

User Manual

LY-54K3



Preface

To our valued users,

Thanks for choosing our latest product: 4-in-1 integrated beauty equipment. This newest instrument for slimming and tightening skin combines 40k, Body RF, Face RF, and Eye RF. LY-54K3 is professional beauty equipment, which needs to be operated by people with professional training. Any improper use of this equipment may bring adverse consequences to the body. Thus we advise all people to read this manual thoroughly and strictly follow the instructions specified before operation.

We believe our quality product will give you a good return and our perfect after-sales service will make you worry-free.

Thank you.

Table of Contents

Preface
Part I
Introduction
Advantages
Working Principle
Face/ Eye/ Neck Management Anti-aging Facial & Skin Tightening Under-Eye Wrinkles Removal Neck Maintenance
Body Management Waist & Abdomen Sculpting Arm Sculpting Back Sculpting Leg Sculpting Buttock Sculpting Breast Sculpting
Part II
Detailed Operations
Technical Parameters
Precautions on Use
Troubleshooting
FAQs
Packing List
Simplified Operating Steps
Operational Diagrams

Part I

1. Introduction

At present, 40k, Body RF, Face RF, and Eye RF are the most popular equipment for improving looks, tightening, shaping body, and fighting against aging. They can effectively replace all the facial and body care programs in a beauty salon. They can be operated easily, conveniently, and swiftly and solve skin and body problems for people pursuing beauty. Moreover, this equipment works safely and effectively and requires no injection, medication, or operation. It's operated externally throughout, and it has no side effects and an immediate impact. Radiofrequency heats the skin's deep layer, stimulates the dermis's collagen hyperplasia and recombination, and accelerates blood circulation of the underlying skin. Thus you can own firm and plump skin, fight against aging, and prevent senility. Ultrasound of a particular frequency aim at body parts having difficulty reducing fat, bringing fantastic effects.

2. Advantages

- (1) The 4-in-1 multifunctional beauty equipment fixes facial and whole body care problems.
- (2) Ultrasound powerfully blasts and removes fat and has replaced and surpassed liposuction, bringing good news to obese people.
- (3) It has multiple handpieces, which can be changed per different body parts and needs.
- (4) A handpiece has various functions, a stronger radiofrequency, and a higher and more even energy.
- (5) The perfect match of ultrasound and radiofrequency will address people's concerns for weight loss. They tighten skin, increase skin elasticity, accelerate body metabolism, and strengthen constitution while reducing fat.
- (6) It adopts the most advanced cavitation technique in the world..
- (7) It's painless and non-invasive during treatment; it requires no convalescence or stay and will not affect regular work and life after treatment.
- (8) It has zero consumption and is low-cost, but it gives a quick return.
- (9) It has a broader treatment range and an evident effect.
- (10) Unevenness, bleeding, and swelling will not occur.
- (11) Its various handpieces emit infrared, which accelerates metabolism, reduces skin inflammation, and disinfects the skin while massaging and dissolving fat, presenting an evident effect and better comfort level.

3. Working Principle

(1)Face RF

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

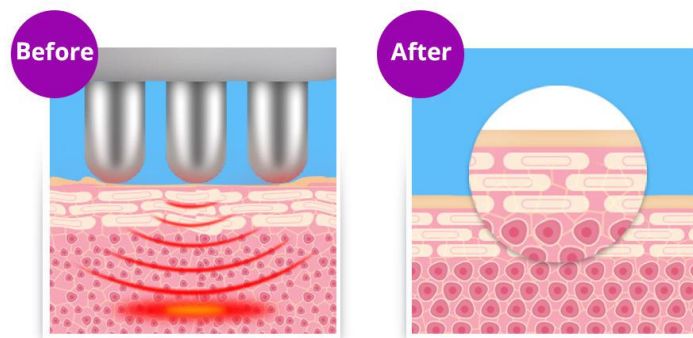
The treated parts can instantly feel an evident shrinkage after treatment. Tightening and lifting can be seen about one month later and will get more apparent. Depending on body parts and ways of maintenance, the effect of a radiofrequency treatment can be preserved for about 18 months to 3 years, which varies or extends even longer per ways of care. According to the latest research, you can attain a better effect after multiple times of treatments.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate the epidermis and act on the dermis directly, heating collagen cells deeply and stimulating collagenous fiber growth. Thus lots of collagen is produced, making skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of the fat on the surface layer. Thus slack and saggy facial parts can be tightened and lifted.

Facial Care

Quadropole 3D SMART RF/3-Polar 3D SMART RF

RF can vibrate 1 million times high-frequency radio wave per second, penetrate to the epidermis layer, directly to the dermis, deeply heating the collagen cells, then stimulate the growth of collagen fibers, which make a lot of new collagen to support the skin and become more compact and elasticity.



(2) Eye RF

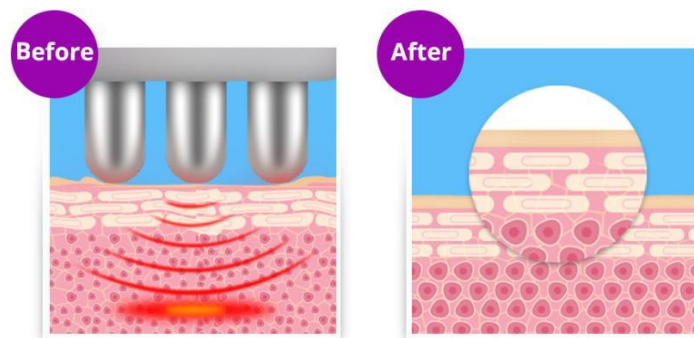
Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's temperature. Tightening collagen in the dermis and stimulating collagen hyperplasia can timely lift and firm skin and continuously regenerate collagen.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate the epidermis and act on the dermis directly, heating collagen cells deeply and stimulating collagenous fiber growth. Thus lots of collagen is produced, making skin more firm and elastic. During the operation, radiofrequency waves penetrate the epidermis acting on the deep dermis and generate bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. During an eye treatment, radiofrequency waves rapidly heat the eyes' underlying skin, raising its temperature. The waves also stimulate the skin's collagen production. Thus skin around the eyes can be tightened, bags under eyes and dark circles can be eliminated, and spider veins and fine lines can be relieved.

Facial Care

Quadropole 3D SMART RF/3-Polar 3D SMART RF

RF can vibrate 1 million times high-frequency radio wave per second, penetrate to the epidermis layer, directly to the dermis, deeply heating the collagen cells, then stimulate the growth of collagen fibers, which make a lot of new collagen to support the skin and become more compact and elasticity.



(3)Body RF

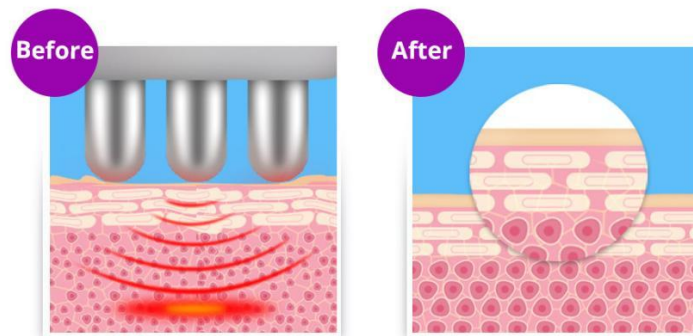
It generates radiofrequency waves in specific depths under the skin through the radiofrequency heat effect. The waves penetrate the epidermis and directly act on the dermis, heating tissue, promoting subcutaneous fat's catabolism, and stimulating hyperplasia and recombination of collagen and elastic fibers. With the continuous neogenesis and realignment of the dermis's collagen, you can feel the skin is lifted and tightened after treating the flabby skin.

Biological Effect: Radiofrequency can vibrate high-frequency radio waves one million times per second. The waves penetrate the epidermis and act directly on the dermis, intensely heating collagen cells and stimulating collagenous fiber growth to support the skin with lots of new collagen. Thus it makes the skin more firm and elastic. Radiofrequency waves penetrate the epidermis, acting on the deep dermis and generating bio-thermal energy by heating water molecules rapidly. When the temperature of collagen tissue, under natural friction and heating, reaches up to 45°C to 60°C, it will shrink instantly and stimulate the constant hyperplasia of collagen. Meanwhile, the bio-thermal energy can effectively accelerate intracellular blood flow and release the free fatty acid to boost the dissolution of the fat on the surface layer. Thus slack and saggy body parts can be tightened and lifted.

Facial Care

Quadropole 3D SMART RF/3-Polar 3D SMART RF

RF can vibrate 1 million times high-frequency radio wave per second, penetrate to the epidermis layer, directly to the dermis, deeply heating the collagen cells, then stimulate the growth of collagen fibers, which make a lot of new collagen to support the skin and become more compact and elasticity.



(4)40k

It utilizes the principle of ultrasound. It effectively consume heat and cellular moisture and shrink fat cells by the intense sound waves entering the body that cause fat cells to create violent strikes and frictions. In addition, when sound waves vibrate, they can cause cells to generate an intense impact that bursts cells instantly and decreases the number of fat cells to achieve fat removal.

The cavitation principle of ultrasound: When vibrating the liquid, it produces tens of thousands of tiny bubbles, namely cavitation bubbles. These bubbles grow in the negative pressure zone formed by the longitudinal transmission of ultrasound and close rapidly in the positive pressure zone. Therefore, they are being compressed and stretched under alternate positive and negative pressure. The bubbles will be compressed until they burst, which generates intense transient pressure. Generally, the pressure can reach tens of MPa to hundreds of MPa and produce strong vibration and noise.

Advantages: It destroys tissue selectively. Namely, it only destructs low-density adipose tissue with a specific frequency and protects high-density tissue like blood vessels and nerves.

Radiofrequency waves penetrate the skin directly and produce energy by utilizing the electrical resistance effect formed by the skin, increasing the underlying skin's

temperature, heating tissue rapidly and continuously, and promoting collagen growth. Thus skin tightening, lifting, and refining can be achieved.



(5)LED Laser

It uses a red laser, a visible spectrum with a wavelength of 635nm-650nm. The laser has mighty penetrating power, which effectively activates and repairs fat cells, penetrates the fat layer, and dissolves subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

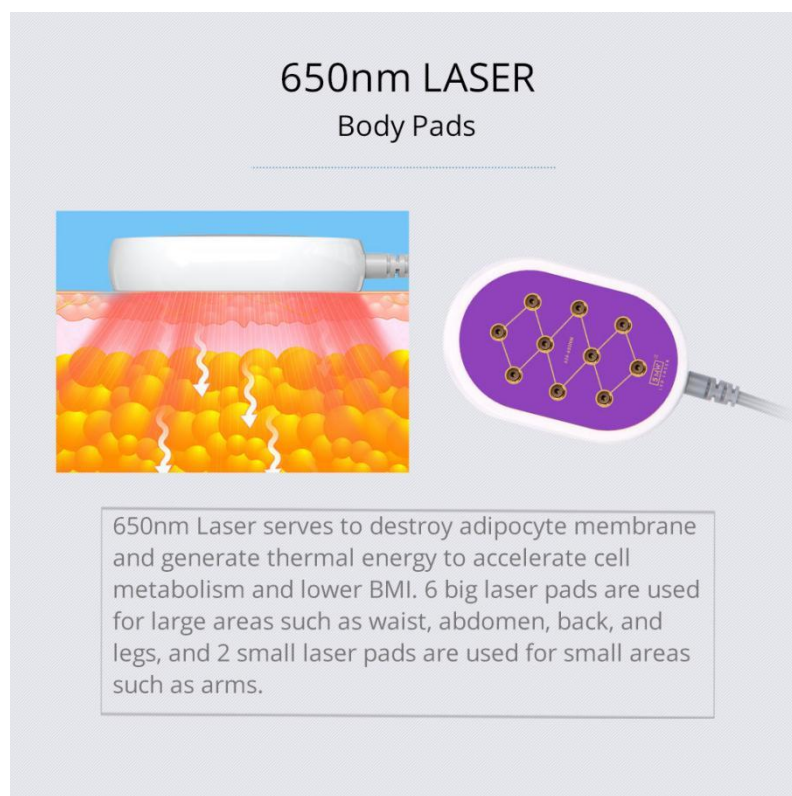
It sends laser energy's low-level chemical signal to fat cells, decomposes triglycerides deposited in the fat layer into free fatty acids and glycerol, and releases them through the channel of cytomembrane. Fatty acids and glycerol are transported to tissue in the body that produces metabolic energy. When the body needs to use the stored energy reserves, fatty acids release is a natural response. Therefore, no unnatural reaction will be triggered inside the body, and surrounding structures will not be affected or damaged, such as skin, blood vessels, and peripheral nerves. After a period of exercise therapy, the free fatty acids inside the body will be removed through intact metabolism.

Biological Effect: The laser with a wavelength of 635nm to 650nm heats fat cells in the targeted zone to decompose them. In a short time, fat deposition is absorbed and discharged via our body's natural metabolism. During the process, the laser seals tiny blood vessels, reduces bruises, channels heat into the treated area, and stimulates

collagen production to make it smooth and firm and achieve body shaping.

The low-energy laser (biostimulation) goes directly to the deep layer of the fat. It stimulates biological cells and induces or strengthens a series of physiological reactions by providing a proper amount of energy, such as promoting local blood circulation, regulating cell function, enhancing immune function, and facilitating cell metabolism. It can tighten skin, remove wrinkles, reduce fat, and shape the body simultaneously. The laser has mighty penetrating power, which can effectively activate or repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heating. The treatment is safe and painless and has no side effects.

It applies the latest non-surgical and non-invasive laser lipolysis technology. The device releases low-level laser energy, which produces a chemical signal among fat cells and dissolves the stored triglycerides into free fatty acids, glycerol, and water molecules. It's a natural response when the body needs to utilize the stored energy reserves. The free fatty acids are transported to the whole body through the lymphatic system to supply energy. It's just like what the body would react when it lacks heat.



4. Face/ Eye/ Neck Management

(1) Anti-aging Facial & Skin Tightening

1) Handpiece

- Face RF

2) Efficacy

- Tighten skin and flatten fine lines.
- Relieve flabby and soft skin.
- Sculpt facial outline and make the face's third dimension more noticeable.
- Moisten skin and enhance the skin's absorptivity.
- Accelerate blood circulation and metabolism.
- Stimulate collagen hyperplasia and delay aging.

3) Indications

- People with dull or lustreless faces.
- People with flabby or saggy skin.
- People with fine lines, nasolabial folds, or periorbital wrinkles.
- People with an unapparent facial outline.
- People with coarse skin or large pores.
- People who are under long-term exposure to ultraviolet radiation in the workplace.
- People with flabby skin, edema, or puffiness after child delivery.

4) Contraindications

- People who just had plastic surgery or implanted prostheses or metal objects inside the treated parts.
- People who recently injected hyaluronic acid or skin booster or had an injection for wrinkle removal, plastic surgery, etc.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period, with severely sensitive skin, or who are allergic to metals.
- People with skin trauma or wounds.
- Overage people.
- People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- People with skin disease or infectious disease.
- People who have an unrealistic illusion about the effect.

5) Matters Needing Attention After Treatment

- Wash the face with warm water within three days.
- Keep hydrating and protect yourself from the sun.
- Don't use skincare products that contain scrub, exfoliant, AHA (Alpha Hydroxyl Acid), etc., within a week since they are irritant.
- Avoid staying up late, smoking, or drinking alcohol. Instead, eat more vegetables, fruits, and bland food.
- Apply a facial mask at least three times a week.

(2) Under-Eye Wrinkles Removal

1) Handpiece

- Eye RF

2) Efficacy

- Relieve eye fatigue, dark circles, bags under eyes, and edema.
- Reduce the appearance of periorbital wrinkles and crow's feet.
- Fade pigment and accelerate blood circulation.
- Accelerate metabolism and prevent hyperpigmentation.
- Supply nutrition to the eyes and moisten the skin.
- Tighten and refine skin and lift the corner of the eyes.
- Accelerate blood circulation of the eyes and help with efficient absorption.

3) Indications

- People with wrinkles, fine lines, dark circles, or bags under eyes.
- People with dry skin, dry lines, or dynamic wrinkles.
- People whose eyes are prone to fatigue or dryness.
- People who always face computer or cellphone.
- People with dark circles due to staying up late.
- People who always expose to a dry or high-temperature environment.

4) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period, with severely sensitive skin, or allergic to metals.
- People with skin trauma or wounds.
- Overage people.

- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Avoid being under the blazing sun and protect yourself from the sun.
- It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- Drink more water and apply an eye mask at least three times a week since the treated parts are dry.

(3) Neck Maintenance

1) Handpiece

- **Face RF**

2) Efficacy

- Relieve neck with slack, coarse, or lusterless skin.
- Tighten skin and increase skin elasticity.
- Relieve double chin.
- Accelerate lymph drainage and improve facial skin quality.
- Prevent neck and lymphatic diseases.

3) Indications

- People whose necks have coarse skin or dull skin color.
- People whose necks have clogged lymph.
- People whose necks have slack or inelastic skin.
- People who always lower their heads.
- People who are not satisfied with their necks' skin color.

4) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period, with severely sensitive skin, or has skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.

- People with skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Protect yourself from the sun and keep the neck warm.
- It's better not to use products like alcohol, AHA (Alpha Hydroxyl Acid), or scrub cream within 1 to 3 days.
- Avoid washing your face with overheated water, enjoying hot springs or saunas, or doing strenuous exercise within seven days.
- Drink more water, apply a neck mask at least three times a week, and apply essence or neck cream.
- Avoid lowering your head for a long time.

5. Body Management

(1)Waist & Abdomen Sculpting

1) Handpiece

- **Body RF + 40k + BODY RF**

2) Efficacy

- Relieve women's cold hands, cold feet, cold uteruses, or cold-natured bodies.
- Powerfully dissolve fat and eliminate big tummy.
- Relieve waist and abdomen's flabby and soft skin.
- Remove flab from waist and abdomen, and relieve swim-ring-like belly and potbelly.
- Tighten skin and increase skin elasticity.
- Accelerate metabolism, relieve constipation, and enhance the movement of the intestinal tract.
- Remove edema and hold the belly in after child delivery.

3) Indications

- People with cold hands, cold feet, cold uteruses, or cold-natured bodies.
- People with fat waist and abdomen, fat accumulation, or flab.
- People with flab on waist and abdomen, potbelly, or flabby skin after child delivery.
- People with unsightly waistlines due to sitting too long.
- People with striae distensae or stretch marks.
- People with constipation or whose abdomens have obstructed channels and collaterals.
- People whose abdomen has edema after child delivery.

4) Contraindications

- People with hypertension, hyperglycemia, hyperlipidemia, or heart disease.
- Women in pregnancy, menstruation, or breastfeeding.
- People whose surgical wounds are healing or in surgical recovery.
- People with epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People with severe gynecological diseases.
- People whose gynecological diseases are in treatment.

5) Matters Needing Attention After Treatment

- Avoid wearing a crop top or exposing to a windy environment and catching a cold.
- Avoid eating and drinking too much, staying up late, drinking alcohol, or eating raw, cold, spicy, or greasy food. Instead, drink more hot water.
- Keep the abdomen warm and take a shower after 4 to 6 hours.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Rub clockwise the abdomen with your hands before sleep at night, achieving better weight loss and metabolism effect.

(2) Arm Sculpting

1) Handpiece

- **Body RF + 40k + BODY RF**

2) Efficacy

- Stimulate collagen hyperplasia of the underlying skin, shape body, and firm skin.
- Relieve flabby skin.
- Reduce the appearance of flabby and thick arms.
- Tighten skin.
- Accelerate blood circulation and dredge channels and collaterals.

3) Indications

- People with thick arms or who look unsightly in clothes.
- People with bat wings or flabby arms.
- People whose arms have flabby skin.
- People whose arms are prone to soreness and numbness.
- People who always carry a baby.

4) Contraindications

- People who just had plastic surgery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People in the allergic period or with severely sensitive skin.
- People with skin trauma or wounds.
- Overage people.
- People in pregnancy or surgical recovery.
- People with skin disease or infectious disease.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(3) Back Sculpting

1) Handpiece

- **Body RF**

2) Efficacy

- Alleviate shoulder and back soreness and relieve Dowager's Hump.
- Dredge channels and collaterals and relieve clogged channels and collaterals.
- Accelerate blood circulation and metabolism.
- Improve head blood supply and sleep.
- Regulate viscera functions and strengthen the physique.
- Tighten skin and prevent slack and soft skin.
- Remove excess flab from the back and sculpt the back.
- Boost immunity.

3) Indications

- People with shoulder or back soreness or stiff neck.
- People with insomnia, dreaminess, or a fading memory.
- People prone to fatigue or drowsiness or whose vital energy and blood circulation

are obstructed.

- People with thick backs or who look unsightly in clothes.
- People with Dowager's Hump.

4) Contraindications

- People with metal implants inside the body (such as a stent, pacemaker, etc.) or allergic to metals.
- Women in pregnancy, menstruation, or breastfeeding.
- People whose surgical wounds are healing or in surgical recovery.
- People with hypertension, hyperglycemia, hyperlipidemia, heart disease, epilepsy, severe diabetes, or hyperthyroidism.
- People with malignant tumors, hemophilia, or severe bleeding.
- People with skin disease or infectious disease.
- People who have a weak body.
- People who are drunk, thirsty, overworked, or with a full or empty stomach.

5) Matters Needing Attention After Treatment

- Keep warm, avoid exposing to a windy environment and catching a cold, and drink more hot water.
- Take a shower after 4 to 6 hours.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid wearing shoulder-baring and backless clothes.

(4) Leg Sculpting

1) Handpiece

- **Body RF + 40k + BODY RF**

2) Efficacy

- Tighten skin and prevent slack and soft skin.
- Stimulate collagen production, and flatten striae distensae.
- Enhance the circulation of the legs and eliminate edema.
- Activate blood, remove stasis, dredge channels and collaterals, and prevent varicosity.
- Tighten the excessive flab of the legs and get rid of the thick thigh.

3) Indications

- People with the obstructed blood circulation of the lower limbs, edema, or

obesity.

- People who feel uncomfortable and pain all over the body or are prone to catch colds or with hyp immunity.
- People with constipation or with coarse or slack skin.
- People whose legs have clogged channels and collaterals or with disproportionate and unsightly legs.

4) Contraindications

- Women in menstruation, pregnancy, or breastfeeding.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery.
- People with severe varicosity or tumors.
- People in the allergic period or with severely sensitive skin.
- People who just had liposuction.
- Overage people.
- People in pregnancy or surgical recovery.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear long pants as much as possible after treatment, and avoid wearing a mini skirt or mini shorts.

(5) Buttock Sculpting

1) Handpiece

- **Body RF**

2) Efficacy

- Enhance blood circulation and speed up metabolism.
- Relieve menstrual pain, irregular menstruation, and abnormal leucorrhea.
- Improve sleep quality and female sexual function.
- Activate ovary function, stimulate glandular secretion, and increase intimacy

between couples.

- Make complexion ruddy, fade color spots, and bring back youth.
- Shape buttocks, relieve the sagging and outward expansion of the buttocks, tighten skin, and increase elasticity.

3) Indications

- People whose hips are slack, saggy, or have accumulated fat.
- People with striae distensae or stretch marks.
- People whose buttock shape is not good-looking, flat, loose, or with outward expansion.
- People with cold hips or low hip temperature.
- People with a cold uterus, dysmenorrhea, irregular menstruation, gynecological inflammation, etc.
- People with decreased estrogen levels or disharmonious sexual life.

4) Contraindications

- People in menstruation, pregnancy, breastfeeding, or surgical recovery.
- People with hypertension, heart disease, diabetes, severe thyroid, malignant tumors, etc.
- People with skin disease, infectious disease, or whose skin is in a sensitive period.
- People with surgical wounds or in surgical recovery.
- People in the allergic period or with severely sensitive skin.
- Those who just had liposuction.
- Overage people.

5) Matters Needing Attention After Treatment

- Keep the buttocks warm, and avoid wearing a mini skirt or mini shorts.
- Take a shower after 4 to 6 hours.
- Drink more warm water, and avoid exposing to a windy environment and catching a cold.
- Avoid staying up late, drinking alcohol, and eating and drinking too much.
- Avoid eating raw, cold, and spicy food; have enough sleep.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.

(6) Breast Sculpting

1) Handpiece

- **Body RF**

2) Efficacy

- Adjust breast shape and improve accessory breast.
- Relieve breast nodules, slight hyperplasia, and distending pain in the breast during menstruation.
- Reduce the appearance of the outward expansion of the breast.
- Improve irregular menstruation, spots on the face, and inelastic skin.
- Relieve mastatophy, slack breast, and blocked lactiferous ducts after child delivery.

3) Indications

- People whose breast shape is not good-looking or who have accessory breasts.
- People with breast nodules, slight hyperplasia, or who have distending pain in the breast during menstruation.
- People whose breast has free fat or outward expansion or is saggy.
- People with hypoimmunity.
- People with irregular menstruation, spots on the face, or inelastic skin.
- People who think she has a less developed mammary gland, mastatophy, loose breast, or blocked lactiferous ducts after giving birth.

4) Contraindications

- People with cardiovascular and cerebrovascular diseases, diabetes, abnormal coagulation function, or vital organ functions impaired.
- People who have taken anticoagulants, vascular dilations, or corticosteroids for a long time or are taking them now.
- People with infected skin on the breast..
- People with severe breast hyperplasia, fibroma, or cyst.
- Women in pregnancy or breastfeeding.

5) Matters Needing Attention After Treatment

- Keep warm, don't eat cold food, and avoid exposing to a windy environment and catching a cold.
- Take a shower after 4 to 6 hours.
- Drink more warm water to replenish moisture and speed up metabolism.
- Refuse to eat and drink too much and stay up late.
- Avoid enjoying sauna or hot springs or doing strenuous exercise within seven days.
- Wear fixed-shape and comfortable underwear, and don't squeeze the breast too hard.

Part II

1. Detailed Operations

Connect the equipment correctly, power on, and the following initial interface shows up.



(1) General Function Introduction



Time Display & Setting



Time Setting (decrease)



Time Setting (increase)



Energy Level Display & Setting



Energy Level Setting (decrease)




Energy Level Setting (increase)



Function Selection

(2) Detailed Operations for 40k



Click , select 40k, and enter the following interface.



Time Display & Setting



Energy Level Display & Setting



Mode Selection



Working Mode Selection


M1-Continuous working mode, which suits those with excessive fat accumulation or firm fat.

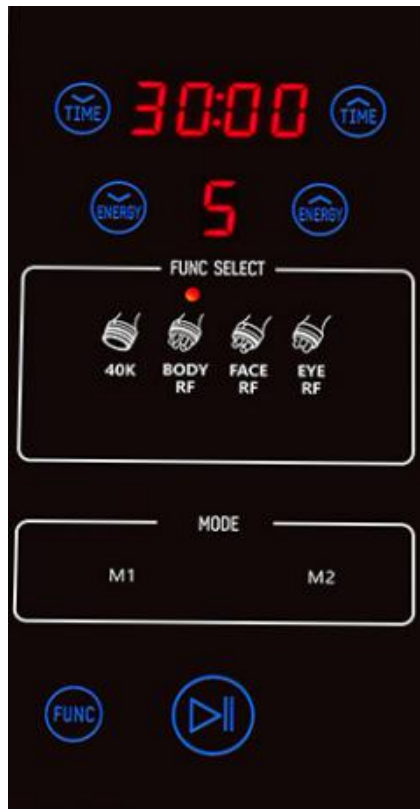
M2-Discontinuous working mode, suiting those who want to reduce fat or with

localized fat.

(3) Detailed Operations for BODY RF



Click , select BODY RF, and enter the following interface.




Time Display & Setting



Energy Level Display & Setting

(4) Detailed Operations for FACE RF



Click , select FACE RF, and enter the following interface.




Time Display & Setting



Energy Level Display & Setting

(5)Detailed Operations for EYE RF



Click , select EYE RF, and enter the following interface.



Time Display & Setting



Energy Level Display & Setting

2. Technical Parameters

Power Supply Input: 110V-220V 50-60HZ

Power: 65W

Input Power: 65W

Dimensions: 10.2 x 15 x 8.6 inches

Net Weight: 3.2kg

Gross Weight: 4.1kg

40K

Frequency: 40KHz

Power: 30W

Body RF

Frequency: 1MHz

Power: 65W

Face RF
Frequency: 1MHz
Power: 60W

Eye RF
Frequency: 1MHz
Power: 35W

3. Precautions on Use

- (1) You must use a plug with a ground pin and ensure the power socket is already grounded before using the equipment.
- (2) Make sure the voltage of the equipment is adaptive. If the local voltage is unstable, we suggest users add a voltage regulator with matching power between the main supply and the equipment.
- (3) Please uniformly use specified parts provided or suggested by the original manufacturer to guarantee the equipment's curative effect and expected service life.
- (4) Please do not put the equipment near a water source, in a damp place, or in sites that expose it to sunlight directly.
- (5) Please do not place the equipment near an intense heat source since this may affect its service life and everyday use.
- (6) Please remove all the metal objects from the body before treatment to shun unexpected situations that may affect the curative effect.
- (7) Please refrain from using the equipment aiming at the eyes, thyroid, parathyroid, testicles, pregnant woman's abdomen, pacemaker, etc.
- (8) Please turn off the equipment's power switch if no one uses it, and ensure the main power is off before the exit of related personnel to guarantee the equipment's safety.
- (9) Those with implanted metal stents (not including a contraceptive ring placed inside a women's uterus) or prostheses inside the breast can not use it.
- (10) Women in menstruation, pregnancy, or breastfeeding are not allowed to use it.
- (11) You can not use it after drinking alcohol.
- (12) Those who did cesarean in the past six months, experienced a miscarriage in the past three months, and had natural labor in the past two months can not use it.
- (13) When operating the equipment, start from the lowest energy level and gradually increase it after the client gets used to it.
- (14) You must keep the treated parts moist and avoid operating the instrument in dry skin conditions.
- (15) Use the equipment and train the operators in strict accordance with the instructions specified in the manual.
- (16) After the operation, clean the equipment with normal saline to ensure its

cleanliness and hygiene to extend its service life.

4. Troubleshooting

- (1) I can't start the equipment, and the indicator lamp doesn't light up.
 - A. Make sure you plug the power cord into a good power socket.
 - B. Check whether the fuse tube in the back is loose or burnt out.
- (2) The equipment doesn't have radiofrequency output.
 - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
 - B. Please check whether the treated parts are cleaned. Grease or essential oil may cause poor contact between the handpiece and the body, resulting in no output.
- (3) The radiofrequency's output becomes weak.
 - A. Check whether the handpiece and the plug connecting to the machine body are closely linked.
 - B. Please check whether there is non-conductive grease on the handpiece, which may cause bad contact, resulting in a weakened output.
 - C. Check whether the products in use are the adaptive ones specified by the equipment
- (4) I can start the equipment, but an error message shows on the monitor.
 - A. Take out the power plug from the back, wait about one minute, reinsert the plug, and restart the equipment.
 - B. If the solution mentioned above doesn't work, please contact the distributor for assistance.

5. FAQs

- (1) Q: What functions does this equipment have?

A: It can dissolve fat, shape body, rejuvenate skin and make it smooth, do tightening and lifting, reverse senility, and fight against aging. You can use it all over the body. Further, it can sculpt facial contour, reduce wrinkles, and relieve loosening and sagging. It can reduce local body parts' weight, build an S curve, and accelerate body metabolism and detox. It can also enhance viscera functions and relieve the body's sub-health condition.
- (2) Q: Which one is better for reducing weight, liposuction, or this equipment?

A: Liposuction slims a local body part rapidly by sucking out excess fat from it with vacuum suction. It has an instant effect, but it uses an anesthetic during surgery and has convalescence. It's risky because it's an operation. However, this equipment is risk-free and has no side effects. It stimulates collagen regeneration to lift and tighten skin while reducing weight. It can also sculpt perfect curves by lifting, making women

sexier.

(3) Q: Will I experience a rebound after treatment?

A: It's hard for the weight to rebound after it's reduced with radiofrequency lipolysis. Radiofrequency lipolysis removes fat instead of moisture, and it takes a long time for the fat to accumulate. Thus rebound will not take place easily.

(4) Q: Do I need to be on a diet after the treatment?

A: You need to keep on a diet to some extent since radiofrequency and ultrasound treatments are followed by fat-blasting and accelerated metabolism. Therefore, you have to avoid eating spicy, greasy, or fried food so as not to affect metabolism. But you can have a proper amount of exercise to sweat and discharge it from the body to have a more evident effect.

(5) Q: Does the treatment have any side effects on the body?

A: Improving looks and shaping body with radiofrequency is a non-invasive treatment and currently one of the safest and most effective ways to remove wrinkles, tighten skin, and sculpt body. Generally speaking, there are no side effects. A few people's skins may experience transient redness or swelling that will disappear after a few hours. Since RF heat energy causes the skin to lose moisture, dry skin may experience dryness and atrophy after initial treatment. However, the skin turns plump at the initial stage of collagen regeneration, and all symptoms will vanish after three days. Thus it has no side effects on the body.

(6) Q: Can I use ultrasound all over the body?

A: Ultrasound breaks fat cells and bursts cell walls, causing fat in the cells to flow out, which then is absorbed and metabolized by lymph. Thus it has strong power. The heart is sensitive to sound waves since it's a hollow organ. When the sound waves vibrate the heart, the back and forth reflex occurs because muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscle. If it's directed at the eyes, it can cause retinal detachment. Therefore, to shun eyes and heart when using ultrasound. (Don't use it on the waist, back, and chest.)

(7) Q: Does ultrasound have side effects on the body?

A: Ultrasound is a non-surgical and non-invasive procedure and requires no surgery or anesthetic. When the collected intense sound waves enter the body, it causes a violent impact upon the fat cells, blasting them. It can shatter and dissolve fat, firm skin, and sculpt the body. It only targets fat cells of low density while protecting tissue of high density, such as blood vessels and nerves. Therefore, it doesn't have side effects on the body. Slight drumming in the ears may appear during the treatment, which is normal, and you don't have to worry about it.

(8) Q: Why does drumming in the ears occur?

A: The ultrasound has a strong vibration, and its frequency is above 20kHz. By acting on the fat layer that is 20mm under the skin with the ultrasonic focusing effect, ultrasound with concentrated energy causes fat cells in the Jiao zone to create high-speed friction among themselves, resulting in heating, breaking, and emulsifying, during which there is sound. Therefore, slight tinnitus will accompany.

(9) Q: What is collagen?

A: Collagen is a biological macromolecule substance and a white, opaque, and non-branched fibrous protein. It can supply the needed nutrition to various skin layers and enhance collagen activity. Its function includes locking moisture, nourishing skin and hair, delaying aging, improving looks, and relieving slack face. Collagen is a nutrient that the body must be supplemented with to delay aging. As age increases, collagen drains gradually. Women's skin starts to age, and collagen losses and decreases slowly after 20. When they turn 25, collagen loss reaches its peak. When they are 40, the collagen content is less than half of that of 18. The loss of collagen and moisture breaks collagen fibers and elastic mesh that support the skin, which is the exact cause of folds on the elderly's faces. The loss causes skin tissue to oxidize, atrophy, and collapse, making the skin dry, wrinkled, slack, and inelastic. Therefore, we must replenish collagen to delay aging.

(10) Q: How to detox with the vacuum?

A: Vacuum can congest capillaries and stimulate cells to increase their vitality. During operation, the air suction and release and the alternate increase and decrease of the vacuum make local pores open and close continually, promote skin breathing, increase skin oxygen uptake, and speed up the elimination of wastes. Therefore, it can invigorate Qi, activate blood circulation, remove cold and dampness, dredge channels and collaterals, and expel toxins and heat.

(11) Q: Why do I need buttock maintenance?

A: Hip maintenance can help lymph drainage, relieve gynecological diseases, and shun some harms brought by buttock blockage. When the buttocks are blocked, gynecological diseases arise for sure. Inside the buttocks are the pelvic cavity and intestinal tract. They connect to Daimai (GB26), lumbar vertebra, sciatic nerve from top, uterus, ovary, adnexa in the front, anus, vagina, groin, and lymph from the bottom. Under the squeeze of Upper Jiao (upper burner) and Lower Jiao (lower burner) meridian, the hips are most susceptible to cold, dampness, and blood stasis. When the hips are cold, the channels and collaterals inside shrink, causing dysmenorrhea, irregular menstruation, dark period blood, blood clot, and obstructed blood flow. It also affects impregnation.

6. Packing List

1 x 40kHz Unisetion Cavitation Handle

1 x Three-pole RF Handle for Face and Eyes' around
1 x Quadrupole RF Handle for Face and Body
1 x Multipolar RF Handle for Body
1 x Power Cord Power Supply Cord (Both 110V and 220V [Frequency: 50/60Hz] are available. We also stock USA, UK, AU, EU plugs to meet country's needs all over the world.)

7. Simplified Operating Steps

(1)Anti-aging Facial & Skin Tightening

Remove makeup, clean the face, apply toner, massage, use FACE RF, apply a facial mask, apply water, essence, facial cream, and sunblock.

Matched Product: radiofrequency cream/ massage cream

(2)Under-Eye Wrinkles Removal

Remove makeup, clean, apply toner, massage, use EYE RF, apply an eye mask, apply water, eye essence, eye cream, and sunblock.

Matched Product: radiofrequency cream/ massage cream

(3)Neck Maintenance

Remove makeup, clean, apply toner, massage, use Face RF, apply a neck mask, apply water, neck essence, neck cream, and sunblock.

Matched Product: radiofrequency cream/ massage cream

(4)Waist & Abdomen/ Arm/ Leg Fat-dissolving & Sculpting

Massage, use BODY RF, 40K, BODY RF, and clean the treated part.






Matched Product: radiofrequency cream/ essential oil


(5)Back/ Buttock/ Breast Sculpting

Massage, use BODY RF, and clean the treated part.

Matched Product: radiofrequency cream/ essential oil

8. Operational Diagrams

Parameter Setting	Matched Product	Technique	Diagram
Anti-aging Facial & Skin Tightening: 60 Minutes/ Once a Week			
Face RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7	Makeup Remover + Facial Cleanser + Hot & Cold Steamer + Massage Cream + Cream Mask + Essence + Sheet Mask	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 minutes. 2. Apply the hydrating cream mask to the face and use hot steam, 10 minutes. 3. Clean the face, 2 minutes. 4. Apply toner, 1 minute. 5. Apply massage cream evenly to the face, and caress it three times. 6. Press Chengjiang (RN-24), Renzhong (DU-26), Dicang (ST-4), Jiache (ST-6), Yingxiang (LI-20), Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 7. Caress the whole face three times. 8. Lift from chin to earlobe, corner of the mouth to Ermen (SJ21), wing of the nose to Taiyang (EX-HN5), and the lower eyelid to Taiyang (EX-HN5) with hands doing it by turns, and lift the corner of the eye. Repeat three times. 9. Do the same on the other side. 10. Lift the forehead towards the hairline direction. Repeat 5 times. 	<p>Technique 5, 7</p>  <p>Technique 6</p>  <p>Technique 8, 17</p>  <p>Technique 10, 12, 19</p>  <p>Technique 15</p> 






		<p>11. Flip and lift the face with rotating fingers. Repeat 3 to 5 times.</p> <p>12. Flip the forehead towards the hairline direction with one hand. Repeat 3 to 5 times.</p> <p>13. One Side-Flip and lift the face with hands doing it alternately, 2 to 3 minutes.</p> <p>14. Do the same on the other side.</p> <p>15. Move zigzag on the whole forehead with middle and ring fingers, slide to the front of the ear and lift to and fro for three times, and slide out from the back of the ear.</p> <p>16. Treatment ends.</p> <p>17. FACE RF: Lift one line after another from the chin to the part below the ear, from the corner of the mouth to the ear center, and from the wing of the nose to Taiyang (EX-HN5). Repeat three times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift the forehead towards the hairline direction. Repeat three times.</p> <p>20. Clean the face, 2 minutes.</p> <p>21. Apply a sheet mask and wait 15 minutes.</p> <p>22. Clean the face, 2 minutes.</p> <p>23. Apply toner, essence, facial cream, and sunscreen.</p> <p>24. Treatment ends.</p>	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes tightened and rejuvenated and is supplemented with the needed nutrition. After a course, the skin improves and turns shiny. When you complete two courses, the skin gets smooth and plump, and its outline becomes clearer gradually. If you finish three courses, the skin's metabolism and detox are enhanced. And it fades the pigment, brightens dark skin, prevents and delays skin aging, loosening,

and sagging, and stimulates collagen hyperplasia of the underlying skin, making the skin tender, smooth, firm, and shiny.

Under-Eye Wrinkles Removal: 35 Minutes/ 2 to 3 Times a Week


<p>Eye RF Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Cleansing Oil + Facial Cleanser + Essence/ Eye Cream + Massage Cream+ Instrument + Eye Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean, 5 minutes. 2. Apply toner, 1 minute. 3. Apply massage cream evenly to the eyes, and caress it three times. 4. Press Jingming (BL-1), Cuanzhu (BL-2), Yuyao (EX-HN4), Sizhukong (SJ-23), Taiyang (EX-HN5), Tongziliao (GB-1), Chengqi (ST-1), and Sibai (ST-2). Repeat three times. 5. Lift back and forth from the inner corner of the eyes to Taiyang (EX-HN5) with the middle finger along the lower eyelid. Repeat three times. 6. Star from the inner corner of the eyes, lifting from the eyebrow to Taiyang (EX-HN5) with the middle and ring fingers. Repeat three times. 7. Clean the eyes, 2 minutes. 8. Apply essence (eye cream) evenly to the eyes with hands moving circlewise. Repeat three times. 9. EYE RF: Set the energy level, mode, and operating time (about 10 minutes). 10. Lift the handpiece from the lower eyelid to the corner of the eye. Repeat 3 to 6 times. 11. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times. 12. Draw small circles on the lower eyelid with the 	<p>Technique 3, 8</p>  <p>Technique 5, 11</p>  <p>Technique 10</p>  <p>Technique 12</p>  <p>Technique 14</p> 
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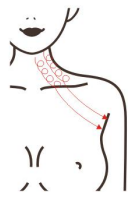
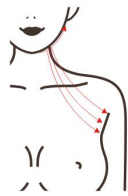
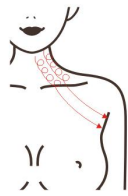

		<p>handpiece and lift to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>13. Lift the handpiece from the lower eyelid to Taiyang (EX-HN5). Repeat 3 to 6 times.</p> <p>14. Lift the handpiece from the brow ridge to the hairline. Repeat 3 to 6 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the eyes, 1 minute.</p> <p>17. Apply an eye mask and wait 15 minutes.</p> <p>18. Remove the mask and clean the eyes, 2 minutes.</p> <p>19. Apply eye essence and eye cream.</p> <p>20. Treatment ends.</p>	
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The Recommended Course of Treatment:

It's advised to take 2 to 3 treatment cycles a week. When you accomplish a treatment cycle, the eye lifts and firms to some extent, and its blood circulation accelerates. After a month, the fine lines and dark circles fade, and the skin color lightens. And the eye skin turns tightened, rejuvenated, and shiny three months later. If you carry it through, it can relieve and prevent eye aging.

Neck Maintenance: 60 Minutes/ Once a Week

<p>Face RF</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Makeup Remover + Facial Cleanser + Massage Cream + Essence + Neck Mask</p>	<p>1. Remove makeup and clean, 5 minutes.</p> <p>2. Apply toner, 1 minute.</p> <p>3. Massage the neck, apply essential oil to the chest with hands, move to the back of the neck, and press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>4. Lift the lower jaw and double chin with hands doing it alternately and to the armpit via the back of the ear, and slide out from there. Repeat three times.</p> <p>5. Stroke the three channels and collaterals of the side of the neck with purlicue doing it</p>	<p>Technique 3</p>  <p>Technique 4</p>  <p>Technique 5, 6, 7</p>
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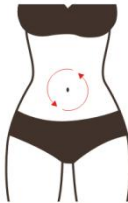
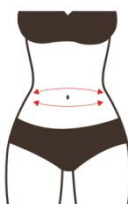

		<p>circlewise and till the armpit, and slide out from there. Repeat three times.</p> <p>6. Stroke the three channels and collaterals of the side of the neck with four fingers and till the armpit, and slide out from there. Repeat three times.</p> <p>7. Rub the side of the neck with kneeling fingers until it turns hot and till the armpit, and slide out from there. Repeat three times.</p> <p>8. Stroke the external collarbone with purlicue and till the armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the other side.</p> <p>10. Treatment ends.</p> <p>11. Face RF: Lift from double chin to armpit via the back of the ear with the instrument and a hand, and slide out from there. Repeat three times.</p> <p>12. Move the equipment circlewise on the neck side till the armpit in three lines, and slide out from there. Repeat three times.</p> <p>13. Slide the equipment from internal and external collarbones to the armpit, and slide out from there. Repeat 3 to 5 times.</p> <p>14. Move the equipment circlewise on the neck. Repeat three times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean the neck with a hot towel, 2 minutes.</p>	 <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 14</p>  <hr/>
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		17. Apply a neck mask and wait 15 minutes. 18. Clean the neck with a hot towel and use a hot compress for 5 minutes. 19. Apply toner, neck essence, neck cream, and sunscreen. 20. Treatment ends.	
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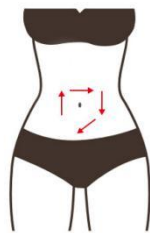
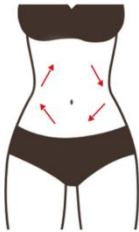

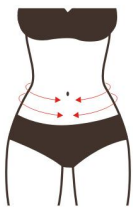
The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the skin becomes rejuvenated and delicate. After a course, the neck skin turns smooth, and the neck lymph's circulation accelerates. When you complete two courses, the skin is tightened, the neck wrinkles fade, and the double chin is relieved. If you finish three courses, the skin turns delicate, shiny, firm, and plump, lymph drainage speeds up, and dark face and acne take a turn for the better. And it delays skin aging and rejuvenates the skin.

Waist & Abdomen Sculpting: 60 Minutes/ Once a Week

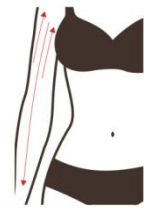
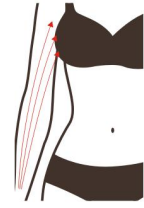



Body RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 40k Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 Mode: M1/ M2 Body RF Advised Time: 10 to 15 minutes	Essential Oil (Massage Cream) + Gel + Instrument	1. Rub essential oil into the abdomen with hands moving circlewise. Repeat three times. 2. Rub the belly back and forth with hands. Repeat 3 to 5 times. 3. Rub abdominal fat as the way of rubbing the spine with hands doing it alternately. Repeat three times. 4. Lift Daimai (GB26) of the two sides of the waist with hands doing it alternately. Repeat 16 times. 5. Draw Arabic numeral eight till the part below the waist with hands, and then lift upwards from the side of the waist. Repeat three times. 6. Rub intestinal tract with overlapped hands drawing small circles clockwise. Repeat three times. 7. Caress the treated parts with hands moving circlewise.	Technique 1, 7, 10  <hr/> Technique 2  <hr/> Technique 3  <hr/> Technique 4
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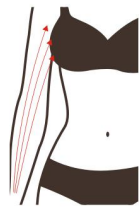

<p>Advised Energy Level: 3 to 7</p>	<p>Repeat three times.</p> <p>8. Press Shangwan (RN13), Zhongwan (RN12), Xiawan (RN10), Shenque (RN8), Qihai (RN6), Guanyuan (RN4), Zhongji (RN3), Tianshu (ST25), and Daheng (SP15). Repeat two times.</p> <p>9. Push from Zhongji (RN3) to the belly button with the thumbs, slide to the part below the waist along the two sides, and lift upwards to the groin. Repeat three times.</p> <p>10. Caress the treated parts till groin with hands.</p> <p>11. Body RF: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>12. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.</p> <p>13. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>14. Lift Daimai (GB26) of the two sides. Repeat 16 times.</p> <p>15. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>16. 40k: Along ascending colon, transverse colon, and descending colon, moving from the abdomen to rectum slowly. Repeat 3 to 5 times.</p> <p>17. Shape the waist with hands moving rhombus-shaped motion. Repeat 3 to 5 times.</p> <p>18. Sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>19. Lift Daimai (GB26) of the</p>	<div data-bbox="1157 212 1289 421"></div> <p>Technique 5</p> <div data-bbox="1157 548 1289 757"></div> <p>Technique 6</p> <div data-bbox="1157 884 1289 1093"></div> <p>Technique 8</p> <div data-bbox="1157 1220 1289 1429"></div> <p>Technique 9</p> <div data-bbox="1157 1556 1289 1765"></div> <p>Technique 11, 16</p>
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		<p>two sides. Repeat 16 times.</p> <p>20. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>21. Body RF: One Side-Lift from the side of the waist to the belly and one line after another to the groin. Repeat three times.</p> <p>22. Lift the other side. Repeat three times.</p> <p>23. Set the vacuum to interval mode and move it slowly on the abdomen. Repeat three times.</p> <p>24. Set the vacuum to direct suction and sculpt up and down on the waist. Repeat 3 to 5 times.</p> <p>25. Lift Daimai (GB26) of the two sides with the instrument and hands. Repeat 16 times.</p> <p>26. Clean the treated parts with a towel. Treatment ends.</p>	 <p>Technique 12, 17</p>  <p>Technique 13, 18, 24</p>  <p>Technique 14, 15, 19, 20, 25</p> 
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the abdomen is heated, which expedites metabolism. After a course, fat metabolizes slowly, and the belly holds in. Meanwhile, problems like constipation relieve. When you complete two courses, the effect becomes more apparent, and the skin turns tightened and is lifted. If you finish three courses, the effect consolidates, excess fat disappears gradually, the waist and abdomen's curves sculpt, and a slim waist forms.

Arm Fat-dissolving & Sculpting: 60 Minutes/ Once a Week			
Body RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 40k Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7 Mode: M1/ M2 Body RF Advised Time: 10 to 15 minutes Advised Energy Level: 3 to 7	Essential Oil (Massage Cream) + Gel + Instrument	<ol style="list-style-type: none"> 1. Do it in left-right order. Lay the arm flatwise, apply essential oil from lower arm to upper arm with hands until the hands slide out. Repeat three times. 2. Push the entire arm with palms doing it alternately. Repeat three times. 3. Push Large Intestine Channel-Triple Energizer Channel-Small Intestine Channel of the outer arm successively till armpit with hands' purlicue. Repeat three times. 4. Caress the treated part. Repeat three times. 5. Rub the three channels and collaterals of the upper arm separately and back and forth with kneeling fingers until they turn hot. Repeat three times. 6. Caress the treated part. Repeat three times. 7. Lay the arm upwards, and push Lung Channel-Pericardium Channel-Heart Channel of the inner arm till armpit with purlicue. Repeat three times, respectively. 8. Rub the three channels and collaterals back and forth with kneeling fingers until they turn hot. Repeat three times. 9. Caress the treated parts till the hands slide out. Repeat three times. 10. Treatment ends. 	<p>Technique 1</p>  <hr/> <p>Technique 2, 3, 4, 5, 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 8, 16, 18, 24, 26</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 12, 15, 20,</p>




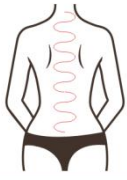
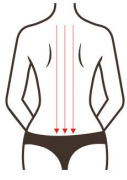
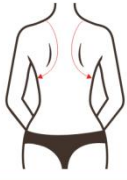
		<p>11. Do the same on the other side.</p> <p>12. BODY RF: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>13. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>14. You can treat flabby arms more. Repeat three times.</p> <p>15. Push till the armpit along the three channels and collaterals. Repeat three times.</p> <p>16. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>17. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>18. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>19. Do the same on the other side.</p> <p>20. 40k: Lay the arms flatwise, and push from the fatty part of the lower arm to the armpit along the three channels and collaterals. Repeat 5 to 8 times.</p> <p>21. Move circlewise on the upper arm till the armpit. Repeat 5 to 8 times.</p> <p>22. You can treat flabby arms more. Repeat three times.</p> <p>23. Push till the armpit along</p>	<p>23</p>  <hr/> <p>Technique 13, 14, 21, 22, 32</p>  <hr/>
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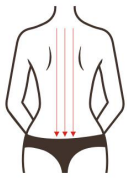


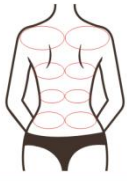
		<p>the three channels and collaterals. Repeat three times.</p> <p>24. Lay the arms upwards, and push the three channels and collaterals of the upper arm till the armpit. Repeat three times.</p> <p>25. Along the fatty part of the upper arm, moving circlewise and back and forth till the armpit. Repeat three times.</p> <p>26. Move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>27. Do the same on the other side.</p> <p>28. Body RF:</p> <p>29. Lay the arms flatwise, and move up and down on the upper arm. Repeat 5 to 8 times.</p> <p>30. Move circlewise on the upper arm. Repeat 5 to 8 times.</p> <p>31. Lay the arms upwards, and sculpt up and down on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>32. Draw small circles on the inner side of the upper arm. Repeat 5 to 8 times.</p> <p>33. Do the same on the other side.</p> <p>34. Clean the treated parts with a towel. Treatment ends.</p>	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the arms feel hot and tightened and get relaxed. After a course, the excess fat of the arms begins to decrease, and the skin starts to turn firm and plump. When you complete two courses, body shaping starts, the effect strengthens, channels and collaterals dredges, and the physique enhances. If you finish three courses, the effect consolidates and stabilizes. Thus, the rebound can be prevented.

Back Sculpting: 45 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Essential Oil (Massage Cream) + Instrument</p>	<ol style="list-style-type: none"> 1. Technique. 2. Rub essential oil into the back and press Fengchi (GB20) and Fengfu (DU16). 3. Stroke the area connecting neck and shoulder (start with hairline) with the thumb. Repeat 3 to 5 times. 4. Stroke Bladder Meridian outward to the sacral region (BL31-BL34) with the thumb, and caress it till Fengchi (GB20) and Fengfu (DU16). Repeat three times. 5. Move circlewise and S-shaped motion from the neck to the caudal vertebra with hands. Repeat three times. 6. Push Bladder Meridian in left-right order with thumbs doing it alternately. Repeat three times. 7. Push Bladder Meridian to the sacral region (BL31-BL34) with thumbs doing it simultaneously. Repeat three times. 8. Push Bladder Meridian with hands' kneeling fingers in three lines, respectively. Repeat three times. 9. Push the medial border of the scapula in left-right order with hands doing it alternately. Repeat 3 to 6 times. 10. Stroke transversely the medial border of the scapula with hands. Repeat 3 to 6 times. 11. Caress the whole back 	<p>Technique 2, 11</p>  <hr/> <p>Technique 3</p>  <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 6, 7, 8, 14</p>  <hr/> <p>Technique 9, 19</p>  <hr/>
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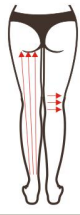

		<p>with hands and back to press Fengchi (GB20) and Fengfu (DU16). Repeat three times.</p> <p>12. Press Tianzong (SI11) with thumbs overlapped, slide to the arm, and slide out from there. Repeat three times.</p> <p>13. Treat the other side. Press Tianzong (SI11) till the arm, and slide out from there. Repeat three times.</p> <p>14. Rub Du Meridian and Bladder Meridian with hands till they turn hot.</p> <p>15. Treatment ends.</p> <p>16. BODY RF: Treat Du Meridian first and Bladder Meridian after. Slide from the neck to the sacral region (BL31-BL34). Repeat 3 to 5 times.</p> <p>17. Move circlewise on Dazhui (DU-14) and sacral region (BL31-BL34). Repeat 3 to 5 times, respectively.</p> <p>18. Start with the neck, moving to and fro the area connecting neck and shoulder. Repeat 3 to 5 times.</p> <p>19. Lift to and fro the medial border of the scapula in left-right order. Repeat 3 to 5 times.</p> <p>20. For the whole back, draw Arabic numeral eight transversely and from top to down to the sacral region (BL31-BL34). Repeat three times.</p> <p>21. Move from the bottom up and circlewise till armpit from the two sides, and do it in left-right order. Repeat three times.</p>	<p>Technique 10</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16</p>  <hr/> <p>Technique 17</p>  <hr/> <p>Technique 18</p>  <hr/> <p>Technique 20</p>  <hr/> <p>Technique 21</p>
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		<p>22.Lift upwards from the side of the waist to the armpit. Repeat 3 to 5 times.</p> <p>23.Clean the back with a towel, and treatment ends.</p>	 <p>Technique 22</p> 
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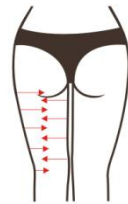
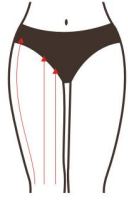

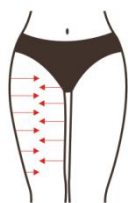

The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the back gets relaxed, relieving stiff shoulder and neck, and the skin lifts. After a course, the back and shoulder become eased, back fat lessens, Dowager's Hump relieves, and the back outlines turn nice-looking. When you complete two courses, Dowager's Hump improves, channels and collaterals dredges, and the sub-health conditions and sleep take a turn for the better. If you finish three courses, your back gets thinner, outlines get nice, viscera function enhances, and digestion, detox, and metabolism boost. (One course reduces the size, two courses consolidate the effect, and three courses strengthen the effect without a rebound.)

Leg Sculpting: 110 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>40k</p> <p>Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p> <p>Mode: M1/ M2</p>	<p>Essential Oil (Massage Cream) + Gel + Instrument</p>	<ol style="list-style-type: none"> 1. Rear-leg: Do it in left-right order; let the client lie on his front, apply essential oil from lower leg to thigh, and return to heel. Repeat three times. 2. Push the entire leg from the bottom up with palms doing it by turns, and back to the heel till the palms slide out. Repeat three times. 3. Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian from the bottom up with hands' purlicue doing it by turns. Repeat three times. 4. Push popliteal fossa with hands doing it alternately. Repeat three times. 	<p>Technique 1, 2, 3, 4, 7</p>  <p>Technique 5</p>  <p>Technique 12, 18</p>
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<p>Body RF Advised Time: 10 to 15 minutes</p> <p>Advised Energy Level: 3 to 7</p>		<p>5. Twist the leg from the bottom up and back and forth with hands doing it alternately. Repeat three times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Push the four channels and collaterals from the bottom up with hands' kneeling fingers. Repeat three times.</p> <p>8. Caress the treated part. Repeat three times.</p> <p>9. Do the same on the other side.</p> <p>10. Clean the treated part with a hot towel, 2 minutes.</p> <p>11. Apply gel evenly to the treated part, 2 minutes.</p> <p>12. BODY RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>13. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>14. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>15. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>16. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>17. Start from popliteal</p>	<div data-bbox="1177 212 1257 421" data-label="Image"> </div> <p>Technique 13, 19</p> <div data-bbox="1177 548 1264 743" data-label="Image"> </div> <p>Technique 14, 18, 24</p> <div data-bbox="1177 878 1264 1075" data-label="Image"> </div> <p>Technique 15, 17, 21, 23, 25</p> <div data-bbox="1161 1249 1279 1451" data-label="Image"> </div> <p>Technique 16, 22, 26</p> <div data-bbox="1161 1585 1279 1787" data-label="Image"> </div> <p>Technique 27</p>
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		<p>fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>18. 40k: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>19. Draw small circles on the lower leg to dissolve fat. Repeat three times.</p> <p>20. Push from the bottom up to popliteal fossa successively, and caress it with hands. Repeat three times.</p> <p>21. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>22. Draw small circles from the popliteal fossa to the thigh root to dissolve fat. Repeat three times.</p> <p>23. Start from popliteal fossa, pushing the channels and collaterals till the thigh root. Repeat three times.</p> <p>24. BODY RF: Push Bladder Meridian-Kidney Meridian-Liver Meridian-Gallbladder Meridian successively from the bottom to the popliteal fossa. Repeat three times.</p> <p>25. Start from the popliteal fossa, pushing the four channels and collaterals till the thigh root. Repeat three times.</p> <p>26. Draw small circles from the popliteal fossa to the</p>	 <hr/> <p>Technique 28, 29, 30, 31, 32</p>  <hr/> <p>Technique 33, 35, 40, 42, 47</p>  <hr/> <p>Technique 36, 43, 48</p>  <hr/> <p>Technique 37, 44, 49</p>  <hr/> <p>Technique 38, 45, 50</p>
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		<p>thigh root to dissolve fat. Repeat three times.</p> <p>27. Lift one line after another from the two sides of the thigh to the middle with the instrument and a hand. Repeat 3 to 5 times.</p> <p>28. Fore-leg: Let the client lie flat and apply essential oil from the lower leg to the thigh root with hands (caressing). Repeat three times.</p> <p>29. Push from the lower leg to thigh root with the base of the palms doing it by turns. Repeat three times.</p> <p>30. Push Spleen Meridian-Stomach Meridian-Liver Meridian-Gallbladder Meridian of the leg till the thigh root with hands' purlicue doing it alternately. Repeat three times.</p> <p>31. Push the four channels and collaterals with hands' kneeling fingers. Repeat three times.</p> <p>32. BODY RF: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>33. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>34. Lift one line after another from the knee to the</p>	
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		<p>thigh root. Repeat three times.</p> <p>35. Draw small circles on the whole thigh. Repeat three times.</p> <p>36. Lift from the two sides of the thigh to the middle with the instrument and a hand. Repeat three times.</p> <p>37. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>38. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>39. 40k: Lift from the lower leg to the knee along the four channels and collaterals. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>40. Move circlewise from the two sides of the lower leg to the knee. Repeat three times. (If the lower legs don't have excess fat, you can treat the thigh directly.)</p> <p>41. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>42. Draw small circles on the whole thigh. Repeat three times.</p> <p>43. Lift from the two sides of the thigh to the middle with the instrument and a hand. Repeat three times.</p> <p>44. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>45. Lift one line after</p>	
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		<p>another from the knee to the thigh root. Repeat three times.</p> <p>46. Body RF: Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>47. Draw small circles on the whole thigh. Repeat three times.</p> <p>48. Lift from the two sides of the thigh to the middle with the instrument and a hand. Repeat three times.</p> <p>49. Lift circlewise from the knee to the thigh root. Repeat three times.</p> <p>50. Lift one line after another from the knee to the thigh root. Repeat three times.</p> <p>51. Do the same on the other side.</p> <p>52. Clean the legs with a towel, and treatment ends.</p>	
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, your legs get relaxed, and blood circulation accelerates. After a course, legs become thinner, and you can feel an evident sense of tightening due to the contraction effect generated by collagen tissue. When you complete two courses, your legs turn slim and firm, which presents a noticeable effect. If you finish three courses, the result reinforces. Radiofrequency and ultrasonic waves can stimulate until the dermis and regenerate collagen continuously. Therefore, the curative effect gets more and more evident.

Buttock Sculpting: 45 Minutes/ Once a Week

Body RF Advised Time: 15 to 20 minutes Advised Energy Level: 3 to 7	Essential Oil (Massage Cream) + Instrument	1. Massage. 2. Stand sideways with hands applying essential oil, slide from the sacral region (BL31-BL34) to the waist, and lift upwards along the buttocks. Repeat three times. 3. Push the sacral region	Technique 2, 5, 11  Technique 3
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	<p>(BL31-BL34) with thumbs. Repeat three times.</p> <p>4. Caress the treated part three times, and then press Shenshu (BL23), sacral region (BL31-BL34), Changqiang (DU1), Huantiao (GB30), and Chengfu (BL36). Repeat three times.</p> <p>5. Caress the treated part. Repeat three times.</p> <p>6. Do it in left-right order; push from thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>7. Push upwards from the thigh root to Daimai (GB26) with hands along Bladder Meridian, Kidney Meridian, Liver Meridian, and Gallbladder Meridian. Repeat three times, respectively.</p> <p>8. Push from the thigh root to Daimai (GB26) with the palms overlapped (for lifting). Repeat 3 to 5 times.</p> <p>9. Push one line after another and back and forth from the buttocks' two sides to the highest point on them with hands (for shaping). Repeat three times.</p> <p>10. Repeat technique No.7.</p> <p>11. Caress the treated part.</p> <p>12. Do the same on the other side.</p> <p>13. Treatment ends.</p> <p>14. BODY RF: Lift one line after another from the thigh</p>	 <p>Technique 4</p>  <p>Technique 6, 14, 17</p>  <p>Technique 7, 10</p>  <p>Technique 9, 15, 18</p>  <p>Technique 16</p> 
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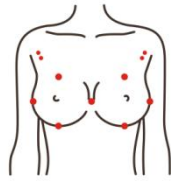
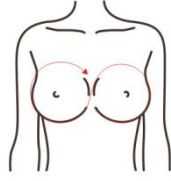
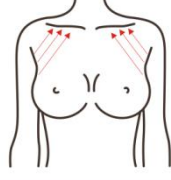
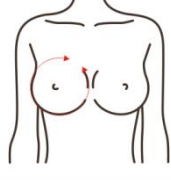
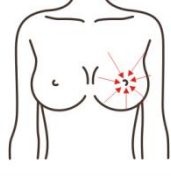
		<p>root to Daimai (GB26). Repeat three times.</p> <p>15. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>16. Draw small circles on the whole buttocks. Repeat 3 to 5 times.</p> <p>17. Lift one line after another from the thigh root to Daimai (GB26). Repeat three times.</p> <p>18. Lift upwards and one line after another from the two sides of the buttocks to the highest point on them. Repeat three times.</p> <p>19. Do the same on the other side.</p> <p>20. Clean the treated parts with a towel. Treatment ends.</p>	
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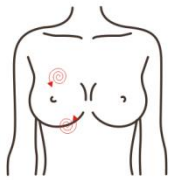


The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the buttocks lift and become hot. After a course, buttock outlines start to get clear, excess fat decreases slowly, and the skin turns tightened. If you finish three courses, cold-natured body, cold uterus, and gynecological diseases relieve, menstruation returns to normal, and the effect consolidates, boosting feminine charm.

Breast Sculpting: 50 Minutes/ Once a Week

<p>Body RF</p> <p>Advised Time: 15 to 20 minutes</p> <p>Advised Energy Level: 3 to 7</p>	<p>Massage Cream (Essential Oil) + Instrument</p>	<p>1. Stand next to the head of a bed, apply essential oil from Danzhong (RN17) to the armpit with hands, move upwards, and lift Cooper's ligaments simultaneously. Repeat three times.</p> <p>2. Press Danzhong (RN17), Ruzhong (ST17), Dabao (SP21), Yinchuang (ST16), Zhongfu (LU1), and Yunmen (LU2) with thumbs. Repeat three times.</p> <p>3. Caress the treated part.</p>	<p>Technique 1</p>  <p>Technique 2</p>
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		<p>Repeat three times.</p> <p>4. Draw Arabic numeral eight between Danzhong (RN17) and the breasts with palms overlapped. Repeat three times.</p> <p>5. Lift from the accessory breast to Cooper's ligaments with hands, and do it in left-right order. Repeat ten times.</p> <p>6. Caress the treated part. Repeat three times.</p> <p>7. Sit next to the client. Do it in left-right order; caress and lift the breast with hands. Repeat 3 to 5 times.</p> <p>8. Push the lactiferous ducts around the breasts with hands' pulicue. Repeat 3 to 5 times.</p> <p>9. Dredge the nodule part of the breasts with the thumbs moving circlewise and alternately. Repeat three times.</p> <p>10. Caress and lift the whole breast with hands. Repeat 3 to 5 times.</p> <p>11. Do the same on the other side.</p> <p>12. BODY RF: Do it in left-right order; lift towards the nipple from the bottom up with the instrument circling the breast, and caress it with your hand. Repeat 5 to 8 times.</p> <p>13. Lift to the collarbone along breast drawing semi-circle, and caress it with hands. Repeat 5 to 8 times.</p> <p>14. Draw small circles to dredge the parts with</p>	 <hr/> <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 7, 13</p>  <hr/> <p>Technique 8, 12</p>  <hr/> <p>Technique 9, 14</p>
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		<p>nodules. Repeat 3 to 5 times.</p> <p>15. Let the client lie on his side and with his arms lifted. Move the handpiece circlewise on the accessory breast to dissolve fat. Repeat 5 to 8 times.</p> <p>16. Push from the accessory breast to the breast with the handpiece (remove accessory breast and shape). Repeat 5 to 8 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean the treated parts with a towel. Treatment ends.</p>	 <hr/> <p>Technique 15</p>  <hr/> <p>Technique 16</p>  <hr/>
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The Recommended Course of Treatment

A course of treatment includes ten treatment cycles. When you accomplish a treatment cycle, the breast is heated, accelerating blood circulation, and you can see the lifting effect. After a course, the effect becomes more evident, and the nodules relieve. If you finish three courses, the skin turns tightened, the shaping reinforces, the breast elasticity boosts, and the internal secretion regulates, making women more charming.