



Basic information of Instrument

■ **Working Principle:**

The inbuilt high-speed motor of instrument drives the eccentric wheel do circular motion, in which of the process generates centrifugal force. As the eccentric rotating direction, centrifugal force generates the centrifugal physical vibration, which is transmitted to the working head by efficient and durable means. The working head is used with several different massage taus, it can do Full-body massage, Exfoliating clean, Rehabilitation nursing, Muscle exercise, Body fitness, Body Shaping, etc.

■ **Applicable Places:**

Beauty salons, Health halls, Large clubs, Gymnasiums, Gyms, Schools, Family, Individuals.

■ **Characteristics of the instrument:**

1. Strong and comfortable physical vibration, less side-effects.
2. Five different massage taus, suitable for the whole body or the local parts.
3. Wide application scope and wide applicable crowds.

Instructions for Using Instruments

1. Please read the instruction carefully before using the machine.
2. This instrument is only an auxiliary role, it is recommended to combine with scientific diet and proper exercise, in order to have a better effect.
3. Do not use this instrument to reduce fat on the face, neck and head.
4. Do not use this instrument on the spine or on the incision left by surgery.
5. Patients with heart disease or cardio-cerebrovascular disease should use it with caution.
6. Please stop using the instrument if you have skin irritation after using it (the initial itching and numbness are normal reactions), and wait for the skin to return to normal. then use it.
7. Women who have just given birth can not use it immediately, but can only use it after they return to their prenatal health.
8. Massage taus and skin should be separated by a layer of cotton or silk fabric, can not directly contact with the skin.

Main functions of the instrument

1. Help to defecate and clear your stomach

The Vibration massage can effectively massage relevant acupoints, strengthen gastrointestinal peristalsis, effectively improve and regulate constipation, discharge gastrointestinal garbage.

2. Help to lose weight and shape body

Fully aerobic vibration massage can help to achieve a rapid weight loss and reasonably reduce the excess weight in the arms, back, hips, waist and other parts of the body. Reduce women's pregnancy marks, patterns, barrel skin and other phenomena, prevent uneven skin caused by obesity, restore muscle and skin elasticity. Reasonably achieve tight skin, build slender body .

3. Relax your muscles

The vibration massage on the body, which can effectively exercise muscles, relax the tight muscles, eliminate fatigue, relax the whole body. Using this instrument after exercise can accelerate the decomposition of lactic acid, relieve discomfort.

4. Increase circulation

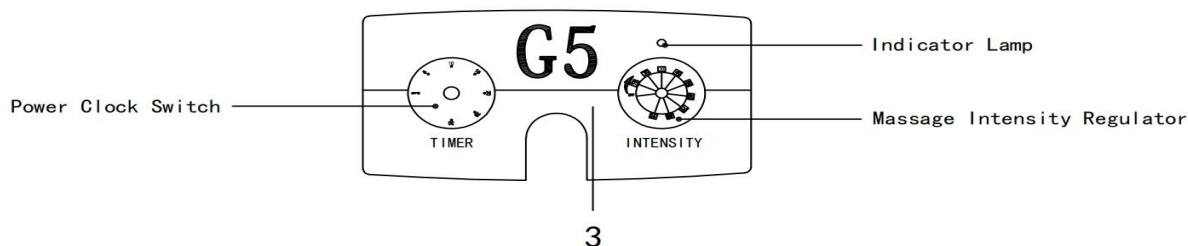
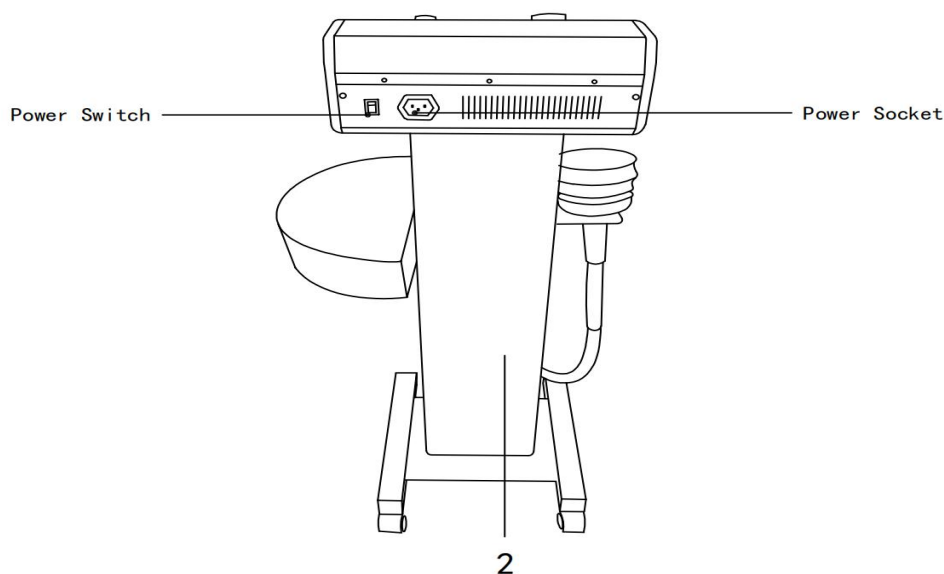
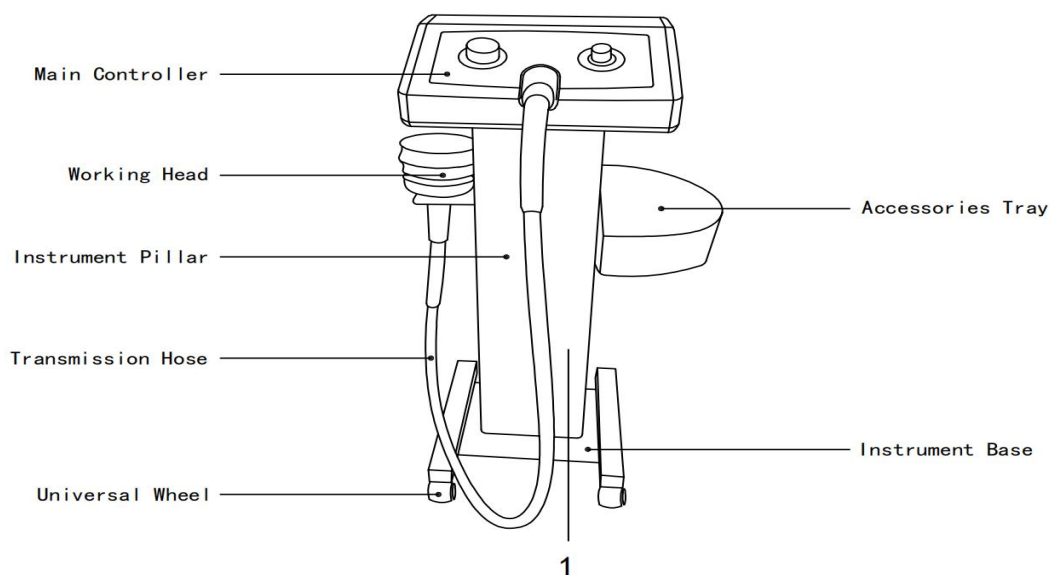
As the growth of the age, the lining of blood vessels deposits some harmful substances such as cholesterol, fat, calcium, which causes a poor blood, coronary heart disease, blood clots, cerebral thrombosis and other cerebrovascular disorders. Through massage therapy , it can accelerate the blood flow velocity, dilate blood vessels, and remove the rubbish inside body by blood circulation, improve body constitution, relieve nervous fatigue, release the pressure, improve sleep quality.

5. Rehabilitation conditioning

Relieve joint pain, maintain joint mobility, reduce joint edema; Help to improve leg stiffness caused by rheumatism and walking imbalance in the elderly caused by not walking for a long time. Effectively help regulate muscle strain and muscle hardening; Helps reduce symptoms of abdominal pain after injection.

Figures of Instrument's Position

1、Instrument's stereogram (Front) 2、Instrument's stereogram (Back) 3、Instrument's Panel



Massage taus introduction and use suggest

Name	Picture	Applicable Parts
Finger cylindrical Massage tau		<ul style="list-style-type: none"> ● Pain sites ● Hard fat sites
Hemispherical Massage tau		<p>Most muscle such as</p> <ul style="list-style-type: none"> ● Abdomen, back, arms Buttocks, thighs, ● Shoulders and neck
Multi-points Massage tau		<ul style="list-style-type: none"> ● Rough, wrinkled areas
U-Soft sponge Massage tau		<p>Acupuncture points</p> <ul style="list-style-type: none"> ● Including the head, shoulders and neck, ● Body, chest and soles of feet.
Round-soft sponge Massage tau		<p>When do the therapy, Please use disposable hygienic film : (e.g. plastic wrap)</p>

G5 Vertical Vibration Massage Instrument

User Manual

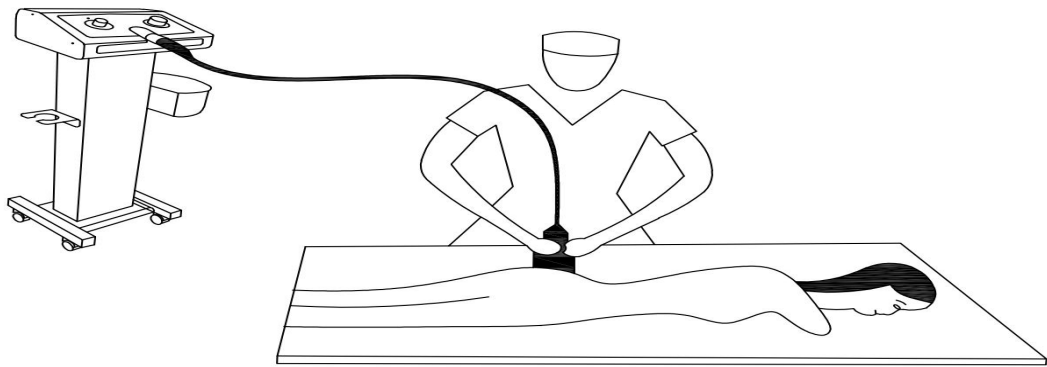
Picture	Major Functions	Intensity Advice	Timeadvice Foreach use	Period advice
	<ul style="list-style-type: none"> ● reduces pain ● Relax muscle tension ● Relieve body fatigue ● Soften hard fats 	30-60 level	15-20 mins	10-15 days
	<ul style="list-style-type: none"> ● Exercise muscles ● Eliminate hard fat ● Maintain joint flexibility ● Improve blood circulation ● Increase metabolism 	30-90 level	15-20 mins	15-20 days
	<ul style="list-style-type: none"> ● Remove wrinkles ● Remove soft fats ● Restores skin elasticity ● Build an S body shape 	30-80 level	15-20 mins	15-20 days
	<ul style="list-style-type: none"> ● Dredge meridian ● Relieve nerve 	Shoulders、 Neck Body 20-60 level	10-15 mins	7-10 days
	<ul style="list-style-type: none"> ● Improve immunity ● Relax body and mind 	Head、 chest Feet 10-40 level	10-15 mins	7-10 days

Operation Steps

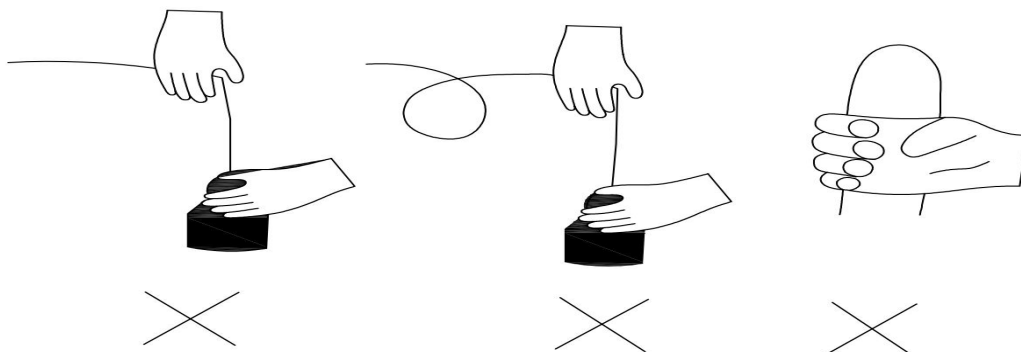
1. Refer to the installation diagram (**Page 12**), assemble the host, holder and accessories tray.
2. Hang the vibration working head on the holder.
3. Plug in the power cord to the power socket of instrument, and then plug in the power supply.
- 4. Preparations before operating the instrument:**
 - (1) Do some warm-up exercises or saunas first, so that the muscles of the whole body relax slightly
 - (2) Use some massage oil or talcum powder on the body to facilitate the promotion of the massage taus on the body.
 - (3) At the beginning, a smooth or soft massage tau should be selected.
(Each massage tau can be replaced as required)
 - (4) Separate the skin with a layer of plastic film, cotton or silk fabric, the purpose is not to let the massage taus directly contact with the skin.
5. After the above preparations, turn on the power switch.
6. Hold the working head with both hands and pick up the working head with tau.
7. Turn on the clock switch, adjust the required time.
8. open the **Intensity Regulator**, adjust the required massage intensity.
9. At the beginning, it is better use the empty hands to assist pulling or pushing muscles to cooperate with the movement of the massage taus. It also should be slow action.
10. After massage therapy, turn off the **Power Switch** and the **Intensity Regulator**
11. Maintain the instrument and its accessories in time.

Operation Methods Display

Correct Operation Method



Wrong Operation Methods



Note:

1. Be sure to use it in the right way (as shown in the picture above)
2. when the operation of the hose bending can not be less than 100 degrees, not to use hands to press the hose operation
3. If the soft shaft is broken due to incorrect use, it is not under warranty.

Precautions for Use

1. This instrument is only for indoor use and should be stored in a dry and ventilated place.
2. The centrifugal vibration head shall not be disassembled without authorization.
3. There is no need to add oil on the rotating shaft or instrument. The rotating shafts are sealed and self-lubricated.
4. Clean the instrument and accessories with a dry cloth or wrung towel, do not water it.
5. Please unplug the power plug after use to ensure safety.
6. If the power cord is damaged, replace it with a special one.
7. Do not stand or sit on the instrument.
8. Do not start the instrument when the preparations is not good, otherwise it will increase abrasion of massage taus.
9. Intensity shall be adjusted slowly according to the acceptable range of guests, not directly adjusted to the maximum.
10. Do not use the instrument one hour before and one hour after meals.
11. The massage head should not be used directly with the skin, because the skin is more sensitive. After direct contact with the skin, there may be itching, redness and other problems, so it should be used after a layer of cotton or silk fabric or plastic film.
12. After each massage therapy, drink a cup of water to promote metabolism.
13. After massage therapy, do some light exercise indoors or outdoors, otherwise it will affect effects.
14. Itching, numbness and other sensations may occur after using this product, which are normal reactions rather than skin allergies. And this kind of itching hemp phenomenon can disappear gradually as thorough massage, then you have calorific and hot feeling, for the blood is circulating.
15. Massage therapy should be carried out in order according to the different parts of body. One part should be continuously treated for more than a week .And the next therapy can be continued only after it has an effect on the last therapy.
16. Use the instrument strictly in accordance with the operation procedures. It is forbidden to use the instrument frequently and adjust high intensity, otherwise it will cause mechanical damage to human muscles, bones, viscera, uterus, etc.

Usage Taboos

1. Pregnant women and women during menstruation are prohibited.
2. Children must be used under the guidance of adults, and infants are forbidden
3. Do not use it for patients who have not recovered from surgery or are seriously ill.
4. Patients with heart failure (heart disease, myocardial infarction, pacemaker) are prohibited.
5. Patients with bronchial or pulmonary parenchymal infection use it with caution.
6. It is forbidden to have symptoms of transitional pulmonary hypoxia, pulmonary tuberculosis, pneumothorax, chest wall disease and chest wall infection.
7. Customers with varicose veins and can not tolerate vibration are prohibited.
8. Patients with malignant tumors caused by deep vein thrombosis .
9. Patients with thrombophlebitis and lymphangitis are contraindicated.
10. Avoid using in areas as acute and excessive skin inflammation, skin damage and malignant injury.
11. The infected site, bleeding site or areas where bleeding may occur are prohibited.

Technical Parameters

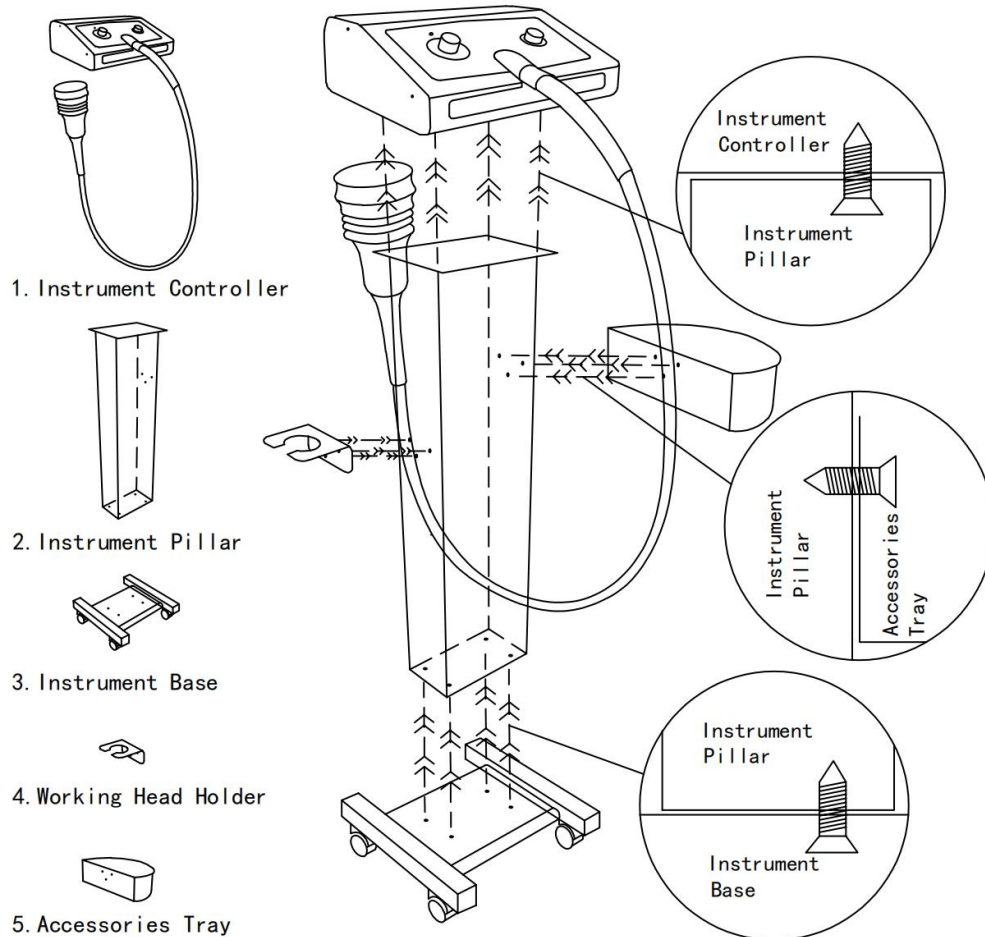
Product Name	G5 Vertical Vibration Massage Instrument
Rated Voltage	AC110V-240V
Rated Power	$\leq 50\text{W}$
Rated Frequency	50-60Hz
Maximum Power	100W
Working Time	$\leq 30\text{mins}$
Intensity of vibration	10-90 levels(adjustable)
Rotating Speed Frequency	600 r/min-3000r/min
Operating Noise	$< 60\text{dB}$

Package List

Name	Unit	Qty	Remarks
Instrument Controller	(set)	1	With a soft hose
Instrument's Pillar	(pc)	1	
Instrument's Base	(pc)	1	With universal wheel
Working Head	(pc)	1	
Finger cylindrical Massage tau	(pc)	1	
Hemispherical Massage tau	(pc)	1	
Multi-points Massage tau	(pc)	1	
U-Soft sponge Massage tau	(pc)	1	
Round-soft sponge Massage tau	(pc)	1	
Accessories Tray	(pc)	1	
Working Head Holder	(pc)	1	
Power Cord	(pc)	1	
Installation tools	(set)	1	
English User Manual	(copy)	1	

Attached:

Instrument Assembly Schematic Diagram:



- 1 Open the package as shows:



- 2 According to the assembly schematic diagram
Firstly install the base of pillar, as shown:

3



Secondly install instrument controller
Then install the the holder and the tray
All installations are finished, as shown: