

# User Manual

MS-54F1S



## Preface

To our valued users,

Thanks for choosing our latest 6-in-1 integrated beauty equipment. This is the latest body slimming and skin tightening instrument that integrates face RF, eye RF, body RF, vacuum RF, 40K Ultrasound Cavitation, and fat-dissolving with laser pads. MS-54F1S is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the human body, thus we advise all people to read this manual thoroughly and follow the instructions specified hereby strictly before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

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# Part I

## Brief Introduction

At present, multipolar RF, vacuum RF, 40K ultrasonic cavitation, and fat-dissolving with laser pads are the most popular equipment for looks improving, tightening, body shaping, and anti-aging. It can effectively replace all the facial and body care programs in a beauty salon, and can be operated easily, conveniently, and swiftly, and solves skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no skin breaking, no injection, no medication, and no surgery. It has no side effects and is operated externally throughout and has an instant effect. Laser is of strong penetrating power which can effectively activate or repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects. RF heats deep skin, stimulates collagen regeneration and restructuring in the dermis, and accelerates blood circulation in the underlying skin, thus achieving skin tightening, plumpness, anti-aging, and senility prevention. Ultrasound of special frequency aims at body parts having difficulty in fat reduction in daily life, bringing amazing effect.

## Advantages

1. 6-in-1 multifunctional beauty equipment fixes facial and whole body care problems.
2. Ultrasound strongly blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
3. It has multiple handpieces, which can be changed according to the body part to be treated and different requirements.
4. One handpiece is with multiple functions and a stronger radiofrequency, and a higher and more even energy level.
5. With the perfect match of laser lipolysis, ultrasound and RF are going to address people's concerns for weight reduction. It can tighten skin, increase skin elasticity, speed up body metabolism and strengthen the physique while reducing weight.
6. It adopts the most advanced ultrasonic cavitation technology in the world.
7. It's painless, non-invasive, and injury-free during treatment. And it asks for no convalescence, requires no stay, and will not affect normal work and life after treatment.
8. No consumption, low cost, but with a quick return.
9. It has a wider treatment range, including both body and face.
10. Unevenness, bleeding, and swelling will not occur.
11. Multiple probes emit red light energy of 650NM-730NM, accelerate metabolism, diminish inflammation and do disinfection for the skin while doing massage and stimulating collagen production and dissolving fat, which has an evident effect and a better comfort level.

12. Laser lipolysis, which is safe and painless, dissolves fat evenly, makes skin smooth and flat, and leaves no marks.

## Facial Anti-aging & Skin Tightening

### Principle

#### Facial RF

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously regenerates collagen.

The treated parts can experience an obvious shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become clearer. Depending on body parts to be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies, or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatments.

Biological Effect: 3D intelligent radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the biological heat energy can effectively accelerate intracellular blood flow, and release free fatty acid to boost the dissolve of fat on the surface layer and achieve the aim of tightening and lifting body and saggy body parts.



## Effects

1. Tighten skin and flatten fine lines.
2. Relieve slack and soft skin.
3. Sculpt facial contour and make the third dimension of the face more obvious.
4. Moisten skin and enhance skin absorptivity.
5. Accelerate blood circulation and metabolism.
6. Stimulate collagen hyperplasia and delay aging.

## Indications

1. Those with a dark or lustreless faces.
2. Those with slack or saggy skin.
3. Those with fine lines, nasolabial folds, or periorbital wrinkles.
4. Those with vague facial contour.
5. Those with coarse skin or large pores.
6. Those who are under long-term exposure to UV radiation in the workplace.
7. Those with slack skin, edema, or puffiness after child delivery.

## Contraindications

1. Those who just had plastic surgery or had prostheses or metal objects implanted inside the treated parts.
2. Those who recently injected hyaluronic acid or water light or had injections for wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.

5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, or surgical recovery.
8. Those with skin disease or infectious disease.
9. Those who have an unrealistic illusion about the effect.

## Matters Needing Attention After Treatment

1. Wash the face with warm water within three days.
2. Keep hydrating and protect yourself from the sun.
3. Don't use irritant skincare products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
4. Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and light food.
5. Apply facial mask at least three times a week.

## V-shaped Face Tightening

### Principle

### Facial RF

Radiofrequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously regenerates collagen.

The treated parts can experience an obvious shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become clearer. Depending on body parts to be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies, or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatments.

Biological Effect: 3D intelligent radiofrequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the biological heat energy can effectively accelerate intracellular blood flow, and release free fatty acid to boost the dissolve of fat on the surface layer and

achieve the aim of tightening and lifting slack and saggy body parts.



## Small Laser Pad

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The wavelength of the laser is of strong penetrating power which effectively activates and repairs fat cells, penetrates fat layer, and dissolves subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects. It sends the low-level chemical signals of laser energy to fat cells and decomposes triglycerides stored in the fat layer into free fatty acids and glycerol that are released through the channel of cytomembrane. Fatty acids and glycerol are transported to body tissue that produces metabolic energy. The release of fatty acids is a natural response when the body needs the stored energy reserves, thus no unnatural reaction will occur inside the body, nor does it affect or damage surrounding structures like skin, blood vessels, and peripheral nerves. After some time of exercise therapy, the free fatty acids inside the body will be eliminated through intact metabolism.

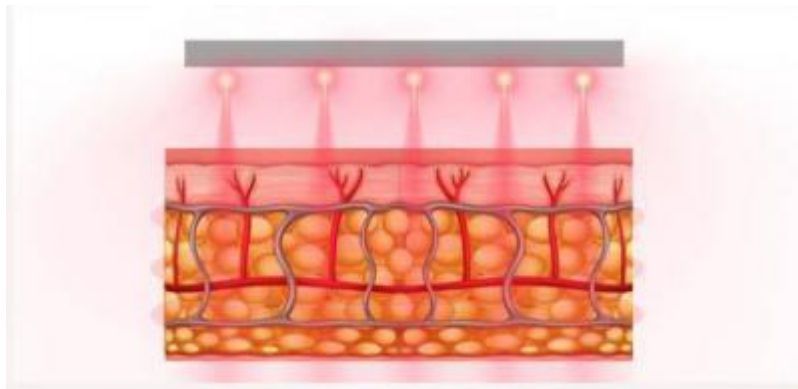
**Biological Effect:** The LED laser uses a laser of a wavelength of 635nm to 650nm which heats fat cells in the targeted zone to decomposes them. And fat deposits are absorbed and discharged via the body's natural metabolism in a short time. During the process, the laser seals small blood vessels, obviously reduces bruises, leads the heat to the treatment area, and stimulates the production of collagen, thus achieving smoothness, tightening, and body shaping.

Low-energy laser(biological stimulation) directly reaches deep fat. It stimulates biological cells and induces or strengthens a series of physiological reactions by providing a proper amount of energy, including promoting local blood circulation, regulating cell functions, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. Laser of 160mw is of strong penetrating power which can effectively activate or repair



fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

By using the latest non-surgical, non-invasive laser fat decomposition technique, it releases laser energy of low level which produces a chemical signal among fat cells that will dissolve the trioxide triene storing in the body into free fatty acid, glycerin, and water molecules. And this is a natural reaction when the body needs the reserved energy. Then the free fatty acids are transported into the whole body through the lymphatic system to supply energy to it. It's just like what the body would respond to when it's short of heat.



## Effects

1. Tighten face and deeply infuse nutrition.
2. Increase skin elasticity and refine skin.
3. Moisten skin and enhance skin absorptivity.
4. Accelerate blood circulation and metabolism.
5. Relieve double chin and sculpt V-shaped face.
6. Stimulate collagen hyperplasia and delay aging.

## Indications

1. Those with a dark or lustreless faces.
2. Those with slack or saggy skin.
3. Those with fine lines, nasolabial folds, or periorbital wrinkles.
4. Those with vague facial contour.
5. Those with coarse skin or large pores.
6. Those who are under long-term exposure to UV radiation in the workplace.
7. Those with slack skin, edema, or puffiness after child delivery.
8. Those with double chins, or whose necks have flab.

## Contraindications

1. Those who just had plastic surgery or had prostheses or metal objects implanted

inside the treated parts.

2. Those who recently injected hyaluronic acid or water light or had injections for wrinkle removal or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
4. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, or surgical recovery.
8. Those with skin disease or infectious disease.
9. Those who have an unrealistic illusion about the effect.

## Matters Needing Attention After Treatment

1. Wash the face with warm water within three days.
2. Keep hydrating and protect yourself from the sun.
3. Don't use irritant skincare products that contain scrub, exfoliant, AHA(Alpha Hydroxyl Acid), etc.
4. Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and light food.
5. Apply facial mask at least three times a week.

## Eye Wrinkle Removal

### Principle

#### Eye RF

Radio frequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously regenerates collagen.

Biological Effect: 3D intelligent radio frequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. During the operation, radio frequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. During the treatment of eyes, RF heats the bottom layer of the eye skin rapidly through the radio frequency waves and stimulates the growth of skin collagen to

achieve skin tightening around the eyes, eye bags and black eyes removing, and red blood streak and fine lines relieving.

## Effects

1. Relieve eye fatigue, black eyes, eye bags, and edema.
2. Improve periorbital wrinkles and crow's feet.
3. Fade pigment and accelerate blood circulation.
4. Accelerate metabolism and prevent pigmentation.
5. Supply nutrition to eyes and moisten skin.
6. Tighten and refine skin, and lift the corner of the eyes.
7. Accelerate eyes' blood circulation, and promote efficient absorption.

## Indications

1. Those with wrinkles, fine lines, eye bags, or black eyes.
2. Those with dry skin, dry lines, or dynamic wrinkles.
3. Those whose eyes are prone to fatigue or dryness.
4. Those who always face computer or cellphone.
5. Those who always stay up late or with black eyes.
6. Those who always expose to dry or high-temperature environments.

## Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in the allergic period, with severely sensitive skin, or who are allergic to metals.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Avoid being under the blazing sun and protect yourself from the sun.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
3. Avoid washing the face with overheated water, enjoying hot springs, saunas, or doing strenuous exercise, etc. within 7 days.
4. Drink more water and apply eye masks which should do at least 3 times a week.

# Neck Maintenance

## Principle

### Face RF

Radio frequency waves directly penetrate the skin, then produce energy by utilizing the electrical resistance effect formed by skin, which increases the temperature of the underlying skin. By tightening collagen in the dermis and stimulating collagen hyperplasia, it timely lifts and tightens skin and continuously regenerates collagen.

The treated parts can experience an obvious shrinkage instantly after treatment. And tightening and lifting can be seen about one month later and will become clearer. Depending on body parts to be treated and ways of maintenance of each person, the effect of RF can be maintained about 18 months to 3 years, or varies, or extends even longer in line with ways of maintenance of each person. According to the latest research, a better effect can be achieved after multiple times of treatments.

Biological Effect: 3D intelligent radio frequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. During the operation, radio frequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the biological heat energy can effectively accelerate intracellular blood flow, and release free fatty acid to boost the dissolve of fat on the surface layer and achieve the aim of tightening and lifting slack and saggy body parts.



## Effects

1. Relieve neck with slack, coarse, or lusterless skin.
2. Tighten skin and increase skin elasticity.
3. Relieve double chin.
4. Accelerate lymphatic detox and improve facial skin quality.
5. Prevent neck and lymphatic diseases.

## Indications

1. Those whose necks have coarse skin or dim skin color.
2. Those whose necks have clogged lymph.
3. Those whose necks have slack or inelastic skin.
4. Those who always lower their heads.
5. Those who are not satisfied with their necks' skin color.

## Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in the allergic period or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Protect yourself from the sun and keep the neck warm.
2. It's better not to use products like alcohol, AHA(Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
3. Avoid washing the face with overheated water, enjoying hot spring, saunas, or doing strenuous exercise, etc., within 7 days.
4. Drink more water, apply neck masks which should do at least 3 times a week, and apply essence or neck cream.
5. Avoid lowering your head for a long time.

# Body Management

## Principle

### Body RF:

Special RF waves, which are produced by RF thermal effect in certain depth under the skin, penetrate the epidermis directly acting its effects on the dermis to heat tissue, accelerate metabolism and decomposition of subcutaneous fat and meanwhile stimulate the hyperplasia and restructuring of collagen and elastic fibers. With the continuous neogenesis and realignment of collagen in the dermis. effect of lifting and tightening can be felt instantly after having the slack skin treated.

Biological Effect: 3D intelligent radio frequency can vibrate 1 million times of high-frequency radio wave, which penetrates epidermis acting directly on the dermis, deeply heats collagen cells, stimulates the growth of collagenous fiber, produces a great amount of collagen, and make the skin more firm and elastic. The radio frequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the biological heat energy can effectively accelerate intracellular blood flow, and release free fatty acid to boost the dissolve of fat on the surface layer and achieve the aim of tightening and lifting slack and saggy body parts.



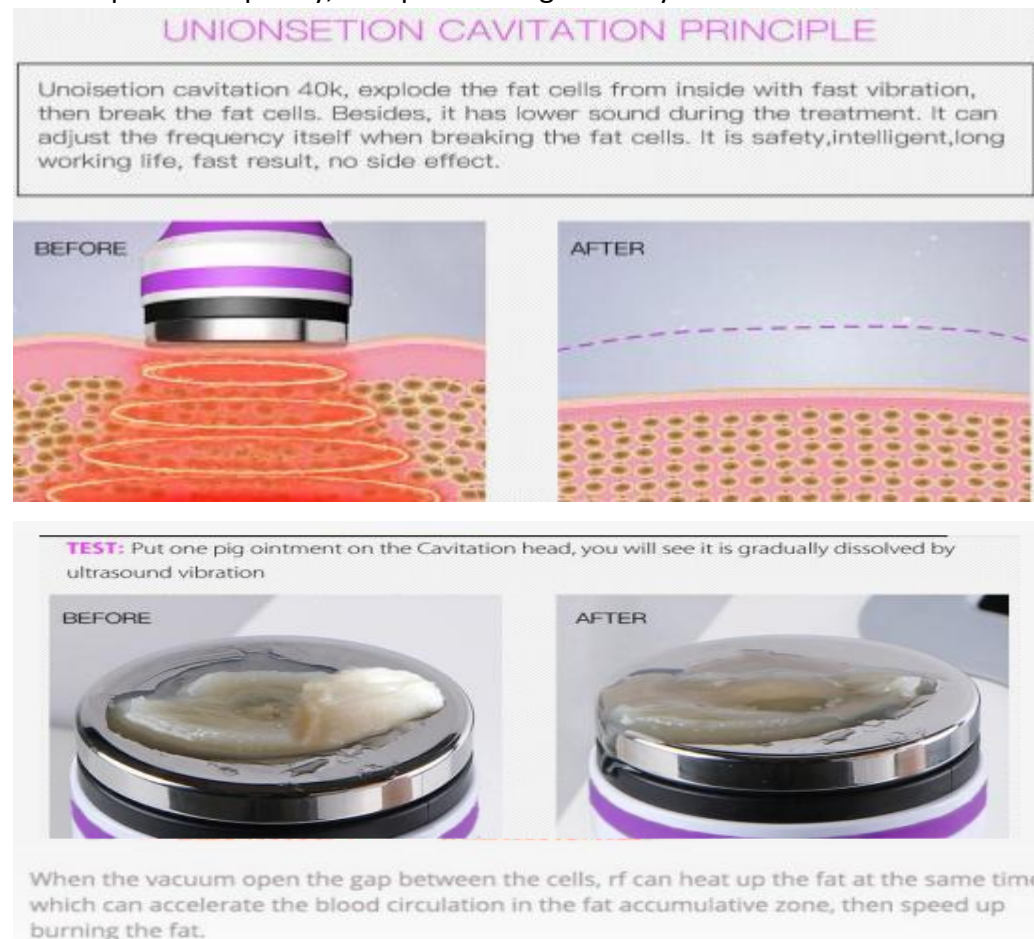
### 40K

It uses the principle of ultrasound. It can effectively consume heat and cellular water as well as shrinking fat cells by gathered strong sound waves entering the human body causing fat cells to produce a strong strike and friction. In addition, when sound waves

vibrate, it can cause cells to generate a strong impact which bursts cells instantly and decreases the number of fat cells to achieve fat removal.

**The Principle of Ultrasonic Cavitation:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by liquid vibration. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound, and they close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they get burst, which will generate strong instantaneous pressure. Generally, the pressure can reach up from tens of MPa to hundreds of MPa and produces strong vibration and noise.

**Advantages:** It destroys tissue selectively, and only breaks low-density adipose tissue with a specific frequency, and protects high-density tissue as nervus vascularis.



## Body Vacuum RF

Massaging skin and muscle with a special-designed vacuum sucking head, which can effectively improve fluid mobility of human cells, and increase cell activity to achieve cells activating and skin elasticity improving, and meanwhile accelerate blood circulation of micro-vessels, discharge excessive toxin through the normal circulation

of the lymphatic system, lessen the probability of the occurrence of adverse situations, such as color spots, pigment, and extravasated blood. The kneading effect generated by vacuum fat-sucking can increase the tissue activity of skin and muscles, thus decreasing scleroid cellular tissue and increasing the elasticity of skin tissue. Therefore, both slimming and shaping can be completed simultaneously. In addition, vacuum movement can also stimulate the sympathetic nervous system on the superficial and deep layer of the skin and lowers skin sensitivity. The suction and release of air pressure can not only improve the capillary system but also promote flow between deeper veins and lymph gland networks, strengthen blood vessels, and relieve varicosity.

**Advantages:** It breaks through the previous working mode of vacuum that is single and simple. Using different modes for different body parts can slim and sculpt the body more effectively and efficiently, and it causes no harm to the human body. Compared with the ordinary monopole RF, this equipment, with its unique RF probe and with RF and vacuum relatively independent but also complementary as a whole metabolic system, can perfectly reshape the body in a more effective, rapid, and even way.

### Physical Effect for Vacuum

#### 1. Skin Layer

The suction and release of air pressure:

- (1) It can improve fluidity among cells, thus increasing cells movement and curing diseases related to blood stasis and blood stagnation.
- (2) Drain lymph glands and blood vessels in the veins.

Effect: Water can be discharged from fibrous tissues.

#### 2. Vascular Layer

The suction and release of air pressure:

- (1) Improve blood circulation of micro-vessels. It not only improves the capillary system but also improves flow between deeper veins and the lymph gland network.
- (2) The extra toxins can be removed from the body.

Effect: Strengthen blood vessels and relieve varicosity.

#### 3. Fibrous Layer

The suction and release of air pressure:

- (1) It can promote the combination of two effects generating in different tissue (including skin, muscle tissue, etc.).
- (2) Repair cell tissue and enhance activity among cells.
- (3) Boost and repair skin elasticity, and resist skin stretch.
- (4) The production of ossein helps to renew skin and recover elasticity.
- (5) Enhance oxygen support capacity for the skin and increase the consumption of carbon dioxide.



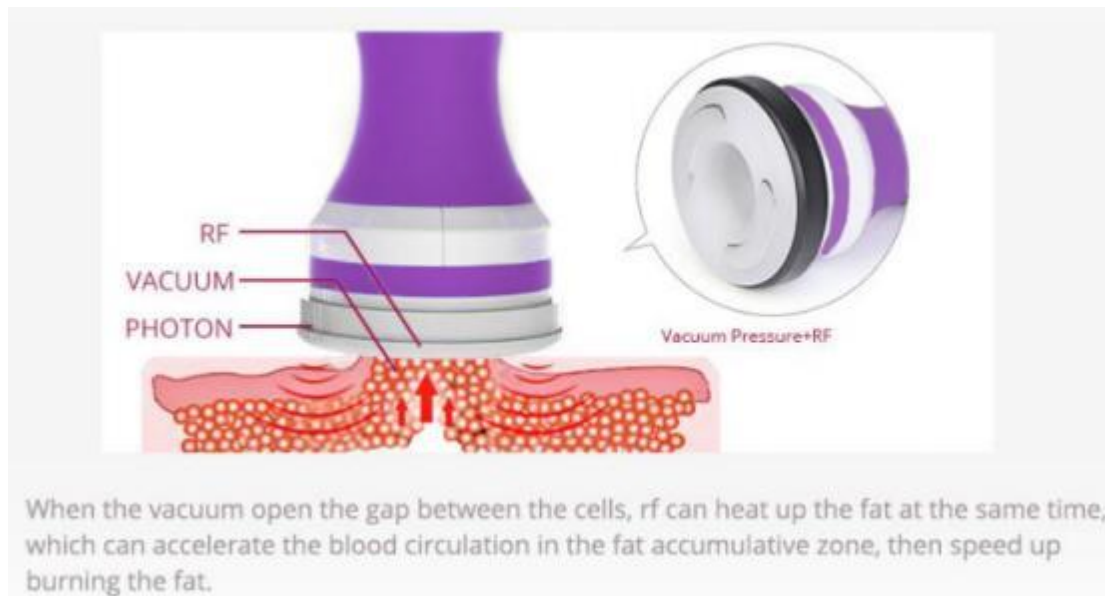
Effect: Break the hard fiber of cellulite, and make it more elastic, thus shaping the body.

#### 4. Nervous Layer

The suction and release of air pressure:

- (1) It stimulates the surface and deep layer of the sympathetic nervous system.
- (2) Lower skin sensitivity.
- (3) Repair skin elasticity and resist the fibrosis of tissue.

Effect: Repair and reduce skin sensitivity.



#### Laser Pad:

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The wavelength of the laser is of strong penetrating power which effectively activates and repairs fat cells, penetrates fat layer, and dissolves subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

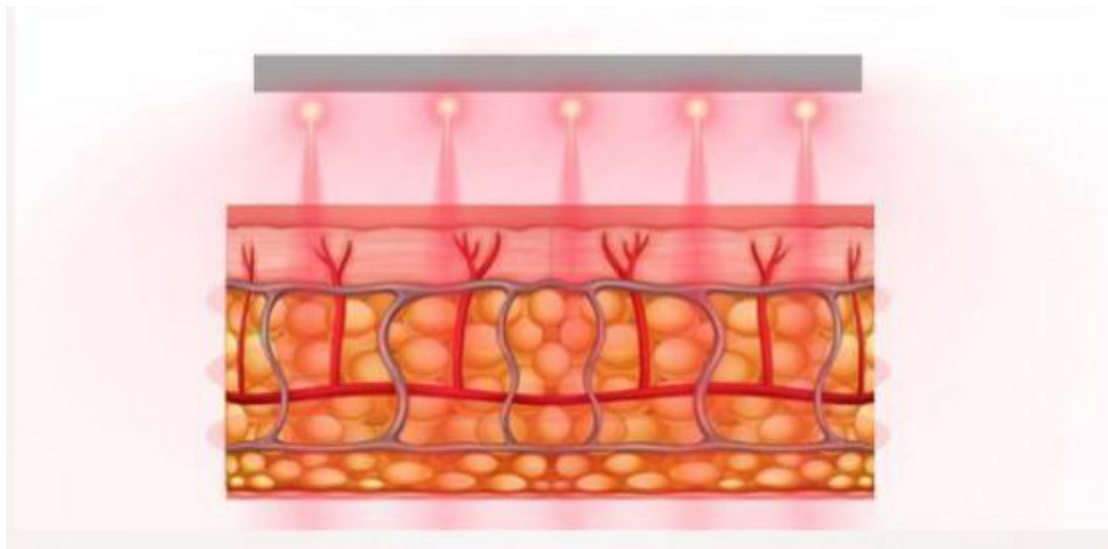
It sends the low-level chemical signals of laser energy to fat cells and decomposes triglycerides stored in the fat layer into free fatty acids and glycerol that are released through the channel of cytomembrane. Fatty acids and glycerol are transported to body tissue that produces metabolic energy. The release of fatty acids is a natural response when the body needs the stored energy reserves, thus no unnatural reaction will occur inside the body, nor does it affect or damage surrounding structures like skin, blood vessels, and peripheral nerves. After some time of exercise therapy, the free fatty acids inside the body will be eliminated through intact metabolism.

Biological Effect: LED laser uses laser of a wavelength of 635nm to 650nm which heats up fat cells in the targeted zone to decomposes them. And fat deposits is absorbed

and discharged via body's natural metabolism in a short period of time. During the process, laser seals small blood vessels, obviously reduces bruises, leads the heat to treatment area, and stimulates the production of collagen, thus flatness, smoothness, tightening and body shaping.

Laser mainly acts as a low-energy laser (biological stimulation), and reaches to deep fat directly. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. Laser is of strong penetrating power which can effectively activate or repair fat cells, penetrate fat layer, and dissolve subcutaneous fat by heating. The treatment method is safe, painless, and has no side effects.

By using the latest non-surgical, non-invasive laser fat decomposition technique, it releases laser energy of low level which produces a chemical signal among fat cells that will dissolve the trioxide triene storing in the body into free fatty acid, glycerin, and water molecules. And this is a natural reaction when the body needs the reserved energy. Then the free fatty acids are transported into the whole body through the lymphatic system to supply energy to it. It's just like what the body would respond to when it's short of heat.



## Waist & Abdomen Sculpting

### Effects

1. Relieve women's cold hands, feet, cold uterus, or cold-natured body.
2. Relieve waist and abdomen's slack and soft skin.
3. Remove flab from waist and abdomen, and relieve swim ring-like belly and small belly.

4. Tighten the skin, reduce stretch marks and striae distensae, and increase skin elasticity.
5. Accelerate metabolism, alleviate constipation, and enhance the movement of the intestinal tract.

## Indications

1. Those with cold hands, feet, cold uterus, or cold-natured bodies.
2. Those whose waist and abdomen have flab, with protruding small belly, or slack skin after child delivery.
3. Those sitting too long or with ugly waistlines.
4. Those with striae distensae or stretch marks.
5. Those with constipation or whose abdomens have obstructed channels and collaterals.

## Contraindications

1. Those with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are in treatment.

## Matters Needing Attention After Treatment

1. Keep the abdomen warm and avoid exposing to a windy environment and catching a cold.
2. Avoid eating and drinking too much, staying up late, drinking alcohol, and eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
3. Take shower after 4 to 6 hours.
4. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
5. Rub the abdomen with hands doing it clockwise before sleep at night, which makes weight loss and metabolism achieve a better effect.

## Arm Sculpting

### Effects

1. Stimulate collagen hyperplasia in the underlying skin, shape body, and firm skin.
2. Improve slack skin.
3. Reduce the appearance of flabby and thick arms.

4. Tighten skin.
5. Accelerate blood circulation and dredge channels and collaterals.

## Indications

1. Those with thick arms or who look ugly in clothes.
2. Those with bat wings or flabby arms.
3. Those whose arms have slack skin.
4. Those whose arms are prone to pain and numbness.
5. Those who always carry the baby.

## Contraindications

1. Those who just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those in the allergic period or who have severely sensitive skin.
4. Those with skin trauma or wound.
5. Those who are over aging.
6. Those in pregnancy or surgical recovery.
7. Those with skin disease or infectious disease.

## Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within a week.

## Back Sculpting

### Effects

1. Relieve shoulder and back pain and alleviate Dowager's Hump.
2. Dredge channels and collaterals and improve clogged channels and collaterals.
3. Accelerate blood circulation and metabolism.
4. Improve head blood supply and sleep.
5. Regulate viscera functions and strengthen the physique.
6. Tighten skin and prevent slack and soft skin.
7. Remove excessive flab from the back, and sculpt back.

## Indications

1. Those with shoulder and back soreness or stiff neck.
2. Those with insomnia, dreaminess, or a fading memory.
3. Those who are prone to fatigue, drowsiness, or with obstructed qi-blood circulation.
4. Those with thick back or who looks ugly in clothes.
5. Those with Dowager's Hump.

## Contraindications

1. Those with metal implants inside the body(such as a stent, pacemaker, etc.) or who are allergic to metals.
2. Women in pregnancy, menstruation, or lactation.
3. Those whose surgical wounds are healing or in surgical recovery.
4. Those with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
5. Those with malignant tumors, hemophilia, or severe bleeding.
6. Those with skin disease or infectious disease.
7. Those who have a weak body.
8. Those who are drunk, thirsty, overworked, or with a full or empty stomach.

## Matters Needing Attention After Treatment

1. Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
2. Take shower after 4 to 6 hours.
3. Avoid staying up late, drinking alcohol, and eating and drinking too much.
4. Avoid eating raw, cold, and spicy food. But have enough sleep.
5. Avoid wearing shoulder-baring and backless clothes.

## Leg Sculpting

Buttocks, which located at the middle of human body, is the key hub for channels and collaterals and qi-blood circulation, and is the main switch of six channels and collaterals as well as the bridge connecting upper jiao qi-blood and lower jiao qi-blood circulation of human body, It plays an important role in body S-curve management and feminine charm increasing.

## Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea, and other gynecological diseases.

3. Improve sleep quality and female sexual function.
4. Activate ovary function, stimulate glandular secretion, and increase intimacy between couples.
5. Make complexion ruddy, fade color spots, and bring back youth.
6. Shape buttocks, improve the sagging and outward expansion of buttocks, tighten skin, and increase elasticity.

## Indications

1. Those with slack and saggy buttocks, or fat accumulation.
2. Those with striae distensae, or stretch marks.
3. Those whose hips shape is not good-looking, flat, loose, or with outward expansion.
4. Those with cold buttocks, or with low buttocks temperature.
5. Those with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
6. Those with decreased estrogen levels, or disharmonious sexual life.

## Contraindications

1. Those in menstruation, pregnancy, lactation, or surgical recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds, or in surgical recovery.
5. Those in the allergic period or who have severely sensitive skin.
6. Those who just had liposuction.
7. Those who are over aging.

## Matters Needing Attention After Treatment

1. Keep buttocks warm, and avoid wearing miniskirts or mini-shorts.
2. Take shower after 4 to 6 hours.
3. Drink more warm water, and avoid exposing to a windy environment and catching a cold.
4. Avoid staying up late, drinking alcohol, and eating and drinking too much.
5. Avoid eating raw, cold, and spicy food. But have enough sleep.
6. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.

## Leg Sculpting

### Effects

1. Tighten skin and prevent slack and soft skin.

2. Stimulate collagen production and flatten striae distensae.
3. Increase legs' blood circulation, detox, and metabolism.
4. Activate blood and remove stasis, dredge channels and collaterals, and prevent varicosity.
5. Tighten the excessive flab of legs and get rid of the thick thigh.

## Indications

1. Those whose lower limbs have obstructed blood circulation, or with edema and obesity.
2. Those with hyp immunity, or who feel uncomfortable and pain all over the body, or who are prone to catch colds.
3. Those with coarse or slack skin.
4. Those whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

## Contraindications

1. Women in menstruation, pregnancy, or lactation.
2. Those with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
3. Those with skin disease, infectious disease, or in skin sensitive period.
4. Those with surgical wounds or in surgical recovery.
5. Those with severe varicosity or tumors.
6. Those in the allergic period or who have severely sensitive skin.
7. Those who just had liposuction.
8. Those who are over aging.
9. Those in pregnancy or surgical recovery.

## Matters Needing Attention After Treatment

1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
6. Wear long pants as far as possible, and avoid wearing miniskirts or mini-shorts.

## Breast Sculpting

### Effects

1. Adjust breast shape and improve accessory breast.

2. Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
3. Reduce the appearance of the outward expansion of the breast.
4. Relieve irregular menstruation and spots on the face, and improve inelastic skin.
5. Relieve mastatroph, slack breast, and blocked lactiferous ducts after child delivery.

## Indications

1. Those whose breast shape is not good-looking or has accessory breast.
2. Those whose breast has nodules or slight hyperplasia, or with distending pain during menstruation.
3. Those whose breast has free fat, or is saggy, with outward expansion.
4. Those with hypoimmunity.
5. Those with irregular menstruation, spots on the face, or inelastic skin.
6. Those who think her mammary gland is underdeveloped, with mastatroph, slack breast, or blocked lactiferous ducts after child delivery.

## Contraindications

1. Those with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or impaired major organ functions.
2. Those who have been taking anticoagulant drugs, vascular dilation drugs, or corticosteroids for a long time, or are taking now.
3. Those with infected skin on the breast.
4. Those with severe breast hyperplasia, fibroma, or cyst.
5. Women in pregnancy or lactation.

## Matters Needing Attention After Treatment

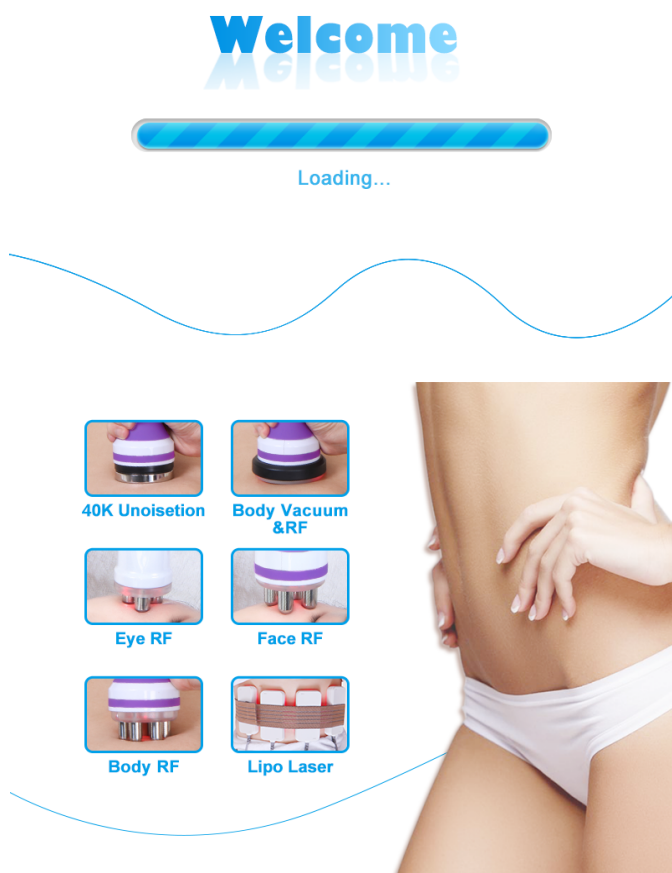
1. Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
2. Take shower after 4 to 6 hours.
3. Drink more warm water to speed up metabolism.
4. Refuse eating and drinking too much and staying up late.
5. Avoid enjoying sauna, hot spring, or doing strenuous exercise within 7 days.
6. Wear fixed-shape and comfortable underwear and don't squeeze the breast too hard.



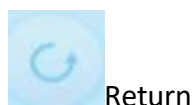
## Part II

### 1. Detailed Operations

Check the equipment and make sure it's properly connected. The following initial interface will appear after having the power switch on.



#### 1.1 Function Selection





Start/ Pause

## 1.2 Detailed Operations for 40K



Click [40K Unoisetion](#) and enter the following page.



Energy Level Display



Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Mode Selection:

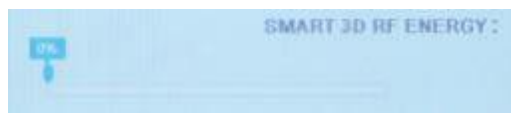
M1: Continuous working mode, which suits those with fat accumulation or thick fat.

M2: Discontinuous working mode, which suits those with local obesity or who want to reduce weight.

### 1.3 Detailed Operations for Vacuum RF



Click [Body Vacuum & RF](#) and enter the following page.



Energy Level Display



Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Mode Selection:

NOR: Default Mode. When clicking the Start, the energy level of the handpiece will reach the setting value directly and the red light will be on.)

PRO: Smart Mode. When clicking the Start, the energy level of the handpiece will reach the setting value slowly and the red light will be on after the handpiece touched the skin.)



Time Display & Setting for Suction(suction time > release time)



Time Display & Setting for Release(When the time is set to zero, it's direct suction.)



Mode Selection:

M1: Direct suction, which suits those who want to expel toxins and sculpt the body.

M2: Faster discontinuous frequency, which suits those who want to expel toxins with the massage and accelerate circulation.

M3: Slower discontinuous frequency, which suits those who want to have slight redness after scrapping and expel toxins with massage.

M4: Slow discontinuous frequency, which suits those who want to have slight redness after scrapping and expel toxins with the massage.

M5: the fastest discontinuous frequency, which suits those who want to relax with a massage.



Rotating Knob for Suction Setting(Rotate to the right to increase suction and rotate to the left to decrease).

## 1.4 Detailed Operations for Body RF



Click **Body RF** and enter the following page.





Energy Level Display



Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Mode Selection:

NOR: Default Mode. When clicking the Start, the energy level of the handpiece will reach the setting value directly and the red light will be on.)

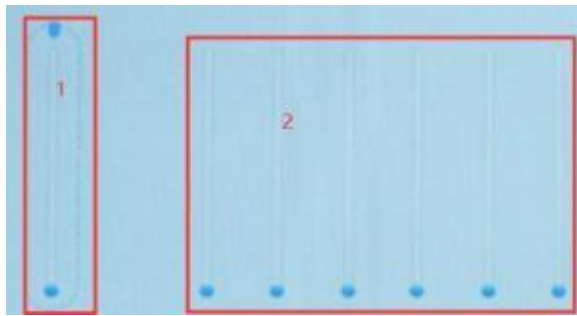
PRO: Smart Mode. When clicking the Start, the energy level of the handpiece will reach the setting value slowly and the red light will be on after the handpiece touched the skin.)

## 1.5 Detailed Operations for Laser Pad



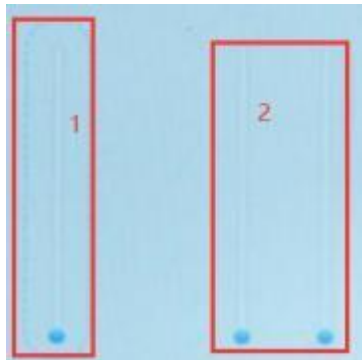
Click [Lipo Laser](#) and enter the following page.





Energy Level Display for the Large Laser

Pad



Energy Level Display for the Small Laser Pad

After clicking, the energy level of all the laser pads can be set uniformly.

The energy level of the single laser pad can also be adjusted. Just select the laser pad you want to adjust first, then press the energy setting button to change its level.



Energy Level Setting



Mode Selection:

M1: Continuous Working Mode(The laser pads will be on all the time, which suits those who just start to use it or are first-time users.)

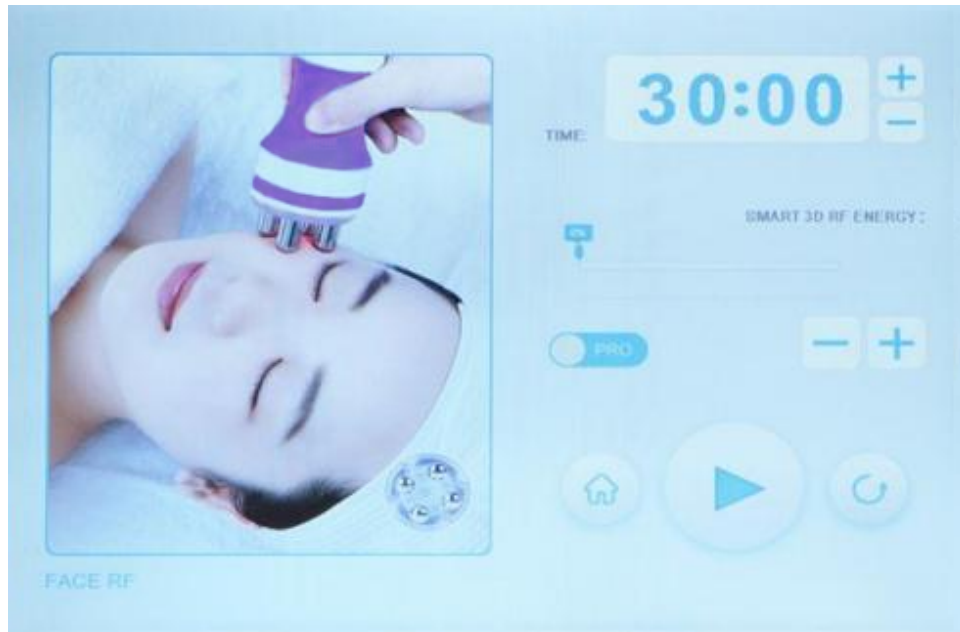
M2: Slow Flashing Mode(The laser flashes slowly, which suits those who want to maintain and reinforce the effect.)

M3: Quick Flashing Mode(The laser flashes quickly, which suits those who want to strongly reduce weight.)

## 1.6 Detailed Operations for Facial RF



Click [Face RF](#) and enter the following page.



Energy Level Display



Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Mode Selection:

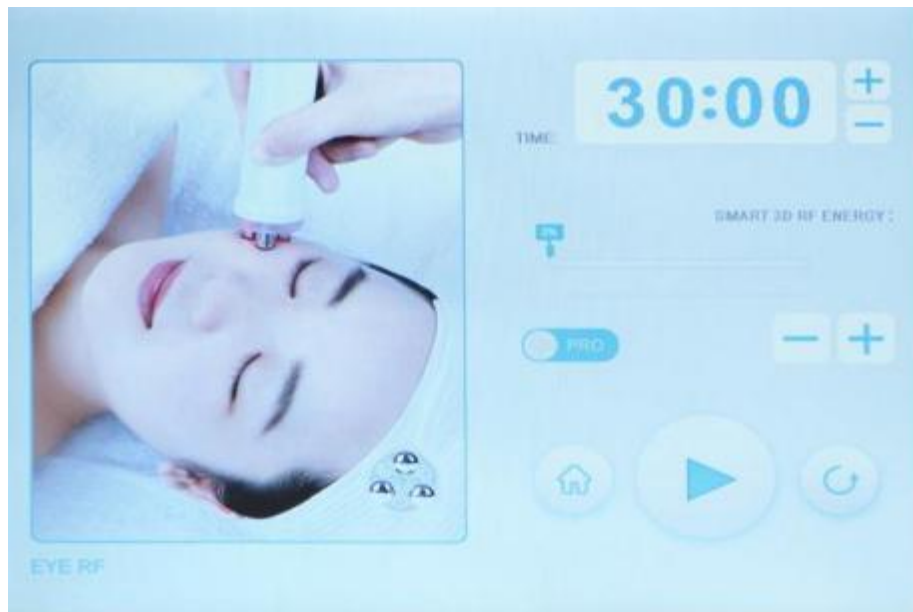
NOR: Default Mode. When clicking the Start, the energy level of the handpiece will reach the setting value directly and the red light will be on.)

PRO: Smart Mode. When clicking the Start, the energy level of the handpiece will reach the setting value slowly and the red light will be on after the handpiece touched the skin.)

## 1.7 Detailed Operations for Eye RF



Click **Eye RF** and enter the following page.



Energy Level Display



Energy Level Setting



Energy Level Setting(decrease)



Energy Level Setting(increase)



Mode Selection:

NOR: Default Mode. When clicking the Start, the energy level of the handpiece will reach the setting value directly and the red light will be on.)

PRO: Smart Mode. When clicking the Start, the energy level of the handpiece will reach the setting value slowly and the red light will be on after the handpiece touched the skin.)

## 2. Technical Parameters

Power Supply Input: 100V-240V

Power: 80W

40K Uoisetion

Frequency: 40kHz

Power: 30W

Body RF



Frequency: 1MHz

Power: 75W

Body Vacuum & RF

Frequency: 1MHz

Power: 80W

Vacuum: -73kPa

Air Flow: >10L/Minute

Noise Level: <65dB(30cm away)

Face RF

Frequency: 1MHz

Power: 65W

Eye RF

Frequency: 1MHz

Power: 40W

Lipo Laser

Laser Wavelength: 635nm-650nm

Power of Each Light: 5mw

Powe: 15W

Dimensions: 14.5 \* 21 \* 44 inches

Net Weight: 15.80kg

Gross Weight: 21.5kg

Input Power: 80W

Display: Touch Screen

### 3. Contraindications

Those with the following situations should use the equipment with caution. Please consult a doctor or professional before using it. The details are as follow:

- (1) Women in pregnancy or lactation.
- (2) Those with heart disease or heart pacemakers.
- (3) Those with unhealed surgical wounds or in surgical recovery.
- (4) Those with epilepsy, severe diabetes, or hyperthyroidism.
- (5) Those with malignant tumors, hemophiliac, or severe bleeding.
- (6) Those with skin disease or infectious disease should use it with caution.
- (7) Those with metal implants inside the body(such as a stent, pacemaker, etc.), or who are allergic to metals.

## 4. Precautions on Use

- (1) A plug with a ground pin must be used and a power socket that is already grounded must be ensured before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the voltage of the local power supply is not stable, we suggest users add a voltage regulator with matching power between the mains supply and the equipment.
- (3) To guarantee the curative effect and normal service life of the equipment, please uniformly use specified parts provided or suggested by the original manufacturer.
- (4) The equipment can't be placed in damp places or near water, and it also cannot be exposed to direct sunlight.
- (5) Don't place the device near a strong heat source since this may affect its service life and normal use.
- (6) Please remove all the metal objects from the body before treatment to avoid unexpected situations which may affect the curative effect.
- (7) Please restrain from using the equipment aiming at eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Those who are suffering from an illness should use it with caution unless they get permission from a doctor.
- (9) Please turn the equipment's power switch off if no one uses it, and ensure the main power is off after everything was settled, thus the safety of the equipment can be guaranteed.
- (10) Start from the lowest energy level when just start and increase the level gradually after the client got used to it.
- (11) Clean the equipment with normal saline after an operation to ensure its cleanliness and hygiene and extend its service life.
- (12) The handpieces can be used separately, but a better effect can be achieved with the combined use of them.
- (13) The equipment should contact the skin fully to avoid uneven heating when in use.
- (14) When using this device, parts to be treated must be kept moist and having treatment in a dry condition should be avoided.
- (15) It's advised to stop taking other weight-loss medicines for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you want to have it started immediately.
- (16) It's prohibited to use 40K on the head, chest, breast, heart, and back.
- (17) To use the equipment and training the operators in strict accordance with the instructions specified in the manual.

## 5. Troubleshooting & Solutions

- (1) The equipment can't be started, and the buttons in its back are not lighting up?
  - A. Make sure the power cord is plugged into a good power socket.
  - B. Check whether the fuse tube in its back is loose or burnt out.

(2) The equipment doesn't have RF output?

- A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
- B. Please check whether the treated parts have been cleaned. Grease or essential oil products may cause poor contact between the handpiece and the body resulting in no output.

(3) The RF output is weakened?

- A. Please check whether the handpiece and the plug connecting to the equipment body are closely connected.
- B. Please check whether there is non-conductive grease on the handpiece, which may cause poor contact resulting in weakened output.
- C. Please check whether the products used are the adaptive products specified by the equipment.

(4) The equipment doesn't have suction or with small suction?

- A. Please turn off the equipment and check its specialized filter which may need to be replaced.
- B. Please check the rubber ring of the handpiece plug because a worn rubber ring may cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn out. Air leakage in this place may cause poor air pressure.
- D. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

(5) The equipment can be started, but there is an error message on the monitor?

- A. Take out the plug in the back of the equipment, and wait for about 1 minute, and re-plug and restart it.
- B. If the above-mentioned solutions are not working, please contact the equipment dealer for assistance.

## 6. FAQs

### **(1) Q: How long does it take to see the effect of RF?**

A: Normally, the effect can be seen on the same day or within a week after treatment. The collagen tissue of the skin, under heating, produces contraction, which results in an obvious skin tightening. RF can produce collagen continuously because it stimulates subcutaneous tissue. Therefore, the more you use it, the better the effect.

### **(2) Q: Is RF harmful to the skin?**

A: RF for tightening and anti-wrinkle is a non-surgical program. It stimulates collagen regeneration in the underlying skin and accelerates metabolism. Therefore, it causes no harm to the skin. Only local redness and heating will occur after treatment, which is a normal phenomenon caused by accelerated blood circulation and will

disappear after a moment. Thus, there's no need to worry.

**(3) Q: How long does the body firming and shaping treatment take?**

A: The time for one treatment is about 60 minutes. To have an obvious effect, we will combine the use of professional techniques and instruments.

**(4) Q: What functions does this equipment include?**

A: It can sculpt the body with fat-removal, restore youth, and do tightening, lifting, and anti-aging. And it can be operated all over the body. For the face, it can sculpt contour, reduce wrinkles, and relieve loosening and sagging. For the body, it can reduce the weight of local body part, build a S curve, and accelerate metabolism and detox of the whole body. Meanwhile, it can also enhance viscera functions and relieve the sub-health condition of the body.

**(5) Q: Which one is better in terms of weight reduction, liposuction or this equipment?**

A: The principle of liposuction is to suck out excess fat from some body part through vacuum suction, thus achieving rapid local body slimming. It has an instant effect, requires anesthesia during the operation, and has a recovery period. There is a risk since it's an operation. However, this equipment is risk-free and has no side effects. It can stimulate collagen production to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting and boost feminine charm.

**(6) Q: Will I experience a rebound after the treatment?**

A: For weight loss with RF lipolysis, the weight will not rebound easily after reduction. RF lipolysis removes fat instead of moisture, and it takes a long time for the fat to be accumulated, thus the weight will not get rebound easily.

**(7) Q: Do I need to be on a diet?**

A: You need to keep on a diet to some extent because radiofrequency and ultrasonic treatment are followed by fat-blasting and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. To have a proper amount of exercise to sweat and discharge the sweat from the body to have a more evident effect.

**(8) Q: Does it have any side effects on the body?**

A: Improving the appearance and shaping the body with RF is a non-invasive treatment and is currently the safest and most effective way to remove wrinkles, tighten skin, and sculpt the body. Generally speaking, there are no side effects. A few people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after initial treatment. The skin will lose moisture due to RF-produced heat. However, the skin will turn plump at the initial stage of collagen regeneration, and all those symptoms will disappear after three days. Thus, there are no side effects on the body.

**(9) Q: Can ultrasound be operated all over the body?**

A: Ultrasound breaks fat cells, bursts the cell wall, then fat in the cells flows out and absorbed and metabolized by lymph. Ultrasound has strong power. The heart is sensitive to sound waves since it's a hollow organ. The back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back and chest.)

**(10) Q: Does ultrasound have side effects on the body?**

A: Ultrasound is non-surgical, non-invasive, and requires no anesthesia and operation. The techniques for ultrasound: ultrasound (mechanical sound wave)-blast fat through cavitation-ultrasound focusing. Effect: fat smashing--fat-dissolving--skin firming and body sculpting. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves, therefore, it has no side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal and you don't have to worry about it.

**(11) Q: Why does drumming in the ears occur?**

A: It's because the ultrasonic wave has a strong vibration and a frequency above 20kHz. It acts on the subcutaneous fat layer that is 20mm below through ultrasound focusing. Ultrasonic wave with concentrated energy causes high-speed friction among fat cells, resulting in heating and eventually in breaking and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany during the treatment.

**(12) Q: What is collagen?**

A: Collagen is a biological macromolecule substance, and is a white, opaque, and non-branched fibrous protein. It can supplement the needed nutrition to skin layers, and enhance the activity of skin collagen. And it can lock moisture, nourish skin, delay aging, improve looks, alleviate slack face, and care hair. Collagen is a nutrient that the body must be supplemented for delaying aging. With increasing age, the collagen will drain gradually. Women have started to aging, and their collagen has drained, and the content of collagen has decreased little by little after the age of 20. At the age of 25, collagen loss reaches its peak. At the age of 40, the content of collagen is less than half of that of the age of 18. Collagen and water loss leads to the breakage of collagen fibers and elastic mesh that support the skin, which is the exact cause of the wrinkles on the face of the elderly. It causes the oxidation, atrophy, and collapse of skin tissues, which makes the skin dry, wrinkled, slack, and inelastic, etc. Therefore, collagen must be supplemented for aging delaying.

**(13) Q: How to detox with the vacuum?**

A: Vacuum can congest capillaries and stimulate cells to increase their vitality.

During operation, the suction and release of air pressure and the increase and decrease of vacuum can make local pores open and close continuously, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can promote qi and blood circulation, dispel coldness and dampness, dredge channels and collaterals, and expel toxins and heat.

**(14) Q: Does laser lipolysis get rebound?**

A: The quantity of fat cells is fixed. It increases with age increasing and becomes constant until adulthood. Weight gain is the cause of the size increase of fat cells. Laser lipolysis gets rid of local fat and reduces the size of fat. It's true that seldom does laser lipolysis rebound. But it doesn't mean rebound will not occur for sure. Usually, the rebound will not happen as long as you have a rational dietary structure and don't eat and drink too much every day.

**(15) Q: Does weight reduction with laser need to control eating and do exercise?**






A: To lose weight with the laser has an obvious effect, but we can't rely on it alone to achieve this. If we don't control what we eat and instead eat and drink too much after we reduced our weight to an ideal range, rebound may occur. Bear in mind that there are no such weight loss products that can guarantee permanent effect. Therefore, weight loss with the laser is just a supplement. We still have to be on a diet and do the exercise properly after reached the target of weight reduction and stopped weight loss with laser.


## 7. Packing List

Main Machine x1  
 Sextupolar 3D RF for Body x 1  
 Uoisetion 40K Cavitation Head x 1  
 Bipolar RF with Vacuum Head x1  
 Three Pole 3D RF Head for Faceand Eyes' Around x 1  
 Quadrupole 3D RF for Face and Body x1  
 Big Light Pads x 6  
 Small Light Padsx 2  
 Power Cord x1

## 8. Operational Diagrams

Parameter Setting	Product	Technique	Diagram
Facial Anti-aging & Skin Tightening: 60 Minutes/ Once a Week			
Face RF	Makeup	1. Remove makeup and	Technique 5, 7

<p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p>	<p>Remover + Facial Cleanser + Cold &amp; Hot Steam + Massage Cream + Moisturizing Mask + Essence + Facial Mask</p>	<p>clean the face, 5 minutes.</p> <p>2. Apply moisturizing mask and use hot steam, 10 minutes.</p> <p>3. Clean the face, 2 minutes.</p> <p>4. Apply toner, 1 minute.</p> <p>5. Apply massage cream evenly to the face, and caress it 3 times.</p> <p>6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhu kong(SJ-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times.</p> <p>7. Caress the whole face 3 times.</p> <p>8. Lift in three lines with hands doing it alternately, from the chin to earlobe, from the corner of the mouth to Ermen(SJ21), from the wing of the nose to Temple, and from the lower eyelid to Temple, and lift the corner of the eye. Repeat 3 times.</p> <p>9. Do the same on the other side.</p> <p>10. Lift the forehead towards the hairline direction. Repeat 3 times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline with one hand. Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the</p>	<div data-bbox="1082 219 1369 425">  </div> <p>Technique 6</p> <div data-bbox="1082 555 1369 761">  </div> <p>Technique 8, 17, 18</p> <div data-bbox="1082 880 1369 1086">  </div> <p>Technique 10, 12, 20, 21</p> <div data-bbox="1082 1205 1369 1411">  </div> <p>Technique 15</p> <div data-bbox="1082 1529 1369 1736">  </div> <p>Technique 16</p>
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		<p>face with hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for 3 times, and slide out from the back of the ear.</p> <p>16. Face RF: Move circlewise from the chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>17. Lift from the chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>18. Coupled with hands, lifting from chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards hairline. Repeat 3 times.</p> <p>21. Coupled with hands, lifting towards hairline. Repeat 3 times.</p> <p>22. Clean the face, 2 minutes.</p> <p>23. Apply a facial mask and wait for 15 minutes.</p> <p>24. Clean the face, 2 minutes.</p> <p>25. Apply toner, essence, facial cream, and sunscreen.</p> <p>26 Treatment is done</p>	
<b>Course of Treatment Recommended:</b>			



A course of treatment includes ten times. After one-time treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade pigment and lighten dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, which makes the skin tender, smooth, firm, and shiny

### V-shaped Face Tightening: 90 Minutes/ Once a Week

**Face RF**  
Advised Energy Level:  
30 to 70%

Advised Time:  
10 to 15 minutes

Mode: NOR/  
PRO

**Small Laser Pad**  
Advised Energy Level:  
30 to 70%

Advised Time:  
10 to 15 minutes

Mode: M1/  
M2/ M3

Makeup Remover +  
Facial Cleanser +  
Cold & Hot Steam +  
Massage Cream +  
Moisturizing Mask +  
Essence +  
Facial Mask

1. Remove makeup and clean the face, 5 minutes.
2. Apply moisturizing mask and use hot steam, 10 minutes.
3. Clean the face, 2 minutes.
4. Apply toner, 1 minute.
5. Apply massage cream evenly to the face, and caress it 3 times.
6. Press Chengjiang(RN-24), Renzhong(DU-26), Dicang(ST-4), Jiache(ST-6), Yingxiang(LI-20), Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhu kong(SJ-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2). Repeat 3 times.
7. Caress the whole face 3 times.
8. Lift in three lines with hands doing it alternately, from the chin to earlobe, from the corner of the mouth to Ermen(SJ21), from the wing of the nose to Temple, from the lower eyelid to Temple, and lift the corner of the eyes. Repeat 3 times.
9. Do the same on the other side.

Technique 5, 7



Technique 6





Technique 8, 17, 18










Technique 10, 12, 20, 21










Technique 15

	<p>10. Lift the forehead towards the hairline direction. Repeat 3 times.</p> <p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline with one hand. Repeat 3 to 5 times.</p> <p>13. One side: Flip and lift the face with hands doing it alternately. Do it for 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, then slide to the front of the ear and lift to and fro for 3 times, and slide out from the back of the ear.</p> <p>16. Face RF: Move circlewise from the chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>17. Lift from the chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>18. Coupled with hands, lifting from the chin to the back of the ear, from the corner of the mouth to ear center, and from the wing of the nose to Temple. Repeat 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Lift the forehead towards hairline. Repeat 3 times.</p>	 <hr/> <p>Technique 16</p>  <hr/>
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		<p>21. Coupled with hands, lifting towards hairline. Repeat 3 times.</p> <p>22. Clean the face and apply toner, 2 minutes.</p> <p>23. Laser Pad: Fasten the laser pads onto the fat part of the chin with a band, 20 minutes.</p> <p>24. Remove the laser pads.</p> <p>25. Apply a facial mask and wait for 15 minutes.</p> <p>26. Clean the face, 2 minutes.</p> <p>27. Apply toner, essence, facial cream, and sunscreen.</p> <p>28. Treatment is done.</p>	
<p><b>Course of Treatment Recommended:</b></p> <p>A course of treatment includes ten times. After one-time treatment, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny, and the double chin relieves obviously. After two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. After three courses, the skin's metabolism and detox enhance. And it helps to fade pigment and lighten dark skin, prevents and delays skin aging, loosening, and sagging, and stimulates collagen hyperplasia in the underlying skin, which makes the skin tender, smooth, firm, and shiny</p>			
<p><b>Eye Wrinkle Removal: 45 Minutes/ 2 to 3 Times a Week</b></p>			
<p><b>Eye RF</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/PRO</p>	<p>Makeup Remover + Facial Cleanser + Toner + Eye Essence + Equipment + Eye Mask</p>	<p>1. Remove makeup and clean the face, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Apply essence evenly to the eyes with hands moving circlewise, 1 minute.</p> <p>4. Press Jingming(BL-1), Cuanzhu(BL-2), Yuyao(EX-HN4), Sizhu kong(SJ-23), Temple, Tongziliao(GB-1), Chengqi(ST-1), and Sibai(ST-2) with the middle and ring finger. Repeat 3 times.</p> <p>5. Caress the eyes with hands moving circlewise and press</p>	<p>Technique 3, 5, 10</p>  <p>Technique 4</p> 

		<p>Temple. Repeat 3 times.</p> <p>6. One side, stroke the lower eyelid crossly and circlewise with middle and ring finger till the back of the ear and slide out. Repeat 3 times.</p> <p>7. One side, lift from the inner corner of the eyes to the upper eyelid till the back of the ear and slide out. Repeat 3 times.</p> <p>8. One side, lift the corner of the eye with scissor hands. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side. Repeat 3 times.</p> <p>10. Caress the eyes with hands moving circlewise and press Temple. Repeat 3 to 5 times.</p> <p>11. Eye RF: Move in small circles from the lower eyelid to Temple. Repeat 3 to 5 times.</p> <p>12. Coupled with hands, lift from the lower eyelid to Temple. Repeat 3 to 5 times.</p> <p>13. Lift from the brow head to brow tail. Repeat 3 to 5 times.</p> <p>14. Coupled with hands, lifting from the corner of the eyes to hairline. Repeat 3 to 5 times.</p> <p>15. Do the same on other side.</p> <p>16. Apply an eye mask and wait for 15 minutes.</p> <p>17. Clean the eyes and face, 2 minutes.</p> <p>18. Apply toner, facial essence, eye essence, facial cream, and sunscreen.</p> <p>19. Treatment is done.</p>	<p>Technique 6</p> 
			<p>Technique 7</p> 
			<p>Technique 8</p> 
			<p>Technique 11</p> 
			<p>Technique 12, 14</p> 
			<p>Technique 13</p>

			
<b>Course of Treatment Recommended:</b> A course of treatment consists of ten times. After one-time treatment, the eye will be tightened and lifted, and the eye blood circulation will be accelerated. After a course, the fine lines and black eyes will be faded, and the skin color will be improved. After three courses, the eye skin will be tightened and be rejuvenated, and turn shiny. To stick to it, the eye can be improved and aging can be prevented.			
<b>Neck Maintenance: 60 Minutes/ Once a Week</b>			
<b>Face RF</b> Advised Energy Level: 30 to 70%  Advised Time: 10 to 15 minutes  Mode: NOR/ PRO	Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask	1. Remove makeup and clean the face, 5 minutes. 2. Apply toner, 1 minute. 3. Massage the neck, and lift in the front of the chest and apply oil to it with hands, then move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat 3 times. 4. Lift the lower jaw and double chin with hands doing it alternately, then lift to armpit via the back of the ear, and slide out from armpit. Repeat 3 times. 5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it circlewise, and till armpit and pass under there. Repeat 3 times. 6. Stroke the three channels and collaterals of the side of the neck with four fingers, and till armpit and pass under there. Repeat 3 times. 7. Rub the side of the neck with kneeling fingers till it turns hot, and till armpit and	Technique 3  Technique 4  Technique 5, 6, 7  Technique 11  Technique 12






		<p>pass under there. Repeat 3 times.</p> <p>8. Stroke the external collarbone with purlicue, and till armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment is done.</p> <p>11. Facial RF Technique : Coupled with hands, lifting from double chin to armpit via the back of ear. Repeat 3 to 5 times.</p> <p>12. Move the equipment circlewise on the side of the neck till armpit in three lines respectively, and slide out from there. Repeat 3 times.</p> <p>13. Slide the equipment from internal and external collarbones to armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p> <p>17. Apply a neck mask and wait for 15 minutes.</p> <p>18. Clean the neck with a hot towel and use hot compress for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream, and sunscreen.</p> <p>20. Treatment is done.</p>	 <p>Technique 14</p> 
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**Course of Treatment Recommended:**

A course of treatment includes ten times. After one-time treatment, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the circulation of neck lymph accelerates. After two courses, the skin becomes tightened, the cervical stripe fade, and the double chin improves. After three courses, the skin





turns delicate, shiny, firm, and plump, and lymphatic detox speeds up, dark face and acne improve. It also delays skin aging and rejuvenates the skin.

## Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

<p><b>40K</b> Advised Energy Level: 30-70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M2/ M3</p> <p><b>Vacuum RF</b> Advised Energy Level: 30-70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: NOR/ PRO</p> <p>Suction &amp; Release Mode: M1/ M2/ M3/ M4/ M5</p> <p>Suction can be adjusted according to the user's tolerance.</p> <p><b>Laser Pad</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2/ M3</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Apply essential oil to the abdomen with hands moving circlewise. Repeat 3 times.</li> <li>3. Rub belly back and forth with two hands. Repeat 3 to 5 times.</li> <li>4. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat 3 times.</li> <li>5. Lift belt vessels of the two sides of the waist with hands doing it alternately. Repeat 16 times.</li> <li>6. Move in Arabic numeral 8-shaped motion to the part below the waist and then lift upwards from the side of the waist. Repeat 3 times.</li> <li>7. Rub intestinal tract with hands overlapped moving in small circles and clockwise. Repeat 3 times.</li> <li>8. Caress the treated parts with hands moving circlewise. Repeat 3 times.</li> <li>9. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), Daheng (SP15), and Qugu (RN2). Repeat 2 times.</li> <li>10. Push directly from Zhongji(RN3) to the belly button with the thumbs, and slide to the parts below the waist along the two sides, then lift upwards to the groin.</li> </ol>	<p>Technique 2, 8, 11</p>  <p>Technique 3, 19</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6</p>  <p>Technique 7</p>
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		<p>Repeat 3 times.</p> <p>11. Caress the treated part till groin with hands.</p> <p>12. Treatment is done.</p> <p>13. 40K: One side, lift from the side of the waist to belly, and lift one line after another to groin. Repeat 3 times.</p> <p>14. Lift the other side. Repeat 3 times.</p> <p>15. Move in small circles on the abdomen. Repeat 3 times.</p> <p>16. Move in big circles on the abdomen. Repeat 3 times.</p> <p>17. Vacuum RF: Set it to direct suction. One Side: Lift one line after another from the side of waist to abdomen. Repeat 3 times.</p> <p>18. Lift the other side.</p> <p>19. Lift the belt vessel back and forth and transversely. Repeat 3 times.</p> <p>20. Sculpt up and down on the waist. Repeat 3 times.</p> <p>21. Move in big circles on the abdomen. Repeat 3 times.</p> <p>22. One Side: Lift one line after another from the side of the waist to belly. Repeat 3 times.</p> <p>23. Clean the treated part.</p> <p>24. Laser Pad : Fasten the laser pads onto the fat part for about 20 minutes.</p> <p>25. Remove the laser pads.</p> <p>26. Treatment is done.</p>	
			<p>Technique 9</p> 
			<p>Technique 10</p> 
			<p>Technique 13, 17, 22</p> 
			<p>Technique 15</p> 
			<p>Technique 16, 21</p> 











			<p>Technique 20</p> 
<p><b>Course of Treatment Recommended:</b></p> <p>A course of treatment includes ten times. After one-time treatment, the abdomen is heated which expedites metabolism. After a course, fat metabolizes slowly, slimming starts, and meanwhile, problems like constipation improve. After two courses, the effects become more and more obvious. The skin turns tightened and lifted, collagen in the underlying skin increases, and stretch marks and slack skin take a turn for the better. After three courses, the effects consolidate, excessive fat disappears little by little, curve of the waist and abdomen shapes, and a slim waist builds.</p>			
<p><b>Arm Sculpting: 60 Minutes/ Once a Week</b></p>			
<p><b>40K</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p><b>Body RF</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>Laser Pad</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p>	<p>Massage Cream(Essential Oil) + Gel + Instrument</p>	<ol style="list-style-type: none"> <li>1. Technique.</li> <li>2. Do it in left-right order. Lay the arm flatwise, and apply oil from the lower arm to the entire arm with hands till the hands slide out, and repeat it 3 times.</li> <li>3. Push the entire arm with two palms doing it alternately. Repeat 3 times.</li> <li>4. Push Large Intestine Channel[LI]-Triple Energizer Channel[TE]-Small Intestine Channel[SI] of the outer arm respectively till armpit with hands' pulcrue. Repeat 3 times.</li> <li>5. Caress the treated part. Repeat 3 times.</li> <li>6. Rub the three channels and collaterals of the upper arm respectively with kneeling fingers till it turns hot, and do it back and forth. Repeat 3 times.</li> <li>7. Caress the treated part. Repeat 3 times.</li> <li>8. Lay the arm upwards, and</li> </ol>	<p>Technique 2, 3, 4, 5, 6, 7</p>  <p>Technique 8, 9</p>  <p>Technique 10</p>  <p>Technique 13, 16, 21, 24</p>

<p>Mode: M1/ M2/ M3</p>	<p>push Lung Channel[LU]-Pericardium Channel[PC]-Heart Channel[HT]) of the inner arm till armpit with purlicue. Repeat 3 times respectively.</p> <p>9. Rub the three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times.</p> <p>10. Caress the treated part till the hands slide out. Repeat 3 times.</p> <p>11. Do the same on the other side.</p> <p>12. Treatment is done.</p> <p>13. 40K: Lay the arms flatwise, and push from the fat part of lower arm to armpit along the three channels and collaterals. Repeat 3 times.</p> <p>14. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>15. Flabby arms can be treated more. Repeat 3 times.</p> <p>16. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>17. Lay the arms upwards, and push the three channels and collaterals of the arms to armpit. Repeat 3 times.</p> <p>18. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>19. Push from the upper arm to armpit along the three channels and collaterals.</p> <p>20. Do the same on the other side.</p> <p>21. Body RF: Lay the arms flatwise, and start with the fat</p>	<div data-bbox="1177 203 1299 387"></div> <p>Technique 14, 15, 22, 23</p> <div data-bbox="1177 533 1299 716"></div> <p>Technique 17, 25</p> <div data-bbox="1166 835 1353 1041"></div> <p>Technique 19, 27</p> <div data-bbox="1158 1160 1315 1337"></div>
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		<p>part of the lower arm, pushing to armpit along three channels and collaterals. Repeat 3 times.</p> <p>22. Move circlewise till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>23. Flabby arms can be treated more. Repeat 3 times.</p> <p>24. Push till armpit along the three channels and collaterals. Repeat 3 times.</p> <p>25. Lay the arms upwards, and push the three channels and collaterals of the arms to armpit. Repeat 3 times.</p> <p>26. Move in small circles till armpit along the three channels and collaterals of the upper arms. Repeat 3 times.</p> <p>27. Push from the upper arm to armpit along the three channels and collaterals.</p> <p>28. Do the same on the other side.</p> <p>29. Clean the treated part.</p> <p>30. Laser Pad : Fasten the laser pads onto the fat part for about 20 minutes.</p> <p>31. Remove the laser pads.</p> <p>32. Treatment is done.</p>	
<p><b>Course of Treatment Recommended:</b></p> <p>A course of treatment includes ten times. After one-time treatment, a sense of heating and tightening can be felt, and the arms get relaxed. After a course, extra fat on the arms starts to decrease, and the skin begins to become tightened and plump. After two courses, body shaping starts, and the effects strengthens, channels and collaterals dredges, and physique enhances. After three courses, the effect consolidates and stabilizes, and the rebound can be prevented.</p>			
<p><b>Back Sculpting: 60 Minutes/ Once a Week</b></p>			
<p><b>Body RF</b></p> <p>Advised Energy Level: 30 to 70%</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<p>1. Technique.</p> <p>2. Apply oil to the back, and press Fengchi (GB20) and Fengfu (DU16).</p> <p>3. Stroke the area connecting</p>	<p>Technique 2, 11</p>

<p>Advised Time: 10 to 15 minutes</p> <p>Mode: NOR/ PRO</p> <p><b>Vacuum RF</b> Advised Energy Level: 30-70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: NOR/ PRO</p> <p>Suction &amp; Release Mode: M1/ M2/ M3/ M4/ M5</p> <p>Suction can be adjusted according to the user's tolerance.</p> <p><b>Laser Pad</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2/ M3</p>		<p>neck and shoulder(start with hairline) with the thumb. Repeat 3 to 5 times.</p> <p>4. Stroke Bladder Meridian (BL) outward to the sacral region(BL31-BL34) with the thumb finger and caress till Fengchi (GB20) and Fengfu (DU16). Repeat 3 times.</p> <p>5. Move circlewise and in S-shaped motion from the neck to the caudal vertebra with hands. Repeat 3 times.</p> <p>6. Push Bladder Meridian (BL) in left-right order with thumbs doing it alternately. Repeat 3 times.</p> <p>7. Push Bladder Meridian (BL) to the sacral region(BL31-BL34) with hands doing it simultaneously. Repeat 3 times.</p> <p>8. Push Bladder Meridian (BL) with kneeling fingers of hands in three lines respectively. Repeat 3 times.</p> <p>9. Push medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times.</p> <p>10.Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times.</p> <p>11.Caress the whole back with hands and press Fengchi(GB20) and Fengfu(DU16). Repeat 3 times.</p> <p>12.Press Tianzong(SI11) with thumbs overlapped, then slide to the arm and slide out from there. Repeat 3 times.</p> <p>13.Treat the other side, and press Tianzong(SI11) till the arm and slide out from there.</p>	 <p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5</p>  <p>Technique 6, 7, 8, 14</p>  <p>Technique 9, 19, 26</p>  <p>Technique 10, 19, 26</p>
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		<p>Repeat 3 times.</p> <p>14. Rub Du Meridian(DU) and Bladder Meridian(BL) with hands till it turns hot.</p> <p>15. Treatment is done.</p> <p>16. Body RF: Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to sacral region(BL31-BL34). Repeat 3-5 times.</p> <p>17. Move circlewise on Dazhui(Du-14) and sacral region( BL31-BL34). Repeat 3 to 5 times for each.</p> <p>18. Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. Move transversely and from top to down to the sacral region( BL31-BL34) in an Arabic numeral 8-shape motion. Repeat 3 times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat 3 times.</p> <p>22. Lift upwards from the side of the waist to armpit. Repeat 3 to 5 times.</p> <p>23. Vacuum RF: Treat Du Meridian (DU) first and Bladder Meridian(BL) after. Start with the neck, sliding to the sacral region( BL31-BL34). Repeat 3-5 times.</p> <p>24. Move circlewise on Dazhui(Du-14) and sacral region( BL31-BL34). Repeat 3 to 5 times for each.</p>	 <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16, 23</p>  <hr/> <p>Technique 17, 24</p>  <hr/> <p>Technique 18, 25</p>  <hr/> <p>Technique 20, 27</p>  <hr/> <p>Technique 21, 28</p>
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		<p>25.Start with neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>26. Lift to and fro medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>27.Move transversely and from top to down to the sacral region( BL31-BL34) in an Arabic numeral 8-shape. Repeat 3 times.</p> <p>28.Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat 3 times.</p> <p>29. Lift upwards from the side of the waist to armpit. Repeat 3 to 5 times.</p> <p>30. Clean the treated part.</p> <p>31. Laser Pad: Fasten the laser pads onto the fat part for about 20 minutes.</p> <p>32. Remove the laser pads.</p> <p>33.Treatment is done.</p>	 <p>Technique 22, 29</p> 
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#### Course of Treatment Recommended:

A course of treatment consists of ten times. After one-time treatment, the back gets relaxed obviously, stiffness of shoulder and neck relieves, and skin lifts. After a course, back and shoulder becomes relaxed, back fat lessens, Dowager's Hump alleviates, and the outlines of back becomes good-looking. After two courses, Dowager's Hump improves, channels and collaterals dredges, sub-health conditions and sleep take a turn for the better. After three courses, back get thinner, outlines become nice, viscera function enhances, and digestion and detox and metabolism boost. (one course with size reduced, two courses with effect consolidated, and three courses with effect strengthened and without rebound.)

#### Buttocks Sculpting: 60 Minutes/ Once a Week






<p><b>Body RF</b></p> <p>Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p>	<p>Massage Cream(Essential Oil) + Instrument</p>	<p>1. Technique.</p> <p>2. Stand sideways and with hands applying oil, then slide from the sacral region(BL31-BL34) to the waist, and from where lift upwards along the buttocks. Repeat 3</p>	<p>Technique 2, 5, 11</p> 
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<p>Mode: NOR/ PRO</p> <p><b>Vacuum RF</b> Advised Energy Level: 30-70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: NOR/ PRO</p> <p>Suction &amp; Release Mode: M1/ M2/ M3/ M4/ M5</p> <p>Suction can be adjusted according to the user's tolerance.</p> <p><b>Laser Pad</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2/ M3</p>	<p>times.</p> <p>3. Push sacral region(BL31-BL34) with thumbs. Repeat 3 times.</p> <p>4. Caress the treated part 3 times, then press Shenshu(BL23), sacral region(BL31-BL34), Changgqian(DU1), Huantiao(GB30), and Chengfu (BL36). Repeat 3 times.</p> <p>5. Caress the treated part 3 times.</p> <p>6. With the left first and the right after. Push upwards from the thigh root to belt vessel with hands along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>7. Push from the thigh root to belt vessel with hands doing it separately along Bladder Meridian(BL), Kidney Meridian(KI), Liver Meridian (LI), and Gallbladder Meridian. Repeat 3 times respectively.</p> <p>8. Lift from the thigh root to belt vessel with the palms overlapped. Repeat 3 to 5 times.</p> <p>9. Push directly (for sculpting) and one line after another from the two sides of the buttocks to the highest point on it with two hands, and push back and forth. Repeat 3 times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated part.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment is done.</p> <p>14. Body RF: Lift one line after</p>	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 6, 14, 17, 19, 21</p>  <p>Technique 7, 10</p>  <p>Technique 9, 15, 20</p>  <p>Technique 16</p> 
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		<p>another from the thigh root to belt vessel. Repeat 3 times.</p> <p>15. Lift upwards and one line after another from the two sides of the buttocks to the highest point on it. Repeat 3 times.</p> <p>16. Move in small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to belt vessel. Repeat 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. Vacuum RF: Lift one line after another from the thigh root to belt vessel. Repeat 3 times.</p> <p>20. Lift upwards and one line after another from the two sides of buttocks to the highest point on it. Repeat 3 times.</p> <p>21. Lift one line after another from the thigh root to belt vessel. Repeat 3 times.</p> <p>22. Do the same on the other side.</p> <p>23. Clean the treated part.</p> <p>24. Laser Pad: Fasten the laser pads onto the fat part for about 20 minutes.</p> <p>25. Remove the laser pads.</p> <p>26. Treatment is done.</p>	
<p><b>Course of Treatment Recommended:</b></p> <p>A course of treatment includes ten times. After one-time treatment, the buttocks lift and become hot. After a course, buttocks outlines start to show themselves, excess fat decreases slowly, and the skin turns tightened. After three courses, gynecological diseases like cold-natured body and cold uterus relieve, menstruation returns to normal, and the effect consolidates, which boosts feminine charm.</p>			
<p><b>Leg Sculpting: 60 Minutes/ Once a Week</b></p>			
<p><b>40K</b> 30 to 70%</p>	<p>Massage Cream(Ess</p>	<p>1. Technique. 2. Do it in left-right order.</p>	<p>Technique 2, 3, 4, 5, 7, 8, 9</p>



<p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2</p> <p><b>Vacuum RF</b> Advised Energy Level: 30-70%</p> <p>Advised Time: 15 to 20 minutes</p> <p>Mode: NOR/ PRO</p> <p>Suction &amp; Release Mode: M1/ M2/ M3/ M4/ M5</p> <p>Suction can be adjusted according to the user's tolerance.</p> <p><b>Laser Pad</b> Advised Energy Level: 30 to 70%</p> <p>Advised Time: 10 to 15 minutes</p> <p>Mode: M1/ M2/ M3</p>	<p>ential Oil) + Gel + Instrument</p>	<p>Apply oil from the lower leg to the thigh, and then back to the heel, and repeat it 3 times.</p> <p>3. Push the entire leg from the bottom up with palms doing it by turns, and then back to the heel till the palms slide out. Repeat 3 times.</p> <p>4. Push Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB] from the bottom up with hands' purlicue doing it by turns. Repeat 3 times.</p> <p>5. Push popliteal fossa with hands doing it alternately. Repeat 3 times.</p> <p>6. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat 3 times.</p> <p>7. Caress the treated part. Repeat 3 times.</p> <p>8. Push the four channels and collaterals from the bottom up with kneeling fingers of hands. Repeat 3 times.</p> <p>9. Caress the treated part. Repeat 3 times.</p> <p>10. Do the same on the other side.</p> <p>11. Treatment is done.</p> <p>12. 40K: From the bottom to popliteal fossa, pushing Bladder Meridian(BL)-Kidney Meridian(KI)-Liver Meridian(LV)-Gallbladder Meridian(GB) successively. Repeat 3 times.</p> <p>13. Move in small circles on the part with fat of the lower leg to dissolve fat. Repeat 3 times.</p>	<div data-bbox="1197 203 1268 389"></div> <p>Technique 6</p> <div data-bbox="1197 495 1268 680"></div> <p>Technique 12, 15, 17, 20, 23</p> <div data-bbox="1189 824 1275 1010"></div> <p>Technique 13, 16, 21, 24</p> <div data-bbox="1189 1160 1275 1346"></div> <p>Technique 15, 17, 23</p> <div data-bbox="1173 1489 1291 1675"></div> <p>Technique 16, 18, 21, 24</p> <div data-bbox="1173 1818 1291 2004"></div>
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		<p>14. Push from the bottom up to popliteal fossa successively, and meanwhile, caress it with hands. Repeat 3 times.</p> <p>15. Start from popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat 3 times.</p> <p>16. Start with popliteal fossa, moving in small circles till the thigh root to dissolve fat. Repeat 3 times.</p> <p>17. Start with popliteal fossa, pushing the channels and collaterals successively till the thigh root. Repeat 3 times.</p> <p>18. Moving in small circles on the whole thigh to dissolve fat. Repeat 3 to 5 times.</p> <p>19. Do the same on the other side.</p> <p>20. Vacuum RF: Coupled with hands, lifting one line after another from heel to popliteal fossa. Repeat 3 times.</p> <p>21. Move in small circles on the lower leg. Repeat 3 times.</p> <p>22. Move up and down on the lower leg. Repeat 3 to 5 times.</p> <p>23. Lift one line after another from popliteal fossa to the thigh root. Repeat 3 times.</p> <p>24. Move in small circles on the thigh. Repeat 3 times.</p> <p>25. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>26. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>27. Do the same on the other side.</p> <p>28. Fore-leg: Apply oil from the</p>	<p>Technique 13, 21</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p>  <hr/> <p>Technique 29, 30, 33, 35, 38, 40, 42</p>  <hr/> <p>Technique 34, 37</p>  <hr/> <p>Technique 36, 41</p>
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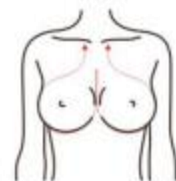
		<p>lower leg to the thigh root with hands (namely caressing). Repeat 3 times.</p> <p>29. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till thigh root with hands' purlicue doing it alternately. Repeat 3 times.</p> <p>30. Push the four channels and collaterals with kneeling fingers of hands. Repeat 3 times.</p> <p>31. Treatment is done.</p> <p>32. Do the same on the other side.</p> <p>33. 40K: Lift from the lower leg towards the knee along the four channels and collaterals. Repeat 3 times. (The thigh can be treated directly if the lower leg doesn't have excessive fat.)</p> <p>34. Move circlewise from the two sides of the lower leg to the knee. Repeat 3 times. (To treat thigh directly if the lower leg does not have too much fat.)</p> <p>35. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>36. Move in small circles on the whole thigh. Repeat 3 times</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat 3 times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>39. Vacuum RF: Treat the lower legs with techniques mentioned above. (The thigh can be treated directly if the</p>	
			<p>Technique 42</p> 
			<p>Technique 43</p> 

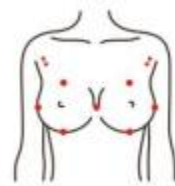
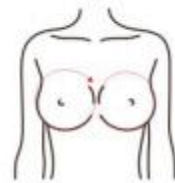
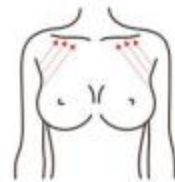
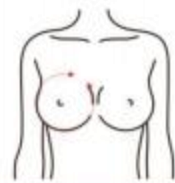
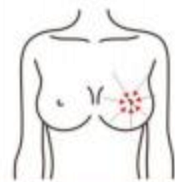

		<p>lower leg doesn't have excessive fat.)</p> <p>40. Lift one line after another from the knee to the thigh root. Repeat 3 times.</p> <p>41. Move in small circles on the thigh. Repeat 3 times.</p> <p>42. Lift one line after another from the two sides of the thigh to the middle. Repeat 3 to 5 times.</p> <p>43. Lift upwards and circlewise on the two sides of the thigh. Repeat 3 times.</p> <p>44. Do the same on the other side.</p> <p>45. Clean the treated part.</p> <p>46. Laser Pad: Fasten the laser pads onto the fat part for about 20 minutes.</p> <p>47. Remove the laser pads.</p> <p>48. Treatment is done.</p>	
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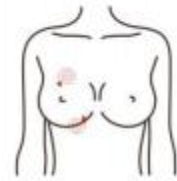


#### Course of Treatment Recommended:

A course of treatment includes ten times. After one-time treatment, legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and a sense of tightening can be felt obviously due to the contraction effect generated by skin collagen tissue. After two courses, legs turn slim and tightened, and it presents an evident effect. After three courses, the effect reinforces. Super RF and ultrasound stimulate skin dermis and produce collagen continuously, thus the curative effect becomes clearer.

#### Breasts Sculpting: 60 Minutes/ Once a Week

<b>Body RF</b> Advised Energy Level: 30 to 70%  Advised Time: 15 to 20 minutes  Mode: NOR/ PRO	Massage Cream(Essential Oil) + Instrument	1. Stand close to the head of a bed. With hands applying oil moving from Danzhong(RN17) till armpit and lift the suspensory ligament simultaneously. Repeat 3 times. 2. Press Danzhong(RN17), Ruzhong(ST17), Dabao(SP21), Yinchuang(ST16), Zhongfu(LU1), and Yunmen(LU2) with thumbs. Repeat 3 times. 3. Caress the treated part.	Technique 1  
			Technique 2

		<p>Repeat 3 times.</p> <p>4. Stroke an Arabic numerals 8-shape motion between Danzhong(RN17) and the breast with palms overlapped. Repeat 3 times.</p> <p>5. Lift from the accessory breast to suspensory ligament with hands doing it alternately. With the left first and the right after. Repeat 10 times.</p> <p>6. Caress the treated part. Repeat 3 times.</p> <p>7. Sit next to the client. With the left first and the right after, and caress and lift the breast with palms. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breast with hands' purlicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule parts of the breast with thumb moving circlewise and alternately. Repeat 3 times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. Body RF: With the left first and the right after. Coupled with hands, lifting from the bottom up to the nipple along the breast. Repeat 5 to 8 times.</p> <p>13. Caressing with hands, lifting downwards to the collarbone along breast drawing semi-circle. Repeat 5 to 8 times.</p> <p>14. Move in small circles dredging the parts with nodule. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side</p>	
			<p>Technique 4</p> 
			<p>Technique 5</p> 
			<p>Technique 7, 13</p> 
			<p>Technique 8, 12</p> 
			<p>Technique 9, 14</p> 

		<p>and with his arm lift up. Move the equipment circlewise on the accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast of the armpit to breast(for sculpting and removing accessory breast). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean it and treatment is done.</p>	
			<p>Technique 15</p> 
			<p>Technique 16</p> 
<p><b>Course of Treatment Recommended:</b></p> <p>A course of treatment consists of ten times.. After one-time treatment, the breast is heated which will accelerate blood circulation and will be lifted to a certain level. After a course, the effects will become more obvious and the nodule will be relieved. After three courses, the skin will become tightened, and the shaping will be reinforced, and the elasticity of the breast will be boosted, the internal secretion will be regulated, which makes women more charming.</p>			