increase and decrease of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

6. Packing List

Main Unit x1
Bipolar Face RF Handpiece x1
Sextupole/ Octupole Face RF Handpiece x1
Sextupole/ Octupole Body RF Handpiece x1
Vacuum Handpiece x1
Cavi Handpiece x1
Cold & Hot Hammer x1
BIO Handpiece x1
Parts Rack x2
Power Cord x1
Fuse x2
Filter x1
Rubber Ring x several
Filter Cotton x1 pack

7. Operating Steps

(1)Anti-aging Treatment & Skin Tightening

Remove makeup, clean the face, take a hydrotherapy, use hot steam, clean, apply toner, massage, use Sextupole Face RF, clean, apply a gel mask, clean, apply essence, use Hot & Cold Hammer, apply a sheet mask, use BIO micro-current with LED, remove the mask, clean the face, and apply toner, essence, and facial cream.

Matched Product: makeup remover, facial cleanser, hydro mask, massage cream, gel mask, sheet mask, toner, lotion, essence, facial cream

(2)Anti-aging Eye Treatment

Remove makeup, clean the eyes, apply toner, massage, use bipolar FACE RF, clean, apply an eye mask, clean, and apply toner, eye essence, and eye cream.

Matched Product: makeup remover, facial cleanser, massage cream, eye mask, toner, eye essence, eye cream

(3)Neck Maintenance

Remove makeup, clean the neck, apply toner, massage, use Sextupole Face RF, clean,

apply toner, apply a neck mask, clean, and apply toner, lotion, and neck cream.
 Matched Product: makeup remover, facial cleanser, massage cream, neck mask, toner, neck essence, neck cream

(4)Waist & Abdomen/ Buttock/ Leg

Massage, use Cav and VACUUM, and clean the treated parts after treatment.
 Matched Product: essential oil, gel, massage cream/ radiofrequency cream



(5)Back






Massage, use Body RF and vacuum, and clean the treated parts after treatment.
 Matched Product: essential oil, massage cream/ radiofrequency cream

(6)Hand





Massage, use Cavi and Body RF, and clean the treated parts after treatment.
 Matched Product: essential oil, gel, massage cream/ radiofrequency cream

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Treatment & Skin Tightening: 70 Minutes/ Once a Week			
Sextupole Face RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 Advised Mode: NOR (default) Hot & Cold Advised Time: 5 to 8 minutes	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Hydro Mask + Essence + Sheet Mask	1. Remove makeup and clean, 5 minutes. 2. Apply a hydro mask and use hot steam, and wait 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming	Technique 5, 7  Technique 6 

<p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: Cooling</p> <p>BIO</p> <p>Advised Time: 5 to 8 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: M1 (default)</p>		<p>(BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times.</p> <p>7. Caress the whole face three times.</p> <p>8. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and lower eyelid to Taiyang (EX-HN5); lift the corner of the eyes; do them alternately with hands. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift forehead towards the hairline direction. Repeat three times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. Sextupole Face RF:</p> <p>18. Lift one line after</p>	<p>Technique 8, 9, 13</p>  <p>Technique 10</p>  <p>Technique 15</p>  <p>Technique 18, 19, 20, 25, 26, 27</p>  <p>Technique 20</p> 
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		<p>another from the chin to the part below the ear, from the corner of the mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards the hairline direction with the device moving circlewise. Repeat three times.</p> <p>21. Clean the face, 2 minutes.</p> <p>22. Apply the gel mask evenly to the face, 10 minutes.</p> <p>23. Cleanup the mask, 2 minutes.</p> <p>24. Apply essence evenly to the face, 1 minute.</p> <p>25. Cold & Hot Hammer: Lift circlewise and one line after another from the chin to the forehead. Repeat three times.</p> <p>26. Do the same on the other side.</p> <p>27. Treat the forehead with the device moving transversely and circlewise. Repeat three times.</p> <p>28. Apply a sheet mask, and wait 15 minutes.</p> <p>29. Treat the whole face with BIO micro-current with LED using the fixed-point stamp method while applying a facial mask.</p> <p>30. Remove the mask and clean the face, 2 minutes.</p> <p>31. Apply toner, essence,</p>	
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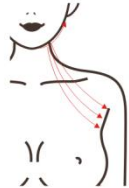
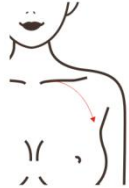

		facial cream, and sunscreen. 32. Treatment ends.	
The Recommended Course of Treatment: A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox enhance. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.			
Anti-aging Eye Treatment: 45 Minutes/ Once a Week			
Bipolar Face RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 Advised Mode: NOR (default)	Cleansing Oil + Facial Cleanser + Eye Essence/ Eye Cream + Instrument + Eye Mask	1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Apply essence (eye cream) evenly to the eyes with hands moving circlewise. Repeat three times. 4. Press Jingming (BL-1), Chengqi (ST-1), Sibai (ST-2), Tongziliao (GB-1), Sizhukong (SJ-23), Yuyao (EX-HN4), and Cuanzhu (BL-2). 5. Caress eyes with hands drawing outward Arabic numeral eight. Repeat three times. 6. Caress eyes with hands in a scissor gesture. Repeat three times. 7. With one hand in a scissor gesture and the other moving circlewise from the inner corner of the eye to the outer corner, move till the back of the ear, and slide out from there. Repeat three times. 8. Bipolar FACE RF: 9. Lift the device from the	Technique 3, 5 
			Technique 4 
			Technique 6 
			Technique 7 

		<p>lower eyelid to the corner of the eye. Repeat 3 to 6 times.</p> <p>10. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>11. Draw small circles on the lower eyelid with the device, and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>12. Lift the device from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the device from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>14. Do the same on the other side.</p> <p>15. Clean the eyes, 1 minute.</p> <p>16. Apply an eye mask and wait 15 minutes.</p> <p>17. Remove the mask and clean the eyes, 2 minutes.</p> <p>18. Apply eye essence.</p> <p>19. Treatment ends.</p>	<div data-bbox="1177 210 1315 416"></div> <div data-bbox="1094 488 1254 519">Technique 9</div> <div data-bbox="1177 544 1315 750"></div> <div data-bbox="1094 817 1270 848">Technique 10</div> <div data-bbox="1177 873 1315 1079"></div> <div data-bbox="1094 1149 1270 1180">Technique 11</div> <div data-bbox="1177 1205 1315 1411"></div> <div data-bbox="1094 1480 1318 1512">Technique 12, 13</div> <div data-bbox="1177 1536 1315 1742"></div>
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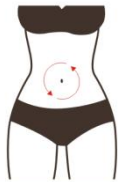
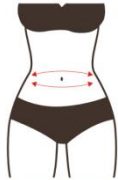




The Recommended Course of Treatment:



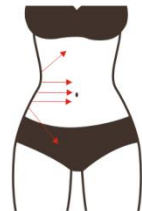


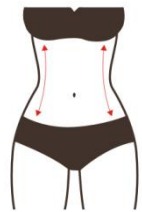
A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, metabolism accelerates, the eyes firm, and fine lines fade. After a course, the fine lines disappear clearly, and the trend continues. When you complete two courses, the effect becomes evident, the skin tightens and lifts, collagen of the underlying skin increases, the outer corner of the eyes lifts evidently, and the eyes turn more confident and fiery. If you finish three courses, the effect consolidates, the fine lines vanish, and wrinkles will not rebound as long as the daily maintenance is in place.

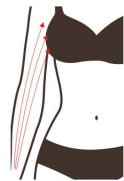


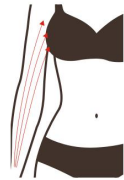
Neck Maintenance: 45 Minutes/ Once a Week

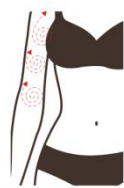


<p>Sextupole Face RF</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: NOR (default)</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times. 4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times. 5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise and till the armpit, and slide out from there. Repeat three times. 6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times. 7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times. 8. Stroke the external 	<p>Technique 3</p>  <p>Technique 4, 6, 7</p>  <p>Technique 8</p>  <p>Technique 5, 11, 12, 13</p> 
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		collarbone with purlicue and till the armpit. Repeat 3 to 5 times. 9. Do the same on the other side. 10.Treatment ends. 11.Sextupole Face RF: Lift from the double chin to the armpit via the back of the ear. Repeat three times. 12.Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times. 13.Move the equipment circlewise on the neck, and slide out from there. Repeat three times. 14.Clean the neck with a hot towel, 2 minutes. 15.Apply a neck mask and wait 15 minutes. 16.Clean the neck with a hot towel and use a hot compress for 1 minute. 17.Apply toner, neck essence, neck cream, and sunscreen. 18.Treatment ends.	
The Recommended Course of Treatment: <p>A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymphatic detox speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.</p>			
Waist & Abdomen Sculpting: 45 Minutes/ Once a Week			
Cav Advised Time: 15 to 20 minutes	Massage Cream (Essential Oil) + Gel + Instrument	1. Massage. 2. Rub essential oil into the abdomen with hands moving circlewise. Repeat	Technique 2, 8

<p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: Continuous Output</p> <p>Vacuum</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: NOR (default)</p> <p>Advised Suction Time: The time should not be zero and be longer than the release time.</p> <p>Advised Release Time: The time should be shorter than suction time, and it's direct suction when the time is set to zero.</p>		<p>three times.</p> <p>3. Rub the belly back and forth with hands. Repeat 3 to 5 times.</p> <p>4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</p> <p>5. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times.</p> <p>6. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times.</p> <p>7. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times.</p> <p>8. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat two times.</p> <p>10. Slide to the parts below the waist along the two sides with thumbs, and lift upwards to the groin. Repeat three times.</p> <p>11. Caress the treated parts till groin with hands.</p>	 <p>Technique 3, 17</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 9</p>
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		<p>12. Treatment ends.</p> <p>13. Cavi: One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.</p> <p>14. Lift the other side. Repeat three times.</p> <p>15. Draw small circles on the abdomen. Repeat three times.</p> <p>16. Draw big circles on the abdomen. Repeat three times.</p> <p>17. Vacuum: Set it to suction & release mode. Slide from the left side to the other side of the waist along the top of the belly button, and then slide from the bottom of the belly button to the left side. Repeat three times.</p> <p>18. Set it to direct suction. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>19. Lift the other side.</p> <p>20. Lift Daimai (GB26) back and forth and transversely. Repeat three times.</p> <p>21. Sculpt up and down on the waist. Repeat three times.</p> <p>22. Draw big circles on the abdomen. Repeat three times.</p> <p>23. One Side-Lift one line after another from the side of the waist to the belly. Repeat three times.</p> <p>24. Wipe out the essential oil with a dry towel.</p>	 <p>Technique 10</p>  <p>Technique 13, 14, 18, 23</p>  <p>Technique 15</p>  <p>Technique 16, 22</p>  <p>Technique 20</p> 
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		25.Treatment ends.	
The Recommended Course of Treatment: A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and problems like constipation relieve. After two courses, the effects become more and more apparent, the skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and flabby skin take a turn for the better. After three courses, the effects consolidate, excess fat disappears little by little, waist curve and abdomen shapes, and a slim waist builds.			
Arm Sculpting: 50 Minutes/ Once a Week			
Cav Advised Time: 15 to 20 minutes Advised Energy Level: 3 to 7 Advised Mode: Continuous Output Body RF Advised Time: 15 to 20 minutes Advised Energy Level: 3 to 7 Advised Mode: NOR	Massage Cream (Essential Oil) + Gel + Instrument	1. Technique. 2. Do it in left-right order. Lay the arm flatwise, apply essential oil from lower arm to upper arm with hands until the hands slide out. Repeat three times. 3. Push the entire arm with palms doing it alternately. Repeat three times. 4. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times. 5. Caress the treated part. Repeat three times. 6. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times. 7. Caress the treated part. Repeat three times. 8. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three	Technique 2, 3, 4, 5, 6, 7  Technique 8, 9  Technique 10  Technique 13, 16  Technique 14, 15, 21, 22


		<p>times, respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times.</p> <p>10. Caress the treated parts till the hands slide out. Repeat three times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment ends.</p> <p>13. Cavi: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat three times.</p> <p>15. You can treat flabby arms more. Repeat three times.</p> <p>16. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>18. Draw small circles till armpit along the three channels and collaterals of the upper arms. Repeat three times.</p> <p>19. Push from the upper arm to the armpit along the three channels and collaterals.</p>	 <hr/> <p>Technique 17</p>  <hr/> <p>Technique 19</p>  <hr/>
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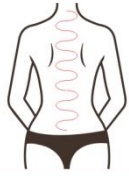
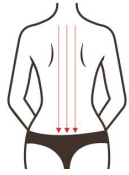


		<p>20. Do the same on the other side.</p> <p>21. Body RF: Lay the arms flatwise, and move circlewise from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat three times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Lay the arms upwards, and move circlewise from the three channels and collaterals of the arms to the armpit. Repeat three times.</p> <p>24. Move circlewise from the upper arm to the armpit along the three channels and collaterals.</p> <p>25. Do the same on the other side.</p> <p>26. Clean the treated parts with a towel. Treatment ends.</p>	
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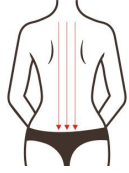



The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms get hot, tightened, and relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

Back Sculpting: 45 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Technique.</p> <p>2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16).</p> <p>3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb.</p>	<p>Technique 2, 11</p>  <p>Technique 3</p>
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<p>Advised Mode: NOR (default)</p> <p>Vacuum</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: NOR (default)</p> <p>Advised Suction Time: The time should not be zero and be longer than the release time.</p> <p>Advised Release Time: The time should be shorter than suction time, and it's direct suction when the time is set to zero.</p>		<p>Repeat 3 to 5 times.</p> <p>4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p>	 <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19</p>  <p>Technique 10</p>  <p>Technique 12, 13</p>
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		<p>13.Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14.Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15.Treatment ends.</p> <p>16.Body RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17.Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18.Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19.Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20.Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>21.The operating techniques of Body are the same as Body RF.</p> <p>22.Clean it with a dry towel.</p> <p>23.Treatment ends.</p>	 <p>Technique 16</p>  <p>Technique 17</p>  <p>Technique 18</p>  <p>Technique 20</p> 
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The Recommended Course of Treatment:



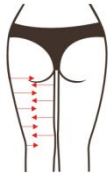


A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)



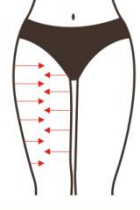
Buttock Sculpting: 45 Minutes/ Once a Week

Cav Advised Time: 15 minutes Advised Energy Level: 3 to 7 Advised Mode: Continuous Output Vacuum Advised Time: 15 to 20 minutes Advised Energy Level: 3 to 7 Advised Mode: NOR (default) Advised Suction Time: The time should not be zero and be longer than the release time. Advised	Massage Cream (Essential Oil) + Instrument	<ol style="list-style-type: none">1. Massage.2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.5. Caress the treated part. Repeat three times.6. Do it in left-right order; push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.7. Push upwards from the thigh root to Daimai (GB26)	Technique 2, 5, 11  Technique 3  Technique 4  Technique 6, 14, 17  Technique 7, 10
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<p>Release Time: The time should be shorter than suction time, and it's direct suction when the time is set to zero.</p>		<p>with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from thigh root to Daimai (GB26) with the palms overlapped (for lifting). Repeat 3 to 5 times.</p> <p>9. Move one line after another from the two sides of the buttocks to the highest point of it with hands. Repeat three times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment ends.</p> <p>14.Cav: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15.Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>16.Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18.Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19.Do the same on the other side.</p> <p>20.The operating</p>	<div data-bbox="1145 203 1295 383"> </div> <p>Technique 9, 15, 18</p> <div data-bbox="1145 495 1295 674"> </div> <p>Technique 16</p> <div data-bbox="1145 786 1295 965"> </div>
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		<p>techniques of Vacuum are the same as Cavi.</p> <p>21.Clean the buttocks with a hot towel, 2 minutes.</p> <p>22.Treatment ends.</p>	
<p>The Recommended Course of Treatment:</p> <p>A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.</p>			
<p>Leg Sculpting: 60 Minutes/ Once a Week</p>			
<p>Cav</p> <p>Advised Time: 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: Continuous Output</p> <p>Vacuum</p> <p>Advised Time: 20 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Advised Mode: NOR (default)</p> <p>Advised Suction Time: The time should not be zero and be longer than the release time.</p> <p>Advised</p>	<p>Massage Cream (Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Massage. 2. Do it in left-right order; apply essential oil from lower leg to thigh, and return to heel. Repeat it three times. 3. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times. 4. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times. 5. Push popliteal fossa with hands doing it alternately. Repeat three times. 6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times. 7. Caress the treated part. Repeat three times. 8. Push the four channels 	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>  <p>Technique 6</p>  <p>Technique 12, 14, 20</p>  <p>Technique 13, 21</p>  <p>Technique 15, 17,</p>

<p>Release Time: The time should be shorter than suction time, and it's direct suction when the time is set to zero.</p>		<p>and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>9. Caress the treated part. Repeat three times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment ends.</p> <p>12. Cav: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. Draw small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum: Lift one line after another from the heel</p>	<p>23</p>  <hr/> <p>Technique 16, 18, 24</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p>  <hr/> <p>Technique 29, 30, 35, 38, 40</p>  <hr/> <p>Technique 34, 37, 43</p>
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		<p>to the popliteal fossa with the instrument and a hand. Repeat three times.</p> <p>21. Draw small circles on the lower leg. Repeat three times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the popliteal fossa to the thigh root. Repeat three times.</p> <p>24. Draw small circles on the thigh. Repeat three times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>29. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' pulcrum doing it alternately. Repeat three times.</p> <p>30. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>31. Treatment ends.</p>	
			<p>Technique 36, 41</p> 
			<p>Technique 42</p> 

		<p>32. Do the same on the other side.</p> <p>33. Cav: RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>36. Draw small circles on the whole thigh. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. Vacuum: Treat the lower legs with the techniques mentioned above. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>41. Draw small circles on the thigh. Repeat three times.</p> <p>42. Lift one line after</p>	
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		<p>another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat three times.</p> <p>44. Do the same on the other side.</p> <p>45. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces.

Remark: The advised parameters, operating steps, and operating techniques are for reference only. You can adjust the operation per individual skin conditions or needs. Please note that Cavi can be used all over the body except for the back and chest. Enjoy yourself!