

User Manual

Cavitation 3.0 CaVstorm

Model: SD-23S4



Preface

To our valued users,

Thanks for choosing our latest 2-in-1 integrated beauty equipment. This newest body slimming and skin tightening instrument combines Storm Vacuum & Cavi and Storm Vacuum & RF. SD-23S4 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus, we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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Part I

1. Introduction

Storm Vacuum & Cavi and Storm Vacuum & RF are currently the most popular detox, tightening, and shaping instruments. It can effectively replace all the body care programs in a beauty salon, operate easily, conveniently, and swiftly, and solve body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, injection, medication, or surgery. It has no side effects, but it has an immediate impact. And it's operated externally throughout. Radiofrequency heats deep skin, stimulates collagen hyperplasia and recombination of the dermis, and accelerates blood circulation of the underlying skin. Thus, skin tightening and plumpness, anti-aging, and senility prevention can be achieved. And with the matched use of vacuum technology, it can break the hard fiber of cellulite and make the skin more elastic to achieve body shaping. Ultrasonic waves of a particular frequency and the matched use of vacuum aim at body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

- (1) 2-in-1 multifunctional beauty equipment fixes local body care problems.
- (2) It has multiple handpieces, which can be changed per the body parts to be treated and different requirements.
- (3) It adopts the most advanced ultrasonic cavitation technique in the world.
- (4) The perfect match of ultrasonic wave and the vacuum RF will address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism, and strengthen the physique while reducing weight.
- (5) It's comfortable, painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect regular work and life after treatment.
- (6) It has zero consumption and is low-cost, but it gives a quick return.
- (7) It has a broader treatment range and an evident effect.
- (8) Unevenness, bleeding, and swelling will not occur.
- (9) One handpiece has various functions and a stronger radiofrequency and a higher and more well-distributed energy.
- (10) It has various vacuum handpieces, which can be used per the body shape and obesity level.
- (11) All the handpieces emit intense pulsed light of red, accelerate metabolism, reduce inflammation in and disinfect the skin while massaging and dissolving fat, presenting an evident effect and better comfort level.

3. Principle

(1) STORM VACUUM & CAVI

CAVI: It utilizes the handpiece that has gathered strong sound waves to emit sound waves with a frequency of 40,000 Hz. It can effectively consume heat and cellular moisture and shrink fat cells by the collected intense sound waves entering the body that causes fat cells to produce violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasonic wave: When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasonic waves and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

Advantages: It destroys tissue selectively, only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue like blood vessels and nerves.

STORM VACUUM: Massaging skin and muscle with a particular vacuum sucker can effectively enhance the mobility of cells' body fluid and boost cells' movement so that cells can be activated and skin elasticity can be increased. Meanwhile, it accelerates blood circulation of the micro-vessels, discharges the excess toxins through the regular circulation of the lymphatic system, and lowers the probability of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum sucking fat out can increase the activity of skin tissue and muscles so that scleroid cellular tissue can be decreased and skin tissue's elasticity can be enhanced, completing body slimming and shaping simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system of the superficial and deep layer of the skin and lowers skin sensitivity. Air pressure suction and release can improve the blood capillary system, promote flow between deeper veins and the lymph gland networks, strengthen blood vessels, and relieve varicosity.

Advantages: It breaks through the previous vacuum working mode featured by singleness and simpleness. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently and cause no harm to the body. Compared with the ordinary monopole RF, this equipment, with its unique RF handpiece and RF and vacuum relatively independent but complementary as a whole metabolic system, helps to massage and metabolize while heating deep skin layer,

yielding twice the result with half the effort.

The Physical Effect of the Vacuum

Layers of the Skin

The suction and release of air pressure:

- It improves mobility among cells to increase cell movement and cure diseases related to blood stasis and stagnation.
- Remove moisture from the lymph gland and veins.
- Effect: Discharge excess moisture from fibrous tissue.

Vascular Layer

The suction and release of air pressure:

- Boost blood circulation of the micro-vessels, improve the blood capillary system, and promote flow between deeper veins and the lymph gland networks.
- Remove extra toxins from the body.
- Effect: Strengthen blood vessels and relieve varicosity.

Fibrous Layer

The suction and release of air pressure:

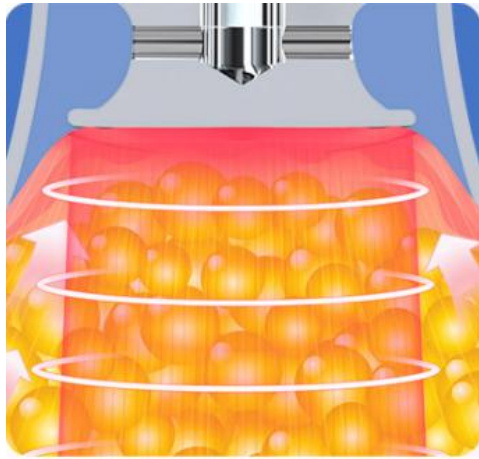
- Promote the combination of two effects generated in different tissues (including skin, muscle tissue, etc.).
- Repair cell tissue and enhance activity among cells.
- Boost and repair skin elasticity and resist skin stretch.
- The production of ossein helps to renew skin and restore elasticity.
- Enhance oxygen delivery capacity for the skin and increase the consumption of carbon dioxide.
- Effect: Break the hard fiber of cellulite and make it more elastic to achieve body shaping.

Nervous Layer

The suction and release of air pressure:

- Stimulate the surface and deep layer of the sympathetic nervous system.
- Lower skin sensitivity.
- Repair skin elasticity and resist the fibrosis of tissue.
- Effect: Repair and reduce skin sensitivity.

Advantages: The combination of Storm Vacuum and Cavi blasts fat and metabolizes and discharges fat faster and more effectively while massaging. It can save more time and effort and achieve weight loss, metabolism, and body shaping.



Storm Vacuum & Cavi

It effectively consumes heat and cellular water, and contracts fat cells, thus achieving fat reduction. And vacuum directly reaches fat in deep skin layer, causes cells to generate heat, and stimulates fat burning.

(2)STORM VACUUM & RF

RF: Radiofrequency waves directly penetrate the skin and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature, rapidly and continuously heating tissue, and promoting collagen growth. Thus, skin tightening, lifting, and refining can be achieved. The perfect combination of the two enhances skin tightening and prevents flabby skin while losing weight with fat-blasting.

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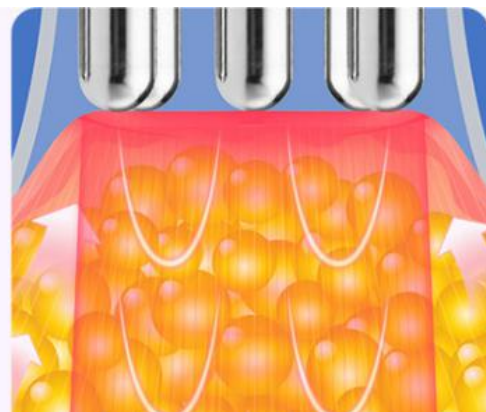
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- Effect: Repair and reduce skin sensitivity.

Storm Vacuum & RF

It stimulates dermis and make it produce more fresh collagen filling up the void of collagen, thus lifting up skin again and recovering skin elasticity. By using vacuum crossover current, it promotes fat burning, stimulates the treated part and makes it shrink muscle, strengthens muscle, and relieve slack muscle.



4. Body Management

(1) Waist & Abdomen Fat-dissolving & Sculpting

1) Handpiece

RF + STORM VACUUM & CAVI + STORM VACUUM & RF

2) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Powerfully dissolve fat and eliminate big tummy.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten skin and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.
- Remove edema and hold the belly in after child delivery.

3) Indications

- Those with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Those with fat waist and abdomen, fat accumulation, or flab.
- Those with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- Those with unsightly waistline due to sitting too long.
- Those with striae distensae or stretch marks.
- Those with constipation or whose abdomens have obstructed channels and collaterals.
- Those whose abdomen has edema after child delivery.

4) Contraindications

- Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.
- Those with epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those with severe gynecological diseases.
- Those whose gynecological diseases are in treatment.

5) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

(2) Arm Fat-dissolving & Sculpting

1) Handpiece

RF + STORM VACUUM & CAVI + STORM VACUUM & RF

2) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Improve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Relieve soft skin.
- Alleviate arms' soreness and swelling.
- Accelerate blood circulation and dredge channels and collaterals.

3) Indications

- Those with thick arms or who look unsightly in clothes.
- Those with bat wings or flabby arms.
- Those whose arms have flabby skin.
- Those whose arms are prone to soreness and numbness.
- Those who always carry a baby.
- Those whose arms have edema.

4) Contraindications

- Those who just had plastic surgery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those in the allergic period or with severely sensitive skin.
- Those with skin trauma or wounds.
- Those who are overage.
- Those in pregnancy or surgical recovery.

- Those with skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(3) Back Fat-dissolving & Sculpting

1) Handpiece

RF + STORM VACUUM & RF

2) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.
- Boost immunity.

3) Indications

- Those with shoulder or back soreness or stiff neck.
- Those with insomnia, dreaminess, or a fading memory.
- Those prone to fatigue or drowsiness or whose vital energy and blood circulation are obstructed.
- Those with thick backs or who look unsightly in clothes.
- Those with Dowager's Hump.

4) Contraindications

- Those with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or lactation.
- Those whose surgical wounds are healing or in surgical recovery.

- Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- Those with malignant tumors, hemophilia, or severe bleeding.
- Those with skin disease or infectious disease.
- Those who have a weak body.
- Those who are drunk, thirsty, overworked, or with a full or empty stomach.

5) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4) Buttock Fat-dissolving & Sculpting

Buttocks are located in the middle of the body. It's the key hub for channels and collaterals and qi-blood circulation and the main switch of six channels and collaterals. And it's the bridge that connects the movement of upper burner qi-blood and lower burner qi-blood. It plays a vital role in managing body S-curve and enhancing feminine charm.

1) Handpiece

RF + STORM VACUUM & CAVI + STORM VACUUM & RF

2) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function and tighten the vagina.
- Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

3) Indications

- Those whose hips are slack, saggy, or have accumulated fat.
- Those with striae distensae or stretch marks.
- Those whose buttock shape is not good-looking, flat, loose, or with outward expansion.

- Those with cold hips or low hip temperature.
- Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- Those with decreased estrogen levels or disharmonious sexual life.

4) Contraindications

- Those in menstruation, pregnancy, lactation, or surgical recovery.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.

5) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing miniskirts or mini-shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food. But have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(5) Leg Fat-dissolving & Sculpting

1) Handpiece

RF + STORM VACUUM & CAVI + STORM VACUUM & RF

2) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production, and flatten striae distensae.
- Enhance the circulation of the legs and eliminate edema.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

3) Indications

- Those with the obstructed blood circulation of the lower limbs, edema, or obesity.
- Those with hyp immunity, who feel uncomfortable and pain all over the body, or who are prone to catch colds.
- Those with constipation or with coarse or slack skin.
- Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

4) Contraindications

- Women in menstruation, pregnancy, or lactation.
- Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- Those with skin disease, infectious disease, or whose skin is in a sensitive period.
- Those with surgical wounds or in surgical recovery.
- Those with severe varicosity or tumors.
- Those in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Those who are overage.
- Those in pregnancy or surgical recovery.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as far as possible after treatment and avoid wearing miniskirts and mini-shorts.

(6) Breast Sculpting

1) Handpiece

RF

2) Efficacy

- Adjust breast shape and improve accessory breast.

- Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
- Reduce the appearance of the outward expansion of the breast.
- Improve irregular menstruation, spots on the face, and inelastic skin.
- Relieve mastatroph, slack breast, and blocked lactiferous ducts after child delivery.

3) Indications

- Those whose breast shape is not good-looking or who has accessory breast.
- Those with breast nodules, slight hyperplasia, or who have distending pain in the breast during menstruation.
- Those whose breast has free fat or outward expansion or is saggy.
- Those with hypoimmunity.
- Those with irregular menstruation, spots on the face, or inelastic skin.
- Those who think she has a less developed mammary gland, mastatroph, loose breast, or blocked lactiferous ducts after giving birth.

4) Contraindications

- Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organ functions.
- Those who have been taking anticoagulants, vascular dilations, or corticosteroids for a long time or are taking them now.
- Those with infected skin on the breast.
- Those with severe breast hyperplasia, fibroma, or cyst.
- Women in pregnancy or lactation.

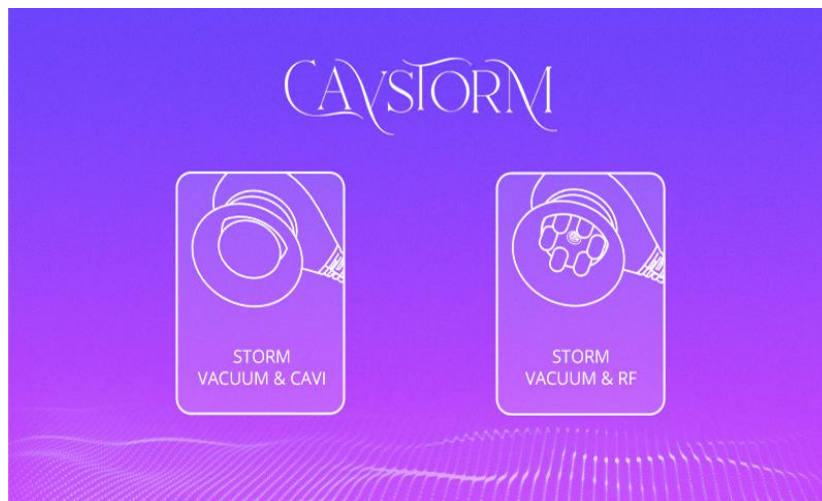
5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

Part II

1. Detailed Operations

Check the equipment and make sure it's properly connected. The following interface appears when pressing the power switch.



(1)Function Selection



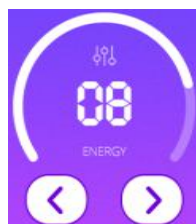
Time Setting & Display



Time Setting (decrease)



Time Setting (increase)



Energy Intensity Setting & Display



Energy Intensity Setting(decrease)



Energy Intensity Setting(increase)

START

Start/ Pause



Homepage



Return



Mode Selection



Rotating knob for setting vacuum. Set it per the user's tolerance, and start from the lowest suction and gradually increase it after the client gets used to it.

(2)Detailed Operations for STORM VACUUM & CAVI



Select and enter the following page.



Time Setting & Display



Energy Intensity Setting & Display for Cavi



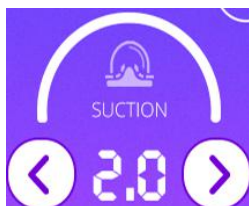
Mode Selection for Cavi



: Continuous Working Mode. Namely, when clicking the Start, the handpiece releases energy all the time. It suits those with fat accumulation or thick fat.



: Discontinuous Working Mode. Namely, when clicking the Start, the handpiece releases energy on and off. It suits those with local obesity or who want to reduce weight.



Suction Time Display & Setting for STORM VACUUM (suction time > release time)



Release Time Display & Setting for STORM VACUUM (When the time is set to zero, it's direct suction.)



Vacuum Suction and Release Time Setting (decrease)



Vacuum Suction and Release Time Setting (increase)

Remark: You can use the Storm Vacuum and Cavi simultaneously or detach the vacuum cup from the handpiece and use the Cavi alone. You can choose per the treatment.

(3)Detailed Operations for STORM VACUUM & RF

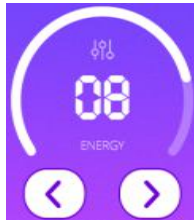


Select and enter the following page.





Time Setting & Display



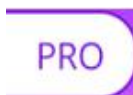
Energy Intensity Setting & Display for RF



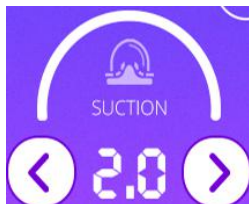
Mode Selection for RF



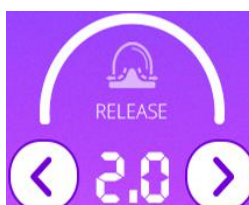
is the default mode. After clicking the start button, the temperature for RF will reach the setting value directly.



is the intelligent mode. After touching the skin, the temperature for RF will reach the setting value slowly.



Suction Time Display & Setting for STORM VACUUM (suction time > release time)



Release Time Display & Setting for STORM VACUUM (When the time is set to zero, it's direct suction.)



Vacuum Suction and Release Time Setting (decrease)



Vacuum Suction and Release Time Setting (increase)

Remark: You can use the Storm Vacuum and RF simultaneously or detach the vacuum

cup from the handpiece and use the RF alone. You can choose per the treatment.

2. Technical Parameters

Power Supply Input: AC110V-220V 50HZ/60HZ

Power: 100W

Input Power: 100W

Dimensions: 18.4*14.1*10.7 inches

Net Weight: 6.7kg

Gross Weight: 8.8kg

Storm Vacuum & Cavi Handpiece

Frequency: 40KHZ

Power: 100W

Vacuum: -73kPa

Air flow: 10LPM

Noise level: <65dB(30cm away)

Storm Vacuum & RF Handpiece

Frequency: 5MHZ

Power: 100W

Vacuum: -73kPa

Air flow: 10LPM

Noise level: <65dB(30cm away)

3. Precautions on Use

- (1) A plug with a ground pin must be used, and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local power supply voltage is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and normal service life.
- (4) Do not put the equipment in a damp place, near a water source, or sites that expose it to direct sunlight.
- (5) Please don't place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please do not use the equipment on the eyes, thyroid, parathyroid, testicles, a pregnant woman's abdomen, pacemaker, etc.
- (8) If you are suffering from an illness, you should use it with caution unless you get permission from a doctor.
- (9) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off after everything is settled. Thus, the safety of the equipment can be kept.
- (10) Use the equipment and train the operators in strict accordance with the

instructions specified in the manual.

- (11) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to take it immediately.
- (12) Do not use the equipment with an empty stomach, and wait at least one hour after a full meal before starting a weight reduction treatment.
- (13) When operating the instrument, it should contact the skin thoroughly to avoid uneven heating.
- (14) When operating the equipment, start from the lowest energy intensity and gradually increase it after the client gets used to it. Otherwise, it may cause discomfort.
- (15) The device should contact the skin fully when in use. Otherwise, it may not be attached to the skin.
- (16) When operating the equipment, do not leave it in the same place over five seconds to avoid uneven energy distribution or scalding.
- (17) You can not use CAVI on the head, chest, breast, skeleton, heart, and back.
- (18) It's not advised to use the machine for over 2 hours. When it reaches 2 hours, you need to turn off the machine, leave it there for 10 to 30 minutes, and restart it.
- (19) After turning on the machine, you need to touch the skin to operate it and not let it run with doing nothing.
- (20) After the operation, clean the equipment with normal saline to ensure its cleanliness and hygiene and extend its service life (do not use alcohol to clean it).

4. Common Problems & Solutions

- (1) Does the equipment can't be started, and the button lamp on it can't light up?
 - A. Make sure the power cord is plugged into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) Does the RF doesn't have output, or is it weakened after the equipment is on?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. The wire inside the handpiece is loose or burnt out.
- (3) Does the equipment doesn't have suction, or is it too weak?
 - A. Please check whether the handpiece and the plug connecting to the equipment body are closely linked.
 - B. Please check whether the oil cup outside the filter is twisted tightly and whether the rubber ring is worn out. Air leakage in this place may cause insufficient air pressure.
 - C. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.
- (4) Is there an error message on the monitor after the equipment is on?
 - A. Take out the plug from the back, wait about one minute, reinsert the plug, and

restart the equipment.

- B. If the solutions mentioned above are not working, please contact the equipment dealer for assistance.

5. FAQs

(1) Q: How long does it take to see the effect of an RF treatment?

A: Usually, the effect can be seen on the same day or within a week. Skin's collagen tissue, under heating, produces contraction, resulting in an evident skin tightening. Radiofrequency regenerates collagen continuously since it stimulates subcutaneous tissue. Therefore, the more times you take the treatment, the more noticeable the effect.

(2) Q: Does radiofrequency harm the skin?

A: Skin tightening and anti-wrinkle with radiofrequency is a non-surgical program. Radiofrequency stimulates collagen regeneration and metabolism of the underlying skin. Therefore, it causes no harm to the skin. Only local redness and burning will occur after treatment. It's an everyday phenomenon caused by accelerated blood circulation, and it will disappear after a moment. Thus, you don't have to worry.

(3) Q: How long does a body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine professional massage techniques and instruments to deliver a noticeable effect.

(4) Q: What functions does this equipment include?

A: It can shape the body with fat-dissolving, rejuvenate skin and make it smooth, do tightening and lifting, reduce the weight of local body parts, build an S curve, and accelerate the whole body's metabolism and detox. Besides, it can also enhance viscera functions and relieve the body's sub-health condition.

(5) Q: Which one is better in terms of weight reduction, liposuction, or this equipment?

A: Liposuction rapidly slims a local body part by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during the operation and has convalescence. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. And it sculpts perfect curves by reducing fat pertinently with high-frequency vibration.

(6) Q: Will I experience a rebound after treatment?

A: For weight loss with ultrasonic lipolysis, it's hard for the weight to rebound after reduction. Ultrasonic lipolysis removes fat rather than moisture, and it takes a long time for the fat to be accumulated. Thus, the weight will not get rebound easily.

(7) Q: Do I need to be on a diet?

A: You need to keep on a diet to some extent since the metabolism accelerates after a radiofrequency treatment. Avoid eating spicy, oily, or fried foods so as not to affect metabolism. Have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

(8) Q: Does it have any side effects on the body?

A: Improving the appearance and shaping the body with RF is a non-invasive treatment and is currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to radiofrequency heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. Thus, it has no side effects on the body.

(9) Q: Can ultrasonic waves be used all over the body?

A: Ultrasonic waves break fat cells, burst the cell wall, and then fat in the cells flows out and is absorbed and metabolized by lymph. The ultrasonic wave has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the sound waves vibrate the heart. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back, and breast.)

(10) Q: Do ultrasonic waves have side effects on the body?

A: Ultrasonic wave is non-surgical, non-invasive, and requires no anesthetic and operation. The techniques for ultrasonic wave: ultrasonic wave (mechanical sound wave)--blast fat with cavitation--ultrasonic focusing.

Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it has no side effects on the body. Only slight drumming in the ears may appear during the treatment, which is normal; you don't have to worry about it.

(11) Q: Why does drumming in the ears occur?

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasonic focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

(12) Q: Why do I need buttocks maintenance?

A: Hip maintenance can help with lymphatic detox, improve gynecological

diseases, and avoid harm caused by buttocks blockage. Hips' impassability will surely bring about gynecological diseases. There is a pelvic cavity and intestinal tract inside the buttocks. It connects to the belt vessel, lumbar vertebra, and sciatic nerve from above, uterus, ovary, and adnexa in front, anus, vagina, groin, and lymph from below. Under the squeeze of upper-jiao(the parts above the diaphragm) and lower-jiao(the parts underneath enterocoelia) channels and collaterals, the hips are most prone to coldness, dampness, and blood stasis. When the hip is cold, it causes contraction of the hips' channels and collaterals, dysmenorrhea, irregular menstruation, dark menstrual blood, blood clot, and obstructed blood flow. It also affects ingravitation.

(13) Q: How to detox with the vacuum?

A: Vacuum can congest blood capillaries and stimulate cells to increase their vitality. During operation, the suction and release of the air pressure and the increase and decrease of the vacuum can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and expel toxins and heat.

6. Packing List

- 1x Main Machine
- 1x Storm Vacuum & Cavi Probe
- 1x Storm Vacuum & RF Probe
- 2x Filter
- 1x Power Cord
- 2x Fuse
- 2 x Holder
- 1x (pack) Filter Cotton

7. Operating Steps

(1)Waist & Abdomen, Arm, and Leg Fat-dissolving & Sculpting

Massage, use RF, STORM VACUUM & CAVI, and STORM VACUUM & RF, and Clean the treated parts.

Matched Product: essential oil, radiofrequency cream

(2)Back/ Buttock Fat-dissolving & Sculpting

Massage, use RF and STORM Vacuum & RF, and clean the treated parts.

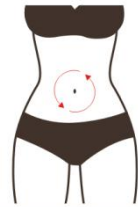
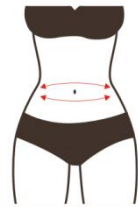
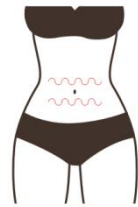

Matched Product: essential oil, radiofrequency cream






(3) Breast Sculpting


massage, use RF, and clean the treated parts.

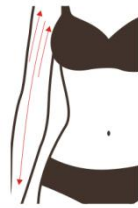
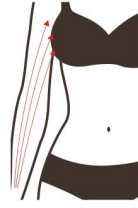


Matched Product: essential oil/ massage cream


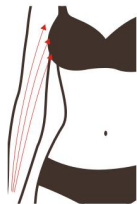

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Waist & Abdomen Fat-dissolving & Sculpting: 60 Minutes/ Once a Week			
RF Advised Time: 10 to 15 minutes Mode Selection: NOR/ PRO Advised Energy Level: 3 to 7 STORM VACUUM & CAVI Advised Time: 15 to 20 minutes Mode Selection for CAVI: Continuous Mode Discontinuous Mode Advised Energy	Essential Oil (Massage Cream) + Gel + Equipment	1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 2. Rub the belly back and forth with hands. Repeat three times. 3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times. 4. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 5. Draw Arabic numeral 8-shaped motions to the part below the waist, and then lift upwards from the side of the waist. Repeat three times. 6. Rub intestinal tract with hands overlapped, moving in small circles and clockwise. Repeat three times. 7. Caress the treated	Technique 1, 7, 10  Technique 2  Technique 3  Technique 4 

<p>Level for CAVI: 3 to 7</p> <p>STORM VACUUM The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p> <p>STORM VACUUM & RF Advised Time: 10 to 15 minutes</p> <p>Mode Selection for RF: NOR/ PRO</p> <p>Advised Energy Level for RF: 3 to 7</p> <p>STORM VACUUM The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p>		<p>parts with hands moving circlewise. Repeat three times.</p> <p>8. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng (SP15). Repeat two times.</p> <p>9. Push from Zhongji (RN3) to the belly button with the thumbs, slide to the parts below the waist along the two sides, and lift upwards to the groin. Repeat three times.</p> <p>10. Caress the treated part till groin with hands.</p> <p>11. RF: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>12. Shape the waist with hands moving in rhombus-shaped motions. Repeat 3 to 5 times.</p> <p>13. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>14. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>15. Coupled with hands, lifting Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>16. STORM VACUUM & CAVI: Along ascending</p>	 <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 8</p>  <p>Technique 9</p>  <p>Technique 11, 16</p>
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		<p>colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>17.Shape the waist with hands moving in rhombus-shaped motions. Repeat 3 to 5 times.</p> <p>18.Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>19.Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>20.Coupled with hands, lifting Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>21.STORM VACUUM & RF: One Side-Lift from the side of the waist to the belly, and lift one line after another to the groin. Repeat three times.</p> <p>22.Lift the other side. Repeat three times.</p> <p>23.Set the vacuum to interval mode and move slowly on the abdomen. Repeat three times.</p> <p>24.Set the vacuum to direct suction and sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>25.Coupled with hands, lifting Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>26.Clean the treated parts with a towel.</p>	 <p>Technique 12, 17</p>  <p>Technique 13, 18, 24</p>  <p>Technique 14, 15, 19, 20, 25</p> 
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		Treatment ends.	
The Recommended Course of Treatment: A course of treatment includes ten times. After one-time treatment, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, the belly hold in. Meanwhile, problems like constipation improve. After two courses, the effects become more and more apparent. The skin turns tightened and lifted. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.			
Arm Fat-dissolving & Sculpting: 60 Minutes/ Once a Week			
RF Advised Time: 10 to 15 minutes Mode Selection: NOR/ PRO Advised Energy Level: 3 to 7 STORM VACUUM & CAVI Advised Time: 15 to 20 minutes Mode Selection for CAVI: Continuous Mode Discontinuous Mode Advised Energy Level for CAVI: 3 to 7 STORM VACUUM	Essential Oil (Massage Cream) + Gel + Equipment	1. Do it in left-right order. Lay the arm flatwise, apply oil from the lower arm to the entire arm with hands until the hands slide out, and repeat it three times. 2. Push the entire arm with palms doing it alternately. Repeat three times. 3. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm separately till armpit with hands' purlicue. Repeat three times. 4. Caress the treated part. Repeat three times. 5. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until it turns hot. Repeat three times. 6. Caress the treated part. Repeat three times. 7. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit	Technique 1  Technique 2, 3, 4, 5, 6  Technique 7  Technique 8, 16, 18, 24, 26  Technique 9

<p>The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p> <p>STORM VACUUM & RF Advised Time: 10 to 15 minutes</p> <p>Mode Selection for RF: NOR/ PRO</p> <p>Advised Energy Level for RF: 3 to 7</p> <p>STORM VACUUM The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p>		<p>with purlicue. Repeat three times, respectively.</p> <p>8. Rub the three channels and collaterals back and forth with kneeling fingers and till it becomes hot. Repeat three times.</p> <p>9. Caress the treated part till the hands slide out. Repeat three times.</p> <p>10. Treatment ends.</p> <p>11. Do the same on the other side.</p> <p>12. RF: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the entire arm till the armpit. Repeat 5 to 8 times.</p> <p>14. Flabby arms can be treated more. Repeat three times.</p> <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arms to the armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arms, moving circlewise and back and forth till the armpit. Repeat three times.</p>	 <p>Technique 12, 15, 20, 23</p>  <p>Technique 13, 14, 21, 22</p> 
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		<p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. STORM VACUUM & CAVI: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the entire arm till the armpit. Repeat 5 to 8 times.</p> <p>22. Flabby arms can be treated more. Repeat three times.</p> <p>23. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arms to the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arms, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. STORM VACUUM & RF:</p> <p>29. Lay the arms flatwise,</p>	
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		<p>and move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>30. Move circlewise on the upper arm. Repeat 5 to 8 times.</p> <p>31. Lay the arms upwards, and sculpt up and down on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>32. Move circlewise on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>33. Clean the treated parts with a towel. Treatment ends.</p>	
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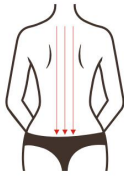





The Recommended Course of Treatment:

A course of treatment includes ten times treatment. After one treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. After two courses, body shaping starts, and the effect strengthens, channels and collaterals dredges, and the physique enhances. After three courses, the effect consolidates and stabilizes, and rebound can be prevented.

Leg Fat-dissolving & Sculpting: 60 Minutes/ Once a Week

RF Advised Time: 5 to 10 minutes Mode Selection: NOR/ PRO Advised Energy Level: 3 to 7 STORM VACUUM & RF Advised Time: 10 to 15	Essential Oil + RF Cream + Instrument	1. Technique. 2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times. 5. Move circlewise and	Technique 2, 11  Technique 3  Technique 4
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<p>minutes</p> <p>Mode Selection for RF: NOR/ PRO</p> <p>Advised Energy Level for RF: 3 to 7</p> <p>STORM VACUUM</p> <p>The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p>	<p>S-shaped motions from the neck to the caudal vertebra with hands. Repeat three times.</p> <p>6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times.</p> <p>7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times.</p> <p>8. Push Bladder Meridian with kneeling fingers of the hands in three lines, respectively. Repeat three times.</p> <p>9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11. Caress the whole back with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Operate the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with</p>	<div data-bbox="1107 210 1230 383"></div> <p>Technique 5</p> <div data-bbox="1107 501 1230 674"></div> <p>Technique 6, 7, 8, 14</p> <div data-bbox="1107 792 1230 965"></div> <p>Technique 9, 19</p> <div data-bbox="1107 1084 1230 1256"></div> <p>Technique 10</p> <div data-bbox="1107 1375 1230 1547"></div> <p>Technique 12, 13</p> <div data-bbox="1107 1666 1230 1839"></div> <p>Technique 16, 23</p>
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		<p>hands till it turns hot.</p> <p>15.Treatment ends.</p> <p>16.RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17.Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18.Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19.Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20.Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>21.Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>22.Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23.STORM VACUUM & RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>24.Move circlewise on Dazhui (DU-14) and sacral</p>	 <p>Technique 17, 24</p>  <p>Technique 18, 25</p>  <p>Technique 20, 27</p>  <p>Technique 21, 28</p>  <p>Technique 22, 29</p> 
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		<p>region (BL31-BL34). Repeat 3 to 5 times for each.</p> <p>25.Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>26.Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>27.Move transversely and from top to down to the sacral region (BL31-BL34) in an Arabic numeral 8-shaped motions. Repeat three times.</p> <p>28.Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p> <p>29.Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>30.Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten times treatment. After one treatment, the back gets relaxed, stiffness of the shoulder and neck relieves, and the skin lifts. After a course, the back and shoulder become relaxed, back fat lessens, Dowager's Hump relieves, and the back outlines become good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course can reduce the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

Buttocks Fat-dissolving & Sculpting: 60 Minutes/ Once a Week

RF	Essential Oil +	1. Massage.	Technique 2, 5, 11
Advised Time: 10 to 15	Radiofrequen cy Cream +	2. Stand sideways with hands applying oil, slide	

<p>minutes</p> <p>Mode Selection: NOR/ PRO</p> <p>Advised Energy Level: 3 to 7</p> <p>STORM VACUUM & RF Advised Time: 10 to 15 minutes</p> <p>Mode Selection for RF: NOR/ PRO</p> <p>Advised Energy Level for RF: 3 to 7</p> <p>STORM VACUUM The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p>	<p>Instrument</p>	<p>from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times.</p> <p>3. Push the sacral region (BL31-BL34) with thumbs. Repeat three times.</p> <p>4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands doing it severally along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Lift from the thigh root to Daimai (GB26) with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push (for sculpting) directly and one line after another from the two</p>	<div data-bbox="1098 203 1236 383"></div> <p>Technique 3</p> <div data-bbox="1098 495 1236 674"></div> <p>Technique 4</p> <div data-bbox="1098 786 1236 965"></div> <p>Technique 6, 14, 17, 20, 23</p> <div data-bbox="1098 1115 1236 1294"></div> <p>Technique 7, 10</p> <div data-bbox="1098 1406 1236 1585"></div> <p>Technique 9, 15, 18, 21, 24</p> <div data-bbox="1098 1736 1236 1915"></div> <p>Technique 16, 22</p>
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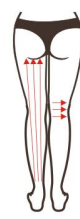
		<p>sides of the buttocks to the highest point of the buttocks with hands, and do it back and forth. Repeat three times.</p> <p>10.Repeat technique No.7.</p> <p>11.Caress the treated part.</p> <p>12.Do the same on the other side.</p> <p>13.Treatment ends.</p> <p>14.RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>15.Lift upwards and one line after another from the two sides of the buttocks to the highest point of the buttocks. Repeat three times.</p> <p>16.Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17.Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18.Lift upwards and one line after another from the two sides of the buttocks to the highest point of the buttocks. Repeat three times.</p> <p>19.Do the same on the other side.</p> <p>20.STORM VACUUM & RF: Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>21.Lift upwards and one line after another from</p>	
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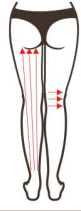



		<p>the two sides of the buttocks to the highest point of the buttocks. Repeat three times.</p> <p>22. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>24. Lift upwards and one line after another from the two sides of the buttocks to the highest point of the buttocks. Repeat three times.</p> <p>25. Do the same on the other side.</p> <p>26. Clean the treated parts with a towel. Treatment ends.</p>	
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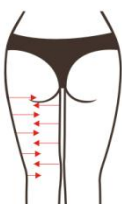


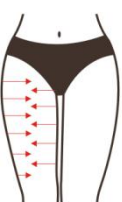
The Recommended Course of Treatment:



A course of treatment includes ten times treatment. After one treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

Leg Fat-dissolving & Sculpting: 70 Minutes/ Once a Week

RF Advised Time: 10 to 15 minutes Mode Selection: NOR/ PRO Advised Energy Level: 3 to 7	Essential Oil (Massage Cream) + Gel + Equipment	<p>1. Rear-leg: Let the client lie on his front and treat the left first and the right after. Apply oil from the lower leg to the thigh, back to the heel, and repeat it three times.</p> <p>2. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times.</p>	<p>Technique 1, 2, 3, 4, 7</p>  <p>Technique 5</p>
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<p>STORM VACUUM & CAVI Advised Time: 15 to 20 minutes</p> <p>Mode Selection for CAVI: Continuous Mode Discontinuous Mode</p> <p>Advised Energy Level for CAVI: 3 to 7</p> <p>STORM VACUUM The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p> <p>STORM VACUUM & RF Advised Time: 10 to 15 minutes</p> <p>Mode Selection for RF: NOR/ PRO</p> <p>Advised Energy Level for RF:</p>		<p>3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times.</p> <p>4. Push popliteal fossa with hands doing it alternately. Repeat three times.</p> <p>5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat three times.</p> <p>8. Caress the treated part. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean the treated part with a hot towel, 2 minutes.</p> <p>11. Apply gel evenly to the treated part, 2 minutes.</p> <p>12. RF: From the bottom to popliteal fossa, pushing Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve</p>	 <p>Technique 12, 18</p>  <p>Technique 13, 19</p>  <p>Technique 14, 18, 24</p>  <p>Technique 15, 17, 21, 23, 25</p>  <p>Technique 16, 22, 26</p>
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<p>3 to 7</p> <p>STORM VACUUM</p> <p>The time for suction and release can be set freely. It's the direct suction mode when the time for release is set to zero.</p>	<p>fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Start from popliteal fossa, drawing small circles till the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. STORM VACUUM & CAVI: From the bottom to popliteal fossa, pushing Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively. Repeat three times.</p> <p>19. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>20. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>21. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>22. Start from popliteal fossa, drawing small</p>	<div data-bbox="1043 210 1337 427">  </div> <p>Technique 27</p> <div data-bbox="1043 539 1337 757">  </div> <p>Technique 28, 29, 30, 31, 32</p> <div data-bbox="1043 913 1337 1131">  </div> <p>Technique 33, 35, 40, 42, 47</p> <div data-bbox="1043 1288 1337 1505">  </div> <p>Technique 36, 43, 48</p> <div data-bbox="1043 1617 1337 1834">  </div> <p>Technique 37, 44, 49</p>
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		<p>circles till the thigh root to dissolve fat. Repeat three times.</p> <p>23. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>24. STORM VACUUM & RF: From the bottom to popliteal fossa, pushing Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively. Repeat three times.</p> <p>25. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>26. Start from popliteal fossa, drawing small circles till the thigh root to dissolve fat. Repeat three times.</p> <p>27. Coupled with hands, lifting one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>28. Fore-leg: Let the client lie flat. Apply oil from the lower leg to the thigh root with hands (namely caressing). Repeat three times.</p> <p>29. Push from the lower leg to thigh root with the base of the palms doing it by turns. Repeat three times.</p> <p>30. Push Spleen</p>	 <hr/> <p>Technique 38, 45, 50</p>  <hr/>
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		<p>Meridian-Stomach</p> <p>Meridian-Liver</p> <p>Meridian-Gallbladder</p> <p>Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>31. Push the four channels and collaterals with kneeling fingers of the hands. Repeat three times.</p> <p>32. RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have too much fat, you can treat the thigh directly.)</p> <p>33. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower leg doesn't have excess fat, you can treat the thigh directly.)</p> <p>34. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>35. Draw small circles on the whole thigh. Repeat three times.</p> <p>36. Coupled with hands, lifting from the two sides of the thigh to the middle. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after</p>	
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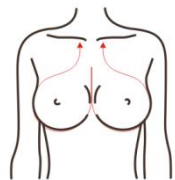
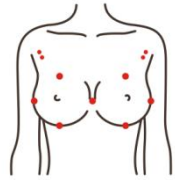
		<p>another from the knee to the thigh root. Repeat three times.</p> <p>39. STORM VACUUM & STORM: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have too much fat, you can treat the thigh directly.)</p> <p>40. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower leg doesn't have excess fat, you can treat the thigh directly.)</p> <p>41. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>42. Draw small circles on the whole thigh. Repeat three times.</p> <p>43. Coupled with hands, lifting from the two sides of the thigh to the middle. Repeat three times.</p> <p>44. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>45. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>46. STORM VACUUM & RF: Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>47. Draw small circles on</p>	
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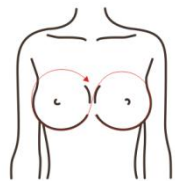
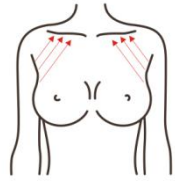
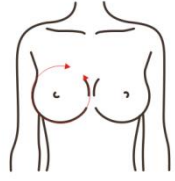
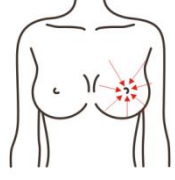
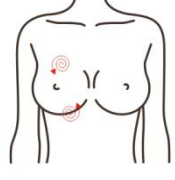
		<p>the whole thigh. Repeat three times.</p> <p>48. Coupled with hands, lifting from the two sides of the thigh to the middle. Repeat three times.</p> <p>49. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>50. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>51. Do the same on the other side.</p> <p>52. Clean the treated parts with a towel.</p> <p>Treatment ends.</p>	
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The Recommended Course of Treatment:

A course of treatment includes ten times treatment. After one treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. RF and ultrasound stimulate skin dermis and produce collagen continuously. Thus the curative effect becomes clearer.

Breast Sculpting: 60 Minutes/ Once a Week

STORM VACUUM & RF (Detach the vacuum cup from the handpiece, and you can use RF alone.) Advised Time: 15 to 20 minutes Advised Energy Level: 3 to 7 Mode Selection:	Massage Cream (Essential Oil) + Instrument	1. Stand next to the head of a bed, apply essential oil to the hands, move from Danzhong (RN17) to the armpit, and lift the suspensory ligament of the breast. Repeat three times. 2. Press Danzhong (RN17), Rugen (ST18), Dabao (SP21), Yinchuan (ST16), Zhongfu (LU1), and Yunmen (LU2) with thumbs. Repeat three times. 3. Caress the treated	Technique 1 
			Technique 2 

NOR/ PRO	<p>part. Repeat three times.</p> <p>4. Stroke an Arabic numerals 8-shape motion between Danzhong (RN17) and the breast with palms overlapped. Repeat three times.</p> <p>5. Lift from the accessory breast to the suspensory ligament of the breast with hands, and do it in left-right order. Repeat ten times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Sit next to the client. Do it in left-right order. Caress and lift the breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with the thumb moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. RF: Do it in left-right order. Coupled with hands, lifting from the bottom up to the nipple along the breast. Repeat 5 to 8 times.</p> <p>13. Lift downwards to the collarbone along breast drawing semi-circle, and caress it</p>	<p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>  <hr/> <p>Technique 15</p>
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		<p>with hands. Repeat 5 to 8 times.</p> <p>14. Draw small circles to dredge the parts with the nodule. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lifted. Move the handpiece circlewise on the accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast of the armpit to the breast (for sculpting and contracting accessory breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated parts with a towel.</p> <p>Treatment ends.</p>	 <hr/> <p>Technique 16</p>  <hr/>
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The Recommended Course of Treatment:

A course of treatment includes ten times treatment. After one treatment, the breast is heated, accelerating blood circulation. And the breast is lifted to a certain level. After a course, the effects become more evident, and the nodule relieves. After three courses, the skin becomes tightened, the shaping reinforces, the breast elasticity boosts, and the internal secretion regulates, making women more charming.