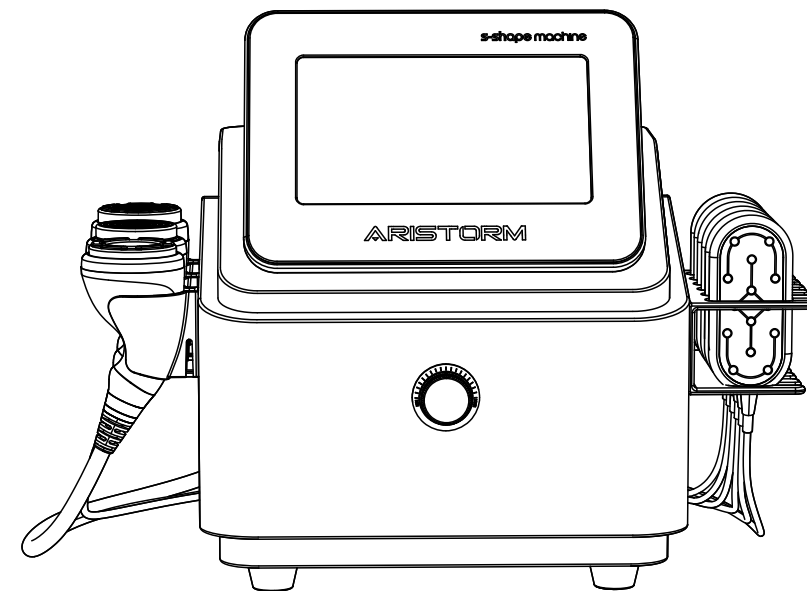


# User Manual

Home SPA Instrument



## Contents

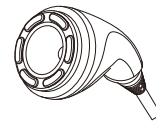
### Part I

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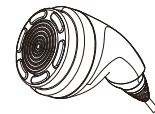
## Packing List



Main Machine\*1



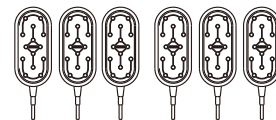
Vacuum&RF Handle\*1



CAVI 30K/50K&RF Handle\*1



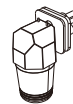
CAVI 80K Handle\*1



LIPO LASER pad\*6



Handle holder\*1 set



Filter\*1



Power cord \* 1





Fuse\*2


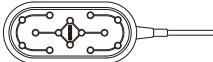



Strap \* 1 set

## Technical specification

	Input Voltage: 110V-260V 50-60HZ	Net weight: 18.5KG	
	Power: 70W	Gross weight: 29KG	
	Dimensions: 22.8x15.4x17.3inches		
	Input power: 70W		

	RF Frequency: 1MHz	RF Frequency: 1MHz	
	30K Frequency: 30KHz	50K Frequency: 50KHz	
	Power: 70W	Power: 60W	

	Frequency: 80KHz		Wavelength: 650nm 160mw
	Power: 33W		Power: 31W

	RF Frequency: 1MHz	Negative pressure flow: 10LPM	
	Power: 68W	Noise level (30cm away):	
	Suction intensity: -80 Kpa	<60 db (30cm away)	

## Precautions

- 1.This product is guaranteed by the designated after-sales service unit.
- 2.Before using the instrument, use a plug with a grounding pin and ensure the power socket is grounded.
- 3.Clean the instrument with normal saline for hygienic reasons and to prolong its service life.
- 4.Always use the designated accessory provided or recommended by the manufacturer to ensure performance throughout its service life.
- 5.This instrument is a high-precision electronic device that requires proper storage. Please avoid storing it in humid conditions, direct sunlight, or near flammables and explosives to prevent damage.
- 6.Do not place the instrument in high-temperature conditions, as this may negatively impact its service life and performance.
- 7.Do not apply the instrument on eyes, thyroid, parathyroid, testicles, pregnant women's abdomen, pacemakers, etc.
- 8.Remove all metal objects from the user's body to prevent unpredictable conditions or reduce treatment effectiveness.
- 9.Please turn off the power of the device when not in use, and make sure to turn off the general power of the device before leaving after daily use to ensure the safety of the device.
- 10.Individuals with a metal bracket (excluding IUD) or breast implants installed should avoid using this instrument.
- 11.Individuals who have had a cesarean section or surgery within the last six months, a miscarriage within the last three months, or a natural birth within the last two months should refrain from using this instrument.

12.Ensure the filter cotton is installed inside the vacuum handle, as the foreign body may block the handle.

13.Always begin the treatment at the lowest energy level and gradually increase it as the user becomes accustomed to the sensation.

14.The use of a medium on the treatment area is necessary, and performing the operation on the treatment area without the medium should be avoided.

15.Do not use the 30K/50K/80K handle on the head, breast, thorax, heart, and back.

16.In case you are taking other anti-adiposity drugs, it is recommended to stop the drugs for 1 to 2 months before treatment. If you want to take the treatment immediately, the course of treatment should be extended.

17.Strictly follow the instructions in the manual to use the instrument or train the operator.

## Contraindications

1.Individuals with diabetes, heart disease, history of scarring, and hyperthyroidism.

2.Persons who recently had surgery or are in the recovery period from surgery.

3.Individuals suffering from malignant tumors, hemophilia, and hemorrhage.

4.Individuals with pacemakers, vascular stents, or metal implants, as well as those using heart rate devices or other active electronic devices.

5.Individuals with skin disease or infectious disease.

6.Individuals with skin irritation, sensitive skin, or metal allergies.

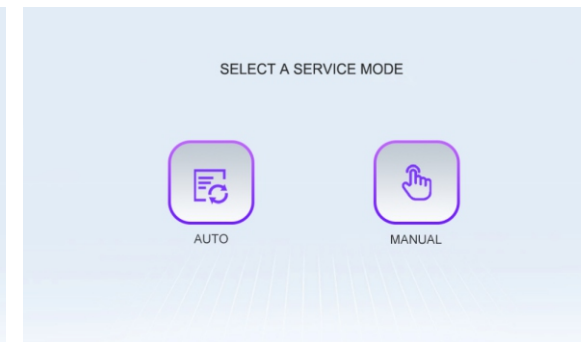
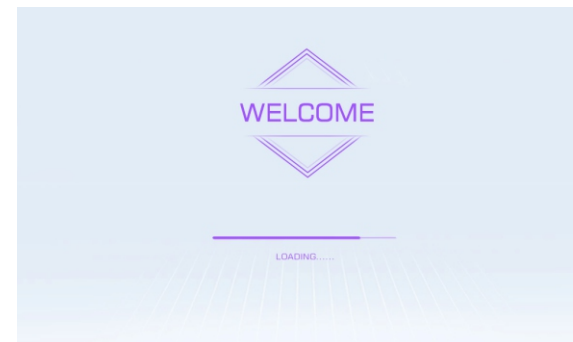
7.Individuals who have recently undergone plastic surgery or have implants in the treatment area.

8.Individuals who have recently received injections such as Hyaluronic Acid and botulinum, undergone chemotherapy, or plastic surgery should refrain from using this instrument on their face and neck.

9.Menstruating, pregnant, or breastfeeding women.


## Interface Introduction

Connect the power source, power on the instrument, and the Welcome Interface will subsequently appear.






1.AUTO

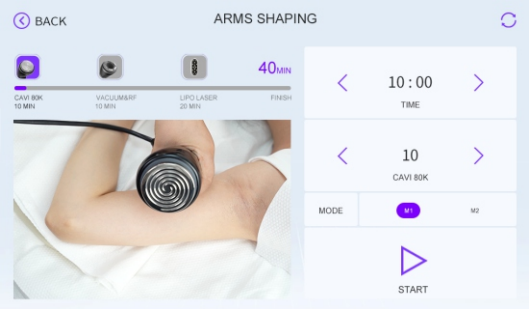
Tap  to access the following interface.




 Back to the previous step


1.1 ARMS SHAPING


Tap  to access the following interface.

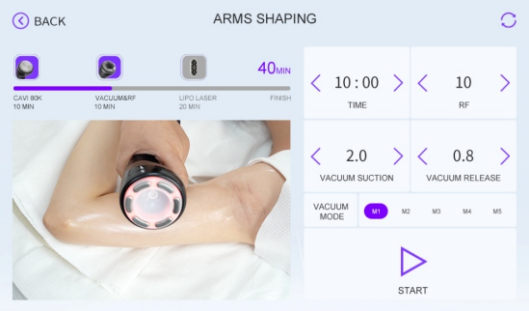


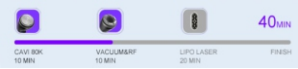
 Process of the treatment

 Back to the last page  Reset button


 Press the START/PAUSE button to initiate the 80K treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.

 80K mode (The default mode is M1, and you may switch to another mode manually)  
M1: Continuous working mode  
M2: Intermittent working mode

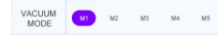


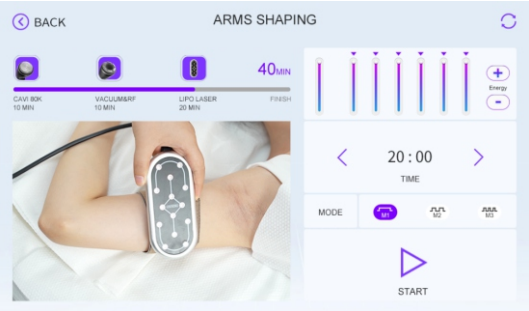
 Process of the treatment


 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the VACUUM&RF treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.


 Tap this button to access the VACUUM&RF operation interface early, and tap the START/PAUSE button to start the VACUUM&RF treatment.


 VACUUM mode (The default mode is M1, and you may switch to another mode manually)  
M1: Only suction.  
M2: At a slow intermittent frequency  
M3: At a moderate intermittent frequency  
M4: At a fast intermittent frequency  
M5: At the fastest intermittent frequency

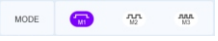


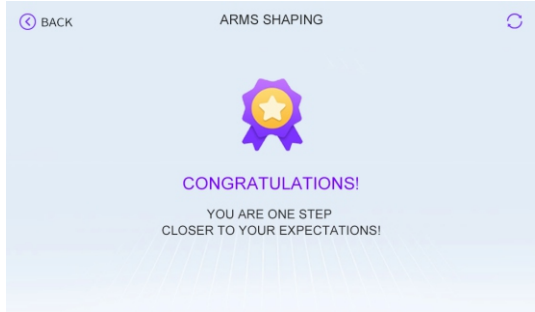
 Process of the treatment

 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the LIPO LASER treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.

 Tap this button to access the LIPO LASER operation interface early, and tap the START/PAUSE button to start the LIPO LASER treatment.

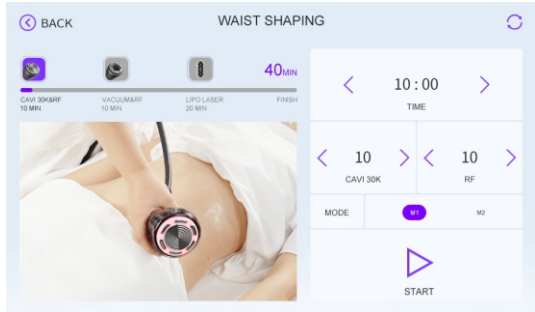
 LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)  
M1: The lights are steadily on.  
M2: The lights flash slowly.  
M3: The lights flash quickly.



The entire ARMS SHAPING treatment is considered complete when this concluding interface appears.


## 1.2 WAIST SHAPING

Tap  to access the following interface.

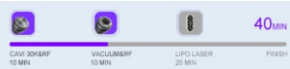
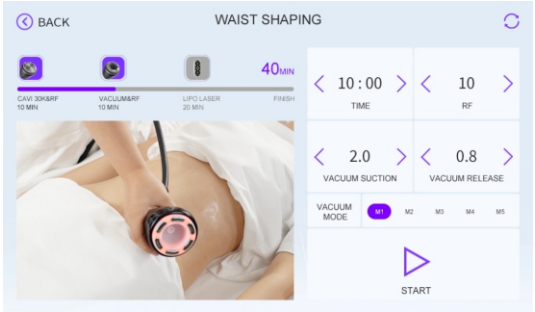


Process of the treatment

 Back to the last page  Reset button


 Press the START/PAUSE button to initiate the CAVI 30K&RF treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.

30K mode (The default mode is M1, and you may switch to another mode manually)  
M1: Continuous working mode  
M2: Intermittent working mode



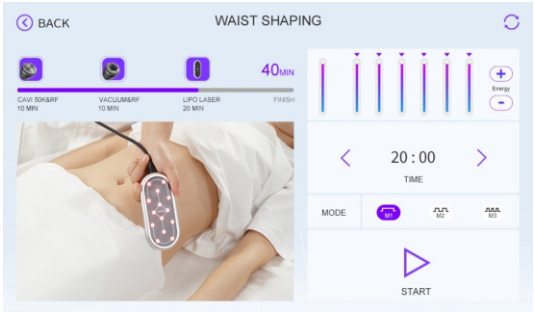
Process of the treatment

 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the VACUUM&RF treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.


 Tap this button to access the VACUUM&RF operation interface early, and tap the START/PAUSE button to start the VACUUM&RF treatment.


VACUUM mode (The default mode is M1, and you may switch to another mode manually)  
M1: Only suction.  
M2: At a slow intermittent frequency  
M3: At a moderate intermittent frequency  
M4: At a fast intermittent frequency  
M5: At the fastest intermittent frequency



Process of the treatment

 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the LIPO LASER treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.

 Tap this button to access the LIPO LASER operation interface early, and tap the START/PAUSE button to start the LIPO LASER treatment.

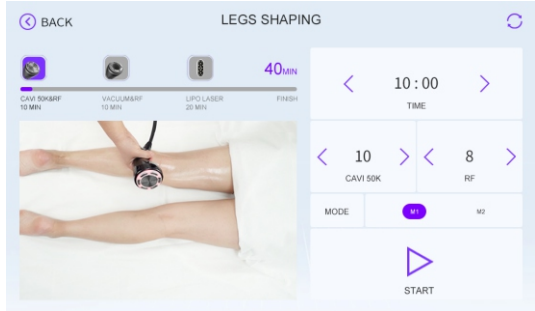
LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)  
M1: The lights are steadily on.  
M2: The lights flash slowly.  
M3: The lights flash quickly.



The entire WAIST SHAPING treatment is considered complete when this concluding interface appears.


### 1.3 LEGS SHAPING

Tap  to access the following interface.



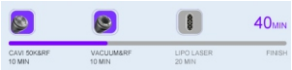
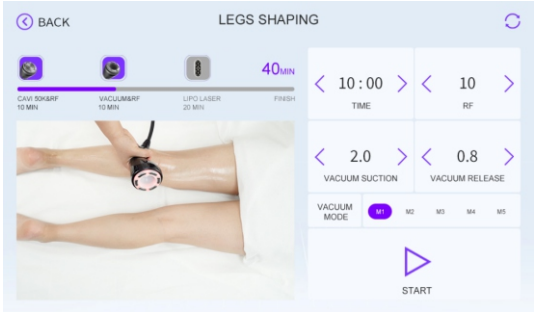
Process of the treatment

 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the CAVI 50K&RF treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.




50K mode (The default mode is M1, and you may switch to another mode manually)  
M1: Continuous working mode  
M2: Intermittent working mode

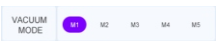


Process of the treatment

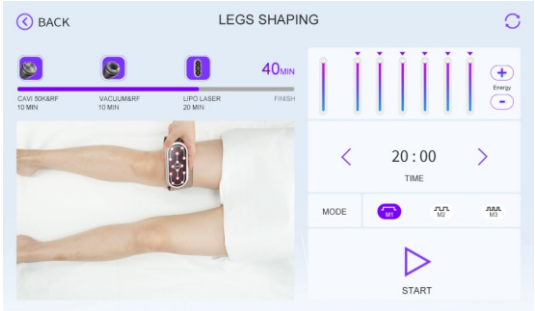
 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the VACUUM&RF treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.


 Tap this button to access the VACUUM&RF operation interface early, and tap the START/PAUSE button to start the VACUUM&RF treatment.





VACUUM mode (The default mode is M1, and you may switch to another mode manually)  
M1: Only suction.  
M2: At a slow intermittent frequency  
M3: At a moderate intermittent frequency  
M4: At a fast intermittent frequency  
M5: At the fastest intermittent frequency



Process of the treatment

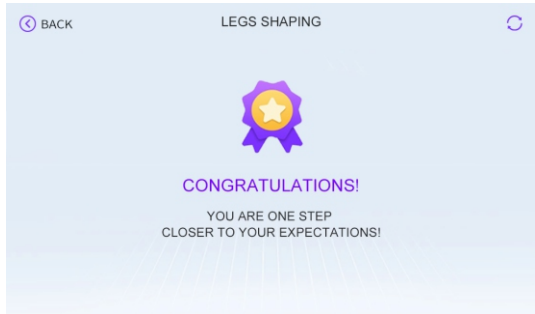
 Back to the last page  Reset button

 Press the START/PAUSE button to initiate the LIPO LASER treatment. The parameters are preset to default settings, and you can adjust the time and energy level based on individual tolerance.

 Tap this button to access the LIPO LASER operation interface early, and tap the START/PAUSE button to start the LIPO LASER treatment.




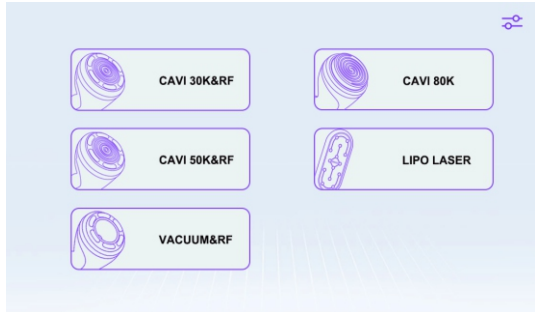
LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)  
M1: The lights are steadily on.  
M2: The lights flash slowly.  
M3: The lights flash quickly.



The entire LEGS SHAPING treatment is considered complete when this concluding interface appears.

## 2. MANUAL


Tap  to access the following interface.




## 2.1 CAVI 30K&RF

Tap  to access the following interface.




 Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

 CAVI 30K energy display and set buttons (range 0-10, 3-8 recommended)

 RF energy display and set buttons (0-10 levels, with 3-8 being recommended)


30K working mode  
M1: Continuous working mode  
M2: Intermittent working mode

 Back to the last page  Reset button  START/PAUSE button


## 2.2. CAVI 50K&RF

Tap  to access the following interface.



 Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

 CAVI 50K energy display and set buttons (range 0-10, 3-8 recommended)

 RF energy display and set buttons (0-10 levels, with 3-8 being recommended)


50K working mode  
M1: Continuous working mode  
M2: Intermittent working mode


 Back to the last page  Reset button  START/PAUSE button


2.3 VACUUM&RF


Tap  to access the following interface.

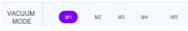


 Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

 RF energy display and set buttons (0-10 levels, with 3-8 being recommended)

 Suction time display and set buttons (range 0.0-2.0, with 0.2-1.0 recommended)


 Release time display and set buttons (range 0.0-2.0, with 0.0-0.5 recommended)

 Vacuum mode  
M1: Only suction.  
M2: At a slow intermittent frequency  
M3: At a moderate intermittent frequency  
M4: At a fast intermittent frequency  
M5: At the fastest intermittent frequency

 Back to the last page

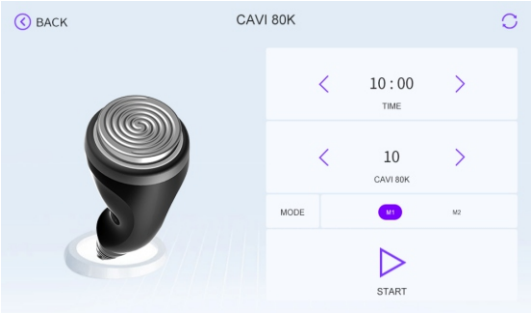
 Reset button


 START/PAUSE button

 Suction control knob (set according to individual tolerance)

2.4. CAVI 80K

Tap  to access the following interface.



 Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

 CAVI 80K energy display and set buttons (range 0-10, 3-8 recommended)

 80K working mode  
M1: Continuous working mode  
M2: Intermittent working mode


 Back to the last page  Reset button  START/PAUSE button


2.5. LIPO LASER

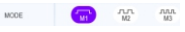

Tap  to access the following interface.



 Display of the LIPO LASER energy  Back to the last page

 Energy level set buttons (0 - 10 levels, with 3 - 8 being recommended)  Reset button

 Time display and set buttons (0 - 60 minutes, with 20 minutes recommended)

 LIPO LASER working mode  
M1: Lights are steadily on.  
M2: Lights flash slowly.  
M3: Lights flash quickly.  START/PAUSE button



## CAVI 30K Handle Test

- 1.Power on the instrument.
- 2.Select "CAVI 30K&RF" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the START/PAUSE button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If it is atomized, the CAVI 30K is functioning normally. If not, please contact the dealer for assistance.

## CAVI 50K Handle Test

- 1.Power on the instrument.
- 2.Select "CAVI 50K&RF" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the START/PAUSE button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If it is vibrated, the CAVI 50K is functioning normally. If not, please contact the dealer for assistance.

Note: Please note that the water appearance differs during the 30K and 50K tests. The water is well atomized in the 30K test, whereas visible ripples appear in the water during the 50K test.

## CAVI 80K Handle Test

- 1.Power on the instrument.
- 2.Select "CAVI 80K" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the START/PAUSE button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If there are visible ripples in the water, the 80K is functioning normally. If not, please contact the dealer for assistance.

## VACUUM&RF Handle Test

- 1.Power on the instrument.
- 2.Select "VACUUM&RF" on the main menu.
- 3.Adjust the mode to M1, and set the suction intensity to the maximum using the suction control knob.
- 4.Tap the START/PAUSE button and place the handle on your palm.
- 5.If the handle successfully suctions your palm, the VACUUM&RF is operating normally. If not, please contact the dealer for assistance.

## LIPO LASER Handle Test

- 1.Power on the instrument.
- 2.Select "LIPO LASER" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the START/PAUSE button and verify if the lights illuminate. If they do, then the LIPO LASER is operating normally. If not, please contact the dealer for assistance.

## Operation Guide

### Arm Refinement

**Handles:** CAVI 80K, VACUUM&RF, and Laser Pad

**Duration:** 60 minutes

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the arms with a hot towel.**

**2.Manual massage (clear channels, enhance circulation)**

**Product required: essential oil**

**Recommended working time: 10 minutes**

Recommended application:

a.Apply essential oil evenly to the treatment area.

b.Place the arms flat, and use the first web of both hands to push the outer side of the arm.

c.Soothing act.

d.Warm the outer side of the arm by rubbing it with bent fingers.

e.Soothing act.

f.Position the inner side of the arm upward, and push it towards the armpit using the first web of both your hands.

g.Soothing act.

h.Warm the inner side of the arm by rubbing it with bent fingers.

i.Soothing act.

j.Repeat the same on the other arm.

k.Wipe the treatment area with a towel.

**3.CAVI 80K - clear channels, enhance body contours**

**Product required: gel**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended energy: 3**

**Recommended Mode: M1**

Recommended application:

a.Apply gel evenly to the treatment area.

b.Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.

c.Slowly move the handle in circular motions from the elbow towards the shoulder.

d.Slowly lift the upper arm from the inside outward.

e.Move the handle in circles on the upper arm.

f.Repeat on the other side.

g.Wipe arms with a towel.

**4.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.
- c. Slowly move the handle in circular motions from the elbow towards the shoulder.
- d. Slowly lift the upper arm from the inside outward.
- e. Move the handle in circles on the upper arm.
- f. Repeat on the other side.
- g. Wipe arms with a towel.

## **5.LIPO LASER - Excess adipose tissue elimination and result consolidation.**

**Auxiliary tools: strap**

**Recommended working time: 20 minutes.**

**Recommended energy: 3**

**Recommended Mode: M1**

a. Fix the laser pads on the arms, 20 minutes.

b. Remove the laser pads and the strap.

### **Treatment schedule**

Following the initial course of 12 sessions, adipose tissue reduction initiates, and the skin gains firmness and tightness. The intermediate treatment spanning 24 sessions contributes to body shaping, clears channels, and enhances overall physical fitness. The advanced treatment, comprising 48 sessions, consolidates and sustains the results, preventing any rebound effects.

## **Limb Elegance**

**Handles: CAVI 50K&RF, VACUUM&RF, and Laser Pad**

**Duration (100 minutes)**

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the legs with a hot towel.**

**2.Manual massage (clear channels, enhance circulation)**

**Product required: essential oil**

**Recommended working time: 10 minutes**

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Have the client lie on her stomach and begin with the left leg: Take some oil and warm it up by rubbing it between your hands. Then apply it from the lower leg to the thigh, and down to the heel (soothing act).
- c. Massage the leg from the lower to the upper part using alternating palms, then return to the foot.



- d. Massage the entire leg from lower to upper using alternating first-web strokes with both hands.
- e. Massage the leg in 'S' motions from bottom to top using both hands.
- f. Push 3 meridians from bottom to top with bent fingers.
- g. Soothing act.
- h. Repeat on the other side.
- i. Wipe the leg with a towel.

### **3.CAVI 50K&RF - clear channels and contour the body.**

**Product required: gel**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended 50K energy level: 3**

**Recommended 50K mode: M1**

Recommended application:

- a. Apply gel evenly to the treatment area.
- b. Push from the ankle towards the popliteal fossa using the handle.
- c. Move the handle in small circles on the lower leg.
- d. With the RF handle, push from the popliteal fossa to the end of the thigh.
- e. Move the handle in small circles on the thigh.
- f. Lift from the inner side of the thigh outward using your hand and the handle.
- g. Repeat the same on the other leg.
- h. Wipe the legs with a towel.

### **4.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Push from the ankle towards the popliteal fossa using the handle.
- c. Move the handle in small circles on the lower leg.
- d. With the RF handle, push from the popliteal fossa to the end of the thigh.
- e. Move the handle in small circles on the thigh.
- f. Lift from the inner side of the thigh outward using your hand and the handle.
- g. Repeat the same on the other leg.
- h. Wipe the legs with a towel.

### **5.Manual massage (clear channels, enhance circulation)**

**Product required: essential oil**

**Recommended working time: 10 minutes**

Recommended application:

- a.Let the client lie on her back: Place some oil in your hands, warm it up by rubbing, and then stroke from the foot to the root of the thigh (soothing act).
- b.Alternately push the leg from lower to upper with both palms, and then return to the foot.
- c.Massage the entire leg from lower to upper using alternating first-web strokes with both hands.
- d.Massage the leg in 'S' motions from bottom to top using both hands.
- e.Alternately push the leg from lower to upper using the bent fingers of both hands.
- f.Soothing act.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.

#### **6.CAVI 50K&RF - clear channels and contour the body.**

**Product required: gel**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended 50K energy level: 3**

**Recommended 50K mode: M1**

Recommended application:

- a.Apply gel evenly to the treatment area.
- b.Move the handle in small circles on the lower leg.
- c.Push from the knee to the root of the thigh.

- d.Between the knee and the root of the thigh, move the handle in circles around the leg.
- e.Move the handle in small circles on the thigh.
- f.Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.

#### **7.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a.Apply essential oil evenly to the treatment area.
- b.Move the handle in small circles on the lower leg.
- c.Push from the knee to the root of the thigh.
- d.Between the knee and the root of the thigh, move the handle in circles around the leg.
- e.Move the handle in small circles on the thigh.
- f.Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g.Repeat the same on the other leg.
- h.Wipe the legs with a towel.

**8.LIPO LASER - Excess adipose tissue elimination and result consolidation**

**Auxiliary tools:** strap

**Recommended working time:** 20 minutes.

**Recommended energy:** 3

**Recommended Mode:** M1

- a.Fix the laser pads on the legs, 20 minutes.
- b.Remove the laser pads and the strap.

**Treatment schedule**

The primary treatment consists of 12 sessions, focusing on sculpting the legs; the intermediate treatment includes 24 sessions, resulting in shapelier and firmer legs with more noticeable effects; the advanced treatment with 48 sessions not only consolidates the results but also promotes collagen regeneration, making the treatment even more effective.

**Dorsal Trimming**

**Handle:** Vacuum&RF

**Duration (30 minutes)**

Preparation: Hot towel, essential oil.

- 1.Gently wipe the back with a hot towel.**
- 2.Manual massage (clear channels, enhance circulation)**

- Product required: essential oil
- Recommended working time: 15 minutes
- Massage techniques:
- a.Take some oil and warm it up by rubbing it between your hands. Next, use both hands to stroke the back towards the waist, then return to the neck. Finally, tap the Fengchi and Fengfu points.
  - b.Push the Du channel from the neck to the waist side and return to the neck with both hands, then tap the Fengchi and Fengfu points.
  - c.Push the Bladder Meridian from the shoulder to the waist side and return to the shoulder with both hands, then tap the Fengchi and Fengfu points (left side first).
  - d.Alternately push the whole scapulothoracic joint using the first-web of both hands. Then, push it back along the Daban Meridian, ending at the palm, starting with the left side.
  - e.Push Daban Meridian from the back of the neck with bent fingers of both hands.
  - f.Push the Daban meridian using the first web of one hand while stroking it with the other hand, beginning with the left side.
  - g.Push from the shoulder to the waist side section by section with bent fingers of both hands, then return to the shoulder, and push to the palm.
  - h.On one side of the back: Horizontally push Bladder Meridian with thumbs, from the scapula to the waist.
  - i.Alternately stroke from the waist side to the shoulder using palms, and end at the palm.
  - j.Repeat on the other side.
  - k.Wipe the back with a towel.

### **3.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Push the Du channel in 3 sections with the handle.
- c. Push the Du channel with the handle.
- d. Divide the Bladder meridian into 3 sections, then push every section back and forth with the handle.
- e. Push the Bladder meridian with the handle.
- f. Move the handle in circular motions along the Bladder meridian to the Baliao point.
- g. Move the handle on the Daban area (the area that connects the neck and shoulders) from the neck.
- h. Lift the scapula seam back and forth.
- i. Move the handle from the left waist side to the right waist side back and forth.
- j. Wipe abdomen with a towel.

### **Treatment schedule**

Upon completion of the initial course (12 sessions), experience relaxation in the shoulders and back, reduced adipose tissue, and relief from the neck hump. The intermediate treatment (24 sessions) focuses on refining the neck hump, clearing meridians, regulating sub-health, and improving sleep. The advanced treatment, spanning 48 sessions, results in a thinner back and more aesthetically pleasing contour, while also enhancing the function of internal organs, promoting digestion, detoxification, and metabolism.

### **Abdominal Toning**

**Handles: CAVI 30K&RF, VACUUM&RF, and Laser Pad**

**Duration (60 minutes)**

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the abdomen with a hot towel.**

**2.Manual massage (clear channels, enhance circulation)**

**Product required: essential oil**

**Recommended working time: 10 minutes**

Recommended application:

- a. Apply some oil to your hands and warm it by rubbing them together, then spread it on the abdomen.
- b. Alternately knead the belly with both hands.
- c. Lift from the waist side to the groin with both of your hands alternately.
- d. Repeat on the other side.
- e. Alternately push the ascending colon up, the transverse colon sideways, and the descending colon down using both hands.

- f.Massage around the navel in a clockwise direction with overlapped hands.
- g.Lift the Belt Vessel on both sides of the waist with both hands alternately.
- h.Gently wipe the abdomen with a hot towel.

**3.CAVI 30K&RF - clear channels and contour the body.**

**Product required: Gel**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended 30K energy: 3**

**Recommended 30K mode: M1**

Recommended application:

- a.Apply gel evenly to the treatment area.
- b.Glide the handle in small circular motions around the navel area.
- c.Glide the handle in big circular motions around the navel area.
- d.Move the handle up and down on the waist.
- e.Lift the Belt Vessel on both sides using the handle.
- f.Lift the Belt Vessel on both sides with the handle and your hand.
- g.Gently wipe the abdomen with a hot towel.

**4.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 15 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a.Apply gel evenly to the treatment area.
- b.Glide the handle in small circular motions around the navel area.
- c.Glide the handle in big circular motions around the navel area.
- d.Move the handle up and down on the waist.
- e.Lift the Belt Vessel on both sides using the handle.
- f.Lift the Belt Vessel on both sides with the handle and your hand.
- g.Gently wipe the abdomen with a hot towel.

**5.LIPO LASER - Excess adipose tissue elimination and result consolidation.**

**Auxiliary tools: strap**

**Recommended working time: 20 minutes.**

**Recommended energy: 3**

**Recommended Mode: M1**

- a.Fix the laser pads on the abdomen, 20 minutes.
- b.Remove the laser pads and the strap.

**Treatment schedule**

The initial treatment of 12 sessions enhances the definition of the waistline. The intermediate treatment, spanning 24 sessions, not only sculpts the body but also imparts firmness and plumpness to the skin. The advanced treatment of 48 sessions not only solidifies the achieved results but also provides relief from irregular menstruation, a cold palace, and painful menstruation.

**Booty Sculpt**

**Handle: Vacuum&RF, Laser Pad**

**Duration (40 minutes)**

Preparation: Hot towel, essential oil, strap.

**1.Gently wipe the buttocks with a hot towel.**

**2.Manual massage (clear channels, enhance circulation)**

**Product required: essential oil**

**Recommended working time: 10 minutes**

Recommended application:

- a.Stand beside the client and take some oil and warm it by rubbing between your hands, then apply it from the Baliao Area to the waist, and back to the buttocks (soothing act).
- b.Push Baliao Area with thumbs.
- c.Soothing act.
- d.Left side first, push the entire buttock from the root of the thigh upward with both hands.
- e.Overlap hands and push from the root of the thigh to Belt Vessel.
- f.Massage the buttocks from the side towards the highest point, 3 times (sculpting).

g.Soothing act.

h.Repeat on the other side.

i.Wipe buttocks with a towel.

**3.VACUUM&RF - Clarify channels, tighten skin, and sculpt the body.**

**Product required: essential oil**

**Parameters setting:**

**Recommended working time: 10 minutes**

**Recommended RF energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- a.Apply essential oil evenly to the treatment area.
- b.Lift from the root of the thigh towards the Belt Vessel using the handle.
- c.Elevate the buttocks from the lateral side toward the apex using the handle.
- d.Move the handle in small circles on the entire buttocks.
- e.Lift from the root of thigh towards Belt Vessel with handle.
- f.Elevate the buttocks from the lateral side toward the apex using the handle.
- g.Repeat on the other side.

**4.LIPO LASER - Excess adipose tissue elimination and result consolidation.**

**Auxiliary tools:** strap

**Recommended working time:** 20 minutes.

**Recommended energy:** 3

**Recommended Mode:** M1

a.Fix the laser pads on the buttocks, 20 minutes.

b.Remove the laser pads and the strap.

**Treatment schedule**

After completing the initial 12-session regimen, you'll experience enhanced definition in your buttock contours; progressing to the intermediate course with 24 sessions refines the buttocks and promotes skin elasticity. Advancing to the comprehensive 48-session program not only alleviates symptoms related to the cold body and cold uterus but also addresses gynecological concerns. It reinstates regular menstruation, solidifies your progress, and elevates your overall feminine allure.

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