

# User Manual

LB-61Q2



## Preface

To our valued users,

Thanks for choosing our vacuum massager. It's a multifunctional instrument, and it adopts the vacuum and micro-current technique. It can effectively relieve the shoulder and neck strain, drooping breasts, gynecological diseases, etc. It utilizes high-tech and can expel dampness and cold and toxins and dredge channels and collaterals. LB-61Q2 is professional beauty equipment for bodybuilding and health maintenance, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## 1. Introduction

EMS and vacuum machines are currently the most popular for dredging channels and collaterals, dispelling dampness and toxins, and building and shaping the body. It can effectively replace all the manual scraping and cupping and breast enlargement programs in a beauty salon, operate easily, conveniently, and swiftly, and solve body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It's operated externally throughout, and it has no side effects and an immediate impact. The device uses electrical stimulation to relax the muscle, enhance local blood circulation, prevent amyotrophy, relieve muscle spasms, and promote metabolism. The matched metal grease cup and vacuum cup can achieve the function of scrapping, expelling toxins and dampness and cold, and relieve fatigue.

## 2. Advantages

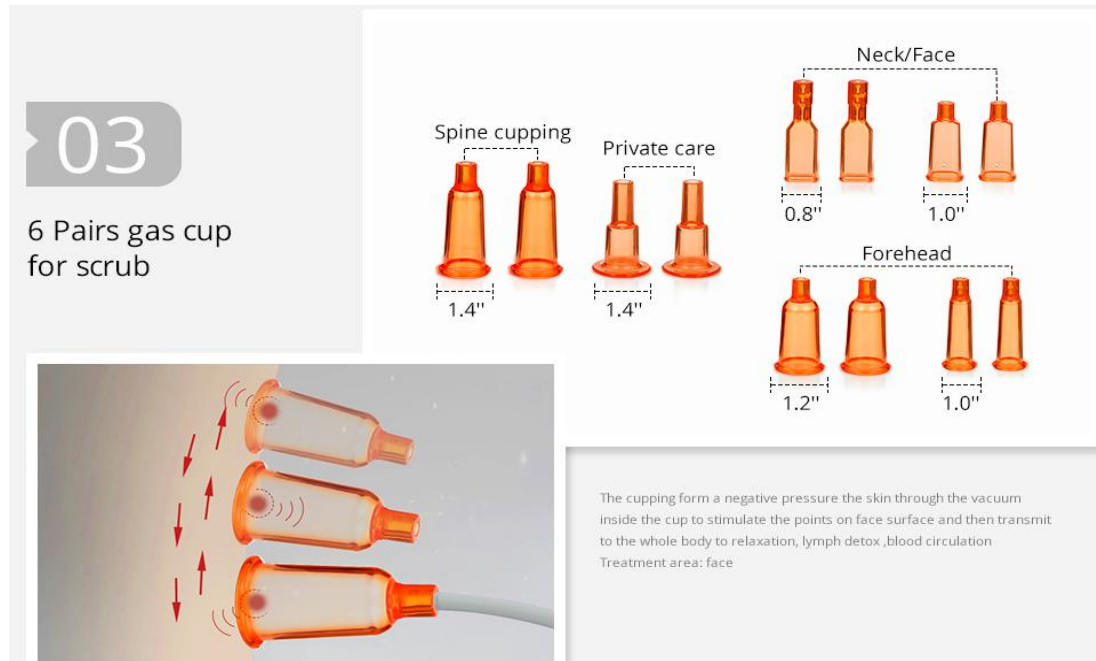
- (1) It can effectively solve problems like body fatigue, soreness, swelling, and flat breast.
- (2) The powerful vacuum air pump has slight noise and various modes for selection. And the vacuum cups conform to the size of the breast, are of high quality, and are very comfortable.
- (3) The metal grease cup can do scrapping therapy, suck toxins from the body, and remove fat, and instantly expel toxins and dampness from the body.
- (4) It has a broader treatment range and an evident effect; it has zero consumption and is low-cost, but it gives a quick return.
- (5) It's easy to operate, requires no surgery or anesthesia(non-invasive and painless), and will not affect regular work and life.
- (6) It has multiple vacuum cups, which can be changed according to different requirements.
- (7) EMS micro-current stimulates muscle contraction, makes muscle plump and muscular, and relieves sagging caused by slack muscle.
- (8) The perfect match of metal grease cup, cupping, breast enlargement, and EMS pads can expel toxins and sculpt and build the body more rapidly and effectively.

## 3. Working Principle

### (1) Vacuum Cup for Face

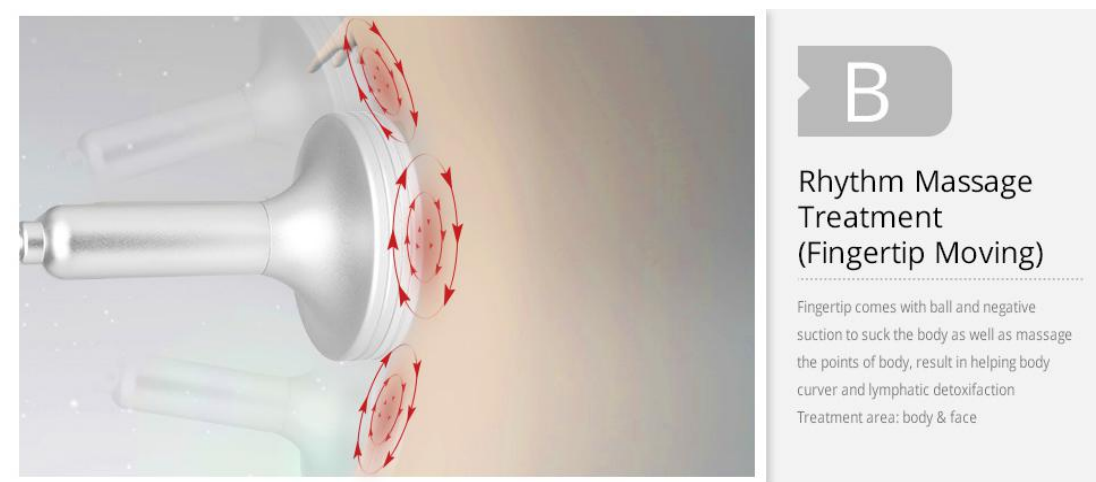
It uses a vacuum sucker to absorb the facial skin directly to achieve deep cleansing. (Vacuum Pressure is lower than normal pressure and widely used in daily life. The widespread barometric pressure can be served in the interest of human

beings by rendering some space in a negative pressure state. For example, when the lung breathes, it expands, creating vacuum/ negative pressure. Pressure difference formed inside and outside the lung injects fresh air into the lung.) The vacuum cup utilizes this principle to deeply remove blackheads, whiteheads, grease, and dirt from pores without causing pain.



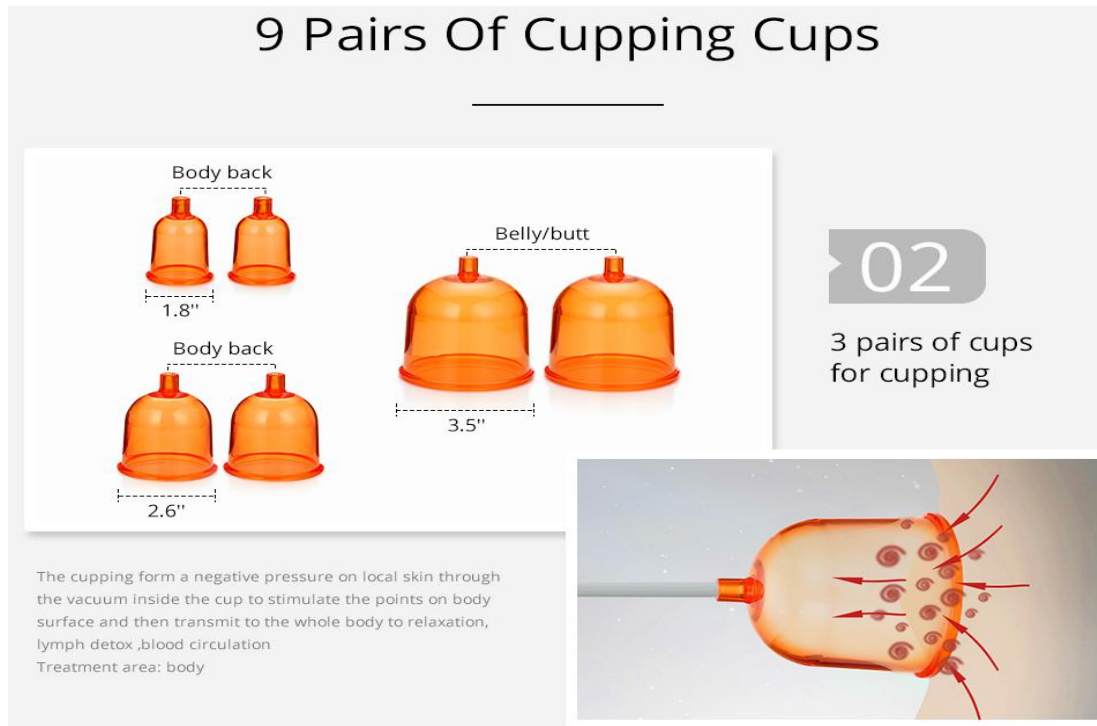
## (2) Metal Grease Cup

Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be activated, skin elasticity can be increased, and fine lines can be relieved. Vacuum movement can stimulate the sympathetic nervous system of the skin's surface and deep layer, lower skin sensitivity, and improve skin immunity.



### (3) Vacuum Cup

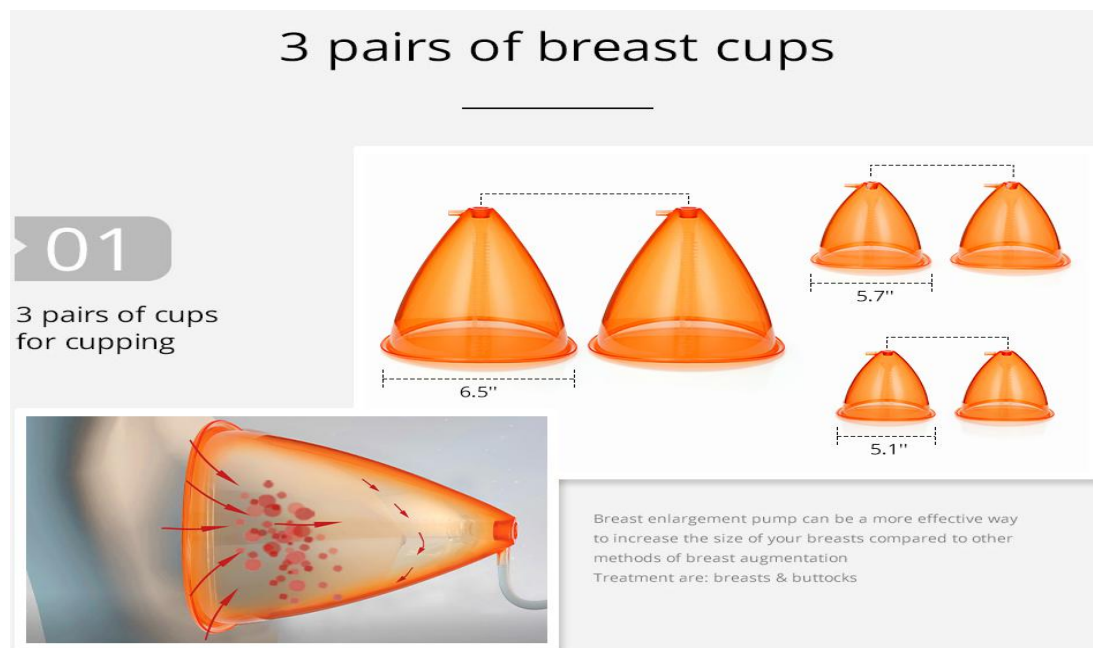
The vacuum cup employs external force to open pores so that wastes can be removed from the body, and it can also renew some aging cells. Nursing local body parts can stimulate local blood and body circulation, which speeds up metabolism. Thus detox can be achieved, effectively expediting the circulation of the lymphatic system, discharging toxins as soon as possible, and improving autoimmunity.



### (4) Breast Enhancement Cup

It employs the effect that a vacuum exerts on the human body. Using a particular vacuum device can cause the breast to produce a vacuum of different intensity, which lifts the breast and results in its enlargement. Vacuum inside the cup can congest local capillaries, stimulate organs, enhance cell viability, promote activity, and boost immunity. The mechanical stimulation of vacuum delivered to the nervous centralis via reflect can balance neural activity. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase oxygen uptake, and speed up wastes removal. It has the effect of warming and activating the meridian, promoting vital energy and activating blood, enlightening the mind and relaxing the muscle, eliminating stasis and diminishing swelling, expelling toxins, and driving out evil spirits. Combined with massage, it can make blood and vital energy unblocked, dredge acinus of the breast, cause intangible energy to mobilize blood, transmit oxygen and nutrition to the breast, motivate the pituitary gland to secrete the female hormone, reinforce connective tissue of the breast, and stimulate the development and growth of breast. And it promotes uterine contraction, contracts elastic fibers of the skin, and prevents

skin tissue from loosening and scattering.



## (5) Vacuum Cup for Vagina

Vacuum inside the cup can congest local capillaries, stimulate organs, enhance cell viability, promote activity, and boost immunity. The mechanical stimulation of vacuum delivered to the nervous centralis via reflect can balance neural activity. The suction and release of air pressure and the increase and decrease of vacuum during operation can make local pores open and close continuously, promote skin breathing, increase oxygen uptake, and speed up wastes removal, promote the contraction of the smooth muscle of the pelvic cavity, increase blood circulation, regulate the endocrine system, increase lutein, and cause the secretion of hormones.

## (6) EMS


EMS is short for Electronic Muscle Simulation. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simply, the muscle, under normal situations, starts to move actively after receiving signals from the brain. EMS, however, sends the signals directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve bodybuilding.

## Efficacy

- Relax muscles, enhance local blood circulation, prevent amyotrophy, and relieve muscle spasms. Various conditions contribute to enhancing local circulation and exercising muscles. It can accurately and rapidly help users firm the skin and make the body better.
- Low-intensity micro-current stimulates muscle contraction and makes muscles

plump and muscular instead of decreasing them. Relieve sagging caused by slack muscles and make contour clear. It's muscle improvement.

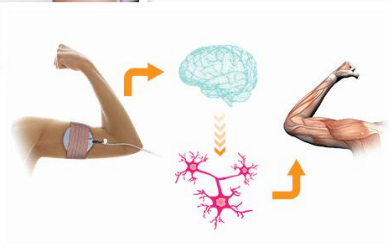
### Product Description



01

DFC EMS System  
Overall Body Fitness

10 pairs pad for body fitness, 1 pair for breast lifting.  
EMS stimulates muscle contraction, increases muscles, and brings slim physique.



## 4. Facial Skin Cleansing

### (1) Handpiece

#### 1) Vacuum Cup for Face + Metal Grease Cup

### (2) Efficacy

- 1) Dredge pores and shrink large pores.
- 2) Deeply clean skin.
- 3) Lift facial skin and sculpt facial contour.
- 4) Accelerate blood circulation and metabolism.
- 5) Make skin color even, fade the pigment, and flatten fine lines.

### (3) Indications

- 1) People whose skin secretes too much grease or with thick stratum corneum.
- 2) People with coarse skin or large pores.
- 3) People with clogged pores.
- 4) People with dark or lusterless skin.
- 5) People with flabby or saggy skin.



#### (4) Contraindications

- 1) People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- 2) People who recently injected hyaluronic acid, skin booster, or had an injection for wrinkle removal, plastic surgery, etc.
- 3) People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- 4) People in the allergic period, with severely sensitive skin, or who are allergic to metals.
- 5) People with skin trauma or wounds.
- 6) People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- 7) People with skin disease or infectious disease.
- 8) People who have an unrealistic illusion about the effect.

#### (5) Matters Needing Attention After Treatment

- 1) Wash the face with warm water within three days.
- 2) Keep hydrating and protect yourself from the sun.
- 3) Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- 4) Avoid staying up late, smoking, or drinking alcohol; instead, eat more vegetables, fruits, and bland food.
- 5) Apply a facial mask at least three times a week.

### 5. Lymphatic Detoxification

#### (1) Handpiece

##### 1) Metal Grease Cup + Vacuum Cup

#### (2) Efficacy

- 1) Stimulate the movement of lymph.
- 2) Accelerate the circulation of lymph.
- 3) Speed up the natural detox process and help to remove wastes from the body via the lymphatic system.
- 4) Increase the productivity of lymphocytes.
- 5) Boost metabolism.
- 6) Enhance the functions of the immune system.

#### (3) Indications

- 1) People with lusterless faces or rough skin.

- 2) People who always drink alcohol or have insomnia.
- 3) People with obese waist and abdomen, or whose edema can be relieved or fat be consumed via lymphatic detox.
- 4) People with bad breath or who always have constipation.
- 5) People with poor mental state or immunity or who are prone to have a cold or sickness.

#### (4) Contraindications

- 1) People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 2) Women in pregnancy, menstruation, or breastfeeding.
- 3) People whose surgical wounds are healing or in surgical recovery.
- 4) People with epilepsy, severe diabetes, or hyperthyroidism.
- 5) People with malignant tumors, hemophilia, or severe bleeding.
- 6) People with skin disease or infectious disease.
- 7) People whose gynecological diseases are in treatment.
- 8) People with lymph cancer or who show the signs of cancer.
- 9) People who have a weak body.
- 10) People who are drunk, thirsty, overworked, or with a full or empty stomach.

#### (5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking alcohol.
- 6) Time for cupping therapy should be based on specific situations. A misconception about it is that the longer time the treatment, the better the effect.

### 6. Full Body Detox

#### (1) Handpiece

##### 1) Metal Grease Cup + Vacuum Cup + EMS

#### (2) Efficacy

- 1) Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- 2) Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.
- 3) Reduce the appearance of flabby and thick arms.
- 4) Alleviate shoulder and back soreness and relieve Dowager's Hump.

- 5) Dredge channels and collaterals and relieve clogged channels and collaterals.
- 6) Accelerate blood circulation and metabolism.
- 7) Improve head blood supply and sleep.
- 8) Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.

### (3) Indications

- 1) People with shoulder or back soreness, stiff neck, or Dowager's Hump.
- 2) People with insomnia, dreaminess, or a fading memory.
- 3) People prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- 4) People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- 5) People with constipation or whose abdomens have obstructed channels and collaterals.
- 6) People whose arms are prone to soreness and numbness.
- 7) People with obstructed blood circulation of the lower limbs, edema, or obesity.
- 8) People who feel uncomfortable and pain all over the body or are prone to catch colds or with hyp immunity.
- 9) People with obesity or local obesity.

### (4) Contraindications

- 1) People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 2) Women in pregnancy, menstruation, or breastfeeding.
- 3) People whose surgical wounds are healing or in surgical recovery.
- 4) People with epilepsy, severe diabetes, or hyperthyroidism.
- 5) People with malignant tumors, hemophilia, or severe bleeding.
- 6) People with skin disease or infectious disease.
- 7) People whose gynecological diseases are in treatment.
- 8) People with lymph cancer or who show the signs of cancer.
- 9) People who have a weak body.
- 10) People who are drunk, thirsty, overworked, or with a full or empty stomach.

### (5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking alcohol.
- 6) Time for cupping therapy should be based on specific situations. A misconception about it is that the longer time the treatment, the better the effect.

## 7. Breast Enlargement

### (1) Handpiece

#### 1) Breast Enlargement Cup + Breast Pad

### (2) Efficacy

- 1) Relieve breast with loosening, sagging, or outward expansion.
- 2) Alleviate breast distending pain before menstruation.
- 3) Dredge and adjust breast.
- 4) Prevent galactoceles.
- 5) Prevent breast cancer.
- 6) Breast Sculpting

### (3) Indications

- 1) People with droopy or saggy breasts.
- 2) People with flat or asymmetrical breasts or whose breasts have outward expansion.
- 3) People who have nipple retraction and pursue a better and healthier breast.
- 4) People with breast nodules, slight hyperplasia, or who have distending pain during menstruation.
- 5) People who think she has less developed mammary gland or mastopathy after giving birth.

### (4) Contraindications

- 1) Women in pregnancy, menstruation, or breastfeeding.
- 2) People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- 3) People with severe breast hyperplasia, fibroma, or cyst.
- 4) People whose breast skin has an infection.
- 5) People whose breasts had surgery.

### (5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking
- 6) Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

## 8. Buttock Enhancement

### (1) Handpiece

#### 1) Buttock Enhancement Cup + EMS

### (2) Efficacy

- 1) Relax muscle and boost local blood circulation.
- 2) Prevent amyotrophy and relieve muscle spasms.
- 3) Firm skin and make the body better.
- 4) Relieve sagging that caused by slack muscles.
- 5) Stimulate muscle contraction, make muscles plump and muscular, and build booty.

### (3) Indications

- 1) People with sunken, flat, and less than sexy hips.
- 2) People whose hips are flat, shapeless, or with less fat.
- 3) People who want to have a perfect body shape due to psychological or professional needs.
- 4) People whose hips are in good size but with inadequate plumpness or lack hip peak.
- 5) People with square hips that caused by fat accumulation.

### (4) Contraindications

- 1) Women in menstruation, pregnancy, or breastfeeding.
- 2) People with surgical wounds or in surgical recovery.
- 3) People with heart disease, hypertension, etc.
- 4) People with skin disease, infectious disease, or whose skin is in a sensitive period.
- 5) People who have a weak body.

### (5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Avoid exposing yourself to a windy environment and catching a cold.
- 3) Avoid eating spicy or grease food.
- 4) Drink more warm water to speed up metabolism.
- 5) Avoid staying up late, smoking, or drinking
- 6) It's advised to wear hip-lifting pants to prevent loosening and sagging.
- 7) To have a proper amount of hip-lifting exercise.

## 9. Vaginal Care

### (1) Handpiece

#### 1) Vacuum Cup + Vacuum Cup for Vagina

### (2) Efficacy

- 1) Improve the lubrication of the vagina.
- 2) Improve the looseness of the vagina.
- 3) Regulate internal secretion.
- 4) Boost the quality of sexual life and sensitivity.
- 5) Improve the color of the perineum.
- 6) Remove toxins and remaining metabolin from the vagina, recover its cleanliness, and make it balanced.

### (3) Indications

- 1) People who will get pregnant or give birth or had an abortion or have contraception or sexual life.
- 2) People with irregular menstruation(dysmenorrhea, less menstrual blood, or blood clots).
- 3) People whose skin has speckles, acne, or with a dull yellow color due to endocrine dyscrasia.
- 4) People whose leukorrhea is abnormal or with a foul odor.
- 5) People with fading memory or declined immunity.
- 6) People with disharmonious sexual life.

### (4) Contraindications

- 1) Women in menstruation, pregnancy, or breastfeeding.
- 2) People in surgical treatment or recovery.
- 3) People with heart disease, hypertension, etc.
- 4) People with skin disease, infectious disease, or whose skin is in a sensitive period.

### (5) Matters Needing Attention After Treatment

- 1) Take a shower after 4 to 6 hours.
- 2) Drink more warm water, and avoid drinking cold water and eating cold, raw, or spicy food.
- 3) Change the underpants daily, wear underpants made from soft material like pure cotton or real silk, wear fewer underpants made from chemical fiber, and avoid wearing close-fitting underpants.
- 4) Dry the towels and underpants under the sun or treat them in hot water; it may

breed fungus if they are dried in a humid environment.

- 5) Do not have sex immediately.

## Part II

### 1. Detailed Operations

The detailed installations are as follow:



Power Switch & Power Cord's Plug



Air Inlet

Open the air inlet's lid, place filter cotton inside, and twist the lid tight clockwise.

Caution:

- Ensure the filter cotton is placed inside the air inlet; otherwise, the essential oil may enter the equipment, causing malfunction.
- Replace the filter cotton each time after an operation to keep it clean.



Insert one end of the rubber hose into the air inlet of the equipment. And

insert the other two ends to the jack/end of the vacuum cup and breast



enhancement cup , respectively.



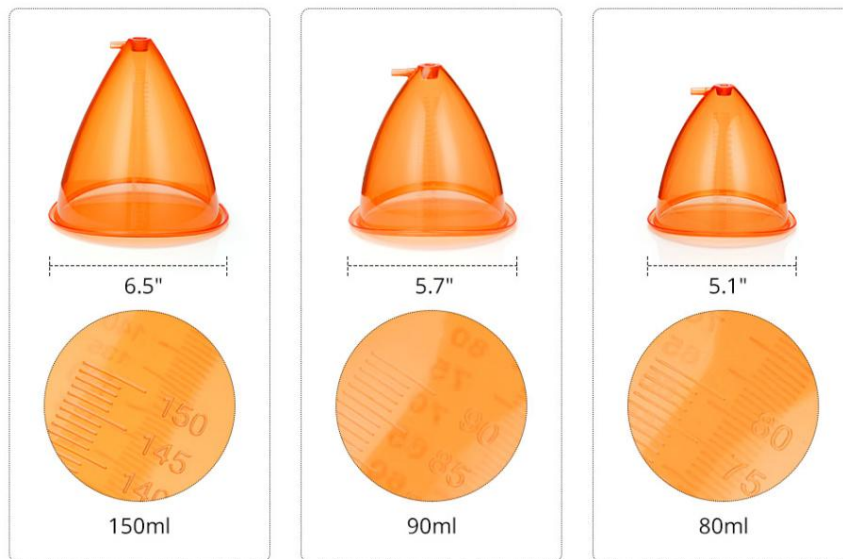
Caution:

- After turning the instrument on, the two vacuum cups are working together, and they have suction only when having they contact the skin simultaneously. If only one cup touches the skin, it can't suck the skin.
- When only one vacuum cup (metal grease cup) needs to be used, the other



rubber hose can be tied up first. Untie the rubber hose when two cups are required.





Large

Middle

Small

Three pairs of

breast enlargement cups



Nine pairs of

vacuum cups



No. 1 suits those with big breasts or who want to sculpt and make their breasts upstanding.

No. 2 suits those with medium breasts or who want to make their breasts upstanding and plump.

No. 3 suits those with small breasts or who want to relax with a massage.

No. 4 is suitable for cupping (suit body parts with a large area, like the thigh, buttocks, or abdomen).

No.5 is suitable for doing cupping (suit the legs and back).

No.6 is suitable for cupping (suit body parts with a small area, like the arms and lower legs).

No.7 is suitable for doing moving cupping (suit the neck and arms).

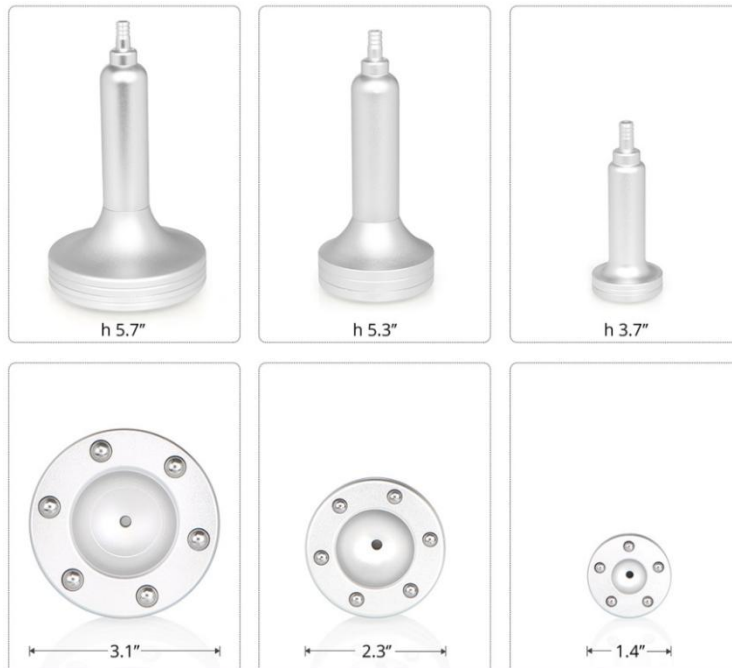
No.8 is suitable for doing moving cupping and massage (suit the face and neck).

No.9 is suitable for doing moving cupping and cleansing (suit the face).

No.10 suits the vagina.

No.11 is suitable for facial cleansing.

No.12 is suitable for doing moving cupping and cleansing.



Three metal grease cups

(select it per the size of the body part to be treated)



Large size suits body parts with a large area like the arms, abdomen, waist, buttocks, legs, or back.

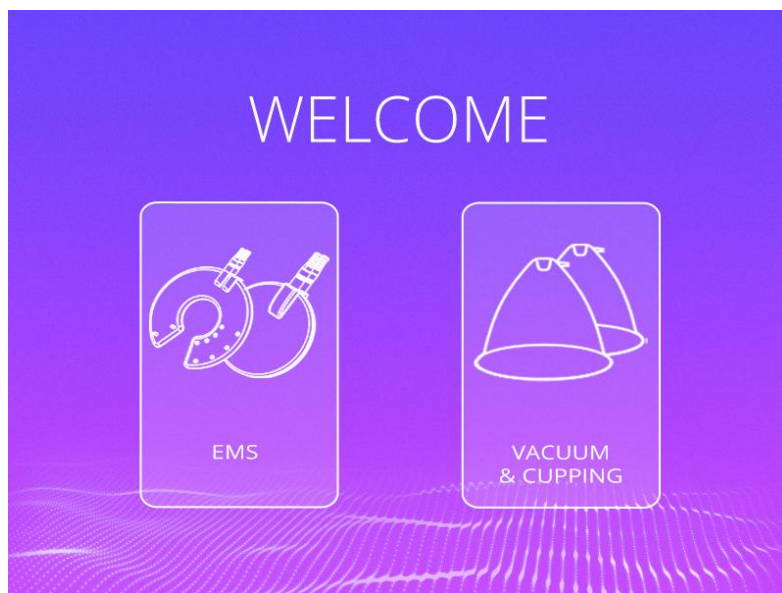
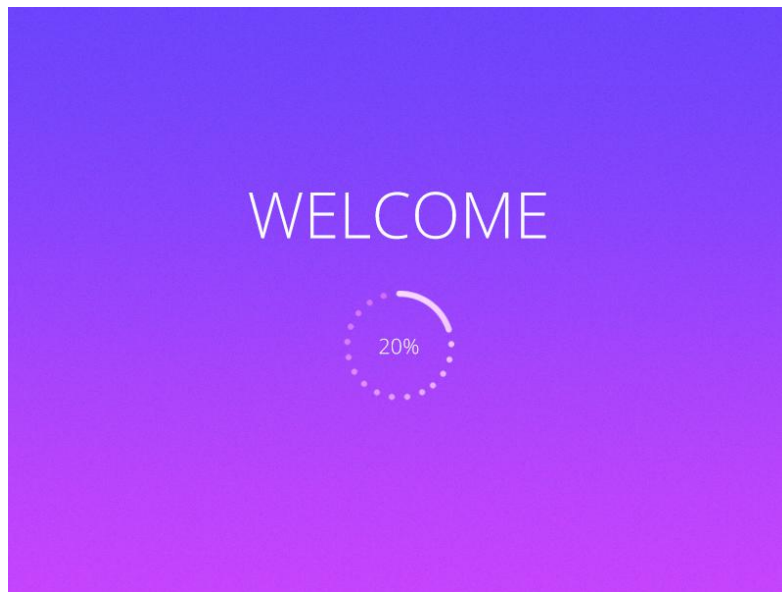


Medium size suits body parts like the arms, neck, face, or lower legs.



Small size suits the cheeks, eyes, forehead, chin, or neck.

Have the equipment correctly connected, and the following interface will appear when pressing the power switch.



## (1) General Function Introduction



Homepage



Return

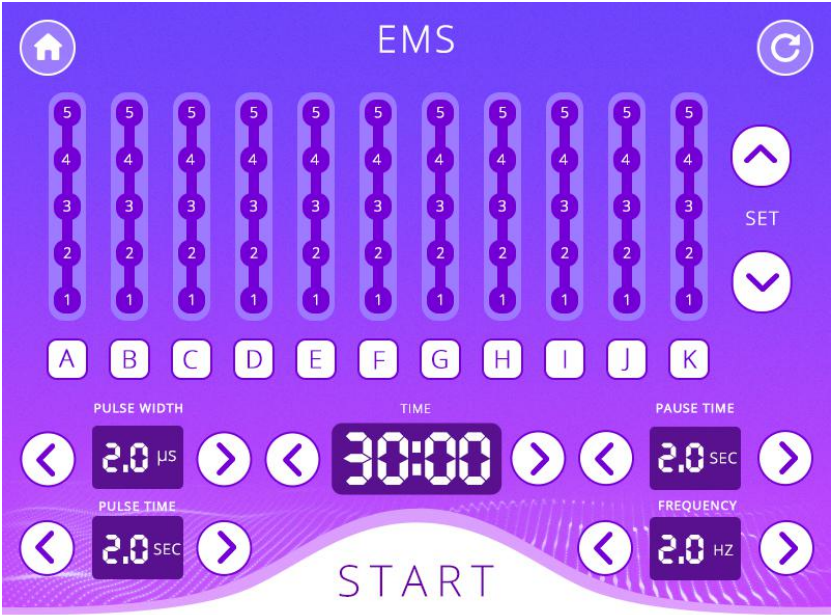
# START

Start/ Pause

(2) Detailed Operations for EMS Pad



Select and enter the following page.



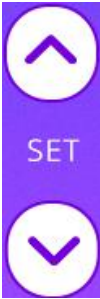
Time Display & Setting



Time Setting (decrease)



Time Setting (increase)



Control the increase and decrease of the energy level of all EMS pads



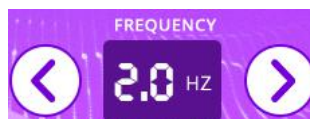
Energy Level Setting



Time of Duration Setting



Interval Time Setting



Energy Release Setting



Energy Level Setting & Display



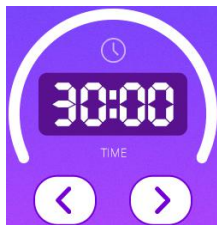
Pad Selection

### (3) Detailed Operations for VACUUM CUPPING



Select and enter the following page.





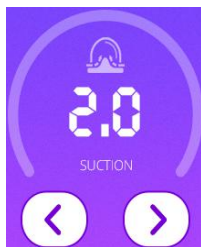
Time Display & Setting



Time Setting (Decrease)



Time Setting (Increase)



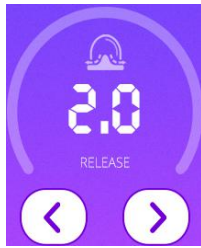
Suction Time Display & Setting



Suction Time Setting (Decrease)



Suction Time Setting (Increase)



Release Time Display & Setting



Release Time Setting (Decrease)



Release Time Setting (Increase)



Mode Selection



Click M1 and increase the suction time one more time to set it to long suction (time range: suction time-0 to 2.0 seconds; release time-0 to 2.0 seconds).



The default time for suction and release is 0.4 seconds (time range: suction time-0.4 to 2.4 seconds; release time-0.4 to 2.4 seconds; the shortest time for suction and release is 0.4 seconds).



The default time for suction and release is 2.5 and 1.5 seconds, respectively (time range: suction time-2.5 to 4.5 seconds; release time-1.5 to 3.5 seconds; the shortest time for suction and release is 2.5 and 1.5 seconds, respectively).



The default time for suction and release is 4.6 and 1.8 seconds, respectively (time range: suction time-4.6 to 6.6 seconds; release time-1.8 to 3.8 seconds; the shortest time for suction and release is 4.6 and 1.8 seconds, respectively).



Rotating knob for setting vacuum. Set it per the user's tolerance, and start from the lowest suction and gradually increase it after the client gets used to it.

## 2. Technical Parameters

Muscle Stimulator



Voltage: 240V/50Hz or 220V/50Hz or 120V/60Hz

Rated power:  $\leq 40\text{W}$

Working current:  $\leq 50\text{mA}$

Pulse output: 10 channels

Vacuum Therapy Parameters

Power: 60W

Pressure:  $>250\text{kPa}$

Air flow:  $>10\text{L/minute}$

Noise level:  $<70\text{dB}$  (30cm away)

### 3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (7) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (9) Those with implanted metal stents (not including a contraceptive ring placed inside a women's uterus) or prostheses inside the breast can not use it.
- (10) Women in menstruation, pregnancy, or breastfeeding are not allowed to use it.
- (11) You can not use it after drinking alcohol.
- (12) Those who did cesarean in the past six months, experienced a miscarriage in the past three months, and had natural labor in the past two months can not use it.
- (13) If the suction level of the vacuum cup is too high, please stop it immediately and reset the suction.
- (14) Bear in mind that filter cotton must be mounted before using a metal grease cup; otherwise, the essential oil may enter the equipment, causing malfunction.
- (15) Don't use EMS on the abdomen within one hour after a meal.
- (16) Don't place the EMS pads on inflamed muscles caused by injury.
- (17) Don't place the EMS pads on body parts with scars from a recent operation

(within ten months).

- (18) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene to extend its service life.

## 4. Troubleshooting

- (1) I can't start the equipment, and the indicator lamp doesn't light up.
- A. Make sure you plug the power cord into a good power socket.
  - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) The vacuum cup/ metal grease cup doesn't have suction, or the suction becomes weak.
- A. Please turn off the equipment and check its specialized filter, which may need to be replaced.
  - B. Please check the rubber ring of the handpiece plug because a worn rubber ring may cause air leakage.
  - C. Please check whether the oil filter outside is tightened and whether the rubber ring is worn out. Air leakage in this place may cause insufficient air pressure.
  - D. If the solutions mentioned above don't work, please contact the distributor for assistance.
- (3) I can start the equipment, but an error message shows on the monitor.
- A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
  - B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

## 5. FAQs

- (1) Q: Does breast enlargement with vacuum cups have side effects?
- A: No. It adopts a purely physical method for breast enhancement. Massage and vacuum suction and release are all the commonly used principles of physiotherapeutic instruments. This equipment, however, applies high-tech and unites various principles, which has an instant effect. It's a breast enhancement device that doesn't have side effects, and its effect will not rebound.
- (2) Q: How long does it take to see the effect of facial care with vacuum cups?
- A: Normally, you can notice that the pores get clear and smooth on the day after treatment. Usually, facial care should be done at least one time a week. The longer time you use it, the better the effect.
- (3) Q: How to detox with the vacuum?
- A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the air suction and release and the alternate increase and decrease

of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

(4) Q: Can I use EMS to reduce weight?

A: Yes. It can achieve a better effect on bodybuilding than on weight reduction. It's called the electrostimulation technique and is also known as the muscle exercising technique. To put it simply, the muscle, under normal situations, starts to move actively after receiving signals from the brain. EMS, however, sends the signals directly to the muscle via electrical stimulation, which makes the muscle exercise passively to achieve bodybuilding.

(5) Q: Does it hurt when using EMS?

A: No. EMS uses the micro-current to stimulate body cells and achieve massage techniques like pounding, pressing, and pushing. You will feel tingling and comfortable during the treatment.

## 6. Packing List

Main Unit x1

Parts Rack x2

EMS Pad x10

Connecting Cable x11

Breast Pad x2

Breast Enlargement Cup (large) x2

Breast Enlargement Cup (medium) x2

Breast Enlargement Cup (small) x2

Cupping Cup (large) x2

Cupping Cup (medium) x2

Cupping Cup (small) x2

Vacuum Cup for Face (no.1) x2

Vacuum Cup for Face (no.2) x2

Vacuum Cup for Face (no.3) x2

Vacuum Cup for Face (no.4) x2

Vacuum Cup for Face (no.5) x2

Vacuum Cup for Vagina x2

Metal Grease Cup (large) x1

Metal Grease Cup (medium) x1

Metal Grease Cup (small) x1

Filter Cotton x1 pack

Transparent Tube x3

Fuse x2

Filter x1

Strap x1 set  
Power Cord x1

## 7. Simplified Operating Steps

### (1) Facial Skin Cleansing

Remove makeup, clean the face, apply blackheads export liquid, use hot steam, vacuum cup for face, and metal grease cup, apply a facial mask, and apply water, essence, lotion/ facial cream, and sunblock.

Matched Product: massage cream/ essence

### (2) Lymphatic Detoxification

Massage, use metal grease cup, do moving cup with vacuum cups, do fixed cupping with vacuum cups, and clean the treated part.

Matched Product: essential oil/ massage cream

### (3) Full Body Detox

Massage, use metal grease cup, do moving cup with vacuum cups, do fixed cupping with vacuum cups, use EMS pad, and clean the treated part.

Matched Product: essential oil/ massage cream + gel

Auxiliary Tool: strap

### (4) Buttock Enhancement

Massage, do sliding cupping with breast enlargement cups, do fixed cupping with breast enlargement cups, use EMS pads, and clean the treated part.

Matched Product: essential oil/ massage cream + gel

Auxiliary Tool: strap

### (5) Breast Enlargement

Massage, use breast enhancement cups and breast pads, and clean the treated part.

Matched Product: essential oil/ massage cream + gel





Auxiliary Tool: strap


### (6) Vaginal Care

Massage, do fixed cupping with vacuum cups, do sliding cupping with vacuum cups for vagina, and clean the treated part.

Matched Product: essential oil/ massage cream





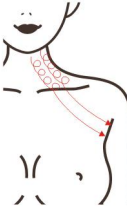
## 8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Facial Skin Cleansing: 45 Minutes/ Once a Week			
<b>Vacuum Cup for Face</b> Advised Time: 5 to 10 minutes  Mode: M1/ M2/ M3/ M4  You can set the time for suction and release freely. It's direct suction when the release time is set to zero.	Cleansing Oil + Facial Cleanser + Blackhead Export Liquid + Essence + Hot & Cold Steamer + Facial Mask + Equipment	<ol style="list-style-type: none"> <li>1. Face: Remove makeup and clean the face, 5 minutes.</li> <li>2. Apply toner, 1 minute.</li> <li>3. Apply blackhead export liquid and use hot steam (Apply the liquid to parts with large or severely clogged pores and toner or AS3 nutrient solution to cheeks; you can apply toner to and use cold steam on face with sensitive skin, but it's not advised to use hot steam on and apply liquid to it.), 5 to 8 minutes.</li> <li>4. <b>Vacuum Cup for Face:</b> Appress the device to the forehead for one second, then move it gently towards the hairline. Follow the part that is treated before closely (forehead-nose-chin-cheeks). The whole forehead and nose with severely clogged pores can be treated more. About 10 minutes.</li> <li>5. Clean the face with a cotton pad dipping pure</li> </ol>	<p>Technique 4</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 8, 11</p>  <hr/> <p>Technique 9</p>
<b>Metal Grease Cup</b> Advised Time: 10 to 15 minutes  Mode: M1/ M2/ M3/ M4  You can set the time for suction and release freely.			

<p>It's direct suction when the release time is set to zero.</p>		<p>water, 2 minutes.</p> <ol style="list-style-type: none"> <li>6. Apply toner.</li> <li>7. Apply essence evenly to the face.</li> <li>8. <b>Metal Grease Cup:</b> Lift one line after another from the chin to the forehead. Repeat three times.</li> <li>9. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), lower eyelid to Taiyang (EX-HN5); lift the corner of the eyes; do them with the instrument and a hand. Repeat three times. Repeat three times.</li> <li>10. Do the same on the other side.</li> <li>11. Lift the forehead towards the hairline direction, about 10 minutes.</li> <li>12. Apply a facial mask and wait 15 minutes.</li> <li>13. Remove the mask and clean the face, 2 minutes.</li> <li>14. Apply toner, essence, facial cream, and sunscreen.</li> <li>15. Treatment ends.</li> </ol>	
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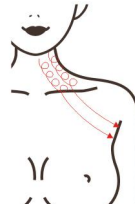




#### The Recommended Course of Treatment:



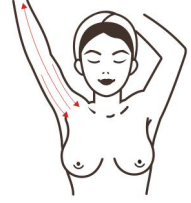


A course of treatment includes ten treatment cycles. After a treatment cycle, the face gets ruddy, and blood circulation accelerates. After a course, the skin metabolizes toxins, and acne skin turns for the better, and blackheads slowly decrease. After three courses, the outline of the skin boosts, immunity enhances, and the skin gets healthy and shiny.

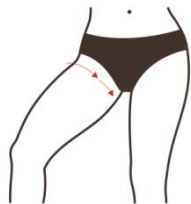
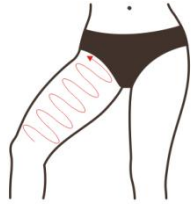


Lymphatic Detoxification: 120 Minutes/ Once a Week			
<b>Vacuum Cup</b> Advised Time: 60 to 70 minutes (Operation + Fixed Cupping)  The advised operating time for each body part is 30 to 35 minutes.  Mode: M1/ M2/ M3/ M4  You can set the time for suction and release freely. It's direct suction when the release time is set to zero.	Cleansing Oil + Facial Cleanser + Essential Oil + Instrument	<ol style="list-style-type: none"> <li>1. Face + Neck Lymphatic Detox</li> <li>2. Remove makeup and clean the face.</li> <li>3. Apply toner to the whole face.</li> <li>4. Press Chengjiang (RN-24), Dicang (ST-4), Daying (ST5), Jiache (ST-6), Xiaguan (ST7), Yingxiang (LI-20), Quanliao (SI-18), Taiyang (EX-HN5), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times.</li> <li>5. Lift the face in three lines with hands doing it by turns and till armpit, and slide out from there. Repeat three times.</li> <li>6. Do the same on the other side.</li> <li>7. Massage the neck, lift it in the front of the chest, apply oil to it with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</li> <li>8. Do it in left-right order. Move from chin till armpit via the back of the ear with hands doing it alternately, and slide out from armpit.</li> </ol>	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 8</p>  <p>Technique 9</p>
<b>Metal Grease Cup</b> Advised Time: 20 to 30 minutes  Mode: M1/ M2/ M3/ M4  You can set the time for suction and			

<p>release freely. It's direct suction when the release time is set to zero.</p>		<p>Repeat three times.</p> <ol style="list-style-type: none"> <li>9. One Side: Push the three lines of the side of the neck with purlicue moving circlewise and till armpit, and slide out from there. Repeat three times.</li> <li>10. One Side: Rub lymph of the side of the neck with kneeling fingers till it turns hot. Repeat three times.</li> <li>11. Caress the treated part with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat three times.</li> <li>12. Do the same on the other side.</li> <li>13. Select a small <b>Metal Grease Cup</b> for the face; lift it upwards and one line after another from the chin to armpit via the back of the ear, and slide out from armpit. Repeat 1 to 2 times (per the client's situation).</li> <li>14. Select a proper vacuum cup for the face; slide it upwards and on the two sides of the forehead. Repeat 1 to 2 times (per the client's situation).</li> <li>15. One Side: Lift the metal grease cup from the chin to the armpit via the back of the ear with hands doing it alternately. Repeat three times.</li> <li>16. Move circlewise on the side of the neck in three</li> </ol>	<div data-bbox="1129 208 1270 421"> </div> <p>Technique 12</p> <div data-bbox="1134 544 1265 757"> </div> <p>Technique 13</p> <div data-bbox="1134 875 1265 1088"> </div> <p>Technique 13</p> <div data-bbox="1134 1207 1265 1420"> </div> <p>Technique 14</p> <div data-bbox="1129 1538 1270 1751"> </div> <p>Technique 15</p>
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		<p>lines and till armpit, and slide out from there. Repeat three times.</p> <p>17. Slide internal collarbone to armpit to expel toxins. Repeat 3 to 5 times.</p> <p>18. Select a small metal grease cup; lift from the back of the ear to the armpit, and slide out from there. Repeat 2 to 3 times (per the client's situation).</p> <p>19. Do the same on the other side.</p> <p>20. Underarm Lymphatic Detox: Do it in left-right order. Apply oil to the underarm with hands. Repeat three times.</p> <p>21. Rub Jiquan (HT1) with the base of a palm. Repeat 3 to 5 times.</p> <p>22. Push Gallbladder Meridian with hands' purlicue by turns, then pass under the armpit until the hands slide out. Repeat three times.</p> <p>23. Push lymph of the internal collarbone with hands doing it by turns and until the fingers slide out. Repeat three times.</p> <p>24. Push Lung Channel-Pericardium Channel-Heart Channel with hands purlicue doing it by turns. Repeat three times.</p> <p>25. Caress the whole arm and till the hands slide</p>	 <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 20. 26</p>  <hr/> <p>Technique 21. 29. 32</p>  <hr/> <p>Technique 22</p>
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		<p>out. Repeat three times.</p> <p>26. Rub the arm with kneeling fingers till it turns hot.</p> <p>27. Rub Jiquan(HT1) with the base of a palm. Repeat 3 to 5 times.</p> <p>28. Caress the treated parts till the hands slide out. Repeat one times.</p> <p>29. <b>Vacuum Cup:</b> Do it in left-right order.</p> <p>30. Push from the Gallbladder Meridian of the side of the chest to the armpit and caress it. Repeat three times.</p> <p>31. Start from the elbow, pushing the three channels and collaterals till the armpit. Repeat three times.</p> <p>32. Do the same on the other side.</p> <p>33. From Gallbladder Meridian to armpit, adopting moving cupping therapy with vacuum cups. Repeat three times.</p> <p>34. Select a suitable vacuum cup and do moving cupping therapy on the arms in a line-by-line manner. Repeat 1 to 2 times (per the client's situation).</p> <p>35. Select proper vacuum cups, and place them on the internal and external Gallbladder Meridian of the arm for about 5 to 10 minutes (per the client's</p>	 <hr/> <p>Technique 23. 30. 33</p>  <hr/> <p>Technique 24. 27</p>  <hr/> <p>Technique 36</p>  <hr/> <p>Technique 37. 43. 46. 48</p>  <hr/> <p>Technique 39. 40. 45</p>
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		<p>situation).</p> <p>36. Groin Lymphatic Detox: Do it in left-right order. Apply oil to the whole legs with hands. Repeat 3 to 5 times.</p> <p>37. Press Chongmen (SP12). Repeat 3 to 5 times.</p> <p>38. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg with hands' purlicue doing it alternately. Repeat three times.</p> <p>39. Caress the treated parts. Repeat three times.</p> <p>40. Stroke the groin with hands' purlicue. Repeat 3 to 5 times.</p> <p>41. Stroke the groin with hands' purlicue doing it by turns. Repeat 3 to 5 times.</p> <p>42. Twist the leg back and forth. Repeat three times.</p> <p>43. Rub the thigh root with kneeling fingers of hands till it turns hot.</p> <p>44. Push the four channels and collaterals till the groin with the vacuum cup, and slide out from there. Repeat three times.</p> <p>45. Move circlewise and back and forth on the groin. Repeat three times.</p> <p>46. Push the groin with the handpiece and a hand</p>	 <hr/> <p>Technique 41</p>  <hr/> <p>Technique 44</p>  <hr/> <p>Technique 49</p>  <hr/>
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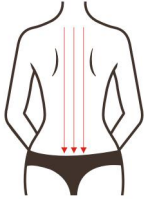
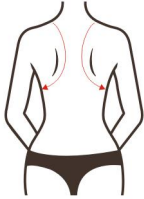
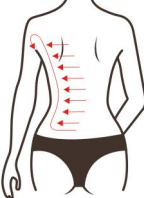
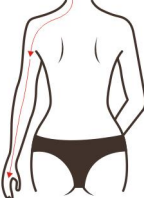
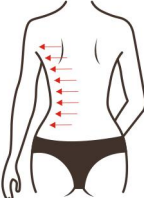
		<p>doing it by turns. Repeat three times.</p> <p>47. Push one line after another from the middle of the thigh to the groin and caress it with hands simultaneously. Repeat three times.</p> <p>48. Do the same on the other side.</p> <p>49. Do moving cupping therapy on the thigh in a line-by-line manner. Repeat 1 to 2 times (per the client's situation).</p> <p>50. Place the vacuum cups on the thigh, Zusanli (ST36), and Sanyinjiao (SP6) for about 10 minutes.</p> <p>51. Remove the cups and clean the treated parts. Treatment ends.</p>	
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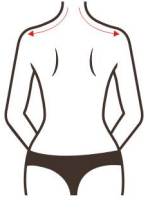
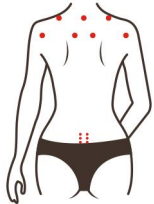
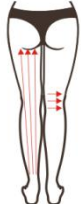

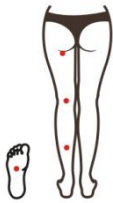
### The Recommended Course of Treatment

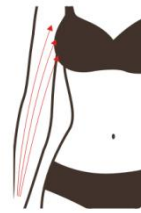


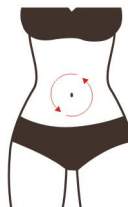
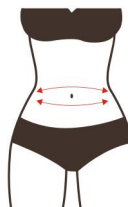
A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the whole body gets relaxed, and blood circulation becomes unobstructed. After a course, blood circulation and lymphatic detox accelerate, and obstruction and acne turn for the better. When you complete two courses, the underarm blockage relieves, nodes of the lymph disperse slowly, and immunity enhances. If you finish three courses, the effect consolidates, the circulation of the lymphatic system speed up, the physique strengthens, and diseases prevent.

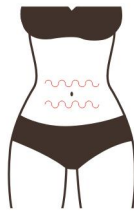

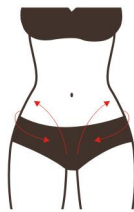

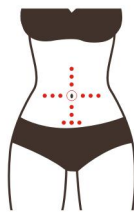
### Full Body Detox: 220 Minutes/ Once a Week

<b>Vacuum Cup</b> Advised Time: 60 to 80 minutes. (Operation + Fixed Cupping)  The advised operating	Essential Oil + Gel + Instrument	<ol style="list-style-type: none"> <li>1. Back Detox: Apply oil to the whole back with hands and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</li> <li>2. Push Du Meridian and Bladder Meridian directly with hands. Repeat three times.</li> </ol>	Technique 1  <hr/> Technique 2. 3. 9. 10
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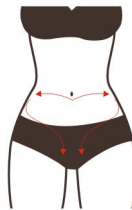

<p>time for each body part is 15 to 20 minutes.</p> <p>Mode: M1/ M2/ M3/ M4</p> <p>You can set the time for suction and release freely. It's direct suction when the release time is set to zero.</p> <p><b>Metal Grease Cup</b> Advised Time: 40 to 60 minutes.</p> <p>The advised operating time for each body part is 13 to 20 minutes.</p> <p>Mode: M1/ M2/ M3/ M4</p> <p>You can set the time for suction and release freely. It's direct suction when the release time is set to</p>		<ol style="list-style-type: none"> <li>3. Push Du Meridian and Bladder Meridian with hands doing it alternately. Repeat three times.</li> <li>4. Push from Dazhui (DU14) to Du Meridian and Bladder Meridian with the base of palms alternately, and lift from the side of waist till the palms slide out from armpit, and do it in left-right order. Repeat three times.</li> <li>5. Push the medial border of the scapula till the armpit three times. Then push from armpit till fingers and slide out.</li> <li>6. Start with Dazhui (DU14), pushing one line after another from the rib to the waist with the palms doing it alternately. Then push from the waist till armpit and slide out from there. Repeat three times.</li> <li>7. Move from the hairline to fingers via the area connecting neck and shoulder with hands' purlicue doing it alternately, and then slide out. Repeat three times.</li> <li>8. Do the same on the other side.</li> <li>9. <b>Metal Grease Cup:</b> Push it from Dazhui (DU14) to the caudal vertebra. Repeat three times.</li> </ol>	 <p>Technique 5. 11</p>  <p>Technique 6</p>  <p>Technique 7</p>  <p>Technique 12</p>  <p>Technique 13. 16</p>
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<p>zero.</p> <p><b>EMS</b> Advised Time: 40 to 60 minutes (total operating time)</p> <p>The advised operating time for each body part is 10 to 15 minutes.</p> <p>Advised Energy Level: 1 to 3</p> <p>Intensity: 30~80</p> <p>Advised Time: 1.0~5.0</p> <p>Time of Duration 30~80</p> <p>Depth of Penetration: 30~80</p>		<p>10. Push from Bladder Meridian to the caudal vertebra (do it in left-right order). Repeat three times.</p> <p>11. Push from the medial border of the scapula to the armpit. Repeat three times.</p> <p>12. Push one line after another from the rib direction to the waist. Repeat three times.</p> <p>13. Start with the neck, pushing the area connecting neck and shoulder. Repeat three times.</p> <p>14. Do the same on the other side.</p> <p>15. <b>Vacuum Cup:</b> If your body has heavy dampness, you can do moving cupping. Move it between Du Meridian and Bladder Meridian for three times, so is the same with the medial border of the scapula; move the cups towards the rib direction of the whole back three times (per client's situation).</p> <p>16. Select the proper cups, and move them back and forth on the neck and the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>17. Fixed Cupping: Place the cups on Dazhui (DU14), Jianjing (GB21), Tianzong (SI11),</p>	 <p>Technique 17</p>  <p>Technique 23. 24. 25. 31</p>  <p>Technique 26</p>  <p>Technique 35</p>  <p>Technique 41. 46.48</p>
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		<p>Feishu (BL13), and sacral region (BL31-BL34) for about 5 to 10 minutes (per client's situation).</p> <p>18. Remove the cups and clean them with a towel.</p> <p>19. Apply gel to the pads.</p> <p>20. <b>EMS Pad:</b> Fasten the pads onto the back's muscle with a strap for 10 to 15 minutes.</p> <p>21. Remove the strap and pads and clean the treated part.</p> <p>22. Treatment ends.</p> <p>23. Leg Detox: Do it in left-right order; apply essential oil from lower leg to thigh, and return to heel. Repeat three times.</p> <p>24. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' pulicue doing it by turns. Repeat three times.</p> <p>25. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>26. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>27. Caress the treated part. Repeat three times.</p> <p>28. Push the four channels</p>	
			<p>Technique 43</p> 
			<p>Technique 43. 47. 49</p> 
			<p>Technique 55</p> 
			<p>Technique 56</p> 
			<p>Technique 57</p>

		<p>and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>29. Caress the treated part. Repeat three times.</p> <p>30. Do the same on the other side.</p> <p>31. <b>Metal Grease Cup:</b> Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>32. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>33. The techniques for vacuum cup are the same as mentioned above.</p> <p>34. Do the same on the other side.</p> <p>35. Select the proper vacuum cups, and place them on popliteal fossa, thigh, and Chengshan (BL57) for about 10 minutes.</p> <p>36. Remove the cups and clean the treated parts, 2 minutes.</p> <p>37. <b>EMS Pad:</b> Apply gel to the pads, and fasten them onto the leg's fatty part with a strap for 10 to 15 minutes.</p> <p>38. Remove the strap and pads and clean the</p>	 <hr/> <p>Technique 58</p>  <hr/> <p>Technique 59</p>  <hr/> <p>Technique 60</p>  <hr/> <p>Technique 62</p>  <hr/> <p>Technique 64</p>
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		<p>treated part.</p> <p>39. Treatment ends.</p> <p>40. Arm Detox: Lay the arms flatwise, and apply essential oil evenly to the arms with hands till the fingers. Repeat three times.</p> <p>41. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm respectively till armpit with hands' purlicue. Repeat three times.</p> <p>42. Rub the upper arm with kneeling fingers of the hands till it turns hot.</p> <p>43. Lay the arms upwards, and apply essential oil evenly to the arms with hands till the fingers abd slide out. Repeat three times.</p> <p>44. Push Lung Channel-Pericardium Channel-Heart Channel of the inner arm with hands' purlicue doing it by turns. Repeat three times.</p> <p>45. Rub the upper arm with kneeling fingers of the hands till it turns hot. Repeat three times.</p> <p>46. Select the proper <b>Metal Grease Cup</b>, set the energy level, lay the arms flatwise, and push the Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer</p>	 <hr/> <p>Technique 65</p>  <hr/> <p>Technique 68</p>  <hr/>
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		<p>arm respectively. Repeat three times.</p> <p>47. Lay the arm upwards, and push the inner arm's Lung Channel-Pericardium Channel-Heart Channel successively. Repeat three times.</p> <p>48. Select the proper <b>Vacuum Cup</b>, set the energy level, and push Large Intestine Channel-Triple Energizer Channel[TE]-Small Intestine Channel[LI] of the outer arm respectively. Repeat three times.</p> <p>49. Lay the arm upwards, and push the inner arm's Lung Channel-Pericardium Channel-Heart Channel successively. Repeat three times.</p> <p>50. Select the proper Vacuum Cups and place them on the outer side of the arms for 5 to 10 minutes.</p> <p>51. Remove the cups and clean the skin.</p> <p>52. <b>EMS Pad:</b> Apply gel to the pads, fasten them onto the arm's fatty part with a strap for 10 to 15 minutes.</p> <p>53. Remove the strap and pads and clean the treated part.</p> <p>54. Treatment ends.</p> <p>55. Abdomen: Apply oil to it with hands moving</p>	
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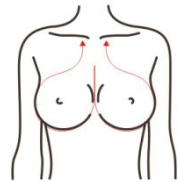
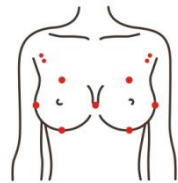
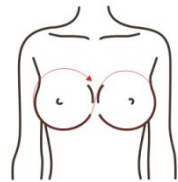
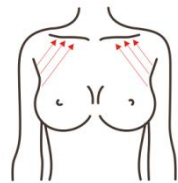
		<p>circlewise. Repeat three times.</p> <p>56. Rub the belly back and forth with hands. Repeat three times.</p> <p>57. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times.</p> <p>58. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times.</p> <p>59. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist till belly button. Repeat three times.</p> <p>60. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times.</p> <p>61. Caress the treated parts with hands moving circlewise.</p> <p>62. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng (SP15). Repeat two times.</p> <p>63. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>64. Push Ren</p>	
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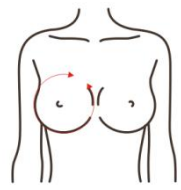
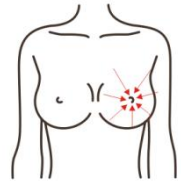
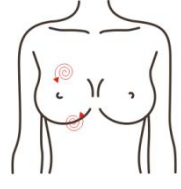
		<p>Meridian-Kidney  Meridian-Stomach  Meridian-Spleen  Meridian-Liver  Meridian-Gallbladder  Meridian from the bottom up with hands doing it alternately. Repeat three times.</p> <p>65. Push from Zhongji (RN3) to the belly button with the thumbs, slide to the parts below the waist along the two sides, and lift upwards to the groin. Repeat three times.</p> <p>66. Caress the treated parts with hands moving circlewise. Repeat three times.</p> <p>67. Caress the treated part till groin with hands.</p> <p>68. Select the proper <b>Vacuum Cups</b> and place them on the abdomen (Xiawan (RN10), Tianshu (ST25), Daheng (SP15), Guanyuan (RN4), the side of the waist) for about 5 to 10 minutes (per client's situation).</p> <p>69. Remove the cups and clean the skin, 2 minutes.</p> <p>70. <b>EMS Pad:</b> Apply gel to the pads, fasten them onto the treated part with a strap for 10 to 15 minutes.</p> <p>71. Remove the strap and pads and clean the treated part.</p> <p>72. Treatment ends.</p>	
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### The Recommended Course of Treatment:

A course of treatment includes six treatment cycles. When you accomplish a treatment cycle, the body gets relaxed, and transitory petechiae and ecchymosis appears, which will vanish within 3 to 5 days. If it's severe, use the device once a month. For those with slight transitory petechiae and ecchymosis, you can use it two times a month. After a course of treatment, the body metabolism accelerates, obstruction and constipation improves. When you complete two courses, stiff muscle and soreness turn better, and the local clog and obstruction are dredged and metabolized. If you finish three courses, the sleep improves, the complexion turns ruddy, and the physique consolidates.





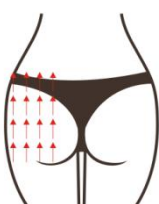
### Breast Enlargement: 60 Minutes/ 1 to 2 Times a Week

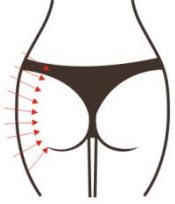
<b>Breast Enhancement Cup</b> Advised Time: 20 to 30 minutes  Mode: M1/ M2/ M3/ M4  You can set the time for suction and release freely. It's direct suction when the release time is set to zero.  <b>Breast Pad</b> Advised Time: 15 to 20 minutes  Advised Energy Level: 1 to 3  Intensity:	Essential Oil + Gel + Instrument	<ol style="list-style-type: none"><li>1. Stand next to the head of a bed, apply essential oil from Danzhong (RN17) to the armpit with hands, move upwards, and lift Cooper's ligaments simultaneously. Repeat three times.</li><li>2. Press Danzhong (RN17), Ruzhong (ST17), Dabao (SP21), Yinchuang (ST16), Zhongfu (LU1), and Yunmen (LU2) with thumbs. Repeat three times.</li><li>3. Caress the treated part. Repeat three times.</li><li>4. Draw Arabic numeral eight between Danzhong (RN17) and the breasts with palms overlapped. Repeat three times.</li><li>5. Lift from the accessory breast to Cooper's ligaments with hands, and do it in left-right order. Repeat ten times.</li><li>6. Caress the treated part. Repeat three times.</li><li>7. Sit next to the client. Do it in left-right order; caress and lift the breast with hands. Repeat 3 to 5 times.</li></ol>	<b>Technique 1</b>  <hr/>
			<b>Technique 2</b>  <hr/>
			<b>Technique 4</b>  <hr/>
			<b>Technique 5</b>  <hr/>

<p>30~80</p> <p>Advised Time: 1.0~5.0</p> <p>Time of Duration 30~80</p> <p>Depth of Penetration: 30~80</p>		<p>8. Push the lactiferous ducts around the breasts with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule part of the breasts with the thumbs moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Clean the breast with a hot towel, 2 minutes.</p> <p>13. Vacuum Cup for Breast Enlargement: select the proper cups for the client, and fasten them onto the breast for around 20 minutes.</p> <p>14. You can place cups used on the face on the sunken nipples and leave them there for 5 to 10 minutes.</p> <p>15. Remove the cups.</p> <p>16. <b>Breast Pad:</b> Apply gel to the pads, fasten them onto the treated part with a strap, and use them for 10 to 15 minutes.</p> <p>17. Remove the pads and strap and clean the treated part.</p> <p>18. Clean the treated parts with a towel. Treatment ends.</p>	<p>Technique 7, 10</p>  <hr/> <p>Technique 8</p>  <hr/> <p>Technique 9</p>  <hr/>
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### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the breasts lift. After a course, the breasts firm and enlarge; the accessory breast, outward expansion, and sagging start to tighten and concentrate slowly. If you finish three courses, the breasts become large and upstanding. If you stick to the treatment, the effect will get more noticeable.

Buttock Enhancement: 60 Minutes/ 1 to 2 Times a Week			
<b>Breast Enhancement Cup</b> Advised Time: 15 to 20 minutes  Mode: M1/ M2/ M3/ M4  You can set the time for suction and release freely. It's direct suction when the release time is set to zero.  <b>EMS</b> Advised Time: 15 to 20 minutes  Advised Energy Level: 1 to 3  Intensity: 30~80  Advised Time: 1.0~5.0  Time of Duration: 30~80  Depth of	Essential Oil + Gel + Instrument	<ol style="list-style-type: none"> <li>Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</li> <li>Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</li> <li>Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</li> <li>Caress the treated part. Repeat three times.</li> <li>Do it in left-right order; push from thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</li> <li>Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times,</li> </ol>	<p>Technique 1</p>  <p>Technique 2</p>  <p>Technique 3</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 8</p>

<p>Penetration: 30~80</p>		<p>respectively.</p> <ol style="list-style-type: none"> <li>7. Push from the thigh root to Daimai (GB26) with the palms overlapped (for lifting). Repeat three times.</li> <li>8. Push one line after another and back and forth from the two sides of the buttocks to the highest point on them with hands (for shaping). Repeat three times.</li> <li>9. Repeat technique No.7.</li> <li>10. Caress the treated part.</li> <li>11. Do the same on the other side.</li> <li>12. Rub the sacral region(BL31-BL34) with your hands till it turns hot.</li> <li>13. Select the suitable <b>Buttock Enhancement Cup</b> and do moving cupping: lift from thigh root to the highest point of the buttocks, and repeat it 3 to 5 times.</li> <li>14. Lift from the two sides of the buttocks to the middle. Repeat 3 to 5 times.</li> <li>15. Fixed cupping: Select the proper cups, fasten them onto the buttocks, set the energy to a proper level, and leave them there for around 5 to 15 minutes.</li> <li>16. Remove the cups and clean the treated parts,</li> </ol>	
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		<p>2 minutes.</p> <p>17. <b>EMS Pad:</b> Apply a proper amount of gel to the pads and fasten them onto the treated part for about 20 minutes.</p> <p>18. Remove the pads, and clean the treated parts with a towel. Treatment ends.</p>	
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#### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift. After a course, the buttocks' excess flab starts to decrease, and the surrounding fat begins to concentrate. If you finish three courses, the buttocks' curve builds, its elasticity improves, and gynecological diseases like cold uterus are relieved.

#### Vaginal Care: 60 Minutes/ Once a Week

<p><b>Vacuum Cup</b> Advised Time: 9 to 15 minutes</p> <p>Mode: M1/ M2/ M3/ M4</p> <p>You can set the time for suction and release freely. It's direct suction when the release time is set to zero.</p> <p><b>Vacuum Cup for Vagina</b> Advised Time: 15 to 20 minutes</p>	<p>Feminine Care Oil + Instrument</p>	<ol style="list-style-type: none"> <li>1. Massage the vagina, pour the oil onto the palms and rub till the hands get hot. Push groin in left-right order with the hands' purlicue doing it by turns. Repeat 3 to 5 times.</li> <li>2. Stroke groin from the bottom up with hands doing it alternately and in left-right order. Repeat 3 to 5 times.</li> <li>3. Rub the labia's nearby acupoints with hands. Repeat three times.</li> <li>4. Stroke one line after another from groin to labia with hands. Repeat 3 to 5 times.</li> <li>5. Stroke groin from the bottom up again with hands doing it alternately and in</li> </ol>	<p>N/A</p>
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<p>Mode: M1/ M2/ M3/ M4</p> <p>You can set the time for suction and release freely. It's direct suction when the release time is set to zero.</p>		<p>left-right order. Repeat 3 to 5 times.</p> <p>6. Stroke one line after another from groin to labia with hands. Repeat 3 to 5 times.</p> <p>7. <b>Vacuum Cup:</b> Place the cups on three different points on the groin, and leave each cup there for 3 to 5 minutes.</p> <p>8. Select the <b>Vacuum Cup for Vagina</b>, and stroke groin from the bottom up and do it in left-right order. Repeat 3 to 5 times.</p> <p>9. Stroke labium majus and minus from the bottom up and in left-right order. Repeat 3 to 5 times.</p> <p>10. Stimulate Huiyin (RN1) (leave it there for three seconds). Repeat 3 to 5 times.</p> <p>11. Clean the treated parts with a towel. Treatment ends.</p>	
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#### The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, a sense of tightening can be felt. After a course, the color of the groin and labia start to fade, and the labia gets firm slowly. If you finish three courses, the vagina turns ruddy and tightened, menstruation becomes normal, dysmenorrhea is relieved, and harmonious sexual life regains.