

# User Manual

MS-6651



# Preface

Dear users:

We're pleased to present to you our 6-in-1 beauty machine featured with weight loss, figure slimming, anti-aging and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF and ultrasonic beauty machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. Combined with cold hammer to soothe skin, shrink pores and care for skin at all aspects.

## Advantages

1. 6-in-1 multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Suitable for all skin types. It also improves and soothes skin.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.
11. Ultrasound, vacuum and radio frequency all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

## Facial Anti-aging

### Working Principles

## Face RF

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

### Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## BIO

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour,

thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

## Effects

1. Firmer skin. Channel nutrients deep into skin layers.
2. Increase skin elasticity and smooth skin.
3. Nourish skin. Improve skin absorption.
4. Accelerate blood circulation and metabolism.
5. Reduce double chin and tighten loose skin.
6. Stimulate collagen regeneration and delay aging.

## Applicable Range

1. Those with facial dullness.
2. Those with fine lines,nasolabial folds, crow's feet.
3. Those with indistinct facial contour.
4. Those who are under long-term exposure of UV radiation at workplace.
5. Those with lax skin, edema or obesity after birth.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.
9. Those who are unrealistic about the effects.

## Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.

3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 High' (high blood pressure, high cholesterol and high blood sugar), and eat less greasy food.

## Skin Repair

### Working Principle

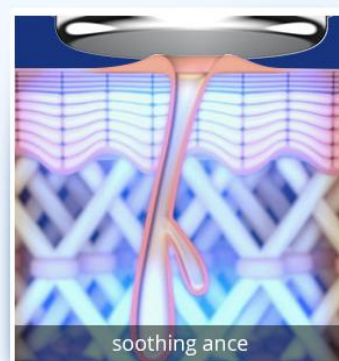
#### Cold Hammer

Use the principle of air conditioner. Special wafer ceramics are used to absorb energy and refrigerate at - 5 degrees in an instant. The method of physical heat accumulation produced by wafer energy absorption makes one side produce heat up to 40 degrees. The fan discharges excess heat energy and achieves the effect of constant temperature and freezing alternately. It also promotes metabolism, alleviates allergic reaction, shrinks pore, calms skin, whitens and tenders skin.

**Biological Effects:** During the cooling process, tissue temperature cools down, blood vessels and veins contract, metabolic rate reduces, cell activity inhibits, peripheral nerve sensitivity reduces, thus having a sedative and soothing effect, counteracting or reducing the symptoms of allergic reaction, such as redness, swelling, and pain, therefore achieving certain effects, such as calming the skin, reducing redness and swelling, shrinking pores and so on.

#### Skin tightening

Use the cold therapy hammer to shrink pore after skin moisturizing and nutrition importation, this cooling therapy can promote skin tightening and enhance acne relieving and smoothing



## Effects

1. Reduce facial skin redness, swelling, acne and allergy etc.
2. Soothe and calm skin.
3. Refine pores. Reduce couperose skin. Minimize pore sizing.
4. Lift and tighten skin. Increase skin elasticity.
5. Improve sagging, loose and wrinkled skin.
6. Help skin absorb and lock in nutrients. Smooth skin.
7. Increase skin resistance. Repair fragile skin.

## Applicable Range

1. Those with sensitive skin, acne skin and skin that's prone to redness, swelling and allergies.
2. Those with loose, saggy and inelastic skin.
3. Those who have dry skin, fine lines, dull, lusterless and uneven skin tone.
4. Those with coarse skin, large pores and excessive oil secretion.
5. Those who have received photoelectric therapy.

## Inapplicable Range

1. Those who are having a severely allergic reaction (e.g. rash) or are allergic to metals.
2. Those who have just undergone invasive cosmetic surgeries with unhealed wounds.
3. Those with skin diseases and infectious diseases.
4. Those who are unrealistic about the effects.

## Notes after Operation

1. Do not wash your face with overheated water within three days (lukewarm or cold water can be used).
2. Strengthen moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. More vegetables, fruits, and less greasy food.
6. Avoid food that will cause 'three highs'(high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.



# Eye Anti-aging

## Working Principle

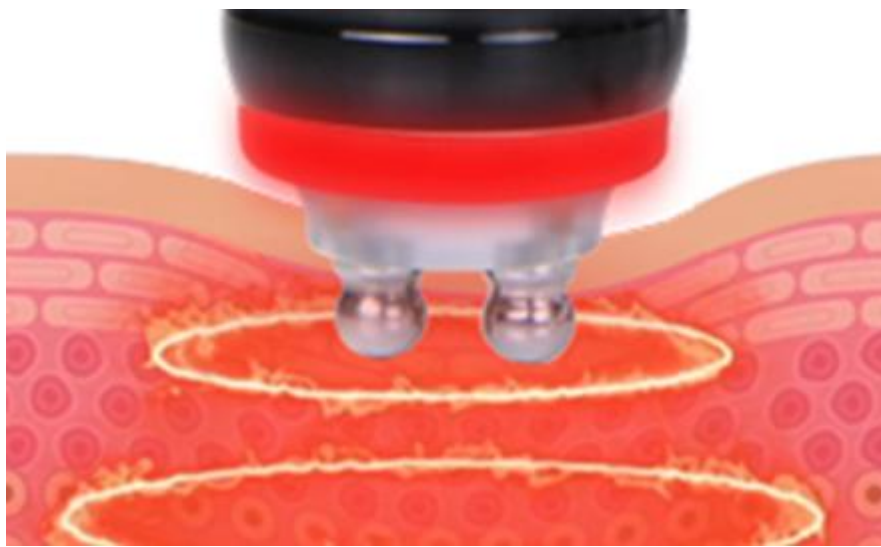
### Eye RF

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

### Biological Effects

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to  $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$ , it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.



### Effects

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## **Applicable Range**

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those often stay in a dry or hot environment.

## **Inapplicable Range**

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

## **Notes after Operation**

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

# Neck Anti-aging

## Working Principle

### RF

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

### Effects

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Reduce double chin.
5. Accelerate lymphatic detoxification and improve facial skin.
6. Prevent cervical and lymphatic diseases.

7. Deeply replenish neck skin with nutrition and improve neck skin tone.

## **Applicable Range**

1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dull, lusterless skin.
4. Those who often bow their heads.
5. Those who have blocked lymph circulation.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

## **Notes after Operation**

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

# **Shaping Waist & Abdomen**

## **Working Principles**

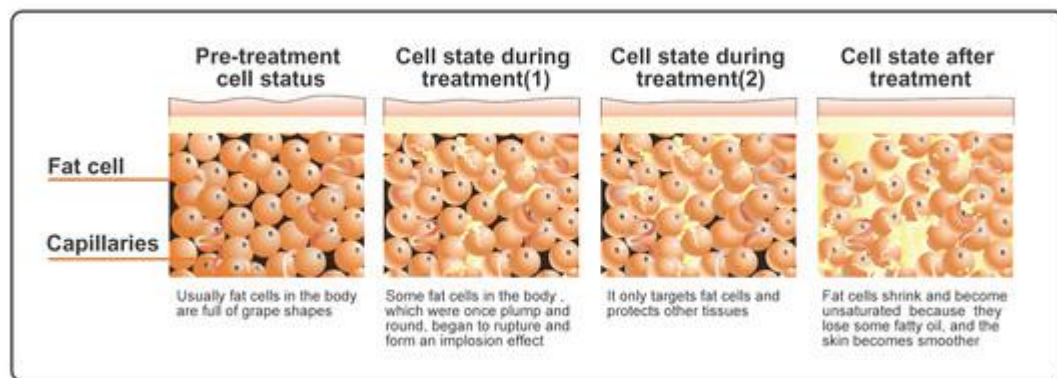
### **40K Unoisetion**

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can

effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum & RF

Radio frequency releases energy, acting directly on the dermis through the skin epidermis, heating directly from the inside of the human body. The heat energy reaches 40-60 degrees celsius. Through the biothermal effect, the blood circulation and lymphatic circulation in the uterus are enhanced, and metabolism of adipose tissue is fast. Thus, the health of uterus can be improved, the menstrual bleeding can be regulated to normal, and it also helps with cold womb.

### 1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### 2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### 3. Fibrous layer

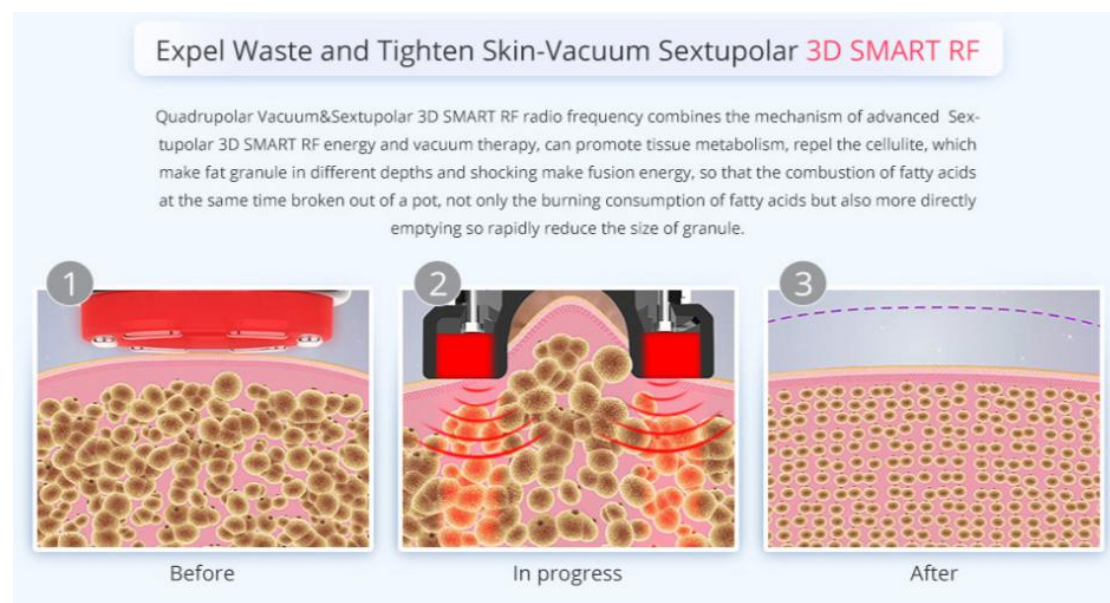
The suction and release of air pressure:

(1) Repair cell tissue, increase its activity and elasticity.

(2) Stimulate the production of bone collagen and improve skin plumpness.

(3) Improve the support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.



## Effects

1. Address gynecological issues such as cold hands and cold feet, cold womb or cold body.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat, e.g. love handles, muffin top.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

## Applicable Range

1. Those with cold hands and cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.

5. Those with constipation or obstruction of abdominal meridians.

## **Inapplicable Range**

1. Those with “3 Hyper”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

## **Notes after Operation**

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

# **Shaping Breasts**

## **Working Principle**

### **Body RF**

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast

cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

## **Effects**

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

## **Applicable Range**

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improper developed mammary glands.

## **Inapplicable Range**

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

## **Notes after Operation**

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

# **Body Shaping**

## **Working Principles**



## **Body RF**

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C-60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

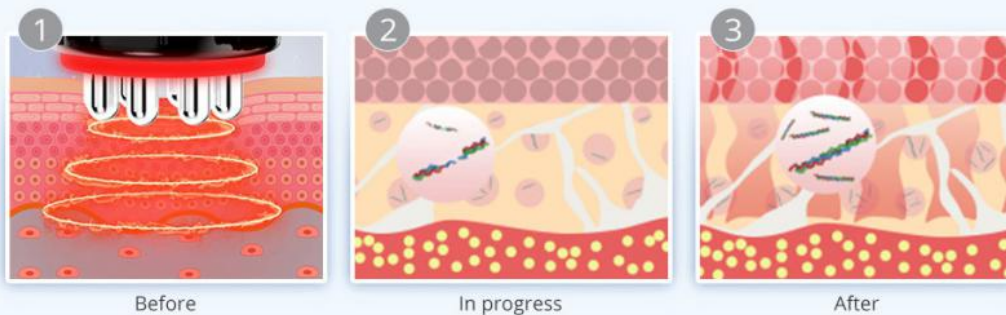
## Body sculpture & cellulite treatment

Body 8-Polar 3D SMART RF & Unoisetion cavitation 2.0 & Vacuum  
Sextupolar 3D SMART RF + Laser Photon

# 01

### Soften Fat Cells-Body 8-Polar 3D SMART RF

Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.

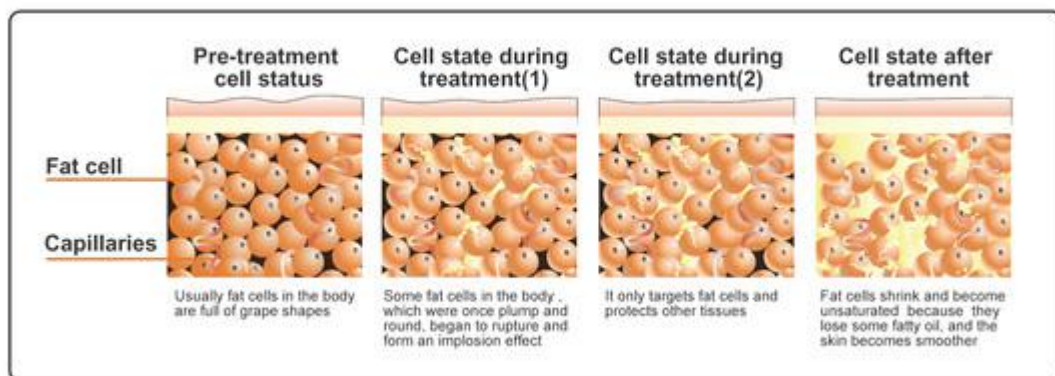


## 40K Unoisetion

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum Slimming

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective, slimming, shaping, and will never harm human body. Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

### Vacuum Physical Effects

#### 1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

## 2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

## 3. Fibrous layer

The suction and release of air pressure:

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

## 4. Nerve layer

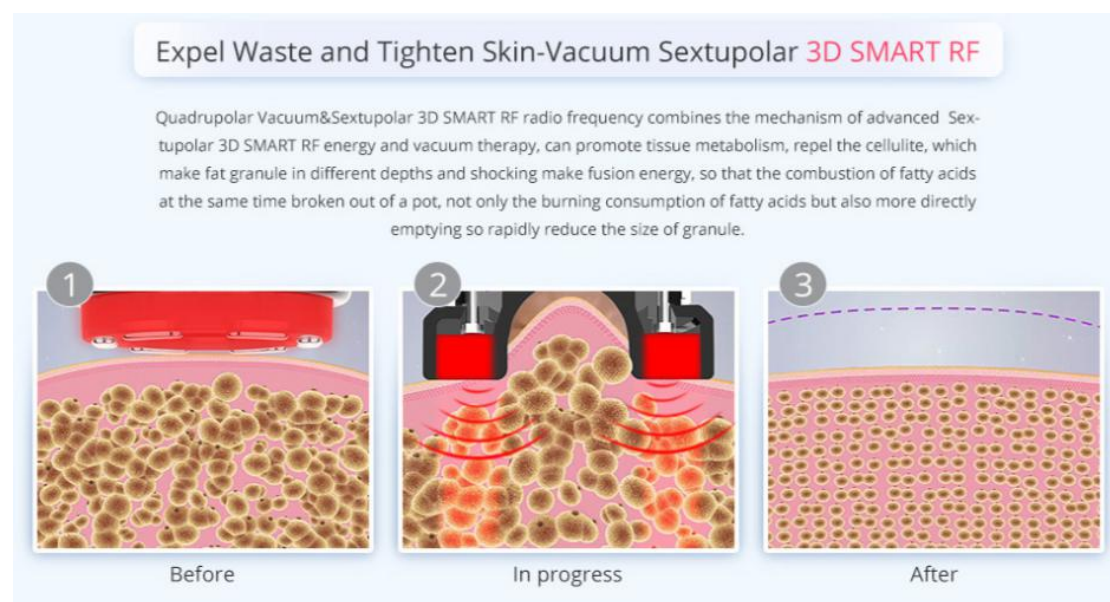
The suction and release of air pressure:

(1) Stimulates the surface and deep sympathetic nervous system.

(2) Improves skin sensitivity.

(3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.



## Shaping Arms

## Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve worship sleeves and thick arms.
4. Soothe and firm loose skin.
5. Dissolve the fat, and say goodbye to flabby arms.
6. Accelerate blood circulation and dredge channels and collaterals.

## Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.

## Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## Notes after Operation

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## Shaping Back

### Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.

5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

## **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on back of the neck.

## **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

## **Notes after Operation**

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## **Shaping Buttocks**

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

## **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

## **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks caused by obesity and pregnancy.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

## **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

## **Notes after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

## **Shaping Legs**

## Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten legs more than proud flesh and shake off big legs.

## Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

## Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.
7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

## Notes after Operation

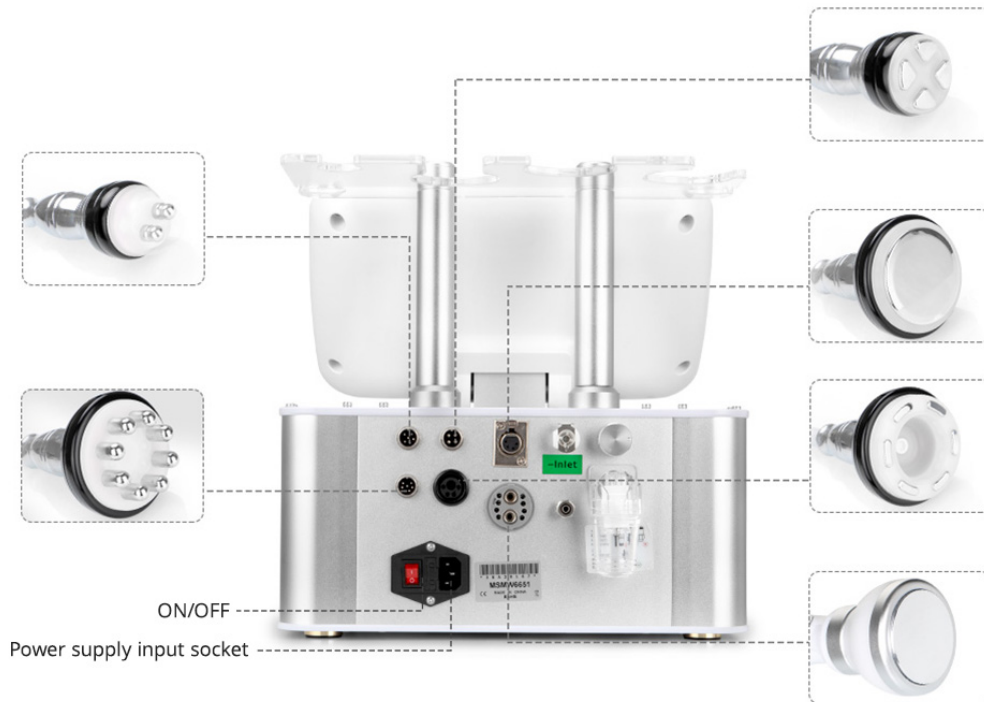
1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.



# Part II

## 1. Detailed Operation

Detailed installation is as follows:



Inlet

Fill in enough water before turning the device.  
Connect the inlet with funnel to fill in water.



Outlet

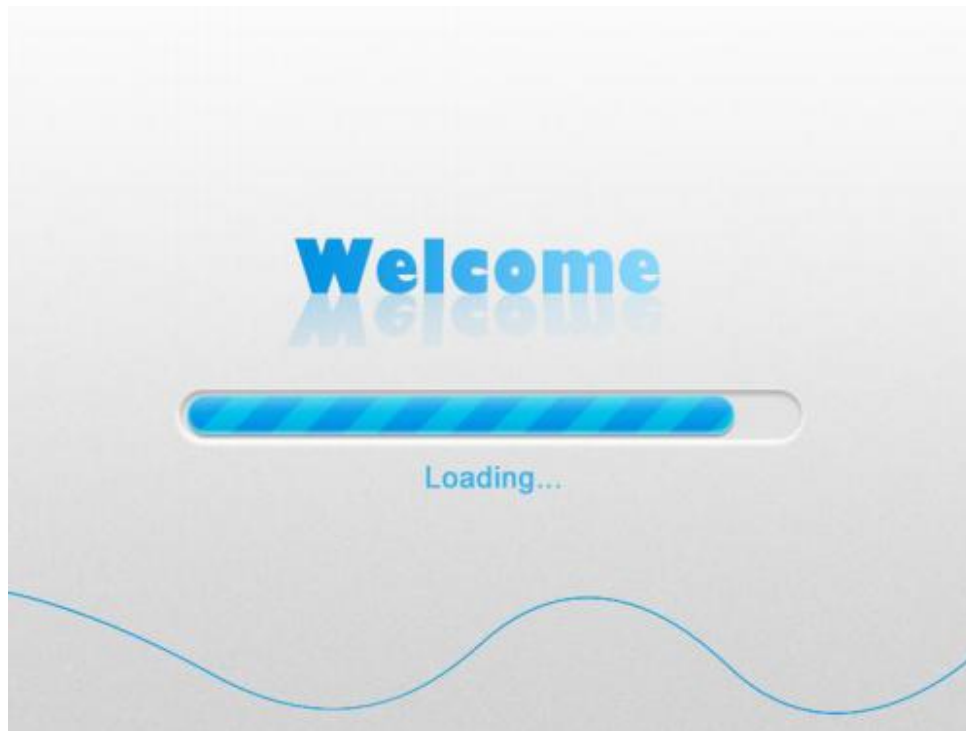
Turn on the outlet as well when pouring in water though inlet. Cease pouring in the device when overflow of water comes out of the outlet.

### Note

1. Fill the water tank with water before turning on the device.
2. Fill in distilled water or purifies water. Do not use tap water.

3. Fill in the water tank with fresh water every 2 months.
4. Empty the water tank first and fill in fresh water when not using the device for a while.

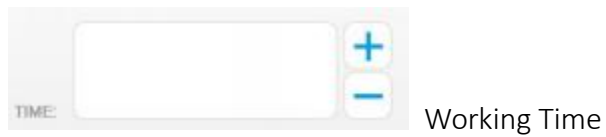
After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



Then the interface below appears



## 1.1 Function Selection



Working Time



Energy +/-



Home



Restore



Start/Pause



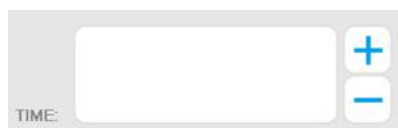
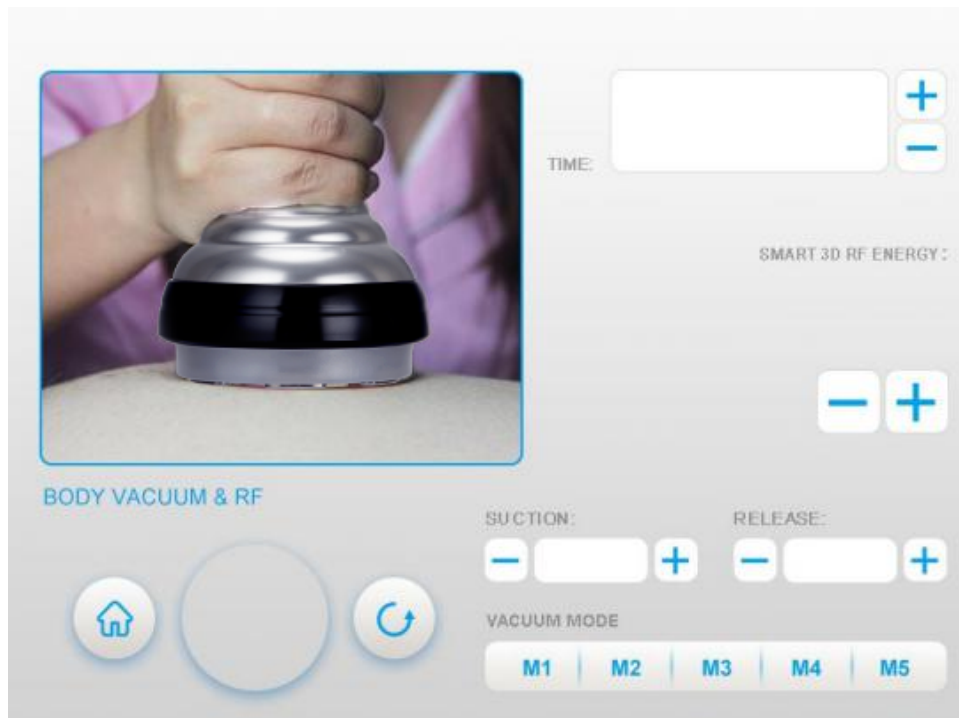
Vacuum Suction

Turn counterclockwise to decrease suction level, and clockwise to increase suction level. Adjust the suction level to whatever you're most comfortable with.

## 1.2 Detailed Operation: Body Vacuum & RF



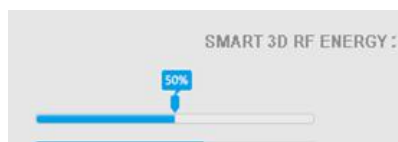
Select **BODY VACUUM&RF** to go to the interface below



Vacuum&RF Time



Time +/-



RF Energy



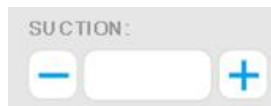
RF Energy +/-

Reference Energy Level: 20%-80%

For first-time users, we advised you to start from 10% and slowly increase the energy level after you've adapted to it.



RF Mode Selection (NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. PRO is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin.)



Vacuum Suction Time (Reference: 0.3-1.0; bigger the value, longer the suction)



Vacuum Release Time (Release time refers to the interval period between suction and release. Reference: 0.1-0.8; bigger the value, longer the release; 0 means direct suction.)



Vacuum Mode



M1: Direct Suction Mode (Consecutive suction, suitable for those who opt for detoxification and scraping)



M2: Slow Intermittent mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M3: Fast Intermittent Mode (Suitable for those who opt for detoxification through massage and slight petechiae)



M4: Faster Intermittent Mode (Suitable for those who opt for detoxification through massage and accelerate the circulation)



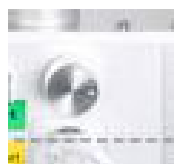
M5: Fastest Intermittent Mode (Suitable for those who opt for relaxation through massage)



Click to turn on red LED



Click to start



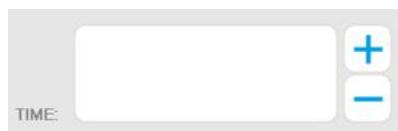
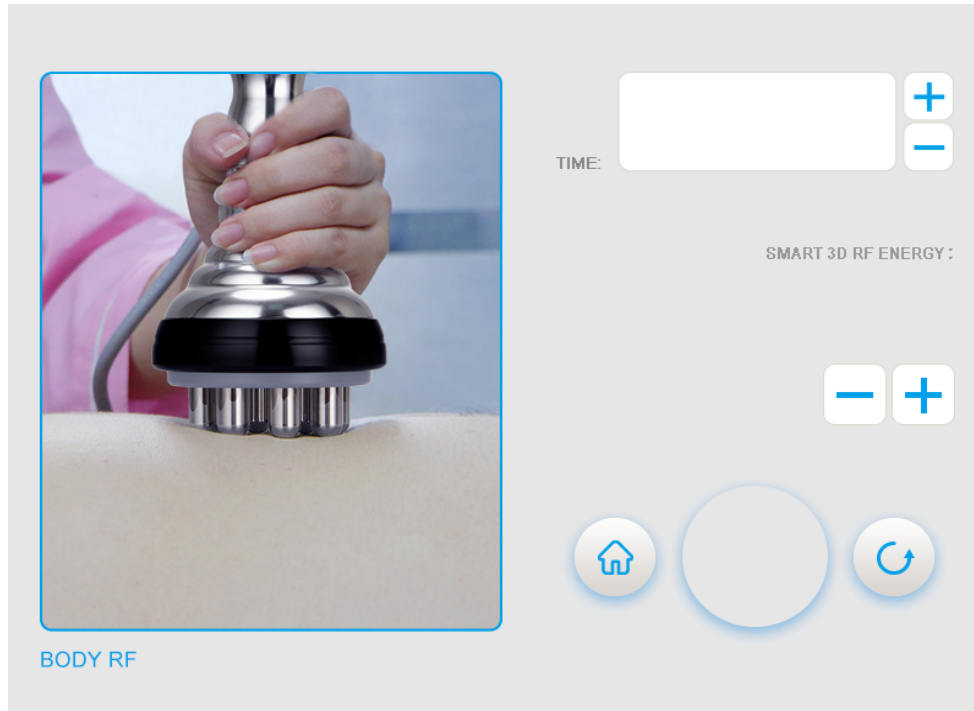
Vacuum Suction

Turn counterclockwise to decrease suction level, and clockwise to increase suction level. Adjust the suction level to whatever you're most comfortable with.

### 1.3 Detailed Operation: Body RF



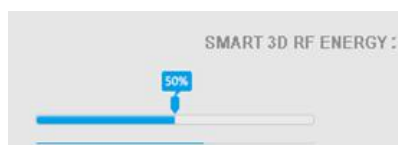
Select **BODY RF** to go to the interface below



RF Working Time



Time +/-



RF Energy



RF Energy +/-

Reference Energy Level: 20%-80%

For first-time users, we advised you to start from 10% and slowly increase the energy level after you've adapted to it.



RF Mode Selection (NOR is the set mode. The red LED is on and energy is at the set level and stay at the set level after turning on the device. PRO is the smart mode. The temperature goes up slowly to the set energy and red LED is on after the probe comes in full contact with the skin.)

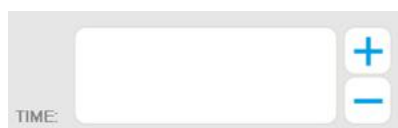
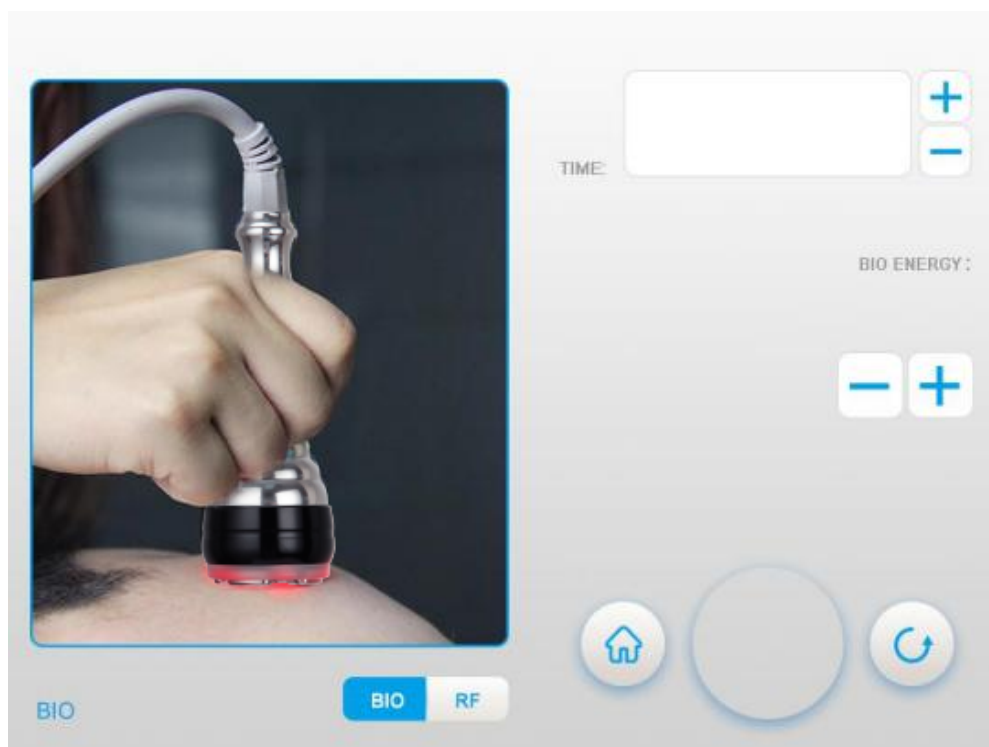


Click to start

## 1.4 Detailed Operation: Face RF



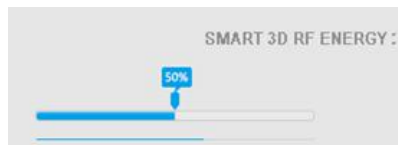
Select to go to the interface below



RF Working Time



Time +/-



RF/BIO Energy

Reference Energy Level: 20%-80%

For first-time users, we advised you to start from 10% and slowly increase the energy level after you've adapted to it.



RF/BIO Mode Selection

RF heats up at bottom skin layers and stimulate collagen regeneration, thus can be applied for anti-aging.

BIO activates cells and can be applied to tighten skin. You may a bit tingling sensation.

Select the mode based on your own skin needs.



RF/BIO Energy +/-



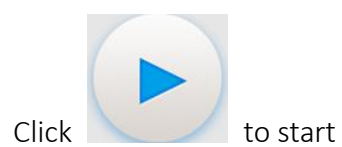
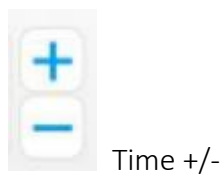
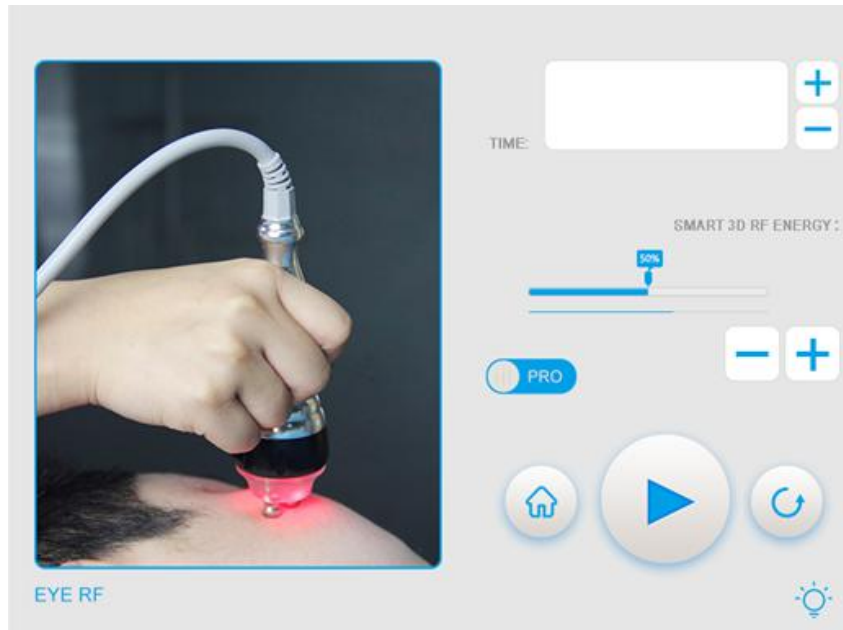
Click to start

## 1.5 Detailed Operation: Eye RF



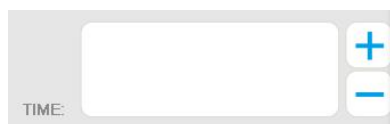
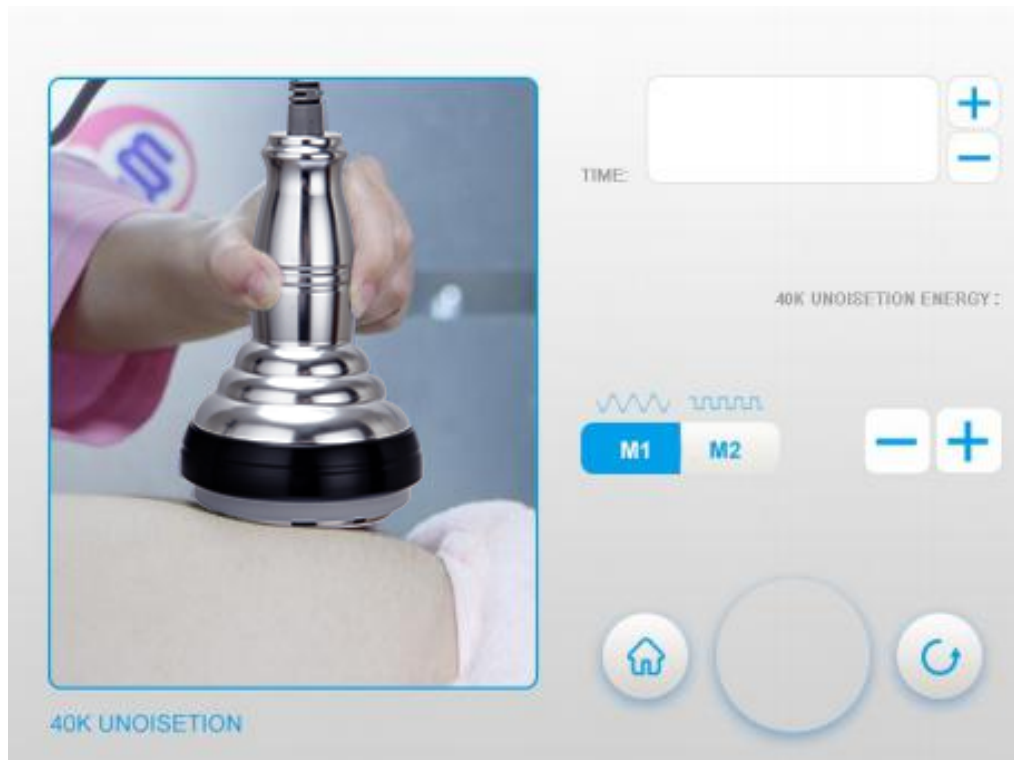
Select to go to the interface below





## 1.6 Detailed Operation: 40K Unoisetion





Working Time



Time +/-



40K Energy +/-



40K Mode



M1 is consecutive mode. Constant working mode is suitable for those with thick layers of fat and want to lose weight.



M2 is intermittent mode. It releases energy intermittently, suitable for those who need stable results and lose weight at ease.



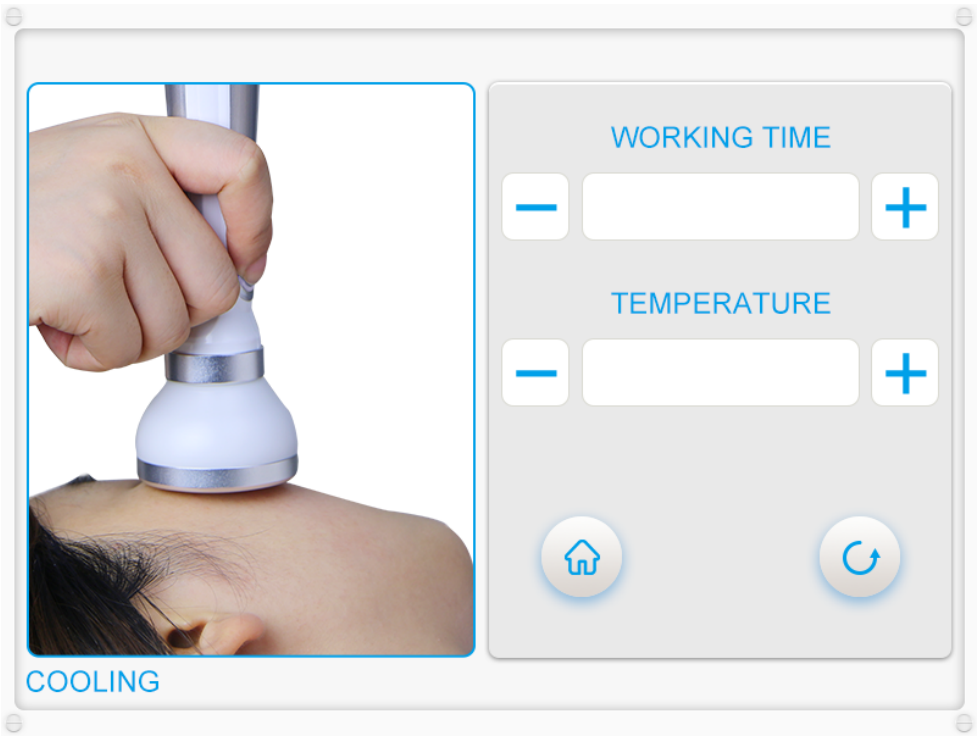
Click

to start

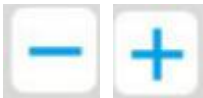
1.7 Detailed Operation: Cold Hammer



Select to go to the interface below



Working Time



Time +/-



Click to start



Home



Restore

## 2. Technical Parameters

Power supply Input:110V-220V 50HZ/60HZ

Power:85W

Dimensions: 13.8 × 12.6 × 16.5 inches

Net Weight: 11.7KG

Gross Weight: 13.5KG

40K UNOISETION

Frequeuncy: 40KHZ

Power: 30W

BODY VACUUM & RF

Frequeuncy: 1 MHZ

Power: 85W

Suction intensity: -73KPa

Airflow (l/min): 10LPM

Noise level (30cm away): <65dB(30cm away)

BODY RF

Frequeuncy: 1 MHz

Power: 80W

FACE RF

Frequeuncy: 1 MHz

Power: 60W

BIO Frequeuncy: 62.5HZ

EYE RF

Frequeuncy: 1 MHz

Power: 55W

BIO Frequeuncy: 62.5HZ

Cooling  
Power: 65W

### 3. Safety Precautions

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or pacemaker equipped.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.

### 4. Dos and Dont's

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.

9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Start from the lowest energy level and slowly add up.
15. When using this device, the operating parts must be kept moist and dry skin should be avoided.
16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
17. Use specified gel for the operation.
18. Don't aim at bones, heart and cavities.
19. Turn off the device for 10 min after 1 hours of consecutive work and then turn it back on again.
20. Clean the remaining gel off the probe in times.
21. Do not stay at one spot for more than 3 seconds to avoid burning or discomfort.

## **5. Troubleshooting & Solutions**

### **1. The instrument cannot be started, and the key light on the back of the instrument does not work?**

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### **2. No RF output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

### **3. Weakened RF output?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

#### **4. No suction or very little suction?**

A. Please close the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot be handled, please contact the instrument dealer for assistance.

#### **5. I can start the instrument, but the screen show's error message?**

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

## **6.FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

### **2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

### **3.Q: How long does the body firming treatment take?**

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

### **4.Q: What are all the functions of this instrument?**

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness

and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

**5.Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

**6.Q: Will I experience rebound after operation?**

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**7.Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**8.Q: Does it have any side effects on the body?**

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

**9.Q: Can RF instrument be used for breast shaping?**

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

**10. Q: Can ultrasound be operated all over the body?**

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is



a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**11.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**12.Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

**13.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

**14. Q: Why do you need breast maintenance?**

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily, and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful,

add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!

The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

**15.Q: Why do you need hip maintenance?**

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

**16.Q: How does vacuum treatment detoxify?**

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

## **7. Packing List**

1 x Main Machine

1 x Unioisetion Probe

1 x Sextupolar Vacuum 3D SMART Probe RF for Body Slimming

1 x Octupole 3D SMART RF Probe for Body Sculpture

1 x Quadrupole 3D SMART RF Probe for Arm/face/small area of body




1 x Bipolar 3D SMART RF/ BIO Probe for face and eyes



1 x Cooling head



1 x Holder

1 x Power Supply Cord ( Both 110v and 220v voltage (frequency: 50/60Hz) version are available. Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)







## 8. Operational Diagrams







Parameter Adjustment	Product	Techniques	Diagrams
Facial Anti-aging: 60 min, once/week			
Face RF Energy: 30%-80%  BIO Energy: 20%-80%	Makeup removing oil+ Cleanser+ Base mask+ Sheet mask+ Essence	<ol style="list-style-type: none"> <li>1. Remove makeup and clean, 5 min.</li> <li>2. Apply toner, 2 min.</li> <li>3. Apply cleansing base mask, 10 min.</li> <li>4. Wash face clean, 2 min.</li> <li>5. Apply (hydrating /anti-aging, etc) essence evenly all over the face, 1 min.</li> <li><b>6. Face RF</b> Move the probe from chin till forehead in circular motions. Stroke upwards in parallel lines to lift the treatment area, 3 times.</li> <li>7. Combine with hand to lift the treatment site. Trace from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple and lift the corner of the eye, 3 times.</li> <li>8. Lift towards hairline on forehead, 3 times.</li> <li>9. Do the same on the other</li> </ol>	<p>Technique6</p>  <p>Technique7</p>  <p>Technique8</p>  <p>Technique12</p>

		<p>side.</p> <p>10. <b>BIO</b> Move the probe from chin till forehead in circular motions. Stroke upwards in parallel lines to lift the treatment area, 3 times.</p> <p>11. Combined with hand to lift the treatment site. Trace from chin to earlobe, mouth corner to ear gate, nose wing to temple, 3 times.</p> <p>12. Move in circular motions horizontally on forehead, 3 times.</p> <p>13. Apply hydrating face mask, 15 min.</p> <p>14. Remove the mask and clean, 2 min.</p> <p>15. Apply toner, essence, cream and sunscreen.</p>	
<p><b>Suggested Treatment:</b> 10 treatments account for one full course. After one time, the skin will be firm and tender, providing the skin with needed nutrition. After a course of treatment, the skin is lifted and shiny. After 2 courses, the skin is smooth and plump, and the outline gradually becomes clear. After 3 courses, it can achieve effects such as prevent and delay skin aging, improve sagging and loose skin, and increase collagen in the bottom of skin, making skin smooth, firm and glowing.</p>			
<p><b>Skin Repair: 30 min, once/week</b></p>			
<p>Cold Hammer Energy: 30%-80%</p> <p>Mode: Cold</p>	<p>Makeup removing oil+ Cleanser+ Base mask+ Sheet mask+ Essence+ Cold steam+ LED</p>	<p>1. Remove makeup and clean, 5 min. 2. Apply toner, 2 min. 3. Apply hydrating base mask+cold steam, 10 min. 4. Wash face clean, 2 min. 5. Apply (soothing /repairing, etc) essence evenly all over the face, 1 min.</p> <p><b>6. Cold Hammer</b> Move the probe from chin till forehead in circular motions.</p>	<p>Technique6</p>  <p>Technique7</p>

	<p>photon mask (Note: It's best to avoid products containing paraben and fragrance that may lead to allergies.)</p>	<p>Stroke upwards in parallel lines to lift the treatment area, 3 times.</p> <p>7. Combine with hand to lift the treatment site. Trace from chin to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple and lift the corner of the eye, 3 times.</p> <p>8. Lift towards hairline on forehead, 3 times.</p> <p>9. Apply soothing and repairing face mask+red/green LED photon treatment, 15 min.</p> <p>10. Remove the masks and clean, 2 min.</p> <p>11. Apply toner and repairing essence.</p>	 <hr/> <p>Technique8</p>  <hr/>
<p><b>Suggested Treatment:</b></p> <p>10 treatments account for one full course. After one time, the skin will be firm and tender, providing the skin with needed nutrition. After a course of treatment, the skin is lifted and shiny. After 2 courses, the skin is smooth and plump, and the outline gradually becomes clear. After 3 courses, it can achieve effects such as prevent and delay skin aging, improve sagging and loose skin, and increase collagen in the bottom of skin, making skin smooth, firm and glowing.</p>			

## Eye Anti-aging: 45 min, once/week

<p>Eye RF Energy: 30%-80%</p>	<p>Makeup remover oil+ Cleanser+ Toner+ Eye essence+ Eye masks</p>	<ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply essence evenly around eyes and gently massage to rub it in, 1 min.</li> <li>4. Push the following acupoints Jingming (Bl-1), Cuanzhu (Bl-2), Yuyao (EM3), Sizhukong (TE-23), the Temple, Tongziliao (Gb-1), Chengqi (St-1) using middle and ring fingers, 3 times.</li> <li>5. Move hands in circular motion on eyes and push temples, 3 times.</li> <li>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</li> <li>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</li> <li>8. Lift eye corners with "scissor" hand gesture, 3-5 times.</li> <li>9. Repeat the previous operation on the other side, 3 times.</li> <li>10. Move hands in circular motion on eyes and push temples, 3-5 times.</li> <li>11. <b>Eye RF</b> Move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</li> <li>12. Combined with hand,</li> </ol>	<p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p> 
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		<p>move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Apply eye masks, 15 min.</p> <p>16. Wash eyes and face clean, 2 min.</p> <p>17. Apply toner, facial essence, eye essence, cream and sunscreen.</p>	 <p>Technique10</p>  <p>Technique11</p>  <p>Technique12</p>  <p>Technique13</p>  <p>Technique14</p> 
<p><b>Suggested Treatment:</b></p> <p>Ten sessions for one treatment. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one session, it lightens fine lines, dark</p>			

circles under the eyes and brightens the skin. After three treatments, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

## Neck Anti-aging: 45 min, once/week

Face RF  
Energy:  
30%-80%

Makeup  
removing  
oil+  
Cleanser+  
Toner+  
Massage  
cream+  
Essence+  
Neck mask

1. Remove makeup and cleanse face, 5 min.
2. Apply toner, 1 min.
3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and press Fengchi (Gb-20) and Fengfu (Du-16) acupoints, 3 times.
4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.
5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.
6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.
7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.
8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.
9. Do the same on the other side.
10. Wash neck clean. 2 min.
11. Apply (anti-aging) essence evenly on neck, 1 min.

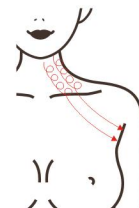
Technique3



Technique4,12



Technique5,6,7,13



Technique15



Technique16





		<p>12. <b>Face RF</b> Coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>13. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>14. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>15. Move the device in circles on the whole neck area, 3 times.</p> <p>16. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>17. Do the same on the other side.</p> <p>18. Apply (brightening/hydrating) essence evenly all over the face, 1 min</p> <p>19. Apply neck mask, 15 min.</p> <p>20. Wash neck clean, 2 min.</p> <p>21. Apply essence and neck cream.</p>	
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**Suggested Treatments:**

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade neck lines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state.

**Shaping Waist&Abdomen: 60 min, once/week**

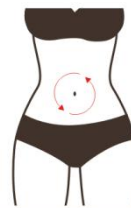
Body Vacuum &  
RF energy:  
30%-80%





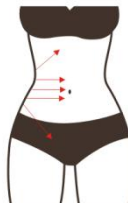

40K Unoisetion  
Energy:  
30%-80%


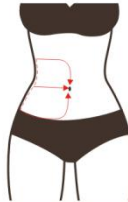


Mode:  
Intermittent

Essential  
oil+  
Ultrasonic  
gel

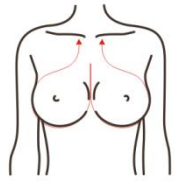
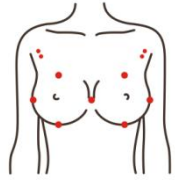
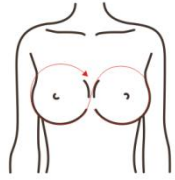
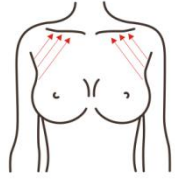
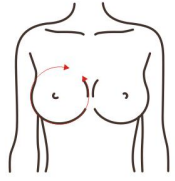
1. Apply and rub oil on abdomen with hands, 3 times.
2. Rub stomach back and forth with both hands, 3-5 times.
3. Knead abdomen with both hands using chiropractic techniques, 3 times.
4. Lift Dai Channel (BV) on both sides of waist with both hands alternately, 16 times.
5. Move hands as if writing an "8" number on waist, 3 times.
6. Overlap hands and message the intestinal canal clockwise, 3 times.
7. Move hands in circular motion and caress the treatment area, 3 times.
8. Push on the following acupoints  
Shangwan (Ren-13),  
Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8),  
Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3),  
Tuanshu (St-25), Daheng (SP-15), Qugu (Ren-2), 2 times.
9. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide

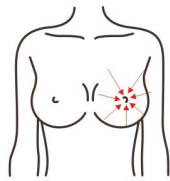
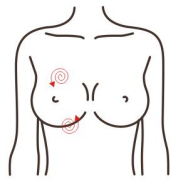
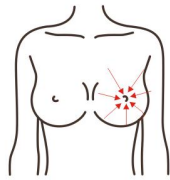
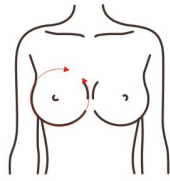
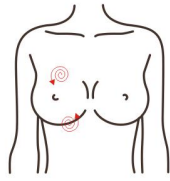

**Technique1****Technique2****Technique3****Technique4****Technique5**


		<p>them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Clean the treated area with hot towel, 2 min.</p> <p>12. Apply gel evenly all over the abdomen, 2 min.</p> <p>13. <b>40K Unoisetion</b> Starting from one side of the waist, lift the device to abdomen and groin, 3 times.</p> <p>14. Lift the other side with the same technique, 3 times.</p> <p>15. Move the device on abdomen in small circular motions, 3 times.</p> <p>16. Move the device on abdomen in big circular motions, 3 times.</p> <p>17. Move the probe in figure 8 on waists, 3-5 times.</p> <p>18. Move the device on waist and abdomen vertically back and forth, 3-5 times.</p> <p>19. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 min.</p> <p>20. <b>Body Vacuum &amp; RF</b> Coupled with hand, lift two sides of the waist, 16 times.</p> <p>21. Move the device on abdomen in small circular motions, 3 times.</p> <p>22. Move the device on abdomen in big circular motions, 3 times.</p> <p>23. Slide up and down the treatment area for body shaping, 3-5 times.</p> <p>24. Coupled with hand to lift Dai channel (BV) on sides of the waists, 16 times.</p>	 <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p>  <p>Technique13</p>  <p>Technique15</p>  <p>Technique16</p>
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		25. Clean waist and abdomen with hot towel.	 Technique17  Technique18  Technique19 
<p><b>Suggested Treatment:</b></p> <p>Ten times for a period of treatment, once done, abdomen is heating, accelerate metabolism, fat metabolism, slowly after a period of treatment to thin body, improve constipation and other issues at the same time, the effect after the two course gradually obvious, the skin to ascend, the skin collagen increased, improve stretch marks and flabby skin, reinforce effect, after the three course redundant adipose gradually disappear, lumbar abdomen curve shape, build small pretty waist.</p>			

## Shaping Breasts: 45 min, once/week

<p>Body RF Energy: 30%-80%</p>	<p>Massage cream(essential oil)</p>	<ol style="list-style-type: none"> <li>1. Stand at the head of the bed, both hands from Shanzhong (Ren-17) point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.</li> <li>2. Both hands thumb point: Shanzhong (Ren-17), Rugen (St-18), Dabao (SP-21), Yingchuang (St-16), Zhongfu (LU-1), Yunmen (LU-2), 3 times.</li> <li>3. Caress the treatment area, 3 times.</li> <li>4. Overlap both palms from Shanzhong (Ren-17) point to chest both sides back and forth as if writing an "8" number, 3 times.</li> <li>5. Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</li> <li>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</li> <li>9. Use the thumb to dredge the nodules in the chest, 3 times.</li> <li>10. Lift the whole chest with hands, 3-5 times.</li> <li>11. The technique on the</li> </ol>	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>
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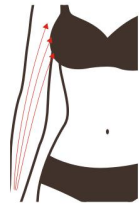

		<p>other side is the same as above.</p> <p><b>12. Body RF</b></p> <p>First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p> <p>18. Clean breasts with hot towel, 2 min.</p>	 <hr/> <p>Technique9</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>
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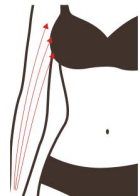


			
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**Suggested Treatment:**

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.

## Shaping Arms: 60 min, once/week

<p>Body RF Energy: 30%-80%</p> <p>40K Unoisetion Energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>Essential oil+ Ultrasonic gel</p>	<ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hukou pointing upwards, 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Lay inner arm upwards, and push hands tracing three</li> </ol>	<p>Technique1</p>  <p>Technique2. 3. 5</p>  <p>Technique7</p>  <p>Technique8</p>
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		<p>             yin channel on inner arm:              Lung Meridian(LU) -              Pericardium Meridian(PC) -              Heart Meridian(HT) to armpit,              with hukou pointing upwards,              3 times respectively.              8. Rub three channels back              and forth with kneeling              fingers, 3 times.              9. Caress the treatment area              and slide to fingers.              10. Do the same on the other              side.              11. The end of massage              techniques.              12. Clean the treated area              with hot towel, 2 min.              13. Apply gel evenly on the              arms.  <b>14. 40K Unoisetion</b>              Lay arms flatwise and start              from fat part of lower arm,              tracing three channels to              armpit, 3 times.              15. Move the device in              annular motion, tracing three              channels to armpit, 3 times.              16. You may double the              operation on flabby arms, 3              times.              17. Trace three channels to              armpit, 3 times.              18. Lay inner arm flatwise              and push three channels on              upper arm to armpit, 3 times.              19. Trace three channels on              upper arm and move the              device in circles to armpit, 3              times.              20. Trace three channels              from upper arm to armpit.  <b>21. Body RF</b>              22. Lay arms flatwise and              start from fat part of lower           </p>	 <hr/> <p>Technique9</p>  <hr/> <p>Technique14. 17</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique18</p>  <hr/>
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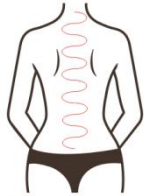
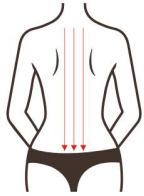
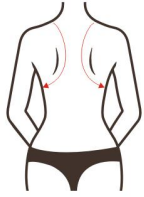


		<p>arm, tracing three channels to armpit, 3 times.</p> <p>23. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>24. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>25. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>26. Do the same on the other arm.</p> <p>27. Clean arms with hot towel.</p>	
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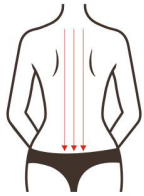

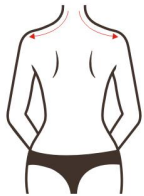
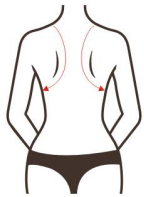
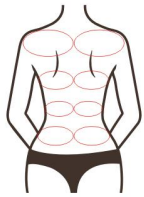
#### Suggested Treatment:



10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

### Shaping Back: 60 min, once/week

<p>RF energy: 30%-80%</p> <p>Vacuum&amp;RF Energy: 30%-80%</p> <p>Suction: 0.3-1.5</p> <p>Release: 0-1.0</p> <p>Mode: M1</p>	<p>Essential oil</p>	<ol style="list-style-type: none"> <li>1. Apply oil on back and press Fengchi (Gb-20), and Fengfu (Du-16) points.</li> <li>2. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times.</li> <li>3. Move thumb outwards from Du Channel (GV)to the 8 Crevice area and then to Fengchi (Gb-20), and Fengfu (Du-16) point.</li> <li>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</li> <li>5. Push Bladder Channel(BL) with thumb in left-right order, 3 times.</li> <li>6. Push Bladder Channel(BL)</li> </ol>	<p>Technique1</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>
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		<p>to bialiao area with both thumbs, at the same time, 3 times.</p> <p>7. Push Bladder Channel (BL) in three kneeling fingers, 3 times.</p> <p>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</p> <p>9. Push scapula slot with both hands horizontally, 3-6 times.</p> <p>10. Caress the back with both hands and push Fengchi (Gb-20), and Fengfu (Du-16) points, 3 times.</p> <p>11. Overlap both thumbs and push Tianzong (SI-11) point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub on Du Channel (GV) and Bladder Channel (BL) until they turn hot.</p> <p>14. Clean the treated area with hot towel, 2 min.</p> <p>15. Apply gel evenly at the treatment area, 2 min.</p> <p><b>16. Body RF</b></p> <p>Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>17. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.</p> <p>18. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>19. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>20. Move the device</p>	 <hr/> <p>Technique4</p>  <hr/> <p>Technique5. 6. 7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>
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		<p>horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>21. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>22. Lift from sides of waist upwards to armpit, 3-5 times.</p> <p><b>23. Body Vacuum &amp; RF</b> Starting from Du Channel (GV) to Bladder Channel (BL), move the device from neck to the 8 Crevice area, 3-5 times.</p> <p>24. From Da Ban Jin to neck, move the device back and forth, 3-5 times.</p> <p>25. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>26. Move the device horizontally as if writing an “8” number to the 8 Crevice area, 3 times.</p> <p>27. Lift from sides of waist upwards to armpit, 3-5 times.</p> <p>28. Clean back with hot towel, 2 min.</p>	 <hr/> <p>Technique16</p>  <hr/> <p>Technique17</p>  <hr/> <p>Technique18</p>  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p>  <hr/> <p>Technique21</p>
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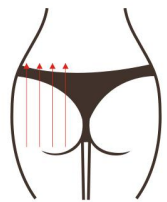
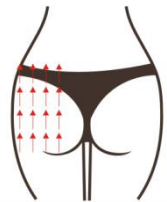
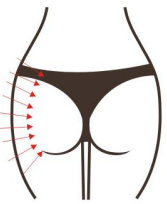
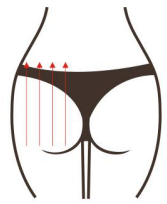
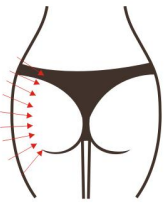
			 <hr/> Technique22 
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#### Suggested Treatment:

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

### Shaping Buttocks: 60 min, once/week

RF Energy: 30%-80%  40K Unoisetion Energy: 30%-80%  Mode: Consecutive	Essential oil+ Ultrasonic gel	1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.) 2. Repeatedly push the 8 Crevice area with two thumbs. 3. Caress the treatment area for 3 times and then point: Shenyu (Bl-23), 8 Crevice area, Changqiang (Du-1), Huantiao (Gb-30), Chengfu (Bl-36), 3 times. 4. Caress the treatment area, 3 times. 5. First left, then right, with	Technique1  <hr/> Technique2  <hr/> Technique3
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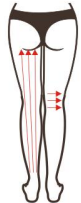
		<p>both hands extending from the root of the thigh from bottom to top --Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) - Dai Channel (BV) , 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. Clean the treated area with hot towel.</p> <p>13. Apply gel evenly, 2 min.</p> <p><b>14. Body RF</b></p> <p>Lift from the thigh root to the vein line by line, 3 times.</p> <p>15. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>16. Circle your hips, 3 to 5 times.</p> <p>17. Lift 3 times from thigh root to vein.</p> <p>18. Lift from bottom to top</p>	 <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>  <p>Technique14. 17</p>  <p>Technique15. 18. 21</p>  <p>Technique16. 20</p>
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		<p>on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>19. The technique on the other side is the same as above.</p> <p><b>20. 40K Uonisetion</b></p> <p>Lift from the end of thigh towards 8 crevice area in parallel lines to lift the treatment area, 3-5 times.</p> <p>21. Lift 3-5 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>22. Move in small circular motions around the buttocks, 3-5 times.</p> <p>23. Lift from the end of thigh to the highest point of the buttocks, 3-5 times.</p> <p>24. Clean buttocks with towel, 2 min.</p>	
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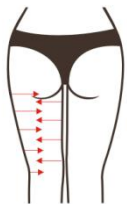


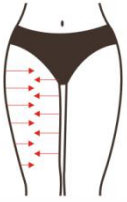
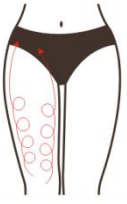

#### Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

### Shaping Legs: 70 min, once/week

<p>Vacuum&amp;RF</p> <p>Energy: 30%-80%</p> <p>Suction: 0.3-1.0</p> <p>Release: 0-0.5</p>	<p>Essential oil (massage cream)+ Ultrasonic gel</p>	<p><b>1. Prone Position - Rear Leg Treatment</b></p> <p>In left-right order, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to</p>	<p>Technique1. 2. 3. 4. 7</p>  <p>Technique5</p>
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<p>Mode: M1</p> <p>40K Unoisetion</p> <p>Energy: 30%-80%</p> <p>Mode: Intermittent</p>	<p>four main collateral channels:Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards.</p> <p>4. Push hands alternately to popliteal fossa, 3 times.</p> <p>5. Twist both hands upwards alternately as if twisting a fired dough, 3 times.</p> <p>6. Caress the treatment area, 3 times.</p> <p>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>8. Caress the treatment area, 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean with hot towel, 2 min.</p> <p>11. Apply gel evenly on treatment area, 2 min.</p> <p><b>12. 40K Unoisetion</b></p> <p>Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>13. Move the device in circular motion on calf, 3 times.</p> <p>14. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</p> <p>15. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p>	<div data-bbox="1161 215 1241 421"> </div> <p>Technique12</p> <div data-bbox="1161 506 1241 712"> </div> <p>Technique13</p> <div data-bbox="1161 797 1241 1003"> </div> <p>Technique14. 18</p> <div data-bbox="1161 1088 1241 1294"> </div> <p>Technique15. 17. 19</p> <div data-bbox="1161 1379 1241 1585"> </div> <p>Technique16. 20</p> <div data-bbox="1161 1671 1241 1877"> </div> <p>Technique21</p>
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		<p>16. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>17. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</p> <p><b>18. Body Vacuum &amp; RF</b></p> <p>Move the device from popliteal fossa to Bladder Channel (BL) - Kidney Channel (KI) - Liver Channel (LV) - Gallbladder Channel (GB) , 3 times.</p> <p>19. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>20. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>21. Coupled with hand, liuft from sides of the leg to the middle, 3-5 times.</p> <p><b>22. Supine Position - Foreleg Treatment</b></p> <p>Rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>23. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>24. Move hands upwards to four main collateral channels: Spleen Channel (SP) - Stomach Channel (ST) - Liver Channel (LV) - Gallbladder Channel (GB) with fingers spread and hukou pointing upwards, 3 times.</p>	 <hr/> <p>Technique22. 23. 24 .25</p>  <hr/> <p>Technique29</p>  <hr/> <p>Technique30</p>  <hr/> <p>Technique31</p>  <hr/> <p>Technique32</p>  <hr/>
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		<p>25. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p><b>26. 40K Unoisetion</b> Lift the device towards knee while tracing 3 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>27. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>28. Lift the device from knee to thigh root in lines, 3 times.</p> <p>29. Move the device in small circles on thigh, 3 times.</p> <p>30. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>31. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>32. Lift the device from knee to thigh root in lines, 3 times.</p> <p><b>33. Body Vacuum &amp; RF</b> Lift the device from knee to thigh root in lines, 3 times.</p> <p>34. Move the device in small circles on thigh, 3 times.</p> <p>35. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>36. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>37. Do the same on the other side.</p> <p>38. Clean the treated area with hot towel, 2 min.</p>	
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**Suggested Treatment:**

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.