User Manual LB-61Q1



Preface

Dear Users,

We're pleased to present to you our latest 5-in-1 beauty machine, which incorporates ultrasonic scrubber, RF handpiece, ultrasound handpiece, hot&cold handpiece, and BIO for skin management. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface					
Part I					
Introduction					
Advantages					
Working Principles					
Facial Skin Firming&Anti-ageing					
Facial Thorough Cleaning					
Facial Soothing&Repairing					
Neck care					
Part II					
1. Detailed Operations					
2. Technical Parameters					
3. Dos and Don'ts					
4. Troubleshooting & Solutions					
5. FAQs					
6. Packing List					
7. Simplified Treatment Steps					
8. Operational Diagrams					

Part I

Introduction

Ultrasonic scrubber, RF handpiece, ultrasound handpiece, hot&cold handpiece, and BIO are currently the most popular beauty tools that focus on skin management. It's an effective replacement of all facial treatments in beauty salons. Moreover, it is convenient and easy to operate, which can relieve skin problems for beauty-seekers. This machine requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. The scrubber uses high-frequency vibration and cavitation to cleanse skin thoroughly to soften and remove corneum, unblock pores, minimize pore size and smooth skin. Ultrasound handpiece uses high-frequency vibration to get rid of metabolites of skin and help with skin's absorption of nutrients. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation at skin bottom, which can achieve the results of skin firming and anti-aging. The BIO function, combined with photon therapy, can renew cells, promote metabolism, and relieve various skin conditions.

Advantages

- 1. This 5-in-1 multifunctional beauty machine provides comprehensive facial treatments for people.
- 2. RF can heat up dermis and then promote skin metabolism and collagen regeneration, thus delivering the results of skin lifting, firming and rejuvenating, wrinkle removal, and anti-ageing.
- 3. The BIO function can promote cell's vitality to rejuvenate skin. Based on photodynamics, the photon therapy can renew cells, promote metabolism, and relieve various skin conditions.
- 4. The specially-designed scrubber can effectively remove the stubborn dirt and impurities on the area around nose(like nose wing and the tip of nose) and lips without damaging skin for its touching skin well, offering treatment receivers safe and comfortable experience.
- 5. It is painless and non-invasive during the process. There is no downtime, which means you can go back home as long as the treatment is finished without any inconvenience.
- 6. No consumption, low cost and quick returns.
- 7. It provides almost all facial treatments you can think of.
- 8. Unevenness, bleeding, and swelling will not appear after treatment.
- 9. It is suitable for all skin types, helping improve skin texture and smooth out fine lines.

Working Principles

Scrubber

Based on ultrasonic waves, this machine can produce up to 28,000HZ mechanical vibration, the energy of which has great penetrating ability on skin. The ultrasonic cavitation can make many bubbles forms in the water. After those bubbles come into pores, harmful substances like blackheads can be destroyed into smaller particles, which then will be moved to skin surface by the high-frequency vibration of ultrasonic waves. Sebum and other skin secretions which cause pore blockage will be emulsified. The purpose of killing bacteria can be also achieved at the same time. In this way, this machine can unblock pores, minimize pore size and smooth skin.

Physical effects

The high-frequency sound waves can work together with the use of softening products or

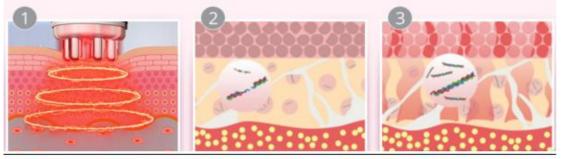
exfoliating creams, in which corneum will be softened, sound waves can open up pores and then the high-frequency vibration will help get rid of harmful substances inside.



Face RF

RF wave can directly penetrates the skin and uses the resistance formed by the skin to produce energy, which raises the temperature of the bottom layer of the skin. Using the principle of dermis collagen protein tightening and stimulating collagen protein regeneration, it has two therapeutic effects: timely skin firming and lasting collagen protein regeneration.

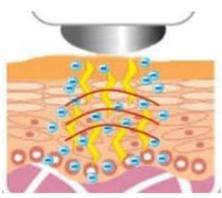
After treatment, an obvious sense of contraction can be felt immediately at the treatment area, and the effect of skin firming and lifting can be seen about a month later, and the effect will become more and more obvious. The effect of RF treatment can last for about 18 months to 3 years depending on the area of treatment and individual maintenance methods, which, however, may be longer depending on individual maintenance methods. The latest research points out that better results can be achieved after repeated treatment.



High-frequency waves penetrate through the skin, heating the stretched collagen fibers, firming the skin, and weakening the orange peel.

Ultrasound

It makes high-frequency ultrasonic wave of 28,000 HZ/ second penetrate into the subcutaneous tissue at a depth of 4~6mm. Ultrasonic wave has high energy and strong permeability, which can drive facial cells to vibrate accordingly. It can not only drive pore grease out, but also change the volume of cells to improve blood circulation, which can stimulate cell regeneration and make the skin shiny and elastic. Secondly, because of the heat effect caused by its high-frequency vibration, it also has the function of quickly introducing nutrition into the skin, which can make the skin better absorb the nutrients of the skin care products.



Hot&Cold

It is based on thermal expansion and cold contraction. Our skin reduces the metabolic rate at 5 degrees Celsius, slows down the movement of cells and slows down the sensitivity of nerve endings, which inhibits pain and swelling of skin for allergic reactions. Due to thermal expansion and cold contraction, the temperature of 5 degrees Celsius causes the blood vessels to contract, resulting in pore contraction to restrain thick pores and firm the skin. Therefore, it can smooth facial wrinkles and crow's feet.

Physiological effects of 5° C:

- 1. It can constrict blood vessels, resulting in tightening of pores, which can greatly improve the size of pores.
- 2. It can strengthen myofibril, make the skin firm and elastic, and smooth the wrinkles and crow's feet.
- 3. It can constrict blood vessels, and reduce varicose veins and red veins effectively. It is easier to purify and detoxify venous blood in terms of harmful substances, and it has a significant effect on reduction and elimination of spots.
- 4. It can reduce the metabolic rate, inhibit and slow down the cell activity, reduce the sensitivity of the peripheral nerve to play a calming and soothing effect, and relieve skin swelling and pain, especially for allergic skin.

Physiological response of 40° C treatment :

- 1. 40°C makes people feel warm and comfortable, which will be able to relax muscles, keep the balance of vegetative nervous system and relieve pain and soreness. It can promote blood circulation, increase the oxygen content in the blood, and open pores and extend blood vessels to make skin absorb nutrients quickly, which is a milder and more comfortable absorbing way.
- 2. It can increase the metabolic rate of the skin, increase the heat energy content of the tissue, and make skin naturally eliminate the waste and toxins, which has a certain effect on the elimination of bags under the eyes and dark circles.

The alternating use of cold and heat hammer has multiplying effect on skincare, and can activate cells, and improve and purify the skin, which is a good instrument for health and beauty treatment.

BIO

LED photon therapy is based on photodynamics to activate deep cells and boost skin metabolism. After light is absorbed by the skin, the light energy is transformed into intracellular energy, which expands and strengthens microvessels and produces photochemical--enzymatic reaction with the skin, increasing the activity of Catalase and superoxide dismutase (SOD), which serve as the "guard" and "cleaning worker" of cells. The breakdown of adenosine triphosphate (ATP), a source of cellular energy, increases, and glycogen and protein content increase. Therefore, it promotes cell metabolism and synthesis. It stimulates basic fibroblast growth

factor(BFGF) and the epidermal growth factor (EGF) to secrete, which can rearrange collagen fibers and elastic fiber, block and eliminate the formation of melanin, accelerate cell growth and blood circulation, and stimulate fiber cells to produce collagen to increase skin elasticity. It plays an important role in skin care such as repairing the aging skin and acne skin, fading spots, firming skin and alleviating sunburns.

Biological effect

Based on photodynamics, it activates deep cells and boosts skin metabolism. After the light is absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical--enzymatic reactions with the skin to increase the content of glycogen and protein. In this way, it promotes the metabolism and synthesis of cells.

Red LED Light: 635NM. Red LED light of specific wavelength heats up skin bottom, promote collagen regeneration, accelerates skin's micro circulation, and increase skin elasticity, leaving skin rosy and smooth and making skin look younger and have less wrinkles. Promote the regeneration of skin cells and activate active ingredients.

Blue LED Light: 462NM. Blue LED light of specific wavelength shrinks pores, removes skin grease, calm skin, fight acne, quickly lock in moisture and essence, leaving skin more elastic.

Relieve skin inflammation, kill bacteria, get rid of acne.

Green LED Light: 527NM. Green LED light of specific wavelength helps to calm, repair skin, relieve pain, and promote blood circulation. It is suitable for those with thin corneum, and who are prone to allergy and redness.

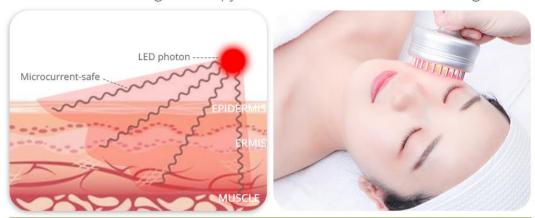
Purple LED Light: 600NM, dual frequency of red and blue LED lights. It combines the efficacy of two kinds of phototherapy and has a particularly good repairing effect especially for the treatment of acne and acne marks.

Yellow LED Light: 590NM. It can add energy to skin cells, promote the role of glands, assist digestion, treat skin diseases, enhance immunity, accelerate blood circulation, effectively repair red marks, red spots, and relieve swelling and pigmented spots, and is suitable for removing spots and brightening.

White LED Light: 670NM. It reaches deep into skin, accelerates metabolism of active cells, decomposes pigments, reduces fine lines and tights skin. It can also relax skin, balance sebum production and control oil secretion.

Turquoise LED Light: 610NM, dual frequency of green and blue LED lights. It gradually enhances cell energy, and has positive impact on metabolism.

Microcurrent&LED Light Therapy-Fine Lines Reduction&Skin Firming



Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features. It improves muscle tone, reduces puffiness, increases cellular activity, and tightens pores.that is why the result will be double after LED light therapy for acne, wrinkle, the overall result is a healthier and younger looking skin, no matter your age.

Facial Skin-firming&Anti-aging

1. Needed handpiece

Scrubber+hot&cold handpiece+Ultrasound+Face RF+BIO

2. Effects

- 1. Activate cells and increase skin's elasticity
- 2. Firm skin and smooth out fine lines
- 3. Relive saggy condition of skin
- 4. Build face contour and make face have stereoscopic appearance
- 5. Shrink pores and plump up cheeks
- 6. Moisturize skin and promote skin's absorption
- 7. Brighten skin tone and fade pigmentation
- 8. Accelerate metabolism and blood circulation
- 9. Stimulate collagen regeneration and slow down skin ageing

3. Applicable range

- 1. Those with saggy skin
- 2. Those with fine line on face, nasolabial folds and dynamic wrinkles
- 3. Those with unsatisfactory face contour and double chin
- 4. Those with rough skin and large pores
- 5. Those with saggy skin and edema after birth
- 6. Those with low skin metabolism and poor absorption

4. Inapplicable Range

- 1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
- 2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.
- 3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
- 4. Those who are in allergic period and have severely sensitive skin and metal allergies.
- 5. Those who have trauma or wound on the skin.
- 6. Those who are of advanced years.
- 7. Those who are in menstruation, pregnancy, lactation, surgical recovery.

- 8. Those who have skin diseases and infectious diseases.
- 9. Those who are sensitive to electric currents.

5. Do's and Don'ts after Operation

- 1. Wash face with warm water within three days
- 2. Stay hydrated and use suncream
- 3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week
- 4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
- 5. Apply face mask at least three times within a week

Facial Thorough Cleaning

1. Needed handpiece

Scrubber+hot&cold handpiece+Ultrasound+BIO

2. Effects

- 1. Cleanse deep skin layer and unblock pores
- 2. Slough off corneum
- 3. Supply skin with moisture and nutrients
- 4. Improve skin texture and increase skin's elasticity
- 5. Make skin smoother

3. Applicable Range

- 1. Those who have dry skin
- 2. Those who have large pores and rough skin that lacks glow
- 3. Those who have poor skin absorption
- 4. Those who have dark-toned skin or uneven-toned skin
- 5. Those who have oily, dry skin or have excess sebum production
- 6. Those who follow improper cleaning procedure

4. Inapplicable Range

- 1. Those who have severely sensitive skin or are having allergic reactions.
- 2. Those who have large lesions on face
- 3. Pregnant women or patients with severe heart diseases, severe hypertension, hyperglycemia, hyperlipemia, major diseases and so on
- 4. Those who have skin diseases or contagious diseases
- 5. Those who have just taken skin booster, and micro-needle treatment or who have incisions on skin.
- 6. Those who are sensitive to electric current.

5. Do's and Don'ts after Operation

- 1. Wash face with warm water within three days
- 2. Stay hydrated and use suncream
- 3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week
- 4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less grease.
- 5. Apply face mask at least three times within a week

Facial Soothing & Repairing

1. Needed handpiece

Ultrasound+hot&cold handpiece+BIO

2. Effects

- 1. Relieve redness, swelling, acne and allergic reaction on face.
- 2. Calm and soothe skin.
- 3. Minimize pore size.
- 4. Increase skin's elasticity.
- 5. Promote skin's resistance and lower skin's sensitivity.

3. Applicable Range

- 1. Those who have sensitive, acne-prone skin or whose skin are vulnerable to redness, swelling and allergic reactions.
- 2. Those who have saggy skin without elasticity.
- 3. Those who have dark-toned, uneven-toned and dry skin and fine lines.
- 4. Those who have large pores, rough skin and excess grease secretion.

4. Inapplicable Range

- 1. Those who have severely sensitive skin or are having allergic reactions.
- 2. Those who have prostheses in their noses.
- 3. Those who have large lesions on the face.
- 4. Pregnant women or patients with severe heart diseases, severe hypertension, hyperglycemia, hyperlipemia, major diseases and so on.
- 5. Those who have skin diseases or contagious diseases.
- 6. Those who have just taken skin booster, and micro-needle treatment or who have incisions on skin.
- 7. Those who have metal implants in body such as stent and pacemaker or who are sensitive to metals.

5. Do's and Don'ts after operation

- 1. Wash face with warm water within 3 days.
- 2. Avoid sunburn and stay hydrated.
- 3. Do not use irritating products such as AHA, scrubbing and exfoliating products within one week.
- 4. Do not stay up late, avoid drinking alcohol and smoking cigarettes and eat more fruits, vegetables and foods with less oil.
- 5. Apply face mask three days in a row.

Neck Care

1. Needed handpiece

Face RF+Ultrasound+BIO

2. Effects

- 1. Reduce the flabbiness, roughness and dullness of the neck skin.
- 2. Firm skin and increase skin elasticity.
- 3. Remove double chin.
- 4. Accelerate lymph detox and improve facial skin.

5. Prevent neck and lymph diseases.

3. Applicable Range

- 1. Those with rough and dull skin on the neck.
- 2. Those with lymphatic blocking
- 3. Those with sagging and inelastic neck skin.
- 4. Those who often bow their heads
- 5. Those who are not satisfied with their neck tone.

4. Inapplicable Range

- 1. Those who have just undergone plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
- 3. Those who are having an allergic reaction, or people with severe sensitive skin.
- 4. Those with skin trauma or wound.
- 5. Those who are of advanced years.
- 6. Those who are pregnant or convalescents.
- 7. Those with skin disease and other contagious diseases.

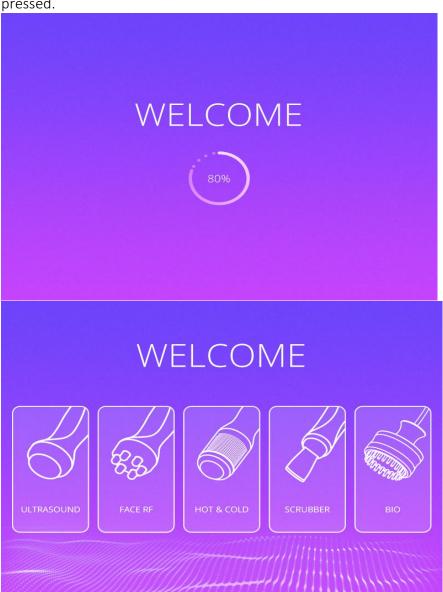
5. Do's and Don'ts after Operation

- 1. Avoid sunburn. Keep the neck warm.
- 2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
- 3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
- 4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.
- 5. Moisturizing and mask for the neck is encouraged, Use masks at least 3 times a week. Essence or neck cream is encouraged.
- 6. Avoid bowing head for a long time.

Part II

1. Detailed Operation

After all are connected properly, the following interface will appear when the power switch is pressed.



1. Function Selection



time and adjusting buttons

buttons for decreasing time and increasing time



2. Detailed Operation of ULTRASOUND

press to go to the following interface





energy level and adjusting buttons



buttons for lowering and raising energy level



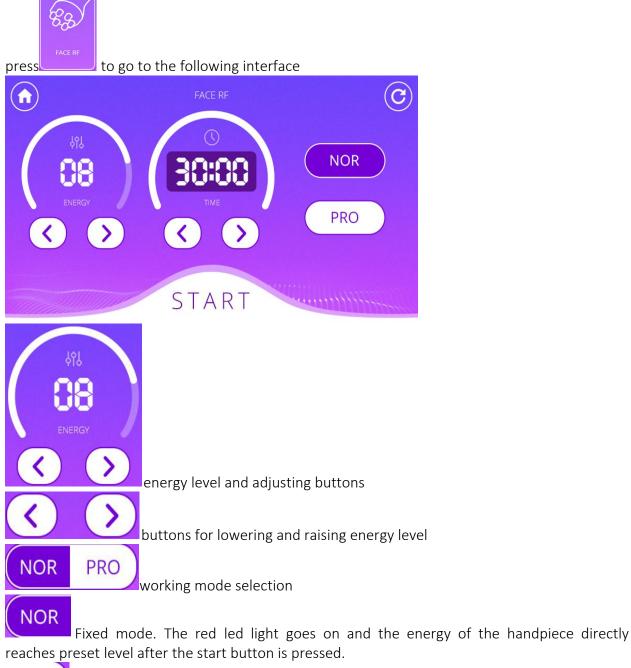
working mode selection



Constant working mode, suitable for those who with dry, rough and dark-

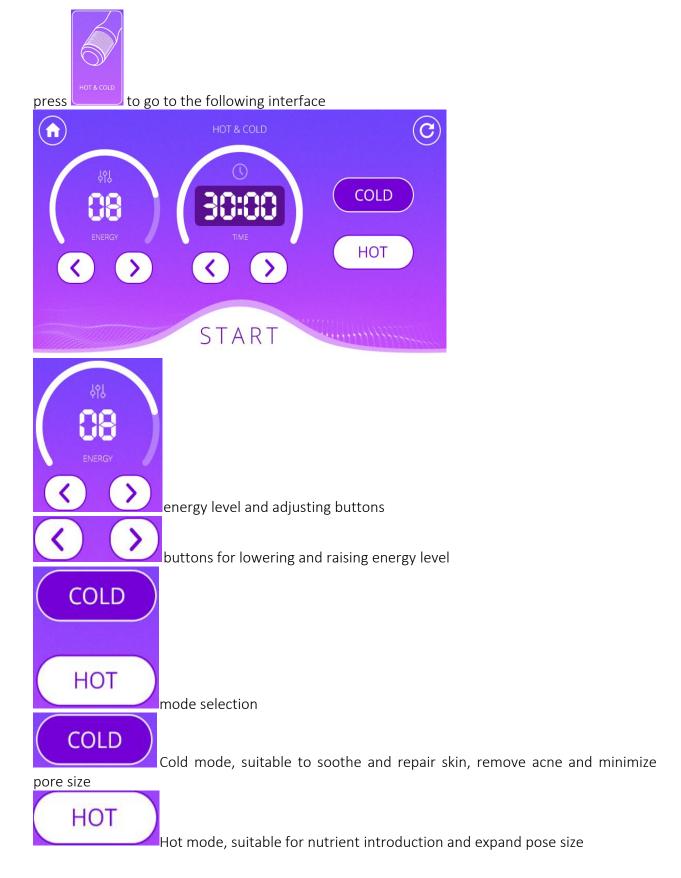
discontinuous working mode, suitable for those with sensitive skin and first-time users.

3. Detailed Operation of Face RF

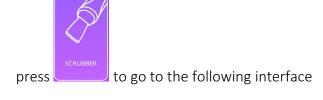


Smart mode. The red led light goes on and the energy of the handpiece slowly reaches preset level after the start button is pressed and the handpiece touches skin.

4. Detailed Operation of Hot&Cold



5. Detailed Operation of Scrubber







energy level and adjusting buttons



buttons for lowering and raising energy level



mode selection



Constant working mode, suitable for those with large pores, blocked pores, excessive sebum and oily skin.



Discontinuous working mode, suitable for those with dry and sensitive skin

6. Detailed Operation of BIO

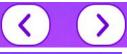


to go to the following interface





energy level and adjusting buttons



buttons for lowering and raising energy level



M2

mode selection



Constant working mode, suitable for those with dry, rough and dark-toned skin.



Discontinuous working mode, suitable for those with sensitive skin or first-time users.

Buttons for LED Photon function



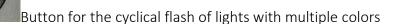
"off" button for the photon therapy

Button for turning on the light and selecting mode(choose the light with specific

colour.)

Button for the flash of light with a certain color. (When you want change this light

to another one, you just need to press



3. Technical Parameters

Power supply Input:100V-240V

Power:190W

Cold Hot Hammer Cold: 0-5 degree Hot: 45 degree

Ultrasonic Probe:

Output frequency: 7WOutput voltage: DC 15V

Power supply: 110-240V AC powerPowered by: AC/DC power adaptor

6-pole RF handle Frequency: 1MHZ Power:30W

Microcurrent & Photon

7 colors: Red, Blue, Green, Purple, Orange, Turquoise, White

3. Dos and Don'ts

- 1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
- 2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
- 3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
- 4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.

- 5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
- 6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
- 7. Please do not use the instrument on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 8. Patients who are suffering from illness should consult a doctor and get permission from the doctor before using.
- 9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
- 10. Set the energy at the lowest level at the beginning and then increase the level slowly after customer adapts to it.
- 11. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
- 12. The handpiece can be used alone. Better results will be delivered if one handpiece works in conjunction with other handpieces.
- 13. When you use the cold&hot handle, keep your hands away from the steam outlet to avoid discomfort.
- 14. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.
- 15. Use machine or train machine operators in strict accordance with instructions in the user manual.

4. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

2. No RF output from the machine?

- A. Please check whether the cord connects the handpiece to the machine properly
- B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handpiece and human body to cause this problem.

3. Weakened energy output?

- A. Please check whether the cord connects the handpiece to the machine properly
- B. Please check whether non-conductive grease and other substances are on the treatment handpiece, which can cause poor contact between the handpiece and skin to weaken the output.
- C. Please check whether the skin care product used is specified by this machine.

4. I can start the machine, but the screen shows erroneous message?

- A. Please unplug the power cord behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

5. FAQs

1. Q: Will skin become thinner and more sensitive after taking the scrubber treatment?

A: No. It only removes the aging stratum corneum of the skin and unblock pores, minimize pore size and smooth skin in the process of treatment. Our skin will be updated every 28 days, so it will only make the skin smoother, delicate and transparent without making skin suffer from sensitive symptoms.

2. Q: How long can I start seeing results of RF treatment?

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

3. Q: Is RF harmful to skin?

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

4. Is this photon therapy harmful to eyes?

A: This light is very conducive to the restoration of cellular vitality. In clinic medicine, the red light is used for the treatment of eye congestion, conjunctivitis, glaucoma, amblyopia, presbyopia or other vision impairments. It will not cause any damage to one's vision. However, in order to reduce the discomfort, you should not expose your eyes directly to such light.

5. Q: Does the ultrasonic introduction help with acne scar removal?

A: ultrasonic introduction can take advantage of the high-frequency vibration of the sound waves to introduce whitening nutrients into skin, inhibit the production of melanin and fade spots, thus effectively relieving the dark tone of skin and pigmentation spots caused by acne to restore skin's fairness. This treatment is safe and reliable without side effects. After-treatment care is simple and outdoor activities are allowed.

6. Q: Does ultrasound treatment have side effects for human body?

A: It is non-surgical and non-invasive treatment without anaesthesia. Generally speaking, it is not harmful to human body. Though it releases some energy, the energy is not high enough to do harm to body. Contrarily, it has accumulative effects that are good for the body.

7. Q: Can I put on makeup after operating this instrument?

A: Absolutely you can. After treatment, the skin is moisturized and plump, and putting on makeup will see better effect at that time. This is a non-invasive skin care, which is safe, healthy, fast and effective.

8. Q: Is there any dependence on taking this treatment?

A: No dependence. This is aimed at refining and cleaning the skin, which belongs to the maintenance product that helps skin avoid problems caused by other factors, help the skin absorb nutritional products, relieve skin dullness, dryness and roughness and wrinkles. If you do not take this treatment in the later stage, skin will just return to previous secretion and aging process, and that will not cause dependence.

9. How long will it take to see the effect?

A: After one treatment session, you can see that the skin is clean and transparent. The effect of continuous treatment is more obvious, which can relieve aging conditions like the skin dryness,

dullness and fine lines.

10. Q: What is collagen?

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.

11. Why do we need to exfoliate skin?

A: The stratum corneum is a layer of tissue above the epidermis, on which the cells have completely died. Depending on different parts of the body, the stratum corneum is composed of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, normally 28 days, which is the metabolic cycle of people in adolescence. If you are an adult, your metabolic cycle should be 10 days more than your age value. However, due to various reasons, it is possible that the aging and dead cells can not fall off in time, resulting in corneum hypertrophy, and the skin has no sense of transparency, which affects the skin color and the metabolic renewal of the skin. Therefore, in the case that there is no way to normally complete this normal metabolic process, it is necessary to use artificial methods to achieve the goal.

6. Packing List

1 x Machine Body

1 x Ultrasound Handpiece

1 x Face RF Handpiece

1 x Hot&Cold Handpiece

1 x Scrubber

1 xBIO

2 x Holder

1 x Power Cord

7. Simplified Treatment Steps

1. Face firming&anti-ageing(90 min)

Remove makeup---clean face--apply hot steam and blackhead-removing liquid--use scrubber-"cold" handpiece--massage techniques--ultrasound--face RF--"cold" handpiece--apply face
mask--BIO--apply toner, essence, lotion/face cream and suncream.

Needed skincare products: blackhead-removing liquid, essence, massage cream and RF cream.

2. Facial thorough cleaning(60 min)

Remove makeup--clean face--apply hot steam and blackhead-removing liquid--use scrubber-"cold"handpiece--ultrasound--apply face mask--BIO--apply toner, essence, lotion/face cream
and suncream.

Needed skincare products: blackhead-removing liquid, essence

3. Facial soothing and repairing(50 minutes)

Remove makeup--clean face--apply toner--ultrasound--"cold" handpiece--apply face mask--BIO--apply toner, essence, lotion/face cream and suncream.

Needed skincare product: essence

4. Neck Care(50 minutes)

Remove makeup--clean neck--apply toner--massage techniques--ultrasound--face RF--apply neck mask--BIO--toner, neck essence, neck cream and suncream.

Needed skincare products: massage cream, essence, RF cream.

8. Operational Diagrams

Parameter		Product		Techniques		Diagrams		
Adjustment								
Facial Firming&Anti-ageing: 90 min once a week								
Scrubber	Make	eup	1. Remove r	makeup and	Tech	nique5,15		
Energy level:	remo	ver+faci	clean face, 5 minutes.					
3-7	al		2. Apply ton	er, 1 minute.				
Time: 8-10	cleanser+bla			ckhead removing				
min	ckhead-		liquid and h	ot steam(to the				
Mode:	remo	removing area where th		there are large		M		
constant/disc	liquic	liquid+cold& pore		vere blockage.				
ontinuous	hot		Toner can be applied to		Tech	Technique7,17		
	stear	n+essen	cheeks. If yo	ou have sensitive				
Hot&cold	ce+R	F		oner and cold				
Energy level:	cream+face		stem on the	whole face				
3-7	mask+LB-		instead of b	lack head-		d b		
Time: 8-10	61Q1		removing lic	quid and hot				
min			steam)					
Mode: cold			4. Scrubber cotton pad	treatment: use to wet face,	Tech	nique9,24,28		
ULTRASOUN			move the so	rubber slowly on				
D			face at an ir	clination of 45°.				
Energy level:			Repeat the	technique on				
3-7			nose area, 3	8-6 times.				
Time: 10-15			5. Lift upwa	rds from jaw to				
min			earlobe, mo	uth corner to ear	Tech	nique11,26,30		
Mode:			center, and	nose wing to				
constant/disc			temple, 3 tii			000000		
ontinuous			6. Do the sa	me on the other		K Cooc		
			side.			(-)		
Face RF			=	ds hairlines on		\mathcal{M}		
Energy level:			forehead, 3	times.				

8. Wash face clean and apply

Technique12,14

Time: 10-15 min Mode: NOR/PRO

BIO

Energy level:

3-7

Time: 10-15

min Mode: M1/M2 Choose the light with specific colour based on individual needs.

essence evenly, 3 minutes.

9. "Cold" handpiece treatment: move the handpiece upwards in circular motion from jaw to the back of ear, mouth corner to ear center and nose wing to temple line by

10. Repeat the technique on the other side.

line, 3-5 times.

- 11. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 12. Massage techniques: apply massage cream evenly to face and soothe face, 3 times.
- 13. Apply digital pressing technique on the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, the temple, GB-1, ST-1, ST-2), 3 times.
- 14. Soothe face, 3 times
- 15. Alternately apply lifting technique from chin to ear lobe, mouth corner to Ermen(SJ21), and nose wing to temple, lift eye corner from lower eyelid to temple with both hands, 3 times.
- 16. Repeat the technique on the other side.
- 17. Apply lifting technique towards hairline on forehead, 3 times
- 18. Apply plucking technique with fingers alternately to lift face.
- 19. Apply plucking technique with one hand towards hairline on forehead.
- 20. One side, apply plucking technique with both hands alternately to lift face, 2-3 minutes
- 21. Repeat the technique on the other side.
- 22. Move in a zigzag motion on forehead with middle and



Technique13



Technique22



Technique31,32



Technique34



ring fingers, slide to the front side of ears and lift back and forth for 3 times and then slide to the back of ears.

23. Wash face clean and apply essence evenly.

- 24. **Ultrasound** treatment: move the handpiece upwards in circular motion from jaw to earlobe, mouth corner to ear center and nose wing to temple, 3-5 times.
- 25. Repeat the technique on the other side.
- 26. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 27. Wash face clean and apply RF cream evenly.
- 28. Face RF treatment: move the handpiece upwards in circular motion from jaw to earlobe, mouth corner to ear center and nose wing to temple, 3-5 times.
- 29. Repeat the technique on the other side.
- 30. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 31. Move the handpiece upwards from jaw to the back of ear, mouth corner to ear center, and nose wing to temple, 3-5 times.
- 32. Lift upwards from jaw to the back of ear, mouth corner to ear center, and nose wing to temple with one hand and the handpiece, 3-5 times.
- 33. Repeat the techniques above on the other side.
- 34. Move the handpiece from forehead to hairline, 3-5 times.
- 35. Clean face and apply toner evenly, 2 minutes.
- 36. "Cold" handpiece

the above techniques.
37. Apply face mask, 15
minutes.
38. **BIO** treatment: use the handpiece in stamping technique from jaw to earlobe, mouth corner to ear center, nose wing to temple and forehead to hairline, 5-8 minutes.
39. Wash face clean, 2 minutes.
40. Apply toner, essence, face cream and suncream.

treatment: the same with

Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment session, pores will be visibly cleaned and skin will be hydrated and firmed. After one course of treatment, skin will become even-toned and condition of pores will be much improved. Three courses of treatment will leave skin moisturized and rejuvenated with glow and elasticity, which can make skin retain moisture for 24 hours. Wrinkles can also be reduced.

41. The end.

Facial Thorough Cleansing: 60 min once a week

Scrubber

Energy level:

3-7

Time: 8-10 min

Mode:

constant/disc ontinuous

Hot&cold

Energy level: 3-7

Time: 8-10

min

Mode: cold

ULTRASOUN

Energy level:

3-7 Time: 10-15

min

Mode: constant/disc ontinuous Makeup remover+faci al cleanser+bla

ckheadremoving liquid+cold&

steam+essen ce+RF cream+face mask+LB-

hot

61Q1

- 1. Remove makeup and clean face, 5 minutes.
- 2. Apply toner, 1 minute.
- 3. Apply blackhead removing liquid and hot steam(to the area where there are large pores or severe blockage. Toner can be applied to cheeks. If you have sensitive skin, apply toner and cold stem on the whole face instead of black head-removing liquid and hot steam).
- 4. **Scrubber** treatment: use cotton pad to wet face, move the scrubber slowly on face at an inclination of 45°. Repeat the technique on nose area, 3-6 times.
 5. Lift upwards from jaw to
- earlobe, mouth corner to ear center, and nose wing to temple, 3 times.
- 6. Do the same on the other

Technique5



Technique7



Technique9,13



Technique11,15

BIO

Energy level:

3-7

Time: 10-15

min Mode: M1/M2 Choose the light with specific colour based on individual needs.

side.

- 7. Lift towards hairlines on forehead, 3 times.
- 8. Wash face clean and apply essence evenly, 3 minutes.
- 9. "Cold" handpiece treatment: move the handpiece upwards in circular motion from jaw to the back of ear, mouth corner to ear center and nose wing to temple line by
- 10. Repeat the technique on the other side.

line, 3-5 times.

- 11. Move the handpiece in circular motion horizontally on forehead, 3-5 times.
- 12. Apply essence evenly, 1 minute.
- 13. **Ultrasound** treatment: move the handpiece upwards in circular motion from jaw to earlobe, mouth corner to ear center and nose wing to temple, 3-5 times.
- 14. Repeat the technique on the other side.
- 15. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 16. Clean face, 2 minutes
- 17. Apply face mask, 15 minutes.
- 18. BIO treatment: use the handpiece in stamping technique from jaw to earlobe, mouth corner to ear center, nose wing to temple and forehead to hairline, 5-8 minutes.
- 19. Wash face clean, 2 minutes.

21. The end.

20. Apply toner, essence, face cream and suncream.



Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment session, pores will be visibly cleaned and skin will be hydrated. After one course of treatment, skin will become even-toned and the condition of pores will be much improved. Three courses of treatment will leave skin moisturized and rejuvenated with glow and elasticity, which can make skin retain moisture for 24 hours.

Facial Soothing & Repairing: 50 min once a week

ULTRASOUN

D

Energy level:

3-7

Time: 10-15

min

Mode:

constant/disc

ontinuous

Hot&cold

Energy level:

3-7

Time: 8-10

min

Mode: cold

BIO

Do not use the function of micro currents
Time: 10-15 min
Choose the light with specific colour based on individual needs.

Makeup remover+fa cial

cleanser+ba

se mask+cold&

hot

steam+esse nce+face

mask for repairing+LB

-61Q1

- 1. Remove makeup and clean face, 5 minutes.
- 2. Apply toner, 1 minute.
- 3. Apply essence for skin soothing&repairing evenly, 1 minute.
- 4. **Ultrasound** treatment: move the handpiece upwards in circular motion from jaw to earlobe, mouth corner to ear center and nose wing to temple, 3-5 times.
- 5. Repeat the technique on the other side.
- 6. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 7. Clean face, 2 minutes
- 8. Apply essence for skin soothing&repairing evenly, 1 minute.

9. "Cold" handpiece

treatment: move the handpiece upwards in circular motion from jaw to the back of ear, mouth corner to ear center and nose wing to temple, 3-5 times.

- 10. Repeat the technique on the other side.
- 11. Move the handpiece in circular motion horizontally on forehead, 3 -5 times.
- 12. Clean face, 2 minutes.
- 13. Apply face mask for repairing skin, 8~10 minutes.
- 14. **BIO** treatment: use the handpiece in stamping technique from jaw to earlobe, mouth corner to ear center, nose wing to temple and forehead to hairline, 5-8 minutes.
- 15. Wash face clean, 2 minutes.

Technique4,9



Technique6,11



16. Apply toner, essence, face cream and suncream. 17. The end.	
17. The end.	

Treatment Suggestions

One course of treatment consists of ten treatment sessions. After one treatment session, sky will be smoothed and hydrated. Redness and swelling will be relieved. After one course, skin will be return to normal and less prone to allergic reactions caused by seasonal factors, cosmetic products and dryness of skin. After two courses, skin will be supple and velvety. There will be ruddy cheeks thanks to promoted blood circulation. After three courses, effects will be consolidated.

Neck Care: 50 min once a week

ULTRASOUND

Energy level: 3-

Time: 10-15 min

Mode: constant/disco

Face RF

ntinuous

Energy level:

3-7

Time: 10-15 min Mode: NOR/PRO

BIO

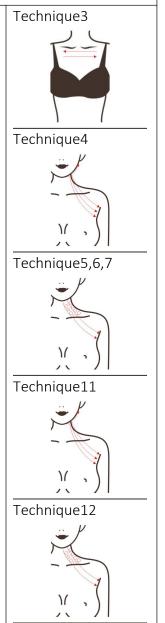
Do not use the function of micro currents Time: 10-15 min

The colour of light: red

Makeup remover+fa ce cleanser+m assage cream+esse nce+neck

mask

- 1. Remove makeup and clean neck, 5 min.
- 2. Apply toner, 1 min.
- 3. Neck massage: rub oil into the chest with both hands to the back of the neck and press Gb-20 and Du-16 acupoints, 3 times.
- 4. Alternately lift the lower jaw and double chin and then pass behind the ear and under the armpit, 3 times.
- 5. Push downwards with thumb and index finger splaying, tracing 3 meridians from the neck to the armpit, 3 times.
- 6. Push downwards with 4 fingers, tracing 3 meridians from neck to the armpit, 3 times.
- 7. Push downwards with bending fingers till the neck turns hot and slide to the armpit, 3 times.
- 8. Push downwards with thumb and index finger splaying from outer collarbone to armpit, 3-5 times.
- 9. Do the same on the other side.
- 10. Clean neck and apply essence evenly.
- 11. **Ultrasound** treatment, use



Technique14

one hand and the handle to lift double chin area and then pass the back of ear to armpit, 3 times.

- 12. Move the handle in circles along three lines on one side of neck to armpit, 3 times.
- 13. Slide the handle from inner and outer sides of clavicle to the armpit, 3-5 times.
- 14. Move the handle in circles on the whole neck area, 3 times.
- 15. Do the same on the other side.
- 16. Wipe neck clean with warm towel, 2 minutes
- 17. Face RF treatment, use one hand and the handle to lift double chin area and then pass the back of ear to armpit, 3 times.
- 18. Move the handle in circles along three lines on one side of neck to armpit, 3 times.
- 19. Slide the handle from inner and outer sides of clavicle to the armpit, 3-5 times.
- 20. Move the handle in circles on the whole neck area, 3 times.
- 21. Do the same on the other side.
- 22. Wipe neck clean with warm towel, 2 minutes
- 23. Apply neck mask, 15 minutes
- 24. **BIO** treatment: use the handpiece in stamping technique from jaw to earlobe, mouth corner to ear center, nose wing to temple and forehead to hairline, 5-8 minutes.
- 25. Wash face clean, 2 minutes.
- 26. Apply toner, essence, face cream and suncream.
- 27. The end.



Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, skin becomes rejuvenated and smooth. After a full course, neck skin becomes smooth, and the neck lymphatic circulation is accelerated. After 2 courses of treatment, skin will be tightened, neck lines will be reduced, and the the condition of double chin will be relieved. After 3 courses of treatment, skin will be firmed with glow, lymphatic detox will be accelerated and some problems will be resolved such as acne and skin dullness. Moreover, skin aging will be prevented and skin will remain in a young state.