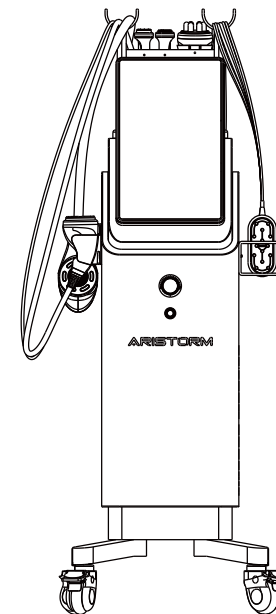


User Manual

Home SPA Instrument

BS-68K1



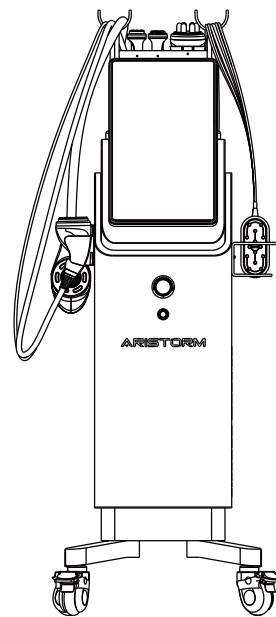
Thank you for purchasing our product.

- Please read this User's Manual carefully for information on how to use the device properly and safely.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Make sure to include this User's Manual if you are transferring ownership of the device to another person.

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2. Technical Specification	2
3. Precautions	3
4. Contraindications	5
5. Interface Function	5
6. Handle Test	17
7. Operation Guide	21
8. Contact us	43

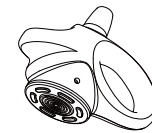
1.Packing List



Main unit * 1



RF&Suction handle*1



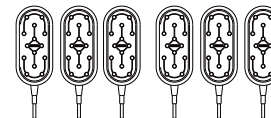
CAVI 30K/50K&RF handle*1



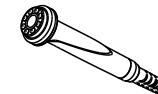
Body RF*1



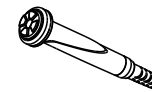
80K handle*1



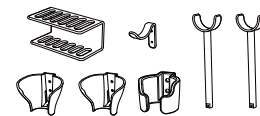
Laser pad*6



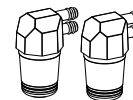
FACE Vacuum&RF handle*1



EMS&EL handle*1



Handle holder*1 set



Filter*2



Power cord * 1

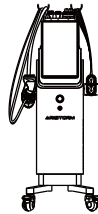



Fuse*2


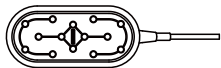



Strap * 1 set




2.Technical specification

	Input Voltage: 110V-260V 50-60HZ	Net weight: 32.1KG	
	Power: 76W	Gross weight: 55KG	
	Dimensions 134*51*44 inches		
	Input power: 76W		

	RF Frequency: 1MHz	RF Frequency: 1MHz	
	30K Frequency: 30KHz	50K Frequency: 50KHz	
	Power: 70W	Power: 60W	

	Frequency: 80KHz		Wavelength: 650nm 160mw
	Power: 33W		Power: 31W

	RF Frequency: 1MHz	Negative pressure flow: 10LPM	
	Power: 68W	Noise level (30cm away): 60 db (30cm away)	
	Suction intensity: -80 Kpa		

	RF Frequency: 1MHz	Negative pressure flow: 10LPM	
	Power: 55W	Noise level (30cm away): 60 db (30cm away)	
	Suction intensity: -80 KPa		
	EMS frequency: 62.5Hz		Frequency: 1MHz
	EL frequency: 3KHz		Power: 50W
	Power: 14W		

3.Precautions

- 1.This product is guaranteed by the designated after-sales service unit.
- 2.Before using the instrument, use a plug with a grounding pin and ensure the power socket is grounded.
- 3.Clean the instrument with normal saline for hygienic reasons and to prolong its service life.
- 4.Always use the designated accessory provided or recommended by the manufacturer to ensure performance throughout its service life.
- 5.This instrument is a high-precision electronic device that requires proper storage. Please avoid storing it in humid conditions, direct sunlight, or near flammables and explosives to prevent damage.
- 6.Do not place the instrument in high-temperature conditions, as this may negatively impact its

service life and performance.

7.Do not apply the instrument on eyes, thyroid, parathyroid, testicles, pregnant women's abdomen, pacemakers, etc.

8.Remove all metal objects from the user's body to prevent unpredictable conditions or reduce treatment effectiveness.

9.Please turn off the power of the instrument when not in use, and make sure to turn off the general power of the instrument before leaving after daily use to ensure the safety of the instrument.

10.Individuals with a metal bracket (excluding IUD) or breast implants installed should avoid using this instrument.

11.Individuals who have had a cesarean section or surgery within the last six months, a miscarriage within the last three months, or a natural birth within the last two months should refrain from using this instrument.

12.Ensure the filter cotton is installed inside the Vacuum handle, as the foreign body may block the handle.

13.Always begin the treatment at the lowest energy level and gradually increase it as the user becomes accustomed to the sensation.

14.Using a medium on the treatment area is necessary, and performing the operation on the treatment area without the medium should be avoided.

15.Do not use the 30K/50K/80K handle on the head, breast, thorax, heart, and back.

16.In case you are taking other anti-adiposity drugs, it is recommended to stop the drugs for 1 to 2 months before treatment. If you want to take the treatment immediately, the course of treatment should be extended.

17.Strictly follow the instructions in the manual to use the instrument or train the operator.

18.Before beginning the microcurrent treatment, kindly inform the customer about the sensations associated with microcurrent to prevent any unnecessary concerns or discomfort.

4.Contraindications

1.Individuals with diabetes, heart disease, history of scarring, and hyperthyroidism.

2.Persons who recently had surgery or are in the recovery period from surgery.

3.Individuals suffering from malignant tumors, hemophilia, and hemorrhage.

4.Individuals with pacemakers, vascular stents, or metal implants, as well as those using heart rate devices or other active electronic devices.

5.Individuals with skin disease or infectious disease.

6.Individuals with skin irritation, sensitive skin, or metal allergies.

7.Individuals who have recently undergone plastic surgery or have implants in the treatment area.

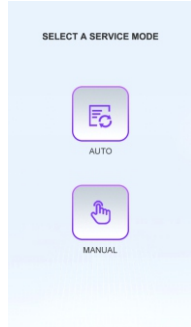
8.Individuals who have recently received injections such as Hyaluronic Acid and botulinum, undergone chemotherapy, or plastic surgery should refrain from using this instrument on their face and neck.

9.Menstruating, pregnant, or breastfeeding women.


10.Individuals who are sensitive to the micro-current.

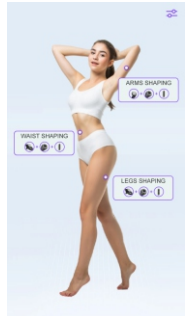
5.Interface function

Connect the power, turn on the instrument, and the following Welcome Interface will appear.



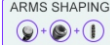
1.AUTO

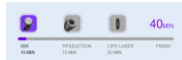
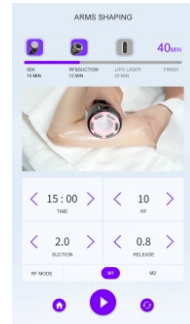
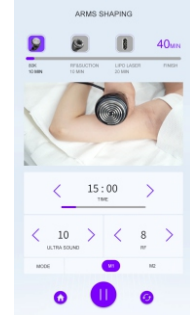
Tap  to access the following interface.



Back to the previous step


1.1 ARMS SHAPING

Tap  to access the following interface.



Process of the treatment

 Main menu  Reset button

 Tap the on/off button to start the 80K treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

MODE  M1



80K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode

M2: Intermittent working mode



Process of the treatment

 Main menu  Reset button



Tap this button to access the RF&SUCTION operation interface early, and tap the on/off button to start the RF&SUCTION treatment.



Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

RF MODE  M1

Suction mode (The default mode is M1, and you may switch to other modes manually)

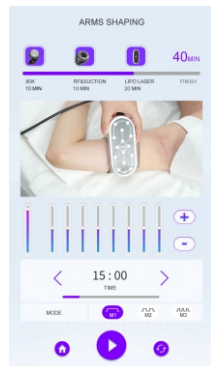
M1: Only suction.

M2: At a slow intermittent frequency

M3: At a moderate intermittent frequency

M4: At a fast intermittent frequency

M5: At the fastest intermittent frequency



Process of the treatment



Tap this button to access the LIPO LASER operation interface early, and tap the on/off button to start the LIPO LASER treatment.



Main menu



Reset button



Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

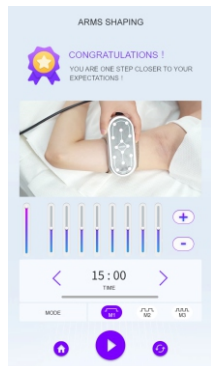


LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)

M1: The lights are steadily on.

M2: The lights flash slowly.

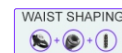
M3: The lights flash quickly.



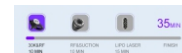
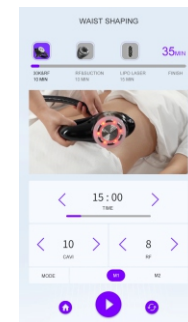
The entire ARMS SHAPING treatment is considered complete when this concluding interface appears.

1.2 WAIST SHAPING

Tap



to access the following interface.



Process of the treatment



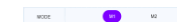
Main menu



Reset button



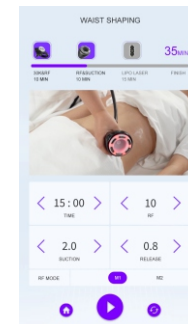
Tap the on/off button to start the 30K&RF treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



30K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode

M2: Intermittent working mode



Process of the treatment



Tap this button to access the RF&SUCTION operation interface early, and tap the on/off button to start the RF&SUCTION treatment.



Main menu



Reset button



Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



Suction mode (The default mode is M1, and you may switch to other modes manually)

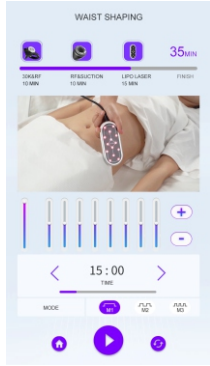
M1: Only suction.

M2: At a slow intermittent frequency

M3: At a moderate intermittent frequency

M4: At a fast intermittent frequency

M5: At the fastest intermittent frequency



Process of the treatment



Tap this button to access the LIPO LASER operation interface early, and tap the on/off button to start the LIPO LASER treatment.



Main menu



Reset button



Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

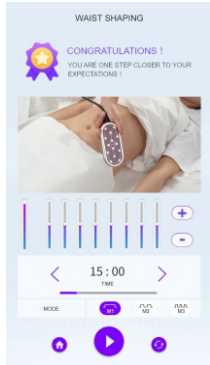


LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)

M1: The lights are steadily on.

M2: The lights flash slowly.

M3: The lights flash quickly.



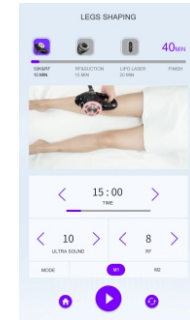
The entire WAIST SHAPING treatment is considered complete when this concluding interface appears.

1.3 LEGS SHAPING

Tap



to access the following interface.



Process of the treatment



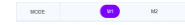
Main menu



Reset button



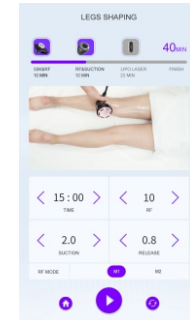
Tap the on/off button to start the 50K&RF treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



50K mode (The default mode is M1, and you may switch to another mode manually)

M1: Continuous working mode

M2: Intermittent working mode



Process of the treatment



Tap this button to access the RF&SUCTION operation interface early, and tap the on/off button to start the RF&SUCTION treatment.



Main menu



Reset button



Tap the on/off button to start the RF&SUCTION treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.



Suction mode (The default mode is M1, and you may switch to other modes manually)

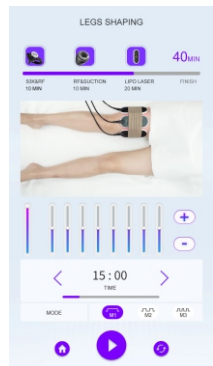
M1: Only suction.

M2: At a slow intermittent frequency

M3: At a moderate intermittent frequency

M4: At a fast intermittent frequency

M5: At the fastest intermittent frequency



Process of the treatment



Tap this button to access the LIPO LASER operation interface early, and tap the on/off button to start the LIPO LASER treatment.



Main menu



Reset button



Tap the on/off button to start the LIPO LASER treatment. The parameters are set to default, and you can adjust the time and energy level based on individual endurance.

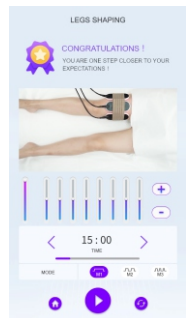


LIPO LASER mode (The default mode is M1, and you may switch to other modes manually)

M1: The lights are steadily on.

M2: The lights flash slowly.

M3: The lights flash quickly.



The entire LEGS SHAPING treatment is considered complete when this concluding interface appears.

2. MANUAL



Tap

to access the following interface.

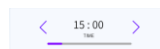
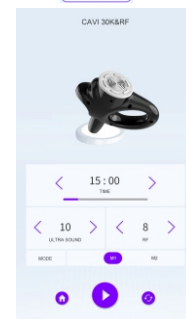


2.1 CAVI 30K&RF



Tap

to access the following interface.



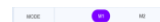
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)



ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)



RF energy display and set buttons (0-10 levels, with 3-8 being recommended)



30K working mode M1: Continuous working mode M2: Intermittent working mode



Main menu




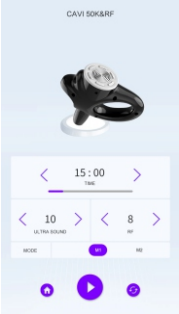
Reset button


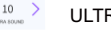
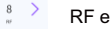

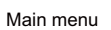
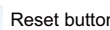



On/off button


2.2 CAVI 50K&RF

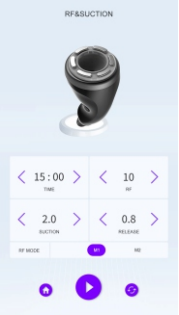
Tap  to access the following interface.


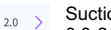


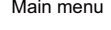






-  15:00 TIME
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  10 ULTRA SOUND
ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)
-  8 RF
RF energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  MODE M1 M2
50K working mode M1: Continuous working mode M2: Intermittent working mode
-  Main menu  Reset button  On/off button


2.3 RF&SUCTION

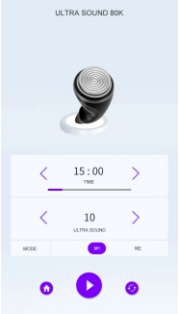
Tap  to access the following interface.

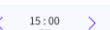
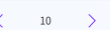

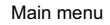

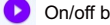


-  15:00 TIME
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  10 RF
RF energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  2.0 SUCTION
Suction time display and set buttons (range 0.0-2.0, with 0.2-1.0 recommended)
-  0.8 RELEASE
Release time display and set buttons (range 0.0-2.0, with 0.0-0.5 recommended)
-  MODE M1 M2 M3 M4 M5
M1: Only suction.
M2: At a slow intermittent frequency
M3: At a moderate intermittent frequency
M4: At a fast intermittent frequency
M5: At the fastest intermittent frequency
-  Main menu  Reset button  On/off button  Suction control knob (set according to individual endurance)


2.4 80K

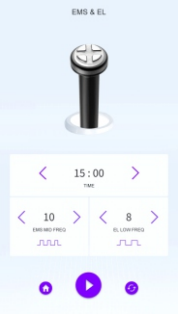
Tap  to access the following interface.

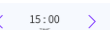








-  15:00 TIME
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  10 ULTRA SOUND
ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)
-  MODE M1 M2
80K working mode
M1: Continuous working mode
M2: Intermittent working mode
-  Main menu  Reset button  On/off button


2.5 EMS&EL

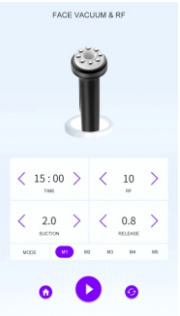
Tap  to access the following interface.



-  15:00 TIME
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)
-  10 EMS MID FREQ
EMS MID FREQ energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  8 EMS LOW FREQ
EMS LOW FREQ energy display and set buttons (0-10 levels, with 3-8 being recommended)
-  MODE M1 M2 M3 M4 M5
M1: Only suction.
M2: At a slow intermittent frequency
M3: At a moderate intermittent frequency
M4: At a fast intermittent frequency
M5: At the fastest intermittent frequency
-  Main menu  Reset button  On/off button

2.6FACE VACUUM&RF

Tap  to access the following interface.









< 15:00 >
TIME

< 10 >
RF

< 2.0 >
SUCTION

< 0.8 >
RELEASE

MODE      





Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

RF energy display and set buttons (0-10 levels, with 3-8 being recommended)


Suction time display and set buttons (range 0.0-2.0, with 0.2-1.0 recommended)

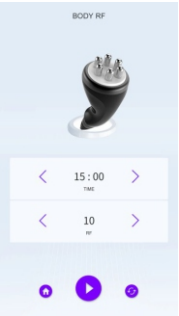
Release time display and set buttons (range 0.0-2.0, with 0.0-0.5 recommended)

Vacuum mode
M1: Only suction.
M2: At a slow intermittent frequency
M3: At a moderate intermittent frequency
M4: At a fast intermittent frequency
M5: At the fastest intermittent frequency

 Main menu  Reset button  On/off button  Suction control knob (set according to individual endurance)




2.7 BODY RF

Tap  to access the following interface.



< 15:00 >
TIME

< 10 >
ULTRA SOUND


MODE   

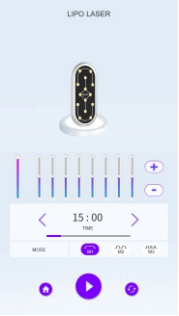
Time display and set buttons (0 - 60 minutes, with 15 minutes recommended)

ULTRA SOUND energy display and set buttons (0 - 10 levels, with 3 - 8 being recommended)

Main menu Reset button On/off button

2.8 LIPO LASER

Tap  to access the following interface.






Display of laser energy level

Energy level set buttons (0 - 10 levels, with 3 - 8 being recommended)

Time display and set buttons (0 - 60 minutes, with 20 minutes recommended)

LIPO LASER working mode
M1: Lights are steadily on.
M2 : Lights flash slowly.
M3 : Lights flash quickly.

 Main menu  Reset button  On/off button

6.Handle Test

1.CAVI 30K handle test

- (1)Power on the instrument.
- (2)Select "CAVI 30K" on the main menu.
- (3)Set the energy level to 10.
- (4)Tap the on/off button and drop some water on the treatment head.
- (5)Inspect the water on the treatment head. If it is atomized, the CAVI 30K is functioning normally. If not, please contact the dealer for assistance.

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2.CAVI 50K handle test

- (1)Power on the instrument.
- (2)Select "CAVI 50K" on the main menu.
- (3)Set the energy level to 10.
- (4)Inspect the water on the treatment head. If it is vibrated, the CAVI 50K is functioning normally. If not, please contact the dealer for assistance.
- (5)Inspect the water on the treatment head. If it is vibrated, the CAVI 50K is functioning normally. If not, please contact the dealer for assistance.

Note: Please note that the water appearance differs during the 30K and 50K tests. The water is well atomized in the 30K test, whereas visible ripples appear in the water during the 50K test.

3.80K handle test

- (1)Power on the instrument.
- (2)Select "80K" on the main menu.
- (3)Set the energy level to 10.
- (4)Tap the on/off button and drop some water on the treatment head.
- (5)Inspect the water on the treatment head. If there are visible ripples in the water, the 80K is functioning normally. If not, please contact the dealer for assistance.

4.RF&SUCTION handle test

- (1)Power on the instrument.
- (2)Select "RF&SUCTION" on the main menu.
- (3)Adjust the mode to M1, and set the suction intensity to the maximum using the suction control knob.
- (4)Tap the on/off button and place the handle on your palm.
- (5)If the handle successfully suctions your palm, the RF&SUCTION is operating normally. If not, please contact the dealer for assistance.

5.EMS&EL handle test

- (1)Power on the instrument.
- (2)Select "EMS&EL" on the main menu.
- (3)Set the energy level to 10.
- (4)Tap the on/off button and place the handle on your palm.
- (5)If you sense the electrical stimulation, the EMS&EL is operating normally. If not, please contact the dealer for assistance.

6.FACE VACUUM&RF handle test

- (1)Power on the instrument.
- (2)Select "FACE VACUUM&RF" on the main menu.
- (3)Adjust the mode to M1, and set the suction intensity to the maximum using the suction control

knob.

(4) Tap the on/off button and place the handle on your palm.

(5) If the handle successfully suctions your palm, the FACE VACUUM&RF is operating normally. If not, please contact the dealer for assistance.

7. BODY RF handle test

(1) Power on the instrument.

(2) Select "BODY RF" on the main menu.

(3) Set the energy level to 10.

(4) Tap the on/off button and place the handle on your arm.

(5) Apply a medium to the arm and glide the handle across. If you feel the warmth, the BODY RF is working as intended. In the absence of such a sensation, please reach out to the dealer for assistance.

8. LIPO LASER handle test

(1) Power on the instrument.

(2) Select "LIPO LASER" on the main menu.

(3) Set the energy level to 10.

(4) Tap the on/off button and verify if the lights illuminate. If they do, then the LIPO LASER is operating normally. If not, please contact the dealer for assistance.

7. Operation Guide

Facial Lifting and Firming

Handles: EMS&EL+FACE VACUUM&RF

Duration: 40 minutes.

Preparation:

wash basin, disposable bag, makeup remover, cotton sheet, washcloth, facial cleanser, mask, toner, facial essential oil or massage cream, serum, lotion, cream, sun cream.

1. Makeup removal and cleansing (makeup removal: removes the makeup, SPF residues, and excessive oil, cleansing: cleans impurities in the pores. Toner: Hydrates the skin.)

2. EMS&EL - Skin lifting

Product needed: Serum

Parameters setting:

Recommended working time: 10 minutes

Recommended EMS energy: 3

Recommended EL energy: 3

Recommended application:

a. Evenly apply the serum to the treatment area.

b. Lift with the handle from the jawline to the back of the ear, from the chin to the front of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times.

c. Move the handle in circular motions from the jawline to the back of the ear, from the chin to the front

of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times.

d.Repeat on the other side.

3.FACE VACUUM&RF - Skin tightening

Product needed: Essential oil or massage cream

Parameters setting:

Recommended working time: 10 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

a.Evenly apply essential oil or massage cream to the treatment area.

b.Lift with the handle from the jawline to the back of the ear, from the chin to the front of the ear, from the corner of the mouth to the middle of the ear, from the nose to the temple, from the cheek to the Temple, from the forehead to the hairline, repeating 3~5 times.

c.Repeat on the other side.

4.Apply a mask - moisturizing skin, providing the skin with the required nutrients (15 minutes).

5.Remove the mask - after cleansing, apply toner, essence, and lotion/cream.

6.Treatment schedule

The primary treatment comprises 12 sessions, resulting in a lifted and radiant skin appearance. The

intermediate treatment, spanning 24 sessions, promotes smoothness, plumpness, and a clear contour. The advanced treatment, involving 48 sessions, enhances skin metabolism and detoxification, lightens pigmentation and dullness, prevents and delays skin aging and sagging, and accelerates collagen growth at the skin's foundation, leaving it soft, firm, and luminous.

ARMS SHAPING

Handles: Body RF, 80K, RF&SUCTION, LIPO LASER

Time (75 minutes)

Preparation: hot towel, essential oil, gel, RF cream, strap.

1.Gently wipe the arms with a hot towel.

2.Manual massage (clear channels, enhance circulation)

Product needed: essential oil

Recommended working time: 10 minutes

Recommended application:

a.Apply essential oil evenly to the treatment area.

b.Place the arms flat, and push the enter outside of the arm with your Hukou of both hands (Hukou is the connection area of the root of the thumb and the root of the index finger).

c.Soothing act.

d.Warm the outside of the arm by rubbing it with bent fingers.

e.Soothing act.

f.Put the arm's inner side upward, and push the inner side of the arm to the armpit with both your Hukou.

g.Soothing act.

h.Warm the inner side of the arm by rubbing it with bent fingers.

i.Soothing act.

j.Repeat the same on the other arm.

k.Wipe the treatment area with a towel.

3.Body RF - clear channels, firm skin, and shape body.

Product needed: RF cream

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended application:

a.Apply RF cream to the treatment area evenly.

b.Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.

c.Slowly move the handle in circular motions from the elbow towards the shoulder.

d.Slowly lift the upper arm from the inside outward.

e.Move the handle in circles on the upper arm.

f.Repeat on the other side.

g.Wipe arms with a towel. ward, and push the inner side of the arm to the armpit with both your Hukou.

4.80K - clear channels, enhance body contours

Product needed: gel

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended mode: M1

Recommended application:

a.Apply gel evenly to the treatment area.

b.Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.

c.Slowly move the handle in circular motions from the elbow towards the shoulder.

d.Slowly lift the upper arm from the inside outward.

e.Move the handle in circles on the upper arm.

f.Repeat on the other side.

g.Wipe arms with a towel.

5.RF&SUCTION - Expel dampness and coldness, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Lift slowly from the lower arm towards the elbow, and from the elbow towards the shoulder using the handle.
- c. Slowly move the handle in circular motions from the elbow towards the shoulder.
- d. Slowly lift the upper arm from the inside outward.
- e. Move the handle in circles on the upper arm.
- f. Repeat on the other side.
- g. Wipe arms with a towel.

6. LIPO LASER - excess adipose tissue removal and consolidation of results

Auxiliary tools: strap

Recommended working time: 20 minutes.

Recommended energy: 3

Recommended mode: M1

Fix the laser pads on the treatment area of the arms, for 20 minutes.

Remove the laser pads and the strap.

7. Treatment schedule

Following the initial course of 12 sessions, adipose tissue reduction initiates, and the skin gains

firmness and tightness. The intermediate treatment spanning 24 sessions contributes to body shaping, clears channels, and enhances overall physical fitness. The advanced treatment, comprising 48 sessions, consolidates and sustains the results, preventing any rebound effects.

LEGS SHAPING

Handles: Body RF, CAVI 50K&RF, RF&Suction, LIPO LASER

Time (130 minutes)

Preparation: hot towel, essential oil, gel, RF cream, strap.

1. Gently wipe the legs with a hot towel.

2. Manual massage (clear channels, enhance circulation)

Product needed: essential oil

Recommended working time: 10 minutes

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Have the client lie on her stomach and begin with the left leg: Take some oil and warm it up by rubbing it between your hands. Then apply it from the lower leg to the thigh, and down to the ankle (soothing act).
- c. Alternately push the leg from lower to upper with both palms, and then return to the foot.
- d. With Hukou (the connection area of the root of the thumb and the root of the index finger), alternately push from the ankle to the end of the thigh.
- e. Massage the leg in 'S' motions from bottom to top using both hands.
- f. Push 3 meridians from bottom to top with bent fingers.
- g. Soothing act.

h.Repeat on the other side.

i.Wipe the leg with a towel.

3.Body RF - clear channels, firm skin, and shape body.

Product needed: RF cream

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended application:

a.Apply RF cream to the treatment area evenly.

b.Push from the ankle towards the popliteal fossa with the handle.

c.Move the handle in small circles on the lower leg.

d.With the RF handle, push from the popliteal fossa to the end of the thigh.

e.Move the handle in small circles on the thigh.

f.Lift from the inner side of the thigh outward using your hand and the handle.

g.Repeat the same on the other leg.

h.Wipe the legs with a towel.

4.CAVI 50K&RF - Clear channels and shape body

Product needed: gel

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended 50K energy level: 3

Recommended 50K mode: M1

Recommended application:

a.Apply gel evenly to the treatment area.

b.Push from the ankle towards the popliteal fossa with the handle.

c.Move the handle in small circles on the lower leg.

d.With the RF handle, push from the popliteal fossa to the end of the thigh.

e.Move the handle in small circles on the thigh.

f.Lift from the inner side of the thigh outward using your hand and the handle.

g.Repeat the same on the other leg.

h.Wipe the legs with a towel.

5.RF&SUCTION - clear channels, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Push from the ankle towards the popliteal fossa with the handle.
- c. Move the handle in small circles on the lower leg.
- d. With the RF handle, push from the popliteal fossa to the end of the thigh.
- e. Move the handle in small circles on the thigh.
- f. Lift from the inner side of the thigh outward using your hand and the handle.
- g. Repeat the same on the other leg.
- h. Wipe the legs with a towel.

6. Manual massage (clear channels, enhance circulation)

Product needed: essential oil

Recommended working time: 10 minutes

Recommended application:

- a. Let the client lie on his back: Place some oil in your hands, warm it up by rubbing, and then stroke from the foot to the root of the thigh (soothing act).
- b. Alternately push the leg from lower to upper with both palms, and then return to the foot.
- c. Using Hukou (the connection area of the root of the thumb and the root of the index finger), alternately push from the ankle to the end of the thigh.
- d. Massage the leg in 'S' motions from bottom to top using both hands.
- e. Alternately push the leg from lower to upper using the bent fingers of both hands.
- f. Soothing act.
- g. Repeat the same on the other leg.

- h. Wipe the legs with a towel.

7. Body RF - clear channels, firm skin, and shape body.

Product needed: RF cream

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended application:

- a. Apply RF cream to the treatment area evenly.
- b. Move the handle in small circles on the lower leg.
- c. Push from the knee to the root of the thigh.
- d. Between the knee and the root of the thigh, move the handle in circles around the leg.
- e. Move the handle in small circles on the thigh.
- f. Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g. Repeat the same on the other leg.
- h. Wipe the legs with a towel.

8. CAVI 50K&RF - clear channels and contour the body

Product needed: gel

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended 50K energy level: 3

Recommended 50K mode: M1

Recommended application:

- a. Apply gel evenly to the treatment area.
- b. Move the handle in small circles on the lower leg.
- c. Push from the knee to the root of the thigh.
- d. Between the knee and the root of the thigh, move the handle in circles around the leg.
- e. Move the handle in small circles on the thigh.
- f. Lift from the inner side of the thigh to the middle using both your hand and the handle.
- g. Repeat the same on the other leg.
- h. Wipe the legs with a towel.

9.RF&SUCTION - clear channels, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a. Apply essential oil evenly to the treatment area.

b. Move the handle in small circles on the lower leg.

c. Push from the knee to the root of the thigh.

d. Between the knee and the root of the thigh, move the handle in circles around the leg.

e. Move the handle in small circles on the thigh.

f. Lift from the inner side of the thigh to the middle using both your hand and the handle.

g. Repeat the same on the other leg.

h. Wipe the legs with a towel.

10.LIPO LASER - excess adipose tissue removal and consolidation of results

Auxiliary tools: strap

Recommended working time: 20 minutes.

Recommended energy: 3

Recommended mode: M1

a. Fix the laser pads on the legs, 20 minutes.

b. Remove the laser pads and the strap.

11.Treatment schedule

The primary treatment consists of 12 sessions, focusing on sculpting the legs; the intermediate treatment includes 24 sessions, resulting in shapelier and firmer legs with more noticeable effects; the advanced treatment with 48 sessions not only consolidates the results but also promotes collagen regeneration, making the treatment even more effective.

Thin Back

Handles: Body RF, RF&Suction

Time (45 minutes)

Preparation: hot towel, essential oil, RF cream

1.Gently wipe the back with a hot towel.

2.Manual massage (clear channels, enhance circulation)

Product needed: essential oil

Recommended working time: 15 minutes

Massage techniques:

a.Take some oil and warm it up by rubbing it between your hands. Next, use both hands to stroke the back towards the waist, then return to the neck. Finally, tap the Fengchi and Fengfu points.

b.Push the Du channel from the neck to the waist side and return to the neck with both hands, then tap the Fengchi and Fengfu points.

c.Push the Bladder Meridian from the shoulder to the waist side and return to the shoulder with both hands, then tap the Fengchi and Fengfu points (left side first).

d.Alternately push the whole scapulothoracic joint with the Hukou (the area where the thumb and index finger meet) of both hands. Then push it back along the Daban Meridian and end at the palm, starting with the left side.

e.Push Daban Meridian from the back of the neck with bent fingers of both hands.

f.Push Daban meridian with Hukou, while stroking it with another hand (left side first).

g.Push from the shoulder to the waist side section by section with bent fingers of both hands, then return to the shoulder, and push to the palm.

h.On one side of the back: Horizontally push Bladder Meridian with thumbs, from the scapula to the waist.

i.Alternately stroke from the waist side to the shoulder using palms, and end at the palm.

j.Repeat on the other side.

k.Wipe the back with a towel.

3.Body RF - clear channels, firm skin, and shape body.

Product needed: RF cream

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended application:

a.Apply RF cream to the treatment area evenly.

b.Divide the Du channel into 3 sections, then push every section back and forth with the handle.

c.Push the Du channel with the handle.

d.Divide the Bladder meridian into 3 sections, then push every section back and forth with the handle.

e.Push the Bladder meridian with the handle.

f.Move the handle in circular motions along the Bladder meridian to the Baliao point.

g.Move the handle on the Daban area (the area that connects the neck and shoulders) from the neck.

h.Lift the scapula seam back and forth.

i.Move the handle from the left waist side to the right waist side back and forth.

j.Wipe the back with a towel.

4.RF&SUCTION - clear channels, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Divide the Du channel into 3 sections, then push every section back and forth with the handle.
- c. Push the Du channel with the handle.
- d. Divide the Bladder meridian into 3 sections, then push every section back and forth with the handle.
- e. Push the Bladder meridian with the handle.
- f. Move the handle in circular motions along the Bladder meridian to the Baliao point.
- g. Move the handle on the Daban area (the area that connects the neck and shoulders) from the neck.
- h. Lift the scapula seam back and forth.
- i. Move the handle from the left waist side to the right waist side back and forth.
- j. Wipe the back with a towel.

5.Treatment schedule

Upon completion of the initial course (12 sessions), experience relaxation in the shoulders and back, reduced adipose tissue, and relief from the neck hump. The intermediate treatment (24 sessions)

focuses on refining the neck hump, clearing meridians, regulating sub-health, and improving sleep. The advanced treatment, spanning 48 sessions, results in a thinner back and more aesthetically pleasing contour, while also enhancing the function of internal organs, promoting digestion, detoxification, and metabolism.

ABDOMEN SHAPING

Handles: Body RF, CAVI 30K&RF, RF&Suction, LIPO LASER

Time (75 minutes)

Preparation: hot towel, essential oil, gel, RF cream, strap.

1.Gently wipe the abdomen with a hot towel.

2.Manual massage (clear channels, enhance circulation)

Product needed: essential oil

Recommended working time: 10 minutes

Recommended application:

- a. Apply some oil to your hands and warm it by rubbing them together, then spread it on the abdomen.
- b. Alternately knead the belly with both hands.
- c. Lift from the waist side to the groin with both of your hands alternately.
- d. Repeat on the other side.
- e. Alternately push the ascending colon up, the transverse colon sideways, and the descending colon down using both hands.
- f. Overlap your hands and move in small clockwise circles around the navel.
- g. Lift the Belt Vessel on both sides of the waist with both hands alternately.
- h. Gently wipe the abdomen with a hot towel.

3.Body RF - clear channels, firm skin, and shape body.

Product needed: RF cream

Parameters setting:

Recommended working time: 15 minutes

Recommended energy: 3

Recommended application:

- a.Evenly apply the RF cream to the treatment area.
- b.Move the handle in small circles around the navel.
- c.Move the handle in big circles around the navel.
- d.Move the handle up and down on the waist.
- e.Lift the Belt Vessel on both sides with the handle.
- f.Lift the Belt Vessel on both sides with the handle and your hand.
- g.Gently wipe the abdomen with a hot towel.

4.CAVI 30K&RF - clear channels and contour the body

Product needed: gel

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended 30K energy: 3

Recommended 30K mode: M1

Recommended application:

- a.Apply gel evenly to the treatment area.
- b.Move the handle in small circles around the navel.
- c.Move the handle in big circles around the navel.
- d.Move the handle up and down on the waist.
- e.Lift the Belt Vessel on both sides with the handle.
- f.Lift the Belt Vessel on both sides with the handle and your hand.
- g.Wipe the abdomen and waist with a towel.

5.RF&SUCTION - clear channels, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 15 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a.Evenly apply essential oil to the treatment area.
- b.Move the handle in small circles around the navel.
- c.Move the handle in big circles around the navel.
- d.Move the handle up and down on the waist.
- e.Lift the Belt Vessel on both sides with the handle.

- f.Lift the Belt Vessel on both sides with the handle and your hand.
- g.Gently wipe the abdomen with a hot towel.

6.LIPO LASER - excess adipose tissue removal and consolidation of results

Auxiliary tools: strap

Recommended working time: 20 minutes.

Recommended energy: 3

Recommended mode: M1

- a.Fix the laser pads on the abdomen, 20 minutes.
- b.Remove the laser pads and the strap.

7.Treatment schedule

The initial treatment of 12 sessions enhances the definition of the waistline. The intermediate treatment, spanning 24 sessions, not only sculpts the body but also imparts firmness and plumpness to the skin. The advanced treatment of 48 sessions not only solidifies the achieved results but also provides relief from irregular menstruation, a cold palace, and painful menstruation.

Bubble Buttocks

Handles: RF&Suction, LIPO LASER

Duration (40 minutes)

Preparation: Hot towel, essential oil, strap.

- 1.Gently wipe the buttocks with a hot towel.**
- 2.Manual massage (clear channels, enhance circulation)**

Product needed: essential oil

Recommended working time: 10 minutes

Recommended application:

- a.Stand beside the client and take some oil and warm it by rubbing between your hands, then apply it from the Baliao Area to the waist, and back to the buttocks (soothing act).
- b.Push Baliao Area with thumbs.
- c.Soothing act.
- d.Left side first, push the entire buttock from the root of the thigh upward with both hands.
- e.Overlap hands and push from the root of thigh to Belt Vessel.
- f.Push from the side of buttock to the top of buttock, 3 times (sculpting).
- g.Soothing act.
- h.Repeat on the other side.
- i.Wipe buttocks with a towel.

3.RF&SUCTION - clear channels, firm skin, and shape body

Product needed: essential oil

Parameters setting:

Recommended working time: 10 minutes

Recommended RF energy: 3

Recommended suction duration: 0.5

Recommended release duration: 0.2

Adjust the suction intensity according to individual endurance.

Recommended application:

- a. Apply essential oil evenly to the treatment area.
- b. Lift from the root of thigh towards the Belt Vessel with the handle.
- c. Lift from the side of buttocks towards the top point of buttock with the handle.
- d. Move the handle in small circles on the entire buttocks.
- e. Lift from the root of thigh towards the Belt Vessel with the handle.
- f. Lift from the side of buttocks towards the top point of buttock with the handle.
- g. Repeat on the other side.

4. LIPO LASER - excess adipose tissue removal and consolidation of results

Auxiliary tools: strap

Recommended working time: 20 minutes.

Recommended energy: 3

Recommended mode: M1

- a. Fix the laser pads on the buttocks, 20 minutes.
- b. Remove the laser pads and the strap.

5. Treatment schedule

Following the initial course of 12 sessions, observe more defined buttock lines. The intermediate treatment, spanning 24 sessions, aids in reducing excess adipose tissue and enhancing skin firmness. The advanced treatment, encompassing 48 sessions, goes beyond improving cold body and cold uterus symptoms to address gynecological disorders. It restores regular menstruation, consolidates achieved results, and enhances overall femininity.

8. Contact us



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