

# User Manual Of CaVstorm Cavitation 3.0

Model: MS-23T1S



# Preface

Dear Users,

We're pleased to present to you our latest 3-in-1 integrated beauty machine known as CaVstorm model MS-23T1S, which combines Storm BIO & Photon, Vacuum & RF and Vacuum & Cavi technologies for body shaping and skin firming. It is a professional beauty machine, which needs to be operated by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

# Table of Contents

Preface
Part I
Introduction
Advantages
Working Principles
Body Management
(1). Working Principles
(2). Waist&Body Shaping
(3). Arm Shaping
(4). Back Shaping
(5). Hip Shaping
(6). Leg Shaping
(7). Breast Shaping
Part II
1. Detailed Operations
2. Technical Parameters
3. User Contraindications
4. Dos and Don'ts
5. Troubleshooting & Solutions
6. FAQs
7. Packing List
8. Simplified Treatment Steps
9. Operational Diagrams

# Part I

## Introduction

Storm BIO & Photon, Vacuum&RF and Vacuum&Cavi are among the most popular technology combinations for detoxing body, firming skin and shaping body, which can replace all body care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves body management problems for beauty-seekers. This equipment requires no injection, no medication, and no surgeries, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation in skin bottom, which can achieve the results of skin firming and anti-aging. The vacuum technology is used here to destroy fat mass and make skin more elastic to shape body. Specific-frequency ultrasonic wave works together with Storm BIO & Photon to target those parts with stubborn fat to bring customers amazing results.

## Advantages

1. 3-in-1 beauty machine which can provide care for many areas of human body.
2. Various working probes can be chosen to be used in different parts according to different needs.
3. It adopts the advanced technology of ultrasonic wave fat-burning.
4. The perfect combination of ultrasound and radio frequency solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthens one's constitution.
5. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no recovery period, which brings no inconvenience to customer's life and work.
6. No consumption, low cost and quick returns.
7. Wider treatment range and remarkable results.
8. Unevenness, bleeding, and swelling will not appear after treatment.
9. Single handpiece has several functions with higher energy level and even energy emitting to achieve more noticeable results.
10. Both probes have vacuum function. You can flexibly use the probes based on the treatment receivers' situation.
11. The probe also have the energy release of red LED light, which can dissolve fat and massage body, and accelerate metabolism and sterilize skin at the same time. It gives customers higher level of comfort with remarkable effects.

## Body Management

### (1). Working Principles

#### Vacuum&Cavi

**Cavitation 3.0:** CaVstorm can produce up to 40,000HZ ultrasonic wave, which can bring strong impact to adipose cells and make friction occur among them after entering human body and then effectively consume energy and water to shrink those cells. At the same time, those cells will burst due to such destruction. In this way, it can achieve the effect of reducing fat.

Tens of thousands of tiny bubbles, namely cavitation vacuums, are produced by vibration of liquid. These bubbles grow in the vacuum region formed by the longitudinal transmission of

ultrasound, which will close rapidly in the positive pressure region. Those bubbles are compressed and stretched by alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and some degree of vibration and noise will be produced.

**Advantages:** Cavitation 3.0 only targets low-density adipose tissue for its specific frequency, and cause no damages to high-density tissue such as vascular and nerve tissue.

**Vacuum:** Massaging skin and muscles with a special vacuum suction cup or head can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels, expel toxins from the body through the normal circulation of the lymphatic system, and reduce the probability of occurrence of adverse conditions such as spots, pigmentation and congestion in various parts of the body. The kneading sensation generated by vacuum suction can increase the tissue activity of skin and muscle, and therefore help to reduce tough tissue and increase the elasticity of skin tissue, so that both body slimming and shaping can be realized at the same time. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also promote the flow between deeper veins and lymphoid gland network to strengthen blood vessels and alleviate the condition of varicose veins.

**Advantages:** CaVstorm is superior to the previous vacuum working mode which is single and simple. Using different modes for different parts can be more efficient and more effective for slimming and shaping body, and it will never harm human body. Uniquely designed RF probe integrate RF and vacuum as a whole, in which RF and vacuum can exist independently and also are complementary to each other, which can help heat up skin and massage the area to promote metabolism to achieve expected effect more effectively.

## **Vacuum Physical Effects**

### **1. Skin layer**

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) It can drain excess water of lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### **2. Vascular layer**

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels for the capillary system, and also promote the flow between the deeper veins and lymphatic networks.
- (2) Remove harmful substance in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve the condition of varicose veins.

### **3. Fibrous layer**

The suction and release of air pressure:

It can deliver two kinds of effects in different tissues (including skin, muscle and so on).

- (1) Repair cells and increase their activity.
- (2) Restore and improve skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.
- (4) Improve the oxygen absorption of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, and make it more elastic so as to achieve the effect of body-shaping.

#### 4. Nerve layer

The suction and release of air pressure:

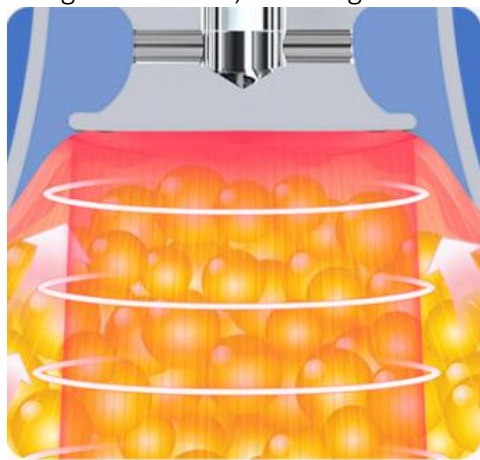
It stimulates the surface and deep layer of sympathetic nervous system.

(1) Lower the sensitivity of skin.

(2) Restore skin elasticity and help resist tissue fibrosis.

Effects: Repair cells and lower skin sensitivity.

**Advantage:** Vacuum and Cavitation 3.0 work together to reduce fat and massage the treated area, which can remove fat more quickly and efficiently. So, it can achieve the effects of promoting metabolism, reducing fat and shaping body.



#### Storm Vacuum & Cavi

It effectively consumes heat and cellular water, and contracts fat cells, thus achieving fat reduction. And vacuum directly reaches fat in deep skin layer, causes cells to generate heat, and stimulates fat burning.

### Vacuum&RF

**RF:** RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce heat to promote collagen growth by raising the temperature of the bottom layer of skin and heating tissue quickly and continuously. In this way, it can achieve the effects of firming, lifting and smoothing skin.

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#### **5. Nerve layer**

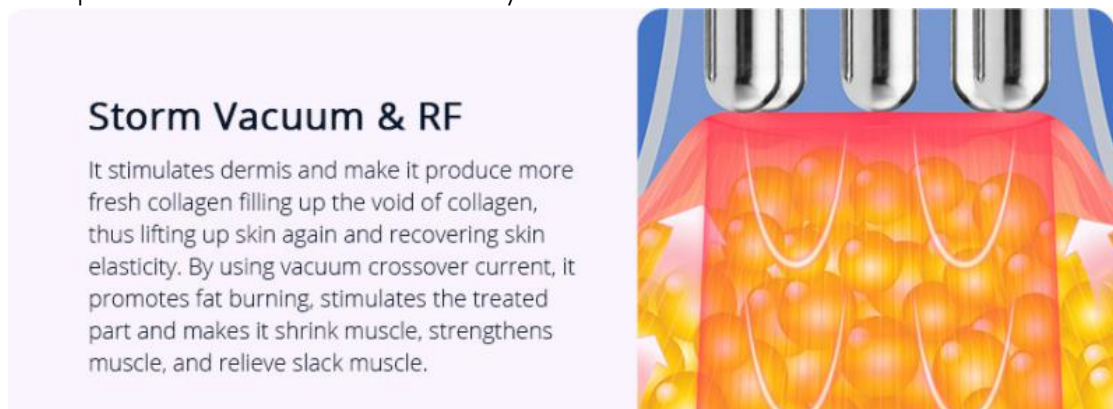
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### **Storm BIO & Photon**

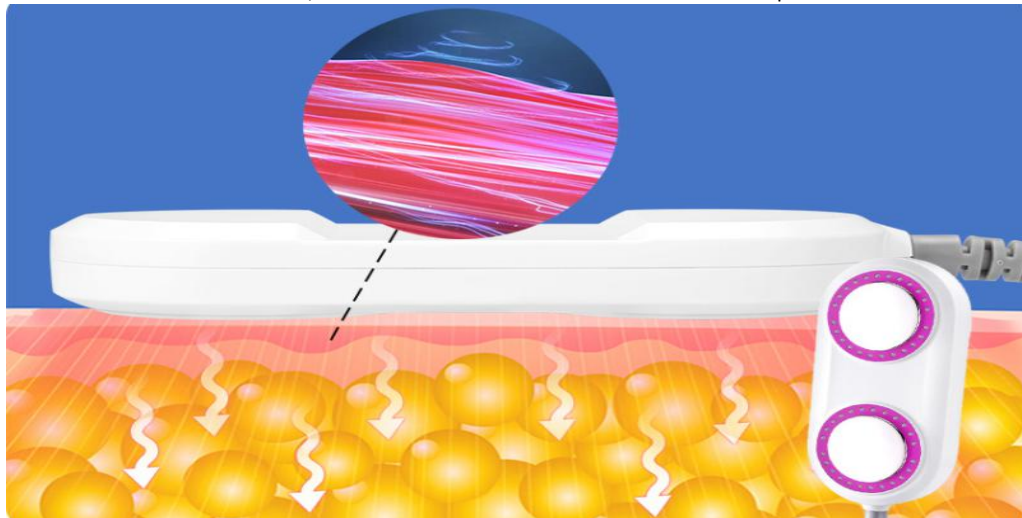
#### **Photon**

Based on photodynamics, this pad can activate deep cells and boost skin metabolism. After the light is absorbed by the skin, the light energy is converted into cellular energy, which can relax and strengthen the micro vessels and produce photochemical--enzymatic reactions with the skin

to increase the content of glycogen and protein. In this way, it promotes the metabolism and regeneration of cells.

### **Storm BIO**

By simulating biological electric current, this pad can unblock meridians and stimulate acupuncture points to help with fat removal. After penetrating through skin to reach muscular tissue, this electric current is able to stimulate ATP, the energy stored in cells. In this way, it can restore cellular normal functions, which then will help promote bodily metabolism and accelerate the removal of waste, harmful substances and retained liquids.



## **(2). Waist&Abdomen Shaping**

### **Effects**

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.
6. Relieve oedema and improve abdominal appearance

### **Applicable Range**

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after giving birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.
6. Those who suffer from oedema on abdomen after giving birth.

### **Inapplicable Range**

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.



## **Do's and Don'ts after Operation**

1. Avoid wearing crop tops and getting a cold.
2. Avoid eating and drinking too much. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism for weight loss.

## **(3). Arm Shaping**

### **Effects**

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

### **Applicable Range**

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children
6. Those who suffer from arm oedema.

### **Inapplicable Range**

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

## **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **(4). Back Shaping**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.

4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.
8. Enhance immunity

### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

### **Do's and Don'ts after Operation**

1. Keep warm, avoid getting a cold and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Do not wear shoulder-baring and backless clothes

## **(5). Hip Shaping**

Hip is located in the middle of human body, and are the key hub of qi and blood circulation of meridians. It is the main switch of six meridians and also the bridge connecting the qi and blood circulation of upper and lower parts of human body, which plays an important role in building S-shaped curve and promote female attractiveness.

### **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten vagina.
4. Maintain normal function of ovary, stimulate the secretion of glands, and make couple's relationship closer.
5. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

### **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.

3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are of advanced years.

### **Do's and Don'ts after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take a shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid getting a cold.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

## **(6). Leg Shaping**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Promote leg circulation and relieve oedema.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.

7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

## **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

## **(7). Breast Shaping**

### **Effects**

1. Correct breast shape and relieve accessory breasts
2. Relieve nodules on breasts, slight hyperplasia and distending pain in breasts.
3. Relieve outward expansion of breasts.
4. Relieve irregular menstruation, speckles on the face and the lack of elasticity.
5. Relieve breast atrophy, breast sagging and obstruction of lactiferous ducts.

### **Applicable Range**

1. Those who have accessory breast and unsatisfactory breast shape
2. Those who have nodules on breasts, slight hyperplasia and distending pain in breast during the menstruation
3. Those who have free fat, saggy breast and outward expansion of breasts
4. Those who have low immunity
5. Those who suffer from irregular menstruation, speckles on the face and lack of elasticity of breasts
6. Those who think that their breasts are underdeveloped, or who have postpartum breast atrophy, breast relaxation, blockage of lactiferous ducts and so on.

### **Inapplicable Range**

1. Patients with cardiovascular and cerebrovascular diseases, diabetes, abnormal blood coagulation and impaired function of important organs.
2. Those who are taking anticoagulants, vasodilators, corticosteroids and other drugs or who have been taking them for a long time.
3. Those with a focus of infection on the skin of the chest.
4. Patients with severe hyperplasia, fibroma and cyst of the chest
5. Those who are in pregnancy and lactation

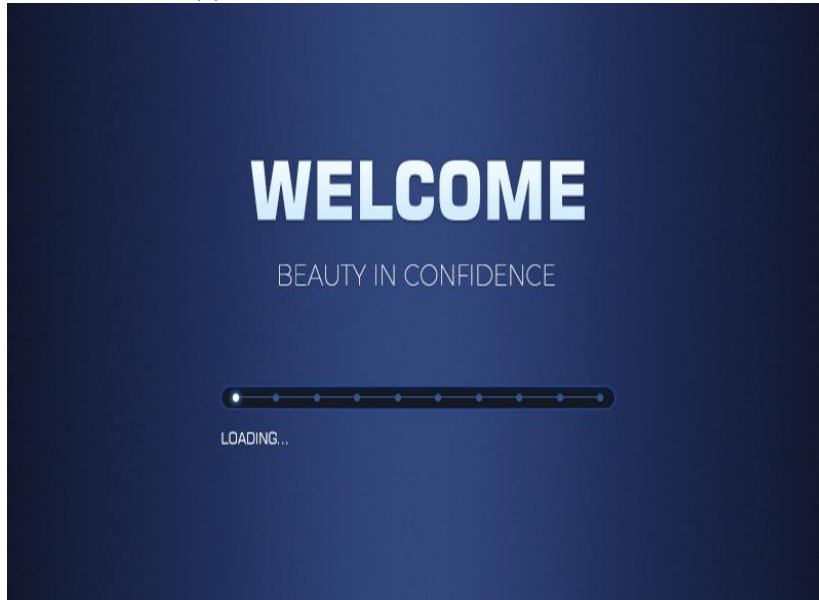
## **Do's and Don'ts after Operation**

1. Keep warm after operation. Do not eat cold food and do not get a cold.
2. Take shower in 4-6 hours
3. Drink more hot water to keep hydrated and speed up metabolism.
4. Do not overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear shaping and comfortable bras. Do not squeeze breasts too hard.

## Part II

### 1. Detailed Operation

After checking all are connected properly, plug and start the machine and then the starting interface will appear as below.



and the the following interface will appear.



### 1. Function Selection



time display and adjustment



button for decreasing time



button for increasing time



energy level display and adjustment



button for raising energy level



button for lowering energy level



start/stop button



home button



reset button



mode switch



Knob for adjusting suction. Adjust it based on individual endurance. Set it at the lowest level at the beginning and raise it after treatment receivers adapt.

## 2. Detailed Operation of Storm Vacuum&Cavi



choose **STORM VACUUM & CAVI** to enter the following interface



time display and adjustment



energy level display and adjustment



mode selection



M1 is constant working mode, suitable for those who have thick fat accumulation and need to reduce fat.



M2 is discontinuous working mode, suitable for those who have fat on some areas and want to shape body.



Suction time display and adjustment(suction time is longer than release time)



Release time display and adjustment(when it is "0", the handpiece is in state of constant suction.)



buttons for increasing or decreasing suction&release time

Please note: Vacuum function can work with Cavi function at the same time. You can also detach the vacuum cup and use Cavi function alone. Flexibly use this machine based on the customer's needs.

### 3. Detailed Operation of Storm Vacuum&RF



choose **STORM VACUUM & RF** to enter the following interface



time display and adjustment



energy level display and adjustment



mode selection



**NOR** is fixed mode. After pressing start button, the energy of the handpiece directly reaches preset level.



**PRO** is smart mode. After the handpiece touches skin, the energy of the handpiece slowly reaches preset level.





Suction time display and adjustment(suction time is longer than release time)



Release time display and adjustment(when it is "0", the handpiece is in state of constant suction.)



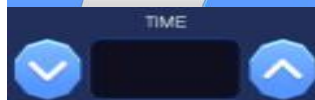
buttons for increasing or decreasing suction&release time

Please note: Storm Vacuum function can work with RF function at the same time. You can also detach the vacuum cup and use RF function alone. Flexibly use this machine based on the customer's needs.

#### 4. Detailed Operation of Storm BIO & Photon



choose STORM BIO & PHOTON to enter the following interface



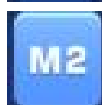
time display and adjustment



mode selection for BIO function



M1 is constant working mode. After the machine is started, it emits energy constantly



M2 is discontinuous working mode. After the machine is started, it emits energy

discontinuously



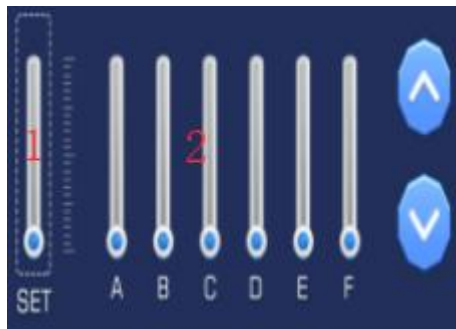
mode selection for PHOTON function



P1: the light is constantly on. Suitable for first-time users



P2: the light flashes. Suitable for those who want to maintain or consolidate after-treatment results.



energy level display and adjustment

1. When the “set” bar is chosen, you can adjust the energy level of all the six pads of STORM BIO & PHOTON simultaneously.
2. When you want to adjust the energy level of a certain pad of STORM BIO & PHOTON, you just need to choose corresponding bar, and then press the buttons on the rightmost side.

## 2. Technical Specifications

Power Supply Input: AC110V-220V 50HZ/60HZ  
Power: 100W  
Input Power: 100W  
Dimensions: 10.2\*9.44\*13 inches  
Net Weight: 7.4kg  
Gross Weight: 9.5kg

Storm Vacuum & RF Handpiece  
Frequency: 5MHz  
Power: 100W  
Vacuum: -73kPa  
Air flow: 10LPM  
Noise level: <60dB (30cm away)

Storm Vacuum & Cavi Handpiece  
Frequency: 40KHZ  
Power: 100W  
Vacuum: -73kPa  
Air flow: 10LPM  
Noise level: <60dB (30cm away)

Storm Bio & Photon  
Frequency: 1.5K  
Power: 18W

## 3. User Contraindications

People described as below should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.

2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are sensitive to micro electric currents.
8. Do not wear metal jewellery during the treatment.
9. Do not use this machine on the areas where there are metal, plastic or silicone implants.

#### **4. Dos and Don'ts**

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of using the electrical products.
10. Use machine or train machine operators in strict accordance with instructions in the user manual.
11. When the treatment receiver is taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if the treatment receiver want to use this machine immediately.
12. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. During operation, the instrument should be in full contact with the skin to avoid causing damages to skin.
14. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.
15. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.
16. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.
17. The handpiece should not stay on the same area of skin for over 5 seconds in case it burns skin.
18. Cavi function should not be used on head, chest, breast, bone, heart and back.
19. It is recommended that you should not use this machine for 2 straight hours. When you use it for 2 hours, you should turn it off and unplug it and restart it after 10-30 minutes.

20. Make sure the handpiece touches skin after the machine is turned on to avoid dry heating.

## **5. Troubleshooting & Solutions**

### **1. The instrument cannot be started, and the button light on the back of the instrument does not work?**

- A. Make sure the power cord is connected to the socket with normal power supply.
- B. Whether the fuse on the back of the instrument is loose or blown.

### **2. No RF output from the instrument?**

- A. Please check whether the cord connects the handpiece to the machine properly
- B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handpiece and human body to cause this problem.

### **3. Weakened RF output?**

- A. Please check whether the cord connects the handpiece to the machine properly
- B. Please check whether non-conductive grease and other substances are on the treatment handpiece, which can cause poor contact between the handpiece and skin to weaken the output.
- C. Please check whether the skin care product used is specified by this machine.

### **4. No suction or very little suction?**

- A. Please turn off the instrument and check whether the filter used in the instrument should be replaced
- B. Please check the rubber seal in the handpiece, because the rubber seal may be worn to cause air leakage.
- C. Please check whether the cup containing the filter is screwed tight and whether the rubber seal is worn, for air leakage may lead to poor air pressure.
- D. If the methods above cannot solve this problem, please contact the instrument dealer for assistance.

### **5. I can start the instrument, but the screen shows erroneous message?**

- A. Please unplug the power cord behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

## **6. FAQs**

### **1. Q: How long can I start seeing results of RF treatment?**

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

### **2. Q: Is RF harmful to skin?**

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

**3. Q: How long does the body-firming treatment take?**

A: One treatment session is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

**4. Q: What functions does this instrument have?**

A: It has the functions of dissolving fat and shaping body, smoothing&rejuvenating skin, firming & lifting skin. In terms of body care, it can reduce localized fat, build S-shaped curve, and promote metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and solve sub-health problems.

**5. Q: Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

**6. Q: Will I regain weight after operation?**

A: Ultrasound works to dissolve fat to reduce weight, and users are not prone to regain their weight. Because what's dissolved through ultrasonic treatment is fat, not water. Fat needs a longer period of time to accumulate, so normally people will not regain weight.

**7. Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment work to dissolve fat and accelerate metabolism. It's best to avoid eating spicy, oily, or fried food in case they affect regular metabolism. Proper workout for sweating helps with fat metabolism process. In such way, the results will be more noticeable.

**8. Q: Does it have side effects on the body?**

A: RF beauty treatment is non-invasive and is one of the most effective and the safest approach to remove wrinkles and shape body. Generally speaking, side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after treatment, which will disappear after three days because collagen regeneration will make skin plump up though RF heat can cause moisture loss of skin. Overall, there are no side effects on people's health.

**9. Q: Can ultrasound treatment be performed on every part of the body?**

A: Ultrasound treatment works to rupture fat cells, by which fat is released from cells and then metabolized through lymphatic system. So its power is very high. Heart is sensitive to high frequency sound waves since it is a hollow organ. After being vibrated by sound waves, the heart will reflect the waves due to the different transmission of sound waves by the muscle tissue and the blood in the heart. This force can pull valves away from the heart muscle. If you use the instrument on eyes, it can lead to retinal detachment, so the ultrasound treatment should not be performed on the areas of eyes and heart. (not on the areas of waist, back and chest)

**10. Q: Does ultrasound treatment have side effects on human body?**

A: Ultrasonic beauty treatment is non-surgical and non-invasive program without anaesthesia. It relies on ultrasound (mechanical sound wave) - dissolve fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets low-density fat cells but leaves high-density tissue like blood vessels intact, and therefore has no side effects on human body. Slight tinnitus will probably occur

during the treatment, which is within normal range. So there's no need to worry about that.

**11. Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

**12. Q: Why do I need hip treatment?**

A: Because it can help detox body through lymphatic system, relieve gynecological diseases, and protect women from harms brought by buttock blockage. Hip blockage will bring about gynecological conditions for the fact that hips are the areas where many important organs of human body exist. If hips suffer from the squeeze of upper and lower energizer meridians, they will be vulnerable to cold, damp and blood stasis. When hips are affected by cold, hip meridian contraction will occur, and then there will be some symptoms such as dysmenorrhea, irregular menstruation, dark menses, blood clot, blood and meridian blockage. It also affects women's fertilization.

**13. Q: How does vacuum detoxify?**

A: Vacuum can cause capillary congestion, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, which can promote skin breathing, increase the amount of skin oxygen, and speed up waste removal. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging meridians and collaterals, clearing toxins, dissipating heat and so on.

## **7. Packing List**

1x Machine Body  
1x Storm Vacuum & Cavi Handpiece  
1x Storm Vacuum & RF Handpiece  
6x Storm Bio & Photon Pads  
2x Filter  
1x Power Cord  
2x Fuse  
1x Set Holder  
1x Set Belt  
1x (pack)Filter Cotton

## **8. Simplified Treatment Steps**

### **Abdomen&waist/arm/leg/hip**

1. Pour oil on both hands
2. Massage techniques
3. RF treatment
4. STORM VACUUM & CAVI treatment
5. STORM VACUUM & RF treatment
6. Wrap the strap around the treatment area
7. Fix the STORM BIO & PHOTON handpiece in the strap
8. Wipe the area clean after treatment

Needed skin products: essential oil, gel, RF cream

Other tool: strap

### Back

1. Pour oil on both hands
2. Massage techniques
3. RF treatment
4. STORM VACUUM & RF treatment
5. Wrap the strap around the treatment area
6. Fix the STORM BIO & PHOTON handpiece in the strap
7. Wipe the area clean after treatment

Needed skin products: essential oil, gel, RF cream

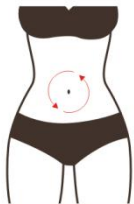
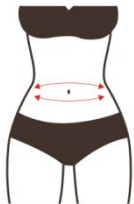

Other tool: strap

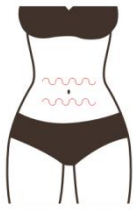





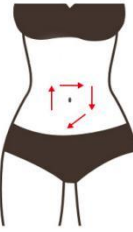
### Breast

1. Pour oil on both hands
2. Massage techniques
3. RF treatment

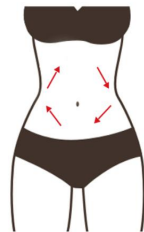

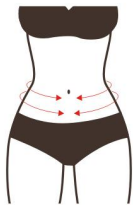
Needed skin products: essential oil/massage cream


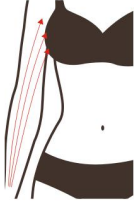



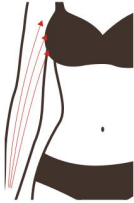
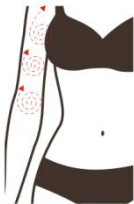
## 9. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
<b>Waist&amp;Abdomen Shaping: 60 min once a week</b>			
<b>RF</b> Time: about 5 min  Mode: NOR PRO  Energy level: 3-7  <b>Storm Vacuum&amp;Cavi</b> Time: 10-15 min  CAVI mode M1: constant working mode M2: discontinuous working mode	Essential oil(massage cream)+gel+MS-23T1S	<ol style="list-style-type: none"><li>1. Rub oil into abdomen with hands moving in circular motion, 3 times.</li><li>2. Rub abdomen back and forth with both hands, 3-5 times.</li><li>3. Knead abdomen with both hands using chiropractic technique, 3 times.</li><li>4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</li><li>5. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3</li></ol>	<p>Technique1, 7, 10</p>  <p>Technique2</p>  <p>Technique3</p> 

<p>CAVI energy level: 3-7</p> <p>Vacuum Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm Vacuum&amp;RF</b> Time: 10-15 min</p> <p>RF mode: NOR mode PRO mode</p> <p>RF energy level: 3-7</p> <p>Vacuum: Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm BIO &amp; Photon</b> Time: 10-15min</p> <p>BIO mode: M1: constant working mode M2: discontinuous working mode</p> <p>PHOTON mode: P1: light is constantly on P2: light flashes</p> <p>Energy level: 3-7</p>		<p>times.</p> <p>6. Overlap hands and massage the intestinal canal clockwise, 3 times.</p> <p>7. Move hands in circular motion to soothe the treatment area, 3 times.</p> <p>8. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, 2 times.</p> <p>9. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times.</p> <p>10. Soothe the treatment area with hands and then slide to groin.</p> <p>11. <b>RF</b> operation: move the handpiece slowly along ascending colon, transverse colon and descending colon to rectum,3-5 times.</p> <p>12. Move the handpiece in rhombus-shaped motion on abdomen, 3-5 times</p> <p>13. Move the handpiece up and down on waist side, 3- 5 times.</p> <p>14. Use the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>15. Use one hand and the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>16. <b>Storm Vacuum&amp;Cavi</b> operation: move the handpiece slowly along ascending colon, transverse colon and descending colon to rectum,3-5 times.</p> <p>17. Move the handpiece in rhombus-shaped motion on abdomen, 3-5 times</p> <p>18. Move the handpiece up and down on waist side, 3- 5 times.</p>	 <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p>  <p>Technique11, 16</p>  <p>Technique12, 17</p>
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		<p>19. Use the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>20. Use one hand and the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>21. <b>Storm Vacuum&amp;RF</b> operation: starting from one side of the waist, lift the handpiece to abdomen and groin, 3 times.</p> <p>22. Repeat the previous operation on the other side, 3 times.</p> <p>23. Suction&amp;release mode, move the handpiece slowly on abdomen, 3 times.</p> <p>24. Constant suction mode, move the handpiece up and down to shape waist, 3-5 times.</p> <p>25. Use one hand and the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>26. <b>Storm BIO &amp; Photon</b> operation: apply gel, fix the BIO &amp; PHOTON pads on the acupuncture points of Tianshu(ST25) and Daheng(SP15) of abdomen, and wait for about 15 minutes.</p> <p>27. Remove the pads</p> <p>28. Wipe the area clean with towel, the end.</p>	 <p>Technique13, 18, 24</p>  <p>Technique14, 15, 19, 20, 25</p> 
<p><b>Treatment Suggestions</b></p> <p>A course of treatment consists of ten treatment sessions. After one treatment session, metabolism will be accelerated. After one course, fat will be slowly metabolized, fat on abdomen will start to be reduced. Constipation and other conditions will be relieved at the same time. After two courses, the effects will gradually become obvious with skin tightened and lifted. Three courses will help consolidate the effects. Unwanted fat will gradually disappear, and waist and abdomen curves will start to take shape.</p>			
<p><b>Arm Shaping: 60 min once a week</b></p>			

<p><b>RF</b> Time: about 5 min</p> <p>Mode: NOR PRO</p> <p>Energy level: 3-7</p> <p><b>Storm Vacuum&amp;Cavi</b> Time: 10-15 min</p> <p>CAVI mode M1: constant working mode M2: discontinuous working mode</p> <p>CAVI energy level: 3-7</p> <p>Vacuum Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm Vacuum&amp;RF</b> Time: 10-15 min</p> <p>RF mode: NOR mode PRO mode</p> <p>RF energy level: 3-7</p> <p>Vacuum: Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm BIO &amp; Photon</b> Time: 10-15min</p> <p>BIO mode:</p>	<p>Essential oil(massage cream)+gel+MS-23T1S</p>	<ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times.</li> <li>4. Soothe the area, 3 times</li> <li>5. Rub three main collateral channels on arms with kneeling finger back and forth till they turn hot, 3 times.</li> <li>6. Soothe the area, 3 times</li> <li>7. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit with thumbs and index fingers splaying, 3 times respectively.</li> <li>8. Rub three meridians back and forth with bending fingers to warm them up, 3 times.</li> <li>9. Soothe the area and slide to fingers</li> <li>10. The end</li> <li>11. Repeat the operation on the other arm.</li> <li>12. <b>RF</b> operation: lay customer's arm flat, push from fat part of lower arm along three meridians to armpit, 5-8 times.</li> <li>13. Move the handpiece in spiral curve on upper arm</li> </ol>	<p>Technique1</p>  <p>Technique2, 3, 4, 5, 6</p>  <p>Technique7</p>  <p>Technique8, 16, 18, 24, 26</p>  <p>Technique9</p>  <p>Technique12, 15, 20, 23</p>  <p>Technique13, 14, 21, 22, 32</p> 
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<p>M1: constant working mode M2: discontinuous working mode</p> <p>PHOTON mode: P1: light is constantly on P2: light flashes</p> <p>Energy level: 3-7</p>		<p>towards armpit, 5-8 times. 14. Repeat the operation on flabby area, 3 times. 15. Move the handpiece along three meridians to armpit, 3 times. 16. Let inner side of arm face upwards and push three meridians on upper arm to armpit, 3 times. 17. Move the handpiece in spiral curve on fat area of upper arm towards armpit, 3 times. 18. Move the handpiece back and forth on the fat area of upper arm, 5-8 times. 19. Repeat the techniques above on the other arm. 20. <b>Storm Vacuum&amp;Cavi</b> operation: lay customer's arm flat, push from fat part of lower arm along three meridians to armpit, 5-8 times. 21. Move the handpiece in spiral curve on upper arm towards armpit, 5-8 times. 22. Repeat the operation on flabby area, 3 times. 23. Move the handpiece along three meridians to armpit, 3 times. 24. Let inner side of arm face upwards and push three meridians on upper arm to armpit, 3 times. 25. Move the handpiece in spiral curve on fat area of upper arm towards armpit, 3 times. 26. Move the handpiece back and forth on the fat area of upper arm, 5-8 times. 27. Repeat the techniques above on the other arm. 28. <b>Storm Vacuum&amp;RF</b> operation: 29. Let customer lay her</p>	
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		<p>arm flat, move the handpiece back and forth on upper arm, 5-8 times.</p> <p>30. Move the handpiece in spiral curve on upper arm, 5-8 times.</p> <p>31. Let the inner side of arm face upwards, move the handpiece on the inner side of upper arm up and down, 5-8 times.</p> <p>32. Move the handpiece in small spiral curve on the the inner side of upper arm, 5-8 times.</p> <p>33. <b>Storm BIO &amp; Photon</b> operation: apply gel, fix the BIO &amp; PHOTON pads on the acupuncture points of Binao(LI14) and Shousanli(LI10) of arm, and wait for about 15 minutes.</p> <p>34. Remove the pads.</p> <p>35. Wipe the area clean with towel, the end.</p>	
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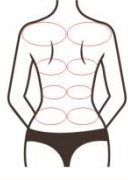


#### Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. After one course of treatment, excessive fat on arms will be reduced and the skin will appear to be tight and plump. Two courses of treatment will help shape arms, dredge meridians, and enhance constitution to strengthen the effects. 3 courses will help consolidate effects and prevent arms from regaining fat.

### Back Shaping: 60 min once a week

<p><b>RF</b> Time: about 5 min</p> <p>Mode: NOR PRO</p> <p><b>Storm Vacuum&amp;RF</b> Time: 10-15 min</p> <p>RF mode: NOR mode PRO mode</p> <p>RF energy level: 3-7</p>	<p>Essential oil+RF cream+gel+MS-23T1S</p>	<ol style="list-style-type: none"> <li>1. Massage techniques</li> <li>2. Apply oil to back and press GB-20 and DU-16 acupoints.</li> <li>3. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times</li> <li>4. Move thumb outwards from Bladder Meridian(BL) to the Baliao area and then to GB-20 and DU-16 points.</li> <li>5. Starting from neck to caudal vertebra, move hands in an undulating line,</li> </ol>	<p>Technique2, 11</p>  <p>Technique3</p>  <p>Technique4</p>
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<p>Vacuum: Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm BIO &amp; Photon</b> Time: 10-15min</p> <p>BIO mode: M1: constant working mode M2: discontinuous working mode</p> <p>PHOTON mode: P1: light is constantly on P2: light flashes</p> <p>Energy level: 3-7</p>	<p>3 times.</p> <p>6. Push Bladder Meridian(BL) with thumb in left-right order, 3 times.</p> <p>7. Push Bladder Meridian(BL) to the Baliao Area with both thumbs, at the same time, 3 times.</p> <p>8. Push Bladder Meridian(BL) in three lines with bending fingers, 3 times.</p> <p>9. Push along medial border of scapula with both hands alternately in left-right order, 3-6 times.</p> <p>10. Push along medial border of scapula with both hands horizontally, 3-6 times.</p> <p>11. Soothe the back with both hands and push GB-20 and DU-16 points, 3 times.</p> <p>12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times.</p> <p>13. Do the same on the other side, 3 times</p> <p>14. Rub Meridian GV and Bladder Meridian(BL) with hands to warm them up.</p> <p>15. The end.</p> <p>16. <b>RF</b> operation: move handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</p> <p>17. Move handpiece in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</p> <p>18. Move handpiece back and forth on Dabanjing(the area connecting neck and shoulder)from neck, 3-5 times.</p> <p>19. Lift the handpiece along the medial border of scapula back and forth in left-right order, 3-5 times.</p>	<div data-bbox="1177 197 1305 376"></div> <div data-bbox="1114 392 1268 425">Technique5</div> <div data-bbox="1177 443 1305 622"></div> <div data-bbox="1114 631 1380 665">Technique6, 7, 8, 14</div> <div data-bbox="1177 683 1305 862"></div> <div data-bbox="1114 871 1316 904">Technique9, 19</div> <div data-bbox="1177 922 1305 1102"></div> <div data-bbox="1114 1111 1284 1144">Technique10</div> <div data-bbox="1177 1162 1305 1341"></div> <div data-bbox="1114 1350 1332 1384">Technique12, 13</div> <div data-bbox="1177 1402 1305 1581"></div> <div data-bbox="1114 1590 1332 1624">Technique16, 23</div> <div data-bbox="1177 1641 1305 1821"></div> <div data-bbox="1114 1830 1332 1863">Technique17, 24</div> <div data-bbox="1177 1881 1305 2060"></div> <div data-bbox="1114 2069 1332 2103">Technique18, 25</div>
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		<p>20. Move the handpiece in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>21. Move the handpiece in an undulating line upwards from left side of waist first and then the right side to armpit, 3 times.</p> <p>22. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>23. <b>Storm Vacuum&amp;RF</b> operation: move handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the Baliao area, 3-5 times.</p> <p>24. Move handpiece in circles on DU-14 point and on the Baliao area, 3-5 times respectively.</p> <p>25. Move handpiece back and forth on Dabanjing(the area connecting neck and shoulder)from neck, 3-5 times.</p> <p>26. Lift the handpiece along the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>27. Move the handpiece in an 8-shaped motion downwards to Baliao area, 3 times.</p> <p>28. Move the handpiece in an undulating line upwards from left side of waist first and then the right side to armpit, 3 times.</p> <p>29. Move the cup upwards from waist side to armpit, 3-5 times</p> <p>30. <b>Storm BIO &amp; Photon</b> operation: apply gel, fix the BIO &amp; PHOTON pads on the acupuncture points of Bingfeng(SI12) and Tianzong(SI11) of back, and wait for about 15 minutes.</p> <p>31. Remove the pads.</p>	 <hr/> <p>Technique20, 27</p>  <hr/> <p>Technique21, 28</p>  <hr/> <p>Technique22, 29</p>  <hr/>
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		32. Wipe the area clean with towel, the end.	
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### Treatment Suggestions

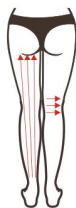

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, neck stiffness will also be alleviated, and skin will be lifted. A course will help relax shoulder, reduce back fat, relieve the lump on the nape of the back, and shape back line. After two courses, the lump will appear to be smaller, meridians will be dredged, sub-health problems will be relieved and sleep quality will be improved. 3 courses will help with back thinning, back line refinement, strengthening visceral function, improving digestion, detoxification and metabolism(one course of treatment is to reduce fat, two courses are to strengthen effects, and three courses help consolidate effects and prevent reappearance of above conditions).

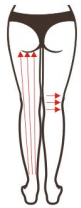




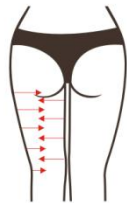
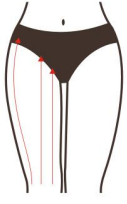
## Hip Shaping: 60 min once a week


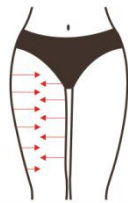


<b>RF</b> Time: about 5 min  Mode: NOR PRO  Energy level: 3-7  <b>Storm Vacuum&amp;Cavi</b> Time: 10-15 min  CAVI mode M1: constant working mode M2: discontinuous working mode  CAVI energy level: 3-7  Vacuum Time can be flexibly adjusted. When	Massage cream+gel+MS-23T1S	1. Massage techniques 2. Standing on the side, rub oil into skin by sliding to the waist from the Baliao area and then lift up along the hips from the waist, 3 times (this is soothing technique.) 3. Push the Baliao area with two thumbs, 3 times. 4. Soothe the treatment area for 3 times and then press point: BL-23, Baliao area, DU-1, GB-30, BL-36, 3 times. 5. Soothe the treatment area, 3 times. 6. Left-right order, both hands push from the root of the thigh in bottom-to-top way -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV, 3 times each.	Technique2, 5, 11  Technique3  Technique4  Technique6, 14, 17, 20, 23
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<p>release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm Vacuum&amp;RF</b> Time: 10-15 min</p> <p>RF mode: NOR mode PRO mode</p> <p>RF energy level: 3-7</p> <p>Vacuum: Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm BIO &amp; Photon</b> Time: 10-15min</p> <p>BIO mode: M1: constant working mode M2: discontinuous working mode</p> <p>PHOTON mode: P1: light is constantly on P2: light flashes</p> <p>Energy level: 3-7</p>	<p>7. Push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB)from thigh root to Meridian upwards, 3 times each.</p> <p>8. Overlap both palms and push up together from thigh root to pulse (lifting), 3 to 5 times.</p> <p>9. Push your hands upwards from both sides of your hips to the top of your hips(shaping) back and forth, 3 times.</p> <p>10. Repeat step 6</p> <p>11. Soothe the treatment area.</p> <p>12. The techniques on the other side is the same as above.</p> <p>13. The end.</p> <p>14. <b>RF</b> operation: lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>15. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>16. Move in small circles on hip, 3-5 times</p> <p>17. Lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>18. Lift upwards from both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. <b>Storm Vacuum&amp;Cavi</b> operation: lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>21. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>22. Move in small circles on hip, 3-5 times</p>	<div data-bbox="1171 197 1315 376"></div> <p>Technique7, 10</p> <div data-bbox="1171 439 1315 618"></div> <p>Technique9, 15, 21, 18, 24</p> <div data-bbox="1171 714 1315 893"></div> <p>Technique16, 22</p> <div data-bbox="1171 956 1315 1135"></div>
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		<p>23. Lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>24. Lift upwards from both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. <b>Storm Vacuum&amp;RF</b> operation: the steps are the same with Vacuum&amp;Cavi operation.</p> <p>27. <b>Storm BIO &amp; Photon</b> operation: apply gel, fix the BIO &amp; PHOTON pads on the acupuncture point of Huantiao(GB30), and wait for about 15 minutes.</p> <p>28. Remove the pads.</p> <p>29. Wipe the area clean with towel, the end.</p>	
<p><b>Treatment Suggestions</b></p> <p>One course of treatment consists of 10 treatment sessions. After one treatment, buttocks will experience the sensations of being heated and lifted. After one course of treatment, buttocks start to show obvious curve lines, excessive fat begins to disappear slowly, and skin appears to be tightened. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are relieved, which can help consolidate the effect to make females more attractive.</p>			
<p><b>Leg Shaping: 70 min once a week</b></p>			
<p><b>RF</b> Time: about 5 min</p> <p>Mode: NOR PRO</p> <p>Energy level: 3-7</p> <p><b>Storm Vacuum&amp;Cavi</b> Time: 10-15 min</p> <p>CAVI mode M1: constant working mode M2: discontinuous</p>	<p>Essential Oil(massage cream)+gel+MS-23T1S</p>	<p>1. Customer lies on his front, back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times</p> <p>2. Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times</p> <p>3. Move hands upwards to push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with thumb and index finger splaying.</p> <p>4. Push popliteal fossa with</p>	<p>Technique1, 2, 3, 4, 7</p>  <p>Technique5</p>  <p>Technique12, 18</p>

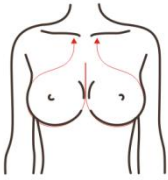
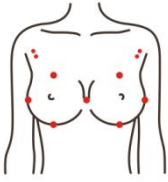
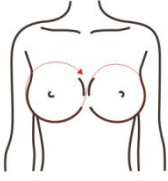
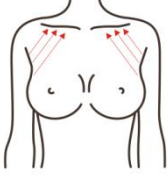
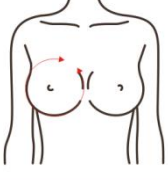
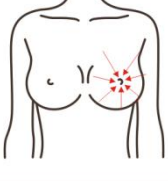

<p>working mode</p> <p>CAVI energy level: 3-7</p> <p>Vacuum Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm Vacuum&amp;RF</b> Time: 10-15 min</p> <p>RF mode: NOR mode PRO mode</p> <p>RF energy level: 3-7</p> <p>Vacuum: Time can be flexibly adjusted. When release time is 0, the handpiece is at the state of constant suction.</p> <p><b>Storm BIO &amp; Photon</b> Time: 10-15min</p> <p>BIO mode: M1: constant working mode M2: discontinuous working mode</p> <p>PHOTON mode: P1: light is constantly on P2: light flashes</p> <p>Energy level: 3-7</p>		<p>both hands alternately, 3 times.</p> <p>5. Move both hands upwards alternately in undulating motion, 3 times.</p> <p>6. Soothe the area, 3 times</p> <p>7. Push four meridians upwards with bending fingers of both hands, 3 times.</p> <p>8. Soothe the area, 3 times</p> <p>9. Repeat the operation on the other side.</p> <p>10. Wipe the treatment area clean with hot towel, 2 minutes.</p> <p>11. Apply gel evenly to the treatment area, 2 minutes.</p> <p>12. <b>RF</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>13. Move in small spiral curve on calf to dissolve fat, 3 times</p> <p>14. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>15. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>16. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>17. Push meridians from popliteal fossa to the top of thigh, 3 times.</p> <p>18. <b>Storm Vacuum&amp;Cavi</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p>	 <p>Technique13, 19</p>  <p>Technique14, 18, 24</p>  <p>Technique15, 17, 21, 23, 25</p>  <p>Technique16, 22, 26</p>  <p>Technique27</p>  <p>Technique28, 29, 30, 31, 32</p>  <p>Technique33, 35, 40, 42, 47</p>
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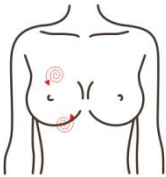


		<p>19. Move in small spiral curve on calf to dissolve fat, 3 times</p> <p>20. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times.</p> <p>21. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>22. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>23. Push meridians from popliteal fossa to the top of thigh, 3 times</p> <p>24. <b>Storm Vacuum&amp;RF</b> operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>25. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>26. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>27. Use the handpiece and one hand to lift from both sides of thigh to the middle line by line, 3-5 times.</p> <p>28. The front of leg, customer lies on her back: rub oil into skin from foot to the top of thigh (soothing technique), 3 times.</p> <p>29. Alternate heels of both palms to push leg towards the top of thigh, 3 times</p> <p>30. Push four meridians: Spleen Meridian (SP) - Stomach Meridian (ST) - Liver Meridian(LV) -</p>	 <p>Technique36, 43, 48</p>  <p>Technique37, 44, 49</p>  <p>Technique38, 45, 50</p> 
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		<p>Gallbladder Meridian(GB) to the top of thigh with thumb and index finger splaying.</p> <p>31. Push four meridians with bending fingers of both hands, 3 times.</p> <p>32. <b>RF</b> operation: lift along the four meridians from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>33. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>34. Lift from knee to the top of thigh line by line, 3 times</p> <p>35. Move in small circles on thigh, 3 times.</p> <p>36. Lift from the two sides of thigh to the middle with one hand and the handpiece, 3 times</p> <p>37. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>38. Lift from knee to the top of thigh line by line, 3 times.</p> <p>39. <b>Storm Vacuum&amp;Cavi</b> operation: lift along the four meridians from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>40. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>41. Lift from knee to the top of thigh line by line, 3 times</p>	
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		<p>42. Move in small circles on thigh, 3 times.</p> <p>43. Lift from the two sides of thigh to the middle with one hand and the handpiece, 3 times</p> <p>44. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>45. Lift from knee to the top of thigh line by line, 3 times.</p> <p>46. <b>Storm Vacuum&amp;RF</b> operation: lift from knee to the top of thigh line by line, 3 times</p> <p>47. Move in small circles on thigh, 3 times.</p> <p>48. Lift from the two sides of thigh to the middle with one hand and the handpiece, 3 times</p> <p>49. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>50. Lift by moving the handpiece from knee to the top of thigh line by line, 3 times.</p> <p>51. Do the same on the other side.</p> <p>52. <b>Storm BIO &amp; Photon</b> operation: apply gel, fix the BIO &amp; PHOTON pads on the acupuncture points of Fengshi(GB31) and Zusanli(ST36), and wait for about 15 minutes.</p> <p>53. Remove the pads.</p> <p>54. Wipe the area clean with towel, the end.</p>	
<p><b>Treatment Suggestions</b></p> <p>A course of treatment consists of ten treatment sessions. After one treatment, leg will be relaxed, and circulation will be accelerated. After one course of treatment, leg will become thin, there will be contraction of skin collagen due to thermal effect, and tightening effect can be obviously felt on the skin. After 2 courses of treatment, there will be obvious results with the slimness and firmness of legs promoted. 3 courses will help consolidate the effects. This treatment can stimulate dermis to promote constant collagen regeneration. So the treatment results will be more obvious.</p>			

## Breast Shaping: 60 min once a week

<p><b>Storm Vacuum&amp;RF</b> (Detach the vacuum cup, use RF function alone.)</p> <p>Time: 15-20 min</p> <p>Energy level: 3-7</p> <p>RF mode: NOR PRO</p>	<p>Massage Cream(Essential Oil)+MS-23T1S</p>	<ol style="list-style-type: none"> <li>1. Standing at the bedside, use both hands to rub oil into skin from Shanzhong(RN17) to armpit and then lift the suspensory ligament (massage) for 3 times.</li> <li>2. Use both thumbs to press acupoints: Shanzhong(RN17), Rugen(ST18), Dabao(SP21), Yingchuang(ST16), Zhongfu(LU1), Yunmen(LU2) 3 times</li> <li>3. Massage the area, 3 times</li> <li>4. Overlap two palms and move from Shanzhong(RN17) in a 8-shaped motion back and forth, 3 times</li> <li>5. Alternate hands to push from accessory breast towards suspensory ligament, in left-right order</li> <li>6. Massage the area, 3 times</li> <li>7. Sit beside the customer, use both palms to massage and lift breasts in a left-right order, 3-5 times</li> <li>8. Alternately push the lactiferous ducts (around the breast) with thumbs and index fingers splaying 3-5 times</li> <li>9. Alternately move in circles with two thumbs to dredge nodules on the chest, 3 times</li> <li>10. Massage and lift breast with both hands</li> <li>11. Repeat the techniques on the other breast.</li> <li>12. <b>RF operation:</b> left-right order, lift towards nipple</li> </ol>	<p>Technique1</p>  <p>Technique2</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique7, 13</p>  <p>Technique8, 12</p>  <p>Technique9, 14</p> 
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		<p>around breast in conjunction with soothing technique of the other hand, 5-8 times</p> <p>13. Lift in circles on the breast towards collarbone in conjunction with soothing technique of the other hand, 5-8 times</p> <p>14. Move in small circles to dredge the area where nodules exist, 3-5 times</p> <p>15. Treatment receiver lies on her side and lift up her arm, move the handpiece in circular motion on accessory breast to burn fat, 5-8 times.</p> <p>16. Push the handpiece from the accessory breast in the armpit to breast(shaping and narrowing the accessory breast) 5-8 times</p> <p>17. Repeat the techniques on the other side.</p> <p>18. Wipe breasts clean with towel, the end.</p>	 <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>  <hr/>
<p><b>Treatment Suggestions</b></p> <p>One course of treatment consists of ten treatment sessions. After one treatment, there will be sensation of being heated on the breast, blood circulation will be promoted and there will be some degree of lifting effect. After one course, the effect will be more obvious and the nodules will be relieved. After three courses, the skin will be firmed and the breast will be well shaped with increased elasticity. The functions of endocrine system will be improved to make females more attractive.</p>			