

User Manual

LS-45D2



Preface

Dear Users,

We're pleased to present to you our latest 4-in-1 comprehensive beauty machine featuring RF&Suction, EMS&EL, RF&Suction Body, and RF&Ultrasound. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

Table of Contents

Preface	
Part I	
Introduction	
Advantages	
Working Principles	
Skin Firming and Anti-ageing	
Neck Care	
Body Management	
(1). Waist&abdomen Shaping	
(2). Arm Shaping	
(3). Back Shaping	
(4). Leg Shaping	
(5). Butt Shaping	
Part II	
1. Detailed Operations	
2. Technical Parameters	
3. Dos and Don'ts	
4. Troubleshooting & Solutions	
5. FAQs	
6. Packing List	
7. Simplified Treatment Steps	
8. Operational Diagrams	

Part I

Introduction

With the combination of RF&Suction, EMS&EL, RF&Suction Body, and RF&Ultrasound, this machine is among the most popular beauty machines for skin care, skin firming, body shaping and anti-ageing. So, this machine can replace all face and body care treatments in beauty salons. Moreover, it is convenient and easy to operate. It solves both skin and body management problems for beauty-seekers. This equipment requires no injection, no medication, and no operation, for which it has no side effects. It is used externally during the whole process and has an immediate effect. RF heats deeper skin layers, stimulates collagen to regenerate and reorganize in dermis, and promotes blood circulation at skin bottom, which can achieve the results of skin firming and anti-aging. Ultrasonic waves with specific frequencies target those parts in which there are stubborn fat to bring customers amazing results.

Advantages

1. 4-in-1 beauty machine offers comprehensive facial and body care.
2. The ultrasonic wave can powerfully burn and remove fat, which surpasses liposuction to solve the problems for obese people.
3. Various working heads can be chosen to be used in different parts according to different needs.
4. One working handle has various functions. The RF handle has more powerful and even energy release.
5. The perfect combination of ultrasound and radio frequency solves major problems in losing weight. It helps with weight loss and meanwhile firms skin, increases skin elasticity, promotes metabolism, and ultimately strengthens one's constitution.
6. It adopts the advanced technology of ultrasonic wave fat-burning. It is painless and non-invasive treatment process. Once the treatment is over, customer can go back home and there is no recovery period, which will not bring any inconvenience to life and work.
7. No consumption, low cost and quick returns.
8. Wider treatment range and remarkable results.
9. Unevenness, bleeding, and swelling will not appear after treatment.
10. Various handpieces have the energy release of red LED light, which can dissolve fat and massage body, and accelerate metabolism and sterilize skin at the same time. The effect is remarkable with a higher comfort level.
11. It can dissolve fat in a safe and painless way, leaving skin smooth without scars.
12. The handle design is based on ergonomics. It is comfortable to hold it. And larger handles can be used to treat large-size areas.

Working Principles

RF&Suction

Massaging skin and muscles with a special vacuum suction handle can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also relieve saggy condition of facial skin and then firm and lift skin.

The waves vibrating millions of times per second can penetrate the epidermis and then directly act on the dermis to heat up collagen cells in a deep layer, and stimulate the growth of collagen fibers. In this way, it can make skin get firmer and more elastic.

Advantage: Uniquely designed RF tips integrate RF and vacuum as a whole, in which RF and vacuum can exist independently and also are complementary to each other. Compared to the ordinary RF, it can ideally shape body in a more effective, faster and even way. The added red LED light can help kill bacteria and activate cells to increase skin's elasticity.



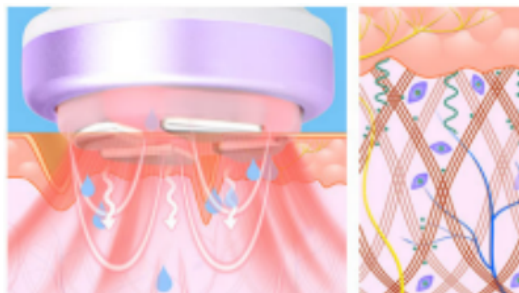
EMS&EL

EMS

EMS is the abbreviation of electronic muscle stimulation, which is known as muscle electrical stimulation technology, and also known as muscle movement technology. The simple explanation is that under normal circumstances, muscles begin to make movements after receiving signals from the brain, while EMS directly conveys the signal to the muscle through current stimulation, and then causes the muscle to make passive movements, thus leaving skin firmed and making facial contour more pronounced.

EL

Electroporation uses an electrical pulse to create a temporary electric field to act on cell membranes to create temporary pores through which larger molecules or hydrophilic molecules can pass into cells, thus promoting permeability.



RF&Suction Body

Massaging skin and muscles with a special vacuum suction handle can effectively improve the humoral fluidity of human cells, and increase the movement of cells to improve skin elasticity. Meanwhile, it can accelerate the blood circulation of microvessels, expel toxins from the body through the normal circulation of the lymphatic system, and reduce the probability of occurrence of adverse conditions such as spots, pigmentation and congestion in various parts of the body. The kneading sensation generated by vacuum suction can increase the tissue activity of skin and muscle, and therefore help to reduce tough tissue and increase the elasticity of skin tissue, so that both body slimming and shaping can be realized at the same time. In addition, the movement of vacuum cup can also stimulate sympathetic nervous system to lower skin sensitivity. The suction and release process of air pressure can not only improve capillary system but also promote the flow between deeper veins and lymphoid gland network to strengthen blood vessels and alleviate the condition of varicose veins.

Advantages: it is superior to the previous vacuum working mode which is single and simple.

Using different modes for different parts can be more efficient and more effective for slimming and shaping body, and it will never harm human body. Uniquely designed RF tips integrate RF and vacuum as a whole, in which RF and vacuum can exist independently and also are complementary to each other. Compared to the ordinary one-polar RF, it can ideally shape body in a more effective, faster and even way.

Vacuum Physical Effects

1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) It can drain excess water of lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels for the capillary system, and also promote the flow between the deeper veins and lymphatic networks.

(2) Remove harmful substance in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve the condition of varicose veins.

3. Fibrous layer

The suction and release of air pressure:

It can deliver two kinds of effects in different tissues (including skin, muscle and so on).

(1) Repair cells and increase their activity.

(2) Restore and improve skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen absorption of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, and make it more elastic so as to achieve the effect of body-shaping.

4. Nerve layer

The suction and release of air pressure:

It stimulates the surface and deep layer of sympathetic nervous system.

(1) Lower the sensitivity of skin.

(2) Restore skin elasticity and help resist tissue fibrosis.

Effects: Repair cells and lower skin sensitivity.



RF&Ultrasound

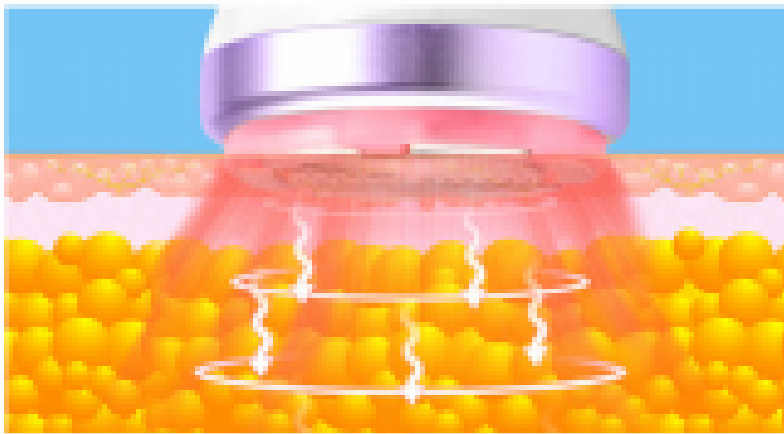
Ultrasonic wave is used to make human adipose cells take a strong impact and produce friction movement after strong sound waves enter into the human body, which can effectively consume

heat and water of cells and shrink adipose cells. In addition, when the sound wave vibrates, it can produce a strong impact on cells. And then the adipose cells will burst instantly, and they will be reduced so as to achieve the effect of fat removal.

Ultrasonic Cavitation: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal transmission of ultrasound, which will close rapidly in the positive pressure region to be compressed and stretched under alternating positive and negative pressures. When the bubbles burst, there will be huge instantaneous pressure of up to tens of MPa to hundreds of MPa, and strong vibration and noise will be produced.

Advantages: It only aims for low-density adipose tissue for its specific frequency, and protects high-density tissue such as vascular and nerve tissue.

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce heat to promote collagen growth by raising the temperature of the bottom layer of skin and heating tissue quickly and continuously. In this way, it can achieve the effects of firming, lifting and smoothing skin.



Face Firming&Anti-ageing

1. Handpiece

RF&Suction, EMS&EL

2. Effects

1. Firm face and enable the deep introduction of nutrients.
2. Increase skin elasticity and smoothness
3. Moisturize the skin and increase the absorption rate of the skin.
4. Accelerate blood circulation and metabolism.
5. Relieve the symptoms of double chin and tighten skin.
6. Stimulate collagen proliferation and delay aging

3. Applicable Range

1. Those whose faces are dark and dull.
2. Those whose skin is flabby and sagging.
3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
4. Those whose face contours are not clear.
5. Those who have rough skin and large pores.
6. Those who work for a long time in the office and are exposed to ultraviolet rays.
7. Those who have sagging skin, edema or puffiness after giving birth

4. Inapplicable Range

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.
2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.
3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
4. Those who are in allergic period and have severely sensitive skin and metal allergies.
5. Those who have trauma or wound on the skin.
6. Those who are of advanced years.
7. Those who are in menstruation, pregnancy, lactation, surgical recovery.
8. Those who have skin diseases and infectious diseases.
9. Those who are sensitive to electric currents.

5. Do's and Don'ts after operation

1. Wash face with hot water within 3 days
2. Keep hydrated and prevent skin damages caused by sun ray
3. Do not use irritating products within one week such as AHA, scrubbing and exfoliating products
4. Do not stay up late, smoke cigarettes and drink alcohol. Eat more fruits, vegetables and light foods.
5. Apply face mask at least 3 times in the following week.

Neck Care

1. Handpiece

RF&Suction

2. Effects

1. Relieve flabbiness, roughness and dullness of the neck skin.
2. Firm skin and increase skin elasticity.
3. Relieve the condition of double chin.
4. Accelerate lymphatic detoxification and improve facial texture.
5. Prevent neck and lymph diseases.

3. Applicable Range

1. Those with rough and dull skin on the neck.
2. Those with lymphatic blocking
3. Those with sagging and inelastic neck skin.
4. Those who often bow their heads
5. Those who are not satisfied with their skin colour.

4. Inapplicable Range

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are of advanced years.

6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

5. Do's and Don'ts after Operation

1. Keep neck warm and do not expose yourself to strong sunlight
2. Do not use the products containing alcohol and AHA or scrubbing cream within 1-3 days.
3. Do not wash face with too hot water or go for sauna, hot spring and violent exercise within 7 days.
4. Keep hydrated and apply neck mask at least 3 times a week, for the treated area is relatively dry. Apply essence or neck cream.
5. Do not bow your head for a long time.

Body Management

(1). Waist&abdomen Shaping

1. Handpiece

RF&Suction Body, RF&Ultrasound

2. Effects

1. Relieve cold hands and cold feet, cold womb or cold body of women.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

3. Applicable Range

1. Those with cold feet, cold hands, cold womb and cold body.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those who often sit for a long time, or have unsatisfactory waistlines.
4. Those with stretch marks.
5. Those with constipation or obstruction of abdominal meridians.

4. Inapplicable Range

1. Those with "3 Hs"(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those whose incisions are healing or who are on the road to recovery.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

5. Do's and don'ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after

operation.

5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to help with metabolism and weight loss.

(2). Arm Shaping

1. Handpiece

RF&Suction Body, RF&Ultrasound

2. Effects

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.
2. Improve sagging skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm sagging skin.
5. Tighten skin.
6. Accelerate blood circulation and dredge meridians and collaterals.

3. Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with flabby arms.
3. Those with sagging arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often hold baby or children

4. Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are of advanced years.
6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

5. Do's and Don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours.
3. Drink plenty of warm water to stay hydrated.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

(3). Back Shaping

1. Handpiece

RF&Suction Body

2. Effects

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.

2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent skin from sagging.
7. Reduce excess fat on the back and shape back.

3. Applicable Range

1. Those with sore shoulders and backs and stiff necks.
2. Those who suffer from insomnia, dream a lot or have a worse memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who have a lump on the back of the neck.

4. Inapplicable Range

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
1. Those whose surgical wound is healing or convalescence
2. Those who has “three Hs” , heart disease, epilepsy and severe diabetes and hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those with skin diseases and infectious diseases.
5. Those who are too weak.
6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

5. Do's and Don'ts after Operation

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Take shower in 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothes

(4). Leg Shaping

1. Handpiece

RF&Suction Body, RF&Ultrasound

2. Effects

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

3. Applicable Range

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.

3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

4. Inapplicable Range

1. Those who are in menstruation, pregnancy or lactation.
2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc
3. Those with skin diseases or infectious diseases.
4. Those who have incisions on their bodies.
5. Patients with severe varicose veins and tumors.
6. Those who are having allergic reactions or who have severely sensitive skin.
7. People who have just had liposuction.
8. Those who are of advanced years.
9. Pregnant women or who are on the road to recovery.

5. Do's and Don'ts after Operation

1. Keep warm after operation. Do not eat cold food.
2. Take shower in 4-6 hours later.
3. Drink more warm water to keep hydrated and speed up metabolism.
4. Do not eat and drink too much or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants after operation. Avoid wearing miniskirts and shorts.

(5). Butt Shaping

1. Handpiece

RF&Suction Body

2. Effects

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Maintain the normal function of ovary, stimulate the secretion of glands, and make couple's relationship closer.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

3. Applicable Range

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and obesity.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

4. Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are of advanced years.

5. Do's and Don'ts after Operation

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Take a shower in 4-6 hours after operation.
3. Drink plenty of hot water to avoid getting a cold.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

Part II

1. Detailed Operation

After all are connected properly, the following interface will appear when the power switch is pressed.



1. Function Selection



time and adjusting buttons



button for decreasing time



button for increasing time



return button

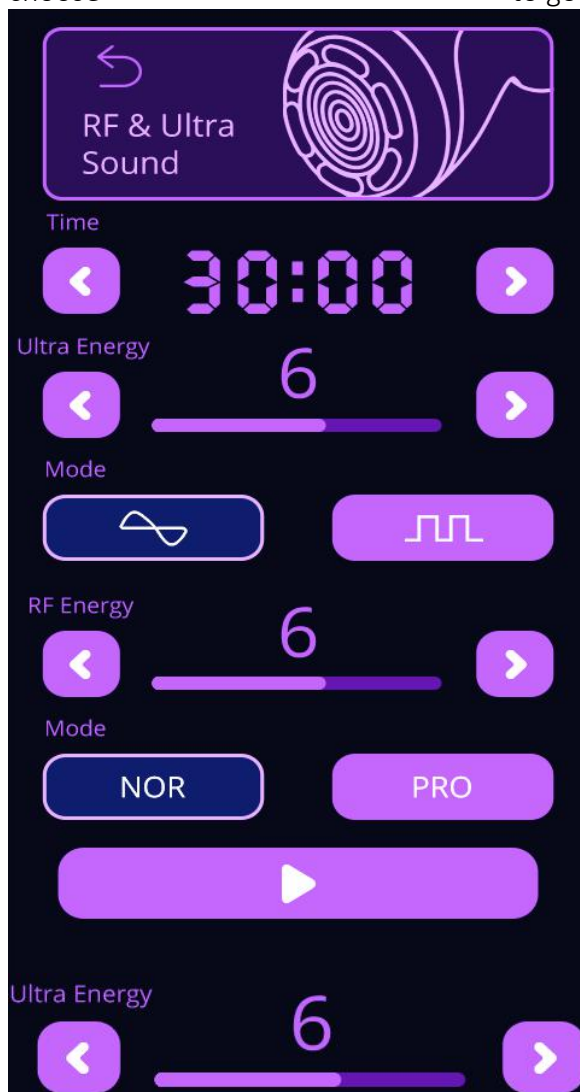


start/stop button

2. Detailed Operation of RF&Ultrasound



choose to go to the following interface



energy level and adjusting buttons of Ultrasound

function



button for lowering energy level



button for raising energy level



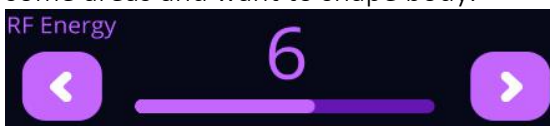
working modes of Ultrasound



Constant working mode, suitable for those who have thick fat accumulation.



Discontinuous working mode, suitable for those who have unwanted fat on some areas and want to shape body.



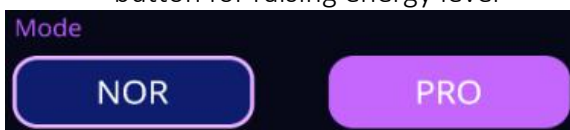
RF energy level and adjusting buttons



button for lowering energy level



button for raising energy level



RF working mode selection



Fixed mode, the red light goes on and the RF energy directly reaches preset level after the stat button is pressed.

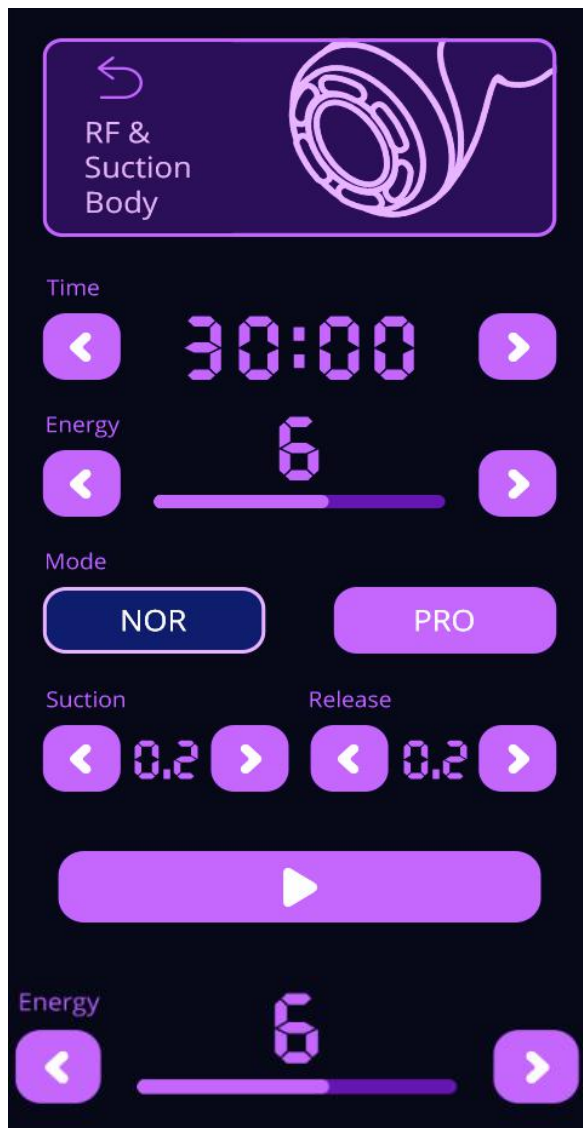


Smart mode, the red light goes on and the RF energy slowly reaches preset level after the stat button is pressed and the handpiece touches skin.

3. Detailed Operation of RF&Suction Body



choose to go to the following interface



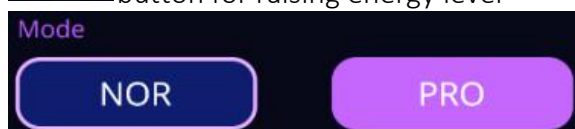
energy level and adjusting buttons



button for lowering energy level



button for raising energy level



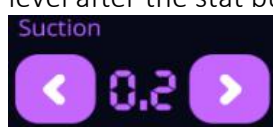
RF working mode selection



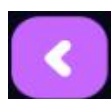
Fixed mode, the red light goes on and the RF energy directly reaches preset level after the stat button is pressed.



Smart mode, the red light goes on and the RF energy slowly reaches preset level after the stat button is pressed and the handpiece touches skin.



suction time and adjusting buttons



button for decreasing time



button for increasing time



release time and adjusting buttons



button for decreasing time



button for increasing time

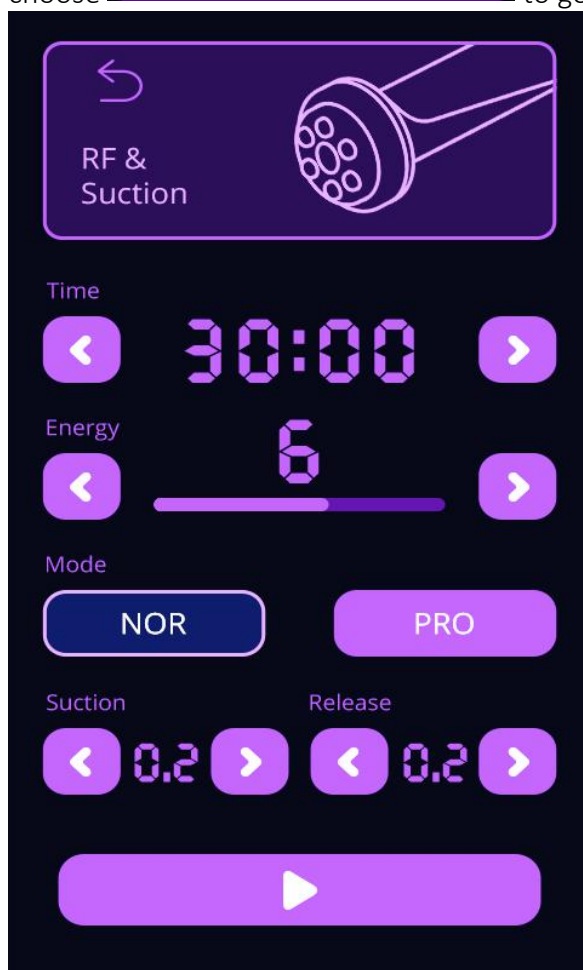


knob for adjusting suction level(turning it clockwise is to increase suction and turning it anticlockwise is to decrease suction)

4. Detailed Operation of RF&Suction



choose to go to the following interface





RF energy level and adjusting buttons



buttons for decreasing time



buttons for increasing time



RF mode selection



Fixed mode, the red light is on and the RF energy directly reaches preset level after start button is pressed.



Smart mode, the red light is on and the RF energy slowly reaches preset level after start button is pressed and the handpiece touches skin.



suction time and adjusting buttons



button for decreasing time



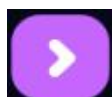
button for increasing time



release time and adjusting buttons



buttons for decreasing time



buttons for increasing time

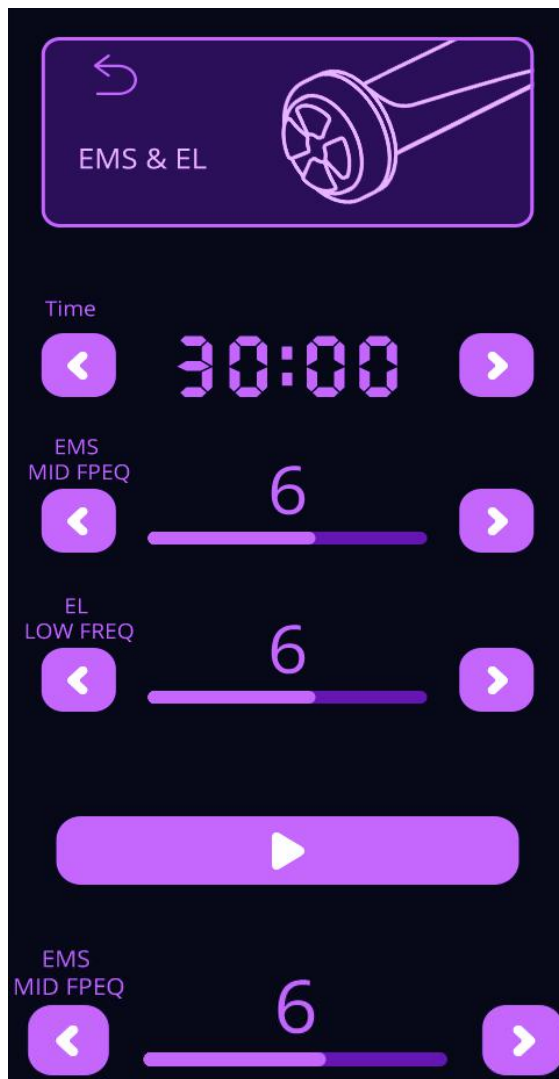


knob for adjusting suction level(turning it clockwise is to increase suction and turning it anticlockwise is to decrease suction)

5. Detailed Operation of EMS&EL



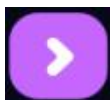
choose to go the following interface



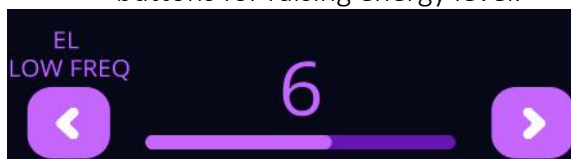
EMS energy level and adjusting buttons



buttons for lowering energy level.



buttons for raising energy level.



the frequency of EL and adjusting buttons



button for lowering frequency



button for raising frequency

2. Technical Specifications

RF&Ultrasound

Frequency: 30KHz

Frequency: 5MHz

Power: 90W

RF&Suction Body

Frequency: 5MHz

Power: 90W

Suction Vacuum: -73KPa

AirFlow: >10L/minute

Noise Level: <65dB(30cmaway)

RF&Suction

Frequency: 5MHz

Power: 70W

Suction Vacuum: -73KPa

AirFlow: >10L/minute

Noise Level: <65dB(30cmaway)

EMS&EL

Frequency: 4KHz

Frequency: 62.5Hz

Power: 12W

Power Supply Input : AC110V-220V 50/60Hz

Power: 90W

Dimensions: 11 x 14 x 13 inches

Net Weight: 6.1KG

Gross Weight: 6.9KG

3. Dos and Don'ts

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.
2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.
3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.
5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.
6. Before treatment, please remove all metal objects from the body first, so as to avoid

unexpected conditions and influence the curative effect.

7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.

8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.

9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use so as to ensure the safety of using the electrical products.

10. Set the energy at lowest level at the beginning and slowly raise it after the customer adapts to it.

11. Clean the instrument with normal saline after operation to ensure its cleanliness to prolong its service life.

12. The handle can be used alone. Better results will be delivered if one handle works in conjunction with other handles.

13. Make sure the handle is in full contact with skin during operation in case skin is heated unevenly.

14. The treatment area should be kept moisturized during the operation and do not perform the treatment on dry skin.

15. When the treatment receiver is taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if the treatment receiver want to use this machine immediately.

16. RF&Ultrasound handpiece should not be used on head, chest, breast, heart and back.

17. Use this machine or train the operators in strict accordance with instructions in the user manual.

4. Troubleshooting & Solutions

1. The instrument cannot be started, and the button light on the back of the instrument does not work?

A. Make sure the power cord is connected to the socket with normal power supply.

B. Whether the fuse on the back of the instrument is loose or blown.

2. No RF output from the instrument?

A. Please check whether the cord connects the handle to the machine properly

B. Please check whether the treatment area has been cleaned. Grease or essential oil products may cause poor contact between the handle and human body to cause this problem.

3. Weakened RF output?

A. Please check whether the cord connects the handle to the machine properly

B. Please check whether non-conductive grease and other substances are on the treatment handle, which can cause poor contact between the handle and skin to weaken the output.

C. Please check whether the handle used is the one specified by the instrument.

4. There is weak or no suction?

A. Please turn off the machine and check whether the dedicated filter should be replaced.

B. Please check the hose connecting cup to machine body, which may be broken.

C. Please check whether the container of the filter is screwed tight and rubber rings are worn down. This case can occur if the area is not airtight.

D. If methods above can not solve such problem, please contact machine distributor for help.

5. I can start the instrument, but the screen shows erroneous message?

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above method cannot solve the problem, please contact the instrument dealer for assistance.

5. FAQs

1. Q: How long does it take before I start seeing results of RF treatment?

A: Normally, you can see the treatment results that day when you take the operation or within one week. Skin collagen tissue is heated and then contracts, and you can obviously feel the sensation of skin being tightened. Because RF works to stimulate subcutaneous tissue to promote collagen regeneration, so the more you take the treatment, the more noticeable the effects will be.

2. Q: Is RF harmful to skin?

A: RF treatment is non-surgical operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, and therefore has no damage to the skin. Local redness and hotness are the normal conditions of accelerated blood circulation, which will be relieved after a moment. So there's no need to worry about that.

3. Q: How long does the body-firming treatment take?

A: One treatment session is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

4. Q: What functions does this instrument have?

A: It has the functions of dissolving fat and shaping body, firming & lifting skin and anti-aging. It can be operated on every part of the body. In terms of facial care, it can form face contour, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S-shaped curve, and promote metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and solve sub-health problems.

5. Q: Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through negative pressure suction so as to achieve the purpose of rapid weight loss. It's a surgical treatment requiring anesthesia and so there is recovery period, which has risks despite its immediate results. However, our instrument is risk-free without side effects. It can not only help you reduce fat but also stimulate collagen regeneration to lift and tighten skin. It can also build perfect curves by lifting skin, and accentuate women's sexual charm.

6. Q: Will I regain weight after operation?

A: RF works to dissolve fat to reduce weight, and users are not prone to regain their weight. Because what's dissolved through ultrasonic treatment is fat, not water. Fat needs a longer period of time to accumulate, so normally people will not regain weight.

7. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment work to dissolve fat and accelerate metabolism. It's best to avoid eating spicy, oily, or fried food in case they affect regular metabolism. Proper workout for sweating helps with fat metabolism process. In such way, the results will be more noticeable.

8. Q: Does it have side effects on the body?

A: RF beauty treatment is non-invasive and is one of the most effective and the safest approach to remove wrinkles and shape body. Generally speaking, side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after treatment, which will disappear after three days because collagen regeneration will make skin plump up though RF heat can cause moisture loss of skin. Overall, there are no side effects on people's health.

9. Q: Can ultrasound treatment be performed on every part of the body?

A: Ultrasound treatment works to rupture fat cells, by which fat is released from cells and then metabolized through lymphatic system. So its power is very high. Heart is sensitive to high frequency sound waves since it is a hollow organ. After being vibrated by sound waves, the heart will reflect the waves due to the different transmission of sound waves by the muscle tissue and the blood in the heart. This force can pull valves away from the heart muscle. If you use the instrument on eyes, it can lead to retinal detachment, so the ultrasound treatment should not be performed on the areas of eyes and heart. (not on the areas of waist, back and chest)

10. Q: Does ultrasound treatment have side effects on human body?

A: Ultrasonic beauty treatment is non-surgical and non-invasive program without anaesthesia. It relies on ultrasound (mechanical sound wave) - dissolve fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets low-density fat cells but leaves high-density tissue like blood vessels intact, and therefore has no side effects on human body. Slight tinnitus will probably occur during the treatment, which is within normal range. So there's no need to worry about that.

11. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It penetrates into 20mm-deep skin fat layers through ultrasound focusing. Highly intensified ultrasound can cause high-speed friction among fat cells, which can heat and dissolve them. And during the process, sound may be produced so that customer will have the sensation of tinnitus.

12. Q: What is collagen?

A: Collagen is a kind of biological macro molecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrients needed by all layers of the skin, enhance the collagen activity in the skin, retain moisture, nourish skin, slow down ageing, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay ageing. With the growth of age, collagen will gradually be lost. For women, collagen will begin to decrease since the age of 20. At the age of 25, collagen loss will reach its peak. At the age of 40, the collagen content is less than half of that one has at age of 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic fibers will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic. Therefore, in order to delay ageing, there must be plenty of collagen.

13. Q: How does vacuum detoxify?

A: Vacuum can cause capillary congestion, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, which can promote skin breathing, increase the amount of skin oxygen, and speed up waste removal. So it achieves the effects of promoting qi and blood circulation, dispelling cold and damp, dredging meridians and collaterals, clearing toxins, dissipating heat and so on.

6. Packing List

1 x S-SHAPE Main Machine
1 x Suction& RF Facial Slimming Handle
1 x EMS& EL (Electroporation) Facial Anti-aging Handle
1 x Ultrasound Cavitation&RF Body Shape Handle
1 x Suction&RF Body Sculpture Handle
1 x Power Supply Cord (Both 110v and 220v voltage (frequency: 50/60Hz) version are available.
Also we stock the USA, UK, AU, EU plug to suit for the country all over the world.)
1 x Holder

7. Simplified Treatment Steps

1. Skin -firming &anti-ageing

Remove makeup--clean face--apply toner--massage techniques--EMS&EL--RF&Suction--apply face mask--apply toner, essence, face cream and sunscreen.
Needed skincare products: serum, RF cream/massage cream

2. Neck care

Remove makeup--clean neck--apply toner--massage techniques--RF&Suction--apply neck mask--apply toner, essence/neck essence, neck cream, sunscreen
Needed skincare products: RF cream/massage cream

3. Abdomen&waist shaping/arm shaping/leg shaping

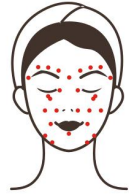



Massage techniques--RF&Ultrasound--RF&Suction Body--wipe the treated area clean
Needed skincare products: gel, RF cream/essential oil

4. Back shaping/butt shaping

Massage techniques--RF&Suction Body--wipe the treated area clean
Needed skincare products: RF cream/essential oil

8. Operational Diagrams

Parameter Adjustment	Skincare Product	Techniques	Diagrams
Skin Firming&Anti-ageing: 60 min once a week			
EMS&EL EMS Energy: 3-7 EL energy: 3-7 Time: 10-15 min RF&Suction RF energy: 3~7	Makeup Remover+Face Cleanser+Cold& Hot Steam+Massage Cream+Base Mask+Essence+ RF cream+Face Mask	1. Remove makeup and clean face, 5 minutes. 2. Apply water mask and hot steam, 10 minutes 3. Clean the face, 2 minutes. 4. Apply toner , 1 minute 5. Apply massage cream evenly to face and soothe face, 3 times. 6. Apply digital pressing	Technique5, 7  Technique6



<p>Time: 15-20 min Mode: NOR/PRO Suction time: 0.5-1.5 Release time: 0~1 Adjust suction level based on individual endurance.</p>		<p>technique on the following acupoints (RN-24, DU-26, ST-4, ST-6, LI-20, BL-1, BL-2, EM3, TE-23, the temple, GB-1, ST-1, ST-2), 3 times.</p> <p>7. Soothe face, 3 times</p> <p>8. Alternately apply lifting technique from chin to ear lobe, mouth corner to Ermen(SJ21), and nose wing to temple, lift eye corner from lower eyelid to temple with both hands, 3 times.</p> <p>9. Repeat the technique on the other side.</p> <p>10. Apply lifting technique towards hairline on forehead, 3 times</p> <p>11. Apply plucking technique with fingers alternately to lift face.</p> <p>12. Apply plucking technique with one hand towards hairline on forehead.</p> <p>13. One side, apply plucking technique with both hands alternately to lift face, 2-3 minutes</p> <p>14. Repeat the technique on the other side.</p> <p>15. Move in a zigzag motion on forehead with middle and ring fingers, slide to the front side of ears and lift back and forth for 3 times and then slide to the back of ears.</p> <p>16. Wash face clean and apply essence evenly to face(anti-ageing/whitening/hydration), 3 minutes.</p> <p>17. EMS&EL operation: lift line by line from jaw to earlobe, mouth corner to ear center, and nose wing to temple, 3-5 times.</p> <p>18. Repeat the operation on the other side.</p> <p>19. Lift towards hairlines on forehead, 3-5 times.</p> <p>20. Wash face clean, 2 minutes.</p> <p>21. Apply RF cream evenly to</p>	<div data-bbox="1230 203 1358 398"></div> <div data-bbox="1145 412 1414 483">Technique 8, 17, 22, 23</div> <div data-bbox="1230 501 1358 696"></div> <div data-bbox="1145 710 1431 781">Technique 10, 12, 19, 25</div> <div data-bbox="1230 799 1358 994"></div> <div data-bbox="1145 1008 1326 1041">Technique 15</div> <div data-bbox="1230 1059 1358 1254"></div>
--	--	---	--

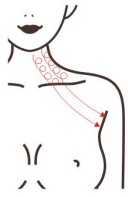
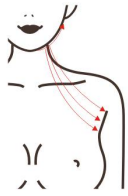
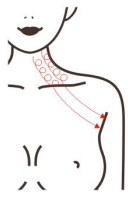

		<p>face, 1 minute.</p> <p>22. RF&Suction operation: lift line by line from jaw to earlobe, mouth corner to ear center, and nose wing to temple, 3-5 times.</p> <p>23. Use one hand and the handpiece to lift from jaw to earlobe, mouth corner to ear center, and nose wing to temple, 3-5 times.</p> <p>24. Do the same on the other side.</p> <p>25. Lift towards hairlines on forehead, 3-5 times.</p> <p>26. Apply face mask, 15 minutes.</p> <p>27. Wash face clean, 2 minutes.</p> <p>28. Apply toner, essence, face cream and suncream.</p> <p>29. The end.</p>	
--	--	---	--

Treatment Suggestions

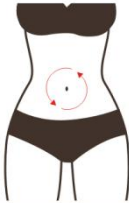
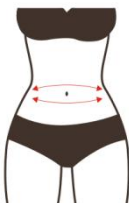
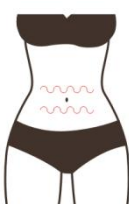
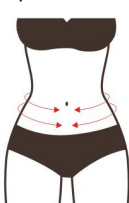



One course of treatment consists of ten treatment sessions. After one treatment session, skin will be firmed and rejuvenated as the nutrients it needs are absorbed. After one course of treatment, skin will be lifted with glow. Two courses will make skin smooth and plump, leaving face contour clearer. Three courses will promote skin metabolism and detox processes, help fade pigmentation and skin darkness, slow down skin ageing and prevent skin from sagging, and stimulate collagen regeneration to leave skin smooth and firm with glow.



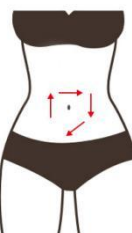
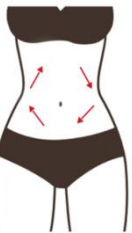

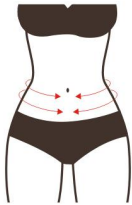
Neck Care: 60 min once a week

<p>RF&Suction</p> <p>RF energy: 3~7</p> <p>Time: 15-20 min</p> <p>Mode: NOR/PRO</p> <p>Suction time: 0.5-1.5</p> <p>Release time: 0~1</p> <p>Adjust suction level based on individual endurance.</p>	<p>Makeup Remover+Face Cleanser+Massage Cream+Essence+Neck Mask</p>	<ol style="list-style-type: none"> 1. Remove makeup and clean neck, 5 min. 2. Apply toner, 1 min. 3. Neck massage, rub oil into chest with both hands towards the back of the neck and press Gb-20 and Du-16 acupoint, 3 times. 4. Alternately lift the lower jaw and double chin area to pass the back of ear to the armpit, 3 times. 5. Push downwards with thumb and index finger splaying, tracing 3 meridians from the neck side to the armpit, 3 times. 6. Push downwards with 4 	<p>Technique3</p>  <p>Technique4</p>  <p>Technique5, 6, 7</p>
---	---	--	---


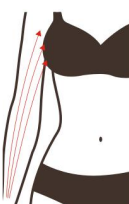



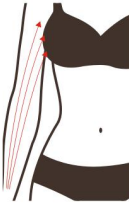
		<p>fingers, tracing 3 meridians from neck side to the armpit, 3 times.</p> <p>7. Push downwards with bending fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Push downwards with thumb and index finger splaying from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. The end</p> <p>11. RF&Suction operation: use one hand and the handpiece to lift double chin area and then pass the back of ear to armpit, 3 times.</p> <p>12. Move the handpiece in circles along three lines on one side of neck to armpit, 3 times.</p> <p>13. Slide the handpiece from inner and outer sides of clavicle to the armpit, 3-5 times.</p> <p>14. Move the handpiece in circles on the whole neck area, 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Wipe neck clean with hot towel, 2 minutes.</p> <p>17. Apply neck mask, 15 minutes</p> <p>18. Wipe neck clean with hot towel, and apply the towel to face for 5 minutes.</p> <p>19. Apply toner, neck essence, neck cream and suncream</p> <p>20. The end.</p>	 <p>Technique11</p>  <p>Technique12</p>  <p>Technique14</p> 
<p>Treatment Suggestions</p> <p>A course of treatment consists of ten treatment sessions. After one treatment, skin becomes rejuvenated and smooth. After a full course, neck skin becomes smooth, and the neck lymphatic circulation is accelerated. After 2 courses of treatment, skin will be tightened, neck lines will be reduced, and the the condition of double chin will be relieved. After 3 courses of treatment, skin will be firmed with glow, lymphatic detox will be accelerated and some problems will be resolved such as acne and skin dullness. Moreover, skin aging will be prevented and skin will remain in a young state.</p>			


Waist&abdomen Shaping: 60 min once a week

<p>RF&Ultrasound Time:15-20 min Energy: 3-7 Ultrasound mode: Constant working mode Discontinuous working mode RF mode: NOR/PRO</p> <p>RF&Suction Body Time: 10-15 min Energy:3-7 Mode: NOR/PRO Suction time:0.5-1.5 Release time: 0~1 Adjust suction level based on individual endurance.</p>	<p>Essential oil(Massage cream)+gel+LS-45D2</p>	<ol style="list-style-type: none"> 1. Rub oil into abdomen with hands moving in circular motion, 3 times. 2. Rub abdomen back and forth with both hands, 3-5 times. 3. Knead abdomen with both hands using chiropractic technique, 3 times. 4. Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times. 5. Move hands in 8-shaped motion with right hand and left hand moving clockwise and anti-clockwise respectively on waist, 3 times. 6. Overlap hands and massage the intestinal canal clockwise, 3 times. 7. Move hands in circular motion to soothe the treatment area, 3 times. 8. Apply digital pressing technique on the following acupoints: RN13, RN12, RN10, RN8, RN6, RN4, RN3, ST25, SP15, 2 times. 9. Starting from RN3 point, push to belly navel, slide to waist and then lift upwards to groin with both thumbs, 3 times. 10. Soothe the treatment area with hands and then slide to groin, the end. 11. RF&Ultrasound operation: move the handpiece slowly along ascending colon, transverse colon and descending colon to rectum,3-5 times. 12. Move the handpiece in rhombus-shaped motion on abdomen, 3-5 times 13. Move the handpiece up and 	<p>Technique1, 7, 10</p>  <p>Technique2</p>  <p>Technique3</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p> 
---	---	--	---

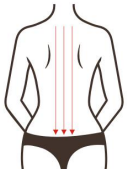



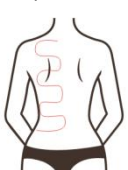
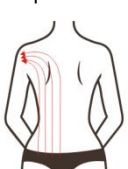
		<p>down on waist side, 3-5 times.</p> <p>14. Use the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>15. Use one hand and the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>16. RF&Suction Body operation: starting from one side of the waist, lift the handpiece to abdomen and groin, 3 times.</p> <p>17. Repeat the previous operation on the other side, 3 times.</p> <p>18. Suction&release mode, move the handpiece slowly on abdomen, 3 times.</p> <p>19. Constant suction mode, move the handpiece up and down to shape waist, 3-5 times.</p> <p>20. Use one hand and the handpiece to lift Meridian BV(Belt Vessel) on both sides of waist 16 times.</p> <p>21. Wipe the area clean.</p> <p>22. The end.</p>	 <p>Technique9</p>  <p>Technique11、</p>  <p>Technique12</p>  <p>Technique13, 19</p>  <p>Technique14, 15, 16, 18, 20</p> 
<p>Treatment Suggestions</p> <p>A course of treatment consists of ten treatment sessions. After one treatment session, metabolism will be accelerated. After one course, fat will be slowly metabolized, body will start to slim down. Constipation and other issues will be relieved at the same time. After two courses, the effects will gradually become obvious, skin will be tightened and lifted, and skin collagen will be increased. Stretch marks and flabby skin are also alleviated. Three courses will help consolidate the effects. Unwanted fat will gradually disappear, and waist and abdomen curves will start to take shape.</p>			

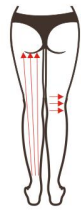





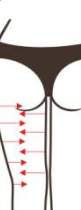
Arm Shaping: 60 min once a week

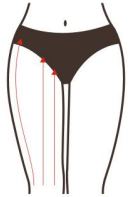

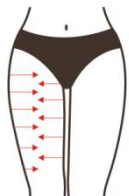


<p>RF&Ultrasound Time:15-20 min Energy: 3-7 Ultrasound mode: Constant working mode Discontinuous working mode RF mode: NOR/PRO</p> <p>RF&Suction Body Time: 10-15 min Energy:3-7 Mode: NOR/PRO Suction time:0.5-1.5 Release time: 0~1 Adjust suction level based on individual endurance.</p>	<p>Essential oil(Massage cream)+gel+LS-45D2</p>	<ol style="list-style-type: none"> 1. Left-right order: lay the arm flat, rub oil into skin from lower arm to the entire arm and slide to the fingers(soothing technique), 3 times. 2. Push the entire arm with both palms, 3 times. 3. Push hands upwards tracing three meridians: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with thumbs and index fingers splaying, 3 times. 4. Soothe the area, 3 times 5. Rub three meridians on arms with bending fingers back and forth to warm them up, 3 times. 6. Soothe the area, 3 times 7. Lay inner arm upwards, and push hands tracing three yin meridians on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(HT) to armpit with thumbs and index fingers splaying, 3 times respectively. 8. Rub three meridians back and forth with bending fingers to warm them up, 3 times. 9. Soothe the area and slide to fingers. 10. Wipe arms clean with towel, and then apply gel evenly to the entire arm. 11. Repeat above techniques on the other arm. 12. RF&Ultrasound operation: lay customer's arm flat, push from fat part of lower arm along three meridians to armpit, 5-8 times. 13. Move the handpiece in spiral curve on upper arm towards armpit, 5-8 times. 14. Repeat the operation on 	<p>Technique1</p>  <p>Technique2, 3, 4, 5, 6</p>  <p>Technique7</p>  <p>Technique8, 16, 18</p>  <p>Technique9</p>  <p>Technique12, 15, 20, 23</p>  <p>Technique13, 14, 21, 22</p>
---	---	--	--

		<p>flabby area, 3 times.</p> <p>15. Move the handpiece along three meridians to armpit, 3 times.</p> <p>16. Let inner side of arm face upwards and push three meridians on upper arm to armpit, 3 times.</p> <p>17. Move the handpiece in spiral curve on fat area of upper arm towards armpit, 3 times.</p> <p>18. Move the handpiece back and forth on the fat area of upper arm, 5-8 times.</p> <p>19. Repeat the techniques above on the other arm.</p> <p>20. RF&Suction Body operation:</p> <p>21. Let customer lay her arm flat, move the handpiece back and forth on upper arm, 5-8 times.</p> <p>22. Move the handpiece in spiral curve on upper arm, 5-8 times.</p> <p>23. Let the inner side of arm face upwards, move the handpiece on the inner side of upper arm up and down, 5-8 times.</p> <p>24. Move the handpiece in small spiral curve on the the inner side of upper arm, 5-8 times.</p> <p>25. Repeat the techniques on the other side.</p> <p>26. Wipe the area clean</p> <p>27. The end.</p>	
<p>Treatment Suggestions</p> <p>A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. After one course of treatment, excessive fat on arms will be reduced and the skin will appear to be tight and plump. Two courses of treatment will help shape arms, dredge meridians, and enhance constitution to strengthen the effects. 3 courses will help consolidate effects and prevent arms from regaining fat.</p>			
<p>Back Shaping: 60 min once a week</p>			
RF&Suction Body	Essential oil(Massage	<p>1. Massage techniques</p> <p>2. Apply oil to back and press</p>	Technique2, 11

<p>Time: 10-15 min Energy:3-7 Mode: NOR/PRO Suction time:0.5-1.5 Release time: 0~1 Adjust suction level based on individual endurance.</p>	<p>cream)+gel+LS-45D2</p>	<p>Gb-20 and Du-16 acupoints. 3. Pluck Dabanjing(the area connecting neck and shoulder) (from hairline), 3-5 times 4. Move thumb outwards from Bladder Meridian(BL) to the sacral region and then to Gb-20 and Du-16 points. 5. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 6. Push Bladder Meridian(BL) with thumb in left-right order, 3 times. 7. Push Bladder Meridian(BL) to the sacral region with both thumbs at the same time, 3 times. 8. Push Bladder Meridian(BL) in three bending fingers, 3 times. 9. Push along the medial border of scapula with both hands alternately in left-right order, 3-6 times. 10. Push medial border of scapula with both hands horizontally, 3-6 times. 11. Soothe the back with both hands and push Gb-20 and Du-16 points, 3 times. 12. Overlap both thumbs and push SI-11 point and slide to the arm, 3 times. 13. Do the same on the other side,3 times 14. Rub Meridian GV and Bladder Meridian(BL) with hands to warm them up. 15. The end 16. RF&Suction operation, move the handpiece along Meridian GV and Bladder Meridian(BL) respectively from neck to the sacral region, 3-5 times. 17. Move the handpiece in circles on Du-14 point and sacral region, 3-5 times respectively. 18. From neck, move the handpiece on Dabanjing(the</p>	<div data-bbox="1220 197 1345 376"></div> <p>Technique3</p> <div data-bbox="1220 443 1345 622"></div> <p>Technique4</p> <div data-bbox="1220 689 1345 869"></div> <p>Technique5</p> <div data-bbox="1220 936 1345 1115"></div> <p>Technique6, 7, 8, 14</p> <div data-bbox="1220 1182 1345 1361"></div> <p>Technique9, 19</p> <div data-bbox="1220 1429 1345 1608"></div> <p>Technique10</p> <div data-bbox="1220 1675 1345 1854"></div> <p>Technique12, 13</p> <div data-bbox="1220 1921 1345 2101"></div> <p>Technique16</p>
--	---------------------------	---	---

		<p>area connecting neck and shoulder) back and forth, 3-5 times.</p> <p>19. Move the handpiece to lift the medial border of scapula back and forth in left-right order, 3-5 times.</p> <p>20. Move the handpiece in 8-shaped motion downwards to sacral region, 3 times</p> <p>21. Starting from the left side, move the handpiece in annular motion upwards to armpit, 3 times.</p> <p>22. Apply lifting technique by moving the handpiece from one side of the waist upwards to armpit, 3-5 times.</p> <p>23. Wipe the area clean.</p> <p>24. The end.</p>	 <p>Technique17</p>  <p>Technique18</p>  <p>Technique20</p>  <p>Technique21</p>  <p>Technique22</p> 
<p>Treatment suggestions</p> <p>A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, neck stiffness will also be alleviated, and skin will be lifted. A course will help relax shoulder, reduce back fat, relieve the lump on the nape of the back, and shape the back line. After two courses, the lump will appear to be smaller, meridians will be dredged, sub-health problems will be solved, and sleep quality will be improved. 3 courses will help with back thinning, back line refinement, strengthening visceral function, improving digestion, detoxification and metabolism(one course of treatment is to reduce fat, two courses are to strengthen effects, and three courses help consolidate effect and prevent the reappearance of above condition.)</p>			
<p>Leg Shaping: 90 min once a week</p>			
RF&Ultrasou	Essential	1. Customer lies on his front,	Technique1, 2, 3, 4,

<p>nd Time:15-20 min Energy: 3-7 Ultrasound mode: Constant working mode Discontinuous working mode RF mode: NOR/PRO</p> <p>RF&Suction Body Time: 10-15 min Energy:3-7 Mode: NOR/PRO Suction time:0.5-1.5 Release time: 0~1 Adjust suction level based on individual endurance.</p>	<p>oil(Massage cream)+gel+LS-45D2</p>	<p>back side of the leg, left-right order: rub oil into the skin from calf to thigh and then move back to heel, 3 times 2. Alternate the heels of both palms to push the entire leg upwards and move back to heel, 3 times 3. Move hands upwards to push four meridians: Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) with thumb and index finger splaying. 4. Push popliteal fossa with both hands alternately, 3 times. 5. Move both hands upwards alternately in undulating motion, 3 times. 6. Soothe the area, 3 times 7. Push four meridians upwards with bending fingers of both hands, 3 times. 8. Soothe the area, 3 times 9. Repeat the operation on the other side. 10. Wipe the treatment area clean with hot towel and apply gel evenly, 2 minutes. 11. RF&Ultrasound operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times. 12. Move in small spiral curve on calf to dissolve fat, 3 times 13. Move the instrument upwards to popliteal fossa and soothe the treatment area with hand, 3 times. 14. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times. 15. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times. 16. Push meridians from</p>	<p>7</p>  <p>Technique5</p>  <p>Technique11, 13, 18</p>  <p>Technique12</p>  <p>Technique14, 16, 19</p>  <p>Technique15, 20</p>  <p>Technique21</p>  <p>Technique22, 23, 24, 25, 28, 35</p>
--	---------------------------------------	--	--



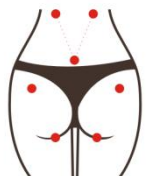
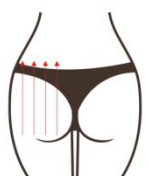
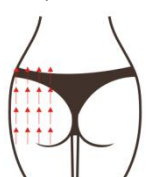
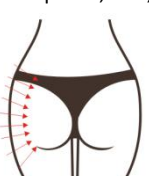

		<p>popliteal fossa to the top of thigh, 3 times.</p> <p>17. Wipe the area clean, and apply RF cream evenly, 3minutes.</p> <p>18. RF&Suction Body operation: push Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) upwards to popliteal fossa respectively, 3 times.</p> <p>19. Push 4 meridians from popliteal fossa to the top of thigh respectively, 3 times.</p> <p>20. Move the handpiece in small spiral curve from popliteal fossa to the top of thigh to dissolve fat, 3 times.</p> <p>21. Use the handpiece and one hand to lift from both sides of thigh to the middle line by line, 3-5 times.</p> <p>22. The front of leg, customer lies on her back: rub oil into skin from foot to the top of thigh (soothing technique), 3 times.</p> <p>23. Alternate heels of both palms to push leg towards the top of thigh, 3 times</p> <p>24. Push four meridians: Spleen Meridian (SP) - Stomach Meridian (ST) - Liver Meridian(LV) - Gallbladder Meridian(GB) to the top of thigh with thumb and index finger splaying.</p> <p>25. Push four meridians with bending fingers of both hands, 3 times.</p> <p>26. RF&Ultrasound operation: lift along the four meridians from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>27. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf,</p>	 <p>Technique29, 36</p>  <p>Technique30, 37</p>  <p>Technique31, 38</p>  <p>Technique32, 39</p> 
--	--	--	--

		<p>perform the operation from thigh)</p> <p>28. Lift from knee to the top of thigh line by line, 3 times</p> <p>29. Move in small circles on thigh, 3 times.</p> <p>30. Lift from the two sides of thigh to the middle with one hand and the handpiece, 3 times</p> <p>31. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>32. Lift from knee to the top of thigh line by line, 3 times.</p> <p>33. RF&Suction Body operation: lift along the four meridians from calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>34. Move in annular motion from the two sides of calf to knee, 3 times(if there is not too much unwanted fat on calf, perform the operation from thigh)</p> <p>35. Lift from knee to the top of thigh line by line, 3 times</p> <p>36. Move in small circles on thigh, 3 times.</p> <p>37. Lift from the two sides of thigh to the middle with one hand and the handpiece, 3 times</p> <p>38. Lift from knee to the top of thigh in annular motion, 3 times.</p> <p>39. Lift from knee to the top of thigh line by line, 3 times.</p> <p>40. Wipe the area clean.</p> <p>41. The end.</p>	
--	--	--	--

Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, leg will be relaxed, and circulation will be accelerated. After one course of treatment, leg will become thin, there will be contraction of skin collagen due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses of treatment, there will be obvious results with the slimness and firmness of legs promoted. 3 courses will help consolidate the effects. This treatment can stimulate dermis to promote constant collagen regeneration. So the treatment results will be more obvious.

Butt Shaping: 60 min once a week

<p>RF&Suction Body</p> <p>Time: 10-15 min</p> <p>Energy:3-7</p> <p>Mode: NOR/PRO</p> <p>Suction time:0.5-1.5</p> <p>Release time: 0~1</p> <p>Adjust suction level based on individual endurance.</p>	<p>Essential oil(Massage cream)+gel+LS-45D2</p>	<ol style="list-style-type: none"> 1. Massage techniques. 2. Standing on the side, rub oil into skin by moving both hands clockwise and anticlockwise respectively from sacral region on hips , 3 times (this is soothing technique.) 3. Apply pushing technique on the sacral region with two thumbs, 3 times. 4. Soothe the treatment area for 3 times and then apply digital pressing technique on the following points: BL-23, Baliao points(BL31-34), Du-1, Gb-30, BL-36, 3 times. 5. Soothe the treatment area, 3 times. 6. Left-right order, apply pushing technique from the top of thigh along the four meridians -- Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) to Meridian BV respectively with both hands, 3 times each. 7. Alternately apply pushing technique with both hands along Bladder Meridian(BL) - Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder Meridian(GB) from the top of thigh to Meridian BV respectively, 3 times each. 8. Overlap both palms and then apply pushing technique from the top of thigh to Meridian BV (lifting), 3 to 5 times. 9. Apply pushing technique from both sides of hips to the top of hips(shaping) back and forth, 3 times. 10. Repeat technique 7 11. Soothe the treatment area. 12. Repeat the techniques 	<p>Technique2, 5, 11</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique6, 14</p>  <hr/> <p>Technique7, 10, 17</p>  <hr/> <p>Technique9, 15, 18</p>  <hr/> <p>Technique16</p> 
---	---	---	--

		<p>above on the other side.</p> <p>13. The end.</p> <p>14. RF&Suction Body operation: lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>15. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>16. Move the handpiece in small spiral curve on hip, 3-5 times</p> <p>17. Lift from the top of thigh to Meridian BV line by line, 3 times.</p> <p>18. Lift upwards from both sides of the buttocks to the highest point of the buttocks 3 times.</p> <p>19. Do the same on the other side.</p> <p>20. Wipe the area clean.</p> <p>21. The end.</p>	
<p>Treatment Suggestions</p> <p>One course of treatment consists of 10 treatment sessions. After one treatment, buttocks will experience the sensations of being heated and lifted. After one course of treatment, buttocks start to show obvious curve lines, excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are relieved, which can help consolidate the effect to make females more attractive.</p>			