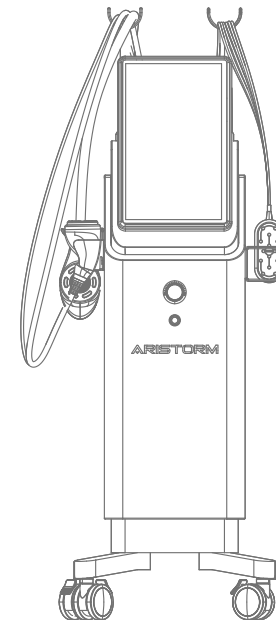


# User Manual

## Home SPA Instrument



Thank you for purchasing our product.

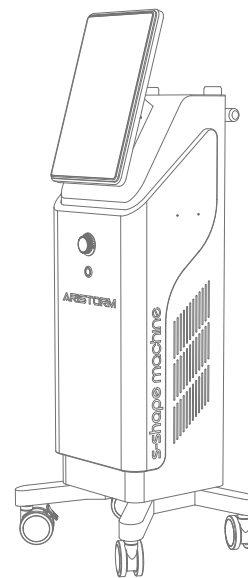
- Please read this User's Manual carefully for information on how to use the device properly and safely.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Make sure to include this User's Manual if you are transferring ownership of the device to another person.

## Contents

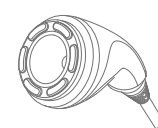
### Part I

Packing List .....	1
Technical specification .....	2
Safety precautions .....	3
Contraindications .....	4
Interface function .....	5
CAVI 30K applicator test .....	15
CAVI 50K applicator test .....	16
80K applicator test .....	16
RF&SUCTION applicator test .....	17
LIPO LASER applicator test .....	17
Treatment Guide .....	17
Contact us .....	36

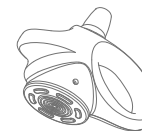
## Packing List



Main unit \* 1



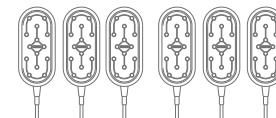
RF&Suction applicator \* 1



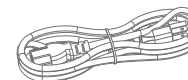
CAVI 30K/50K&RF applicator \* 1



80K applicator \* 1



LIPO LASER pad\*6



Power cord \* 1



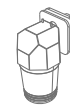
Fuse\*2



Strap \* 1 set

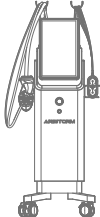


Applicator holder \* 1 set





Filter\*1

## Technical specification

	Input Voltage: 110V-260V 50-60HZ	Net weight: 32.1KG	
	Power: 70W	Gross weight: 55KG	
	Dimensions 134*51*44 inches		
	Input power: 70W		

	RF Frequency: 1MHz	RF Frequency: 1MHz	
	30K Frequency: 30KHz	50K Frequency: 50KHz	
	Power: 70W	Power: 60W	

	Frequency: 80KHz		Wavelength: 650nm 160mw
	Power: 33W		Power: 31W

	RF Frequency: 1MHz	Negative pressure flow: 10LPM	
	Power: 68W	Noise level (30cm away): <60 db (30cm away)	
	Suction intensity: -80 Kpa		

## Safety precautions

- 1.This product is guaranteed by the designated after-sales service unit.
- 2.Before using the instrument, use a plug with a grounding pin and ensure the power socket is grounded.
- 3.Clean the instrument with normal saline for hygienic reasons and to prolong its service life.
- 4.Always use the designated accessory provided or recommended by the manufacturer to ensure performance throughout its service life.
- 5.This instrument is a high-precision electronic device that requires proper storage. Please avoid storing it in humid conditions, direct sunlight, or near flammables and explosives to prevent damage.
- 6.Do not place the instrument in high-temperature conditions, as this may negatively impact its service life and performance.
- 7.Do not apply the instrument on eyes, thyroid, parathyroid, testicles, pregnant women's abdomen, pacemakers, etc.
- 8.Remove all metal objects from the user's body to prevent unpredictable conditions or reduce treatment effectiveness.
- 9.Please turn off the power of the instrument when not in use, and make sure to turn off the general power of the instrument before leaving after daily use to ensure safety.
- 10.Individuals with a metal bracket (excluding IUD) or breast implants installed should avoid using this instrument.
- 11.Individuals who have had a cesarean section or surgery within the last six months, a miscarriage within the last three months, or a natural birth within the last two months should refrain from using this instrument.

- 12.Ensure the filter cotton is installed inside the suction applicator, as the foreign body may block it.
- 13.Always begin the treatment at the lowest energy level and gradually increase it as the user becomes accustomed to the sensation.
- 14.The use of a medium on the treatment area is necessary, and performing the operation on the treatment area without the medium should be avoided.
- 15.Do not use the 30K/50K/80K applicator on the head, breast, thorax, heart, and back.
- 16.In case you are taking other weight loss drugs, it is recommended to stop the drugs for 1 to 2 months before treatment. If you want to take the treatment immediately, the course of treatment should be extended.
- 17.Strictly follow the instructions in the manual to use the instrument or train the operator.

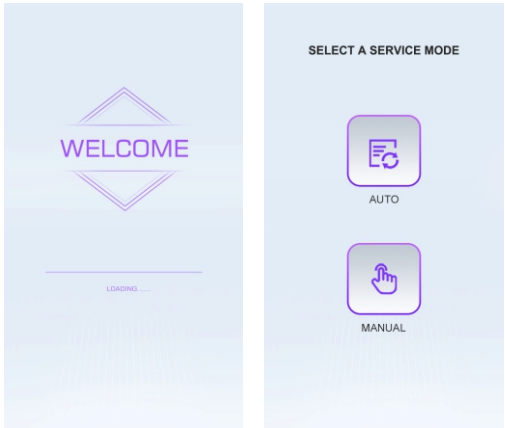
## Contraindications

- 1.Individuals with diabetes, heart disease, history of scarring, and hyperthyroidism.
- 2.Persons who recently had surgery or are in the recovery period from surgery.
- 3.Individuals suffering from malignant tumors, hemophilia, and hemorrhage.
- 4.Individuals with pacemakers, vascular stents, or metal implants, as well as those using heart rate devices or other active electronic devices.
- 5.Individuals with skin disease or infectious disease.
- 6.Individuals with skin irritation, sensitive skin, or metal allergies.
- 7.Individuals who have recently undergone plastic surgery or have implants in the treatment area.

- 8.Individuals who have recently received injections such as Hyaluronic Acid and botulinum, undergone chemotherapy, or plastic surgery should refrain from using this instrument on their face and neck.
- 9.Menstruating, pregnant, or breastfeeding women.

## Interface function


Connect the power, turn on the instrument, and the following Welcome Interface will appear.



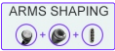
1.AUTO

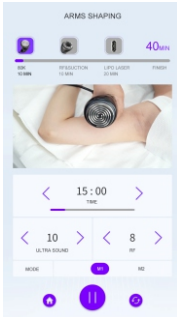
Tap  to access the following interface.

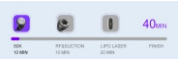





 Back to the previous step

1.1ARMS SHAPING

Tap  to access the following interface.



 Process of the treatment

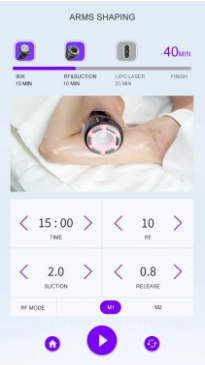
 Main menu  Reset button 

Tap the on/off button to start the 80K treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

80K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode




M2: Intermittent working mode



Process of the treatment



Tap this button to access the RF&SUCTION operation interface early, and tap the on/off button to start the RF&SUCTION treatment.

 Main menu  Reset button 

Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

RF mode (The default mode is M1, and you may switch to another mode manually)



M1: The applicator heats up immediately upon contact with the skin.

M2: The applicator gradually heats up upon contact with the skin.



Process of the treatment



Tap this button to access the LIPO LASER operation interface early, and tap the on/off button to start the LIPO LASER treatment.

 Main menu  Reset button 

Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

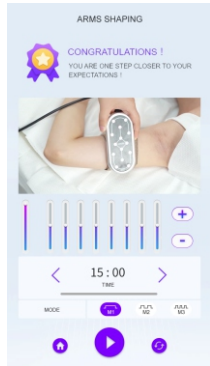
LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)



M1: The lights are steadily on.

M2: The lights flash slowly.

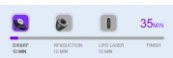
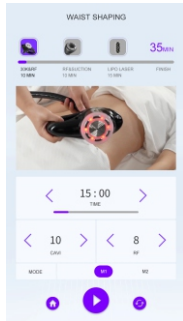
M3: The lights flash quickly.



The entire ARMS SHAPING treatment is considered complete when this concluding interface appears.

## 1.2 WAIST SHAPING

Tap  to access the following interface.



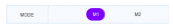
Process of the treatment



Main menu Reset button



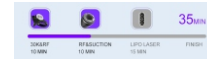
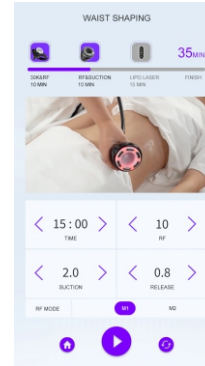
Tap the on/off button to start the 30K&RF treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



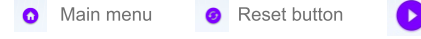
30K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode

M2: Intermittent working mode



Process of the treatment



Main menu Reset button

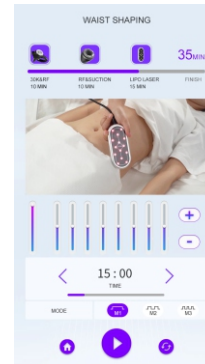


Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

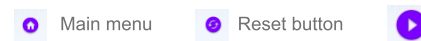
RF mode (The default mode is M1, and you may switch to another mode manually)

M1: The applicator heats up immediately upon contact with the skin.

M2: The applicator gradually heats up upon contact with the skin.



Process of the treatment



Main menu Reset button



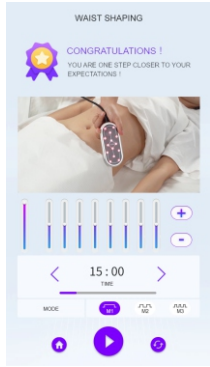
Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)

M1: The lights are steadily on.

M2: The lights flash slowly.

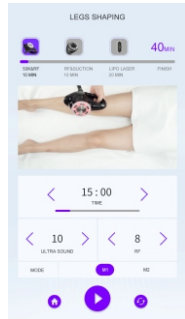
M3: The lights flash quickly.



The entire WAIST SHAPING treatment is considered complete when this concluding interface appears.

### 1.3 LEGS SHAPING

Tap **LEGS SHAPING** to access the following interface.

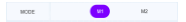


Process of the treatment



Main menu Reset button

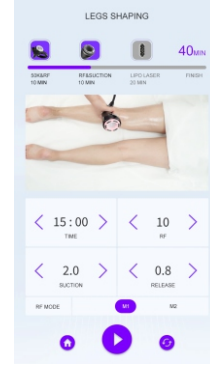
Tap the on/off button to start the 50K&RF treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



50K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode

M2: Intermittent working mode



Process of the treatment



Main menu Reset button

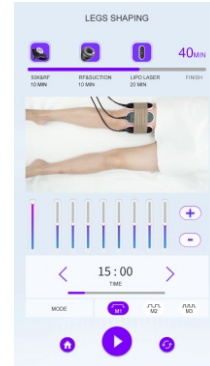
Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



RF mode (The default mode is M1, and you may switch to another mode manually)

M1: The applicator heats up immediately upon contact with the skin.

M2: The applicator gradually heats up upon contact with the skin.



Process of the treatment



Main menu Reset button

Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

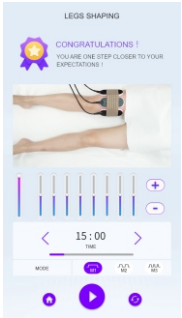


LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)

M1: The lights are steadily on.


M2: The lights flash slowly.

M3: The lights flash quickly.



The entire LEGS SHAPING treatment is considered complete when this concluding interface appears.

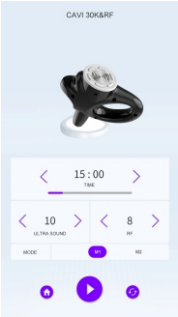
2. MANUAL




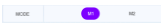



Tap  to access the following interface.



2.1 CAVI 30K&RF

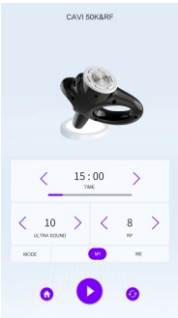
Tap  to access the following interface.




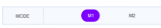





-  Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)
-  RF energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  30K working mode M1: Continuous working mode M2: Intermittent working mode
-  Main menu  Reset button  On/off button


2.2 CAVI 50K&RF

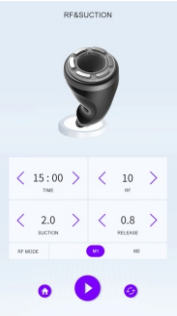
Tap  to access the following interface.



-  Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)
-  RF energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  50K working mode M1: Continuous working mode M2: Intermittent working mode
-  Main menu  Reset button  On/off button

2.3 RF&SUCTION

Tap  to access the following interface.



< 15:00 >  
TIME

< 10 >  
RF

< 2.0 >  
SUCTION

< 0.8 >  
RELEASE

RF MODE

ON

OFF

Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

RF energy display and set buttons (0-10 levels, with 3-8 being recommended)


Suction time display and set buttons (range 0.0-2.0, with 0.2-1.0 recommended)


Release time display and set buttons (range 0.0-2.0, with 0.0-0.5 recommended)


RF working mode


M1: The applicator heats up immediately upon contact with the skin.

M2: The applicator gradually heats up upon contact with the skin.

 Main menu

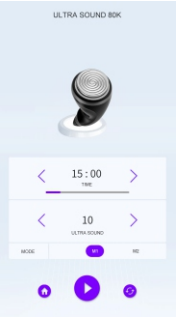
 Reset button

 On/off button

 Suction control knob (set according to individual endurance)

2.4 80K

Tap  to access the following interface.




< 15:00 >  
TIME


< 10 >  
ULTRA SOUND


80K working mode

M1: Continuous working mode

M2: Intermittent working mode

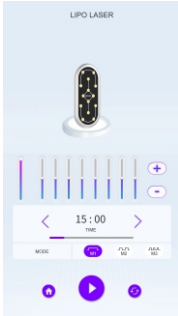
 Main menu

 Reset button

 On/off button

2.5 LIPO LASER

Tap  to access the following interface.



Display of laser energy level

Energy level set buttons (0 - 10 levels, with 3 - 8 being recommended)


Time display and set buttons (0 - 60 minutes, with 20 minutes recommended)


LIPO LASER working mode


M1: Lights are steadily on.

M2 : Lights flash slowly.

M3 : Lights flash quickly.

 Main menu

 Reset button

 On/off button

CAVI 30K applicator test

- 1.Power on the instrument.
- 2.Select "CAVI 30K" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the on/off button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If it is atomized, the CAVI 30K is functioning normally. If not, please contact the dealer for assistance.

## CAVI 50K applicator test

- 1.Power on the instrument.
- 2.Select "CAVI 50K" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the on/off button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If it is vibrated, the CAVI 50K is functioning normally. If not, please contact the dealer for assistance.

Note: Please note that the water appearance differs during the 30K and 50K tests. The water is well atomized in the 30K test, whereas visible ripples appear in the water during the 50K test.

## 80K applicator test

- 1.Power on the instrument.
- 2.Select "80K" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the on/off button and drop some water on the treatment head.
- 5.Inspect the water on the treatment head. If there are visible ripples in the water, the 80K is functioning normally. If not, please contact the dealer for assistance.

## RF&SUCTION applicator test

- 1.Power on the instrument.
- 2.Select "RF&SUCTION" on the main menu.
- 3.Adjust the mode to M1, and set the suction intensity to the maximum using the suction control knob.
- 4.Tap the on/off button and place the applicator on your palm.
- 5.If the applicator successfully suctions your palm, the RF&SUCTION is operating normally. If not, please contact the dealer for assistance.

## LIPO LASER applicator test

- 1.Power on the instrument.
- 2.Select "LIPO LASER" on the main menu.
- 3.Set the energy level to 10.
- 4.Tap the on/off button and verify if the lights illuminate. If they do, then the LIPO LASER is operating normally. If not, please contact the dealer for assistance.

## Treatment Guide

### ARMS SHAPING

**Applicators: 80K, RF&SUCTION, LIPO LASER**

**Total time: 60 minutes**

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the arms with a hot towel.**

**2.Manual massage (clear channels, enhance blood circulation)**

The product needed: essential oil

Recommended duration: 10 minutes

Recommended application:

(1)Apply essential oil evenly to the treatment area.

(2)Lay the arms flat, and push the enter outside of the arm with your Hukou of both hands (Hukou is the connection area of the root of the thumb and the root of the index finger).

(3)Soothing act.

(4)Warm the outside of arm by rubbing it with your bent fingers.

(5)Soothing act.

(6)Put the arm's inner side upward, and push the inner side of the arm to the armpit with your Hukou.

(7)Soothing act.

(8)Warm the inner side of the arm by rubbing it with your bent fingers.

(9)Soothing act.

(10)Repeat on the other arm.

(11)Wipe the treatment area with a towel.

**3.80K - clear channels, enhance body contours**

**The product needed: gel**

**Parameters setting:**

**Recommended duration: 15 minutes**

**Recommended energy: 3**

**Recommended mode: M1**

Recommended application:

(1)Apply gel evenly to the treatment area.

(2)Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.

(3)Slowly move the applicator in circular motions from the elbow toward the shoulder.

(4)Slowly lift the upper arm from the inside outward.

(5)Move the applicator in circles on the upper arm.

(6)Repeat on the other arm.

(7)Wipe the arms with a towel.

**4.RF&SUCTION - clear channels, firm skin, and shape body**

**The product needed: essential oil**

**Parameters setting:**

**Recommended duration: 15 minutes**

**Recommended RF Energy: 3**

**Recommended suction duration: 0.5**

**Recommended release duration: 0.2**

**Adjust the suction intensity according to individual endurance.**

Recommended application:

- (1)Apply essential oil evenly to the treatment area.
- (2)Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.
- (3)Slowly move the applicator in circular motions from the elbow toward the shoulder.
- (4)Slowly lift the upper arm from the inside outward.
- (5)Move the applicator in circles on the upper arm.
- (6)Repeat the same on the other arm.
- (7)Wipe the arms with a towel.

**5.LIPO LASER - excess adipose tissue removal and consolidation of results**

**Auxiliary tools: strap**

**Recommended duration: 20 minutes.**

**Recommended energy: 3**

**Recommended mode: M1**

(1)Fix the laser pads on the arms, 20 minutes.

(2)Remove the laser pads and the strap.

**Treatment schedule**

After 12 sessions of the primary treatment, you'll notice a sculpted figure and firmer, plump skin; the intermediate treatment of 24 sessions contributes to body shaping, clears channels, and improves overall physical fitness; the advanced treatment of 48 sessions consolidates the achieved effect and prevents issues from reappearing.

**LEGS SHAPING**

**Applicators: CAVI 50K&RF, RF&Suction, LIPO LASER Total time (100 minutes)**

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the legs with a hot towel.**

**2.Manual massage (clear channels, enhance blood circulation)**

The product needed: essential oil  
Recommended duration: 10 minutes  
Recommended application:

- (1)Apply essential oil evenly to the treatment area.
- (2)Have the client lie on her stomach and begin with the left leg: Take some oil and warm it up by rubbing it between your hands. Then apply it from the lower leg to the thigh, and down to the ankle (soothing act).
- (3)Alternately push the leg from lower to upper with both palms and then return to the foot.
- (4)With Hukou (the connection area of the root of the thumb and the root of the index finger), alternately push from the ankle to the end of the thigh.
- (5)Massage the leg in 'S' motions from bottom to top using both hands.
- (6)Push 3 meridians from bottom to top with bent fingers.
- (7)Soothing act.
- (8)Repeat on the other leg.
- (9)Wipe the legs with a towel.

**3.CAVI 50K&RF - clear channels and contour the body**

**The product needed: gel**  
**Parameters setting:**  
**Recommended duration: 15 minutes**  
**Recommended RF Energy: 3**

**Recommended 50K energy level: 3**  
**Recommended 50K mode: M1**

- Recommended application:
- (1)Apply gel evenly to the treatment area.
  - (2)Push from the ankle towards the popliteal fossa.
  - (3)Move the applicator in small circles on the lower leg.
  - (4)With the applicator, push from the popliteal fossa to the end of the thigh.
  - (5)Move the applicator in small circles on the thigh.
  - (6)Lift from the inner side of the thigh outward using your hand and the applicator.
  - (7)Repeat on the other leg.
  - (8)Wipe the legs with a towel.

**4.RF&SUCTION - clear channels, firm skin, and shape body**

The product needed: essential oil  
Parameters setting:  
Recommended duration: 15 minutes  
Recommended RF Energy: 3  
Recommended suction duration: 0.5  
Recommended release duration: 0.2  
Adjust the suction intensity according to individual endurance.

Recommended application:

- (1)Apply essential oil evenly to the treatment area.
- (2)Push from the ankle towards the popliteal fossa.
- (3)Move the applicator in small circles on the lower leg.
- (4)With the applicator, push from the popliteal fossa to the end of thigh.
- (5)Move the applicator in small circles on the thigh.
- (6)Lift from the inner side of the thigh outward using your hand and the applicator.
- (7)Repeat on the other leg.
- (8)Wipe the legs with a towel.

## **5.Manual massage (clear channels, enhance blood circulation)**

**The product needed: essential oil**

**Recommended duration: 10 minutes**

Recommended application:

- (1)Let the client lie on his back: Place some oil in your hands, warm it up by rubbing, and then stroke from the foot to the root of the thigh (soothing act).
- (2)Push the entire leg from bottom to top and back to foot with both palms alternately.
- (3)With Hukou, alternately push from the ankle to the end of the thigh.
- (4)Massage the leg in 'S' motions from bottom to top using both hands.
- (5)Alternately push the entire leg from bottom to top using bent fingers.
- (6)Soothing act.

(7)Repeat on the other leg.

(8)Wipe the legs with a towel.

## **6.CAVI 50K&RF - clear channels and contour the body**

The product needed: gel

Parameters setting:

Recommended duration: 15 minutes

Recommended RF Energy: 3

Recommended 50K energy level: 3

Recommended 50K mode: M1

Recommended application:

- (1)Apply gel evenly to the treatment area.
- (2)Move the applicator in small circles on the lower leg.
- (3)Push from the knee to the root of the thigh.
- (4)Between the knee and the root of the thigh, move the applicator in circles around the leg.
- (5)Move the applicator in small circles on the thigh.
- (6)Lift from the sides of the thigh to the middle using both your hand and the applicator.
- (7)Repeat on the other leg.
- (8)Wipe the legs with a towel.

## **7.RF&SUCTION - clear channels, firm skin, and shape body**

The product needed: essential oil

Parameters setting:

Recommended duration: 15 minutes

Recommended RF Energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

(1)Apply essential oil evenly to the treatment area.

(2)Move the applicator in small circles on the lower leg.

(3)Push from the knee to the root of thigh.

(4)Between the knee and the root of the thigh, move the applicator in circles around the leg.

(5)Move the applicator in small circles on the thigh.

(6)Lift from the sides of the thigh to the middle using both your hand and the applicator.

(7)Repeat on the other leg.

(8)Wipe the legs with a towel.

## **8.LIPO LASER - excess adipose tissue removal and consolidation of results**

Auxiliary tools: strap

Recommended duration: 20 minutes.

Recommended energy: 3

Recommended mode: M1

(1)Fix the laser pads on the legs, 20 minutes.

(2)Remove the laser pads and the strap.

### **Treatment schedule**

The primary treatment consists of 12 sessions, focusing on shaping the legs; the intermediate treatment includes 24 sessions, resulting in slimmer and firmer legs with more noticeable effects; the advanced treatment with 48 sessions not only consolidates the results but also promotes collagen regeneration, making the treatment even more effective.

## **BACK SHAPING**

**Applicators: RF&Suction**

**Total time (30 minutes)**

Preparation: Hot towel, essential oil.

**1.Gently wipe the back with a hot towel.**

**2.Manual massage (clear channels, enhance blood circulation)**

The product needed: essential oil

Recommended duration: 15 minutes

Massage techniques:

(1)Take some oil and warm it up by rubbing it between your hands. Next, use both hands to stroke the back towards the waist, then return to the neck. Finally, tap the Fengchi and Fengfu points.

(2)Push the Du channel from the neck to the waist side with both your hands, then return to the neck, and finally, tap the Fengchi and Fengfu points.

(3)Push the Bladder Meridian from the shoulder to the waist side and return to the shoulder with both hands, then tap the Fengchi and Fengfu points (left side first).

(4)Alternately push the whole scapulothoracic joint with the Hukou (the area where the thumb and index finger meet) of both hands. Then push it back along the Daban Meridian and end at the palm, starting with the left side.

(5)Push Daban Meridian from the back of the neck with bent fingers of both hands.

(6)Push Daban meridian with Hukou, while stroking it with another hand (left side first).

(7)Push from the shoulder to the waist side section by section with bent fingers of both hands, then return to the shoulder, and push to the palm.

(8)On one side of the back: Horizontally push Bladder Meridian with thumbs, from the scapula to the waist.

(9)Alternately stroke from the waist side to the shoulder using palms, and end at the palm.

(10)Repeat on the other side.

(11)Wipe the back with a towel.

### **3.RF&SUCTION - clear channels, firm skin, and shape body**

The product needed: essential oil

Parameters setting:

Recommended duration: 15 minutes

Recommended RF Energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

(1)Apply essential oil evenly to the treatment area.

(2)Divide the Du channel into 3 sections, then push every section back and forth with the applicator.

(3)Push the Du channel with the applicator.

(4)Divide the Bladder meridian into 3 sections, then push every section back and forth with the applicator.

(5)Push the Bladder meridian with the applicator.

(6)Move the applicator in circular motions along Bladder meridian to the Baliao point.

(7)Move the applicator back and forth on the Daban area (the area that connects the neck and shoulders) from the neck.

(8)Lift the scapula seam back and forth.

(9)Move the applicator between the left and right waist sides back and forth.

(10)Wipe the back with a towel.

### **Treatment schedule**

After the primary course of 12 sessions, you will experience relaxation in the shoulders and back, a reduction in adipose tissue, and relief from neck hump issues; the intermediate treatment (24 sessions) not only improves neck hump but also helps in meridian dredging, regulating sub-health conditions, and enhancing sleep quality; the advanced treatment with 48 sessions results in a slimmer back with a more attractive contour, while also improving the function of internal organs, promoting digestion, detoxification, and metabolism.

### **ABDOMEN SHAPING**

**Applicators: CAVI 30K&RF, RF&Suction, LIPO LASER Total time (60 minutes)**

Preparation: hot towel, essential oil, gel, strap.

**1.Gently wipe the abdomen with a hot towel.**

**2.Manual massage (clear channels, enhance blood circulation)**

The product needed: essential oil

Recommended duration: 10 minutes

Recommended application:

(1)Take some oil and warm it up by rubbing it between your hands. Then apply it on the abdomen.

(2)Alternately knead the belly with both hands.

(3)Lift from the waist side to the groin with both of your hands alternately.

(4)Repeat on the other side.

(5)Alternately push the ascending colon up, the transverse colon sideways, and the descending colon down using both hands.

(6)Overlap your hands and move in small clockwise circles around the navel.

(7)Lift the Belt Vessel on both sides of the waist with both hands alternately.

(8)Wipe the abdomen with a towel.

### **3.CAVI 30K&RF - clear channels and contour the body**

The product needed: gel

Parameters setting:

Recommended duration: 15 minutes

Recommended RF Energy: 3

Recommended 30K energy level: 3

Recommended 30K mode: M1

Recommended application:

(1)Apply gel evenly to the treatment area.

(2)Move the applicator in small circles around the navel.

(3)Move the applicator in big circles around the navel.

(4)Move the applicator at the waist back and forth.

(5)Lift the Belt Vessel on both sides with the applicator.

(6)Lift the Belt Vessel on both sides with the applicator and hand.

(7)Wipe the abdomen with a towel.

### **4.RF&SUCTION - clear channels, firm skin, and shape body**

The product needed: essential oil

Parameters setting:

Recommended duration: 15 minutes

Recommended RF Energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

(1)Apply gel evenly to the treatment area.

(2)Move the applicator in small circles around the navel.

(3)Move the applicator in big circles around the navel.

(4)Move the applicator at the waist back and forth.

(5)Lift the Belt Vessel on both sides with the applicator.

(6)Lift the Belt Vessel on both sides with the applicator and hand.

(7)Wipe the abdomen with a towel.

## **5.LIPO LASER - excess adipose tissue removal and consolidation of results**

Auxiliary tools: strap

Recommended duration: 20 minutes.

Recommended energy: 3

Recommended Mode: M1

(1)Fix the laser pads on the abdomen, 20 minutes.

(2)Remove the laser pads and the strap.

### **Treatment schedule**

The primary treatment with 12 sessions contributes to a clearer waistline; the intermediate treatment consists of 24 sessions, not only shaping the body but making the skin firm and plump. The advanced treatment of 48 sessions results in relief from irregular menstruation, cold palace, and painful menstruation, as well as a consolidation of the achieved results.

### **Bubble Buttocks**

**Applicators: RF&Suction + LIPO LASER**

**Total time (40 minutes)**

Preparation: Hot towel, essential oil, strap.

**1.Gently wipe the buttocks with a hot towel.**

**2.Manual massage (clear channels, enhance blood circulation)**

**The product needed: essential oil**

**Recommended duration: 10 minutes**

Recommended application:

(1)Stand beside the client, take some oil, and warm it by rubbing it between your hands, then apply it from the Baliao Area to the waist, and back to the buttocks (soothing act).

(2)Push the Baliao Area with both of your thumbs.

(3)Soothing act.

(4)Begin on the left side, use both hands to push the entire buttock area from the root of the thigh upward.

(5)Overlap your hands and push from the root of thigh to the Belt Vessel (Lifting).

(6)Push from the side of buttock to the top of buttock, 3 times (sculpting).

(7)Soothing act.

(8)Repeat on the other side.

(9)Wipe the buttocks with a towel.

### **3.RF&SUCTION - clear channels, firm skin, and shape body**

The product needed: essential oil

Parameters setting:

Recommended duration: 10 minutes

Recommended RF Energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

(1)Apply essential oil evenly to the treatment area.

(2)Lift from the root of thigh towards Belt Vessel with the applicator.

(3)Lift from the side of buttocks towards the top point of buttock with the applicator.

(4)Move the applicator in small circles on the entire buttocks.

(5)Lift from the root of thigh towards Belt Vessel with the applicator.

(6)Lift from the side of buttocks towards the top point of buttock with the applicator.

(7)Repeat on the other side.

### **4.LIPO LASER - excess adipose tissue removal and consolidation of results**

Auxiliary tools: strap

Recommended duration: 20 minutes.

Recommended energy: 3

Recommended mode: M1

(1)Fix the laser pads on the buttocks, 20 minutes.

(2)Remove the laser pads and the strap.

### **Treatment schedule**

After the primary course of 12 sessions, you'll notice more defined buttock lines; the intermediate treatment with 24 sessions helps reduce excess adipose tissue and enhances skin firmness; the advanced treatment consisting of 48 sessions not only improves cold body and cold uterus symptoms but also addresses gynecological disorders. It restores regular menstruation, consolidates the achieved results, and enhances overall femininity.

Contact us



Aristormofficial

